



Place	Participant	Number	Club	Category	MCat	P1_Mosorny 1km	P2_Krowiarki 7.8km	P2_Zawrotka 12km	P2_Strumyk 14km	P2_14A 16km	P3_Babia 22km	P4_Bufet 27km	P4_Bufet 27.01km	P3_Babia 29km	P5_Markowe 54km	P3_Babia 58km	P5_Markowe 59km	Net time 65km	Czas brutto 65km	Gap	Pace min/km	Pace km/h
29	KAMIŃSKI Bartosz	122		M2	18	00:22:47	01:23:34	02:01:41	02:22:03	03:35:25	04:49:24	05:45:36	06:00:07	07:18:23	12:26:31	13:20:08	14:12:04	15:11:55.00	15:12:15.35	+04:22:55 (28.8%)	14:01	4.3 (71.7%)
30	WARDYŃSKI Jarosław	119	ŚWIAT MARATOŃCZYKA KOŻUCHÓW	M2	19	00:22:50	01:22:07	02:01:17	02:22:18	03:35:48	04:50:08	05:45:25	06:00:15	07:18:15	12:36:30	13:34:14	14:25:21	15:29:25.30	15:29:37.65	+04:40:17 (30.2%)	14:17	4.2 (70.0%)
31	ROWIŃSKI Michał	140	LUBAWA KOCHA BIEGAĆ	M1	10	00:19:36	01:14:53	01:52:05	02:11:05	03:18:35	04:27:17	05:19:00	05:29:47	06:52:26	12:48:05	13:53:15	14:38:23	15:35:14.20	15:35:20.20	+04:46:00 (30.6%)	14:23	4.2 (70.0%)
32	NIEDZIELA Wojciech	133		M2	20	00:22:36	01:25:59	02:08:13	02:31:35	03:46:20	04:58:49	06:00:09	06:15:52	07:31:13	13:01:32	13:56:04	14:44:57	15:40:50.85	15:41:07.30	+04:51:47 (31.0%)	14:28	4.1 (68.3%)
33	BARTOSIEWICZ Adam	104	EOL EXTREME TAXES	M2	21	00:21:50	01:21:32	02:02:07	02:24:35	03:44:17	05:01:13	06:02:04	06:11:30	07:30:33	13:02:05	13:53:44	14:45:04	15:42:07.90	15:42:13.95	+04:52:53 (31.1%)	14:29	4.1 (68.3%)
34	OLEKSY Jarosław	116	KS LIMANOWA FORREST	M1	11	00:25:39	01:33:20	02:15:29	02:38:04	03:55:53	05:14:30	06:13:30	06:22:36	07:44:26	13:02:04	13:53:52	14:38:24	16:05:09.30	16:05:20.00	+05:16:00 (32.7%)	14:50	4 (66.7%)
35	FILIPKOWSKI Grzegorz	131	RATOWNIK GÓRNICZY TEAM	M2	22	00:22:24	01:21:45		02:25:45	03:35:42	04:52:35	05:55:03	06:06:43	07:33:03	13:13:14	14:12:04	14:55:48	16:25:50.50	16:25:56.00	+05:36:36 (34.1%)	15:10	4 (66.7%)
36	OSTROWSKI Mirek	132	PRZEWODNIK BESKIDZKI	M3	3	00:22:58	01:21:49	01:58:53	02:20:44	03:35:29	04:52:52	05:50:02	06:08:26	07:32:45	12:53:21	13:58:55	14:53:17	16:29:41.95	16:29:56.00	+05:40:36 (34.4%)	15:13	3.9 (65.0%)
37	SMOŁA Grzegorz	106	APTEKI ZDROWE CENY	M2	23	00:22:49	01:19:14	02:01:16	02:22:00	03:39:45	05:05:39	06:00:47	06:19:43	07:43:10	13:59:47	15:01:21	16:00:11	16:53:03.00	16:53:09.85	+06:03:49 (35.9%)	15:35	3.8 (63.3%)
38	KAMUSIŃSKI Grzegorz	102	MŁODZI WILCY TEAM	M1	12	00:22:46	01:21:45	02:01:16	02:21:56	03:39:36	05:05:47	06:03:08	06:19:41	07:48:19	14:00:06	15:01:31	15:59:18	16:53:03.90	16:53:11.20	+06:03:51 (35.9%)	15:35	3.8 (63.3%)
39	KAMUSIŃSKI Jarosław	110		M1	13	00:22:48	01:19:15		02:22:09	03:39:47	05:03:38	06:03:08	06:18:58	07:44:25	14:00:32	14:59:29	15:59:34	17:53:03.05	17:53:10.00	+07:03:50 (39.5%)	16:30	3.6 (60.0%)
	STAWIARSKI Jakub	137		M1		00:20:03 DNF	01:17:05 DNF	01:59:21 DNF	02:20:50 DNF	03:47:13 DNF	05:13:28 DNF	06:26:27 DNF	06:34:39 DNF	07:55:40 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	NASKRĘT Arkadiusz	115	LIRENE BIKE TEAM	M2		00:26:31 DNF	01:34:33 DNF	02:18:48 DNF	02:42:42 DNF	04:18:00 DNF	05:57:07 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	WIKTOR Michał	142	WOODWARD RUNNERS/KW KRAKÓW	M1		00:18:56 DNF	01:12:10 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Total 42 results.