

Wydarzenie: UltraKotlina
Organizator: Fundacja Przejście Kotliny
Data: 2021-10-09
Miejsce: Szklarska Poręba
Dystans: 34 km

Klasyfikacja: OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Zakręt Śmierci 12km	PK B Jakuszyce 24km	Czas netto 34km	Czas brutto 34km	Różn	Tempo min/km	Tempo km/h
1	CZERNIAK Paweł	1426	KARKONOSZ RUNNING TEAM	M30	1	00:53:29	01:46:50	02:25:06.05	02:25:07.65		4:16	14.1 (100%)
2	SOBAS Jacek	1336	ASICSFRONTRUNNERPOLAND	M30	2	00:55:03	01:50:09	02:32:50.35	02:32:51.65	+00:07:44 (5.1%)	4:29	13.3 (94.3%)
3	BRÝDL Pavel	1443	MUAY RUNNING TEAM	M40	1	00:56:31	01:52:36	02:35:26.45	02:35:28.15	+00:10:20 (6.7%)	4:34	13.1 (92.9%)
4	LAGNER Sebastian	1420	KB SOBÓTKA/ PRZEDWOJEWSKI TEAM	M20	1	00:57:39	01:55:17	02:38:43.50	02:38:45.60	+00:13:37 (8.6%)	4:40	12.9 (91.5%)
5	PAZDAN Piotr	1313	140MINUT.PL	M30	3	01:00:48	02:01:07	02:42:59.20	02:43:01.10	+00:17:53 (11.0%)	4:47	12.5 (88.7%)
6	RUTKOWSKI Dawid	1372	GRIZZLYTEAM/140MINUT.PL	M40	2	01:01:44	02:01:19	02:44:13.90	02:44:16.20	+00:19:08 (11.7%)	4:49	12.4 (87.9%)
7	SZKOŁA Wojciech	1354	NATURAL BORN RUNNERS	M30	4	01:01:33	02:01:21	02:45:59.40	02:46:02.10	+00:20:54 (12.6%)	4:52	12.3 (87.2%)
8	MICHAŁ Stopa	1375	SPLA TYCHY	M30	5	01:02:36	02:07:51	02:54:29.45	02:54:31.65	+00:29:24 (16.8%)	5:07	11.7 (83.0%)
9	CIEŚNIK Krzysztof	1490		M30	6		02:01:40	02:54:50.25	02:54:52.45	+00:29:44 (17.0%)	5:08	11.7 (83.0%)
10	DU CZMAL Dominika	1421	SOBAS TEAM	K20	1	01:04:39	02:08:08	02:55:17.60	02:55:20.15	+00:30:12 (17.2%)	5:09	11.6 (82.3%)
11	SKRAJNY Łukasz	1373	JASIEK&ZOŚKA	M40	3	01:02:19	02:08:14	02:58:12.70	02:58:14.80	+00:33:07 (18.6%)	5:14	11.4 (80.9%)
12	MIRECKI Tomasz	1328	140MINUT.PL	M40	4	01:06:21	02:08:56	02:59:03.40	02:59:06.90	+00:33:59 (19.0%)	5:15	11.4 (80.9%)
13	DZIENISZEWSKI Michał	1402	DYNAFIT / SKALNIK.PL	M30	7	01:06:06	02:09:01	03:00:24.05	03:00:27.25	+00:35:19 (19.6%)	5:18	11.3 (80.1%)
14	OBSTÓJ Karolina	1339	#SOBASTEAM	K30	1	01:05:22	02:11:13	03:00:41.25	03:00:43.10	+00:35:35 (19.7%)	5:18	11.3 (80.1%)
15	KOTLAREK Dawid	1213	VEGE RUNNERS / #SOBASTEAM	M40	5	01:04:25	02:10:09	03:04:08.80	03:04:11.60	+00:39:03 (21.2%)	5:24	11.1 (78.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Zakręt Śmierci 12km	PK B Jakuszyce 24km	Czas netto 34km	Czas brutto 34km	Różn	Tempo min/km	Tempo km/h
16	LULIS Anna	1424	#SOBASTEAM	K40	1	01:06:42	02:12:16	03:04:15.55	03:04:17.65	+00:39:10 (21.3%)	5:25	11.1 (78.7%)
17	CHYB Radosław	1425	RUN-PASSION.PL TEAM	M40	6	01:03:09	02:21:10	03:06:55.30	03:06:58.30	+00:41:50 (22.4%)	5:29	10.9 (77.3%)
18	MACIEJEWSKI Rafał	1410		M30	8	01:08:23	02:15:38	03:08:36.35	03:08:54.65	+00:43:47 (23.2%)	5:32	10.8 (76.6%)
19	ŁUKASIEWICZ Ewa	1435	OLAWS ZŁOTORYJA	K50	1	01:10:18	02:18:25	03:11:43.95	03:11:49.45	+00:46:41 (24.3%)	5:38	10.6 (75.2%)
20	DOMAGAŁA Grzegorz	1295		M30	9	01:08:29	02:18:50	03:13:22.15	03:13:27.15	+00:48:19 (25.0%)	5:41	10.5 (74.5%)
21	WOJNAROWICZ Paweł	1446		M30	10	01:11:48	02:21:37	03:15:37.45	03:15:42.90	+00:50:35 (25.8%)	5:45	10.4 (73.8%)
22	PIĄTEK Jakub	1497		M20	2	01:09:08	02:19:55	03:15:48.10	03:16:03.85	+00:50:56 (26.0%)	5:45	10.4 (73.8%)
23	KANIA Tomasz	1414	#SOBASTEAM	M40	7	01:08:24	02:18:31	03:16:13.00	03:16:16.40	+00:51:08 (26.1%)	5:46	10.4 (73.8%)
24	DUDEK Monika	1260	PCH SPORT TEAM	K30	2	01:09:51	02:22:14	03:17:10.90	03:17:13.20	+00:52:05 (26.4%)	5:47	10.3 (73.0%)
25	KARCZ Tomasz	1452	TEALTREE.PL	M40	8	01:08:36	02:18:35	03:18:26.95	03:18:29.35	+00:53:21 (26.9%)	5:50	10.3 (73.0%)
26	MOJEK Michał	1475	DYNAFIT/GOPR KARKONOSZE	M40	9	01:08:50	02:19:25	03:18:25.45	03:18:30.20	+00:53:22 (26.9%)	5:50	10.3 (73.0%)
27	LISEK Andrzej	1498	LISEK	M30	11	01:08:50	02:21:26	03:18:34.10	03:18:36.80	+00:53:29 (26.9%)	5:50	10.3 (73.0%)
28	ŚNIERZYŃSKI Robert	1469		M30	12	01:11:33	02:22:52	03:19:38.35	03:19:42.65	+00:54:35 (27.3%)	5:52	10.2 (72.3%)
29	KURPIEWSKI Artur	1403		M40	10	01:12:09	02:24:27	03:20:31.10	03:20:34.20	+00:55:26 (27.6%)	5:53	10.2 (72.3%)
30	GAWRON Paweł	1466		M30	13	01:06:51	02:19:28	03:21:25.45	03:21:29.55	+00:56:21 (28.0%)	5:55	10.1 (71.6%)
31	KRZYŚKO Krzysztof	1346	RUN-PASSION.PL	M40	11	01:13:44	02:26:05	03:22:33.60	03:22:38.45	+00:57:30 (28.4%)	5:57	10.1 (71.6%)
32	GĄSIOROWSKI Jarosław	1302		M20	3	01:11:18	02:24:08	03:23:13.00	03:23:15.00	+00:58:07 (28.6%)	5:58	10 (70.9%)
33	BIDER Małgorzata	1445	FOR RUN TEAM	K30	3	01:16:06	02:27:14	03:26:18.50	03:26:28.10	+01:01:20 (29.7%)	6:04	9.9 (70.2%)
34	MROWCA Paweł	1280		M30	14	01:11:10	02:24:08	03:26:14.45	03:26:28.95	+01:01:21 (29.7%)	6:03	9.9 (70.2%)
35	WOZNIAK Grzegorz	1366		M40	12	01:13:51	02:27:11	03:28:05.40	03:28:30.55	+01:03:22 (30.4%)	6:07	9.8 (69.5%)
36	FERET Hubert	1325		M30	15	01:14:10	02:27:44	03:32:03.05	03:32:06.05	+01:06:58 (31.6%)	6:14	9.6 (68.1%)
37	PIOTROWICZ Kamila	1224		K20	2	01:16:53	02:33:03	03:32:23.65	03:32:26.75	+01:07:19 (31.7%)	6:14	9.6 (68.1%)
38	MOCZULSKI Kamil	1478	MOCNA GRUPA CEZARA/ SBRT WROCŁAW	M30	16	01:16:17	02:33:48	03:32:19.60	03:32:36.05	+01:07:28 (31.7%)	6:14	9.6 (68.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Zakręt Śmierci 12km	PK B Jakuszyce 24km	Czas netto 34km	Czas brutto 34km	Różn	Tempo min/km	Tempo km/h
39	PASTERNAK Przemysław	1312		M30	17	01:09:55	02:27:58	03:32:48.30	03:32:53.75	+01:07:46 (31.8%)	6:15	9.6 (68.1%)
40	KOKOTT Agnieszka	1275	140MINUT.PL	K30	4	01:16:28	02:33:02	03:32:56.20	03:33:03.55	+01:07:55 (31.9%)	6:15	9.6 (68.1%)
41	PASZKIEWICZ Kamil	1208		M40	13	01:17:43	02:33:26	03:34:46.65	03:35:02.55	+01:09:54 (32.5%)	6:19	9.5 (67.4%)
42	NAWROCKI Dominik	1332		M30	18	01:14:20	02:30:52	03:37:58.85	03:38:06.15	+01:12:58 (33.5%)	6:24	9.4 (66.7%)
43	GRABOWSKI Daniel	1360	MOCNA GRUPA CEZARA	M40	14	01:17:15	02:36:38	03:38:55.10	03:39:09.75	+01:14:02 (33.8%)	6:26	9.3 (66.0%)
44	CHABKO Jacek	1474	WROCŁAW MARATHON TEAM	M50	1	01:21:28	02:36:16	03:39:17.85	03:39:29.40	+01:14:21 (33.9%)	6:26	9.3 (66.0%)
45	GAŁAT Dominik	1457		M20	4	01:16:00	02:35:12	03:41:10.55	03:41:19.05	+01:16:11 (34.4%)	6:30	9.2 (65.2%)
46	GALEK Adam	1296		M40	15	01:17:51	02:36:03	03:41:21.80	03:41:42.00	+01:16:34 (34.5%)	6:30	9.2 (65.2%)
47	WINIARSKI Jarosław	1298	WINIARA TEAM	M40	16	01:20:02	02:39:53	03:41:23.65	03:41:42.90	+01:16:35 (34.5%)	6:30	9.2 (65.2%)
48	POTAŚ Dariusz	1368	ULTRA-TRAIL® MAŁOPOLSKA TEAM	M50	2	01:17:41	02:35:27	03:42:25.25	03:42:38.35	+01:17:30 (34.8%)	6:32	9.2 (65.2%)
49	HYSYK Jakub	1415	NOA	M30	19	01:19:08	02:42:17	03:43:05.60	03:43:09.25	+01:18:01 (35.0%)	6:33	9.1 (64.5%)
50	DUJS Rafał	1456	HANGAR	M40	17	01:19:49	02:39:32	03:43:27.20	03:43:37.55	+01:18:29 (35.1%)	6:34	9.1 (64.5%)
51	PIETRZYK Tomasz	1218	140MINUT.PL	M40	18	01:20:12	02:39:45	03:43:44.10	03:43:48.50	+01:18:40 (35.2%)	6:34	9.1 (64.5%)
52	KUBIAK Dawid	1350		M30	20	01:20:46	02:41:56	03:43:52.20	03:43:58.30	+01:18:50 (35.2%)	6:35	9.1 (64.5%)
53	MUĆKA Paweł	1496		M40	19	01:20:16	02:40:14	03:44:13.65	03:44:42.65	+01:19:35 (35.4%)	6:35	9.1 (64.5%)
54	GOLA Henryk	1358		M50	3	01:15:58	02:38:45	03:45:24.85	03:45:29.25	+01:20:21 (35.6%)	6:37	9.1 (64.5%)
55	KRAJEWSKI Marcin	1437	NOA	M30	21	01:19:03	02:42:14	03:45:42.05	03:45:46.05	+01:20:38 (35.7%)	6:38	9 (63.8%)
56	MATYKIEWICZ Michał	1362		M40	20	01:21:14	02:41:57	03:46:27.40	03:46:39.70	+01:21:32 (36.0%)	6:39	9 (63.8%)
57	CYBULSKI Mariusz	1472	BIEGAJ Z MAŃKIEM TEAM, SAINT-GOBAIN SQUAD	M40	21	01:13:49	02:35:14	03:46:42.95	03:46:46.10	+01:21:38 (36.0%)	6:40	9 (63.8%)
58	GANCZEWSKI Paweł	1500	KS STASZEWSCY	M50	4	01:19:23	02:41:21	03:46:38.80	03:46:48.75	+01:21:41 (36.0%)	6:39	9 (63.8%)
59	LESZCZYŃSKI Michał	1205	SYBERIA HUSKY TEAM	M40	22	01:16:56	02:35:19	03:46:46.40	03:46:54.05	+01:21:46 (36.0%)	6:40	9 (63.8%)
60	TOMELA Maciej	1343	TEAM GOSZKA	M30	22	01:21:55	02:42:11	03:47:16.25	03:47:40.05	+01:22:32 (36.3%)	6:41	9 (63.8%)
61	KOŚMIDER Piotr	1333	ZAWODNIK ZDYSKWALIFIKOWANY	M30	23	01:20:47	02:43:09	03:47:38.35	03:47:44.80	+01:22:37 (36.3%)	6:41	9 (63.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Zakręt Śmierci 12km	PK B Jakuszyce 24km	Czas netto 34km	Czas brutto 34km	Różn	Tempo min/km	Tempo km/h
62	KUCHARSKI Dariusz	1281		M40	23	01:22:24	02:44:45	03:47:46.60	03:48:01.35	+01:22:53 (36.4%)	6:41	9 (63.8%)
63	MIKOŁAJSKI Krzysztof	1481	MUD FOXES	M30	24	01:15:50	02:36:37	03:48:45.40	03:48:54.25	+01:23:46 (36.6%)	6:43	8.9 (63.1%)
64	BARSZCZYK Dawid	1393	IZERY BOGATYNIA	M20	5	01:17:05	02:41:39	03:48:46.95	03:49:07.45	+01:23:59 (36.7%)	6:43	8.9 (63.1%)
65	GRANIECZNY Dorota	1308		K20	3	01:24:36	02:46:48	03:49:49.55	03:50:11.30	+01:25:03 (37.0%)	6:45	8.9 (63.1%)
66	KOKOTT Marcin	1419	140MINUT.PL	M30	25	01:09:49	02:45:58	03:50:15.30	03:50:23.65	+01:25:16 (37.0%)	6:46	8.9 (63.1%)
67	ZAMBRZYCKI Leszek	1341		M30	26	01:19:54	02:40:03	03:50:41.35	03:50:54.95	+01:25:47 (37.2%)	6:47	8.8 (62.4%)
68	RYCHTYK Dawid	1371	140MINUT.PL	M40	24	01:25:37	02:48:38	03:51:23.60	03:51:32.25	+01:26:24 (37.3%)	6:48	8.8 (62.4%)
69	PODOLUK Marek	1291		M40	25	01:15:28	02:44:36	03:53:03.35	03:53:08.85	+01:28:01 (37.8%)	6:51	8.8 (62.4%)
70	BŁASZKIEWICZ Bogusz	1488		M40	26	01:21:21	02:43:23	03:53:01.45	03:53:14.40	+01:28:06 (37.8%)	6:51	8.8 (62.4%)
71	NECKAR Michał	1363	HWBC	M40	27	01:18:54	02:42:27	03:52:58.60	03:53:16.00	+01:28:08 (37.8%)	6:51	8.8 (62.4%)
72	MARTA Marta	1361		K30	5	01:25:28	02:48:52	03:53:05.85	03:53:17.45	+01:28:09 (37.8%)	6:51	8.8 (62.4%)
73	GOŁĘBIEWICZ Wojciech	1214		M20	6	01:18:43	02:40:49	03:53:33.55	03:53:51.15	+01:28:43 (37.9%)	6:52	8.7 (61.7%)
74	OLESIAK Roman	1385		M40	28	01:23:46	02:45:03	03:53:40.00	03:53:51.75	+01:28:44 (37.9%)	6:52	8.7 (61.7%)
75	PIĄTEK Aleksandra	1444		K20	4	01:16:14	02:40:48	03:54:21.15	03:54:24.95	+01:29:17 (38.1%)	6:53	8.7 (61.7%)
76	PALCZYŃSKI Krzysztof	1409		M30	27	01:20:15	02:45:48	03:55:11.25	03:55:26.40	+01:30:18 (38.4%)	6:55	8.7 (61.7%)
77	SERAFIN-GORSZKOWSKA Paulina	1416		K40	2	01:23:50	02:48:48	03:56:30.80	03:56:36.60	+01:31:28 (38.7%)	6:57	8.6 (61.0%)
78	FIJOŁEK Tomek	1370	FIZJOTERAPIA HD	M30	28	01:21:34	02:46:58	03:58:54.85	03:59:12.75	+01:34:05 (39.3%)	7:01	8.5 (60.3%)
79	CHWIEJ Michał	1241	KS SZRENICA	M20	7	01:24:33	02:51:25	03:59:27.55	03:59:55.75	+01:34:48 (39.5%)	7:02	8.5 (60.3%)
80	MAKOCKI Michał	1365		M40	29	01:28:49	02:51:43	04:01:10.30	04:01:32.95	+01:36:25 (39.9%)	7:05	8.5 (60.3%)
81	WALKOWIAK Dawid	1201		M30	29	01:26:17	02:51:50	04:01:58.30	04:02:22.10	+01:37:14 (40.1%)	7:07	8.4 (59.6%)
82	KSIĘŻAREK Łukasz	1359	XC-SPORT TEAM	M40	30	01:23:28	02:45:45	04:02:42.80	04:02:49.20	+01:37:41 (40.2%)	7:08	8.4 (59.6%)
83	TUŃSKI Adam	1294		M40	31	01:25:14	02:56:25	04:02:39.35	04:02:51.95	+01:37:44 (40.2%)	7:08	8.4 (59.6%)
84	KRAMPICHOWSKI Paweł	1293		M40	32	01:25:16	02:56:23	04:02:40.00	04:02:52.20	+01:37:44 (40.2%)	7:08	8.4 (59.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Zakręt Śmierci 12km	PK B Jakuszyce 24km	Czas netto 34km	Czas brutto 34km	Różn	Tempo min/km	Tempo km/h
85	NOGANOWICZ Agata	1257	PRO-RUN WROCŁAW	K50	2	01:28:01	02:56:57	04:02:56.75	04:03:18.45	+01:38:10 (40.4%)	7:08	8.4 (59.6%)
86	BRZÓSKA Aldona	1378	PANDA TEAM	K30	6	01:27:20	02:51:06	04:03:41.60	04:04:07.90	+01:39:00 (40.6%)	7:10	8.4 (59.6%)
87	MERK Michal	1261		M20	8	01:15:26	02:46:05	04:04:29.05	04:04:41.00	+01:39:33 (40.7%)	7:11	8.3 (58.9%)
88	GÓRECKI Krzysztof	1326		M20	9	01:24:48	02:52:41	04:04:45.20	04:04:51.65	+01:39:44 (40.7%)	7:11	8.3 (58.9%)
89	MIŚKIEWICZ Karolina	1480		K20	5	01:32:05	02:55:41	04:04:39.00	04:04:55.80	+01:39:48 (40.7%)	7:11	8.3 (58.9%)
90	PIASKOWSKI Mateusz	1203	KLUB MARATOŃCZYKA V LO W POZNANIU	M20	10	01:26:16	02:51:53	04:05:16.40	04:05:39.65	+01:40:32 (40.9%)	7:12	8.3 (58.9%)
91	DWORECKA Ewa	1483		K40	3	01:28:45	02:55:56	04:05:38.40	04:05:48.65	+01:40:41 (41.0%)	7:13	8.3 (58.9%)
92	PTAK Patryk	1236	CHSBD "W RUCHU"	M30	30	01:27:55	02:53:06	04:07:23.75	04:07:42.15	+01:42:34 (41.4%)	7:16	8.2 (58.2%)
93	PLOK Krzysztof	1387	TEAMPLOK	M50	5	01:23:10	02:52:32	04:07:49.85	04:07:56.25	+01:42:48 (41.5%)	7:17	8.2 (58.2%)
94	FORNALIK Adam	1462	WARSAW INTERNATIONAL TRIATHLON CLUB	M40	33	01:27:45	02:59:39	04:07:46.05	04:08:10.15	+01:43:02 (41.5%)	7:17	8.2 (58.2%)
95	BIELAWSKI Paweł	1327		M30	31	01:20:26	02:52:10	04:08:17.90	04:08:17.90	+01:43:10 (41.6%)	7:18	8.2 (58.2%)
96	LISOWSKI Grzegorz	1329		M40	34	01:25:03	02:52:57	04:09:05.55	04:09:09.90	+01:44:02 (41.8%)	7:19	8.2 (58.2%)
97	JURDZIAK Jakub	1349		M30	32	01:26:15	02:54:35	04:09:00.60	04:09:18.90	+01:44:11 (41.8%)	7:19	8.2 (58.2%)
98	SOŁTYSIAK Marta	1239		K30	7	01:24:42	02:55:54	04:10:52.85	04:11:00.60	+01:45:52 (42.2%)	7:22	8.1 (57.4%)
99	GACKOWSKI Jarek	1430	TRISTYLE.PL	M40	35	01:33:10	03:00:11	04:11:06.95	04:11:32.35	+01:46:24 (42.3%)	7:23	8.1 (57.4%)
100	OSTROWSKI Rafał	1300	BIEGAMY-UZALEŻNIAMY	M30	33	01:27:30	02:56:50	04:11:22.95	04:11:43.70	+01:46:36 (42.3%)	7:23	8.1 (57.4%)
101	LIPCZYŃSKI Tomasz	1390	AKTYWNIE UZALEŻNIAMY	M30	34	01:01:34	02:56:40	04:11:23.80	04:11:44.90	+01:46:37 (42.4%)	7:23	8.1 (57.4%)
102	KOPANIA Kamil	1288	K.S TĘCZA	M30	35	01:32:41	03:02:43	04:11:51.20	04:12:08.65	+01:47:01 (42.4%)	7:24	8.1 (57.4%)
103	PIASKOWSKI Marcin	1455	BBL KROSNO ODRZAŃSKIE	M40	36	01:29:43	03:01:45	04:12:47.00	04:12:52.60	+01:47:44 (42.6%)	7:26	8.1 (57.4%)
104	SAMEK Aleksander	1222		M40	37	01:25:34	03:00:26	04:12:57.85	04:13:04.20	+01:47:56 (42.7%)	7:26	8.1 (57.4%)
105	DUDZIAK Tomasz	1299		M40	38	01:25:56	02:57:24	04:12:47.95	04:13:08.75	+01:48:01 (42.7%)	7:26	8.1 (57.4%)
106	GACA Maciej	1364	FORMOSAN BEARS	M50	6	01:28:43	02:57:29	04:13:24.90	04:13:46.85	+01:48:39 (42.8%)	7:27	8.1 (57.4%)
107	BERESIŃSKA Dorota	1438		K20	6	01:31:12	02:58:56	04:13:58.95	04:14:14.50	+01:49:06 (42.9%)	7:28	8 (56.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Zakręt Śmierci 12km	PK B Jakuszyce 24km	Czas netto 34km	Czas brutto 34km	Różn	Tempo min/km	Tempo km/h
108	PIETRZAK Marek	1290		M40	39	01:31:56	03:01:32	04:15:23.05	04:15:38.35	+01:50:30 (43.2%)	7:30	8 (56.7%)
109	HORBATIUK Oleksii	1316		M20	11	01:21:23	02:57:01	04:15:56.25	04:16:02.30	+01:50:54 (43.3%)	7:31	8 (56.7%)
110	KUBIAK Karolina	1411		K40	4	01:33:39	03:06:26	04:15:53.35	04:16:06.45	+01:50:58 (43.3%)	7:31	8 (56.7%)
111	KUC Patryk	1486		M30	36	01:26:19	03:00:35	04:16:24.30	04:16:33.45	+01:51:25 (43.4%)	7:32	8 (56.7%)
112	TARNAWSKI Andrzej	1448		M40	40	01:36:42	03:05:55	04:16:18.60	04:16:40.95	+01:51:33 (43.5%)	7:32	8 (56.7%)
113	TRACZYK Piotr	1491		M40	41	01:25:37	02:59:16	04:16:32.60	04:16:43.15	+01:51:35 (43.5%)	7:32	8 (56.7%)
114	KACZMAREK Mirosław	1406	WOLSZTYŃSKA AKADEMIA BIEGOWA	M30	37	01:25:24	02:59:06	04:16:32.90	04:16:43.55	+01:51:35 (43.5%)	7:32	8 (56.7%)
115	SZPYTMA Remigiusz	1479	ABY DO PRZODU	M30	38	01:28:42	03:01:26	04:18:24.50	04:18:44.50	+01:53:36 (43.9%)	7:36	7.9 (56.0%)
116	STASZYŃSKA Karolina	1348	BIEGAJĄCE KREJZOLE	K40	5	01:28:33	03:02:06	04:18:40.85	04:18:55.00	+01:53:47 (43.9%)	7:36	7.9 (56.0%)
117	BANASZAK Maria	1397		K20	7	01:31:57	03:00:32	04:18:28.50	04:18:57.20	+01:53:49 (44.0%)	7:36	7.9 (56.0%)
118	JODŁOWSKA Ewa	1319	BBL KROSNO ODRZANSKIE	K40	6	01:30:33	03:02:16	04:19:00.00	04:19:07.05	+01:53:59 (44.0%)	7:37	7.9 (56.0%)
119	WĄSIK Elżbieta	1337		K30	8	01:32:34	03:03:23	04:18:52.15	04:19:10.90	+01:54:03 (44.0%)	7:36	7.9 (56.0%)
120	RABIEJ Wojciech	1461	DUCLA ACADEMY	M40	42	01:26:27	02:57:00	04:18:53.80	04:19:17.90	+01:54:10 (44.0%)	7:36	7.9 (56.0%)
121	PURCZYŃSKI Grzegorz	1227		M40	43	01:25:50	03:05:37	04:19:53.10	04:19:57.10	+01:54:49 (44.2%)	7:38	7.8 (55.3%)
122	MATYSIAK Karol	1447	SMAZALNIA RYB U BIEGACZY/ OSH	M40	44	01:25:12		04:20:12.80	04:20:22.25	+01:55:14 (44.3%)	7:39	7.8 (55.3%)
123	KMIT Marcin	1400		M40	45	01:34:16	03:04:01	04:20:12.70	04:20:27.65	+01:55:20 (44.3%)	7:39	7.8 (55.3%)
124	BIAZIK Bartosz	1465		M30	39	01:31:08	03:01:27	04:20:32.15	04:20:45.85	+01:55:38 (44.3%)	7:39	7.8 (55.3%)
125	RATAJCZAK Robert	1458		M30	40	01:31:02	03:01:28	04:20:33.45	04:20:48.20	+01:55:40 (44.4%)	7:39	7.8 (55.3%)
126	MACIEJEC Dorota	1380		K40	7	01:35:32	03:09:21	04:21:29.25	04:21:45.45	+01:56:37 (44.6%)	7:41	7.8 (55.3%)
127	ŁOWICKA Maja	1234	MAMY-BIEGAMY	K20	8	01:35:16	03:10:46	04:22:15.85	04:22:25.60	+01:57:17 (44.7%)	7:42	7.8 (55.3%)
128	KUBIAK Andrzej	1379		M60	1	01:28:32	03:04:00	04:22:40.65	04:22:52.85	+01:57:45 (44.8%)	7:43	7.8 (55.3%)
129	KOZIEŁ Szymon	1417	TOUR DE RUN	M40	46	01:24:46	03:01:12	04:22:29.55	04:22:55.55	+01:57:47 (44.8%)	7:43	7.8 (55.3%)
130	ROGOWSKI Tomasz	1382	UMLAUT	M30	41	01:31:59	03:05:50	04:23:04.40	04:23:06.85	+01:57:59 (44.8%)	7:44	7.8 (55.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Zakręt Śmierci 12km	PK B Jakuszyce 24km	Czas netto 34km	Czas brutto 34km	Różn	Tempo min/km	Tempo km/h
131	SERAFIN Michał	1353	HWBC	M40	47	01:30:17	03:04:40	04:23:37.45	04:23:54.85	+01:58:47 (45.0%)	7:45	7.7 (54.6%)
132	SZKOŁA-ŚNIEŻEK Agnieszka	1374	ULTRA TRIAL MAŁOPOLSKA	K30	9	01:30:48	03:06:11	04:23:52.15	04:24:04.45	+01:58:56 (45.0%)	7:45	7.7 (54.6%)
133	WITLICKI Kacper	1476	KROŚNIEŃSKIE WYDARZENIA	M20	12	01:28:25	03:05:33	04:24:14.80	04:24:20.55	+01:59:12 (45.1%)	7:46	7.7 (54.6%)
134	GRELA Michał	1398	BIEGAMY WE WROCAWIU	M40	48	01:35:37	03:07:02	04:24:12.20	04:24:28.20	+01:59:20 (45.1%)	7:46	7.7 (54.6%)
135	KULAS Katarzyna	1221		K30	10	01:36:49	03:13:36	04:24:22.80	04:24:32.55	+01:59:24 (45.1%)	7:46	7.7 (54.6%)
136	POŁOM Rafał	1459	NOA	M30	42	01:32:42	03:03:22	04:24:58.00	04:25:02.00	+01:59:54 (45.2%)	7:47	7.7 (54.6%)
137	BUGAJ Alan	1344		M30	43	01:33:37	03:07:22	04:24:54.25	04:25:13.00	+02:00:05 (45.3%)	7:47	7.7 (54.6%)
138	KAMINSKI Jan	1396		M20	13	01:33:50	03:07:06	04:25:07.10	04:25:23.55	+02:00:15 (45.3%)	7:47	7.7 (54.6%)
139	IGNASZEWSKI Łukasz	1422		M30	44	01:32:13	03:09:37	04:25:51.80	04:25:56.70	+02:00:49 (45.4%)	7:49	7.7 (54.6%)
140	IGNASZEWSKI Paweł	1423		M30	45	01:32:27	03:09:36	04:26:08.15	04:26:12.70	+02:01:05 (45.5%)	7:49	7.7 (54.6%)
141	ZYGOŃ Artur	1431		M30	46	01:31:56	03:00:36	04:26:28.65	04:26:57.65	+02:01:50 (45.6%)	7:50	7.7 (54.6%)
142	MATUSIAK Jakub	1228	STYL KARKONOSKI	M30	47	01:31:49	03:05:05	04:26:55.40	04:27:21.65	+02:02:14 (45.7%)	7:51	7.6 (53.9%)
143	ROŻNIATA Iwona	1434	SNG WILD DUCKS	K40	8	01:33:38	03:09:45	04:27:15.30	04:27:28.60	+02:02:20 (45.7%)	7:51	7.6 (53.9%)
144	MAZUR Anna	1307		K40	9	01:33:09	03:16:29	04:28:55.55	04:29:00.10	+02:03:52 (46.0%)	7:54	7.6 (53.9%)
145	ŻABIEREK Tomasz	1311		M40	49	01:33:12	03:16:25	04:28:55.75	04:29:00.90	+02:03:53 (46.1%)	7:54	7.6 (53.9%)
146	BUJAK Łukasz	1232	#BIEGAMBOMAMZONE	M30	48	01:34:03	03:09:08	04:29:54.45	04:30:19.55	+02:05:11 (46.3%)	7:56	7.6 (53.9%)
147	HAŁUBEK Adam	1233		M30	49	01:33:47	03:09:06	04:30:05.80	04:30:31.15	+02:05:23 (46.4%)	7:56	7.6 (53.9%)
148	NOWAK Tomasz	1485		M30	50	01:30:08	03:07:06	04:30:34.00	04:30:38.35	+02:05:30 (46.4%)	7:57	7.5 (53.2%)
149	FANAJŁO Kasia	1266	ZGZB	K30	11	01:36:53	03:11:35	04:30:31.55	04:30:41.90	+02:05:34 (46.4%)	7:57	7.5 (53.2%)
150	GRACZYK Mariusz	1317		M40	50	01:40:20	03:11:30	04:30:32.10	04:30:43.05	+02:05:35 (46.4%)	7:57	7.5 (53.2%)
151	PORĘBSKI Tomasz	1277	#STANDARDASAPTEAM	M30	51	01:35:18	03:13:22	04:31:51.90	04:32:07.05	+02:06:59 (46.7%)	7:59	7.5 (53.2%)
152	GAŁKOWSKI Paweł	1315		M40	51	01:27:40	03:08:35	04:31:48.65	04:32:16.00	+02:07:08 (46.7%)	7:59	7.5 (53.2%)
153	WOJAS-KRAWCZYK Kamila	1283		K40	10	01:37:19	03:15:32	04:32:21.70	04:32:30.85	+02:07:23 (46.7%)	8:00	7.5 (53.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Zakręt Śmierci 12km	PK B Jakuszyce 24km	Czas netto 34km	Czas brutto 34km	Różn	Tempo min/km	Tempo km/h
154	KLECZKOWSKI Jakub	1259		M30	52	01:26:07	03:10:45	04:32:18.35	04:32:30.95	+02:07:23 (46.7%)	8:00	7.5 (53.2%)
155	KUDELSKI Ireneusz	1489	ROZBIEGANI CHOJNÓW	M50	7	01:27:39	03:12:08	04:36:43.05	04:36:47.00	+02:11:39 (47.6%)	8:08	7.4 (52.5%)
156	ŻYDEK Piotr	1314	CHSBD "W RUCHU"	M20	14	01:27:48	03:14:21	04:37:28.35	04:37:50.60	+02:12:42 (47.8%)	8:09	7.4 (52.5%)
157	CIEŚLA-NIECHWIADOWICZ Aneta	1492	MOCNA GRUPA CEZARA	K30	12	01:38:21	03:15:22	04:37:37.40	04:37:53.55	+02:12:45 (47.8%)	8:09	7.3 (51.8%)
158	MARKIEWICZ Joanna	1220	TJ	K40	11	01:41:20	03:19:29	04:37:55.35	04:38:04.95	+02:12:57 (47.8%)	8:10	7.3 (51.8%)
159	DUDEK Mariusz	1369		M40	52	01:25:52	03:11:27	04:38:06.35	04:38:09.55	+02:13:01 (47.8%)	8:10	7.3 (51.8%)
160	KŁOCZKO Marcin	1468		M30	53	01:29:52	03:07:47	04:38:08.30	04:38:19.95	+02:13:12 (47.9%)	8:10	7.3 (51.8%)
161	ŁABĘDZKI Piotr	1202		M50	8	01:36:28	03:15:23	04:37:58.35	04:38:21.65	+02:13:14 (47.9%)	8:10	7.3 (51.8%)
162	STYCZYŃSKI Dawid	1287		M30	54	01:36:13	03:18:44	04:39:06.20	04:39:36.75	+02:14:29 (48.1%)	8:12	7.3 (51.8%)
163	KOSTRZEWSKI Maciej	1355		M30	55	01:40:23	03:19:02	04:40:09.55	04:40:24.80	+02:15:17 (48.2%)	8:14	7.3 (51.8%)
164	BĘBAS Paweł	1215		M40	53	01:38:43	03:15:10	04:40:09.40	04:40:28.70	+02:15:21 (48.3%)	8:14	7.3 (51.8%)
165	BOBROWSKI Marcin	1274	RECEPTANANUDE.PL	M50	9	01:33:45	03:12:32	04:40:37.25	04:40:48.80	+02:15:41 (48.3%)	8:15	7.3 (51.8%)
166	BOROŃ Wojciech	1254		M20	15	01:33:35	03:06:17	04:41:30.45	04:41:57.35	+02:16:49 (48.5%)	8:16	7.2 (51.1%)
167	TOMCZYK Alina	1335		K40	12	01:31:31	03:09:14	04:41:59.70	04:42:05.55	+02:16:57 (48.6%)	8:17	7.2 (51.1%)
168	HILDEBRAND Daniel	1252	A MOGŁEM JEŹDZIĆ NA ROWERZE	M40	54	01:28:42	03:09:07	04:42:17.75	04:42:17.75	+02:17:10 (48.6%)	8:18	7.2 (51.1%)
169	ZIELIŃSKI Karol	1250		M40	55	01:28:49	03:09:13	04:42:19.00	04:42:19.00	+02:17:11 (48.6%)	8:18	7.2 (51.1%)
170	SZUBARSKI Krzysztof	1412	PARKRUN CIESZYN	M40	56	01:32:50	03:13:54	04:42:26.05	04:42:29.55	+02:17:21 (48.6%)	8:18	7.2 (51.1%)
171	POLACZYK Bartosz	1255		M40	57	01:33:23	03:13:33	04:42:11.75	04:42:37.90	+02:17:30 (48.7%)	8:17	7.2 (51.1%)
172	KAWIK Janusz	1357		M40	58	01:38:34	03:18:55	04:43:36.25	04:43:41.55	+02:18:33 (48.8%)	8:20	7.2 (51.1%)
173	MATUSIAK Mateusz	1223	ARDENTCODE	M30	56		02:59:08	04:43:52.90	04:44:17.75	+02:19:10 (49.0%)	8:20	7.2 (51.1%)
174	KACZANOWSKI Marcin	1407	MTS DRUŻYNA SZPIKU	M40	59	01:34:10	03:14:13	04:44:06.90	04:44:31.65	+02:19:24 (49.0%)	8:21	7.2 (51.1%)
175	PAŁUCKA Marta	1482	PROJEKT ULTRA	K30	13	01:40:14	03:19:24	04:44:36.95	04:44:47.95	+02:19:40 (49.0%)	8:22	7.2 (51.1%)
176	GORZKOWSKA Zuzanna	1477		K40	13	01:36:19	03:18:27	04:44:55.60	04:45:04.80	+02:19:57 (49.1%)	8:22	7.2 (51.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Zakręt Śmierci 12km	PK B Jakuszyce 24km	Czas netto 34km	Czas brutto 34km	Różn	Tempo min/km	Tempo km/h
177	KARKOWSKA Wiesława	1442		K60	1	01:41:51	03:29:15	04:45:18.30	04:45:25.35	+02:20:17 (49.2%)	8:23	7.2 (51.1%)
178	ZAWADZKI Bartosz	1487		M40	60	01:30:04	03:12:27	04:45:25.80	04:45:33.70	+02:20:26 (49.2%)	8:23	7.1 (50.4%)
179	JEKA Piotr	1449		M50	10	01:41:31	03:19:07	04:46:02.20	04:46:23.55	+02:21:15 (49.3%)	8:24	7.1 (50.4%)
180	BIAŁEK Kamila	1464	GEPARDY Z ŁODZI	K40	14	01:40:32	03:23:32	04:46:39.50	04:46:43.50	+02:21:35 (49.4%)	8:25	7.1 (50.4%)
181	KAWA-JERKA Agata	1356	GNAJĄCA TEMIDA	K40	15	01:43:14	03:25:43	04:46:48.20	04:47:09.15	+02:22:01 (49.5%)	8:26	7.1 (50.4%)
182	STELMACH Barbara	1381	STELMACH TEAM	K50	3	01:41:20	03:24:49	04:47:14.65	04:47:22.15	+02:22:14 (49.5%)	8:26	7.1 (50.4%)
183	STROJNY Radosław	1377	KILOMETRY POMOCY	M20	16	01:40:10	03:23:29	04:47:42.65	04:47:58.50	+02:22:50 (49.6%)	8:27	7.1 (50.4%)
184	RADOMSKI Bartosz	1376		M30	57	01:40:29	03:23:37	04:47:44.95	04:48:00.65	+02:22:53 (49.6%)	8:27	7.1 (50.4%)
185	BRAUN Ewelina	1439		K40	16	01:41:55	03:29:12	04:47:59.20	04:48:07.00	+02:22:59 (49.6%)	8:28	7.1 (50.4%)
186	ZIELIŃSKA Kinga	1432	OKFIR ŚMIGIEL /SPEED FEET'16	K40	17	01:42:03	03:29:19	04:48:00.10	04:48:07.30	+02:22:59 (49.6%)	8:28	7.1 (50.4%)
187	RABIEJ Kazimierz	1408	ROZBIEGANI CHOJNÓW	M60	2	01:38:50	03:21:10	04:48:07.20	04:48:27.65	+02:23:20 (49.7%)	8:28	7.1 (50.4%)
188	BARAN Bogdan	1334	PRO-RUN	M60	3	01:36:09	03:18:19	04:49:04.45	04:49:27.05	+02:24:19 (49.9%)	8:30	7.1 (50.4%)
189	FIERKOWICZ Teresa	1253	ŚWIERADÓW-ZDRÓJ GÓRSKIE UZDROWISKO	K50	4	01:41:58	03:25:30	04:49:26.65	04:49:46.30	+02:24:38 (49.9%)	8:30	7 (49.6%)
190	MALINOWSKI Jakub	1467	ZIELONOWO DRINKERS	M30	58	01:31:45	03:13:08	04:49:30.70	04:49:50.90	+02:24:43 (49.9%)	8:30	7 (49.6%)
191	KACPRZYCKI Tomasz	1323	DRUŻYNA BIEGOWA LECHA POZNAŃ	M30	59	01:42:00	03:29:08	04:49:27.10	04:49:55.10	+02:24:47 (49.9%)	8:30	7 (49.6%)
192	BOGACKA Aneta	1267	ZIELONA GÓRO ZACZNIJ BIEGAĆ	K30	14	01:42:29	03:26:28	04:49:56.10	04:50:06.45	+02:24:58 (50.0%)	8:31	7 (49.6%)
193	GRABOWIECKA Marta	1268	ZIELONA GÓRO ZACZNIJ BIEGAĆ	K40	18	01:42:34	03:26:31	04:49:57.40	04:50:06.60	+02:24:58 (50.0%)	8:31	7 (49.6%)
194	ANTKOWIAK Mirosław	1264		M50	11	01:34:23	03:24:38	04:50:20.75	04:50:23.85	+02:25:16 (50.0%)	8:32	7 (49.6%)
195	ŁAPIŃSKI Mateusz	1338	MANHU	M30	60	01:40:14	03:26:48	04:54:11.30	04:54:28.35	+02:29:20 (50.7%)	8:39	6.9 (48.9%)
196	KROSZKA Beata	1347	KS STASZEWSCY	K50	5	01:41:13	03:24:41	04:54:58.95	04:55:09.45	+02:30:01 (50.8%)	8:40	6.9 (48.9%)
197	WRÓBLEWSKA Małgorzata	1384	BBL KROSNO ODRZAŃSKIE	K40	19	01:36:37	03:21:11	04:56:29.05	04:56:34.50	+02:31:26 (51.1%)	8:43	6.9 (48.9%)
198	WRÓBLEWSKI Janusz	1383	BBL KROSNO ODRZAŃSKIE	M50	12	01:35:30	03:21:47	04:56:33.85	04:56:38.90	+02:31:31 (51.1%)	8:43	6.9 (48.9%)
199	GĘSICKA Marta	1454		K30	15	01:42:49	03:26:09	04:56:33.95	04:56:58.35	+02:31:50 (51.1%)	8:43	6.9 (48.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Zakręt Śmierci 12km	PK B Jakuszyce 24km	Czas netto 34km	Czas brutto 34km	Różn	Tempo min/km	Tempo km/h
200	OLEŚ Ewa	1320		K30	16	01:42:54	03:26:13	04:56:34.50	04:56:58.50	+02:31:50 (51.1%)	8:43	6.9 (48.9%)
201	JANISZEWSKA Joanna	1495		K30	17	01:39:42	03:27:35	04:58:52.70	04:59:06.10	+02:33:58 (51.5%)	8:47	6.8 (48.2%)
202	TASZAREK Ewa	1216		K40	20	01:38:05	03:27:49	05:00:14.50	05:00:37.80	+02:35:30 (51.7%)	8:49	6.8 (48.2%)
203	DUBOWIK Ania	1386		K40	21	01:41:58	03:31:30	05:00:40.95	05:00:44.70	+02:35:37 (51.7%)	8:50	6.8 (48.2%)
204	KIM Renata	1273		K50	6	01:42:38	03:31:54	05:00:35.50	05:00:45.40	+02:35:37 (51.7%)	8:50	6.8 (48.2%)
205	GŁADYSIAK Przemysław	1388		M40	61	01:53:33	03:41:28	05:06:22.20	05:06:41.75	+02:41:34 (52.7%)	9:00	6.7 (47.5%)
206	DUBAS Anna	1401	SPRAWDZAMY-NIERUCHOMOŚCI.PL	K30	18	01:43:25	03:33:46	05:06:22.25	05:06:49.75	+02:41:42 (52.7%)	9:00	6.7 (47.5%)
207	PYZIO Magdalena	1399		K30	19	01:43:22	03:33:43	05:06:22.70	05:06:50.00	+02:41:42 (52.7%)	9:00	6.7 (47.5%)
208	BARTOSZEWSKA Katarzyna	1285	WATAHA	K40	22	01:42:03	03:33:05	05:07:29.80	05:07:46.15	+02:42:38 (52.8%)	9:02	6.6 (46.8%)
209	KOŁACZEK Sylwia	1263		K40	23	01:44:18	03:31:37	05:07:21.85	05:07:46.25	+02:42:38 (52.8%)	9:02	6.6 (46.8%)
210	BORUCKI Rafał	1282		M40	62	01:41:05	03:37:45	05:11:18.15	05:11:36.45	+02:46:28 (53.4%)	9:09	6.6 (46.8%)
211	SKRZYŃSKA Marlena	1270	ZIELONA GÓRO ZACZNIJ BIEGAĆ	K30	20	01:40:21	03:31:17	05:12:20.35	05:12:31.75	+02:47:24 (53.6%)	9:11	6.5 (46.1%)
212	GOŹDZICKA Iwona	1269	GB STATYSTYKA LUBUSKA	K40	24	01:40:51	03:31:27	05:12:23.35	05:12:34.65	+02:47:27 (53.6%)	9:11	6.5 (46.1%)
213	KARPIESIUK Adam	1451	AKTYWNIE UZALEŻNIAMY	M40	63	01:42:52	03:35:49	05:14:04.70	05:14:24.65	+02:49:17 (53.8%)	9:14	6.5 (46.1%)
214	CISKA Renata	1450	RYKOWISKO TEAM/CZARNE OWCE	K30	21	01:42:51	03:35:52	05:14:05.85	05:14:24.85	+02:49:17 (53.8%)	9:14	6.5 (46.1%)
215	SZUL Eugeniusz	1484		M60	4	01:43:55	03:47:08	05:16:02.40	05:16:31.90	+02:51:24 (54.2%)	9:17	6.5 (46.1%)
216	SYNOWIEC-JUDA Agata	1246		K40	25	01:50:59	03:46:45	05:16:56.50	05:17:04.25	+02:51:56 (54.2%)	9:19	6.4 (45.4%)
217	JUDA Jarosław	1217		M50	13	01:51:00	03:46:41	05:17:00.00	05:17:07.65	+02:52:00 (54.2%)	9:19	6.4 (45.4%)
218	BARTOSIEWICZ Gosia	1286		K40	26	01:42:44	03:40:08	05:20:13.85	05:20:20.95	+02:55:13 (54.7%)	9:25	6.4 (45.4%)
219	HAGEL Julita	1225		K30	22	01:43:31	03:34:46	05:20:21.40	05:20:32.35	+02:55:24 (54.7%)	9:25	6.4 (45.4%)
220	TOMASZCZYK Małgorzata	1494		K30	23	01:46:36	03:42:02	05:21:16.10	05:21:28.70	+02:56:21 (54.9%)	9:26	6.3 (44.7%)
220	AWIŻEŃ Łukasz	1342		M30	61	01:46:24	03:41:56	05:21:15.30	05:21:28.70	+02:56:21 (54.9%)	9:26	6.4 (45.4%)
222	SUWAJ Roman	1240	ZOMBIE	M60	5	01:42:03	03:39:57	05:22:11.65	05:22:32.30	+02:57:24 (55.0%)	9:28	6.3 (44.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Zakręt Śmierci 12km	PK B Jakuszyce 24km	Czas netto 34km	Czas brutto 34km	Różn	Tempo min/km	Tempo km/h
223	WALIŃSKA Agata	1404	WWW.SPRAWDZAMY-NIERUCHOMOSCI.PL	K30	24	01:47:53	03:49:16	05:22:13.80	05:22:41.60	+02:57:33 (55.0%)	9:28	6.3 (44.7%)
224	PIETRZAK Agnieszka	1460	BIEGAJĄCE KREJZOLE	K40	27	01:45:04	03:47:17	05:25:21.15	05:25:35.20	+03:00:27 (55.4%)	9:34	6.3 (44.7%)
225	DOMINIAK Katarzyna	1471	TIGERS TEAM	K30	25	01:48:52	03:49:20	05:25:32.90	05:25:39.80	+03:00:32 (55.4%)	9:34	6.3 (44.7%)
226	KRAWCZYK Paweł	1284	MEDYCZNY KLUB TURYSTYCZNY	M50	14	01:40:00	03:45:21	05:26:56.95	05:27:06.50	+03:01:58 (55.6%)	9:36	6.2 (44.0%)
227	OKULICZ Anita	1413	MUDFOXES	K30	26	01:46:37	03:49:53	05:30:36.15	05:30:44.55	+03:05:36 (56.1%)	9:43	6.2 (44.0%)
228	NOWACKA Katarzyna	1427	MUDFOXES	K30	27	01:47:00	03:49:51	05:31:14.50	05:31:22.80	+03:06:15 (56.2%)	9:44	6.2 (44.0%)
229	MACHNACZ Przemysław	1493	WROCŁAWSKI KLUB WYSOKOGÓRSKI	M20	17	01:49:35	03:53:44	05:32:06.95	05:32:24.65	+03:07:17 (56.3%)	9:46	6.1 (43.3%)
230	ROŻNIATA Andrzej	1433	SNG WILD DUCKS	M40	64	01:43:21	03:49:38	05:35:31.50	05:35:45.70	+03:10:38 (56.8%)	9:52	6.1 (43.3%)
231	HAKAŁO Grzegorz	1389		M40	65	01:53:33	03:53:05	05:35:55.70	05:36:14.80	+03:11:07 (56.8%)	9:52	6.1 (43.3%)
232	LACH Jakub	1473		M40	66	01:55:01	04:03:07	05:37:18.15	05:37:32.55	+03:12:24 (57.0%)	9:55	6 (42.6%)
233	NAWROT Katarzyna	1324	MIRAZ RACE TEAM	K30	28	01:54:28	03:54:05	05:37:38.70	05:37:45.40	+03:12:37 (57.0%)	9:55	6 (42.6%)
234	KURCZYNA GŁUSZCZAK Magdalena	1340	RUN4GOLD	K30	29	01:50:37	04:03:38	05:42:24.45	05:42:32.05	+03:17:24 (57.6%)	10:04	6 (42.6%)
235	JASIŃSKI Paweł	1331	ZMASAKROWANI	M40	67	01:49:40	03:58:23	05:50:15.35	05:50:15.35	+03:25:07 (58.6%)	10:18	5.8 (41.1%)
	JODŁOWSKI Marek	1318	BBL KROSNO ODRZANSKIE	M40		01:14:45 DNF	02:26:34 DNF	DNF	DNF		-	- (0.0%)
	JAROSZYŃSKI Piotr	1499		OPEN		01:34:24 DNF	03:14:41 DNF	DNF	DNF		-	- (0.0%)
	PIETRZAK Konrad Pietrzak	1453		M30		01:12:33 DNF	DNF	DNF	DNF		-	- (0.0%)
	FRANCHUK Dmytro	1436		M30		01:37:40 DNF	DNF	DNF	DNF		-	- (0.0%)
	WOŚ Łukasz	1429		M40		01:53:53 DNF	DNF	DNF	DNF		-	- (0.0%)
	KMIECIK Mirosław	1405		M40		01:53:58 DNF	DNF	DNF	DNF		-	- (0.0%)
	WYLEGAŁA Marcin	1237	OSP SZKLARSKA PORĘBA	M40		DNF	DNF	DNF	DNF		-	- (0.0%)
	BOLESZCZUK Anna	1238	OSP SZKLARSKA PORĘBA	K40		DNF	DNF	DNF	DNF		-	- (0.0%)