

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

UltraKotlina
 Fundacja Przejście Kotliny
 2021-10-09
 Szklarska Poręba
 140 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przeł. Karkonowska 20km	Kapracz 32km	P.Kowarska 43km	Janowice 61km	Komarńo 76km	Góra Szybowcowa 88km	Goduszyn 101km	Górzyniec 115km	Kopalnia 126km	Czas netto 140km	Czas brutto 140km	Różn	Tempo min/km	Tempo km/h
1	JUREK Michał	404	RMT TEAM PRO	M30	1	02:06:59	03:19:26	04:28:45	06:24:10	08:02:59	09:26:25	10:58:09	12:33:48	14:07:12	15:49:35.55	15:49:38.45		6:46	8.8 (100%)
2	GORZELAŃCZYK Jakub	381	MKS SIECHNICE	M30	2	02:12:12	03:29:24	04:41:10	06:34:31	08:16:32	09:39:37	11:14:41	13:05:06	14:52:06	16:58:37.20	16:58:39.20	+01:09:00 (6.8%)	7:16	8.2 (93.2%)
3	KIELASZEWSKI Karol	408	LESZ NO LIMITS RUNNERS	M30	3	02:10:08	03:28:18	04:45:14	06:49:45	08:37:35	10:08:19	11:50:44	13:47:18	15:34:07	17:22:12.55	17:22:18.10	+01:32:39 (8.9%)	7:26	8.1 (92.0%)
4	BARTOSZEWSKI Grzegorz	339	LITWIN SPORT	M40	1	02:16:00	03:34:42	04:50:53	06:52:33	08:44:45	10:17:03	11:58:56	13:53:45	15:40:18	17:33:51.30	17:34:08.60	+01:44:30 (9.9%)	7:31	8 (90.9%)
5	WŁOCHAL Robert	378	***** ***	M30	4	02:28:06	04:00:01	05:15:43	07:24:07	09:12:02	10:44:08	12:36:07	14:30:22	16:25:41	18:37:03.95	18:37:08.95	+02:47:30 (15.0%)	7:58	7.5 (85.2%)
6	DUDZIŃSKI Przemysław	333	LECE PENDZE	M40	2	02:22:07	03:46:43	05:07:06	07:14:22	09:12:05	10:44:02	12:34:30	14:45:58	16:36:42	18:59:12.65	18:59:16.40	+03:09:37 (16.6%)	8:08	7.4 (84.1%)
7	WIECZOREK Tomasz	323	PIERUNSKIE CANGÓRY	M30	5	02:25:07	03:47:15	05:08:10	07:20:12	09:23:40	11:06:32	12:56:04	15:03:11	16:55:41	19:00:27.85	19:00:32.05	+03:10:53 (16.7%)	8:08	7.4 (84.1%)
8	WIECZORKIEWICZ Zbigniew	319		M30	6	02:36:16	04:06:49	05:35:15	07:54:05	09:51:05	11:25:38	13:13:53	15:09:41	17:03:54	19:18:07.60	19:18:10.10	+03:28:31 (18.0%)	8:16	7.3 (83.0%)
9	OLCZYK Grzegorz	400		M30	7	02:36:23	04:06:52	05:35:19	07:54:02	09:50:55	11:25:30	13:13:47	15:09:42	17:03:48	19:18:09.05	19:18:12.50	+03:28:34 (18.0%)	8:16	7.3 (83.0%)
10	DOSTAL Jan	421	BEZECKY KLUB NACHOD	M30	8	02:24:32	03:47:20	05:04:59	07:21:02	09:29:30	11:13:19	13:10:19	15:21:53	17:22:14	19:19:23.10	19:19:26.25	+03:29:47 (18.1%)	8:16	7.2 (81.8%)
11	DANAK Przemek	386	KGB	M40	3	02:42:48	04:14:16	05:47:04	08:04:18	10:14:43	11:49:10	13:37:05	15:53:14	17:46:12	19:52:43.10	19:53:10.60	+04:03:32 (20.4%)	8:31	7 (79.5%)
12	GÓRNIK- ANTKOWIAK Agnieszka	405	OBORYGENI	K40	1	02:34:32	04:08:32	05:40:32	08:04:38	10:08:05	11:50:24	13:40:58	15:58:17	18:15:36	20:20:30.95	20:20:35.75	+04:30:57 (22.2%)	8:43	6.9 (78.4%)
13	ŚLANDA Maciej	369	KS JANUSZE	M30	9	02:38:21	04:14:33	05:47:02	08:07:59	10:23:19	12:07:22	13:59:16	16:08:35	18:14:28	20:22:22.25	20:22:36.70	+04:32:58 (22.3%)	8:43	6.9 (78.4%)
14	STYPEREK Jakub	348	VEGE RUNNERS	M30	10	02:38:58	04:13:13	05:46:04	08:17:48	10:30:29	12:09:07	14:06:52	16:23:26	18:33:52	21:05:07.85	21:08:07.70	+05:18:29 (25.1%)	9:02	6.6 (75.0%)
15	ZIELIŃSKI Przemysław	343		M40	4	02:38:08	04:12:12	05:47:06	08:17:42	10:31:07	12:18:20	14:23:41	16:47:05	18:59:31	21:15:24.70	21:15:45.60	+05:26:07 (25.6%)	9:06	6.6 (75.0%)
16	GRUSZKA Aleksandra	394		K30	1	02:42:32	04:20:56	05:52:39	08:30:29	10:30:42	12:11:26	14:01:03	16:15:22	18:39:08	21:26:37.85	21:26:47.10	+05:37:08 (26.2%)	9:11	6.5 (73.9%)
17	BIERNACKA Edyta	413		K40	2	02:40:06	04:16:23	05:49:15	08:20:51	10:39:03	12:29:13	14:34:05	16:58:32	19:12:23	21:26:47.80	21:26:53.35	+05:37:14 (26.2%)	9:11	6.5 (73.9%)
17	BUK Sławomir	387		M40	5	02:39:39	04:14:27	05:49:18	08:20:46	10:39:00	12:29:00	14:34:12	16:58:26	19:12:18	21:26:48.05	21:26:53.35	+05:37:14 (26.2%)	9:11	6.5 (73.9%)
19	RYCERSKI Rafał	300	DOMINIK GRZĄDZIEL TEAM	M30	11	02:45:40	04:23:56	05:58:30	08:35:32	10:55:01	12:38:02	14:44:38	17:18:31	19:21:15	21:28:53.15	21:29:11.15	+05:39:32 (26.3%)	9:12	6.5 (73.9%)
20	CYGAN Piotr	303	RUN4FUN ULTRA #MARCIN ŚWIERC TEAM	M50	1	02:31:18	04:08:59	05:42:49	08:17:11	10:39:23	12:26:23	14:33:07	17:11:33	19:37:03	22:02:36.30	22:02:40.95	+06:13:02 (28.2%)	9:26	6.4 (72.7%)
21	MARUKIEWICZ Marek	422	BIEGAMDLAZDROWIA.PL	M30	12	02:39:38	04:19:40	06:06:31	08:50:31	11:06:29	12:55:00	14:57:54	17:26:32	19:45:55	22:10:09.05	22:10:30.00	+06:20:51 (28.6%)	9:30	6.3 (71.6%)
22	KŁOSOWSKI Seweryn	416		M40	6	02:42:40	04:16:54	05:52:22	08:27:50	10:50:46	12:35:48	14:48:34	17:17:23	19:44:34	22:16:14.70	22:16:21.30	+06:26:42 (28.9%)	9:32	6.3 (71.6%)
23	KULCZYK Marcin	374	ULTRA WAY TEAM	M40	7	02:35:25	04:08:58	05:52:59	08:41:58	11:02:10		15:15:41	17:46:20	20:02:27	22:32:18.20	22:32:29.65	+06:42:51 (29.8%)	9:39	6.2 (70.5%)
24	LOREK Adam	415	BIEGAM DLA SIEBIE / BIEGAJ LESZNO	M40	8	02:39:35	04:23:27	05:59:34	08:36:50	11:01:30	12:53:29	15:09:33	17:45:42	20:02:18	22:32:22.20	22:32:35.40	+06:42:56 (29.8%)	9:39	6.2 (70.5%)
25	SIWOŃ Ewa	399	DO PRZODU I W GÓRĘ/VELO ŁOSIE/SMASHING PÄPKINS	K40	3	02:56:14	04:42:08	06:20:47	09:00:47	11:10:49	13:03:27	15:14:02	17:42:06	20:02:22	22:33:18.10	22:33:30.30	+06:43:51 (29.8%)	9:39	6.2 (70.5%)
26	TRZCIŃSKI Paweł	417		M40	9	02:51:05	04:33:58	06:12:01	08:49:18	11:08:44	12:55:08	14:58:23	17:28:06	19:45:53	22:36:07.95	22:36:24.25	+06:46:45 (30.0%)	9:41	6.2 (70.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przeł.					Góra				Czas netto		Czas brutto		Tempo min/km	Tempo km/h
						Karkonowska 20km	Kapracz 32km	P.Kowarska 43km	Janowice 61km	Komarno 76km	Szybowcowa 88km	Goduszyn 101km	Górzyniec 115km	Kopalnia 126km	140km	140km	Różn			
27	MALISZEWSKA Malwina	376	ULTRA WAY TEAM	K40	4	02:51:10	04:38:43	06:19:55	09:03:27	11:15:52	13:04:05	15:18:23	17:52:35	20:07:54	23:09:24.20	23:09:45.25	+07:20:06 (31.7%)	9:55	6 (68.2%)	
28	GREGOR Błażej	344	SPWL POZNAŃ	M30	13	03:04:49	05:11:51	06:59:10	09:55:44	12:25:31	14:26:11	16:44:12	19:09:05	21:09:23	23:39:36.00	23:39:51.05	+07:50:12 (33.1%)	10:08	5.9 (67.0%)	
29	POPŁAWSKI Krzysztof	345		M40	10	03:04:46	05:11:50	06:59:27	09:55:39	12:25:24	14:26:03	16:44:08	19:09:03	21:09:29	23:39:37.20	23:39:51.15	+07:50:12 (33.1%)	10:08	5.9 (67.0%)	
30	GOŁĘBIEWSKI Piotr	388		M40	11	02:45:37	04:59:39	06:53:16	09:29:54	11:45:01	13:38:19	15:51:36	18:33:34	21:02:44	23:40:07.05	23:40:22.25	+07:50:43 (33.1%)	10:08	5.9 (67.0%)	
31	IDOWIAK Łukasz	362	OSIR PONIEC	M30	14	02:45:56	04:32:58	06:11:18	09:08:25	11:47:55	13:58:48	16:15:16	18:52:18	21:07:38	23:40:15.20	23:40:23.55	+07:50:45 (33.1%)	10:08	5.9 (67.0%)	
32	RZUCIDŁO Jakub	371		M30	15	03:04:13	04:59:46	06:38:56	09:29:56	12:08:23	14:02:48	16:21:45	19:04:34	21:25:35	23:42:50.10	23:43:18.35	+07:53:39 (33.3%)	10:09	5.9 (67.0%)	
33	CHRZUSZCZ Anna	380		K30	2	02:55:57	04:43:28	06:22:58	09:16:02	11:47:37	13:43:44	16:05:45	18:49:18	21:17:46	23:48:24.30	23:48:39.05	+07:59:00 (33.5%)	10:12	5.9 (67.0%)	
34	DUDEK Remigiusz	317		M30	16	02:45:42	04:32:44	06:11:42	09:08:23	11:47:57	14:00:20	16:15:22	18:52:41	21:07:31	24:07:11.95	24:07:31.80	+08:17:53 (34.4%)	10:20	5.8 (65.9%)	
35	MORAŃSKI Paweł	330		M30	17	02:58:40	04:37:11	06:17:36	09:14:02	12:00:20	13:46:56	16:01:33	18:53:05	21:31:56	24:13:09.50	24:13:23.95	+08:23:45 (34.7%)	10:22	5.8 (65.9%)	
36	WIKTOROWICZ Tomasz	363		M40	12	02:50:57	04:31:24	06:10:25	08:49:14	11:30:16	13:29:44	15:47:13	18:45:40	21:25:59	24:24:37.30	24:24:53.05	+08:35:14 (35.2%)	10:27	5.7 (64.8%)	
37	KAMIŃSKI Daniel	356	KS GRUCHA	M30	18	02:47:18	04:31:02	06:15:58	09:03:44	11:47:34	13:43:41	16:06:08	18:49:26	21:19:33	24:38:56.90	24:39:07.85	+08:49:29 (35.8%)	10:33	5.7 (64.8%)	
38	KOSZAREK Maciej	379		M50	2	02:41:12	04:13:40	05:47:01	08:30:44	11:09:37	13:20:21	16:05:06	18:48:05	21:28:21	24:47:17.70	24:48:38.15	+08:58:59 (36.2%)	10:37	5.6 (63.6%)	
39	BERNACKI Eugeniusz	367	POLSKI KLUB ALPEJSKI	M50	3	03:08:23	04:57:42	06:40:36	09:35:03	12:10:07	14:15:58	16:53:58	19:42:12	22:09:15	24:50:17.15	24:50:34.05	+09:00:55 (36.3%)	10:38	5.6 (63.6%)	
40	KMIEĆ Wojciech	370		M30	19	03:02:07	04:49:17	06:36:45	09:38:10	12:20:27	14:24:17	16:44:58	19:41:16	22:06:17	24:51:06.65	24:51:06.65	+09:01:28 (36.3%)	10:39	5.6 (63.6%)	
41	ZIMNIEWICZ Jacek	306		M40	13	03:03:23	05:03:18	06:47:56	09:44:35	12:25:44	14:27:20	16:44:40	19:31:24	22:03:31	24:51:15.95	24:51:25.85	+09:01:47 (36.3%)	10:39	5.6 (63.6%)	
42	GAPIŃSKI Marcin	409	UMYSŁ ULTRASA	M40	14	02:58:25	04:53:07	06:41:03	09:35:48	12:09:53	14:15:39	16:44:37	19:31:14	22:10:07	24:56:48.50	24:57:12.85	+09:07:34 (36.6%)	10:41	5.6 (63.6%)	
43	ANDRUSZKO Mariusz	328		M40	15	02:52:32	04:50:46	06:38:30	09:34:08	12:00:08	13:59:46	16:24:12	19:24:54	21:59:06	25:01:34.00	25:01:53.35	+09:12:14 (36.8%)	10:43	5.6 (63.6%)	
44	GIBAŁA Marcin	361	BIEGAM I POMAGAM	M40	16	02:45:32	04:33:52	06:17:41	09:13:31	11:49:10	13:58:53	16:30:33	19:25:33	22:03:47	25:06:01.80	25:06:10.30	+09:16:31 (37.0%)	10:45	5.6 (63.6%)	
45	MODLIŚZEWSKI Dariusz	321	ORANGE POLSKA	M40	17	03:01:06	04:57:16	06:43:15	09:36:02	12:17:57	14:24:15	16:44:53	19:32:12	22:06:00	25:06:23.40	25:06:36.95	+09:16:58 (37.0%)	10:45	5.6 (63.6%)	
46	WĘGŁOWSKI Maciej	346	#BIEGIEMWLAS	M50	4	02:45:24	04:33:52	06:10:32	09:06:38	11:45:25	13:59:36	16:44:21	19:54:44	22:17:39	25:09:14.15	25:09:26.15	+09:19:47 (37.1%)	10:46	5.6 (63.6%)	
47	JĘDRASZEK Alicja	392		K40	5	03:15:50	05:15:34	06:59:22	09:48:29	12:23:02	14:30:13	16:44:51	19:34:41	22:07:25	25:17:55.55	25:18:18.15	+09:28:39 (37.5%)	10:50	5.5 (62.5%)	
48	MUZOLF Dorota	302	STRASZYN ULTRA TEAM	K40	6	03:13:57	05:05:32	06:46:56	09:31:34	12:04:06	14:15:02	16:39:11	19:42:35	22:26:44	25:18:38.40	25:18:57.45	+09:29:19 (37.5%)	10:50	5.5 (62.5%)	
49	ZALEWSKA Kamila	407	STRASZYN ULTRA TEAM	K30	3	03:14:07	05:05:38	06:46:59	09:31:41	12:03:58	14:15:09	16:39:07	19:42:33	22:26:38	25:18:39.10	25:18:57.95	+09:29:19 (37.5%)	10:50	5.5 (62.5%)	
50	KULGAJUK Michał	402	STRASZYN ULTRA TEAM	M30	20	03:14:03	05:05:42	06:47:01	09:31:43	12:04:01	14:14:52	16:39:02	19:42:39	22:26:42	25:18:40.70	25:18:59.45	+09:29:21 (37.5%)	10:50	5.5 (62.5%)	
51	KOWALSKI Andrzej	411		M60	1	02:55:45	04:44:48	06:31:23	09:15:59	11:54:55	13:48:22	16:17:56	19:07:44	21:52:09	25:29:40.60	25:30:04.10	+09:40:25 (37.9%)	10:55	5.5 (62.5%)	
52	LECH Agnieszka	334	#WAWRZYNTTEAM	K40	7	02:54:00	04:38:03	06:25:16	09:18:42	11:46:30	13:49:19	16:15:01	19:09:31	22:05:20	25:37:08.65	25:37:14.60	+09:47:36 (38.2%)	10:58	5.5 (62.5%)	
53	KROCZYŃSKI Sławomir	350		M60	2	02:55:14	04:43:14	06:24:48	09:20:33	11:54:27	14:04:47	16:42:09	19:54:49	22:36:25	25:42:51.85	25:43:04.45	+09:53:26 (38.5%)	11:01	5.4 (61.4%)	
54	MIELNIK Krzysztof	403	LESZ NO LIMITS RUNNERS	M40	18	02:53:23	04:49:07	06:37:15	09:27:41	12:10:53	14:27:32	16:56:11	20:02:49	22:48:49	25:44:39.05	25:45:05.40	+09:55:26 (38.5%)	11:01	5.4 (61.4%)	
55	ŻAK Krzysztof	389		M30	21	02:55:53	04:43:04	06:29:50	09:31:11	12:20:17	14:37:40	17:11:59	20:05:29	22:45:38	25:53:28.50	25:53:41.25	+10:04:02 (38.9%)	11:05	5.4 (61.4%)	
56	WIŚNIEWSKI Artur	349		M40	19	03:06:44	04:53:52	06:45:13	09:44:15	12:25:32	14:43:34	17:26:44	20:38:09	23:31:10	26:14:55.95	26:15:35.45	+10:25:57 (39.7%)	11:14	5.3 (60.2%)	
57	MAĆKOWIAK Łukasz	331		M30	22	03:02:59	04:48:56	06:28:54	09:13:21	12:14:29	14:15:20	16:46:18	19:50:31	22:52:07	26:19:05.75	26:19:29.65	+10:29:51 (39.9%)	11:16	5.3 (60.2%)	
58	SZCZEPAŃSKI Jakub	395		M40	20	03:03:36	04:51:00	06:45:25	10:02:06	12:43:28	14:58:34	17:39:31	20:54:48	23:38:22	26:21:39.80	26:21:48.25	+10:32:09 (40.0%)	11:17	5.3 (60.2%)	
59	PIASECKA Monika	397	WILD ULTRA WARRIORS	K40	8	03:17:19	05:19:17	07:10:27	10:16:10	13:14:26	15:31:33	18:22:05	21:15:04	23:52:33	26:23:11.95	26:23:24.75	+10:33:46 (40.0%)	11:18	5.3 (60.2%)	
60	MOLENDĄ Michał	368	DORAN WROCŁAW	M50	5	03:14:59	05:19:25	07:13:44	10:34:34	13:27:29	15:38:55	18:09:45	21:06:36	23:59:04	26:50:15.65	26:50:37.20	+11:00:58 (41.0%)	11:30	5.2 (59.1%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przeł.					Góra				Czas netto		Czas brutto		Tempo min/km	Tempo km/h
						Karkonowska 20km	Kapracz 32km	P.Kowarska 43km	Janowice 61km	Komarno 76km	Szybowcowa 88km	Goduszyn 101km	Górzyniec 115km	Kopalnia 126km	140km	140km	Różn			
61	OCHOTA Rafał	377		M40	21	03:17:06	05:19:25	07:11:08	10:09:44	12:54:09	15:03:17	17:42:04	20:58:32	23:55:44	26:58:48.05	26:59:24.40	+11:09:45 (41.4%)	11:33	5.2 (59.1%)	
62	PRZYWARTY Przemysław	366	SIDOR TEAM	M40	22	03:08:43	05:06:48	07:04:03	10:11:57	13:02:55	15:11:24	17:41:58	20:57:57	23:51:46	26:59:42.40	27:00:44.85	+11:11:06 (41.4%)	11:34	5.2 (59.1%)	
63	KULCZYK Marek	352		M40	23	02:45:24	04:45:14	06:33:40	09:36:14	12:33:39	14:43:04	17:33:09	20:28:45	23:33:56	27:01:48.95	27:02:08.90	+11:12:30 (41.5%)	11:35	5.2 (59.1%)	
64	BUDNICKI Andrzej	310		M40	24	03:17:27	05:21:25	07:14:03	10:25:00	13:08:22	15:31:22	18:22:13	21:49:13	24:27:59	27:05:18.05	27:05:27.00	+11:15:48 (41.6%)	11:36	5.2 (59.1%)	
65	GNIADY Krzysztof	359	ICT POLAND	M40	25	02:59:29	04:54:34	06:44:31	09:54:21	12:32:50	14:34:15	17:53:39	21:07:19	24:25:34	27:18:56.35	27:19:23.60	+11:29:45 (42.1%)	11:42	5.1 (58.0%)	
66	KOZICZAK Katarzyna	357		K30	4	03:09:16	05:00:52	06:43:07	09:38:35	12:32:01	14:47:56	17:35:12	20:57:40	23:53:11	27:19:55.90	27:20:13.90	+11:30:35 (42.1%)	11:42	5.1 (58.0%)	
67	SĘK Maciej	383	#DWAZOMBIAKI	M40	26	02:57:45	04:46:02	06:33:39	09:28:59	12:28:31	14:41:57	17:21:38	20:31:24	23:29:16	27:23:52.50	27:24:01.00	+11:34:22 (42.2%)	11:44	5.1 (58.0%)	
68	KWAŚNIK Błażej	382	DLA OLUNI I NINUNI :*	M30	23	02:57:42	04:46:00	06:33:37	09:28:57	12:28:34	14:41:47	17:21:34	20:31:29	23:29:14	27:23:52.90	27:24:01.40	+11:34:22 (42.2%)	11:44	5.1 (58.0%)	
69	OLSZEWSKI Rafał	308		M50	6	03:17:39	05:19:45	07:13:35	10:25:09	13:08:31	15:31:25	18:22:52	21:48:46	24:47:18	27:45:46.45	27:45:55.70	+11:56:17 (43.0%)	11:53	5 (56.8%)	
70	SERKOWSKI Marcin	396	BIEGAMYRAZEM.PL	M40	27	03:16:06	05:19:46	07:17:04	10:34:18	13:43:30	16:14:22	19:08:45	22:16:22	25:03:49	27:47:10.95	27:47:23.95	+11:57:45 (43.0%)	11:54	5 (56.8%)	
71	PAWŁOWSKI Jacek	401		M40	28	03:14:55	05:20:00	07:24:18	10:41:05	13:48:26	15:58:26	18:45:51	21:59:42	24:49:08	27:50:59.20	27:51:12.20	+12:01:33 (43.2%)	11:56	5 (56.8%)	
72	RACZYŃSKI Bogusz	420	ZEMAT TECHNOLOGY GROUP	M30	24	03:01:32	04:55:47	06:44:13	10:01:41	12:42:20	15:09:36	18:09:19	21:45:15	24:49:32	28:29:04.50	28:29:07.35	+12:39:28 (44.4%)	12:12	4.9 (55.7%)	
73	CZUBA Robert	347	ORANGE POLSKA	M50	7	03:29:18	05:44:53	07:46:47	11:10:58	14:15:39	16:39:56	19:46:46	23:10:56	25:54:19	28:37:43.65	28:37:55.65	+12:48:17 (44.7%)	12:16	4.9 (55.7%)	
74	WOJTASZEK Marcin	410	MUCHY NA ZĘBACH	M30	25	03:20:17	05:19:40	07:15:17	10:43:27	14:03:16	16:28:12	19:22:20	22:46:01	25:49:05	28:48:07.95	28:48:32.25	+12:58:53 (45.1%)	12:20	4.9 (55.7%)	
75	POLIWKA Mariusz	338	FITNES PIEKARY	M40	29	03:09:22	05:16:00	07:06:28	10:22:47	13:02:22	15:12:38	18:12:05	22:48:48	25:53:28	28:52:36.00	28:53:06.15	+13:03:27 (45.2%)	12:22	4.8 (54.5%)	
76	KOCOT Sebastian	336		M40	30	03:15:16	05:25:16	07:14:31	10:38:28	13:40:52	16:04:50	19:08:28	22:57:19	25:54:30	28:53:31.70	28:53:41.25	+13:04:02 (45.2%)	12:22	4.8 (54.5%)	
77	DEKIERT Agnieszka	351		K40	9	03:15:54	05:19:08	07:14:04	10:38:33	13:46:45	16:19:53	19:23:32	22:49:30	25:53:23	28:56:23.55	28:56:36.45	+13:06:58 (45.3%)	12:24	4.8 (54.5%)	
78	ZDANOWICZ Elżbieta	322	VEGE RUNNERS	K40	10	03:29:36	05:33:41	07:25:21	10:38:25	13:46:20	16:19:35	19:23:32	22:49:19	25:53:26	28:56:18.75	28:56:36.55	+13:06:58 (45.3%)	12:24	4.8 (54.5%)	
Przekroczony limit czasu: 30:00:00																				
79	OLESZCZAK Piotr	391	BIEGAM BO SĄ TACY CO NIE MOGĄ	M40	31	03:20:11	05:33:28	07:34:52	10:52:53	13:48:33	16:17:10	19:21:18	22:56:00	26:03:36	31:18:20.20	31:18:45.35	+15:29:06 (49.5%)	13:25	4.5 (51.1%)	
	LISIECKI Tomasz	419	TRZYNASTKA PLUS	M40		02:35:32	DNF	04:13:46	05:47:31	08:27:08	10:58:43	13:00:50	DNF	15:13:51	17:41:48	20:02:41	DNF	DNF	-	- (0.0%)
	MILEWICZ Marek	393		M30		02:45:38	DNF	04:37:13	06:22:08	09:16:09	12:04:17	14:15:25	DNF	16:46:15	20:34:07	23:58:34	DNF	DNF	-	- (0.0%)
	LICHOTA Tomasz	335	DEKORIA	M30		02:27:57	DNF	03:57:56	05:27:27	07:51:12	10:01:06	11:41:10	DNF	13:41:05	DNF	DNF	DNF	DNF	-	- (0.0%)
	NEUFELD Marcin	337	INTEL RUNNERS / RUNPASSION.PL TEAM	M40		02:37:54	DNF	04:14:45	05:47:37	08:20:11	10:51:34	12:55:42	DNF	15:16:56	DNF	DNF	DNF	DNF	-	- (0.0%)
	STATECZYŃSKI Błażej	364		M30		02:53:24	DNF	04:33:56	06:18:31	08:59:38	11:19:57	13:11:56	DNF	15:34:00	DNF	DNF	DNF	DNF	-	- (0.0%)
	PASLAVSKÝ Bohumil	428	ROZBĚHÁMEČESKO	M30		03:04:01	DNF	05:01:37	06:54:09	10:00:04	12:54:29	15:09:19	DNF	17:57:32	DNF	DNF	DNF	DNF	-	- (0.0%)
	REWOLIŃSKA-RUDNICKA Anna	312		K40		03:11:15	DNF	05:15:42	07:00:55	10:20:17	13:02:56	15:20:17	DNF	18:19:14	DNF	DNF	DNF	DNF	-	- (0.0%)
	PRZERWA-BECH Jolanta	313		K40		03:11:11	DNF	05:00:18	06:58:11	09:53:24	13:02:51	15:20:06	DNF	18:19:18	DNF	DNF	DNF	DNF	-	- (0.0%)
	POLIWKA Adam	329		M30		03:10:01	DNF	05:05:36	06:58:40	10:14:03	13:23:27	15:56:52	DNF	19:18:31	DNF	DNF	DNF	DNF	-	- (0.0%)
	PINKOWSKA Patrycja	316		K30		03:09:27	DNF	05:07:20	06:58:57	10:15:36	13:23:34	15:57:15	DNF	19:18:40	DNF	DNF	DNF	DNF	-	- (0.0%)
	KUROWSKI Michał	353	BANDA Z POŁUDNIA / WKURW_TEAM	M30		03:14:56	DNF	05:15:26	07:01:42	10:12:54	13:27:06	15:56:34	DNF	19:25:25	DNF	DNF	DNF	DNF	-	- (0.0%)
	MIELCZAREK Przemysław	390	KMP KOOP	M40		03:14:50	DNF	05:16:30	07:06:45	10:24:18	13:34:34	16:18:46	DNF	20:23:56	DNF	DNF	DNF	DNF	-	- (0.0%)
	ZAKRZEWSKI Maciej	384	ULTRA WAY TEAM	M40		02:35:14	DNF	04:07:49	05:53:01	08:41:54	11:02:04	12:53:56	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)
	WASIAK Grzegorz	314	WWW.BIEGAM-I-MYSLE.PL	M40		03:45:35	DNF	06:02:14	DNF	DNF	DNF	12:54:06	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)
	TASZAREK Jakub	332		M40		02:47:13	DNF	04:34:26	06:15:34	09:02:56	11:35:07	13:49:22	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przeł.					Góra				Czas netto 140km	Czas brutto 140km	Różn	Tempo min/km	Tempo km/h
						Karkonowska 20km	Kapracz 32km	P.Kowarska 43km	Janowice 61km	Komarno 76km	Szybowcowa 88km	Goduszyn 101km	Górzyniec 115km	Kopalnia 126km					
	BABULA Sebastian	341	IZERY BOGATYNIA		M40	02:38:31 DNF	04:22:10 DNF	06:11:23 DNF	09:08:44 DNF	11:47:21 DNF	13:58:38 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)	
	KOPACKA Edyta	360	KB SOBÓTKA		K30	03:07:35 DNF	05:00:20 DNF	06:44:05 DNF	09:37:56 DNF	12:03:38 DNF	14:08:51 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)	
	BŁESNOWSKI Krzysztof	385	LESNE DZIKI PGB		M30	02:52:09 DNF	04:43:33 DNF	06:40:11 DNF	DNF	12:19:16 DNF	14:12:46 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)	
	ZYGNER Sławomir	307	LEŚNE DZIKI PGB		M50	02:52:12 DNF	04:43:36 DNF	06:40:25 DNF	DNF	12:19:29 DNF	14:49:49 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)	
	KUIK Bartosz	414	RUNNER'S POWER		M30	02:59:15 DNF	04:54:30 DNF	06:46:38 DNF	09:50:45 DNF	12:44:52 DNF	15:02:45 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)	
	BRZEZIŃSKI Cezary	365	PAŃSTWOWA UCZELNIA IM. STEFANA BATOREGO W SKIERNIEWICACH		M50	03:01:26 DNF	05:03:23 DNF	06:56:39 DNF	10:12:50 DNF	13:08:39 DNF	15:31:44 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)	
	MARCZYK Tomasz	324	BIEGAMDLAZDROWIA.PL		M30	03:26:49 DNF	05:43:30 DNF	07:46:45 DNF	11:22:50 DNF	14:54:59 DNF	18:02:07 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)	
	SŁOMSKI Michał	325	BIEGAMDLAZDROWIA.PL		M30	03:26:42 DNF	05:43:32 DNF	07:46:48 DNF	11:22:53 DNF	14:55:03 DNF	18:02:16 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)	
	STRAMOWSKI Rafał	406			M30	02:35:04 DNF	04:15:25 DNF	06:00:52 DNF	09:01:37 DNF	11:39:21 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)	
	SZCZEŚNIEWSKI Miłosz	423	SALCO GARMIN TEAM		M30	02:09:53 DNF	03:27:43 DNF	04:44:39 DNF	07:04:36 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)	
	SOLC Vítězslav	426	BK NACHOD		M30	02:24:17 DNF	03:46:30 DNF	05:04:46 DNF	07:27:59 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)	
	KRÓLEWICZ Michał	425			M30	02:33:48 DNF	04:00:27 DNF	05:26:25 DNF	07:49:55 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)	
	ZABŁOCKI Maciej	427			M40	02:44:13 DNF	04:19:26 DNF	05:47:47 DNF	08:17:56 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)	
	KŁOS Julian	354	RYKOWISKO TEAM		M40	03:06:07 DNF	04:57:41 DNF	06:36:39 DNF	09:24:52 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)	
	PIOTROWSKI Michał	301	#ŻEBERKATEAM		M40	02:58:24 DNF	04:45:18 DNF	06:30:11 DNF	09:26:07 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)	
	NERLO Krzysztof	372			M30	03:09:29 DNF	04:57:40 DNF	06:36:26 DNF	09:38:24 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)	
	KACZMAREK Jędrzej	355	KP PSP MILICZ		M20	02:53:16 DNF	04:43:40 DNF	06:31:53 DNF	10:09:08 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)	
	GRONOSTAJSKI Tomasz	424			M40	02:53:06 DNF	04:47:08 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)	
	OBARSKI Norbert	304			M60	03:57:08 DNF	06:42:24 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)	
	SZOTOWICZ Sebastian	358	SKL STARGARD		M40	02:41:03 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)	
	KUCHARSKI Waldemar	342	TT SZCZECIN		M50	03:04:12 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)	
	KOCHMAŃSKI Jakub	373			M40	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)	

Znaleziono 116 wynik(ów)