



ULTRAJANOSIK 23 KM WARTKO MARYNA

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

ULTRAJANOSIK
Fundacja Na Ratunek
2021-08-28
Niedzica
23 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Dursztyn 19km	Czas netto 23km	Czas brutto 23km	Różn	Tempo min/km	Tempo km/h
1	BIERNAWSKI Piotr	2422		Master Mężczyzn	1		01:25:32.60	01:25:33.60		3:43	16.1 (100%)
2	WICENBACH Arkadiusz	2366	STRASZYN ULTRA TEAM	Senior Mężczyzn	1	00:23:55	01:31:03.85	01:31:05.90	+00:05:32 (6.1%)	3:57	15.2 (94.4%)
3	NOWOCIN Radosław	2423		Senior Mężczyzn	2	00:25:04	01:31:05.40	01:31:07.15	+00:05:33 (6.1%)	3:57	15.2 (94.4%)
4	SZUMLAŃSKI Marcin	2413	GORĄCY POTOK TEAM	Master Mężczyzn	2		01:35:15.95	01:35:18.00	+00:09:44 (10.2%)	4:08	14.5 (90.1%)
5	MATEOS GARRIDO Nicolás	2403		Senior Mężczyzn	3	00:23:54	01:41:27.50	01:41:29.25	+00:15:55 (15.7%)	4:24	13.6 (84.5%)
6	GÓRALIK Sylwia	2405	TKKF UKLEJNA	Master Kobiet	1		01:46:30.70	01:46:31.55	+00:20:57 (19.7%)	4:37	13 (80.7%)
7	WOŁOSEWICZ Kamil	2307		Master Mężczyzn	3	00:31:52	01:51:40.55	01:51:45.20	+00:26:11 (23.4%)	4:51	12.4 (77.0%)
8	JASIULEWICZ Anna	224	BIAŁYSTOK BIEGA TEAM	Weteran Kobiet	1	00:29:46	01:51:55.75	01:51:57.20	+00:26:23 (23.6%)	4:51	12.3 (76.4%)
9	WIŚNIEWSKI Krzysztof	2395		Senior Mężczyzn	4		01:52:19.75	01:52:30.90	+00:26:57 (24.0%)	4:53	12.3 (76.4%)
10	CIUPEK Jerzy	2379	RĄCZE GAZELE	Dinozaur Mężczyzn	1	00:30:23	01:52:27.35	01:52:34.45	+00:27:00 (24.0%)	4:53	12.3 (76.4%)
11	ZIELIŃSKI Mateusz	2420		Senior Mężczyzn	5	00:29:43	01:52:42.00	01:52:47.65	+00:27:14 (24.1%)	4:54	12.2 (75.8%)
12	PACHURA Kinga	231	ULTRA BABIA	Master Kobiet	2	00:30:49	01:53:44.95	01:53:46.70	+00:28:13 (24.8%)	4:56	12.1 (75.2%)
13	FLOREK Marcin	2312	MĘŻCZYŻNI ŚW. JÓZEFA	Weteran Mężczyzn	1	00:29:51	01:54:23.25	01:54:25.00	+00:28:51 (25.2%)	4:58	12.1 (75.2%)
14	KORŻYK Marek	2380	CZARNA TEAM	Weteran Mężczyzn	2	00:31:41	01:57:15.85	01:57:23.70	+00:31:50 (27.1%)	5:05	11.8 (73.3%)
15	FORNALIK Barbara	2406	TKKF UKLEJNA	Master Kobiet	3		02:00:24.90	02:00:25.90	+00:34:52 (29.0%)	5:14	11.5 (71.4%)
16	SZNAJDER Rafał	2345	G.O.A.T. TEAM MICHAŁOWICE	Weteran Mężczyzn	3	00:32:30	02:00:32.05	02:00:35.45	+00:35:01 (29.0%)	5:14	11.4 (70.8%)

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17	KULKA Monika	2378	RĄCZE GAZELE	Weteran Kobiet	2	00:32:13	02:01:14.10	02:01:20.60	+00:35:47 (29.5%)	5:16	11.4 (70.8%)
18	TALAROWSKI Paweł	2338		Master Mężczyzn	4	00:32:25	02:03:56.75	02:03:59.30	+00:38:25 (31.0%)	5:23	11.1 (68.9%)
19	WIATER Marcin	2346		Senior Mężczyzn	6	00:36:41	02:04:02.55	02:04:18.05	+00:38:44 (31.2%)	5:23	11.1 (68.9%)
20	KURLETO Kamil	2381		Senior Mężczyzn	7	00:31:45	02:04:49.65	02:04:53.70	+00:39:20 (31.5%)	5:25	11.1 (68.9%)
21	BIDAS Michał	2301		Senior Mężczyzn	8	00:35:49	02:05:35.25	02:05:52.75	+00:40:19 (32.0%)	5:27	11 (68.3%)
22	SZNAJDER Joanna	2343	G.O.A.T. TEAM MICHAŁOWICE	Master Kobiet	4	00:33:31	02:06:56.50	02:06:59.60	+00:41:26 (32.6%)	5:31	10.9 (67.7%)
23	SUŁEK Marcin	2325	PRO-MILE TEAM	Master Mężczyzn	5		02:07:46.90	02:07:51.85	+00:42:18 (33.1%)	5:33	10.8 (67.1%)
24	PIEKARCZYK Bartek	2336		Senior Mężczyzn	9	00:37:05	02:09:37.75	02:09:53.70	+00:44:20 (34.1%)	5:38	10.6 (65.8%)
25	NIEDZIAŁKOWSKA Lucyna	2363	ARTEL	Senior Kobiet	1	00:35:47	02:10:02.70	02:10:09.25	+00:44:35 (34.3%)	5:39	10.6 (65.8%)
26	SZCZECIŃSKI Krzysztof	2344		Master Mężczyzn	6		02:10:24.35	02:10:31.15	+00:44:57 (34.4%)	5:40	10.6 (65.8%)
27	KULAWIK Bartek	2369		Master Mężczyzn	7	00:35:56	02:11:11.85	02:11:15.35	+00:45:41 (34.8%)	5:42	10.5 (65.2%)
28	STACH Jacek	2374		Weteran Mężczyzn	4	00:34:15	02:11:06.15	02:11:15.50	+00:45:41 (34.8%)	5:42	10.5 (65.2%)
29	PIETRUSZKA Ewa	2409		Senior Kobiet	2	00:36:02	02:11:49.50	02:11:59.85	+00:46:26 (35.2%)	5:43	10.5 (65.2%)
30	ŚLIWA Agnieszka	2375	AZS AWF KRAKÓW MASTERS	Senior Kobiet	3	00:34:01	02:12:05.70	02:12:19.95	+00:46:46 (35.3%)	5:44	10.4 (64.6%)
31	KONOPKA Krystian	2354		Master Mężczyzn	8	00:34:01	02:13:22.05	02:13:26.80	+00:47:53 (35.9%)	5:47	10.3 (64.0%)
32	KOWALIK Anna	2384	UMCS BIEGA	Master Kobiet	5	00:38:29	02:13:53.65	02:14:00.75	+00:48:27 (36.2%)	5:49	10.3 (64.0%)
33	GONZALEZ Anabel	2391		Senior Kobiet	4	00:35:57	02:15:41.35	02:15:46.00	+00:50:12 (37.0%)	5:53	10.2 (63.4%)
34	DERKOWSKA Ewelina	2316		Senior Kobiet	5	00:37:24	02:16:55.50	02:17:05.25	+00:51:31 (37.6%)	5:57	10.1 (62.7%)
35	DERKOWSKI Rafał	2317		Senior Mężczyzn	10	00:37:24	02:16:55.05	02:17:05.30	+00:51:31 (37.6%)	5:57	10.1 (62.7%)
36	ZIĘTEK Krzysztof	2421	ADIDAS RUNNERS WARSAW	Weteran Mężczyzn	5	00:36:23	02:17:24.15	02:17:42.70	+00:52:09 (37.9%)	5:58	10 (62.1%)
37	BIERWIACZONEK Krzysztof	2404		Master Mężczyzn	9	00:35:46	02:17:49.50	02:18:01.00	+00:52:27 (38.0%)	5:59	10 (62.1%)
38	SABAJ Piotr	2322	PRO-MILE TEAM	Master Mężczyzn	10	00:34:43	02:19:16.05	02:19:21.60	+00:53:48 (38.6%)	6:03	9.9 (61.5%)
39	KRUKOWSKI Robert	2340	PLATINIUM CROSS	Master Mężczyzn	11	00:36:27	02:19:25.50	02:19:34.40	+00:54:00 (38.7%)	6:03	9.9 (61.5%)

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40	JANAS Ewa	2361	AZS AWF KRAKÓW MASTETS	Weteran Kobiet	3	00:35:58	02:19:20.20	02:19:34.70	+00:54:01 (38.7%)	6:03	9.9 (61.5%)
41	SZCZEKALA Lukasz	2324	PRO-MILE TEAM	Senior Mężczyzn	11	00:36:23	02:20:13.25	02:20:17.50	+00:54:43 (39.0%)	6:05	9.8 (60.9%)
42	ŚWIĄTEK Łukasz	2350	GVT	Senior Mężczyzn	12	00:35:55	02:20:15.55	02:20:30.35	+00:54:56 (39.1%)	6:05	9.8 (60.9%)
43	RYCHARSKI Michał	2341		Master Mężczyzn	12	00:39:00	02:20:21.85	02:20:33.40	+00:54:59 (39.1%)	6:06	9.8 (60.9%)
44	SKROBAŃSKA Laura	2310	SKROBKITEAM	Senior Kobiet	6	00:40:02	02:20:38.60	02:20:48.50	+00:55:14 (39.2%)	6:06	9.8 (60.9%)
45	MAKUŁOWICZ Anna	2337		Senior Kobiet	7		02:23:33.00	02:23:33.00	+00:57:59 (40.4%)	6:14	9.6 (59.6%)
46	PRAŁAT Dawid	2306	PZU SPORT TEAM	Master Mężczyzn	13	00:36:06	02:24:56.85	02:25:10.95	+00:59:37 (41.1%)	6:18	9.5 (59.0%)
47	BIDAS Paweł	2308	BIKE EQUIPA SANDOMIERZ	Weteran Mężczyzn	6	00:37:01	02:26:29.85	02:26:47.95	+01:01:14 (41.7%)	6:22	9.4 (58.4%)
48	MAJCHRZAK Agnieszka	2356	NESSI TEAM	Master Kobiet	6	00:38:30	02:26:53.60	02:27:02.55	+01:01:28 (41.8%)	6:23	9.4 (58.4%)
49	STARAKIEWICZ Szymon	2390		Master Mężczyzn	14	00:41:45	02:31:07.40	02:31:19.75	+01:05:46 (43.5%)	6:34	9.1 (56.5%)
50	ZARZYCKI Marcin	2347		Weteran Mężczyzn	7	00:36:57	02:31:27.75	02:31:32.80	+01:05:59 (43.5%)	6:35	9.1 (56.5%)
51	KRUPA Ewa	2389		Senior Kobiet	8	00:42:40	02:32:55.75	02:32:59.90	+01:07:26 (44.1%)	6:38	9 (55.9%)
52	ANDREASIK Mariusz	2323	PRO-MILE TEAM	Senior Mężczyzn	13	00:36:35	02:33:55.15	02:33:59.55	+01:08:25 (44.4%)	6:41	9 (55.9%)
53	JANOWSKI Sylwester	222		Master Mężczyzn	15	00:39:42	02:35:34.40	02:35:52.65	+01:10:19 (45.1%)	6:45	8.9 (55.3%)
54	MADEJ Weronika	2411		Senior Kobiet	9	00:44:20	02:36:51.20	02:37:02.15	+01:11:28 (45.5%)	6:49	8.8 (54.7%)
55	BOGUMIL Sylwia	2365		Senior Kobiet	10	00:44:28	02:38:23.55	02:38:35.00	+01:13:01 (46.0%)	6:53	8.7 (54.0%)
56	DZIÓBEK Sylwia	2332		Master Kobiet	7	00:43:57	02:39:51.05	02:40:00.10	+01:14:26 (46.5%)	6:57	8.6 (53.4%)
57	KRUKOWSKA Ewa	2339	PLATINIUM CROSS	Master Kobiet	8	00:41:33	02:40:35.35	02:40:44.90	+01:15:11 (46.8%)	6:58	8.6 (53.4%)
58	SMOROŃSKI Artur	225	NIEZRZESZONY	Master Mężczyzn	16	00:42:43	02:40:43.60	02:40:56.50	+01:15:22 (46.8%)	6:59	8.6 (53.4%)
59	SZCZEŚNIAK Agnieszka	2314	SB SOBOLE	Master Kobiet	9	00:42:55	02:41:46.90	02:41:53.50	+01:16:19 (47.1%)	7:02	8.5 (52.8%)
60	SOBULSKI Karol	2311	SB SOBOLE	Weteran Mężczyzn	8	00:42:54	02:41:48.70	02:41:55.20	+01:16:21 (47.2%)	7:02	8.5 (52.8%)
61	PUACZ Szymon	2331	DRUŻYNA PIERŚCIENIA	Senior Mężczyzn	14	00:48:28	02:41:35.10	02:41:55.40	+01:16:21 (47.2%)	7:01	8.5 (52.8%)
62	MATYJAS Krzysztof	2333	DRUŻYNA PIERŚCIENIA	Senior Mężczyzn	15	00:48:27	02:41:34.95	02:41:55.50	+01:16:21 (47.2%)	7:01	8.5 (52.8%)

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63	KNAPCZYK Elżbieta	2415		Master Kobiet	10	00:46:03	02:42:24.55	02:42:27.40	+01:16:53 (47.3%)	7:03	8.5 (52.8%)
64	SENDECKI Rafał	2410	WAWRZYNTTEAM	Weteran Mężczyzn	9	00:46:02	02:42:24.05	02:42:27.60	+01:16:54 (47.3%)	7:03	8.5 (52.8%)
65	RZEPNIEWSKA Asia	230		Master Kobiet	11	00:43:49	02:42:52.50	02:42:58.05	+01:17:24 (47.5%)	7:04	8.5 (52.8%)
66	IDASZAK Patryk	2393		Master Mężczyzn	17	00:44:22	02:44:21.95	02:44:38.95	+01:19:05 (48.0%)	7:08	8.4 (52.2%)
67	ŁOŚ Krzysztof	2313	SBRT WARSZAWA	Dinozaur Mężczyzn	2	00:43:09	02:45:44.20	02:45:55.90	+01:20:22 (48.4%)	7:12	8.3 (51.6%)
68	KUGLER Kamila	2402		Senior Kobiet	11	00:44:56	02:46:30.10	02:46:37.20	+01:21:03 (48.6%)	7:14	8.3 (51.6%)
69	BALNER Sebastian	2392		Weteran Mężczyzn	10	00:44:58	02:47:20.10	02:47:26.60	+01:21:53 (48.9%)	7:16	8.2 (50.9%)
70	PIĘTA Aleksandra	2399		Senior Kobiet	12	00:50:42	02:47:53.45	02:47:56.30	+01:22:22 (49.1%)	7:17	8.2 (50.9%)
71	ZACZYK Jakub	2386		Master Mężczyzn	18	00:44:57	02:49:33.45	02:49:41.15	+01:24:07 (49.6%)	7:22	8.1 (50.3%)
72	ZACZYK Alicja	2387	MAMA W PELETONIE	Master Kobiet	12	00:44:16	02:49:33.90	02:49:41.45	+01:24:07 (49.6%)	7:22	8.1 (50.3%)
73	IWIŃSKI Adam	226	SAINT GOBAIN SQUAD	Master Mężczyzn	19	00:48:28	02:49:35.60	02:49:52.00	+01:24:18 (49.6%)	7:22	8.1 (50.3%)
74	PELCZER Agnieszka	2368	KB HARCOWNIK JELCZ-LASKOWICE	Weteran Kobiet	4	00:42:50	02:50:00.85	02:50:16.00	+01:24:42 (49.7%)	7:23	8.1 (50.3%)
75	KLEJNOWSKI Mateusz	2329	SOCIOS SILESIA	Senior Mężczyzn	16	00:46:35	02:50:50.15	02:51:02.15	+01:25:28 (50.0%)	7:25	8.1 (50.3%)
76	KLEJNOWSKA Katarzyna	2330	SOCIOS SILESIA	Senior Kobiet	13	00:46:37	02:51:34.60	02:51:46.90	+01:26:13 (50.2%)	7:27	8 (49.7%)
77	MIODEK Aleksandra	2377		Master Kobiet	13	00:46:06	02:51:47.10	02:51:53.35	+01:26:19 (50.2%)	7:28	8 (49.7%)
78	ARMACIŃSKA Edyta	2348		Senior Kobiet	14	00:47:12	02:53:14.00	02:53:23.65	+01:27:50 (50.7%)	7:31	8 (49.7%)
79	STRĄCZEK Urszula	2300	GISZOWIEC BIEGA RAZEM	Master Kobiet	14	00:45:57	02:53:24.20	02:53:29.60	+01:27:56 (50.7%)	7:32	8 (49.7%)
80	FURDYNA Maria	2394		Master Kobiet	15	00:44:35	02:53:40.95	02:53:49.30	+01:28:15 (50.8%)	7:33	7.9 (49.1%)
81	WIELICZKO Regina	2418		Master Kobiet	16	00:44:34	02:56:35.35	02:56:43.85	+01:31:10 (51.6%)	7:40	7.8 (48.4%)
82	PEĆAK Kamil	2351		Senior Mężczyzn	17	00:47:13	02:57:23.20	02:57:33.45	+01:31:59 (51.8%)	7:42	7.8 (48.4%)
83	SIKORSKI Mariusz	2326		Master Mężczyzn	20	00:45:37	02:59:04.00	02:59:17.95	+01:33:44 (52.3%)	7:47	7.7 (47.8%)
84	LACH Agnieszka	2364	NIEBIESKA	Weteran Kobiet	5	00:46:45	03:00:45.85	03:00:59.80	+01:35:26 (52.7%)	7:51	7.6 (47.2%)
85	POZYTYWNIEMIE ROZBIEGANA Magdalena	228		Senior Kobiet	15	00:45:38	03:00:49.65	03:01:03.25	+01:35:29 (52.7%)	7:51	7.6 (47.2%)

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86	DANYLOVA Alina	2376		Senior Kobiet	16	00:48:40	03:01:10.85	03:01:29.00	+01:35:55 (52.9%)	7:52	7.6 (47.2%)
87	PYSKATY Marta	2400	DZIKIE MUSTANGI	Master Kobiet	17	00:52:53	03:03:18.90	03:03:26.50	+01:37:52 (53.4%)	7:58	7.5 (46.6%)
88	PYSKATY Zuzanna	2401	DZIKIE MUSTANGI	Senior Kobiet	17	00:52:54	03:03:19.15	03:03:26.60	+01:37:53 (53.4%)	7:58	7.5 (46.6%)
89	KUBIK Wanda	2385		Master Kobiet	18	00:51:25	03:05:16.80	03:05:25.75	+01:39:52 (53.9%)	8:03	7.4 (46.0%)
90	KALINOWSKA Joanna	2388	ULTRA BESKID SPORT	Master Kobiet	19	00:51:25	03:05:16.65	03:05:25.80	+01:39:52 (53.9%)	8:03	7.4 (46.0%)
91	WARDAK Agnieszka	2353	RADZYMIN RUN TEAM	Weteran Kobiet	6	00:48:59	03:08:28.65	03:08:34.05	+01:43:00 (54.6%)	8:11	7.3 (45.3%)
92	WARDAK Tomasz	2352	RADZYMIN RUN TEAM	Weteran Mężczyzn	11	00:48:58	03:08:28.25	03:08:34.10	+01:43:00 (54.6%)	8:11	7.3 (45.3%)
93	HOŁUJ Barbara	2367		Weteran Kobiet	7	00:50:40	03:11:10.45	03:11:23.50	+01:45:49 (55.3%)	8:18	7.2 (44.7%)
94	STOŁOWSKA Natalia	2342		Master Kobiet	20	00:50:34	03:11:26.05	03:11:39.00	+01:46:05 (55.4%)	8:19	7.2 (44.7%)
95	POLEK Justyna	2334		Master Kobiet	21	00:53:02	03:13:29.80	03:13:39.95	+01:48:06 (55.8%)	8:24	7.1 (44.1%)
95	GIERASIMIUK-MERTA Ewelina	2335	RUN OR DIE	Master Kobiet	21	00:53:02	03:13:30.00	03:13:39.95	+01:48:06 (55.8%)	8:24	7.1 (44.1%)
97	SZCZABEL Aleksandra	2302		Senior Kobiet	18	00:51:16	03:14:04.75	03:14:16.15	+01:48:42 (56.0%)	8:26	7.1 (44.1%)
98	MACIEJEWSKA Beata	2319	BYLE DO PRZODUQ	Senior Kobiet	19	00:54:20	03:19:13.40	03:19:30.90	+01:53:57 (57.1%)	8:39	6.9 (42.9%)
99	FRAĆKOWIAK Anna	2349	KB HARCOWNIK	Weteran Kobiet	8	00:54:22	03:19:58.15	03:20:13.65	+01:54:40 (57.3%)	8:41	6.9 (42.9%)
100	POSMAN Katarzyna	2373		Master Kobiet	23	00:54:24	03:20:05.70	03:20:16.45	+01:54:42 (57.3%)	8:41	6.9 (42.9%)
101	ZIELIŃSKA Dorota	2372		Weteran Kobiet	9	00:54:25	03:20:06.15	03:20:17.05	+01:54:43 (57.3%)	8:42	6.9 (42.9%)
102	NOWOSAD Kamil	2419		Senior Mężczyzn	18	00:52:08	03:20:56.10	03:21:16.35	+01:55:42 (57.5%)	8:44	6.9 (42.9%)
103	ZALEŃSKA Katarzyna	223		Master Kobiet	24	00:49:18	03:22:13.85	03:22:22.35	+01:56:48 (57.7%)	8:47	6.8 (42.2%)
104	KOZA Grzegorz	229		Senior Mężczyzn	19	00:57:19	03:43:53.15	03:44:12.45	+02:18:38 (61.8%)	9:44	6.2 (38.5%)
105	SZABLA Mateusz	2358	SZABELKA TEAM	Senior Mężczyzn	20	00:57:20	03:43:53.50	03:44:12.90	+02:18:39 (61.8%)	9:44	6.2 (38.5%)
106	SZABLA Rafał	227		Senior Mężczyzn	21	00:57:20	03:43:53.70	03:44:13.55	+02:18:39 (61.8%)	9:44	6.2 (38.5%)
107	RUTKOWSKI Konrad	2371		Senior Mężczyzn	22	00:51:23	03:58:42.50	03:58:59.25	+02:33:25 (64.2%)	10:22	5.8 (36.0%)
108	SŁOMKA Karolina	2370		Senior Kobiet	20	00:51:22	03:58:42.75	03:58:59.35	+02:33:25 (64.2%)	10:22	5.8 (36.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Dursztyn 19km	Czas netto 23km	Czas brutto 23km	Różn	Tempo min/km	Tempo km/h
109	BUDYNEK Anna	2407		Senior Kobiet	21	00:58:14	04:05:05.80	04:05:24.05	+02:39:50 (65.1%)	10:39	5.6 (34.8%)

Znaleziono 109 wynik(ów)