

Wydarzenie: UltraKotlina
Organizator: Fundacja Przejście Kotliny
Data: 2024-10-12
Miejsce: Szklarska Poręba
Dystans: 50 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	PK10 Goduszyn 17km	PK11 Górzyniec 31km	PK12 Kopalnia 42km	Czas netto 58km	Czas brutto 58km	Różn	Tempo min/km	Tempo km/h
1	BADOWSKI Aleksander	587	AW - SZYBCIEJ - TEAM	M40	1	01:17:17	02:26:26	03:34:31	04:57:18.40	04:57:23.55		5:07	11.7 (100%)
2	TATAREK-KONIK Agnieszka	580	ALPIN SPORT TEAM	K30	1	01:26:45	02:43:19	03:53:47	05:22:23.30	05:22:29.15	+00:25:05 (7.8%)	5:33	10.8 (92.3%)
3	JANIAK Norbert	423		M30	1	01:24:34	02:40:15	03:57:26	05:34:08.00	05:34:15.60	+00:36:52 (11.0%)	5:45	10.4 (88.9%)
4	FARGANUS Robert	513	ZABIEGANI Z LEŚNEJ	M40	2	01:23:00	02:37:33	03:55:28	05:35:03.05	05:35:09.70	+00:37:46 (11.3%)	5:46	10.4 (88.9%)
5	GRZEGORCZYK Bartosz	527		M40	3	01:22:48	02:38:37	03:56:32	05:36:35.90	05:36:41.75	+00:39:18 (11.7%)	5:48	10.3 (88.0%)
6	SOCHA Seweryn	638	DZIKIE BOBRY	M30	2	01:25:19	02:44:18	04:05:33	05:43:50.65	05:43:57.80	+00:46:34 (13.5%)	5:55	10.1 (86.3%)
7	SNOWACKI Kamil	598	AW SZYBCIEJ TEAM	M30	3	01:22:45	02:44:33	04:13:54	05:47:32.20	05:47:37.75	+00:50:14 (14.5%)	5:59	10 (85.5%)
8	LEKI Krzysztof	591		M40	4	01:33:26	02:56:42	04:16:28	05:49:08.95	05:49:14.65	+00:51:51 (14.8%)	6:01	10 (85.5%)
9	HOŁOWNIA Tomasz	673		M40	5	01:29:09	02:52:01	04:17:13	05:53:00.10	05:53:06.95	+00:55:43 (15.8%)	6:05	9.9 (84.6%)
10	GARNOWSKI Maciej	577		M30	4	01:29:07	02:51:05	04:17:03	05:59:50.20	05:59:58.45	+01:02:34 (17.4%)	6:12	9.7 (82.9%)
11	ANTOŠ Martin	688	HOROLEZECKÝ ODDÍL NOVÁ PAKA	M20	1	01:29:02	02:51:20	04:19:36	06:02:35.90	06:02:44.00	+01:05:20 (18.0%)	6:15	9.6 (82.1%)
12	BORKOWSKI Mariusz	444		M30	5	01:32:18	02:55:52	04:22:51	06:03:50.90	06:03:59.00	+01:06:35 (18.3%)	6:16	9.6 (82.1%)
13	SMODEREK Adam	504	IM INSPIRATION	M30	6	01:32:27	02:56:13	04:25:47	06:10:19.20	06:10:26.45	+01:13:02 (19.7%)	6:23	9.4 (80.3%)
14	KOWALSKI Piotr	464		M30	7	01:35:19	03:03:09	04:30:24	06:11:46.00	06:11:55.30	+01:14:31 (20.0%)	6:24	9.4 (80.3%)
15	CIBART Piotr	664		M50	1	01:33:01	02:56:50	04:25:29	06:13:58.80	06:14:05.80	+01:16:42 (20.5%)	6:26	9.3 (79.5%)
16	GONCZAR Szymon	538	INŻYNIERIA BIEGANIA	M30	8	02:01:07	03:25:01	04:44:35	06:15:57.15	06:16:02.70	+01:18:39 (20.9%)	6:28	9.3 (79.5%)
17	PAWLIK Paweł	633		M20	2	01:37:38	03:05:58	04:38:02	06:17:24.55	06:17:34.05	+01:20:10 (21.2%)	6:30	9.2 (78.6%)
18	ŚLEDZIEWSKI Piotr	636	#BIEGAJLESZNO	M50	2	01:34:59	03:00:08	04:28:19	06:20:10.05	06:20:21.80	+01:22:58 (21.8%)	6:33	9.2 (78.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	PK10	PK11	PK12	Czas	Czas	Różn	Tempo	Tempo
						Goduszyn 17km	Górzyniec 31km	Kopalnia 42km	netto 58km	brutto 58km			
19	ROSOLSKI Dawid	686		M30	9	02:17:06	03:07:57	04:39:34	06:23:06.65	06:23:23.00	+01:25:59 (22.4%)	6:36	9.1 (77.8%)
20	JANASZAK Fabian	559		M40	6	01:32:32	02:56:53	04:28:07	06:25:18.90	06:25:28.20	+01:28:04 (22.8%)	6:38	9 (76.9%)
21	GRACZ Paweł	631	ULTRA DIABŁY TEAM LUBRZA / NADODRZAŃSKI ODDZIAŁ STRAŻY GRANICZNEJ	M40	7	01:29:34	03:03:16	04:38:35	06:26:05.40	06:26:11.80	+01:28:48 (23.0%)	6:39	9 (76.9%)
22	FUKS Szymon	546	MCBIEGACZE	M40	8	01:36:08	03:05:55	04:41:28	06:27:36.70	06:27:43.45	+01:30:19 (23.3%)	6:40	9 (76.9%)
23	STRZELECKI Michał	645	SMASHING PĄPKINS	M40	9	01:38:15	03:09:42	04:47:00	06:31:33.80	06:31:41.65	+01:34:18 (24.1%)	6:45	8.9 (76.1%)
24	MICHALAK Dawid	676	WOLSZTYNSKI KLUB BIEGOWY	M40	10	01:34:54	03:10:58	04:50:19	06:32:37.70	06:32:47.50	+01:35:23 (24.3%)	6:46	8.9 (76.1%)
25	SOBKIEWICZ Janusz	449	OBORYGENI	M50	3	01:29:39	03:00:25	04:42:11	06:32:45.75	06:32:52.80	+01:35:29 (24.3%)	6:46	8.9 (76.1%)
26	BORCZYŃSKI Łukasz	480	ZA LINIĄ METY	M30	10	01:31:34	03:01:53	04:38:32	06:32:33.25	06:33:00.45	+01:35:36 (24.3%)	6:46	8.9 (76.1%)
27	GRZEGORZEK Marcin	578		M40	11	01:40:22	03:11:11	04:41:00	06:33:01.35	06:33:21.85	+01:35:58 (24.4%)	6:46	8.9 (76.1%)
28	PIWOWARSKI Mateusz	492		M30	11	01:29:40	03:09:07	04:46:01	06:34:51.40	06:35:04.45	+01:37:40 (24.7%)	6:48	8.8 (75.2%)
29	HALICKI Łukasz	646	CHMURA TEAM	M20	3	01:37:29	03:05:58	04:42:22	06:36:01.40	06:36:07.55	+01:38:44 (24.9%)	6:49	8.8 (75.2%)
30	KALECIŃSKI Piotr	639		M30	12	01:40:32	03:14:20	04:46:28	06:36:22.00	06:36:28.55	+01:39:05 (25.0%)	6:50	8.8 (75.2%)
31	MROTEK Kevin	429		M30	13	01:38:33	03:09:56	04:46:24	06:38:04.20	06:38:24.80	+01:41:01 (25.4%)	6:51	8.7 (74.4%)
32	SERAFIN-GORSZKOWSKA Paulina	562	AW-SZYBCIEJ-TEAM	K40	1	01:44:57	03:20:08	04:50:23	06:38:33.10	06:38:42.10	+01:41:18 (25.4%)	6:52	8.7 (74.4%)
33	PIEKARCZYK Paweł	599	STAJNIAK TEAM	M30	14	02:09:40	03:10:26	04:48:55	06:40:02.55	06:40:16.35	+01:42:52 (25.7%)	6:53	8.7 (74.4%)
34	KOWALCZYK Krzysztof	693	AW SZYBCIEJ TEAM	M30	15	01:42:59	03:09:46	04:42:52	06:40:54.95	06:41:14.65	+01:43:51 (25.9%)	6:54	8.7 (74.4%)
35	ADAMSKI Krzysztof	470	HRW	M40	12	01:43:39	03:16:04	04:52:03	06:40:57.75	06:41:27.00	+01:44:03 (25.9%)	6:54	8.7 (74.4%)
36	CHOŁAJCZYK Marcin	564	GRUNNERS	M30	16	01:29:28	03:14:28	04:50:54	06:41:35.45	06:42:01.25	+01:44:37 (26.0%)	6:55	8.7 (74.4%)
37	PLONOWSKI Maciej	430	PSZCZÓŁKOWSKI TEAM	M30	17	01:44:15	03:14:30	04:50:44	06:42:16.95	06:42:27.15	+01:45:03 (26.1%)	6:56	8.7 (74.4%)
38	FIOŁEK Tomek	632	FIZJOTRAIL HD	M30	18	01:37:57	03:10:12	04:50:42	06:42:54.95	06:43:03.80	+01:45:40 (26.2%)	6:56	8.6 (73.5%)
39	BOROWSKI Przemysław	617	GRUNNERS	M30	19	01:46:30	03:15:38	04:50:50	06:42:44.95	06:43:11.75	+01:45:48 (26.2%)	6:56	8.6 (73.5%)
40	KARMOWSKI Jakub	627		M40	13	01:44:05	03:15:37	04:54:02	06:43:52.00	06:44:00.90	+01:46:37 (26.4%)	6:57	8.6 (73.5%)
41	CHLIPAŁA Jakub	594	ULTRAWAY	M20	4	01:45:57	03:16:36	04:48:42	06:45:07.85	06:45:37.50	+01:48:13 (26.7%)	6:59	8.6 (73.5%)
42	BUKOWIŃSKI Damian	486	TRAIL IS OUR WAY	M40	14	01:40:22	03:13:50	04:46:47	06:45:58.40	06:46:04.40	+01:48:40 (26.8%)	6:59	8.6 (73.5%)
43	PRZEPIÓRA Mateusz	482	BAND OF RUNNERS	M30	20	01:36:42	03:11:53	04:52:54	06:46:43.25	06:46:51.65	+01:49:28 (26.9%)	7:00	8.6 (73.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	PK10	PK11	PK12	Czas	Czas	Różn	Tempo	Tempo		
						Goduszyn	Górzyniec	Kopalnia	netto	brutto				17km	31km
44	MOJEK Sandra	468				K30	2	01:41:52	03:15:03	04:54:12	06:48:01.15	06:48:21.25	+01:50:57 (27.2%)	7:02	8.5 (72.6%)
45	SZLASKI Igor	670	TRINERGY			M30	21	01:39:47	03:10:52	04:48:53	06:48:16.00	06:48:26.60	+01:51:03 (27.2%)	7:02	8.5 (72.6%)
46	CZAJKOWSKI Krzysztof	644	LBGW			M40	15	01:44:31	03:14:51	04:54:20	06:48:21.45	06:48:36.95	+01:51:13 (27.2%)	7:02	8.5 (72.6%)
47	SZTYMELSKI Sebastian	509				M30	22	01:37:21	03:13:12	04:50:16	06:49:50.45	06:49:57.40	+01:52:33 (27.5%)	7:03	8.5 (72.6%)
48	KALINOWSKI Szymon	556	KLUB BIEGACZA KĄTY WROCŁAWSKIE			M30	23	01:49:27	03:27:24	05:05:46	06:52:02.40	06:52:25.80	+01:55:02 (27.9%)	7:06	8.4 (71.8%)
49	SKIBA Hanna	585				K20	1	01:44:07	03:27:11	05:09:29	06:52:53.70	06:53:02.40	+01:55:38 (28.0%)	7:07	8.4 (71.8%)
50	SZARADOWSKI Piotr	436	AW-SZYBCIEJ-TEAM			M50	4	01:47:05	03:24:13	05:01:40	06:55:49.25	06:56:00.70	+01:58:37 (28.5%)	7:10	8.4 (71.8%)
51	WOJAK Malwina	683				K30	3	01:48:03	03:27:16	05:03:51	06:56:02.95	06:56:27.30	+01:59:03 (28.6%)	7:10	8.4 (71.8%)
52	PAPRZYCKI Rafał	586	NATURAL BORN RUNNERS			M40	16	01:41:43	03:13:23	04:57:46	06:56:08.85	06:56:28.25	+01:59:04 (28.6%)	7:10	8.4 (71.8%)
53	KRUPA Piotr	648	MPT_RUNNING_TEAM			M30	24	01:38:35	03:16:16	05:07:50	06:58:07.75	06:58:14.60	+02:00:51 (28.9%)	7:12	8.3 (70.9%)
54	WITOSŁAWSKI Maciej	495				M40	17	01:42:29	03:23:30	05:01:14	06:58:41.80	06:58:56.90	+02:01:33 (29.0%)	7:13	8.3 (70.9%)
55	KOZUBEK Artur	657				M30	25	01:43:55	03:20:00	04:59:08	06:59:11.35	06:59:21.95	+02:01:58 (29.1%)	7:13	8.3 (70.9%)
56	SKOLINIEC Bartłomiej	554	GRUNNERS			M30	26	01:44:43	03:14:29	04:53:36	06:59:23.80	06:59:51.15	+02:02:27 (29.2%)	7:13	8.3 (70.9%)
57	DUBOWICZ Maciej	432				M30	27	01:49:54	03:26:58	05:07:53	06:59:17.95	06:59:57.85	+02:02:34 (29.2%)	7:13	8.3 (70.9%)
58	HYPIAK Joanna	677	KILOMETRY POMOCY			K30	4	01:48:43	03:29:02	05:06:42	07:00:03.50	07:00:28.70	+02:03:05 (29.3%)	7:14	8.3 (70.9%)
59	MATUSZEWSKI Marek	629	RUNNER'S POWER ŚREM			M50	5	01:50:23	03:31:41	05:10:00	07:00:37.35	07:00:44.90	+02:03:21 (29.3%)	7:15	8.3 (70.9%)
60	MASEWICZ Grzegorz	437	ZOFANNA			M40	18	01:50:43	03:30:35	05:10:31	07:03:17.00	07:03:45.95	+02:06:22 (29.8%)	7:17	8.2 (70.1%)
61	KLEINSCHMIDT Łukasz	520	KRIS TRANS MAŁYSZKA			M40	19	01:49:14	03:32:24	05:13:51	07:04:16.15	07:04:34.65	+02:07:11 (30.0%)	7:18	8.2 (70.1%)
62	SKORUPINSKI Piotr	489				M40	20	01:49:29	03:26:04	05:05:58	07:05:34.90	07:05:55.95	+02:08:32 (30.2%)	7:20	8.2 (70.1%)
63	RABIEJ-OLSZEWSKA Hanna	625	SOBAS TEAM			K30	5	01:48:09	03:29:55	05:12:15	07:06:46.00	07:06:54.15	+02:09:30 (30.3%)	7:21	8.2 (70.1%)
64	ŚWIDERSKI Piotr	536				M30	28	01:45:56	03:25:55	05:08:31	07:10:22.45	07:10:42.55	+02:13:19 (31.0%)	7:25	8.1 (69.2%)
65	MARZEC Dominik	533				M30	29	01:49:13	03:29:01	05:14:54	07:10:50.35	07:11:21.15	+02:13:57 (31.1%)	7:25	8.1 (69.2%)
66	OLEJNIK Egidiusz	675				M30	30	01:49:20	03:26:58	05:12:48	07:13:27.80	07:13:38.75	+02:16:15 (31.4%)	7:28	8 (68.4%)
67	DUBIAŁ Rafał	474	LESZ NO LIMITS RUNNERS			M40	21	01:51:14	03:32:28	05:15:51	07:13:26.90	07:13:43.30	+02:16:19 (31.4%)	7:28	8 (68.4%)
68	MINKO Dawid	1700				M30	31	01:39:06	03:16:49	05:06:16	07:13:37.50	07:13:48.65	+02:16:25 (31.4%)	7:28	8 (68.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	PK10	PK11	PK12	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						Goduszyn 17km	Górzyniec 31km	Kopalnia 42km	netto 58km	brutto 58km			
69	ZIĘBA-OSTÓJ Emilia	584	PWR	K20	2	01:49:44	03:31:27	05:15:03	07:14:26.50	07:14:42.55	+02:17:19 (31.6%)	7:29	8 (68.4%)
70	KOGUT Maciej	666		M40	22	01:26:07	02:56:59	05:08:49	07:18:18.60	07:18:25.55	+02:21:02 (32.2%)	7:33	7.9 (67.5%)
71	MRÓZ Marcin	528	DZIKIE BOBRY / STR POZNAŃ	M40	23	01:44:49	03:26:03	05:10:47	07:18:41.90	07:18:49.45	+02:21:25 (32.2%)	7:33	7.9 (67.5%)
72	KOLANSKI Lukasz	684		M30	32	01:42:47	03:26:50	05:16:38	07:18:40.40	07:18:49.55	+02:21:26 (32.2%)	7:33	7.9 (67.5%)
73	OKUPNIAK Martyna	622	KOBIETY BIEGAJĄ LUBLIN	K20	3	01:41:18	03:21:21	05:17:14	07:19:02.70	07:19:09.15	+02:21:45 (32.3%)	7:34	7.9 (67.5%)
74	LEWICKI Tomasz	498	CAŁA OLEŚNICA BIEGA	M40	24	01:52:58	03:36:53	05:19:35	07:19:26.80	07:19:53.30	+02:22:29 (32.4%)	7:34	7.9 (67.5%)
75	BALCERZAK Michał	403	BALCERZAK RUNNING TEAM	M30	33	01:49:30	03:34:46	05:23:40	07:20:47.65	07:21:00.35	+02:23:36 (32.6%)	7:35	7.9 (67.5%)
76	BALCERZAK Sławek	660		M30	34	01:49:26	03:34:49	05:23:43	07:20:47.80	07:21:00.85	+02:23:37 (32.6%)	7:35	7.9 (67.5%)
77	GRACZ Krzysztof	500		M40	25	01:50:07	03:32:21	05:16:58	07:22:42.95	07:22:57.35	+02:25:33 (32.9%)	7:37	7.9 (67.5%)
78	PERLAK Marzena	668		K40	2	02:02:09	03:47:15	05:28:31	07:23:00.20	07:23:14.30	+02:25:50 (32.9%)	7:38	7.9 (67.5%)
79	KUNCEWICZ Piotr	589		M40	26	01:47:54	03:44:04	05:28:28	07:24:19.55	07:24:30.10	+02:27:06 (33.1%)	7:39	7.8 (66.7%)
80	ZWIERZCHOWSKI Artur	614		M40	27	01:51:23	03:38:08	05:22:53	07:25:44.35	07:25:56.40	+02:28:32 (33.3%)	7:41	7.8 (66.7%)
81	ZDEBSKA Magdalena	678		K30	6	01:48:48	03:31:55	05:21:10	07:25:56.50	07:26:11.15	+02:28:47 (33.3%)	7:41	7.8 (66.7%)
82	DUDEK Tomasz	517	MOCNA GRUPA CEZARA	M40	28	01:52:12	03:27:30	05:14:23	07:27:08.45	07:27:35.20	+02:30:11 (33.6%)	7:42	7.8 (66.7%)
83	KRUK Marek	605		M40	29	01:50:27	03:34:59	05:26:16	07:28:09.00	07:28:22.10	+02:30:58 (33.7%)	7:43	7.8 (66.7%)
84	RACHAŃSKI Mchał	1711		M30	35	02:03:14	03:51:56	05:33:04	07:28:51.60	07:28:59.20	+02:31:35 (33.8%)	7:44	7.8 (66.7%)
85	SMOTER Wojciech	461	STAL NYSA	M40	30	01:50:59	03:35:30	05:21:10	07:28:42.00	07:29:10.40	+02:31:46 (33.8%)	7:44	7.8 (66.7%)
86	FEODORÓW Wojciech	671	RESHAPERUNNERS	M50	6	01:57:12	03:47:11	05:29:42	07:32:30.50	07:32:56.05	+02:35:32 (34.3%)	7:48	7.7 (65.8%)
87	KWIATKOWSKI Przemysław	535		M30	36	01:46:14	03:28:45	05:27:40	07:34:17.35	07:34:27.15	+02:37:03 (34.6%)	7:49	7.7 (65.8%)
88	NOWAK Marta	478		K40	3	02:01:03	03:46:02	05:31:36	07:35:02.85	07:35:12.85	+02:37:49 (34.7%)	7:50	7.6 (65.0%)
89	GÓŻAŃSKI Jarosław	455	ŁÓDŹ KOCHA SPORT	M50	7	01:44:52	03:29:14	05:24:49	07:35:18.50	07:35:26.40	+02:38:02 (34.7%)	7:51	7.6 (65.0%)
90	GOLEC Bogusław	494	PKS OŁAWA	M50	8	01:49:49	03:34:40	05:22:38	07:37:26.35	07:37:39.75	+02:40:16 (35.0%)	7:53	7.6 (65.0%)
91	KOST Jacek	593		M50	9	01:48:07	03:44:28	05:29:38	07:37:41.00	07:37:51.85	+02:40:28 (35.0%)	7:53	7.6 (65.0%)
92	SZUBA Teofil	1704		M40	31	01:59:57	03:53:32	05:42:06	07:37:54.50	07:38:22.60	+02:40:59 (35.1%)	7:53	7.6 (65.0%)
93	WYSMOLIŃSKI Rafał	1707		M40	32	02:00:03	03:53:36	05:41:59	07:37:55.85	07:38:22.65	+02:40:59 (35.1%)	7:53	7.6 (65.0%)
94	KOCHEL Michał	603	DOMASZCZYN	M40	33	01:45:40	03:34:44	05:26:53	07:38:31.00	07:38:43.70	+02:41:20 (35.2%)	7:54	7.6 (65.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	PK10 Goduszyn 17km	PK11 Górzyniec 31km	PK12 Kopalnia 42km	Czas netto 58km	Czas brutto 58km	Różn	Tempo min/km	Tempo km/h
95	ZACHARIJASZ Miłosz	1716		M30	37	02:00:45	03:58:37	05:47:27	07:38:45.45	07:39:10.05	+02:41:46 (35.2%)	7:54	7.6 (65.0%)
96	DORNIAK Radek	635		M40	34	01:59:08	03:46:31	05:34:46	07:39:03.90	07:39:16.60	+02:41:53 (35.2%)	7:54	7.6 (65.0%)
97	IDCZAK Agnieszka	682		K30	7	01:57:37	03:48:51	05:36:17	07:39:11.20	07:39:42.90	+02:42:19 (35.3%)	7:55	7.6 (65.0%)
98	JASIK Wojciech	521		M30	38	01:46:05	03:31:44	05:28:14	07:39:32.30	07:39:51.85	+02:42:28 (35.3%)	7:55	7.6 (65.0%)
99	CIENIUCH Piotr	583	DRUŻYNA BIEGOWA LECHA POZNAŃ	M40	35	01:55:01	03:41:31	05:31:04	07:40:35.50	07:40:58.15	+02:43:34 (35.5%)	7:56	7.6 (65.0%)
100	JAKIMOWICZ Kamila	613		K30	8	01:51:27	03:43:23	05:33:18	07:41:58.95	07:42:07.65	+02:44:44 (35.6%)	7:57	7.5 (64.1%)
101	DRWIĘGA Tomasz	526		M30	39	01:58:48	03:48:22	05:36:47	07:42:39.35	07:42:54.60	+02:45:31 (35.8%)	7:58	7.5 (64.1%)
102	DROCHOMIRECKI Piotr	557		M30	40	01:58:28	03:47:34	05:42:26	07:45:01.75	07:45:38.25	+02:48:14 (36.1%)	8:01	7.5 (64.1%)
103	KOWNACKA Zuzanna	615		K30	9	02:02:49	03:55:03	05:43:42	07:45:53.05	07:46:17.25	+02:48:53 (36.2%)	8:01	7.5 (64.1%)
104	NĘDZA Mikołaj	643	LESZ NO LIMITS RUNNERS	M40	36	01:49:57	03:37:10	05:28:47	07:47:19.65	07:47:35.70	+02:50:12 (36.4%)	8:03	7.4 (63.2%)
105	JAKŚ Grzegorz	475	ALPIMADE TEAM	M40	37	01:42:25	03:32:40	05:28:58	07:49:03.35	07:49:13.05	+02:51:49 (36.6%)	8:05	7.4 (63.2%)
106	MŁODZIENIAK Robert	619	KONIN RUN	M40	38	01:49:38	03:43:49	05:36:58	07:51:34.20	07:51:51.05	+02:54:27 (37.0%)	8:07	7.4 (63.2%)
107	GŁUCHOWSKI Przemek	620	KONIN RUN	M40	39	01:49:39	03:43:52	05:33:38	07:51:33.45	07:51:51.20	+02:54:27 (37.0%)	8:07	7.4 (63.2%)
108	ZDANOWICZ Wojciech	561		M40	40	01:50:05	03:37:28	05:36:58	07:51:27.15	07:51:53.50	+02:54:29 (37.0%)	8:07	7.4 (63.2%)
109	DEJA Dariusz	1714		M40	41	02:04:41	03:58:44	05:49:41	07:52:09.95	07:52:23.25	+02:54:59 (37.0%)	8:08	7.4 (63.2%)
110	WILGOS Mateusz	451	LUBELSKA GRUPA TRIATHLONU	M20	5	01:45:04	03:37:55	05:33:49	07:52:44.90	07:52:55.75	+02:55:32 (37.1%)	8:09	7.4 (63.2%)
111	NYKIEL Rafał	698	ULTRA DIABŁY TEAM LUBRZA	M40	42	01:55:29	03:54:43	05:46:52	07:53:04.30	07:53:13.30	+02:55:49 (37.2%)	8:09	7.4 (63.2%)
112	BONIARCZYK Łukasz	611		M30	41	02:11:56	04:08:00	05:57:30	07:53:28.05	07:54:03.80	+02:56:40 (37.3%)	8:09	7.4 (63.2%)
113	SZYCH Tomasz	412	TAKIMAMYKLIMAT.PL	M40	43	01:58:15	03:32:46	05:44:12	07:54:24.20	07:54:32.15	+02:57:08 (37.3%)	8:10	7.3 (62.4%)
114	DUBAJ Bartosz	407		M40	44	01:58:13	03:53:45	05:44:14	07:54:23.65	07:54:32.35	+02:57:08 (37.3%)	8:10	7.3 (62.4%)
115	MROWCA Paweł	419	KOLKA TEAM LUBAŃ	M40	45	01:45:53	03:42:12	05:45:39	07:54:30.80	07:54:46.85	+02:57:23 (37.4%)	8:10	7.3 (62.4%)
116	SOŁDON Katarzyna	680	RUN YOUR TRAIL	K30	10	01:55:05	03:49:19	05:45:19	07:55:15.75	07:55:25.10	+02:58:01 (37.4%)	8:11	7.3 (62.4%)
117	KOŃPA Arkadiusz	543	OLIMPIC ACADEMY	M30	42	01:54:59	03:06:44	05:45:10	07:55:15.90	07:55:25.35	+02:58:01 (37.4%)	8:11	7.3 (62.4%)
118	KROSZCZYŃSKA Jowita	434		K20	4	02:02:51	03:51:49	05:44:10	07:55:34.45	07:55:53.55	+02:58:30 (37.5%)	8:11	7.3 (62.4%)
119	JAKUBIAK Krzysztof	445		M30	43	01:53:13	03:49:57	05:44:13	07:55:55.55	07:56:08.60	+02:58:45 (37.5%)	8:12	7.3 (62.4%)
120	SKRZYPIEC Filip	602	BEAUTYEUROPE.EU SP.Z O.O.	M40	46	01:58:43	04:01:19	05:56:46	07:57:26.60	07:57:44.05	+03:00:20 (37.7%)	8:13	7.3 (62.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	PK10	PK11	PK12	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						Goduszyn 17km	Górzyniec 31km	Kopalnia 42km	netto 58km	brutto 58km			
121	BIALIK Jędrzej	452	RUNNERS TEAM NYSA	M40	47	01:53:51	03:44:50	05:40:30	07:57:33.45	07:58:02.05	+03:00:38 (37.8%)	8:14	7.3 (62.4%)
122	FILUT Tomasz	623		M40	48	02:00:13	03:57:09	05:52:39	07:58:32.05	07:58:52.05	+03:01:28 (37.9%)	8:15	7.3 (62.4%)
123	ANDRZEJEWSKI Tomasz	409	JESTEM OD ROMKA	M40	49	02:00:33	03:54:05	05:57:26	07:58:49.45	07:59:01.95	+03:01:38 (37.9%)	8:15	7.3 (62.4%)
124	JACIUK Dagmara	414	JESTEM OD ROMKA I PRZYJACIELE	K40	4	02:00:32	03:54:01	05:57:22	07:58:48.75	07:59:02.10	+03:01:38 (37.9%)	8:15	7.3 (62.4%)
125	TYLCZYNSKA Edyta	576		K30	11	01:55:20	03:49:41	05:46:32	07:58:52.75	07:59:02.75	+03:01:39 (37.9%)	8:15	7.3 (62.4%)
126	BRYK Paweł	522	RURKI ALPINE CLUB	M30	44	01:59:23	03:54:58	05:50:59	07:59:20.00	07:59:41.85	+03:02:18 (38.0%)	8:15	7.3 (62.4%)
127	DZIERŻANOWSKA Kasia	687	RUNNINGLATE	K40	5	01:04:41	03:52:27	05:44:54	07:59:57.05	08:00:10.05	+03:02:46 (38.1%)	8:16	7.3 (62.4%)
128	GOCAŁ Marek	662	PIĘTA PALEC MASŁO SMALEC	M50	10	01:55:28	03:47:02	05:46:35	08:00:09.80	08:00:40.25	+03:03:16 (38.1%)	8:16	7.2 (61.5%)
129	ROTHER Marek	697	ROTHERSI NADAL W FORMIE	M50	11	01:56:35	03:46:35	05:38:53	08:01:18.95	08:01:32.55	+03:04:09 (38.2%)	8:17	7.2 (61.5%)
130	IDZIOR Mateusz	467		M40	50	01:59:52	03:53:27	05:48:03	08:01:57.25	08:02:20.95	+03:04:57 (38.3%)	8:18	7.2 (61.5%)
131	PUZIO Paulina	457	START ŚCINAWA	K30	12	02:01:45	03:57:11	05:52:59	08:03:04.35	08:03:19.20	+03:05:55 (38.5%)	8:19	7.2 (61.5%)
132	SCHULZE Jörg	608	DAV ZITTAU	M60+	1	02:03:28	03:54:28	05:45:36	08:02:46.40	08:03:19.70	+03:05:56 (38.5%)	8:19	7.2 (61.5%)
133	SZERMENT Eryk	685	BBL GORZÓW WIELKOPOLSKI	M40	51	01:58:47	03:56:49	05:56:12	08:05:45.50	08:06:16.70	+03:08:53 (38.8%)	8:22	7.2 (61.5%)
134	FURMANIUK Jaromir	532		M50	12	02:00:09	03:48:52	05:45:12	08:06:47.60	08:07:15.55	+03:09:52 (39.0%)	8:23	7.1 (60.7%)
135	ŠTOREK Marek	497	ASC 44	M30	45	01:55:56	03:53:57	05:49:21	08:07:17.75	08:07:43.10	+03:10:19 (39.0%)	8:24	7.1 (60.7%)
136	PODEJMA Rafał	473	SPARTA ULTRATEAM	M50	13	01:59:46	03:53:48	05:48:13	08:07:50.20	08:08:14.55	+03:10:51 (39.1%)	8:24	7.1 (60.7%)
137	STACHURA Magdalena	1709		K40	6	01:53:05	03:49:24	05:50:57	08:09:12.10	08:09:22.10	+03:11:58 (39.2%)	8:26	7.1 (60.7%)
138	TEPPER Marcin	575	BUDCHEM	M40	52	02:05:11	04:09:19	05:59:32	08:10:08.80	08:10:30.15	+03:13:06 (39.4%)	8:27	7.1 (60.7%)
139	SAMSON Robert	571	FIZJOBIEGACZE SZCZECIN	M40	53	01:57:47	04:03:32	05:58:26	08:11:34.10	08:11:46.15	+03:14:22 (39.5%)	8:28	7.1 (60.7%)
140	SOBOTKA Monika	466	IMR SPORT TEAM	K50	1	01:59:52	03:58:39	05:55:25	08:12:31.30	08:12:42.75	+03:15:19 (39.6%)	8:29	7.1 (60.7%)
140	WILGAT Adam	568	IMR SPORT TEAM	M50	14	02:01:27	03:56:45	05:55:27	08:12:36.75	08:12:42.75	+03:15:19 (39.6%)	8:29	7.1 (60.7%)
142	DAJCZAK Mariusz	612		M30	46	02:11:56	04:08:02	05:57:45	08:12:32.70	08:13:08.30	+03:15:44 (39.7%)	8:29	7.1 (60.7%)
143	KAŻMIERCZAK Filip	477	SZCZECIŃSKI KLUB WYSOKOGÓRSKI SKW	M30	47	01:47:01	03:24:49	05:12:51	08:13:22.15	08:14:02.70	+03:16:39 (39.8%)	8:30	7.1 (60.7%)
144	REK Krzysztof	650	RADLINIOKI W BIEGU	M40	54	01:56:22	03:51:44	05:56:27	08:16:27.90	08:16:40.60	+03:19:17 (40.1%)	8:33	7 (59.8%)
145	ROZMIAREK Przemysław	405	BIEGAJĄCE KREJZOLE	M40	55	02:00:52	04:00:14	05:56:11	08:16:31.65	08:16:54.55	+03:19:31 (40.2%)	8:33	7 (59.8%)
146	MROZIK Krystian	551	SUDETY EXTREME TEAM	M30	48	02:10:05	04:01:27	06:02:26	08:17:05.60	08:17:43.35	+03:20:19 (40.2%)	8:34	7 (59.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	PK10 Goduszyn 17km	PK11 Górzyniec 31km	PK12 Kopalnia 42km	Czas netto 58km	Czas brutto 58km	Różn	Tempo min/km	Tempo km/h
147	SIKORSKI Maciej	485		M40	56	01:50:02	03:45:28	05:46:05	08:18:34.10	08:18:47.70	+03:21:24 (40.4%)	8:35	7 (59.8%)
148	NOWOSIELSKA Magdalena	469	ASICS FRONTRUNNER POLAND	K30	13	02:00:10	03:59:20	06:01:39	08:19:45.60	08:20:07.75	+03:22:44 (40.5%)	8:36	7 (59.8%)
149	WARACHOWSKI Stefan	524		M50	15	02:00:08	04:05:10	06:11:01	08:22:35.20	08:22:50.35	+03:25:26 (40.9%)	8:39	6.9 (59.0%)
150	SKOWROŃSKI Bartosz	529	KAMIL LEŚNIAK TEAM	M30	49	02:06:04	04:14:49	06:15:26	08:25:36.00	08:25:47.45	+03:28:23 (41.2%)	8:43	6.9 (59.0%)
151	KARASIŃSKA Karolina	505		K40	7	02:00:36	03:58:53	05:53:42	08:25:44.15	08:26:08.30	+03:28:44 (41.2%)	8:43	6.9 (59.0%)
152	HALICKI Wojciech	655		M50	16	01:58:45	03:58:56	05:59:51	08:25:53.05	08:26:08.45	+03:28:44 (41.2%)	8:43	6.9 (59.0%)
153	ĆWIKLIŃSKI Maciej	596		M50	17	02:01:30	04:04:58	06:09:26	08:25:50.35	08:26:15.00	+03:28:51 (41.3%)	8:43	6.9 (59.0%)
154	SKOWRONEK Dariusz	418	#BYLEDOMETY	M50	18	02:07:49	04:05:02	06:09:19	08:26:43.05	08:27:10.90	+03:29:47 (41.4%)	8:44	6.9 (59.0%)
155	KRZESZEWSKA Dorota	672		K40	8	02:10:02	04:20:34	06:19:26	08:27:01.35	08:27:21.20	+03:29:57 (41.4%)	8:44	6.9 (59.0%)
156	NATKANIEC Krystian	516	JANJUL	M50	19	02:01:35	04:00:37	06:12:34	08:27:17.30	08:27:39.65	+03:30:16 (41.4%)	8:44	6.9 (59.0%)
157	WIERZCHOŃ Michał	552	LECE_TRENINGOWO	M50	20	02:00:45	04:00:53	06:05:11	08:29:15.20	08:29:41.10	+03:32:17 (41.7%)	8:46	6.8 (58.1%)
158	WYCHOWAŁEK Jakub	472	RURKI ALPINE CLUB	M30	50	02:07:37	04:07:58	06:14:10	08:29:44.20	08:30:05.75	+03:32:42 (41.7%)	8:47	6.8 (58.1%)
159	SKUBISZ Marta	471	RURKI ALPIN CLUB	K30	14	02:08:00	04:08:20	06:14:21	08:29:44.45	08:30:05.80	+03:32:42 (41.7%)	8:47	6.8 (58.1%)
160	BADOWSKI Robert	443	PELORUNNERTEAM	M40	57	02:01:41	04:04:57	06:10:43	08:29:43.35	08:30:13.75	+03:32:50 (41.7%)	8:47	6.8 (58.1%)
161	LEWICKA Magdalena	525	CAŁA OLEŚNICA BIEGA	K40	9	02:08:43	04:15:52	06:15:42	08:29:49.40	08:30:15.30	+03:32:51 (41.7%)	8:47	6.8 (58.1%)
162	KAROLEWSKI Maciej	679	KROTOSZYŃSKA GRUPA BIEGOWA	M40	58	01:43:54	03:38:02	05:47:00	08:29:56.00	08:30:18.65	+03:32:55 (41.7%)	8:47	6.8 (58.1%)
163	TALAREK Robert	1705		M40	59	02:06:07	04:05:57	06:08:12	08:30:08.40	08:30:36.25	+03:33:12 (41.8%)	8:47	6.8 (58.1%)
164	WALKOWIAK Bartosz	433	KAMIL LEŚNIAK TEAM	M30	51	02:02:44	04:05:03	06:09:13	08:31:05.70	08:31:35.25	+03:34:11 (41.9%)	8:48	6.8 (58.1%)
165	KACPRZYCKI Tomasz	574		M30	52	02:11:49	04:20:11	06:23:16	08:34:41.25	08:35:03.40	+03:37:39 (42.3%)	8:52	6.8 (58.1%)
166	KACZOROWSKA Dorota	453		K40	10	02:11:19	03:49:06	06:15:11	08:36:32.25	08:36:52.25	+03:39:28 (42.5%)	8:54	6.7 (57.3%)
167	ŻUROWSKI Łukasz	550	BBKS ŁAWECZKA WILANÓW	M40	60	02:01:24	04:10:21	06:26:53	08:36:39.55	08:36:55.30	+03:39:31 (42.5%)	8:54	6.7 (57.3%)
168	STYKOWSKI Piotr	459	STYKU TEAM	M30	53	02:09:03	04:14:56	06:10:45	08:36:48.30	08:37:05.55	+03:39:42 (42.5%)	8:54	6.7 (57.3%)
169	KACZMAREK Mateusz	460		M30	54	02:09:05	04:15:01	06:10:49	08:36:48.95	08:37:05.80	+03:39:42 (42.5%)	8:54	6.7 (57.3%)
170	DANIELCZYK Maria	545	ULTRAWAYRUNNINGTEAM	K30	15	02:11:54	04:17:10	06:15:05	08:36:41.20	08:37:11.30	+03:39:47 (42.5%)	8:54	6.7 (57.3%)
171	WYRWICKI Przemek	428		M40	61	02:10:22	04:08:36	06:09:59	08:37:27.60	08:37:46.45	+03:40:22 (42.6%)	8:55	6.7 (57.3%)
172	KASHCHEEV Andrei	487		M30	55	02:03:58	04:08:26	06:14:25	08:37:29.75	08:38:02.30	+03:40:38 (42.6%)	8:55	6.7 (57.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	PK10	PK11	PK12	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						Goduszyn 17km	Górzyniec 31km	Kopalnia 42km	netto 58km	brutto 58km			
173	PEROŃSKI Mariusz	496	VIACON	M40	62	02:01:11	03:56:54	06:10:32	08:38:07.30	08:38:25.85	+03:41:02 (42.6%)	8:55	6.7 (57.3%)
174	CHABER Tomasz	570		M30	56	02:07:40	04:18:06	06:17:52	08:39:10.15	08:39:33.85	+03:42:10 (42.8%)	8:57	6.7 (57.3%)
175	BABIŃSKI Sławek	454	HANMON	M50	21	01:50:37	03:55:52	06:09:54	08:39:26.15	08:39:37.00	+03:42:13 (42.8%)	8:57	6.7 (57.3%)
176	ORNATOWSKI Adam	696	MAJSTER_TEAM	M30	57	02:00:43	04:09:57	06:24:28	08:41:45.80	08:42:10.85	+03:44:47 (43.0%)	8:59	6.7 (57.3%)
177	KOZDRÓJ Wioletta	518	DOGOŃ GRODZISK MAZOWIECKI/DŻAKARTA RUN TEAM	K40	11	02:10:48	04:18:04	06:23:57	08:42:17.50	08:42:31.85	+03:45:08 (43.1%)	9:00	6.7 (57.3%)
178	KOZDRÓJ Marcin	523		M40	63	02:10:26	04:18:07	06:24:03	08:42:16.95	08:42:32.05	+03:45:08 (43.1%)	9:00	6.7 (57.3%)
179	WOJDAT Katarzyna	541	STARE PSY	K40	12	02:07:44	04:07:59	06:12:32	08:43:06.30	08:43:37.30	+03:46:13 (43.2%)	9:01	6.7 (57.3%)
180	NAWÓJ Jakub	402		M30	58	02:06:56	04:08:29	06:23:11	08:43:57.70	08:44:18.65	+03:46:55 (43.3%)	9:02	6.6 (56.4%)
181	KRUPIŃSKI Jakub	692	EDI TEAM	M40	64	02:13:53	04:15:22	06:20:12	08:48:02.30	08:48:14.15	+03:50:50 (43.7%)	9:06	6.6 (56.4%)
182	JAWORSKI Ryszard	1710		M30	59	02:15:26	04:16:35	06:20:16	08:48:05.30	08:48:17.35	+03:50:53 (43.7%)	9:06	6.6 (56.4%)
183	JARZYŃSKI Janusz	621	KONIN RUN	M50	22	02:02:51	04:05:18	06:14:19	08:48:03.60	08:48:20.85	+03:50:57 (43.7%)	9:06	6.6 (56.4%)
184	HILDEBRAND Daniel	483	A MOGŁEM JEŹDZIĆ NA ROWERZE	M40	65	02:03:52	04:13:21	06:17:48	08:47:59.95	08:48:21.70	+03:50:58 (43.7%)	9:06	6.6 (56.4%)
185	CHMIELEWSKA Karolina	1713		K40	13	02:08:23	04:13:39	06:26:17	08:48:44.00	08:48:44.00	+03:51:20 (43.8%)	9:06	6.6 (56.4%)
186	BURZYŃSKA Emilia	595	BIEGAJĄCE KREJZOLE	K30	16	02:08:45	04:13:05	06:25:42	08:48:21.45	08:48:44.70	+03:51:21 (43.8%)	9:06	6.6 (56.4%)
187	CHMIELEWSKA Karolina	1713.	PTTK TERAZ SUDETY	K40	14				08:48:44.85	08:48:44.85	+03:51:21 (43.8%)	9:06	6.6 (56.4%)
187	ZIELIŃSKI Karol	413		M40	66	02:03:50	04:13:24	06:17:45	08:48:23.30	08:48:44.85	+03:51:21 (43.8%)	9:06	6.6 (56.4%)
189	MUCHA Katarzyna	659	MOCNA GRUPA CEZARA	K50	2	02:04:58	04:16:37	06:30:07	08:48:47.65	08:49:15.45	+03:51:51 (43.8%)	9:07	6.6 (56.4%)
190	PAUKSZTA Aleksandra	689		K30	17	01:40:21	04:21:20	06:27:35	08:50:09.50	08:50:31.65	+03:53:08 (43.9%)	9:08	6.6 (56.4%)
191	TOMCZYK Alina	588		K40	15	02:01:07	04:08:49	06:23:33	08:50:34.70	08:50:46.15	+03:53:22 (44.0%)	9:08	6.6 (56.4%)
192	KRUSZEWSKA Asia	484	ADIDAS RUNNERS POZNAŃ	K30	18	02:00:28	03:56:39	06:06:50	08:50:53.00	08:51:13.20	+03:53:49 (44.0%)	9:09	6.6 (56.4%)
193	MILEJSKA Joanna	447	#R	K40	16	02:15:21	04:21:29	06:28:42	08:52:19.65	08:52:39.35	+03:55:15 (44.2%)	9:10	6.5 (55.6%)
194	HEJNE Agnieszka	616	MISTRZOWSKI_TRENING	K40	17	02:03:07	04:07:17	06:20:21	08:54:39.50	08:54:53.40	+03:57:29 (44.4%)	9:13	6.5 (55.6%)
195	SZPILA Robert	549		M40	67	02:03:00	04:08:50	06:15:11	08:55:11.30	08:55:28.75	+03:58:05 (44.5%)	9:13	6.5 (55.6%)
196	SZURKO Michał	581		M40	68	02:11:55	04:21:35	06:25:34	08:55:17.30	08:55:40.40	+03:58:16 (44.5%)	9:13	6.5 (55.6%)
197	MAZURKIEWICZ Paulina	542	ANATOMIA BIEGANIA	K30	19	02:06:41	04:17:51	06:30:02	08:55:58.70	08:56:17.55	+03:58:54 (44.5%)	9:14	6.5 (55.6%)
198	RUTA Mikołaj	667	OFFLANDER	M40	69	02:12:11	04:09:28	06:27:23	08:55:49.20	08:56:22.05	+03:58:58 (44.6%)	9:14	6.5 (55.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	PK10	PK11	PK12	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						Goduszyn 17km	Górzyniec 31km	Kopalnia 42km	netto 58km	brutto 58km			
199	KORNEK Tomasz	601		M50	23	02:14:15	04:20:36	06:32:27	08:57:54.20	08:58:15.45	+04:00:51 (44.7%)	9:16	6.5 (55.6%)
200	POCHYLSKI Przemysław	597	ZGRUPKA TEAM	M50	24	02:14:14	04:20:36	06:32:24	08:57:56.00	08:58:16.85	+04:00:53 (44.8%)	9:16	6.5 (55.6%)
201	GAŹDZIEWICZ Mateusz	691		M20	6	02:11:47	04:21:07	06:34:32	09:06:02.15	09:06:30.75	+04:09:07 (45.6%)	9:24	6.4 (54.7%)
202	TRZCIŃSKA Jolanta	1712		K40	18	02:17:25	04:25:13	06:32:10	09:06:44.40	09:07:12.75	+04:09:49 (45.7%)	9:25	6.4 (54.7%)
203	KACZMAREK Mirosław	630	RUNNER'S POWER	M30	60	02:08:40	04:34:24	06:45:54	09:07:23.75	09:07:37.55	+04:10:14 (45.7%)	9:26	6.4 (54.7%)
203	MATUSZEWSKA Małgorzata	628	RUNNER'S POWER ŚREM	K40	19	02:17:14	04:34:21	06:45:49	09:07:23.50	09:07:37.55	+04:10:14 (45.7%)	9:26	6.4 (54.7%)
205	WALCZAK Michał	653	RUNNER'S POWER ŚREM	M40	70	02:17:14	04:34:19	06:45:47	09:07:23.85	09:07:37.80	+04:10:14 (45.7%)	9:26	6.4 (54.7%)
206	ANTKOWIAK Mirosław	510	BBC KROSNO ODRZAŃSKIE	M60+	2	02:17:25	04:31:40	06:42:19	09:07:21.20	09:07:39.45	+04:10:15 (45.7%)	9:26	6.4 (54.7%)
207	STRONIKOWSKI Kamil	618	DRUŻYNA STASIA	M40	71	02:16:04	04:31:13	06:40:57	09:08:00.00	09:08:16.75	+04:10:53 (45.8%)	9:26	6.4 (54.7%)
208	MENDELEWSKA Daria	563		K40	20	02:20:23	04:30:14	06:47:06	09:08:43.80	09:09:02.60	+04:11:39 (45.8%)	9:27	6.3 (53.8%)
209	GRZYWIŃSKA Ania	446		K40	21	02:07:47	04:18:45	06:32:22	09:09:10.60	09:09:42.55	+04:12:19 (45.9%)	9:28	6.3 (53.8%)
210	SZUMIATO Jakub	1715		M40	72	02:09:21	04:30:13	06:40:09	09:11:55.45	09:12:33.30	+04:15:09 (46.2%)	9:30	6.3 (53.8%)
211	BIELEŃ Agnieszka	609	OWOCBIEGA TEAM	K30	20	02:17:05	04:31:57	06:36:51	09:13:12.50	09:13:39.55	+04:16:16 (46.3%)	9:32	6.3 (53.8%)
212	SUSZA Gosia	569		K40	22	02:05:32	04:22:20	06:29:22	09:13:39.95	09:14:11.40	+04:16:47 (46.3%)	9:32	6.3 (53.8%)
213	MARKIEWICZ Joanna Zuza	663	PRO366	K40	23	02:14:00	04:23:52	06:34:30	09:14:08.75	09:14:33.35	+04:17:09 (46.4%)	9:33	6.3 (53.8%)
214	KOWALSKI Marek	537		M60+	3	02:19:19	04:38:53	06:45:40	09:14:03.50	09:14:34.25	+04:17:10 (46.4%)	9:33	6.3 (53.8%)
215	ALEKSANDRZAK Stanisław	582		M40	73	02:11:40	04:21:19	06:34:43	09:14:00.95	09:14:34.80	+04:17:11 (46.4%)	9:33	6.3 (53.8%)
216	SZARANIEC Sebastian	694	AW - SZYBCIEJ - TEAM / MCB	M40	74	02:00:09	04:16:23	06:35:24	09:14:43.85	09:14:50.70	+04:17:27 (46.4%)	9:33	6.3 (53.8%)
217	NOWOSAD Piotrek	590	DARKSTAR	M30	61	02:10:47	04:20:28	06:30:54	09:14:38.30	09:14:50.75	+04:17:27 (46.4%)	9:33	6.3 (53.8%)
218	KRZYŻYK Agnieszka	503		K40	24	02:17:50	04:31:34	06:47:17	09:15:11.05	09:15:29.65	+04:18:06 (46.5%)	9:34	6.3 (53.8%)
219	MAĆKOWIAK Alicja	531		K20	5	02:17:01	04:24:53	06:34:47	09:16:25.30	09:16:49.30	+04:19:25 (46.6%)	9:35	6.3 (53.8%)
220	OBLICKI Bartosz	440		M30	62	02:05:48	04:16:16	06:33:13	09:16:59.25	09:17:17.85	+04:19:54 (46.6%)	9:36	6.2 (53.0%)
221	ERBEL Anna	637		K30	21	02:21:33	04:32:22	06:40:52	09:18:30.65	09:19:05.35	+04:21:41 (46.8%)	9:37	6.2 (53.0%)
222	MACIEJEC Dorota	634		K40	25	02:15:19	04:27:01	06:31:38	09:19:14.30	09:19:28.80	+04:22:05 (46.8%)	9:38	6.2 (53.0%)
223	BARAŃSKA Monika	606		K50	3	02:17:06	04:25:34	06:35:45	09:20:20.15	09:20:34.95	+04:23:11 (46.9%)	9:39	6.2 (53.0%)
224	ŁOJEK Michał	560		M30	63	02:06:22	04:22:35	06:37:10	09:20:27.85	09:20:39.90	+04:23:16 (47.0%)	9:39	6.2 (53.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	PK10	PK11	PK12	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						Goduszyn 17km	Górzyniec 31km	Kopalnia 42km	netto 58km	brutto 58km			
225	GAWRON Paweł	624	KONIN RUN	M60+	4	02:10:43	04:18:47	06:40:14	09:21:15.15	09:21:30.95	+04:24:07 (47.0%)	9:40	6.2 (53.0%)
226	TENDAJ Daniel	465		M50	25	02:15:08	04:29:14	06:44:45	09:23:04.05	09:23:40.95	+04:26:17 (47.2%)	9:42	6.2 (53.0%)
227	BARANIAK Beata	539	DRUŻYNA SZPIKU	K50	4	02:25:04	04:30:02	06:39:48	09:23:57.50	09:24:30.85	+04:27:07 (47.3%)	9:43	6.2 (53.0%)
228	GOŁĘBIEWSKI Marcin	401		M40	75	02:06:42	04:19:08	06:35:04	09:24:30.65	09:24:48.65	+04:27:25 (47.3%)	9:43	6.2 (53.0%)
229	DABROWSKI Roman	463	TOTALNIE BIEGNIĘCI CHOJNICE	M40	76	02:26:19	04:39:56	06:50:36	09:26:08.05	09:26:33.70	+04:29:10 (47.5%)	9:45	6.1 (52.1%)
230	WITKOWSKI-KOZIOŁEK Michał	544	KRAV MAGA WARSZAWA	M30	64	02:07:17	04:19:54	06:40:51	09:28:29.45	09:28:41.20	+04:31:17 (47.7%)	9:48	6.1 (52.1%)
231	MALINOWSKI Marcin	426		M40	77	02:21:54	04:33:24	06:47:11	09:28:13.45	09:28:45.90	+04:31:22 (47.7%)	9:47	6.1 (52.1%)
232	DYMOWSKI Piotr	438		M40	78	02:14:36	04:24:14	06:46:58	09:31:01.20	09:31:31.15	+04:34:07 (48.0%)	9:50	6.1 (52.1%)
233	JANDA Kamil	553		M30	65	02:14:42	04:19:46	06:50:40	09:33:22.95	09:33:47.60	+04:36:24 (48.2%)	9:53	6.1 (52.1%)
234	JARMUŻEK Mikołaj	640		M30	66	02:10:20	04:28:39	06:50:26	09:35:53.15	09:36:11.80	+04:38:48 (48.4%)	9:55	6 (51.3%)
235	FALKOWSKI Łukasz	610	KLUB BIEGACZA T 2/4	M40	79	02:12:20	04:21:24	06:52:29	09:37:39.85	09:38:11.20	+04:40:47 (48.6%)	9:57	6 (51.3%)
236	SĄDEL Krzysztof	530	CAGNOLINO MAXI	M50	26	02:16:54	04:31:49	06:57:32	09:37:55.40	09:38:12.80	+04:40:49 (48.6%)	9:57	6 (51.3%)
237	SZÓSTAK Michał	506	SZTORM PRO	M20	7	02:16:25	04:35:09	06:56:54	09:38:44.70	09:38:52.90	+04:41:29 (48.6%)	9:58	6 (51.3%)
238	PTASZYŃSKA Agnieszka	416		K40	26	02:18:51	04:34:41	06:49:33	09:41:12.30	09:41:29.55	+04:44:06 (48.9%)	10:01	6 (51.3%)
239	DUDEK Dariusz	417		M40	80	02:18:44	04:32:56	06:49:25	09:41:15.40	09:41:33.60	+04:44:10 (48.9%)	10:01	6 (51.3%)
240	SEMENIUK Konrad	1703		M30	67	02:16:41	04:32:54	07:06:17	09:47:28.05	09:48:03.65	+04:50:40 (49.4%)	10:07	5.9 (50.4%)
241	DARUL Albert	1708		M30	68	02:23:57	04:44:29	07:06:26	09:47:29.15	09:48:03.70	+04:50:40 (49.4%)	10:07	5.9 (50.4%)
242	DARUL Karolina	1706		K30	22	02:24:00	04:44:33	07:07:29	09:47:29.50	09:48:03.90	+04:50:40 (49.4%)	10:07	5.9 (50.4%)
243	KĘDZIORA Alicja	1702		K30	23	02:16:46	04:32:53	07:06:53	09:47:29.45	09:48:04.00	+04:50:40 (49.4%)	10:07	5.9 (50.4%)
244	CZAJA Jarosław	565		M40	81	02:22:23	04:33:03	06:56:23	09:49:25.95	09:49:45.55	+04:52:22 (49.6%)	10:09	5.9 (50.4%)
245	GRZYB Sławomir	579		M40	82	02:22:01	04:28:40	06:40:39	09:49:25.10	09:49:45.75	+04:52:22 (49.6%)	10:09	5.9 (50.4%)
246	MURASZEW - DĄBROWSKA Katarzyna	651	IMR SPORT TEAM	K40	27	02:23:45	04:43:52	07:06:52	09:51:40.80	09:51:52.85	+04:54:29 (49.8%)	10:12	5.9 (50.4%)
247	GÓRALCZYK Magdalena	519		K30	24	02:25:29	04:44:33	07:15:56	09:51:58.95	09:52:18.80	+04:54:55 (49.8%)	10:12	5.9 (50.4%)
248	GOSPODAREK Łukasz	511	DRUŻYNA STASIA	M40	83	02:27:14	04:58:01	07:14:10	09:52:32.05	09:52:48.30	+04:55:24 (49.8%)	10:12	5.9 (50.4%)
249	STANISŁAWEK Tomasz	507		M40	84	02:14:52	04:49:36	07:07:52	09:53:47.30	09:54:08.75	+04:56:45 (49.9%)	10:14	5.9 (50.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	PK10 Goduszyn 17km	PK11 Górzyniec 31km	PK12 Kopalnia 42km	Czas netto 58km	Czas brutto 58km	Różn	Tempo min/km	Tempo km/h
250	BIRECKA Kamilla	508		K50	5	02:26:07	04:46:41	07:04:52	09:53:50.20	09:54:22.45	+04:56:58 (50.0%)	10:14	5.9 (50.4%)
Przekroczony limit czasu: 10:00:00													
251	PLIS Jordan	406		M30	69	02:21:50	04:48:16	07:15:57	10:02:19.15	10:02:48.50	+05:05:24 (50.7%)	10:23	5.8 (49.6%)
252	PLASZCZYK Bartłomiej	654		M40	85	02:25:26	05:02:09	07:31:44	10:16:23.90	10:16:44.75	+05:19:21 (51.8%)	10:37	5.6 (47.9%)
253	SZYNKLEWSKI Maciej	558	QUAY POZNAŃ	M50	27	02:25:22	04:59:16	07:24:55	10:18:39.35	10:19:09.95	+05:21:46 (52.0%)	10:39	5.6 (47.9%)
254	KOŁTOWSKI Michał	604		M40	86	02:21:22	04:48:47	07:17:59	10:30:34.95	10:31:03.95	+05:33:40 (52.9%)	10:52	5.5 (47.0%)
255	CYCUŁAK Aleksandra	422		K20	6	02:30:07	05:06:43	07:31:44	10:37:53.80	10:38:19.75	+05:40:56 (53.4%)	10:59	5.5 (47.0%)
	RĄCZKOWIAK Mateusz	626	USZŁO POWIETRZE Z DĘTKI	M30		02:15:20 DNF	04:47:22 DNF	07:36:02 DNF	DNF	DNF	-	-	- (0.0%)
	MROWIŃSKA Marta	555	SHOOTBOXER MOSINA	K50		02:25:23 DNF	05:09:54 DNF	07:41:30 DNF	DNF	DNF	-	-	- (0.0%)
	KRZESZOWSKI Marcin	665		M40		01:35:47 DNF	03:02:06 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	KRAWCZYK Adriana	642	ULTRAFUN	K30		01:29:29 DNF	03:03:31 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	KOLASA Filip	652		M40		01:41:10 DNF	03:25:03 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	MODRZEJEWSKI Marcin	431	GÓRA BIEGANIA	M40		01:42:36 DNF	03:33:58 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	RATAJCZAK Mateusz	450	MFS	M40		01:44:18 DNF	03:46:23 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	SZYNDLAREWICZ Tomasz	493	DOBRZYKOWICE	M40		01:52:54 DNF	03:46:24 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	SUWAJ Roman	499	HORACY	M60+		02:18:59 DNF	04:37:45 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	CHOCIMSKA Małgorzata	491		K30		02:25:39 DNF	05:03:12 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	FRUCZ Jacek	490		M50		02:25:46 DNF	05:03:15 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	WALKOWIAK Jacek	442	BUT	M50		02:19:41 DNF	05:05:21 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	KAWAŁKO Ryszard	695	WOLNY RYŚ	M50		02:42:06 DNF	05:40:33 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	KASPRZAK Piotr	600		M20		01:35:16 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	PAWŁAK Jakub	690		M40		02:02:19 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	MATUSEWICZ Patrycja	462		K40		02:27:49 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	SOBCZAK Agnieszka	607	SOBASTEAM	K30		DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)

Znaleziono 272 wynik(ów)