

# ULTRAJANOSIK 55 KM SPISKA PĘTLA

B4SPORT

**Wydarzenie:** ULTRAJANOSIK 2019  
**Organizator:** Fundacja Na Ratunek  
**Data:** 2019-08-31  
**Miejsce:** Zespół Rekreacyjny Polana Sosny - Niedzica  
**Dystans:** 55 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Open K

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Kacwin 11km	Dursztyn 38km	Czas netto 55km	Czas brutto 55km	Różn	Tempo min/km	Tempo km/h
1	<b>GRZELAK Kamila</b>	<b>5304</b>	#MĘCINAPANY	Senior Kobiet	1	01:18:37	04:12:33	<b>05:59:38.30</b>	<b>05:59:43.90</b>		6:32	9.2 (100%)
2	<b>SZULTK Magdalena</b>	<b>5248</b>		Senior Kobiet	2	01:21:10	04:27:50	<b>06:24:47.25</b>	<b>06:24:54.00</b>	+00:25:10 (6.5%)	6:59	8.6 (93.5%)
3	<b>WIECZOREK Agata</b>	<b>5267</b>	TEBEG RUNNERS TEAM	Master Kobiet	1	01:27:23	04:49:25	<b>06:52:54.95</b>	<b>06:53:23.80</b>	+00:53:39 (13.0%)	7:30	8 (87.0%)
4	<b>ŻUREK-KRÓL Żaneta</b>	<b>5292</b>	POZNAŃ CITYZEN	Master Kobiet	2	01:32:44	04:50:50	<b>06:57:07.20</b>	<b>06:57:10.10</b>	+00:57:26 (13.8%)	7:35	7.9 (85.9%)
5	<b>MALECKA-LEŃ Patrycja</b>	<b>5153</b>	SANTANDERRUNNERSTEAM	Master Kobiet	3	01:30:48	04:54:59	<b>06:59:14.00</b>	<b>06:59:43.45</b>	+00:59:59 (14.3%)	7:37	7.9 (85.9%)
6	<b>TRZEŹWIŃSKA Anna</b>	<b>5257</b>	LBL	Master Kobiet	4	01:40:38	04:56:00	<b>06:59:43.15</b>	<b>07:00:08.65</b>	+01:00:24 (14.4%)	7:37	7.9 (85.9%)
7	<b>SZAFRAŃSKA Aleksandra</b>	<b>5243</b>	WKURW_TEAM	Senior Kobiet	3	01:30:33	04:53:27	<b>07:05:53.05</b>	<b>07:05:57.95</b>	+01:06:14 (15.5%)	7:44	7.7 (83.7%)
8	<b>DĄBROWSKA Natalia</b>	<b>5048</b>	VEGE RUNNERS	Senior Kobiet	4	01:36:20	05:00:43	<b>07:10:01.15</b>	<b>07:10:41.60</b>	+01:10:57 (16.5%)	7:49	7.7 (83.7%)
9	<b>WINIARSKA Monika</b>	<b>5271</b>	BIEGIEM PRZEZ GÓRY	Master Kobiet	5	01:41:01	05:32:46	<b>07:39:54.30</b>	<b>07:40:03.80</b>	+01:40:19 (21.8%)	8:21	7.2 (78.3%)
10	<b>CEBRAT Ewa</b>	<b>5031</b>	POZYTYWNIIE ZABIEGANI SANOK	Master Kobiet	6	01:47:30	05:36:28	<b>07:45:35.65</b>	<b>07:45:56.00</b>	+01:46:12 (22.8%)	8:27	7.1 (77.2%)
11	<b>CHOJNACKA Karolina</b>	<b>5035</b>		Master Kobiet	7	01:39:24	05:28:04	<b>07:48:27.50</b>	<b>07:48:44.15</b>	+01:49:00 (23.3%)	8:31	7 (76.1%)
12	<b>PODODEMSKA-ZABDYR Izabela</b>	<b>5206</b>	KS PEGAZ	Weteran Kobiet	1	01:46:39	05:35:56	<b>07:49:17.85</b>	<b>07:50:01.30</b>	+01:50:17 (23.5%)	8:31	7 (76.1%)
13	<b>PERZ Marzenna</b>	<b>5193</b>		Weteran Kobiet	2	01:46:05	05:34:28	<b>07:50:55.05</b>	<b>07:51:19.20</b>	+01:51:35 (23.7%)	8:33	7 (76.1%)
14	<b>KARPIŁOWSKA Maria</b>	<b>5100</b>		Master Kobiet	8	01:35:54	05:42:07	<b>07:59:28.10</b>	<b>08:00:06.95</b>	+02:00:23 (25.1%)	8:43	6.9 (75.0%)
15	<b>JANAS Kasia</b>	<b>5091</b>		Senior Kobiet	5	01:47:36	05:37:19	<b>08:13:47.20</b>	<b>08:13:58.65</b>	+02:14:14 (27.2%)	8:58	6.7 (72.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Kacwin 11km	Dursztyn 38km	Czas netto 55km	Czas brutto 55km	Różn	Tempo min/km	Tempo km/h
16	<b>GOLON Marlena</b>	<b>5077</b>	RUN PASJA	Master Kobiet	9	01:48:45	05:57:19	<b>08:17:32.25</b>	<b>08:17:39.00</b>	+02:17:55 (27.7%)	9:02	6.6 (71.7%)
17	<b>TATARCZYK Patrycja</b>	<b>5252</b>	SKLEP BIEGACZA	Senior Kobiet	6	01:50:48	05:49:56	<b>08:18:19.95</b>	<b>08:18:27.15</b>	+02:18:43 (27.8%)	9:03	6.6 (71.7%)
18	<b>HORDZIEJEWICZ-KARASIŃSKA Ewa</b>	<b>5086</b>	STREFA BYKÓW	Weteran Kobiet	3	01:39:40	05:47:01	<b>08:25:48.05</b>	<b>08:26:15.00</b>	+02:26:31 (28.9%)	9:11	6.5 (70.7%)
19	<b>WOLSKA Agata</b>	<b>5276</b>		Master Kobiet	10	01:47:59	05:51:33	<b>08:26:52.25</b>	<b>08:27:10.75</b>	+02:27:26 (29.1%)	9:12	6.5 (70.7%)
20	<b>PANEK Aleksandra</b>	<b>5184</b>		Weteran Kobiet	4	01:54:33	06:04:01	<b>08:34:06.00</b>	<b>08:34:29.75</b>	+02:34:45 (30.1%)	9:20	6.4 (69.6%)
21	<b>LISOWSKA Kamila</b>	<b>5141</b>	YNO ULTRA / LEŚNE RUN	Senior Kobiet	7	01:54:10	06:03:26	<b>08:39:44.70</b>	<b>08:40:26.20</b>	+02:40:42 (30.9%)	9:27	6.3 (68.5%)
22	<b>SADOWSKA Jagoda</b>	<b>5220</b>	#YOLOTEAMKRK	Senior Kobiet	8	01:40:33	05:57:13	<b>08:40:21.45</b>	<b>08:40:31.75</b>	+02:40:47 (30.9%)	9:27	6.3 (68.5%)
23	<b>ANTOŃCZAK Justyna</b>	<b>5004</b>	KRASNYSTAW BIEGA	Senior Kobiet	9	01:59:03	06:12:48	<b>08:40:24.60</b>	<b>08:40:53.50</b>	+02:41:09 (30.9%)	9:27	6.3 (68.5%)
24	<b>BAGIŃSKA Paulina</b>	<b>5007</b>		Master Kobiet	11	01:52:50	06:11:03	<b>08:44:14.70</b>	<b>08:44:40.60</b>	+02:44:56 (31.4%)	9:31	6.3 (68.5%)
25	<b>FOGT Monika</b>	<b>5064</b>		Master Kobiet	12	01:49:59	06:10:56	<b>08:50:17.85</b>	<b>08:50:21.45</b>	+02:50:37 (32.2%)	9:38	6.2 (67.4%)
26	<b>BRUZDA Joanna</b>	<b>5028</b>	BIEGOWA KUŹNIA	Master Kobiet	13	01:46:46	06:05:07	<b>08:54:15.55</b>	<b>08:54:26.05</b>	+02:54:42 (32.7%)	9:42	6.2 (67.4%)
27	<b>GNACY Agnieszka</b>	<b>5075</b>		Senior Kobiet	10	02:02:16	06:21:13	<b>08:55:28.70</b>	<b>08:55:50.60</b>	+02:56:06 (32.9%)	9:44	6.2 (67.4%)
28	<b>FIGURSKA Honorata</b>	<b>5063</b>	MARKOWI BIEGACZE	Weteran Kobiet	5	02:03:58	06:21:18	<b>08:56:46.00</b>	<b>08:57:02.65</b>	+02:57:18 (33.0%)	9:45	6.1 (66.3%)
29	<b>PAWLIK Ula</b>	<b>5191</b>	#ADAMCZERWIŃSKITEAM	Master Kobiet	14	01:50:00	06:05:49	<b>09:02:55.70</b>	<b>09:03:13.90</b>	+03:03:30 (33.8%)	9:52	6.1 (66.3%)
30	<b>PLISZCZYŃSKA Justyna</b>	<b>5202</b>		Master Kobiet	15	01:50:57	06:19:06	<b>09:03:12.40</b>	<b>09:03:32.00</b>	+03:03:48 (33.8%)	9:52	6.1 (66.3%)
31	<b>FRIEZE Tatiana</b>	<b>5069</b>		Master Kobiet	16	01:56:17	06:22:19	<b>09:04:45.65</b>	<b>09:05:11.25</b>	+03:05:27 (34.0%)	9:54	6.1 (66.3%)
32	<b>MIELNICZEK Ewa</b>	<b>5160</b>		Master Kobiet	17	01:54:02	06:06:49	<b>09:09:21.90</b>	<b>09:09:32.20</b>	+03:09:48 (34.5%)	9:59	6 (65.2%)
33	<b>MYTNIK Katarzyna</b>	<b>5169</b>	OBIBOKI	Master Kobiet	18	01:54:19	06:22:22	<b>09:15:17.20</b>	<b>09:15:48.80</b>	+03:16:04 (35.3%)	10:05	5.9 (64.1%)
34	<b>TRĘDOTA-NIEPSUJ Iwona</b>	<b>5255</b>	SZCZYPIORKI	Master Kobiet	19	02:02:32	06:25:27	<b>09:17:07.65</b>	<b>09:17:18.50</b>	+03:17:34 (35.5%)	10:07	5.9 (64.1%)
35	<b>KALIŃSKA Dorota Lidia</b>	<b>5099</b>	NIEMANIE	Senior Kobiet	11	01:57:30	06:25:05	<b>09:18:06.20</b>	<b>09:18:40.95</b>	+03:18:57 (35.6%)	10:08	5.9 (64.1%)
36	<b>PANEK Agata</b>	<b>5183</b>	GRUPA JURA.PL	Master Kobiet	20	02:03:02	06:27:50	<b>09:22:57.45</b>	<b>09:23:35.40</b>	+03:23:51 (36.2%)	10:14	5.9 (64.1%)
37	<b>KACZMAREK Agata</b>	<b>5097</b>	GRUPA JURA'PL	Master Kobiet	21	02:03:01	06:27:52	<b>09:22:58.55</b>	<b>09:23:35.55</b>	+03:23:51 (36.2%)	10:14	5.9 (64.1%)
38	<b>KISIEL Jolanta</b>	<b>5107</b>	LBL LUBIĘ BIEGAĆ LENIWIE	Master Kobiet	22	01:49:52	06:21:09	<b>09:28:22.95</b>	<b>09:28:41.75</b>	+03:28:57 (36.7%)	10:20	5.8 (63.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Kacwin 11km	Dursztyn 38km	Czas netto 55km	Czas brutto 55km	Różn	Tempo min/km	Tempo km/h
39	WITKOWSKA Maria	5273	KLUB KRÓLIKA STEFANA	Dinozaur Kobiet	1	02:05:24	06:40:42	09:29:55.65	09:30:22.05	+03:30:38 (36.9%)	10:21	5.8 (63.0%)
40	SZYMCZAK Katarzyna	5249		Weteran Kobiet	6	01:58:09	06:37:56	09:34:45.75	09:34:58.90	+03:35:15 (37.4%)	10:27	5.7 (62.0%)
41	DUDEK Kamila	5057	POWER TRAINING	Senior Kobiet	12	02:03:36	06:25:25	09:35:49.65	09:36:06.50	+03:36:22 (37.6%)	10:28	5.7 (62.0%)
42	WOROBIEWA Jekatierina	5279	POWER TRAINING	Senior Kobiet	13	02:03:36	06:25:24	09:35:49.90	09:36:06.80	+03:36:22 (37.6%)	10:28	5.7 (62.0%)
43	WALCZYK Anna	5260	DĘBICKIE GEPARDY	Senior Kobiet	14	02:06:06	06:43:25	09:36:25.55	09:36:36.35	+03:36:52 (37.6%)	10:28	5.7 (62.0%)
44	TOBERA Alicja	5253		Senior Kobiet	15	02:10:37	06:52:30	09:46:45.50	09:47:19.60	+03:47:35 (38.8%)	10:40	5.6 (60.9%)
45	WAŚCIŃSKA Edyta	5263	PĘDZI - PARA	Weteran Kobiet	7	02:00:49	06:44:55	09:47:17.95	09:47:43.45	+03:47:59 (38.8%)	10:40	5.6 (60.9%)
46	PLUTA Marta	5203	DZIKIE MUSTANGI	Master Kobiet	23	02:10:23	06:48:27	09:49:11.05	09:49:53.40	+03:50:09 (39.0%)	10:42	5.6 (60.9%)
47	BINEK Katarzyna	5018	NIGHT RUNNERS	Senior Kobiet	16	02:05:30	06:55:29	10:07:08.80	10:07:40.75	+04:07:56 (40.8%)	11:02	5.4 (58.7%)
48	ŻABKO Aleksandra	5291	NIGHT RUNNERS POZNAŃ	Senior Kobiet	17	02:05:27	06:55:22	10:07:08.40	10:07:40.85	+04:07:56 (40.8%)	11:02	5.4 (58.7%)
49	MACIĄG Monika	5148		Master Kobiet	24	02:06:50	07:13:11	10:08:48.30	10:09:25.95	+04:09:42 (41.0%)	11:04	5.4 (58.7%)
50	CUDZIŁO Joanna	5041	PKO BANK POLSKI	Weteran Kobiet	8	01:54:47	06:47:18	10:25:50.10	10:26:20.10	+04:26:36 (42.6%)	11:22	5.3 (57.6%)
51	CYLC Agnieszka	5042	YNY	Master Kobiet	25	02:14:19	07:32:45	10:38:10.70	10:38:46.85	+04:39:02 (43.7%)	11:36	5.2 (56.5%)
52	ZARAŃSKA Izabela	5286	MIECHOWICKA GRUPA BIEGOWA	Weteran Kobiet	9	02:10:30	07:32:10	10:56:29.35	10:56:56.60	+04:57:12 (45.2%)	11:56	5 (54.3%)
53	RZENNO Dagmara	5219	MIECHOWICKA GRUPA BIEGOWA	Weteran Kobiet	10	02:10:30	07:32:54	10:56:29.70	10:56:57.00	+04:57:13 (45.2%)	11:56	5 (54.3%)
<b>Przekroczony limit czasu: 11:00:00</b>												
54	MIELCAREK Anna	5159	NO EXCUSES TEAM	Master Kobiet	26	02:44:17	07:59:06	11:00:36.95	11:00:55.90	+05:01:12 (45.6%)	12:00	5 (54.3%)
55	RATAJCZAK Anna	5215	HERNIK TEAM	Master Kobiet	27	02:44:16	08:11:20	12:05:37.60	12:05:56.25	+06:06:12 (50.4%)	13:11	4.5 (48.9%)
56	WRÓBLEWSKA Joanna	5282	FESTIWAL BIEGOWY	Dinozaur Kobiet	2	02:40:43	08:23:46	12:20:11.65	12:20:54.95	+06:21:11 (51.4%)	13:27	4.5 (48.9%)
57	DOMAGAŁA Agnieszka	5052	GRUPA JURA. PL	Master Kobiet	28	02:28:57	08:00:40	12:40:50.05	12:41:26.30	+06:41:42 (52.8%)	13:50	4.3 (46.7%)
	WOJNO Małgorzata	5275	DROGA DO ULTRA	Senior Kobiet		01:48:48 DNF	DNF	DNF	DNF		-	- (0.0%)
	PAWELCZYK Adriana	5187	BIEGAM BO NIE LUBIĘ	Master Kobiet		01:56:29 DNF	DNF	DNF	DNF		-	- (0.0%)
	MRÓZ-SICZYŃSKA Katarzyna	5166	KEJT.LAJF	Senior Kobiet		02:14:44 DNF	DNF	DNF	DNF		-	- (0.0%)
	ŚWIERKOSZ-HOŁYSZ Małgorzata	5301		Master Kobiet		DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 61 wynik(ów)