

Wydarzenie: UltraKotlina
Organizator: Fundacja Przejście Kotliny
Data: 2020-10-10
Miejsce: Szklarska Poręba
Dystans: 34 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	PK A Zakręt Śmierci 12km	PK B Jakuszyce 24km	Czas netto 34km	Czas brutto 34km	Różn	Tempo min/km	Tempo km/h
1	PRZEDWOJEWSKI Bartłomiej	393	SALOMON TEAM	OPEN	1	00:50:39	01:39:47	02:15:38.65	02:15:40.20		3:59	15 (100%)
2	WITEK Andrzej	415	140MINUT.PL	OPEN	2	00:51:37	01:41:47	02:18:17.65	02:18:19.65	+00:02:39 (1.9%)	4:04	14.8 (98.7%)
3	GÓRAK Przemysław	309	KB SOBÓTKA	OPEN	3	00:59:10	01:57:17	02:42:19.00	02:42:19.00	+00:26:38 (16.4%)	4:46	12.6 (84.0%)
4	RUTKOWSKI Dawid	447	140MINUT.PL / GRIZZLYTEAM	OPEN	4	01:04:28	02:05:46	02:48:43.50	02:48:46.05	+00:33:05 (19.6%)	4:57	12.1 (80.7%)
5	CIEŚNIK Krzysztof	330	MH AUTOMATYKA	OPEN	5	01:04:27	02:05:25	02:48:49.30	02:48:53.00	+00:33:12 (19.7%)	4:57	12.1 (80.7%)
6	SZNUROWSKI Mariusz	373		OPEN	6	01:04:27	02:08:06	02:53:08.05	02:53:10.05	+00:37:29 (21.7%)	5:05	11.8 (78.7%)
7	OLESIŃSKI Ernest	385	FREE TEAM	OPEN	7	01:03:16	02:06:03	02:55:52.10	02:55:55.60	+00:40:15 (22.9%)	5:10	11.6 (77.3%)
8	ŁUKSZA Robert	387	I-SPORT	OPEN	8	01:05:42	02:11:40	02:58:58.65	02:59:01.75	+00:43:21 (24.2%)	5:15	11.4 (76.0%)
9	KOSTASZ Mariusz	458	MOUNTAIN POWER	OPEN	9	01:04:22	02:11:07	02:59:44.55	02:59:46.70	+00:44:06 (24.5%)	5:17	11.4 (76.0%)
10	OSKULSKI Robert	405	KOWARY BIEGAJĄ	OPEN	10	01:06:16	02:11:50	02:59:54.35	03:00:01.55	+00:44:21 (24.6%)	5:17	11.3 (75.3%)
11	MIELEWCZYK Tomasz	398	VERGE	OPEN	11	01:06:41	02:13:20	03:05:30.40	03:05:37.25	+00:49:57 (26.9%)	5:27	11 (73.3%)
12	LISEK Andrzej	250	LISEK	OPEN	12	01:06:16	02:12:45	03:05:54.65	03:05:57.75	+00:50:17 (27.0%)	5:28	11 (73.3%)
13	TELEPSKI Michał	339	NULL	OPEN	13	01:08:56	02:17:50	03:09:39.60	03:09:43.10	+00:54:02 (28.5%)	5:34	10.8 (72.0%)
14	WASIK Robert	472		OPEN	14	01:09:45	02:17:44	03:09:52.05	03:10:02.05	+00:54:21 (28.6%)	5:35	10.7 (71.3%)
15	MOSKALSKI Dariusz	342	EDITEAM ZGORZELEC	OPEN	15	01:05:49	02:15:13	03:10:40.40	03:10:45.90	+00:55:05 (28.9%)	5:36	10.7 (71.3%)

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16	FLOREK Katarzyna	321		OPEN	16	01:11:33	02:20:47	03:10:53.75	03:10:56.90	+00:55:16 (28.9%)	5:36	10.7 (71.3%)
17	SZKODA Kasia	293	TATERNIK TEAM	OPEN	17	01:10:29	02:20:25	03:10:53.70	03:11:08.55	+00:55:28 (29.0%)	5:36	10.7 (71.3%)
18	HUTYRA Marcin	456	140MINUT.PL	OPEN	18	01:06:42	02:15:21	03:11:11.55	03:11:14.80	+00:55:34 (29.1%)	5:37	10.7 (71.3%)
19	BEDNARCZYK Ewelina	446		OPEN	19	01:09:00	02:18:44	03:12:01.80	03:12:03.40	+00:56:23 (29.4%)	5:38	10.6 (70.7%)
20	ŚCISŁO Przemysław	247		OPEN	20	01:09:45	02:18:12	03:12:20.45	03:12:24.50	+00:56:44 (29.5%)	5:39	10.6 (70.7%)
21	NAKIELSKI Jakub	350	SKIVEGAS	OPEN	21	01:06:21	02:15:20	03:15:09.25	03:15:12.35	+00:59:32 (30.5%)	5:44	10.5 (70.0%)
22	GRZĄBA Szymon	416		OPEN	22	01:15:23	02:27:55	03:21:07.05	03:21:15.10	+01:05:34 (32.6%)	5:54	10.1 (67.3%)
23	DEMYDA Michał	374		OPEN	23	01:12:18	02:24:52	03:21:54.80	03:21:57.45	+01:06:17 (32.8%)	5:56	10.1 (67.3%)
24	MERTA Zbigniew	395	R-TEAM	OPEN	24	01:12:23	02:24:28	03:21:46.25	03:21:57.90	+01:06:17 (32.8%)	5:56	10.1 (67.3%)
25	DUDEK Monika	308	PCH SPORT TEAM	OPEN	25	01:10:35	02:21:17	03:23:53.45	03:23:55.80	+01:08:15 (33.5%)	5:59	10 (66.7%)
26	ZALEWSKA Anna	352	BBL ZDUŃSKA WOLA	OPEN	26	01:17:32	02:32:04	03:28:39.65	03:28:43.05	+01:13:02 (35.0%)	6:08	9.8 (65.3%)
27	KUBIAK Jagoda	396		OPEN	27	01:17:56	02:33:46	03:30:25.65	03:30:29.45	+01:14:49 (35.5%)	6:11	9.7 (64.7%)
28	MALEWICZ Grzegorz	357	TEAM GRYFITÓW	OPEN	28	01:18:19	02:34:35	03:32:55.65	03:33:12.60	+01:17:32 (36.4%)	6:15	9.6 (64.0%)
29	PANEK Krystian	462		OPEN	29	01:14:55	02:32:01	03:33:59.45	03:34:18.75	+01:18:38 (36.7%)	6:17	9.5 (63.3%)
30	JODŁOWSKI Marek	448	BBL KROSNO ODRZANSKIE	OPEN	30	01:17:04	02:33:28	03:34:18.30	03:34:33.30	+01:18:53 (36.8%)	6:18	9.5 (63.3%)
31	RECZYŃSKI Marcin	461		OPEN	31	01:14:51	02:32:00	03:35:01.70	03:35:21.00	+01:19:40 (37.0%)	6:19	9.5 (63.3%)
32	SMOROŃ Barbara	306		OPEN	32	01:15:40	02:33:25	03:36:19.85	03:36:27.80	+01:20:47 (37.3%)	6:21	9.4 (62.7%)
33	KOPCZYŃSKI Łukasz	464	K-TEAM	OPEN	33	01:18:37	02:38:43	03:38:16.95	03:38:19.90	+01:22:39 (37.9%)	6:25	9.3 (62.0%)
34	KOWALCZYK Piotr	358	DALEKOJESZCZE?	OPEN	34	01:15:45	02:35:43	03:38:36.95	03:38:42.80	+01:23:02 (38.0%)	6:25	9.3 (62.0%)
35	IWANEK Przemysław	324		OPEN	35	01:16:29	02:34:19	03:38:19.15	03:38:44.10	+01:23:03 (38.0%)	6:25	9.3 (62.0%)
36	NOWACKI Cezary	457	RTEEM	OPEN	36	01:12:18	02:28:50	03:38:31.70	03:38:44.40	+01:23:04 (38.0%)	6:25	9.3 (62.0%)
37	WIECZOREK Nina	367		OPEN	37	01:32:56	02:44:52	03:38:44.20	03:38:59.50	+01:23:19 (38.0%)	6:26	9.3 (62.0%)
38	CZYRNIA Martin	439	MAFIA TEAM LUBLINIEC	OPEN	38	01:21:42	02:43:24	03:39:53.50	03:40:00.95	+01:24:20 (38.3%)	6:28	9.3 (62.0%)

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39	WOSIEK Mateusz	434	TJ	OPEN	39	01:22:23	02:39:42	03:40:32.30	03:40:40.05	+01:24:59 (38.5%)	6:29	9.3 (62.0%)
40	MOCZULSKI Kamil	345	SBRT WROCŁAW	OPEN	40	01:18:28	02:38:23	03:40:36.70	03:40:54.15	+01:25:13 (38.6%)	6:29	9.2 (61.3%)
41	PODOLUK Marek	430		OPEN	41	01:15:20	02:36:08	03:40:58.75	03:41:06.20	+01:25:26 (38.6%)	6:29	9.2 (61.3%)
42	PASZKIEWICZ Kamil	372		OPEN	42	01:17:30	02:35:49	03:40:52.90	03:41:06.85	+01:25:26 (38.6%)	6:29	9.2 (61.3%)
43	KARNICKA Iwona	341	EDI TEAM ZGORZELEC	OPEN	43	01:19:28	02:38:18	03:41:24.00	03:41:30.20	+01:25:50 (38.8%)	6:30	9.2 (61.3%)
44	GOLA Henryk	407		OPEN	44	01:17:44	02:38:32	03:42:13.60	03:42:13.60	+01:26:33 (38.9%)	6:32	9.2 (61.3%)
45	KUDREJ Grzegorz	338	SBRT WROCŁAW	OPEN	45	01:19:51	02:41:07	03:42:07.10	03:42:22.40	+01:26:42 (39.0%)	6:31	9.2 (61.3%)
46	ZATORSKA-RADLIŃSKA Katarzyna	246	RPD	OPEN	46	01:17:13	02:39:17	03:43:29.75	03:43:33.90	+01:27:53 (39.3%)	6:34	9.1 (60.7%)
47	HALESZCZUK Tomasz	441		OPEN	47	01:15:59	02:36:17	03:43:36.75	03:43:39.60	+01:27:59 (39.3%)	6:34	9.1 (60.7%)
48	BOMBA Alina	388		OPEN	48	01:19:30	02:40:42	03:43:49.60	03:43:54.70	+01:28:14 (39.4%)	6:34	9.1 (60.7%)
49	BORUTA-KOŁODZIEJ Emilia	356	PRO-RUN WROCŁAW	OPEN	49	01:20:02	02:41:37	03:44:19.55	03:44:22.65	+01:28:42 (39.5%)	6:35	9.1 (60.7%)
50	PAZDAN Natalia	343		OPEN	50	01:21:06	02:42:27	03:44:09.10	03:44:25.45	+01:28:45 (39.5%)	6:35	9.1 (60.7%)
51	RUTA Maciej	314		OPEN	51	01:14:26	02:33:21	03:46:02.25	03:46:10.20	+01:30:30 (40.0%)	6:38	9 (60.0%)
52	GAWCZYŃSKI Jakub	369	TJ	OPEN	52	01:22:19	02:41:46	03:50:00.00	03:50:08.40	+01:34:28 (41.0%)	6:45	8.9 (59.3%)
53	GAWEŁ Michał	260	SZCZUPLI SKROMNI BIEGACZE	OPEN	53	01:22:45	02:46:26	03:50:49.95	03:50:58.35	+01:35:18 (41.3%)	6:47	8.8 (58.7%)
54	MAZUREK Łukasz	340	EDITEAM ZGORZELEC	OPEN	54	01:34:19	02:49:55	03:50:56.45	03:51:00.80	+01:35:20 (41.3%)	6:47	8.8 (58.7%)
55	ŁUKACKI Daniel	419		OPEN	55	01:21:26	02:44:58	03:51:02.75	03:51:13.65	+01:35:33 (41.3%)	6:47	8.8 (58.7%)
56	KUBIENIEC Przemysław	228	TEAM GRYFITÓW	OPEN	56	01:21:50	02:45:31	03:51:03.00	03:51:19.55	+01:35:39 (41.4%)	6:47	8.8 (58.7%)
57	GĘSIAREK Grzegorz	346		OPEN	57	01:21:09	02:42:17	03:51:39.35	03:51:44.45	+01:36:04 (41.5%)	6:48	8.8 (58.7%)
58	KOCHEL Michał	420	DOMASZCZYN	OPEN	58	01:18:58	02:40:49	03:52:43.70	03:52:55.15	+01:37:14 (41.8%)	6:50	8.8 (58.7%)
59	BENETURSKI Adam	267	TJ	OPEN	59	01:20:48	02:41:55	03:53:01.60	03:53:01.60	+01:37:21 (41.8%)	6:51	8.8 (58.7%)
60	NAKONOWSKI Marcin	313	ZAKRZEWO DOPIEWO	OPEN	60	01:24:25	02:46:43	03:53:05.60	03:53:26.10	+01:37:45 (41.9%)	6:51	8.8 (58.7%)
61	KOLACHA Patryk	383	STUDIO GTS	OPEN	61	01:20:08	02:46:00	03:54:17.40	03:54:20.30	+01:38:40 (42.1%)	6:53	8.7 (58.0%)

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62	MIKOŁAJEWSKA Justyna	251		OPEN	62	01:21:23	02:45:17	03:53:51.25	03:54:28.75	+01:38:48 (42.1%)	6:52	8.7 (58.0%)
63	TOMZA Iwona	310	SBRT WROCŁAW	OPEN	63	01:25:02	02:49:02	03:54:13.25	03:54:31.15	+01:38:50 (42.1%)	6:53	8.7 (58.0%)
64	KRÓL Jakub	473		OPEN	64	01:18:36	02:46:56	03:54:38.65	03:54:52.25	+01:39:12 (42.2%)	6:54	8.7 (58.0%)
65	OHLA Justyna	271	BIEGAM, BO NIE LUBIĘ	OPEN	65	01:22:45	02:47:56	03:55:11.80	03:55:26.65	+01:39:46 (42.4%)	6:55	8.7 (58.0%)
66	BEDNARZ Jarosław	361	SMS SZKLARSKA PORĘBA	OPEN	66	01:16:59	02:43:16	03:56:37.05	03:56:44.00	+01:41:03 (42.7%)	6:57	8.6 (57.3%)
67	GAWCZYŃSKI Marcel	268		OPEN	67	01:24:21	02:50:00	03:56:49.95	03:57:00.05	+01:41:19 (42.8%)	6:57	8.6 (57.3%)
68	ŚLEDZIK Sebastian	348	DT4YOU	OPEN	68	01:21:08	02:46:06	03:58:34.70	03:58:42.25	+01:43:02 (43.2%)	7:01	8.6 (57.3%)
69	GAWCZYŃSKI Kacper	269		OPEN	69	01:24:29	02:50:03	04:01:59.35	04:02:06.10	+01:46:25 (44.0%)	7:07	8.4 (56.0%)
70	WENCKA Maciej	277		OPEN	70	01:37:36	02:58:51	04:02:07.30	04:02:17.40	+01:46:37 (44.0%)	7:07	8.4 (56.0%)
71	TRACZYK Piotr	470		OPEN	71	01:24:55	02:50:17	04:02:07.55	04:02:23.65	+01:46:43 (44.0%)	7:07	8.4 (56.0%)
72	SMIRNOV Maks	403		OPEN	72	01:32:36	02:57:57	04:03:22.10	04:03:25.65	+01:47:45 (44.3%)	7:09	8.4 (56.0%)
73	SKRZYPCZYŃSKI Marcin	326		OPEN	73	01:24:42	02:51:14	04:03:40.00	04:03:49.65	+01:48:09 (44.4%)	7:10	8.4 (56.0%)
74	LAZAROWICZ Krzysztof	444	GOPR KARKONOSZE	OPEN	74	01:23:19	02:54:50	04:04:03.00	04:04:23.20	+01:48:43 (44.5%)	7:10	8.4 (56.0%)
75	RABIEJ-OLSZEWSKA Hanna	316		OPEN	75	01:24:54	02:50:26	04:04:28.95	04:04:40.10	+01:48:59 (44.5%)	7:11	8.3 (55.3%)
76	CUKROWSKI Marcin	242		OPEN	76	01:20:14	02:45:58	04:04:43.25	04:04:53.05	+01:49:12 (44.6%)	7:11	8.3 (55.3%)
77	CIRKO Arkadiusz	386	KGHM ZG RUN	OPEN	77	01:34:26	03:00:09	04:05:17.55	04:05:22.15	+01:49:41 (44.7%)	7:12	8.3 (55.3%)
78	CZELEŃ Mateusz	261		OPEN	78	01:23:24	02:53:29	04:05:08.45	04:05:30.05	+01:49:49 (44.7%)	7:12	8.3 (55.3%)
79	WATAŁA Krzysztof	329	PRO - RUN	OPEN	79	01:31:43	02:57:49	04:06:19.90	04:06:48.45	+01:51:08 (45.0%)	7:14	8.3 (55.3%)
80	TOL Kamil	436	MAFIA TEAM LUBLINIEC	OPEN	80	01:21:58	02:46:49	04:07:25.30	04:07:31.55	+01:51:51 (45.2%)	7:16	8.2 (54.7%)
81	RUDZIŃSKI Tomasz	435	KUNA W AGREŚCIE	OPEN	81	01:21:53	02:46:50	04:07:24.85	04:07:31.60	+01:51:51 (45.2%)	7:16	8.2 (54.7%)
82	GRABOWY Mateusz	264	NADAKTYWNI NOWE MIASTECZKO	OPEN	82	01:18:21	02:48:15	04:07:52.90	04:08:05.75	+01:52:25 (45.3%)	7:17	8.2 (54.7%)
83	ŚWIĄTEK Michał	412		OPEN	83	01:33:32	03:04:12	04:08:23.00	04:08:28.10	+01:52:47 (45.4%)	7:18	8.2 (54.7%)
84	CHRZAŚCZ Damian	237	VEGE RUNNERS	OPEN	84	01:28:39	02:55:17	04:08:32.60	04:08:46.75	+01:53:06 (45.5%)	7:18	8.2 (54.7%)

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85	GRABOWY Damian	265	NADAKTYWNI NOWE MIASTECZKO	OPEN	85	01:18:41	02:51:39	04:09:01.55	04:09:13.95	+01:53:33 (45.6%)	7:19	8.2 (54.7%)
86	GORCZYCA Lukasz	286		OPEN	86	01:18:37	02:51:39	04:09:00.85	04:09:14.15	+01:53:33 (45.6%)	7:19	8.2 (54.7%)
87	PASZKIEWICZ Józef	355		OPEN	87	01:29:34	02:51:24	04:09:16.05	04:09:36.15	+01:53:55 (45.6%)	7:19	8.2 (54.7%)
88	OBLICKI Bartosz	333		OPEN	88	01:26:51	02:57:20	04:10:44.50	04:10:55.95	+01:55:15 (45.9%)	7:22	8.1 (54.0%)
89	NOWEK Łukasz	429	NADAKTYWNI NOWE MIASTECZKO	OPEN	89	01:22:26	02:55:46	04:10:57.60	04:11:10.15	+01:55:29 (46.0%)	7:22	8.1 (54.0%)
90	SZCZĘŚNIAK Piotr	414	MASARNIA	OPEN	90	01:23:14	02:53:09	04:11:11.10	04:11:21.20	+01:55:41 (46.0%)	7:23	8.1 (54.0%)
91	FURTAK Krzysztof	468	KTOŚ MUSI BYĆ OSTATNI	OPEN	91	01:30:14	03:02:06	04:11:24.90	04:11:53.55	+01:56:13 (46.1%)	7:23	8.1 (54.0%)
92	ZIELIŃSKI Karol	288	A MOGLIŚMY JEŹDZIĆ NA ROWERACH	OPEN	92	01:27:55	03:00:21	04:12:33.50	04:12:45.15	+01:57:04 (46.3%)	7:25	8.1 (54.0%)
93	KUBIAK Andrzej	370		OPEN	93	01:27:08	02:59:01	04:13:12.60	04:13:17.20	+01:57:37 (46.4%)	7:26	8.1 (54.0%)
94	DANIEL Maria	443	ULTRAKAYA TEAM	OPEN	94	01:29:31	03:01:48	04:13:13.65	04:13:22.55	+01:57:42 (46.5%)	7:26	8.1 (54.0%)
95	PIETRZAK Marek	248		OPEN	95	01:29:46	02:59:12	04:13:55.00	04:13:55.00	+01:58:14 (46.6%)	7:28	8 (53.3%)
96	KACZMAREK Maciej	471	POLEOHEL	OPEN	96	01:28:29	02:51:15	04:14:03.15	04:15:02.85	+01:59:22 (46.8%)	7:28	8 (53.3%)
97	LISOWSKI Grzegorz	320		OPEN	97	01:21:41	02:53:15	04:15:01.35	04:15:15.55	+01:59:35 (46.9%)	7:30	8 (53.3%)
98	HILDEBRAND Daniel	289	A MOGLIŚMY JEŹDZIĆ NA ROWERACH	OPEN	98	01:29:41	03:03:26	04:16:14.30	04:16:26.30	+02:00:46 (47.1%)	7:32	8 (53.3%)
99	AWENCKI Adam	450		OPEN	99	01:20:05	02:51:09	04:16:29.90	04:16:35.45	+02:00:55 (47.1%)	7:32	8 (53.3%)
100	STRONIKOWSKI Wojciech	296	DRUŻYNA STASIA	OPEN	100	01:26:56	02:51:56	04:17:16.00	04:17:20.90	+02:01:40 (47.3%)	7:34	7.9 (52.7%)
101	WIĘCKOWICZ Piotr	334		OPEN	101	01:22:44	02:51:22	04:17:34.20	04:17:45.10	+02:02:04 (47.4%)	7:34	7.9 (52.7%)
102	KAMINSKI Igor	432	SUP	OPEN	102	01:33:28	03:07:08	04:19:21.75	04:20:08.70	+02:04:28 (47.8%)	7:37	7.9 (52.7%)
103	URBANEK Sylwester	252		OPEN	103	01:33:07	03:05:11	04:19:21.05	04:20:11.80	+02:04:31 (47.9%)	7:37	7.9 (52.7%)
104	ZYWERT Antonina	377		OPEN	104	01:25:09	02:55:30	04:21:03.90	04:21:12.35	+02:05:32 (48.1%)	7:40	7.8 (52.0%)
105	KUREK Damian	379		OPEN	105	01:25:02	02:55:31	04:21:03.85	04:21:12.45	+02:05:32 (48.1%)	7:40	7.8 (52.0%)
106	SERAFIN Adam	394		OPEN	106	01:31:11	03:04:30	04:21:04.40	04:21:13.45	+02:05:33 (48.1%)	7:40	7.8 (52.0%)
107	MATUSIAK Mateusz	222	WWW.ARDENTCOACH.COM	OPEN	107	01:31:31	03:05:30	04:21:01.95	04:21:20.65	+02:05:40 (48.1%)	7:40	7.8 (52.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	PK A Zakręt Śmierci 12km	PK B Jakuszyce 24km	Czas netto 34km	Czas brutto 34km	Różn	Tempo min/km	Tempo km/h
108	CIRKO Joanna	336	JELEŃIA PLAST SPORT TEAM	OPEN	108	01:26:59	02:57:48	04:21:49.95	04:21:56.40	+02:06:16 (48.2%)	7:42	7.8 (52.0%)
109	CIRKO Grzegorz	335	JELEŃIA PLAST SPORT TEAM	OPEN	109	01:28:11	03:01:39	04:21:49.30	04:21:56.85	+02:06:16 (48.2%)	7:42	7.8 (52.0%)
110	TĘCZA Robert	467		OPEN	110	01:23:55	02:52:55	04:22:07.70	04:22:17.20	+02:06:37 (48.3%)	7:42	7.8 (52.0%)
111	CIEŚLAK Tomasz	368	ROSSMANN	OPEN	111	01:34:19	03:07:49	04:22:29.05	04:22:51.50	+02:07:11 (48.4%)	7:43	7.8 (52.0%)
112	KRUK Marek	371		OPEN	112	01:34:12	03:07:52	04:22:30.80	04:22:52.90	+02:07:12 (48.4%)	7:43	7.8 (52.0%)
113	MAZUR Katarzyna	378	UMLAUT	OPEN	113	01:37:11	03:11:11	04:23:11.85	04:23:16.45	+02:07:36 (48.5%)	7:44	7.8 (52.0%)
114	FILIPOWICZ Dominik	466		OPEN	114	01:28:28	03:04:34	04:23:41.60	04:23:52.40	+02:08:12 (48.6%)	7:45	7.7 (51.3%)
115	KOSTYK Grzegorz	337		OPEN	115	01:24:47	03:01:18	04:23:43.05	04:23:52.70	+02:08:12 (48.6%)	7:45	7.7 (51.3%)
116	ŚREDNIAWA Paulina	422		OPEN	116	01:34:18	03:08:09	04:23:38.45	04:23:57.90	+02:08:17 (48.6%)	7:45	7.7 (51.3%)
117	SAMEK Aleksander	311		OPEN	117	01:30:53	03:05:39	04:23:50.45	04:24:07.65	+02:08:27 (48.6%)	7:45	7.7 (51.3%)
118	JESSA Andrzej	307		OPEN	118	01:31:28	03:01:23	04:23:44.60	04:24:08.60	+02:08:28 (48.6%)	7:45	7.7 (51.3%)
119	DŁUGOSZ Marek	315		OPEN	119	01:29:41	03:08:52	04:24:16.00	04:24:21.85	+02:08:41 (48.7%)	7:46	7.7 (51.3%)
120	KOZIOŁ Ewa	463	KB-SOBÓTKA	OPEN	120	01:33:42	03:08:59	04:24:19.00	04:24:28.35	+02:08:48 (48.7%)	7:46	7.7 (51.3%)
121	DECHNIK Łukasz	404		OPEN	121	01:30:35	03:07:17	04:25:55.15	04:26:04.65	+02:10:24 (49.0%)	7:49	7.7 (51.3%)
122	MATUSIAK Jakub	382	STYL KARKONOSKI	OPEN	122	01:31:20	03:07:06	04:27:28.70	04:27:46.75	+02:12:06 (49.3%)	7:52	7.6 (50.7%)
123	STĘPIEŃ Patrycja	297		OPEN	123	01:33:13	03:11:07	04:27:29.90	04:27:47.85	+02:12:07 (49.3%)	7:52	7.6 (50.7%)
124	PATEREK Martyna	428		OPEN	124	01:30:12	03:06:12	04:27:41.45	04:27:47.95	+02:12:07 (49.3%)	7:52	7.6 (50.7%)
125	PODZORSKA KRUPA Barbara	272	STAŚ I TYGRYS	OPEN	125	01:37:33	03:12:40	04:27:47.45	04:28:06.00	+02:12:25 (49.4%)	7:52	7.6 (50.7%)
126	BĘBAS Paweł	344		OPEN	126	01:33:42	03:08:37	04:27:56.35	04:28:11.80	+02:12:31 (49.4%)	7:52	7.6 (50.7%)
127	RYŚNIK Błażej	359		OPEN	127	01:33:18	03:09:39	04:28:25.95	04:28:50.15	+02:13:09 (49.5%)	7:53	7.6 (50.7%)
128	BOŻKO Wiktoria	418		OPEN	128	01:30:25	03:06:22	04:29:02.55	04:29:08.20	+02:13:28 (49.6%)	7:54	7.6 (50.7%)
129	RUSIN Kamil	427		OPEN	129	01:30:24	03:06:30	04:29:02.80	04:29:09.00	+02:13:28 (49.6%)	7:54	7.6 (50.7%)
130	JĘDRZEJEWSKI Zbigniew	438	PARKRUN WROCŁAW	OPEN	130	01:33:45	03:09:14	04:29:17.55	04:29:25.20	+02:13:45 (49.6%)	7:55	7.6 (50.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	PK A Zakręt Śmierci 12km	PK B Jakuszyce 24km	Czas netto 34km	Czas brutto 34km	Różn	Tempo min/km	Tempo km/h
131	SOJKA Przemek	259	ORANGE POLSKA	OPEN	131	01:33:54	03:09:16	04:29:33.50	04:29:45.35	+02:14:05 (49.7%)	7:55	7.6 (50.7%)
132	MARCINKOWSKI Michał	392	R-TEAM	OPEN	132	01:32:19	03:09:47	04:31:46.10	04:31:46.10	+02:16:05 (50.1%)	7:59	7.5 (50.0%)
133	MIKOŁAJEWSKA Zofia	275	OLEJ RUNNING TEAM	OPEN	133	01:35:50	03:13:24	04:31:49.65	04:32:01.70	+02:16:21 (50.1%)	7:59	7.5 (50.0%)
134	MARCINKIEWICZ Marek	363		OPEN	134	01:32:38	03:11:52	04:31:52.30	04:32:04.65	+02:16:24 (50.1%)	7:59	7.5 (50.0%)
135	IZDEBSKI Tomasz	280	NBS	OPEN	135	01:28:03	03:04:04	04:32:58.50	04:33:03.15	+02:17:22 (50.3%)	8:01	7.5 (50.0%)
136	PELC Tomasz	406		OPEN	136	01:30:07	03:04:43	04:33:01.90	04:33:18.95	+02:17:38 (50.4%)	8:01	7.5 (50.0%)
137	GORĄCZNIAK Maciej	254	PENER Z JEŻYC	OPEN	137	01:32:59	03:07:46	04:33:52.50	04:34:15.15	+02:18:34 (50.5%)	8:03	7.4 (49.3%)
138	DĘBICKI Łukasz	292		OPEN	138	01:23:44	03:00:08	04:33:48.40	04:34:18.20	+02:18:38 (50.5%)	8:03	7.5 (50.0%)
139	MICHALIK Justyna	426	ZABIERZOW BIEGA	OPEN	139	01:31:14	03:09:02	04:35:03.55	04:35:12.50	+02:19:32 (50.7%)	8:05	7.4 (49.3%)
140	WOSIAK Karolina	234	NOA	OPEN	140	01:41:41	03:17:00	04:35:06.70	04:35:20.25	+02:19:40 (50.7%)	8:05	7.4 (49.3%)
141	STACHOWIAK Magda	442	RTEAM RYDZYNA	OPEN	141	01:32:21	03:15:23	04:35:31.05	04:35:36.35	+02:19:56 (50.8%)	8:06	7.4 (49.3%)
142	DUL Wiesław	423	FAMILY TEAM	OPEN	142	01:36:20	03:12:18	04:35:36.00	04:35:40.90	+02:20:00 (50.8%)	8:06	7.4 (49.3%)
143	KOPYŚCIAŃSKI Aleksander	328	FITNESS PIEKARY	OPEN	143	01:33:27	03:10:29	04:35:27.75	04:35:46.75	+02:20:06 (50.8%)	8:06	7.4 (49.3%)
144	SZPAŁA Jakub	402		OPEN	144	01:23:00	02:49:01	04:36:16.40	04:36:18.85	+02:20:38 (50.9%)	8:07	7.4 (49.3%)
145	GORĄCZNIAK Anna	253	KOBIETY BIEGAJĄ	OPEN	145	01:33:45	03:07:46	04:36:02.40	04:36:21.70	+02:20:41 (50.9%)	8:07	7.4 (49.3%)
146	MONIAKOWSKI Adam	401	BUTTON`S TEAM	OPEN	146	01:29:09	03:10:08	04:36:33.20	04:36:48.85	+02:21:08 (51.0%)	8:08	7.4 (49.3%)
147	KWASIUK Wojciech	360		OPEN	147	01:32:55	03:18:34	04:37:34.35	04:37:57.00	+02:22:16 (51.2%)	8:09	7.3 (48.7%)
148	KOŁEK Adrian	347	DRINK TEAM	OPEN	148	01:37:15	03:18:24	04:37:43.35	04:38:04.20	+02:22:24 (51.2%)	8:10	7.3 (48.7%)
149	JODŁOWSKA Ewa	449		OPEN	149	01:38:39	03:18:28	04:37:49.90	04:38:07.80	+02:22:27 (51.2%)	8:10	7.3 (48.7%)
150	ŻYTNIK Piotr	399	BUTTON'S TEAM	OPEN	150	01:40:43	03:21:02	04:37:59.10	04:38:15.95	+02:22:35 (51.2%)	8:10	7.3 (48.7%)
151	TYCHOWICZ Robert	400	BUTTON'S TEAM	OPEN	151	01:40:43	03:21:00	04:37:59.40	04:38:16.55	+02:22:36 (51.2%)	8:10	7.3 (48.7%)
152	PODSADNY Bartosz	445		OPEN	152	01:40:33	03:26:13	04:42:30.45	04:42:52.80	+02:27:12 (52.0%)	8:18	7.2 (48.0%)
153	GOSPODAREK Łukasz	279		OPEN	153	01:38:01	03:20:17	04:45:08.35	04:45:14.15	+02:29:33 (52.4%)	8:23	7.2 (48.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	PK A Zakręt Śmierci 12km	PK B Jakuszyce 24km	Czas netto 34km	Czas brutto 34km	Różn	Tempo min/km	Tempo km/h
154	BEMBENEK Karol	302		OPEN	154	01:33:17	03:17:07	04:45:10.75	04:45:29.45	+02:29:49 (52.5%)	8:23	7.2 (48.0%)
155	NARKUN Ewa	257		OPEN	155	01:42:36	03:27:34	04:46:39.00	04:46:48.95	+02:31:08 (52.7%)	8:25	7.1 (47.3%)
156	PIETRZAKOWSKI Robert	239		OPEN	156	01:34:13	03:21:38	04:46:32.20	04:46:55.05	+02:31:14 (52.7%)	8:25	7.1 (47.3%)
157	ZAWARTY Michał	290		OPEN	157	01:34:42	03:21:34	04:47:08.05	04:47:18.30	+02:31:38 (52.8%)	8:26	7.1 (47.3%)
158	SPYCHAŁA Marek	287		OPEN	158	01:35:43	03:21:35	04:47:10.15	04:47:18.45	+02:31:38 (52.8%)	8:26	7.1 (47.3%)
159	CZACZYK Leszek	303		OPEN	159	01:32:46	03:23:27	04:46:43.25	04:47:25.50	+02:31:45 (52.8%)	8:25	7.1 (47.3%)
160	BUŁAJ Bartosz	301		OPEN	160	01:32:45	03:23:36	04:46:44.45	04:47:26.25	+02:31:46 (52.8%)	8:26	7.1 (47.3%)
161	WANAT Kasia	332		OPEN	161	01:34:34	03:17:46	04:48:22.15	04:48:35.65	+02:32:55 (53.0%)	8:28	7.1 (47.3%)
162	KOLAJ Hanna	380		OPEN	162	01:44:31	03:30:08	04:48:47.30	04:49:16.05	+02:33:35 (53.1%)	8:29	7.1 (47.3%)
163	KOLAJ Krzysztof	381		OPEN	163	01:44:29	03:30:12	04:48:49.70	04:49:18.45	+02:33:38 (53.1%)	8:29	7.1 (47.3%)
164	MAĆKOWIAK-RYDZYŃSKA Anna	298		OPEN	164	01:38:19	03:24:53	04:50:02.25	04:50:13.95	+02:34:33 (53.3%)	8:31	7 (46.7%)
165	ORŁOWSKI Robert	354	BIEGNĘ DO MORDORU	OPEN	165	01:32:46	03:13:19	04:50:07.95	04:50:28.30	+02:34:48 (53.3%)	8:31	7 (46.7%)
166	PAŁASZYŃSKA Beata	249	PRZESZKODOWA BYDGOSZCZ	OPEN	166	01:39:40	03:25:26	04:50:40.15	04:50:56.50	+02:35:16 (53.4%)	8:32	7 (46.7%)
167	MARCINIAK Maciej	312		OPEN	167	01:34:59	03:26:54	04:50:50.70	04:51:15.05	+02:35:34 (53.4%)	8:33	7 (46.7%)
168	ŻMOJDIAN Przemysław	391	KB SOBÓTKA	OPEN	168	01:38:18	03:20:34	04:51:21.20	04:51:29.85	+02:35:49 (53.5%)	8:34	7 (46.7%)
169	PUCHAŁA Anna	459	KB SOBÓTKA	OPEN	169	01:38:21	03:20:33	04:51:20.45	04:51:29.95	+02:35:49 (53.5%)	8:34	7 (46.7%)
170	HOREGLAD Maria	235		OPEN	170	01:34:37	03:17:58	04:51:18.30	04:51:32.45	+02:35:52 (53.5%)	8:34	7 (46.7%)
171	KRZYZYK Adam	325		OPEN	171	01:32:46	03:18:43	04:52:48.95	04:52:58.00	+02:37:17 (53.7%)	8:36	7 (46.7%)
172	STEC Katarzyna	244	KNURZYCA Z POGÓRZA IZERSKIEGO	OPEN	172	01:31:30	03:27:20	04:52:56.90	04:53:13.15	+02:37:32 (53.7%)	8:36	7 (46.7%)
173	GĄSIOROWSKA Dorota	223		OPEN	173	01:44:25	03:30:20	04:52:52.40	04:53:13.55	+02:37:33 (53.7%)	8:36	7 (46.7%)
174	SERWATKIEWICZ Grzegorz	431		OPEN	174	01:36:08	03:23:32	04:53:15.70	04:53:23.35	+02:37:43 (53.8%)	8:37	7 (46.7%)
175	TOMCZYK Alina	245		OPEN	175	01:42:07	03:28:33	04:53:13.10	04:53:23.95	+02:37:43 (53.8%)	8:37	7 (46.7%)
176	KACHNIARZ Tomasz	281	NBS	OPEN	176	01:35:47	03:22:26	04:53:28.55	04:53:32.90	+02:37:52 (53.8%)	8:37	7 (46.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	PK A Zakręt Śmierci 12km	PK B Jakuszyce 24km	Czas netto 34km	Czas brutto 34km	Różn	Tempo min/km	Tempo km/h
177	NAKLICKI Marcin	291		OPEN	177	01:38:39	03:29:35	04:55:21.20	04:55:25.35	+02:39:45 (54.1%)	8:41	6.9 (46.0%)
178	WOŚ Łukasz	270		OPEN	178	01:38:54	03:29:47	04:55:19.05	04:55:36.80	+02:39:56 (54.1%)	8:41	6.9 (46.0%)
179	JĘDRZEJCZAK Renata	273		OPEN	179	01:38:55	03:29:41	04:55:17.05	04:55:38.30	+02:39:58 (54.1%)	8:41	6.9 (46.0%)
180	KMIECIK Mirosław	263		OPEN	180	01:39:03	03:29:50	04:55:19.45	04:55:39.25	+02:39:59 (54.1%)	8:41	6.9 (46.0%)
181	PASZKIEWICZ-ŻAK Monika	276	KOBIETY BIEGAJĄ	OPEN	181	01:39:54	03:22:00	04:56:15.20	04:56:34.20	+02:40:54 (54.3%)	8:42	6.9 (46.0%)
182	ROZNERSKI Łukasz	460	KB SOBÓTKA	OPEN	182	01:43:54	03:33:52	04:59:00.25	04:59:11.15	+02:43:30 (54.7%)	8:47	6.8 (45.3%)
183	MAZUR Michał	224	KB SOBÓTKA	OPEN	183	01:43:28	03:33:46	05:04:09.50	05:04:20.25	+02:48:40 (55.4%)	8:56	6.7 (44.7%)
184	PASTUCHEWICZ Przemysław	220	KNUR Z POGÓRZA IZERSKIEGO	OPEN	184	01:42:19	03:35:51	05:04:04.65	05:04:20.45	+02:48:40 (55.4%)	8:56	6.7 (44.7%)
185	ROSOLSKI Paweł	262	WSOWY	OPEN	185	01:37:37	03:33:20	05:08:54.35	05:09:10.55	+02:53:30 (56.1%)	9:05	6.6 (44.0%)
186	SOKOLOWSKA Katarzyna	300		OPEN	186	01:43:57	03:32:31	05:10:50.15	05:11:03.80	+02:55:23 (56.4%)	9:08	6.6 (44.0%)
187	SZYŃSKA Alicja	232	NOA	OPEN	187	01:43:42	03:31:09	05:11:03.60	05:11:18.65	+02:55:38 (56.4%)	9:08	6.6 (44.0%)
188	PLEWA Katarzyna	304		OPEN	188	01:44:49	03:33:49	05:11:08.95	05:11:22.60	+02:55:42 (56.4%)	9:09	6.6 (44.0%)
189	DORDZIK Małgorzata	327		OPEN	189	01:51:02	03:42:31	05:11:02.55	05:11:28.25	+02:55:48 (56.4%)	9:08	6.6 (44.0%)
190	POMIETLARZ Lucjan	375	KB LEW LEGNICA	OPEN	190	01:39:45	03:34:18	05:11:55.30	05:12:03.45	+02:56:23 (56.5%)	9:10	6.5 (43.3%)
191	KUJAWA Ewelina	227		OPEN	191	01:45:32	03:42:45	05:12:03.40	05:12:13.55	+02:56:33 (56.5%)	9:10	6.5 (43.3%)
192	BARTOSZEWSKA Katarzyna	319	WATAHA	OPEN	192	01:40:49	03:32:58	05:12:20.05	05:12:39.35	+02:56:59 (56.6%)	9:11	6.5 (43.3%)
193	KARPIŃSKA Karolina	323		OPEN	193	01:48:16	03:37:44	05:12:27.80	05:12:52.60	+02:57:12 (56.6%)	9:11	6.5 (43.3%)
194	KOWALSKA Kinga	238	NOA	OPEN	194	01:41:40	03:29:08	05:12:43.75	05:12:56.15	+02:57:15 (56.6%)	9:11	6.5 (43.3%)
195	STEFANIAK Jan	390		OPEN	195	01:48:04	03:40:00	05:12:41.70	05:13:04.10	+02:57:23 (56.7%)	9:11	6.5 (43.3%)
196	FRANKOWICZ Magdalena	282	TJ	OPEN	196	01:45:04	03:37:57	05:13:19.55	05:13:31.95	+02:57:51 (56.7%)	9:12	6.5 (43.3%)
197	MARKIEWICZ Joanna Zuza	278	TJ	OPEN	197	01:45:20	03:38:08	05:13:19.70	05:13:32.25	+02:57:52 (56.7%)	9:12	6.5 (43.3%)
198	BIZIOR Michał	411		OPEN	198	01:42:21	03:31:55	05:13:45.45	05:13:52.60	+02:58:12 (56.8%)	9:13	6.5 (43.3%)
199	BIZIOR Agata	410		OPEN	199	01:43:13	03:32:26	05:13:46.95	05:13:52.80	+02:58:12 (56.8%)	9:13	6.5 (43.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	PK A Zakręt Śmierci 12km	PK B Jakuszyce 24km	Czas netto 34km	Czas brutto 34km	Różn	Tempo min/km	Tempo km/h
200	JELINSKI Sebastian	353	NOA	OPEN	200	01:44:33	03:40:12	05:13:55.55	05:14:10.15	+02:58:29 (56.8%)	9:13	6.5 (43.3%)
201	WRÓBLEWSKA Małgorzata	452	BBL KROSNO ODRZAŃSKIE	OPEN	201	01:41:49	03:33:51	05:16:23.55	05:16:43.65	+03:01:03 (57.2%)	9:18	6.4 (42.7%)
202	WRÓBLEWSKI Janusz	451	BBL KROSNO ODRZAŃSKIE	OPEN	202	01:41:29	03:33:55	05:16:23.55	05:16:44.85	+03:01:04 (57.2%)	9:18	6.4 (42.7%)
203	HAGEL Julita	376		OPEN	203	01:43:50	03:42:09	05:21:12.05	05:21:24.30	+03:05:44 (57.8%)	9:26	6.4 (42.7%)
204	SZULC Joanna	229	WYBIEGANIA MPK	OPEN	204	01:51:30	03:46:12	05:21:59.40	05:22:19.90	+03:06:39 (57.9%)	9:28	6.3 (42.0%)
205	MACIAS Waldemar	384		OPEN	205	01:50:14	03:51:27	05:23:21.60	05:23:43.10	+03:08:02 (58.1%)	9:30	6.3 (42.0%)
206	PIECHOL Sebastian	469	RAZEM TRENUJEMY SPORT	OPEN	206	01:36:57	03:42:34	05:24:33.00	05:24:46.35	+03:09:06 (58.2%)	9:32	6.3 (42.0%)
207	DUBOWIK Ania	295		OPEN	207	01:49:30	03:49:23	05:26:25.95	05:26:40.40	+03:11:00 (58.5%)	9:36	6.2 (41.3%)
208	PRZYBYŁ Piotr	240	EASY RUNNERS	OPEN	208	01:47:49	03:49:18	05:26:27.20	05:26:41.75	+03:11:01 (58.5%)	9:36	6.2 (41.3%)
209	BOKSZCZANIN Aneta	318	BOCZEK TEAM	OPEN	209	01:50:36	03:56:04	05:29:48.60	05:30:03.75	+03:14:23 (58.9%)	9:42	6.2 (41.3%)
210	BOKSZCZANIN Jarek	317	BOCZEK TEAM	OPEN	210	01:50:57	03:56:13	05:29:48.50	05:30:03.80	+03:14:23 (58.9%)	9:42	6.2 (41.3%)
211	LACH Jakub	424		OPEN	211	01:49:51	03:57:43	05:30:12.50	05:30:36.45	+03:14:56 (59.0%)	9:42	6.2 (41.3%)
211	MAKAREWICZ Izabela	425		OPEN	211	01:53:18	03:55:57	05:30:13.00	05:30:36.45	+03:14:56 (59.0%)	9:42	6.2 (41.3%)
213	PACHUASHVILI Manana	440		OPEN	213	01:50:20	03:55:05	05:31:40.15	05:31:45.05	+03:16:04 (59.1%)	9:45	6.2 (41.3%)
214	KOWALCZYK Marcin	258		OPEN	214	01:52:35	03:52:36	05:31:15.65	05:31:51.90	+03:16:11 (59.1%)	9:44	6.2 (41.3%)
215	LEWICKA Bozena	421	GONIMY	OPEN	215	01:53:33	03:53:12	05:32:00.80	05:32:19.15	+03:16:38 (59.2%)	9:45	6.1 (40.7%)
216	MICHALAK Magdalena	231	ŻARTA WATAHA	OPEN	216	01:51:13	03:59:57	05:34:00.25	05:34:11.05	+03:18:30 (59.4%)	9:49	6.1 (40.7%)
217	STELMASZCZYK Michalina	284		OPEN	217	01:57:49	04:01:51	05:33:50.15	05:34:14.40	+03:18:34 (59.4%)	9:49	6.1 (40.7%)
218	SYNOWIEC-JUDA Agata	389		OPEN	218	02:05:31	04:02:33	05:35:20.70	05:35:41.95	+03:20:01 (59.6%)	9:51	6.1 (40.7%)
219	SZCZUCKI Miłosz	437		OPEN	219	01:35:38	03:32:35	05:39:04.90	05:39:10.80	+03:23:30 (60.0%)	9:58	6 (40.0%)
220	FLORCZAK Anna	305	FIZJOTERAPIA FUNKCJONALNA ANNA FLORCZAK	OPEN	220	01:53:46	04:01:43	05:45:35.35	05:45:35.50	+03:29:55 (60.7%)	10:09	5.9 (39.3%)
221	ZIONTKOWSKA Jolanta	364		OPEN	221	01:53:53	04:01:34	05:45:33.75	05:45:35.80	+03:29:55 (60.7%)	10:09	5.9 (39.3%)
	SKUPIN Agata	266		OPEN		DNF	DNF	DNF	DNF	-	-	(0.0%)

Znaleziono 222 wynik(ów)