



# ULTRA ROZTOCZE | 10KM

B4SPORT

**Wydarzenie:** Ultra Roztocze 2021  
**Organizator:** Fundacja Na Ratunek  
**Data:** 2021-10-02  
**Miejsce:** Zwierzyniec  
**Dystans:** 12 km

**B4SPORT**  
INTELEKTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1	<b>ŁOBACZUK Mariusz</b>	<b>55</b>	CHEŁM BIEGA	Weteran Mężczyzn	1	<b>00:52:08.05</b>	<b>00:52:08.80</b>		4:20	13.8 (100%)
2	<b>CEGIEŁKO Maciej</b>	<b>7</b>	AZS UMCS LUBLIN	Senior Mężczyzn	1	<b>00:55:55.90</b>	<b>00:55:57.35</b>	+00:03:48 (6.8%)	4:39	12.9 (93.5%)
3	<b>MANDZIUK Mateusz</b>	<b>3164</b>	MULKS GRUPA OSCAR TOMASZÓW LUBELSKI / NADLEŚNICTWO TOMASZÓW	Senior Mężczyzn	2	<b>00:56:15.05</b>	<b>00:56:15.65</b>	+00:04:06 (7.3%)	4:41	12.8 (92.8%)
4	<b>SZPINDA Bartosz</b>	<b>553</b>		Senior Mężczyzn	3	<b>00:56:50.65</b>	<b>00:56:53.05</b>	+00:04:44 (8.3%)	4:44	12.7 (92.0%)
5	<b>FURMANIK Ewa</b>	<b>17</b>	CHEŁM BIEGA	Master Kobiet	1	<b>00:57:21.50</b>	<b>00:57:22.65</b>	+00:05:13 (9.1%)	4:46	12.6 (91.3%)
6	<b>ŚLEPIAK Adam</b>	<b>571</b>	STAJNIA BALONA	Senior Mężczyzn	4	<b>00:57:37.85</b>	<b>00:57:39.65</b>	+00:05:30 (9.6%)	4:48	12.5 (90.6%)
7	<b>WNUK Paweł</b>	<b>97</b>		Master Mężczyzn	1	<b>00:59:09.10</b>	<b>00:59:11.20</b>	+00:07:02 (11.9%)	4:55	12.2 (88.4%)
8	<b>ZABOROWSKI Łukasz</b>	<b>102</b>	8BALL CROSS GYM	Senior Mężczyzn	5	<b>00:59:09.90</b>	<b>00:59:11.50</b>	+00:07:02 (11.9%)	4:55	12.2 (88.4%)
9	<b>SMOŁUCH Tomasz</b>	<b>84</b>	SAINT-GOBAIN SQUAD/ADAM DRACZYŃSKI RUNNING TEAM	Master Mężczyzn	2	<b>00:59:28.65</b>	<b>00:59:28.80</b>	+00:07:20 (12.3%)	4:57	12.1 (87.7%)
10	<b>NIECHCIAŁ Łukasz</b>	<b>529</b>		Weteran Mężczyzn	2	<b>01:01:24.10</b>	<b>01:01:29.15</b>	+00:09:20 (15.2%)	5:07	11.7 (84.8%)
11	<b>KORZENIOWSKI Damian</b>	<b>43</b>		Senior Mężczyzn	6	<b>01:01:47.50</b>	<b>01:01:48.80</b>	+00:09:40 (15.6%)	5:08	11.7 (84.8%)
12	<b>GRABOWSKI Mateusz</b>	<b>21</b>		Senior Mężczyzn	7	<b>01:02:20.50</b>	<b>01:02:25.35</b>	+00:10:16 (16.5%)	5:11	11.6 (84.1%)
13	<b>GRABSKA Ewa</b>	<b>22</b>	SEKCJA BIEGOWA GRUPY PIWNEJ	Senior Kobiet	1	<b>01:02:26.60</b>	<b>01:02:28.10</b>	+00:10:19 (16.5%)	5:12	11.5 (83.3%)
14	<b>POŹDZIK Michał</b>	<b>522</b>		Senior Mężczyzn	8	<b>01:02:27.30</b>	<b>01:02:29.00</b>	+00:10:20 (16.5%)	5:12	11.5 (83.3%)
15	<b>KOZIOŁ Tomasz</b>	<b>45</b>	CHEŁM BIEGA	Master Mężczyzn	3	<b>01:04:37.10</b>	<b>01:04:43.25</b>	+00:12:34 (19.4%)	5:23	11.1 (80.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
16	<b>GUZ Marcin</b>	<b>25</b>		Master Mężczyzn	4	<b>01:04:55.85</b>	<b>01:04:58.85</b>	+00:12:50 (19.8%)	5:24	11.1 (80.4%)
17	<b>WÓJCIK Paweł</b>	<b>99</b>	MYSZOJELENIE	Senior Mężczyzn	9	<b>01:06:19.20</b>	<b>01:06:21.00</b>	+00:14:12 (21.4%)	5:31	10.9 (79.0%)
18	<b>HOŁUB Adrian</b>	<b>30</b>		Senior Mężczyzn	10	<b>01:07:28.80</b>	<b>01:07:31.50</b>	+00:15:22 (22.8%)	5:37	10.7 (77.5%)
19	<b>NICGORSKI Dariusz</b>	<b>68</b>		Senior Mężczyzn	11	<b>01:07:38.95</b>	<b>01:07:44.15</b>	+00:15:35 (23.0%)	5:38	10.6 (76.8%)
20	<b>KRUSZYŃSKI Tomasz</b>	<b>46</b>	CROSSFITTER BOX CHEŁM	Master Mężczyzn	5	<b>01:09:30.45</b>	<b>01:09:33.25</b>	+00:17:24 (25.0%)	5:47	10.4 (75.4%)
21	<b>KOSZ Monika</b>	<b>44</b>		Senior Kobiet	2	<b>01:09:56.05</b>	<b>01:09:57.20</b>	+00:17:48 (25.5%)	5:49	10.3 (74.6%)
22	<b>OLEK Kamila</b>	<b>71</b>		Senior Kobiet	3	<b>01:10:36.60</b>	<b>01:10:46.50</b>	+00:18:37 (26.3%)	5:53	10.2 (73.9%)
23	<b>DRYGIEL VEL DRYGLAK Piotr</b>	<b>12</b>		Weteran Mężczyzn	3	<b>01:11:10.90</b>	<b>01:11:13.10</b>	+00:19:04 (26.8%)	5:55	10.1 (73.2%)
24	<b>MIŚKIEWICZ Witold</b>	<b>61</b>		Senior Mężczyzn	12	<b>01:11:17.20</b>	<b>01:11:24.80</b>	+00:19:16 (27.0%)	5:56	10.1 (73.2%)
25	<b>KLISZCZ Aleksandra</b>	<b>40</b>		Senior Kobiet	4	<b>01:11:20.85</b>	<b>01:11:26.30</b>	+00:19:17 (27.0%)	5:56	10.1 (73.2%)
26	<b>JUREK Karolina</b>	<b>36</b>		Senior Kobiet	5	<b>01:11:36.25</b>	<b>01:11:44.75</b>	+00:19:35 (27.3%)	5:58	10.1 (73.2%)
27	<b>HOŁUB Jarosław</b>	<b>29</b>		Weteran Mężczyzn	4	<b>01:11:59.90</b>	<b>01:12:00.95</b>	+00:19:52 (27.6%)	5:59	10 (72.5%)
28	<b>PODSIADŁY Maciej</b>	<b>75</b>	ITP	Senior Mężczyzn	13	<b>01:11:57.10</b>	<b>01:12:03.25</b>	+00:19:54 (27.6%)	5:59	10 (72.5%)
29	<b>JARZĄBEK Magdalena</b>	<b>31</b>	MRUNNERS	Senior Kobiet	6	<b>01:13:24.15</b>	<b>01:13:28.25</b>	+00:21:19 (29.0%)	6:07	9.8 (71.0%)
30	<b>LASOTA Elżbieta</b>	<b>50</b>	TOMASZOWSKA GRUPA BIEGOWA	Senior Kobiet	7	<b>01:13:26.55</b>	<b>01:13:34.85</b>	+00:21:26 (29.1%)	6:07	9.8 (71.0%)
31	<b>NIECHCIAŁ Ola</b>	<b>530</b>	SPARTA ULTRA TEAM	Senior Kobiet	8	<b>01:13:39.00</b>	<b>01:13:46.65</b>	+00:21:37 (29.3%)	6:08	9.8 (71.0%)
32	<b>JUREK Piotr</b>	<b>37</b>		Master Mężczyzn	6	<b>01:13:42.75</b>	<b>01:13:50.85</b>	+00:21:42 (29.4%)	6:08	9.8 (71.0%)
33	<b>LITWIN Maciej</b>	<b>52</b>		Weteran Mężczyzn	5	<b>01:14:54.25</b>	<b>01:15:00.80</b>	+00:22:52 (30.5%)	6:14	9.6 (69.6%)
34	<b>TKACZUK Katarzyna</b>	<b>95</b>		Master Kobiet	2	<b>01:15:44.15</b>	<b>01:15:46.15</b>	+00:23:37 (31.2%)	6:18	9.5 (68.8%)
35	<b>FLIS Rafał</b>	<b>15</b>		Master Mężczyzn	7	<b>01:16:50.30</b>	<b>01:16:54.95</b>	+00:24:46 (32.2%)	6:24	9.4 (68.1%)
36	<b>SZYPROWSKI Robert</b>	<b>520</b>	DZIKI	Senior Mężczyzn	14	<b>01:18:04.80</b>	<b>01:18:10.30</b>	+00:26:01 (33.3%)	6:30	9.2 (66.7%)
37	<b>BAJKOWSKA Magdalena</b>	<b>2</b>	MYSZOJELENIE	Senior Kobiet	9	<b>01:18:08.90</b>	<b>01:18:10.45</b>	+00:26:01 (33.3%)	6:30	9.2 (66.7%)
38	<b>BALON Adam</b>	<b>3</b>		Senior Mężczyzn	15	<b>01:18:22.80</b>	<b>01:18:31.00</b>	+00:26:22 (33.6%)	6:31	9.2 (66.7%)

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39	TALAROWSKA Agnieszka	94		Master Kobiet	3	01:18:32.00	01:18:38.40	+00:26:29 (33.7%)	6:32	9.2 (66.7%)
40	OŚ Łucja	519		Senior Kobiet	10	01:20:36.15	01:20:43.15	+00:28:34 (35.4%)	6:43	8.9 (64.5%)
41	KOMAN Paulina	41	TOMASZOWSKA GRUPA BIEGOWA	Senior Kobiet	11	01:21:02.55	01:21:08.90	+00:29:00 (35.7%)	6:45	8.9 (64.5%)
42	GOŁĄBEK Tomasz	523	HEŃTEAM	Weteran Mężczyzn	6	01:21:17.60	01:21:23.35	+00:29:14 (35.9%)	6:46	8.9 (64.5%)
43	DACHNO Daniel	10		Dinozaur Mężczyzn	1	01:21:40.20	01:21:45.40	+00:29:36 (36.2%)	6:48	8.8 (63.8%)
44	HARATYM Mateusz	27		Senior Mężczyzn	16	01:22:05.55	01:22:14.55	+00:30:05 (36.6%)	6:50	8.8 (63.8%)
45	SZCZEPANKIEWICZ Andżelika	87		Senior Kobiet	12	01:22:35.80	01:22:44.15	+00:30:35 (37.0%)	6:52	8.7 (63.0%)
46	SZCZEKALA Lukasz	2083		Senior Mężczyzn	17	01:22:38.10	01:22:45.45	+00:30:36 (37.0%)	6:53	8.7 (63.0%)
47	PASZCZYK Anna	74		Master Kobiet	4	01:22:36.05	01:22:45.80	+00:30:37 (37.0%)	6:53	8.7 (63.0%)
48	SARNA Eliza	79		Senior Kobiet	13	01:22:44.90	01:22:55.10	+00:30:46 (37.1%)	6:53	8.7 (63.0%)
49	NADOLSKA Justyna	63		Master Kobiet	5	01:22:55.30	01:23:02.60	+00:30:53 (37.2%)	6:54	8.7 (63.0%)
50	NICGORSKA-MIŚKIEWICZ Angelika	67		Senior Kobiet	14	01:24:11.40	01:24:19.00	+00:32:10 (38.2%)	7:00	8.6 (62.3%)
51	NICGORSKA Klaudia	66		Senior Kobiet	15	01:24:12.00	01:24:19.30	+00:32:10 (38.2%)	7:01	8.6 (62.3%)
52	PÓŻNIAK Joanna	77		Master Kobiet	6	01:24:51.15	01:24:58.95	+00:32:50 (38.6%)	7:04	8.5 (61.6%)
53	MACHNIKOWSKA Małgorzata	57	LEJDIS	Master Kobiet	7	01:25:00.30	01:25:10.15	+00:33:01 (38.8%)	7:05	8.5 (61.6%)
54	PREDKO Grażyna	570		Weteran Kobiet	1	01:25:18.75	01:25:28.30	+00:33:19 (39.0%)	7:06	8.4 (60.9%)
55	WACH Magdalena	521		Master Kobiet	8	01:25:33.15	01:25:37.45	+00:33:28 (39.1%)	7:07	8.4 (60.9%)
56	WYMIATAL Przemysław	101		Master Mężczyzn	8	01:26:21.00	01:26:24.30	+00:34:15 (39.6%)	7:11	8.3 (60.1%)
57	KUŁACZKOWSKI Konrad	49		Master Mężczyzn	9	01:26:25.20	01:26:32.50	+00:34:23 (39.7%)	7:12	8.3 (60.1%)
58	SARZYŃSKA Natalia	80		Senior Kobiet	16	01:26:34.05	01:26:36.50	+00:34:27 (39.8%)	7:12	8.3 (60.1%)
59	GRABOWIECKA Agnieszka	20		Master Kobiet	9	01:27:06.05	01:27:09.80	+00:35:01 (40.2%)	7:15	8.3 (60.1%)
60	KOWALSKI Henryk	6094	HEŃTEAM	Dinozaur Mężczyzn	2	01:27:05.40	01:27:09.95	+00:35:01 (40.2%)	7:15	8.3 (60.1%)
61	HAFTANIUK Małgorzata	26		Master Kobiet	10	01:30:05.70	01:30:08.10	+00:37:59 (42.1%)	7:30	8 (58.0%)

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62	<b>ŚWIERBUTOWICZ-KAWALEC Anna</b>	<b>92</b>		Master Kobiet	11	<b>01:30:49.80</b>	<b>01:30:53.20</b>	+00:38:44 (42.6%)	7:34	7.9 (57.2%)
63	<b>OSIAL Anita</b>	<b>72</b>	PŁOŃSZCZANKI	Master Kobiet	12	<b>01:31:01.50</b>	<b>01:31:07.40</b>	+00:38:58 (42.8%)	7:35	7.9 (57.2%)
64	<b>GRZEGORCZYK Dorota</b>	<b>24</b>	KLUB BIEGACZA ORANGE SA	Weteran Kobiet	2	<b>01:31:06.30</b>	<b>01:31:09.80</b>	+00:39:01 (42.8%)	7:35	7.9 (57.2%)
65	<b>JĘDRYSZCZAK Iwona</b>	<b>34</b>	GRUPA JURA'PL	Weteran Kobiet	3	<b>01:31:17.90</b>	<b>01:31:20.00</b>	+00:39:11 (42.9%)	7:36	7.9 (57.2%)
66	<b>FRAŃCZEK Gosia</b>	<b>16</b>		Master Kobiet	13	<b>01:31:47.20</b>	<b>01:31:51.45</b>	+00:39:42 (43.2%)	7:38	7.8 (56.5%)
67	<b>BARAN Marta</b>	<b>4</b>		Master Kobiet	14	<b>01:33:43.10</b>	<b>01:33:44.95</b>	+00:41:36 (44.4%)	7:48	7.7 (55.8%)
68	<b>FIJAŁKOWSKA Karolina</b>	<b>14</b>		Senior Kobiet	17	<b>01:34:23.55</b>	<b>01:34:28.70</b>	+00:42:19 (44.8%)	7:51	7.6 (55.1%)
69	<b>ZARĘBA Małgorzata</b>	<b>103</b>		Senior Kobiet	18	<b>01:34:38.45</b>	<b>01:34:43.90</b>	+00:42:35 (45.0%)	7:53	7.6 (55.1%)
70	<b>GODEK Magdalena</b>	<b>19</b>		Weteran Kobiet	4	<b>01:35:00.45</b>	<b>01:35:04.70</b>	+00:42:55 (45.2%)	7:55	7.6 (55.1%)
71	<b>GAWLIK Sylwia</b>	<b>18</b>		Master Kobiet	15	<b>01:36:06.15</b>	<b>01:36:12.80</b>	+00:44:04 (45.8%)	8:00	7.5 (54.3%)
72	<b>ZDUNEK Małgorzata</b>	<b>105</b>		Master Kobiet	16	<b>01:36:05.90</b>	<b>01:36:12.90</b>	+00:44:04 (45.8%)	8:00	7.5 (54.3%)
73	<b>MICHOŃ Artur</b>	<b>60</b>	JESTEM W RUCHU	Weteran Mężczyzn	7	<b>01:36:26.80</b>	<b>01:36:30.25</b>	+00:44:21 (46.0%)	8:02	7.5 (54.3%)
74	<b>DĄBROWSKI Przemek</b>	<b>11</b>		Master Mężczyzn	10	<b>01:36:42.60</b>	<b>01:36:57.85</b>	+00:44:49 (46.2%)	8:03	7.4 (53.6%)
75	<b>SIEGIEDA Sabina</b>	<b>81</b>		Senior Kobiet	19	<b>01:36:55.40</b>	<b>01:37:04.60</b>	+00:44:55 (46.3%)	8:04	7.4 (53.6%)
76	<b>GROŃSKA Karolina</b>	<b>23</b>		Senior Kobiet	20	<b>01:40:32.40</b>	<b>01:40:42.20</b>	+00:48:33 (48.2%)	8:22	7.2 (52.2%)
77	<b>BORKOWSKA Hanna</b>	<b>5</b>	BIEGIEM RADOM!	Dinozaur Kobiet	1	<b>01:40:42.45</b>	<b>01:40:48.55</b>	+00:48:39 (48.3%)	8:23	7.1 (51.4%)
78	<b>KULIK Katarzyna</b>	<b>48</b>		Weteran Kobiet	5	<b>01:41:38.75</b>	<b>01:41:44.20</b>	+00:49:35 (48.7%)	8:28	7.1 (51.4%)
79	<b>MAŁEK Bożena</b>	<b>59</b>	NIEPOŁOMICE BIEGAJĄ	Weteran Kobiet	6	<b>01:43:20.10</b>	<b>01:43:28.90</b>	+00:51:20 (49.6%)	8:36	7 (50.7%)
80	<b>KUBACKI Łukasz</b>	<b>47</b>		Master Mężczyzn	11	<b>01:43:46.35</b>	<b>01:44:02.20</b>	+00:51:53 (49.9%)	8:38	6.9 (50.0%)
81	<b>WIELOCH Helena</b>	<b>96</b>	ZRYW PARZYMIECHY	Weteran Kobiet	7	<b>01:44:39.35</b>	<b>01:44:45.20</b>	+00:52:36 (50.2%)	8:43	6.9 (50.0%)
82	<b>CIELEPA Krzysztof</b>	<b>8</b>	MOTOR 1950	Master Mężczyzn	12	<b>01:48:50.00</b>	<b>01:49:03.90</b>	+00:56:55 (52.2%)	9:04	6.6 (47.8%)
83	<b>SKRABUCHA Anna</b>	<b>82</b>		Senior Kobiet	21	<b>01:52:02.95</b>	<b>01:52:05.80</b>	+00:59:57 (53.5%)	9:20	6.4 (46.4%)
84	<b>WOŹNIAK Jakub</b>	<b>98</b>		Senior Mężczyzn	18	<b>01:52:47.70</b>	<b>01:52:56.90</b>	+01:00:48 (53.8%)	9:23	6.4 (46.4%)

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85	<b>JASZEK-WILCZYŃSKA Anna</b>	<b>32</b>		Master Kobiet	17	<b>01:53:15.95</b>	<b>01:53:24.75</b>	+01:01:15 (54.0%)	9:26	6.4 (46.4%)

Znaleziono 85 wynik(ów)