

# TURBACZ WINTER TRAIL 21KM

B4SPORT

**Event:** Turbacz Winter Trail  
**Organiser:** Fundacja Rozwoju Sportu i Promocji Obronności  
 "MURAWA"  
**Date:** 2020-02-09  
**Place:** Nowy Targ  
**Distance:** 21 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Classification: Kobiety

Place	Participant	Number	Club	Category	MCat	Turbacz 14km	Penalty/ bonus	Net time 21km	Czas brutto 21km	Gap	Pace min/km	Pace km/h
1	<b>WINIARSKA Katarzyna</b>	<b>285</b>	PRZEMYSKI KLUB BIEGACZA/HERCOG RUNNING TEAM	Kobiety	1	01:44:34		<b>02:23:51.35</b>	<b>02:23:54.25</b>		6:51	8.8 (100%)
2	<b>SKUPIEŃ Anna</b>	<b>252</b>	TL POGOŃ	Kobiety	2	01:48:21		<b>02:29:31.30</b>	<b>02:29:40.15</b>	+00:05:45 (3.9%)	7:07	8.4 (95.5%)
3	<b>KROWICKA Agnieszka</b>	<b>254</b>		Kobiety	3	01:46:50		<b>02:31:18.30</b>	<b>02:31:26.55</b>	+00:07:32 (5.0%)	7:12	8.3 (94.3%)
4	<b>MAŁGORZATA Jedlińska</b>	<b>205</b>	ZUPA POMIDOROWA	Kobiety	4	01:56:26		<b>02:42:44.00</b>	<b>02:43:03.15</b>	+00:19:08 (11.7%)	7:44	7.7 (87.5%)
5	<b>BASTER Aleksandra</b>	<b>173</b>		Kobiety	5	01:56:52		<b>02:44:17.85</b>	<b>02:44:28.30</b>	+00:20:34 (12.5%)	7:49	7.7 (87.5%)
6	<b>ZYCH Katarzyna</b>	<b>190</b>	BONNIE AND CLYDE	Kobiety	6	02:01:07		<b>02:49:33.45</b>	<b>02:49:41.95</b>	+00:25:47 (15.2%)	8:04	7.4 (84.1%)
7	<b>ZBIJOWSKA HATALA Ewelina</b>	<b>54</b>	HATI TEAM /BB RUNNERS	Kobiety	7	02:02:21		<b>02:51:02.80</b>	<b>02:51:15.20</b>	+00:27:20 (16.0%)	8:08	7.4 (84.1%)
8	<b>MARCHEWKA Joanna</b>	<b>36</b>		Kobiety	8	02:03:10		<b>02:51:03.85</b>	<b>02:51:16.55</b>	+00:27:22 (16.0%)	8:08	7.4 (84.1%)
9	<b>GACEK Katarzyna</b>	<b>8</b>		Kobiety	9	02:03:06		<b>02:52:18.65</b>	<b>02:52:32.80</b>	+00:28:38 (16.6%)	8:12	7.3 (83.0%)
10	<b>KONOPKA Sylwia</b>	<b>322</b>	JANOSIK TEAM	Kobiety	10			<b>02:53:38.65</b>	<b>02:53:46.65</b>	+00:29:52 (17.2%)	8:16	7.3 (83.0%)
11	<b>SIKORA Bożka</b>	<b>296</b>	TKKF UKLEJNA MYŚLENICE	Kobiety	11	02:02:27		<b>02:55:33.60</b>	<b>02:55:40.70</b>	+00:31:46 (18.1%)	8:21	7.2 (81.8%)
12	<b>SŁOMIAN Marcelina</b>	<b>335</b>	HEROC RUNNING TEAM / YNO ULTRA	Kobiety	12	02:06:47		<b>02:55:41.20</b>	<b>02:55:44.20</b>	+00:31:49 (18.1%)	8:21	7.2 (81.8%)
13	<b>ŚCIESZKA Ksenia</b>	<b>2</b>		Kobiety	13	02:05:00		<b>02:55:32.90</b>	<b>02:55:59.45</b>	+00:32:05 (18.2%)	8:21	7.2 (81.8%)
14	<b>PIECUCH Karolina</b>	<b>127</b>		Kobiety	14	02:05:46		<b>02:57:08.90</b>	<b>02:57:18.00</b>	+00:33:23 (18.8%)	8:26	7.1 (80.7%)
15	<b>NOGA Angelika</b>	<b>258</b>	KĘCKIE HARPAGANY	Kobiety	15	02:05:07		<b>02:57:57.65</b>	<b>02:58:16.25</b>	+00:34:22 (19.3%)	8:28	7.1 (80.7%)

Place	Participant	Number	Club	Category	MCat	Turbacz 14km	Penalty/ bonus	Net	Czas	Gap	Pace min/km	Pace km/h
								time 21km	brutto 21km			
16	<b>MIKA Aldona</b>	<b>323</b>	AKADEMIA BOSEGO WIRUSA	Kobiety	16			<b>03:01:54.85</b>	<b>03:02:06.35</b>	+00:38:12 (21.0%)	8:39	6.9 (78.4%)
17	<b>ŁYCZKO Anna</b>	<b>145</b>		Kobiety	17	02:12:15		<b>03:02:07.45</b>	<b>03:02:15.75</b>	+00:38:21 (21.0%)	8:40	6.9 (78.4%)
18	<b>SIKORA Anna</b>	<b>11</b>	FANTASTIC TEAM	Kobiety	18	02:13:03		<b>03:03:45.15</b>	<b>03:04:02.15</b>	+00:40:07 (21.8%)	8:45	6.9 (78.4%)
19	<b>LEWANDOWSKA Anna</b>	<b>100</b>	FANTASTIC TEAM	Kobiety	19	02:13:05		<b>03:03:44.70</b>	<b>03:04:02.30</b>	+00:40:08 (21.8%)	8:45	6.9 (78.4%)
20	<b>POLAK Ewa</b>	<b>266</b>		Kobiety	20	02:12:45		<b>03:04:03.65</b>	<b>03:04:34.10</b>	+00:40:39 (22.0%)	8:45	6.8 (77.3%)
21	<b>MATYSIAK Agnieszka</b>	<b>206</b>	KOPALNIA MOCY TARNOBRZEG	Kobiety	21	02:12:55		<b>03:06:39.10</b>	<b>03:06:53.25</b>	+00:42:59 (23.0%)	8:53	6.8 (77.3%)
22	<b>MISZCZUK Ewelina</b>	<b>286</b>		Kobiety	22	01:53:19		<b>03:06:31.60</b>	<b>03:06:53.55</b>	+00:42:59 (23.0%)	8:52	6.8 (77.3%)
23	<b>STACHURA Beata</b>	<b>29</b>	ATLANTIC	Kobiety	23	02:15:23		<b>03:07:59.85</b>	<b>03:08:06.15</b>	+00:44:11 (23.5%)	8:57	6.7 (76.1%)
24	<b>NOWAK Natalia</b>	<b>197</b>	EKIPA Z TARNOWA	Kobiety	24	02:16:52		<b>03:09:41.15</b>	<b>03:09:48.20</b>	+00:45:53 (24.2%)	9:01	6.6 (75.0%)
25	<b>PUKOCZ Katarzyna</b>	<b>92</b>		Kobiety	25	01:55:48		<b>03:09:36.00</b>	<b>03:09:59.40</b>	+00:46:05 (24.3%)	9:01	6.6 (75.0%)
26	<b>GWIAZDOWSKA Joanna</b>	<b>371</b>		Kobiety	26	02:16:09		<b>03:10:30.05</b>	<b>03:10:52.70</b>	+00:46:58 (24.6%)	9:04	6.6 (75.0%)
27	<b>KAMIŃSKA Paulina</b>	<b>214</b>	PIMPKA BIEGA	Kobiety	27	02:17:02		<b>03:10:44.35</b>	<b>03:10:55.55</b>	+00:47:01 (24.6%)	9:04	6.6 (75.0%)
28	<b>ZIECINA Sylwia</b>	<b>91</b>	ATLANTIC	Kobiety	28	02:16:07		<b>03:10:56.55</b>	<b>03:11:02.55</b>	+00:47:08 (24.7%)	9:05	6.6 (75.0%)
29	<b>ŚWIATOWIEC Anna</b>	<b>116</b>		Kobiety	29	02:18:04		<b>03:11:00.40</b>	<b>03:11:25.65</b>	+00:47:31 (24.8%)	9:05	6.6 (75.0%)
30	<b>RECZYŃSKA RODRIGUES Adriana</b>	<b>135</b>	ESKADRA KRAKÓW	Kobiety	30	02:17:34		<b>03:11:57.90</b>	<b>03:12:27.40</b>	+00:48:33 (25.2%)	9:08	6.6 (75.0%)
31	<b>KOWALCZYK Maria</b>	<b>20</b>		Kobiety	31	02:16:25		<b>03:12:28.80</b>	<b>03:12:43.75</b>	+00:48:49 (25.3%)	9:09	6.5 (73.9%)
32	<b>PINTSCHER Paulina</b>	<b>198</b>	HEJ JAK TA SARNA	Kobiety	32	02:17:08		<b>03:14:07.50</b>	<b>03:14:09.80</b>	+00:50:15 (25.9%)	9:14	6.5 (73.9%)
33	<b>HANDZEL Wioletta</b>	<b>224</b>		Kobiety	33	02:17:15		<b>03:15:03.25</b>	<b>03:15:11.40</b>	+00:51:17 (26.3%)	9:17	6.5 (73.9%)
34	<b>KUROWSKA Monika</b>	<b>27</b>	ATLANTIC	Kobiety	34	02:17:00		<b>03:15:06.85</b>	<b>03:15:12.50</b>	+00:51:18 (26.3%)	9:17	6.5 (73.9%)
35	<b>WOŹNIAK Joanna</b>	<b>298</b>	LEMON TEAM	Kobiety	35	02:15:19		<b>03:17:30.10</b>	<b>03:17:39.95</b>	+00:53:45 (27.2%)	9:24	6.4 (72.7%)
36	<b>GOWIN Dagmara</b>	<b>74</b>		Kobiety	36	02:20:38		<b>03:17:13.65</b>	<b>03:17:43.85</b>	+00:53:49 (27.2%)	9:23	6.4 (72.7%)
37	<b>JAROSINSKA Justyna</b>	<b>304</b>	REBELLION OD FREE RUNNERS	Kobiety	37	01:54:58		<b>03:19:07.30</b>	<b>03:19:27.40</b>	+00:55:33 (27.9%)	9:28	6.3 (71.6%)
38	<b>KOWALIK Dorota</b>	<b>48</b>		Kobiety	38	02:20:48		<b>03:20:18.25</b>	<b>03:20:32.25</b>	+00:56:38 (28.2%)	9:32	6.3 (71.6%)

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								time 21km	brutto 21km			
39	KOŁODZIEJCZYK Monika	315		Kobiety	39	02:23:51		03:23:58.35	03:24:04.40	+01:00:10 (29.5%)	9:42	6.2 (70.5%)
40	DWORNIK Małgorzata	156	WARCZĄCE SZPRYCHY	Kobiety	40	02:25:55		03:25:02.80	03:25:21.35	+01:01:27 (29.9%)	9:45	6.1 (69.3%)
41	WOJTON Małgorzata	117	PORANNY PATROL	Kobiety	41	02:26:47		03:25:34.20	03:25:53.95	+01:01:59 (30.1%)	9:47	6.1 (69.3%)
42	LITWIN Agnieszka	81	NOWA HUTA TEAM	Kobiety	42	01:55:58		03:29:39.45	03:29:54.35	+01:06:00 (31.4%)	9:59	6 (68.2%)
43	CIEŚLAR Kasia	66		Kobiety	43	02:26:07		03:29:48.60	03:30:10.00	+01:06:15 (31.5%)	9:59	6 (68.2%)
44	CHŁAP Elżbieta	366		Kobiety	44	02:30:25		03:32:20.35	03:32:39.35	+01:08:45 (32.3%)	10:06	5.9 (67.0%)
45	KWAŚNIK Monika	106		Kobiety	45	02:29:04		03:34:05.25	03:34:23.45	+01:10:29 (32.9%)	10:11	5.9 (67.0%)
46	PABIAN Agnieszka	159	HUNTERS OCR TEAM	Kobiety	46	01:50:32	00:40:00	03:35:47.00	03:36:00.00	+01:12:05 (33.4%)	8:22	7.2 (81.8%)
47	WAŁĘGA Monika	353		Kobiety	47	02:32:44		03:35:58.55	03:36:13.00	+01:12:18 (33.4%)	10:17	5.8 (65.9%)
48	PAZDERSKA-KIPIEL Agnieszka	268	EVIL TEAM	Kobiety	48	02:32:01		03:35:55.00	03:36:13.85	+01:12:19 (33.4%)	10:16	5.8 (65.9%)
49	ZIĘBA Anna	105		Kobiety	49	02:31:29		03:35:52.00	03:36:13.95	+01:12:19 (33.4%)	10:16	5.8 (65.9%)
50	ZACZYŃSKA Dagmara	270		Kobiety	50	02:31:20		03:35:54.45	03:36:15.40	+01:12:21 (33.5%)	10:16	5.8 (65.9%)
51	JARECKA Katarzyna	346	ADIDAS RUNNERS WARSAW	Kobiety	51	02:32:10		03:35:54.20	03:36:22.05	+01:12:27 (33.5%)	10:16	5.8 (65.9%)
52	PAWŁOWSKA Elżbieta	293		Kobiety	52	02:28:24		03:36:01.35	03:36:31.50	+01:12:37 (33.5%)	10:17	5.8 (65.9%)
53	JUZOF Iwona	84	FANTASTIC TEAM	Kobiety	53	02:27:41		03:36:25.25	03:36:47.75	+01:12:53 (33.6%)	10:18	5.8 (65.9%)
54	KONKOLEWSKA Agnieszka	90		Kobiety	54	02:30:09		03:37:49.10	03:38:17.00	+01:14:22 (34.1%)	10:22	5.8 (65.9%)
55	SERAFIN Urszula	265	OCR TEAM DĘBICA	Kobiety	55	02:30:47		03:41:04.95	03:41:28.25	+01:17:34 (35.0%)	10:31	5.7 (64.8%)
56	KALANDYK Agnieszka	336	KB OŻARÓW MAZOWIECKI	Kobiety	56	02:31:24		03:42:10.80	03:42:25.10	+01:18:30 (35.3%)	10:34	5.7 (64.8%)
57	PIĘKOŚ Monika	158	HUNTERS OCR TEAM	Kobiety	57	01:50:50	00:40:00	03:42:39.00	03:42:52.00	+01:18:57 (35.4%)	8:41	6.9 (78.4%)
58	DANEL Magdalena	97	NOWA HUTA TEAM	Kobiety	58			03:43:21.30	03:43:44.15	+01:19:49 (35.7%)	10:38	5.6 (63.6%)
59	FOJCIK Asia	93	SBD ENERGETYK RYBNIK	Kobiety	59	02:33:42		03:44:16.15	03:44:23.05	+01:20:28 (35.9%)	10:40	5.6 (63.6%)
60	RUSEK Jolanta	228	ZABIEGANI MIELEC	Kobiety	60	02:30:22		03:44:24.55	03:44:50.40	+01:20:56 (36.0%)	10:41	5.6 (63.6%)
61	GINTER Katarzyna	175		Kobiety	61	01:54:15	00:40:00	03:45:50.00	03:46:21.00	+01:22:26 (36.4%)	8:50	6.8 (77.3%)

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62	<b>WADAS Katarzyna</b>	<b>79</b>	NOWA HUTA TEAM	Kobiety	62	02:41:58		<b>03:46:37.50</b>	<b>03:46:52.45</b>	+01:22:58 (36.6%)	10:47	5.6 (63.6%)
63	<b>RADWAN Monika</b>	<b>237</b>	ATLANTIC	Kobiety	63	02:33:10		<b>03:47:15.75</b>	<b>03:47:22.10</b>	+01:23:27 (36.7%)	10:49	5.5 (62.5%)
64	<b>ZIELIŃSKA-KOŁACZ Ewelina</b>	<b>333</b>	WKURW_TEAM	Kobiety	64	02:40:16		<b>03:46:58.40</b>	<b>03:47:27.65</b>	+01:23:33 (36.7%)	10:48	5.6 (63.6%)
65	<b>OCIESA Jagoda</b>	<b>200</b>		Kobiety	65	02:37:15		<b>03:47:52.60</b>	<b>03:48:09.00</b>	+01:24:14 (36.9%)	10:51	5.5 (62.5%)
66	<b>SIWINSKA Gosia</b>	<b>311</b>		Kobiety	66	02:42:35		<b>03:48:50.40</b>	<b>03:49:14.45</b>	+01:25:20 (37.2%)	10:53	5.5 (62.5%)
67	<b>KRAS Patrycja</b>	<b>161</b>	HUNTERS OCR TEAM	Kobiety	67	02:46:30		<b>03:49:02.75</b>	<b>03:49:14.55</b>	+01:25:20 (37.2%)	10:54	5.5 (62.5%)
68	<b>ADAMUS Katarzyna</b>	<b>18</b>	FANTASTIC TEAM	Kobiety	68	02:41:54		<b>03:49:52.45</b>	<b>03:50:15.85</b>	+01:26:21 (37.5%)	10:56	5.5 (62.5%)
69	<b>ROGOWSKA Aleksandra</b>	<b>199</b>	SIOSTRY OLSEN	Kobiety	69	02:41:13		<b>03:50:08.80</b>	<b>03:50:25.80</b>	+01:26:31 (37.5%)	10:57	5.5 (62.5%)
70	<b>GIZOWSKA Monika</b>	<b>25</b>	WISEGRAD MARATON RYTRO	Kobiety	70			<b>03:53:34.60</b>	<b>03:53:47.00</b>	+01:29:52 (38.4%)	11:07	5.4 (61.4%)
71	<b>JAGODZIŃSKA Paulina</b>	<b>229</b>	ZABIEGANI MIELEC/WKURW_TEAM	Kobiety	71	02:42:41		<b>03:53:46.10</b>	<b>03:54:12.15</b>	+01:30:17 (38.6%)	11:07	5.4 (61.4%)
72	<b>KACZOR Beata</b>	<b>267</b>	OCR TEAM DĘBICA	Kobiety	72	02:40:44		<b>03:54:38.75</b>	<b>03:55:01.25</b>	+01:31:07 (38.8%)	11:10	5.4 (61.4%)
73	<b>PRZYBYŁKA Agnieszka</b>	<b>141</b>		Kobiety	73	02:47:56		<b>03:56:48.90</b>	<b>03:57:10.15</b>	+01:33:15 (39.3%)	11:16	5.3 (60.2%)
74	<b>DZIEDZINIEWICZ Agnieszka</b>	<b>245</b>	ITMBW KRAKÓW	Kobiety	74	02:44:52		<b>03:57:15.65</b>	<b>03:57:27.45</b>	+01:33:33 (39.4%)	11:17	5.3 (60.2%)
75	<b>LOSOR Agnieszka</b>	<b>308</b>	SPORTOWA 5	Kobiety	75	02:48:39		<b>03:58:40.95</b>	<b>03:59:12.30</b>	+01:35:18 (39.8%)	11:21	5.3 (60.2%)
76	<b>GRATKA Beata</b>	<b>320</b>	LUX TORPEDA MAŁOPOLSKA	Kobiety	76	02:53:25		<b>04:00:30.05</b>	<b>04:00:56.50</b>	+01:37:02 (40.3%)	11:27	5.2 (59.1%)
77	<b>KITA Ewa</b>	<b>329</b>		Kobiety	77	02:51:05		<b>04:05:48.95</b>	<b>04:06:06.85</b>	+01:42:12 (41.5%)	11:42	5.1 (58.0%)
78	<b>CZAPIEWSKA Elli</b>	<b>324</b>	#CRAZYTEAM	Kobiety	78	03:08:47		<b>04:36:40.35</b>	<b>04:37:01.00</b>	+02:13:06 (48.1%)	13:10	4.6 (52.3%)
79	<b>KOZIOŁ Ewa</b>	<b>104</b>	PORANNY PATROL	Kobiety	79	03:08:45		<b>04:36:46.40</b>	<b>04:37:08.00</b>	+02:13:13 (48.1%)	13:10	4.6 (52.3%)

Total 79 results.