

# ULTRAJANOSIK 55 KM SPISKA PĘTLA

B4SPORT

**Wydarzenie:** ULTRAJANOSIK 2019  
**Organizator:** Fundacja Na Ratunek  
**Data:** 2019-08-31  
**Miejsce:** Zespół Rekreacyjny Polana Sosny - Niedzica  
**Dystans:** 55 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Master Mężczyzn

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Kacwin 11km	Dursztyn 38km	Czas netto 55km	Czas brutto 55km	Różn	Tempo min/km	Tempo km/h
1	<b>GRONDYS Paweł</b>	<b>5081</b>		Master Mężczyzn	1	01:17:20	04:12:02	<b>05:58:55.00</b>	<b>05:59:00.10</b>		6:31	9.2 (100%)
2	<b>BANIAK Marcin</b>	<b>5010</b>	G.O.A.T. TEAM MICHAŁOWICE	Master Mężczyzn	2	01:12:41	04:16:34	<b>06:12:17.80</b>	<b>06:12:19.40</b>	+00:13:19 (3.6%)	6:46	8.9 (96.7%)
3	<b>WARWAS Radosław</b>	<b>5261</b>		Master Mężczyzn	3	01:20:59	04:17:16	<b>06:13:46.05</b>	<b>06:14:07.95</b>	+00:15:07 (4.0%)	6:47	8.8 (95.7%)
4	<b>ZALEWSKI Karol</b>	<b>5285</b>	JATRENUJE	Master Mężczyzn	4	01:14:21	04:23:48	<b>06:19:08.95</b>	<b>06:19:10.80</b>	+00:20:10 (5.3%)	6:53	8.7 (94.6%)
5	<b>TAJCHMAN Jarosław</b>	<b>5251</b>	STAJNIA BALONA	Master Mężczyzn	5	01:28:36	04:43:26	<b>06:26:55.65</b>	<b>06:27:00.85</b>	+00:28:00 (7.2%)	7:02	8.5 (92.4%)
6	<b>MUSZYŃSKI Krzysztof</b>	<b>5168</b>		Master Mężczyzn	6	01:21:04	04:20:33	<b>06:26:55.40</b>	<b>06:27:05.10</b>	+00:28:05 (7.3%)	7:02	8.5 (92.4%)
7	<b>DZIEDZIC Witold</b>	<b>5059</b>	RZESZOWSKIE GAZELE I GEPARDY	Master Mężczyzn	7	01:22:14	04:30:44	<b>06:35:08.75</b>	<b>06:35:19.55</b>	+00:36:19 (9.2%)	7:11	8.4 (91.3%)
8	<b>SNARSKI Piotr</b>	<b>5233</b>	REEBOK RUN CREW	Master Mężczyzn	8	01:21:50	04:34:32	<b>06:42:03.95</b>	<b>06:42:19.45</b>	+00:43:19 (10.8%)	7:18	8.2 (89.1%)
9	<b>AGRES Paweł</b>	<b>5002</b>	KW KOTŁOWNIA	Master Mężczyzn	9	01:24:36	04:40:55	<b>06:42:49.80</b>	<b>06:42:59.10</b>	+00:43:59 (10.9%)	7:19	8.2 (89.1%)
10	<b>ARMATA Adam</b>	<b>5006</b>		Master Mężczyzn	10	01:20:13	04:36:43	<b>06:44:50.00</b>	<b>06:44:59.10</b>	+00:45:59 (11.4%)	7:21	8.2 (89.1%)
11	<b>BISOWSKI Mariusz</b>	<b>5019</b>	KOZY W UCHU	Master Mężczyzn	11	01:26:32	04:47:24	<b>06:48:09.30</b>	<b>06:48:14.35</b>	+00:49:14 (12.1%)	7:25	8.1 (88.0%)
12	<b>MURAK Robert</b>	<b>5167</b>		Master Mężczyzn	12	01:20:58	04:39:07	<b>06:59:32.55</b>	<b>06:59:54.40</b>	+01:00:54 (14.5%)	7:37	7.9 (85.9%)
13	<b>ŁUKOWIAK Karol</b>	<b>5145</b>	MUKS SZOK BOJANOWO	Master Mężczyzn	13	01:33:58	05:00:59	<b>07:02:46.70</b>	<b>07:03:09.95</b>	+01:04:09 (15.2%)	7:41	7.8 (84.8%)
14	<b>STAŃKO Paweł</b>	<b>5305</b>	BIESY I CZORTY	Master Mężczyzn	14	01:17:00	04:40:20	<b>07:08:23.95</b>	<b>07:08:27.75</b>	+01:09:27 (16.2%)	7:47	7.7 (83.7%)
15	<b>NOWAK Michał</b>	<b>5175</b>	DW KINGA	Master Mężczyzn	15	01:37:20	05:02:39	<b>07:12:27.25</b>	<b>07:12:57.60</b>	+01:13:57 (17.1%)	7:51	7.6 (82.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Kacwin 11km	Dursztyn 38km	Czas netto 55km	Czas brutto 55km	Różn	Tempo min/km	Tempo km/h
16	<b>JAMROZIAK Grzegorz</b>	<b>5089</b>	KB KAMIEŃ POMORSKI	Master Mężczyzn	16	01:33:39	04:58:46	<b>07:14:22.10</b>	<b>07:14:42.60</b>	+01:15:42 (17.4%)	7:53	7.6 (82.6%)
17	<b>JANIK Rafał</b>	<b>5092</b>	GMINA STRZELCE OPOLSKIE	Master Mężczyzn	17	01:21:18	04:48:39	<b>07:18:01.85</b>	<b>07:18:03.70</b>	+01:19:03 (18.0%)	7:57	7.5 (81.5%)
18	<b>PAWLIK Łukasz</b>	<b>5190</b>	GDÓW PROUD RUNNERS	Master Mężczyzn	18	01:31:01	04:58:12	<b>07:19:01.50</b>	<b>07:19:19.55</b>	+01:20:19 (18.3%)	7:58	7.5 (81.5%)
19	<b>BOHUCKI Piotr</b>	<b>5023</b>		Master Mężczyzn	19	01:34:23	05:04:29	<b>07:20:49.05</b>	<b>07:21:23.50</b>	+01:22:23 (18.7%)	8:00	7.5 (81.5%)
20	<b>SADOWSKI Mariusz</b>	<b>5221</b>	EDC EXPERT	Master Mężczyzn	20	01:36:08	05:07:12	<b>07:25:08.55</b>	<b>07:25:40.80</b>	+01:26:40 (19.4%)	8:05	7.4 (80.4%)
21	<b>STANGIERSKI Adam</b>	<b>5299</b>		Master Mężczyzn	21	01:39:33	05:19:59	<b>07:29:07.35</b>	<b>07:29:51.25</b>	+01:30:51 (20.2%)	8:09	7.3 (79.3%)
22	<b>BELKIEWICZ Rafał</b>	<b>5014</b>	KABATY ULTRA	Master Mężczyzn	22	01:32:49	05:10:44	<b>07:34:42.80</b>	<b>07:34:48.50</b>	+01:35:48 (21.1%)	8:16	7.3 (79.3%)
23	<b>RYCERSKI Rafał</b>	<b>5218</b>		Master Mężczyzn	23	01:24:01	05:20:17	<b>07:35:48.85</b>	<b>07:35:51.20</b>	+01:36:51 (21.2%)	8:17	7.2 (78.3%)
24	<b>ZDUNEK Michał</b>	<b>5289</b>	EUROSOFT TEAM / WKURW_TEAM	Master Mężczyzn	24	01:31:50	05:09:34	<b>07:37:14.95</b>	<b>07:37:20.05</b>	+01:38:19 (21.5%)	8:18	7.2 (78.3%)
25	<b>FURMAŃSKI Jakub</b>	<b>5070</b>		Master Mężczyzn	25	01:29:28	05:03:43	<b>07:38:11.95</b>	<b>07:38:16.45</b>	+01:39:16 (21.7%)	8:19	7.2 (78.3%)
26	<b>PASTUŁA Łukasz</b>	<b>5185</b>		Master Mężczyzn	26	01:35:51	05:16:07	<b>07:39:14.50</b>	<b>07:39:25.55</b>	+01:40:25 (21.9%)	8:20	7.2 (78.3%)
27	<b>ERENBERG Rafał</b>	<b>5060</b>	EDC EXPERT	Master Mężczyzn	27	01:37:01	05:17:30	<b>07:39:38.30</b>	<b>07:40:10.75</b>	+01:41:10 (22.0%)	8:21	7.2 (78.3%)
28	<b>KOWALSKI Daniel</b>	<b>5122</b>	BIEGAJĄCY ŚWIDNIK	Master Mężczyzn	28	01:31:51	05:11:06	<b>07:41:32.75</b>	<b>07:41:42.30</b>	+01:42:42 (22.2%)	8:23	7.1 (77.2%)
29	<b>RAMOTOWSKI Marcin</b>	<b>5214</b>		Master Mężczyzn	29	01:31:45	05:14:39	<b>07:41:46.60</b>	<b>07:42:02.70</b>	+01:43:02 (22.3%)	8:23	7.1 (77.2%)
30	<b>SEKMAN Tomasz</b>	<b>5223</b>		Master Mężczyzn	30	01:30:55	05:20:13	<b>07:46:29.40</b>	<b>07:46:41.55</b>	+01:47:41 (23.1%)	8:28	7.1 (77.2%)
31	<b>GÓRKA Piotr</b>	<b>5080</b>	1982	Master Mężczyzn	31	01:40:56	05:28:51	<b>07:46:42.70</b>	<b>07:47:03.70</b>	+01:48:03 (23.1%)	8:29	7.1 (77.2%)
32	<b>KŁODZIŃSKI Karol</b>	<b>5109</b>		Master Mężczyzn	32	01:39:23	05:28:04	<b>07:48:27.55</b>	<b>07:48:43.55</b>	+01:49:43 (23.4%)	8:31	7 (76.1%)
33	<b>WASIELEWSKI Oskar</b>	<b>5262</b>		Master Mężczyzn	33	01:38:20	05:26:00	<b>07:52:52.95</b>	<b>07:53:06.60</b>	+01:54:06 (24.1%)	8:35	7 (76.1%)
34	<b>KOWALCZYK Marcin</b>	<b>5119</b>		Master Mężczyzn	34	01:30:44	05:20:28	<b>07:53:26.40</b>	<b>07:53:34.05</b>	+01:54:33 (24.2%)	8:36	7 (76.1%)
35	<b>STELMASZCZYK Bartłomiej</b>	<b>5239</b>		Master Mężczyzn	35	01:39:29	05:36:29	<b>07:53:46.85</b>	<b>07:54:07.35</b>	+01:55:07 (24.3%)	8:36	7 (76.1%)
36	<b>PAWELEC Przemysław</b>	<b>5188</b>		Master Mężczyzn	36	01:27:51	05:19:17	<b>07:56:29.45</b>	<b>07:56:38.40</b>	+01:57:38 (24.7%)	8:39	6.9 (75.0%)
37	<b>SALAŚ Krzysztof</b>	<b>5222</b>	TIGER FAJA FAJA	Master Mężczyzn	37	01:37:46	05:26:46	<b>07:56:37.25</b>	<b>07:56:40.35</b>	+01:57:40 (24.7%)	8:39	6.9 (75.0%)
38	<b>BARSZCZ Bartosz</b>	<b>5012</b>	GAMBLERS RUNNING	Master Mężczyzn	38	01:37:47	05:26:53	<b>07:58:41.20</b>	<b>07:58:43.80</b>	+01:59:43 (25.0%)	8:42	6.9 (75.0%)

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39	<b>KOCIOŁEK Krzysztof</b>	<b>5112</b>	LUBRYKANT MAFIA	Master Mężczyzn	39	01:41:56	05:37:22	<b>07:59:37.70</b>	<b>08:00:11.05</b>	+02:01:10 (25.2%)	8:43	6.9 (75.0%)
40	<b>GOLEC Tomasz</b>	<b>5076</b>	BART TEAM	Master Mężczyzn	40	01:37:04	05:28:30	<b>08:00:09.00</b>	<b>08:00:12.75</b>	+02:01:12 (25.2%)	8:43	6.9 (75.0%)
41	<b>WOŁOSZYN Piotr</b>	<b>5278</b>	PIORUN	Master Mężczyzn	41	01:44:43	05:35:32	<b>08:02:02.15</b>	<b>08:02:10.95</b>	+02:03:10 (25.5%)	8:45	6.8 (73.9%)
42	<b>SŁABOŃ Mariusz</b>	<b>5231</b>	KIWK-A BIEGA	Master Mężczyzn	42	01:32:09	05:16:34	<b>08:08:48.90</b>	<b>08:09:02.40</b>	+02:10:02 (26.6%)	8:53	6.8 (73.9%)
43	<b>SŁONAWSKI Łukasz</b>	<b>5232</b>	ULTRAJANUSZE	Master Mężczyzn	43	01:41:59	05:33:08	<b>08:08:37.20</b>	<b>08:09:20.35</b>	+02:10:20 (26.6%)	8:53	6.8 (73.9%)
44	<b>PRZYBYŁOWICZ Łukasz</b>	<b>5209</b>	GOPR KRYNICA	Master Mężczyzn	44	01:47:33	05:47:18	<b>08:13:11.50</b>	<b>08:13:27.30</b>	+02:14:27 (27.2%)	8:58	6.7 (72.8%)
45	<b>SKRZYŃSKI Mirosław</b>	<b>5229</b>		Master Mężczyzn	45	01:27:32	05:22:46	<b>08:13:58.60</b>	<b>08:14:06.60</b>	+02:15:06 (27.3%)	8:58	6.7 (72.8%)
46	<b>STASIOWSKI Rafał</b>	<b>5238</b>	FREELANCER	Master Mężczyzn	46	01:41:16		<b>08:25:55.20</b>	<b>08:26:15.15</b>	+02:27:15 (29.1%)	9:11	6.5 (70.7%)
47	<b>QUINN Andy</b>	<b>5212</b>		Master Mężczyzn	47	01:42:48	05:44:07	<b>08:26:01.30</b>	<b>08:26:16.60</b>	+02:27:16 (29.1%)	9:12	6.5 (70.7%)
48	<b>NOWAKOWSKI Lukasz</b>	<b>5177</b>	LOTOS TEAM - SOBCZAK TEAM	Master Mężczyzn	48	01:47:32	05:50:24	<b>08:26:55.00</b>	<b>08:27:11.25</b>	+02:28:11 (29.2%)	9:13	6.5 (70.7%)
49	<b>WAJCOWICZ Witold</b>	<b>5258</b>	KILOMETRY ODDECHÓW	Master Mężczyzn	49	01:47:32	05:49:38	<b>08:28:58.25</b>	<b>08:29:18.75</b>	+02:30:18 (29.5%)	9:15	6.5 (70.7%)
50	<b>KIEŁEK Przemysław</b>	<b>5106</b>	DOGOŃ GRODZISK MAZOWIECKI	Master Mężczyzn	50	01:46:15	05:49:01	<b>08:29:42.00</b>	<b>08:30:21.20</b>	+02:31:21 (29.7%)	9:16	6.5 (70.7%)
51	<b>SIMO Peter</b>	<b>5227</b>		Master Mężczyzn	51	01:48:52	05:55:31	<b>08:31:14.35</b>	<b>08:31:40.80</b>	+02:32:40 (29.8%)	9:17	6.5 (70.7%)
52	<b>MAGIERA Paweł</b>	<b>5149</b>		Master Mężczyzn	52	01:44:14	06:00:48	<b>08:32:23.95</b>	<b>08:32:37.85</b>	+02:33:37 (30.0%)	9:18	6.4 (69.6%)
53	<b>SOBEL Adrian</b>	<b>5234</b>	BIEGIEM PRZEZ GÓRY	Master Mężczyzn	53	01:41:34	06:00:47	<b>08:32:27.00</b>	<b>08:32:41.15</b>	+02:33:41 (30.0%)	9:19	6.4 (69.6%)
54	<b>NICIEJA Krzysztof</b>	<b>5171</b>	AUUUUU	Master Mężczyzn	54			<b>08:33:00.70</b>	<b>08:33:00.70</b>	+02:34:00 (30.0%)	9:19	6.4 (69.6%)
55	<b>KULCZYŃSKI Michał</b>	<b>5127</b>		Master Mężczyzn	55	01:54:38	06:06:35	<b>08:34:56.35</b>	<b>08:35:15.85</b>	+02:36:15 (30.3%)	9:21	6.4 (69.6%)
56	<b>NIEWIADA Maciej</b>	<b>5173</b>	EXPLORADOR	Master Mężczyzn	56	01:52:48	05:56:57	<b>08:35:19.50</b>	<b>08:35:45.80</b>	+02:36:45 (30.4%)	9:22	6.4 (69.6%)
57	<b>ANTOŃCZAK Marek</b>	<b>5005</b>	KRASNYSTAW BIEGA	Master Mężczyzn	57	01:59:06	06:12:49	<b>08:40:25.50</b>	<b>08:40:53.40</b>	+02:41:53 (31.1%)	9:27	6.3 (68.5%)
58	<b>WENCEL Jarek</b>	<b>5265</b>	EXPLORADOR	Master Mężczyzn	58	01:52:48	05:56:57	<b>08:41:03.30</b>	<b>08:41:30.70</b>	+02:42:30 (31.2%)	9:28	6.3 (68.5%)
59	<b>BŁACHNO Marcin</b>	<b>5020</b>	ANIOŁKI CHARLIEGO	Master Mężczyzn	59	01:46:22	06:01:39	<b>08:42:03.20</b>	<b>08:42:42.75</b>	+02:43:42 (31.3%)	9:29	6.3 (68.5%)
60	<b>PIĄTEK Rafał</b>	<b>5195</b>	OBLĘŚNI BIEGACZE	Master Mężczyzn	60	01:53:09	06:11:06	<b>08:44:35.45</b>	<b>08:44:41.30</b>	+02:45:41 (31.6%)	9:32	6.3 (68.5%)
61	<b>MAJER Damian</b>	<b>5150</b>	YNO ULTRA	Master Mężczyzn	61	01:36:51	06:13:50	<b>08:44:49.55</b>	<b>08:45:30.45</b>	+02:46:30 (31.7%)	9:32	6.3 (68.5%)

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62	<b>CHUDYBA Michał</b>	<b>5036</b>		Master Mężczyzn	62	01:52:44	06:01:17	<b>08:45:06.95</b>	<b>08:45:44.95</b>	+02:46:44 (31.7%)	9:32	6.3 (68.5%)
63	<b>NADULSKI Piotr</b>	<b>5297</b>	GOOD SPACE	Master Mężczyzn	63	01:46:42	06:14:18	<b>08:46:30.15</b>	<b>08:46:46.20</b>	+02:47:46 (31.8%)	9:34	6.3 (68.5%)
64	<b>FRANKIEWICZ Jakub</b>	<b>5067</b>		Master Mężczyzn	64	01:46:22	06:03:49	<b>08:46:22.35</b>	<b>08:47:01.50</b>	+02:48:01 (31.9%)	9:34	6.3 (68.5%)
65	<b>KRÓL Mieczysław</b>	<b>5126</b>	BIEG OPOLSKI / ULTRATATA	Master Mężczyzn	65	01:56:34	06:08:34	<b>08:49:31.80</b>	<b>08:50:12.60</b>	+02:51:12 (32.3%)	9:37	6.2 (67.4%)
66	<b>ADAMSKI Łukasz</b>	<b>5001</b>	BIEGAM BO NIE LUBIĘ	Master Mężczyzn	66	01:56:29	06:20:40	<b>08:54:10.15</b>	<b>08:54:22.00</b>	+02:55:21 (32.8%)	9:42	6.2 (67.4%)
67	<b>PLACHA Piotr</b>	<b>5201</b>	KOPALNIA MOCY TARNOBRZEG	Master Mężczyzn	67	01:50:21	06:11:24	<b>08:54:19.20</b>	<b>08:54:49.20</b>	+02:55:49 (32.9%)	9:42	6.2 (67.4%)
68	<b>PRZEWŁOKA Wojciech</b>	<b>5208</b>	SAINT-GOBAIN SQUAD	Master Mężczyzn	68	01:41:18	05:50:51	<b>08:57:43.40</b>	<b>08:57:51.10</b>	+02:58:51 (33.3%)	9:46	6.1 (66.3%)
69	<b>BRYŁA Krzysztof</b>	<b>5030</b>	FOR-REST-RUN KOSZALIN	Master Mężczyzn	69	01:48:57	06:20:23	<b>08:57:58.85</b>	<b>08:58:06.90</b>	+02:59:06 (33.3%)	9:46	6.1 (66.3%)
70	<b>ŁODZIANA Andrzej</b>	<b>5143</b>	CROSSFIT POŁUDNIE	Master Mężczyzn	70	01:36:26	06:04:25	<b>09:02:02.70</b>	<b>09:02:11.15</b>	+03:03:11 (33.8%)	9:51	6.1 (66.3%)
71	<b>KOCZUR Tomasz</b>	<b>5114</b>	BOSS TEAM	Master Mężczyzn	71	01:51:49	06:18:48	<b>09:02:48.90</b>	<b>09:03:06.70</b>	+03:04:06 (33.9%)	9:52	6.1 (66.3%)
72	<b>FRIEZE Krzysztof</b>	<b>5068</b>		Master Mężczyzn	72	01:56:18	06:22:17	<b>09:04:46.50</b>	<b>09:05:11.60</b>	+03:06:11 (34.2%)	9:54	6.1 (66.3%)
73	<b>FRANICA Krystian</b>	<b>5066</b>	KS FORMA WODZISLAW	Master Mężczyzn	73	01:47:42	06:16:44	<b>09:11:35.10</b>	<b>09:11:58.55</b>	+03:12:58 (35.0%)	10:01	6 (65.2%)
74	<b>BANACH Sebastian</b>	<b>5008</b>	YNO ULTRA	Master Mężczyzn	74	01:53:53	06:22:55	<b>09:12:05.70</b>	<b>09:12:47.40</b>	+03:13:47 (35.1%)	10:02	6 (65.2%)
75	<b>DUBIŃSKI Przemysław</b>	<b>5056</b>	PRZEMEK DUBIŃSKI - BIEGIEMPRZEZŚWIAT	Master Mężczyzn	75	01:55:54	06:22:00	<b>09:13:03.10</b>	<b>09:13:46.25</b>	+03:14:46 (35.2%)	10:03	6 (65.2%)
76	<b>SUSKI Józef</b>	<b>5242</b>	AGB TORFY	Master Mężczyzn	76	02:05:29	06:37:02	<b>09:13:25.60</b>	<b>09:13:58.80</b>	+03:14:58 (35.2%)	10:03	6 (65.2%)
77	<b>MYTNIK Wojciech</b>	<b>5170</b>	OBIBOKI	Master Mężczyzn	77	01:54:18	06:22:23	<b>09:15:16.35</b>	<b>09:15:48.85</b>	+03:16:48 (35.4%)	10:05	5.9 (64.1%)
78	<b>JASIŃSKI Krzysztof</b>	<b>5094</b>	GRUBE KORZENIE	Master Mężczyzn	78	01:32:02	05:33:35	<b>09:18:03.25</b>	<b>09:18:13.25</b>	+03:19:13 (35.7%)	10:08	5.9 (64.1%)
79	<b>CZERNYSZ Grzegorz</b>	<b>5044</b>	SZWAGIERKOLASKA	Master Mężczyzn	79	01:44:40	06:21:23	<b>09:20:34.65</b>	<b>09:20:46.00</b>	+03:21:45 (36.0%)	10:11	5.9 (64.1%)
80	<b>PIĄTEK Tomasz</b>	<b>5194</b>	WILDBUCHAYS	Master Mężczyzn	80	01:51:02	06:20:09	<b>09:21:06.55</b>	<b>09:21:25.50</b>	+03:22:25 (36.1%)	10:12	5.9 (64.1%)
81	<b>BYRSKI Henryk</b>	<b>5306</b>	WILDBUCHAYS	Master Mężczyzn	81	01:51:02	06:20:07	<b>09:21:07.60</b>	<b>09:21:25.85</b>	+03:22:25 (36.1%)	10:12	5.9 (64.1%)
82	<b>DWORAK Adam</b>	<b>5058</b>	TAJFUN	Master Mężczyzn	82	01:49:13	06:31:39	<b>09:25:48.45</b>	<b>09:25:57.10</b>	+03:26:57 (36.6%)	10:17	5.8 (63.0%)
83	<b>PATRO Jacek</b>	<b>5186</b>	LBL LUBIĘ BIEGAĆ LENIWIE	Master Mężczyzn	83	01:49:51	06:21:19	<b>09:28:23.80</b>	<b>09:28:42.65</b>	+03:29:42 (36.9%)	10:20	5.8 (63.0%)
84	<b>CHODZIŃSKI Piotr</b>	<b>5034</b>		Master Mężczyzn	84	01:46:06	06:12:33	<b>09:40:28.30</b>	<b>09:40:57.40</b>	+03:41:57 (38.2%)	10:33	5.7 (62.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Kacwin 11km	Dursztyn 38km	Czas netto 55km	Czas brutto 55km	Różn	Tempo min/km	Tempo km/h
85	<b>SUŁKOWSKI Paweł</b>	<b>5241</b>	VISEGRAD MARATON RYTRO/ SRH 1 PSP AK	Master Mężczyzn	85	02:04:28	06:41:01	<b>09:48:05.40</b>	<b>09:48:33.90</b>	+03:49:33 (39.0%)	10:41	5.6 (60.9%)
86	<b>SZELAĞIEWICZ Arek</b>	<b>5244</b>		Master Mężczyzn	86	02:01:45	06:41:14	<b>09:48:29.10</b>	<b>09:48:43.80</b>	+03:49:43 (39.0%)	10:41	5.6 (60.9%)
87	<b>ŚCISŁY Darek</b>	<b>5250</b>		Master Mężczyzn	87	02:04:00	06:53:01	<b>09:55:16.75</b>	<b>09:55:54.55</b>	+03:56:54 (39.8%)	10:49	5.5 (59.8%)
88	<b>KNURA Grzegorz</b>	<b>5110</b>		Master Mężczyzn	88	02:05:33	06:55:19	<b>10:07:06.20</b>	<b>10:07:41.80</b>	+04:08:41 (40.9%)	11:02	5.4 (58.7%)
89	<b>DOMIŃCZYK Rafał</b>	<b>5053</b>	ULTRAS Z ŁAZ	Master Mężczyzn	89	02:06:51	07:13:14	<b>10:08:50.70</b>	<b>10:09:26.20</b>	+04:10:26 (41.1%)	11:04	5.4 (58.7%)
90	<b>MACIĄG Grzegorz</b>	<b>5147</b>		Master Mężczyzn	90	02:06:42	07:13:12	<b>10:08:40.85</b>	<b>10:09:26.30</b>	+04:10:26 (41.1%)	11:04	5.4 (58.7%)
91	<b>MAREK Jacek</b>	<b>5154</b>		Master Mężczyzn	91	01:56:01	06:47:07	<b>10:09:18.60</b>	<b>10:09:38.00</b>	+04:10:37 (41.1%)	11:04	5.4 (58.7%)
92	<b>TRZETRZELEWSKI Maciej</b>	<b>5256</b>		Master Mężczyzn	92		07:06:56	<b>10:23:05.65</b>	<b>10:23:05.65</b>	+04:24:05 (42.4%)	11:19	5.3 (57.6%)
93	<b>BOCHNAK Jan</b>	<b>5021</b>		Master Mężczyzn	93	02:06:11	07:08:01	<b>10:25:01.35</b>	<b>10:25:41.50</b>	+04:26:41 (42.6%)	11:21	5.3 (57.6%)
94	<b>PIELAK Marcin</b>	<b>5196</b>	MARKOWI BIEGACZE	Master Mężczyzn	94	02:01:33	07:28:34	<b>10:38:28.90</b>	<b>10:38:46.35</b>	+04:39:46 (43.8%)	11:36	5.2 (56.5%)
95	<b>LEMIESZ Marcin</b>	<b>5133</b>		Master Mężczyzn	95	02:10:39	07:23:56	<b>10:48:34.75</b>	<b>10:48:54.35</b>	+04:49:54 (44.7%)	11:47	5.1 (55.4%)
96	<b>ZDROJKOWSKI Ireneusz</b>	<b>5288</b>		Master Mężczyzn	96	02:16:16	07:21:57	<b>10:51:40.50</b>	<b>10:52:10.15</b>	+04:53:10 (45.0%)	11:50	5.1 (55.4%)
	<b>GEMZIK Jacek</b>	<b>5072</b>	J U V E R U N	Master Mężczyzn		DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 97 wynik(ów)