



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

ULTRAJANOSIK
Fundacja Na Ratunek
2022-08-27
Przełęcz nad Łąpszanką
53 km

ULTRAJANOSIK 53 KM SPISKA PĘTLA

B4SPORT

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: Open K

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Trybsz 10km	Dursztyn 16km	Wioska Indiańska Kacwin 31km	Pensjonat Spiski 43km	Czas netto 53km	Czas brutto 53km	Różn	Tempo min/km	Tempo km/h
1	SKRZYPCZYK Paulina	5132	42K PRO TEAM	Senior Kobiet	1	00:49:33	01:32:08	03:11:51	04:37:27	06:01:10.95	06:01:13.95		6:48	8.8 (100%)
2	JUSTYNA Janus	5127	GOHARDORGOHOME	Senior Kobiet	2	00:51:48	01:37:35		04:57:01	06:28:13.10	06:28:16.20	+00:27:02 (7.0%)	7:19	8.2 (93.2%)
3	KONOPKA Sylwia	27		Weteran Kobiet	1	00:57:10	01:44:42	03:34:26	05:07:57	06:38:10.40	06:38:14.10	+00:37:00 (9.3%)	7:30	8 (90.9%)
4	ŁUKOWICZ Elzbieta	10		Weteran Kobiet	2	00:59:33	01:48:05	03:41:48	05:16:00	06:41:14.20	06:41:20.95	+00:40:07 (10.0%)	7:34	7.9 (89.8%)
5	PODODEMSKA-ZABDYR Izabela	5105	KS PEGAZ	Weteran Kobiet	3	00:57:19	01:44:27	03:34:56	05:13:29	06:52:58.55	06:53:14.65	+00:52:00 (12.6%)	7:47	7.7 (87.5%)
6	DAŃSKA Małgorzata	5051	LUCEK TEAM	Master Kobiet	1	00:57:51	01:48:19	03:46:13	05:30:03	07:02:41.75	07:02:48.90	+01:01:34 (14.6%)	7:58	7.5 (85.2%)
7	DZIADOWIEC Joanna	5173		Senior Kobiet	3	00:52:00	01:38:00	03:49:05	05:37:25	07:05:19.40	07:05:23.85	+01:04:09 (15.1%)	8:01	7.5 (85.2%)
8	CEBRAT Ewa	5150	KAMPEROWI BIEGACZE	Weteran Kobiet	4	00:56:05	01:47:54	03:57:45	05:47:14	07:24:46.25	07:24:51.85	+01:23:37 (18.8%)	8:23	7.1 (80.7%)
9	WYSOCKA Agnieszka	5170	BIEGAM ŻEBY ŻREĆ WIĘCEJ CIASTKÓW	Master Kobiet	2	00:58:10	01:49:40	04:00:11	05:47:54	07:25:18.60	07:25:31.45	+01:24:17 (18.9%)	8:24	7.1 (80.7%)
10	BOROWCZYK Sonia	5091		Senior Kobiet	4	00:57:33	01:48:25	03:47:34	05:36:12	07:26:24.80	07:26:32.20	+01:25:18 (19.1%)	8:25	7.1 (80.7%)
11	PIETRASZKO Barbara	5041	TEAM ZABIEGANEDNI	Master Kobiet	3	01:03:33	01:56:31	04:02:08	05:58:54	07:30:01.75	07:30:19.20	+01:29:05 (19.8%)	8:29	7.1 (80.7%)
12	JELONEK-WICHTOWSKA Aleksandra	5078		Senior Kobiet	5	01:05:08	02:00:29	04:05:11	06:08:54	07:52:23.60	07:53:13.65	+01:51:59 (23.7%)	8:54	6.7 (76.1%)
13	GOMÓŁKA Agata	5175	INPOST TEAM	Master Kobiet	4	00:53:39	01:50:38	04:05:38	06:11:11	07:53:38.80	07:53:42.00	+01:52:28 (23.7%)	8:56	6.7 (76.1%)
14	BUDA Barbara	5071		Master Kobiet	5	01:04:14	02:02:19	04:20:38	06:23:51	08:02:43.60	08:03:08.45	+02:01:54 (25.2%)	9:06	6.6 (75.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Wioska									Tempo min/km	Tempo km/h
						Trybsz 10km	Dursztyn 16km	Indiańska Kacwin 31km	Pensjonat Spiski 43km	Czas netto 53km	Czas brutto 53km	Różn				
15	KOWALIK Anna	5010	UMCS BIEGA	Master Kobiet	6	01:08:17	02:09:53	04:31:01	06:26:50	08:08:30.60	08:08:45.50	+02:07:31 (26.1%)	9:13	6.5 (73.9%)		
16	KACZÓWKA Teresa	5056		Weteran Kobiet	5	01:04:54	01:58:56	04:11:01	06:17:42	08:09:06.15	08:09:18.75	+02:08:04 (26.2%)	9:13	6.5 (73.9%)		
17	AFROUZ Afy	5143	BRAMHALL RUNNERS	Master Kobiet	7	01:04:48	02:06:59	03:56:18	06:26:34	08:09:33.00	08:09:33.00	+02:08:19 (26.2%)	9:14	6.5 (73.9%)		
18	NOWAK Natalia	5122	BIEGOWA KUŹNIA	Master Kobiet	8	01:10:20	02:11:52	04:38:42	06:30:53	08:11:10.90	08:11:26.65	+02:10:12 (26.5%)	9:16	6.5 (73.9%)		
19	OCHNIK Barbara	5016	V MAX ADAMÓW	Master Kobiet	9	01:02:35	02:05:39	04:16:25	06:26:13	08:12:16.65	08:12:26.25	+02:11:12 (26.6%)	9:17	6.5 (73.9%)		
20	KĘDZIORA Marta	5126	ŻUBRY RACE TEAM	Senior Kobiet	6	01:06:05	02:07:09	04:30:15	06:28:15	08:17:09.95	08:17:19.25	+02:16:05 (27.4%)	9:22	6.4 (72.7%)		
21	ŁOWICKA Maja	5046	AKTYWNI RAZEM	Senior Kobiet	7	01:07:32	02:06:04	04:31:26	06:36:47	08:23:06.00	08:23:21.40	+02:22:07 (28.2%)	9:29	6.3 (71.6%)		
22	MALISIEWICZ Anna	5166		Senior Kobiet	8	01:11:08	02:10:36	04:27:16	06:32:21	08:22:55.15	08:23:21.50	+02:22:07 (28.2%)	9:29	6.3 (71.6%)		
23	MAJ Magdalena	5145		Master Kobiet	10	01:07:27	02:04:57	04:29:32	06:40:42	08:24:14.55	08:24:27.25	+02:23:13 (28.4%)	9:30	6.3 (71.6%)		
24	SZKAMRUK Alicja	5086	EXTREMALNI RZEŹNICY NA RELAKSIE	Senior Kobiet	9	01:14:41	02:16:17	04:26:06	06:26:46	08:25:22.45	08:25:45.80	+02:24:31 (28.6%)	9:32	6.3 (71.6%)		
25	ŁUSZCZYNA Agata	5035	GMINA STRZELCE OPOLSKIE	Master Kobiet	11	01:01:15	01:57:23	04:24:45	06:42:24	08:38:44.50	08:38:56.15	+02:37:42 (30.4%)	9:47	6.1 (69.3%)		
26	BAKUN Jolanta	5005	CHEŁM	Weteran Kobiet	6	01:05:09	02:00:19	04:23:21	06:41:53	08:41:37.80	08:41:52.10	+02:40:38 (30.8%)	9:50	6.1 (69.3%)		
27	LIGENZA Natalia	5059		Master Kobiet	12	01:04:12	02:07:09	04:36:39	06:47:24	08:42:55.25	08:43:08.50	+02:41:54 (30.9%)	9:51	6.1 (69.3%)		
28	ZABŁOCKA Małgorzata	5079	NATIONALE NEDERLANDEN	Master Kobiet	13	01:06:41	02:04:55	04:37:07	06:51:34	08:45:38.80	08:45:51.75	+02:44:37 (31.3%)	9:55	6 (68.2%)		
29	KORZENIOWSKA Joanna	5007	UMCS BIEGA/ AKM PROMILEK	Master Kobiet	14	01:08:21	02:09:53	04:33:26	06:47:19	08:46:14.25	08:46:28.75	+02:45:14 (31.4%)	9:55	6 (68.2%)		
30	ZYWERT Agnieszka	5099		Master Kobiet	15	01:05:11	02:04:53	04:30:27	06:47:58	08:50:51.85	08:51:08.60	+02:49:54 (32.0%)	10:00	6 (68.2%)		
31	MRACHACZ Dorota	5042	MIECHOWICKA GRUPA BIEGOWA	Weteran Kobiet	7	01:12:47	02:10:37	04:46:37	07:01:17	08:56:14.35	08:56:37.50	+02:55:23 (32.7%)	10:07	5.9 (67.0%)		
32	FRANKOWSKA Dorota	5017		Weteran Kobiet	8	01:14:38	02:15:38	04:51:26	07:14:54	09:08:58.25	09:09:16.75	+03:08:02 (34.2%)	10:21	5.8 (65.9%)		
33	MROZIŃSKA Renata	5044		Master Kobiet	16	01:07:41	02:08:17	04:55:52	07:15:00	09:15:14.00	09:15:27.85	+03:14:13 (35.0%)	10:28	5.7 (64.8%)		
34	RUTKOWSKA Małgorzata	5006		Weteran Kobiet	9	01:15:49	02:23:13	04:55:56	07:14:46	09:16:15.95	09:16:22.10	+03:15:08 (35.1%)	10:29	5.7 (64.8%)		
35	BARAN Joanna	5024		Master Kobiet	17	01:08:48	02:10:39	04:38:31	07:08:05	09:17:05.15	09:17:22.30	+03:16:08 (35.2%)	10:30	5.7 (64.8%)		
36	ŻBIKOWSKA Mama Marynarza	5116	SPC	Weteran Kobiet	10	01:09:04	02:16:55	05:03:36	07:23:19	09:23:17.70	09:23:29.20	+03:22:15 (35.9%)	10:37	5.6 (63.6%)		
37	HUNKIEWICZ Ewelina	5085	MARKOWI BIEGACZE	Weteran Kobiet	11	01:11:49	02:18:29	05:02:22	07:29:40	09:26:45.90	09:27:05.60	+03:25:51 (36.3%)	10:41	5.6 (63.6%)		

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Trybsz 10km	Dursztyn 16km	Wioska Indiańska Kacwin 31km	Pensjonat Spiski 43km	Czas netto 53km	Czas brutto 53km	Różn	Tempo min/km	Tempo km/h
38	LIPINSKA Katarzyna	5084	MARKOWI BIEGACZE	Master Kobiet	18	01:11:53	02:18:29	05:02:11	07:29:41	09:26:46.65	09:27:05.75	+03:25:51 (36.3%)	10:41	5.6 (63.6%)
39	NYKIEL Małgorzata	5019	MIECHOWICKA GRUPA BIEGOWA	Weteran Kobiet	12	01:12:54	02:15:11	05:10:04	07:26:27	09:33:18.05	09:33:40.10	+03:32:26 (37.0%)	10:49	5.5 (62.5%)
40	SZCZYPKOWSKA Kinga	2071	ZABIEGANY WOŁOMIN	Master Kobiet	19	01:09:14	02:14:41	05:16:03	07:47:38	09:52:48.60	09:52:56.40	+03:51:42 (39.1%)	11:11	5.4 (61.4%)
41	RZENNO Dagmara	5009	MIECHOWICKA GRUPA BIEGOWA	Weteran Kobiet	13	01:17:02	02:26:39	05:21:37	08:02:38	10:23:00.35	10:23:21.50	+04:22:07 (42.1%)	11:45	5.1 (58.0%)
42	MAZUR-RUBINSKA Milena	5171		Master Kobiet	20	01:17:12	02:26:40	05:21:47	08:02:42	10:23:01.05	10:23:21.85	+04:22:07 (42.1%)	11:45	5.1 (58.0%)
42	WRĘCZYCKA Izabela	5072	CIDRY LOTAJOM	Weteran Kobiet	14	01:17:14	02:26:38	05:21:32	08:02:34	10:22:59.35	10:23:21.85	+04:22:07 (42.1%)	11:45	5.1 (58.0%)
44	SZKAMRUK Małgorzata	5082	EXTREMALNI RZEŹNICY NA RELAKSIE	Master Kobiet	21	01:20:42	02:34:20	05:50:52	08:31:26	10:51:25.55	10:51:50.05	+04:50:36 (44.6%)	12:17	4.9 (55.7%)
	MOLASY Dorota	5027	AKTYWNIE Z MOLKAMI	Senior Kobiet		00:58:44 DNF	01:52:54 DNF	04:10:26	DNF	DNF	DNF		-	- (0.0%)
	KURUC Maria	25		Senior Kobiet		00:59:48 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 46 wynik(ów)