



# ULTRA ŚWIR | 1 PĘTLA

B4SPORT

**Wydarzenie:** Ultra Świr  
**Organizator:** Fundacja Małopolska biega  
**Data:** 2023-09-02  
**Miejsce:** Jamna  
**Dystans:** 16 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	10km	Czas netto 16km	Czas brutto 16km	Różn	Tempo min/km	Tempo km/h
1	<b>GABRYŚ Rafał</b>	<b>33</b>	#ANDRZEJ DŁUGOSZ TEAM / MOK MSZANA DOLNA	OPEN M	1	01:58:16	00:48:40	<b>01:14:08.15</b>	<b>03:12:25.00</b>		4:38	12.9 (100%)
2	<b>KITA Krzysztof</b>	<b>1</b>	LKS BURZYN	OPEN M	2	01:58:16	00:49:37	<b>01:17:12.35</b>	<b>03:15:28.90</b>	+00:03:04 (4.0%)	4:49	12.4 (96.1%)
3	<b>WODZISZ Rafał</b>	<b>12</b>		OPEN M	3	01:58:17	01:00:14	<b>01:33:08.10</b>	<b>03:31:25.35</b>	+00:18:59 (20.4%)	5:49	10.3 (79.8%)
4	<b>BAK Jerzy</b>	<b>25</b>	MPCC TEAM	OPEN M	4	01:58:17	01:00:21	<b>01:34:10.45</b>	<b>03:32:27.95</b>	+00:20:02 (21.3%)	5:53	10.2 (79.1%)
5	<b>REMBIASZ-KANTOR Tomasz</b>	<b>20</b>		OPEN M	5	01:58:21	01:03:51	<b>01:39:09.35</b>	<b>03:37:31.20</b>	+00:25:01 (25.2%)	6:11	9.7 (75.2%)
6	<b>GRZEGÓRZEK Zbigniew</b>	<b>32</b>		OPEN M	6	01:58:19	01:06:52	<b>01:42:28.95</b>	<b>03:40:48.00</b>	+00:28:20 (27.7%)	6:24	9.4 (72.9%)
7	<b>SZYMCZAK Justyna</b>	<b>2</b>	RUNDOMSKO	OPEN K	1	01:58:16	01:12:18	<b>01:51:55.20</b>	<b>03:50:11.75</b>	+00:37:47 (33.8%)	6:59	8.6 (66.7%)
8	<b>SIUDEJA Michał</b>	<b>7</b>		OPEN M	7	01:58:19	01:17:31	<b>01:54:09.95</b>	<b>03:52:29.25</b>	+00:40:01 (35.1%)	7:08	8.4 (65.1%)
9	<b>KALISZ Tomasz</b>	<b>28</b>		OPEN M	8	01:58:19	01:13:41	<b>01:54:51.85</b>	<b>03:53:11.15</b>	+00:40:43 (35.5%)	7:10	8.4 (65.1%)
10	<b>PAROL Natalia</b>	<b>29</b>		OPEN K	2	01:58:18	01:13:36	<b>01:55:00.45</b>	<b>03:53:18.85</b>	+00:40:52 (35.5%)	7:11	8.3 (64.3%)
11	<b>KOSTKOWSKI Kazimierz</b>	<b>26</b>	.	OPEN M	9	01:58:21	01:14:57	<b>01:56:12.55</b>	<b>03:54:33.60</b>	+00:42:04 (36.2%)	7:15	8.3 (64.3%)
12	<b>MARGARIT Arnau</b>	<b>34</b>		OPEN M	10	01:58:18	01:14:25	<b>01:57:05.20</b>	<b>03:55:23.40</b>	+00:42:57 (36.7%)	7:19	8.2 (63.6%)
13	<b>JUREK Jarosław</b>	<b>9</b>	JURKI W TRASIE	OPEN M	11	01:58:21	01:21:18	<b>02:10:23.35</b>	<b>04:08:44.70</b>	+00:56:15 (43.1%)	8:08	7.4 (57.4%)
14	<b>OLESIAK Beata</b>	<b>30</b>		OPEN K	3	01:58:18	01:27:21	<b>02:10:39.90</b>	<b>04:08:58.75</b>	+00:56:31 (43.3%)	8:09	7.3 (56.6%)
15	<b>STADLER Katarzyna</b>	<b>31</b>	GANG ZAKRĘCONYCH MASTERSÓW	OPEN K	4	01:58:20	01:24:29	<b>02:12:07.75</b>	<b>04:10:27.95</b>	+00:57:59 (43.9%)	8:15	7.3 (56.6%)

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16	<b>PAWŁOWSKA-JUREK Paulina</b>	<b>8</b>	JURKI W TRASIE	OPEN K	5	01:58:19	01:24:37	<b>02:12:08.30</b>	<b>04:10:27.65</b>	+00:58:00 (43.9%)	8:15	7.3 (56.6%)
17	<b>ZET Marcin</b>	<b>27</b>		OPEN M	12	01:58:17	01:27:52	<b>02:12:35.05</b>	<b>04:10:52.05</b>	+00:58:26 (44.1%)	8:17	7.2 (55.8%)
18	<b>POMIANEK Łukasz</b>	<b>17</b>		OPEN M	13	01:58:18	01:24:27	<b>02:13:55.90</b>	<b>04:12:14.15</b>	+00:59:47 (44.6%)	8:22	7.2 (55.8%)
19	<b>RAJCA Paweł</b>	<b>23</b>	RUNNING POŁANIEC	OPEN M	14	01:35:05	01:36:52	<b>02:18:15.95</b>	<b>03:53:21.35</b>	+01:04:07 (46.4%)	8:38	6.9 (53.5%)
20	<b>MARYNOWSKA Magdalena</b>	<b>18</b>		OPEN K	6	01:58:23	01:39:24	<b>02:28:27.95</b>	<b>04:26:51.25</b>	+01:14:19 (50.1%)	9:16	6.5 (50.4%)
21	<b>KWAŚNY Michał</b>	<b>10</b>		OPEN M	15	01:58:20	01:35:23	<b>02:29:08.85</b>	<b>04:27:29.25</b>	+01:15:00 (50.3%)	9:19	6.4 (49.6%)
22	<b>KWAŚNY Elżbieta</b>	<b>11</b>		OPEN K	7	01:58:20	01:36:15	<b>02:33:15.20</b>	<b>04:31:35.85</b>	+01:19:07 (51.6%)	9:34	6.3 (48.8%)
23	<b>KONDRAK Jan</b>	<b>5</b>		OPEN M	16	00:00:16		<b>02:33:58.50</b>	<b>02:34:14.55</b>	+01:19:50 (51.9%)	9:37	6.2 (48.1%)
24	<b>LEPSZY Anna</b>	<b>16</b>		OPEN K	8	01:58:19	01:42:44	<b>02:42:50.30</b>	<b>04:41:10.10</b>	+01:28:42 (54.5%)	10:10	5.9 (45.7%)
25	<b>TALARCZYK-ADAMCZYK Marzena</b>	<b>14</b>		OPEN K	9	01:58:27	01:58:19	<b>03:02:04.80</b>	<b>05:00:32.05</b>	+01:47:56 (59.3%)	11:22	5.3 (41.1%)
26	<b>ŻÓŁKIEWSKA Monika</b>	<b>24</b>	CIEPŁE KLUCHY	OPEN K	10	01:58:26	01:58:12	<b>03:02:06.45</b>	<b>05:00:33.10</b>	+01:47:58 (59.3%)	11:22	5.3 (41.1%)
27	<b>GAWRYŁO Joanna</b>	<b>4</b>		OPEN K	11	00:00:08	02:26:03	<b>03:42:48.45</b>	<b>03:42:57.00</b>	+02:28:40 (66.7%)	13:55	4.3 (33.3%)

Znaleziono 27 wynik(ów)