



ULTRA ROZTOCZE | 10KM

B4SPORT

Wydarzenie: Ultra Roztocze
Organizator: Fundacja Na Ratunek
Data: 2022-05-14
Miejsce: Józefów
Dystans: 12.3 km

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 12.3km	Czas brutto 12.3km	Różn	Tempo min/km	Tempo km/h
1	KIEŁBASA Damian	88	UKS AZYMUT GMINA ZAMOŚĆ	Senior Mężczyzn	1	00:51:00.25	00:51:00.25		4:08	14.5 (100%)
2	MALEC Łukasz	168	NIEDZICA TEAM	Master Mężczyzn	1	00:51:56.50	00:51:56.50	+00:00:56 (1.8%)	4:13	14.2 (97.9%)
3	M Mateusz	52	NADLEŚNICTWO TOMASZÓW	Senior Mężczyzn	2	00:57:36.55	00:57:36.55	+00:06:36 (11.5%)	4:40	12.8 (88.3%)
4	KOZIARSKI Mateusz	6		Senior Mężczyzn	3	00:58:25.10	00:58:25.10	+00:07:24 (12.7%)	4:44	12.6 (86.9%)
5	GWIAZDA Damian	140		Senior Mężczyzn	4	00:58:58.25	00:58:58.25	+00:07:58 (13.5%)	4:47	12.5 (86.2%)
6	WÓJCIK Józef	217	CHEŁM BIEGA	Weteran Mężczyzn	1	00:59:44.65	00:59:44.65	+00:08:44 (14.6%)	4:51	12.4 (85.5%)
7	POŹDZIK Michał	186		Master Mężczyzn	2	01:00:12.60	01:00:12.60	+00:09:12 (15.3%)	4:53	12.3 (84.8%)
8	RYDZIK Jacek	193		Master Mężczyzn	3	01:01:45.75	01:01:45.75	+00:10:45 (17.4%)	5:01	12 (82.8%)
9	GRASELA Ernest	138	JASIELSKIE PIORUNY	Master Mężczyzn	4	01:01:48.25	01:01:48.25	+00:10:48 (17.5%)	5:01	11.9 (82.1%)
10	ANDRZEJCZAK Sebastian	101		Master Mężczyzn	5	01:02:57.25	01:02:57.25	+00:11:57 (19.0%)	5:07	11.7 (80.7%)
11	STACH Tomasz	204		Master Mężczyzn	6	01:03:52.00	01:03:52.00	+00:12:51 (20.1%)	5:11	11.6 (80.0%)
12	RYCAK Andrzej	192	NJN SABAUDIA	Weteran Mężczyzn	2	01:04:17.05	01:04:17.05	+00:13:16 (20.7%)	5:13	11.5 (79.3%)
13	DYDA Krzysztof	127		Master Mężczyzn	7	01:04:41.05	01:04:41.05	+00:13:40 (21.1%)	5:15	11.4 (78.6%)
14	MOSKOWICZ Stefan	47		Dinozaur Mężczyzn	1	01:05:03.70	01:05:03.70	+00:14:03 (21.6%)	5:17	11.3 (77.9%)
15	WÓJCIK Paweł	218	MYSZOJELENIE	Senior Mężczyzn	5	01:05:13.25	01:05:13.25	+00:14:13 (21.8%)	5:18	11.3 (77.9%)
16	ŚLEPIAK Adam	212	STAJNIA BALONA	Master Mężczyzn	8	01:05:17.45	01:05:17.45	+00:14:17 (21.9%)	5:18	11.3 (77.9%)
17	KORŻYK Marek	147		Weteran Mężczyzn	3	01:05:30.00	01:05:30.00	+00:14:29 (22.1%)	5:19	11.3 (77.9%)
18	KONOPKA Krystian	146		Master Mężczyzn	9	01:05:39.85	01:05:39.85	+00:14:39 (22.3%)	5:20	11.2 (77.2%)
19	MARIN Alberto	170		Senior Mężczyzn	6	01:06:06.50	01:06:06.50	+00:15:06 (22.8%)	5:22	11.2 (77.2%)
20	TAMBORSKI Grzegorz	214		Master Mężczyzn	10	01:06:40.85	01:06:40.85	+00:15:40 (23.5%)	5:25	11.1 (76.6%)
21	KORZENIOWSKA Monika	34		Senior Kobiet	1	01:07:18.40	01:07:18.40	+00:16:18 (24.2%)	5:28	11 (75.9%)
22	SUŁEK Marcin	50		Master Mężczyzn	11	01:07:45.10	01:07:45.10	+00:16:44 (24.7%)	5:30	10.9 (75.2%)
23	SOLAN Łukasz	202		Master Mężczyzn	12	01:08:03.10	01:08:03.10	+00:17:02 (25.1%)	5:31	10.8 (74.5%)
24	PIKUS Robert	183	ROZBIEGANY ZAMOŚĆ	Master Mężczyzn	13	01:08:12.95	01:08:12.95	+00:17:12 (25.2%)	5:32	10.8 (74.5%)
25	GAJOWY Krzysiek	131		Master Mężczyzn	14	01:08:43.40	01:08:43.40	+00:17:43 (25.8%)	5:35	10.7 (73.8%)
26	WYBRANIEC Robert	87		Senior Mężczyzn	7	01:08:45.90	01:08:45.90	+00:17:45 (25.8%)	5:35	10.7 (73.8%)
27	PATYK Michał	182		Senior Mężczyzn	8	01:08:46.55	01:08:46.55	+00:17:46 (25.8%)	5:35	10.7 (73.8%)
28	PASTUSZEK Mariusz	180		Master Mężczyzn	15	01:09:03.00	01:09:03.00	+00:18:02 (26.1%)	5:36	10.7 (73.8%)
29	STACH Jacek	203		Weteran Mężczyzn	4	01:09:06.60	01:09:06.60	+00:18:06 (26.2%)	5:37	10.7 (73.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 12.3km	Czas brutto 12.3km	Różn	Tempo min/km	Tempo km/h
30	DELMACZYŃSKI Sebastian	51		Senior Mężczyzn	9	01:09:11.60	01:09:11.60	+00:18:11 (26.3%)	5:37	10.7 (73.8%)
31	SZEWCZAK Krzysztof	209	BIEGNIJ, DZIADEK BIEGNIJ !	Master Mężczyzn	16	01:09:51.40	01:09:51.40	+00:18:51 (27.0%)	5:40	10.6 (73.1%)
32	SKRECZKO Tomasz	198		Master Mężczyzn	17	01:10:03.60	01:10:03.60	+00:19:03 (27.2%)	5:41	10.5 (72.4%)
33	TRATKOWSKI Bartosz	59		Weteran Mężczyzn	5	01:10:42.55	01:10:42.55	+00:19:42 (27.9%)	5:44	10.4 (71.7%)
34	SACIUK Wojciech	195	DELOITTE ADVENTURE TEAM	Senior Mężczyzn	10	01:10:57.25	01:10:57.25	+00:19:57 (28.1%)	5:46	10.4 (71.7%)
35	SZCZEKALA Łukasz	208	PRO-MILE TEAM	Master Mężczyzn	18	01:11:17.10	01:11:17.10	+00:20:16 (28.5%)	5:47	10.4 (71.7%)
36	GODEK Tomasz	54		Weteran Mężczyzn	6	01:11:27.65	01:11:27.65	+00:20:27 (28.6%)	5:48	10.3 (71.0%)
37	MARCINEK Krzysztof	169	PZU SPORT TEAM	Master Mężczyzn	19	01:11:50.90	01:11:50.90	+00:20:50 (29.0%)	5:50	10.3 (71.0%)
38	STELMACH-TOFIL Ewa	206	#NOLIMITS	Weteran Kobiet	1	01:11:56.25	01:11:56.25	+00:20:56 (29.1%)	5:50	10.3 (71.0%)
39	JARZĄBEK Magdalena	142		Senior Kobiet	2	01:12:28.65	01:12:28.65	+00:21:28 (29.6%)	5:53	10.2 (70.3%)
40	DUDZIŃSKI Paweł	124		Senior Mężczyzn	11	01:12:33.25	01:12:33.25	+00:21:33 (29.7%)	5:53	10.2 (70.3%)
40	LIPSKI Paweł	164		Master Mężczyzn	20	01:12:33.25	01:12:33.25	+00:21:33 (29.7%)	5:53	10.2 (70.3%)
42	ZARĘBA Andrzej	220		Master Mężczyzn	21	01:12:36.35	01:12:36.35	+00:21:36 (29.8%)	5:54	10.2 (70.3%)
43	SAŁUSTOWICZ Patrycja	196	#NOLIMITS	Weteran Kobiet	2	01:12:38.50	01:12:38.50	+00:21:38 (29.8%)	5:54	10.2 (70.3%)
44	BERDZIK Marek	107		Weteran Mężczyzn	7	01:13:04.90	01:13:04.90	+00:22:04 (30.2%)	5:56	10.1 (69.7%)
45	LITWIN Maciej	165		Weteran Mężczyzn	8	01:13:46.80	01:13:46.80	+00:22:46 (30.9%)	5:59	10 (69.0%)
46	KUŚ Agnieszka	161	KKB DYSTANS/FIOLETOWY OSZCZEP	Weteran Kobiet	3	01:14:41.70	01:14:41.70	+00:23:41 (31.7%)	6:04	9.9 (68.3%)
47	BAJKOWSKA Magdalena	104		Senior Kobiet	3	01:15:42.95	01:15:42.95	+00:24:42 (32.6%)	6:09	9.7 (66.9%)
48	ZABOROWSKI Łukasz	55		Senior Mężczyzn	12	01:16:50.15	01:16:50.15	+00:25:49 (33.6%)	6:14	9.6 (66.2%)
49	PUDŁOWSKI Adam	3175	CHEŁM BIEGA	Master Mężczyzn	22	01:16:50.50	01:16:50.50	+00:25:50 (33.6%)	6:14	9.6 (66.2%)
50	HARATYM Mateusz	141		Senior Mężczyzn	13	01:17:23.10	01:17:23.10	+00:26:22 (34.1%)	6:17	9.5 (65.5%)
51	BARANIAK Wojciech	105		Weteran Mężczyzn	9	01:17:30.60	01:17:30.60	+00:26:30 (34.2%)	6:18	9.5 (65.5%)
52	KUCZMOWSKA Gosia	157		Senior Kobiet	4	01:17:30.80	01:17:30.80	+00:26:30 (34.2%)	6:18	9.5 (65.5%)
53	MYŚLIWIECKI Michał	173	SKIPOL.PL TEAM	Senior Mężczyzn	14	01:17:39.10	01:17:39.10	+00:26:38 (34.3%)	6:18	9.5 (65.5%)
54	FRĄCZEK Marcin	129		Master Mężczyzn	23	01:17:41.15	01:17:41.15	+00:26:40 (34.3%)	6:18	9.5 (65.5%)
55	BORYCEUSZ-MATUSIAK Iwona	3014		Master Kobiet	1	01:17:52.45	01:17:52.45	+00:26:52 (34.5%)	6:19	9.5 (65.5%)
56	WIŚNIEWSKA Ewa	48		Weteran Kobiet	4	01:18:41.35	01:18:41.35	+00:27:41 (35.2%)	6:23	9.4 (64.8%)
57	ROSTEK Arkadiusz	190	ULTRAMĘKI	Weteran Mężczyzn	10	01:19:12.55	01:19:12.55	+00:28:12 (35.6%)	6:26	9.3 (64.1%)
58	KŁODZIŃSKA Barbara	144	ULTRAMĘKI	Weteran Kobiet	5	01:19:12.85	01:19:12.85	+00:28:12 (35.6%)	6:26	9.3 (64.1%)
59	GAWRON Jarosław	9		Master Mężczyzn	24	01:20:59.10	01:20:59.10	+00:29:58 (37.0%)	6:35	9.1 (62.8%)
60	MARSZAŁEK Mariola	171	MCP TEAM	Weteran Kobiet	6	01:20:59.25	01:20:59.25	+00:29:59 (37.0%)	6:35	9.1 (62.8%)
61	BURY Tomasz	57		Weteran Mężczyzn	11	01:21:12.45	01:21:12.45	+00:30:12 (37.2%)	6:36	9.1 (62.8%)
62	KRUKOWSKA Ewa	152	PLATINIUM ZAMOŚĆ	Master Kobiet	2	01:21:48.75	01:21:48.75	+00:30:48 (37.7%)	6:39	9 (62.1%)
63	KRUSZEWSKA Ewa	153	MARKOWI BIEGACZE	Weteran Kobiet	7	01:21:55.70	01:21:55.70	+00:30:55 (37.7%)	6:39	9 (62.1%)
64	TALAROWSKA Agnieszka	213		Master Kobiet	3	01:22:36.15	01:22:36.15	+00:31:35 (38.3%)	6:42	8.9 (61.4%)
65	KRZYSIAK Kamil	154	CARMAGEDON	Senior Mężczyzn	15	01:22:47.85	01:22:47.85	+00:31:47 (38.4%)	6:43	8.9 (61.4%)
66	PANEK Wojciech	178		Master Mężczyzn	25	01:23:16.80	01:23:16.80	+00:32:16 (38.8%)	6:46	8.9 (61.4%)
67	KRUKIEREK Paweł	151		Senior Mężczyzn	16	01:24:00.00	01:24:00.00	+00:32:59 (39.3%)	6:49	8.8 (60.7%)
68	GILAS Urszula	134	BIŁGORUN	Master Kobiet	4	01:24:34.00	01:24:34.00	+00:33:33 (39.7%)	6:52	8.7 (60.0%)
69	BRZĘCZEK Izabela	115		Weteran Kobiet	8	01:25:23.10	01:25:23.10	+00:34:22 (40.3%)	6:56	8.6 (59.3%)
70	SABAJ Piotr	194	PRO-MILE	Master Mężczyzn	26	01:25:52.90	01:25:52.90	+00:34:52 (40.6%)	6:58	8.6 (59.3%)
71	KARDASZ Jacek	143		Master Mężczyzn	27	01:27:08.70	01:27:08.70	+00:36:08 (41.5%)	7:05	8.5 (58.6%)
72	BRZEZNICKA Justyna	224	DZIKIE GRUBASY SZATANA	Master Kobiet	5	01:28:07.95	01:28:07.95	+00:37:07 (42.1%)	7:09	8.4 (57.9%)
73	GONTAREK Daniel	136		Master Mężczyzn	28	01:28:20.30	01:28:20.30	+00:37:20 (42.3%)	7:10	8.4 (57.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						12.3km	12.3km			
74	ZIARKO Agnieszka	221	CZARNA TĘCZA	Weteran Kobiet	9	01:29:18.40	01:29:18.40	+00:38:18 (42.9%)	7:15	8.3 (57.2%)
75	ZABURKO Mateusz	1265		Master Mężczyzn	29	01:29:22.85	01:29:22.85	+00:38:22 (42.9%)	7:15	8.3 (57.2%)
76	DERLATKA Jagoda	121	SII RUNNING TEAM	Senior Kobiet	5	01:29:25.05	01:29:25.05	+00:38:24 (43.0%)	7:16	8.3 (57.2%)
77	GUSTAW Agnieszka	139	PZU SPORT TEAM	Master Kobiet	6	01:29:31.65	01:29:31.65	+00:38:31 (43.0%)	7:16	8.2 (56.6%)
78	SIEGIEDA Michał	56		Senior Mężczyzn	17	01:31:00.95	01:31:00.95	+00:40:00 (44.0%)	7:23	8.1 (55.9%)
79	PÓZNIAK Joanna	188		Master Kobiet	7	01:31:03.60	01:31:03.60	+00:40:03 (44.0%)	7:24	8.1 (55.9%)
80	KUCZYŃSKA-LESZCZYŃSKA Joanna	158		Master Kobiet	8	01:31:22.15	01:31:22.15	+00:40:21 (44.2%)	7:25	8.1 (55.9%)
81	KUBACKI Łukasz	155		Master Mężczyzn	30	01:31:39.50	01:31:39.50	+00:40:39 (44.4%)	7:27	8.1 (55.9%)
82	BARANIAK Agnieszka	106		Weteran Kobiet	10	01:31:40.70	01:31:40.70	+00:40:40 (44.4%)	7:27	8.1 (55.9%)
83	GÓRNA Małgorzata	137		Senior Kobiet	6	01:32:56.40	01:32:56.40	+00:41:56 (45.1%)	7:33	7.9 (54.5%)
84	TOMASZEWSKA-ŁOŚ Ilona	215		Master Kobiet	9	01:33:28.90	01:33:28.90	+00:42:28 (45.4%)	7:35	7.9 (54.5%)
85	LEŃCZUK Grażyna	162		Weteran Kobiet	11	01:33:36.00	01:33:36.00	+00:42:35 (45.5%)	7:36	7.9 (54.5%)
86	LEŃCZUK Andrzej	163		Weteran Mężczyzn	12	01:33:36.60	01:33:36.60	+00:42:36 (45.5%)	7:36	7.9 (54.5%)
87	BOJANOWSKI Filip	112		Senior Mężczyzn	18	01:35:23.60	01:35:23.60	+00:44:23 (46.5%)	7:45	7.7 (53.1%)
88	PRZEDMOJSKA Magdalena	189		Master Kobiet	10	01:36:48.85	01:36:48.85	+00:45:48 (47.3%)	7:52	7.6 (52.4%)
89	ZARĘBA Małgorzata	219		Senior Kobiet	7	01:36:53.05	01:36:53.05	+00:45:52 (47.4%)	7:52	7.6 (52.4%)
90	BOJANOWSKA Joanna	110		Weteran Kobiet	12	01:36:58.55	01:36:58.55	+00:45:58 (47.4%)	7:53	7.6 (52.4%)
91	LITWIN Michał	166		Senior Mężczyzn	19	01:38:05.45	01:38:05.45	+00:47:05 (48.0%)	7:58	7.5 (51.7%)
92	MACIĄG Alina	167	BIKE EQUIPA SANDOMIERZ	Weteran Kobiet	13	01:38:20.80	01:38:20.80	+00:47:20 (48.1%)	7:59	7.5 (51.7%)
93	PRZYBYŁ Barbara	62		Master Kobiet	11	01:38:23.55	01:38:23.55	+00:47:23 (48.2%)	7:59	7.5 (51.7%)
94	SIEGIEDA Sabina	197		Senior Kobiet	8	01:38:51.15	01:38:51.15	+00:47:50 (48.4%)	8:02	7.5 (51.7%)
95	SZKUTNIK Agata	211		Master Kobiet	12	01:38:52.85	01:38:52.85	+00:47:52 (48.4%)	8:02	7.5 (51.7%)
96	FRĄCZEK Gosia	130		Master Kobiet	13	01:39:04.35	01:39:04.35	+00:48:04 (48.5%)	8:03	7.4 (51.0%)
97	BOJANOWSKI Jakub	111		Weteran Mężczyzn	13	01:39:55.30	01:39:55.30	+00:48:55 (49.0%)	8:07	7.4 (51.0%)
98	URBANIK Anna	49		Weteran Kobiet	14	01:41:40.40	01:41:40.40	+00:50:40 (49.8%)	8:15	7.3 (50.3%)
99	OLCZAK Urszula	176	UMCS BIEGA	Weteran Kobiet	15	01:42:15.45	01:42:15.45	+00:51:15 (50.1%)	8:18	7.2 (49.7%)
100	KULIK Katarzyna	160		Weteran Kobiet	16	01:42:16.25	01:42:16.25	+00:51:16 (50.1%)	8:18	7.2 (49.7%)
101	KOWALCZUK Anna	149		Master Kobiet	14	01:42:18.55	01:42:18.55	+00:51:18 (50.1%)	8:19	7.2 (49.7%)
102	BIELICKA Marta	108	HAJDAAA	Master Kobiet	15	01:42:20.05	01:42:20.05	+00:51:19 (50.2%)	8:19	7.2 (49.7%)
103	BUZALSKA Agnieszka	116		Weteran Kobiet	17	01:42:22.25	01:42:22.25	+00:51:22 (50.2%)	8:19	7.2 (49.7%)
104	SOKOŁOWSKA Dorota	201	MARIOREAM	Weteran Kobiet	18	01:42:59.45	01:42:59.45	+00:51:59 (50.5%)	8:22	7.2 (49.7%)
105	DUDZICZ Barbara	123		Weteran Kobiet	19	01:43:59.50	01:43:59.50	+00:52:59 (51.0%)	8:27	7.1 (49.0%)
106	KOJDER Anna	145		Master Kobiet	16	01:45:06.70	01:45:06.70	+00:54:06 (51.5%)	8:32	7 (48.3%)
107	BOJANOWSKA Ewa	109		Senior Kobiet	9	01:45:32.70	01:45:32.70	+00:54:32 (51.7%)	8:34	7 (48.3%)
108	FILIPOWSKA Anna	128	MASTER KOBIEC	Master Kobiet	17	01:45:56.80	01:45:56.80	+00:54:56 (51.9%)	8:36	7 (48.3%)
109	KULA Lidia	159		Weteran Kobiet	20	01:46:15.25	01:46:15.25	+00:55:15 (52.0%)	8:38	6.9 (47.6%)
110	ZYGMUNT Monika	222		Weteran Kobiet	21	01:46:15.50	01:46:15.50	+00:55:15 (52.0%)	8:38	6.9 (47.6%)
111	POPIS Justyna	185		Master Kobiet	18	01:47:02.90	01:47:02.90	+00:56:02 (52.4%)	8:42	6.9 (47.6%)
112	DUDZICZ Anna	122		Weteran Kobiet	22	01:48:20.65	01:48:20.65	+00:57:20 (52.9%)	8:48	6.8 (46.9%)
112	GOŁĘBIEWSKA Aleksandra	135		Weteran Kobiet	22	01:48:20.65	01:48:20.65	+00:57:20 (52.9%)	8:48	6.8 (46.9%)
114	SZKAMRUK Janusz	210	EXTREMALNI RZEŹNICY NA RELAKSIE	Dinozaur Mężczyzn	2	01:48:22.75	01:48:22.75	+00:57:22 (52.9%)	8:48	6.8 (46.9%)
115	CIELEPA Krzysztof	119	EKIPA DROMBO	Master Mężczyzn	31	01:49:24.70	01:49:24.70	+00:58:24 (53.4%)	8:53	6.7 (46.2%)
116	BUDYNEK Anna	31		Senior Kobiet	10	02:06:31.25	02:06:31.25	+01:15:31 (59.7%)	10:17	5.8 (40.0%)
117	KAJAK Monika	5		Master Kobiet	19	02:06:33.50	02:06:33.50	+01:15:33 (59.7%)	10:17	5.8 (40.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 12.3km	Czas brutto 12.3km	Różn	Tempo min/km	Tempo km/h
DNC	GODEK Klara	53		Open K		01:32:50.90	01:32:50.90		0:00	7.9 (54.5%)

Znaleziono 118 wynik(ów)