



V BIEG OLIWSKI 10 KM

B4SPORT

Wydarzenie:
Organizator:

V BIEG OLIWSKI
Rada Dzielnicy Oliwa; Fundacja Silni Ciałem
Niezlomni Duchem Sportevo Triathlon Team

Data:
Miejsce:
Dystans:

2017-10-15
Gdańsk
10 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	TARAS Dniel	507	ACTIVE MALBORK	M2	1	00:34:27.60		3:26	17.4 (100%)
2	SŁAWIŃSKI Damian	414	LKS ZORZA GDYNIA	M3	1	00:34:54.30	+00:00:26 (1.3%)	3:29	17.2 (98.9%)
3	FELIKSIAK Wiktor	248		M2	2	00:37:45.80	+00:03:18 (8.7%)	3:46	15.9 (91.4%)
4	GUZ Andrzej	263	UNBOUNDED	M3	2	00:37:55.85	+00:03:28 (9.2%)	3:47	15.8 (90.8%)
5	MODERHAK Mateusz	347		M3	3	00:38:52.75	+00:04:25 (11.4%)	3:53	15.4 (88.5%)
6	JAKUBOWSKI Marek	269	STUDIO S7 BANINO	M4	1	00:39:01.55	+00:04:33 (11.7%)	3:54	15.4 (88.5%)
7	PEPLIŃSKI Grzegorz	377		M4	2	00:39:45.45	+00:05:17 (13.3%)	3:58	15.1 (86.8%)
8	BARANOWSKI Adam	208	2H59MIN.PL	M2	3	00:39:56.40	+00:05:28 (13.7%)	3:59	15 (86.2%)
9	GORCZYCKI Grzegorz	256	NIKOŚ TEAM	M3	4	00:40:38.90	+00:06:11 (15.2%)	4:03	14.8 (85.1%)
10	DZIWOSZ Paweł	245	BEZTLENOWI MALBORK	M3	5	00:40:44.65	+00:06:17 (15.4%)	4:04	14.7 (84.5%)
11	SZCZYKUTOWICZ Tomasz	433	SZALONY GDAŃSK BIEGA / GDAŃSKI BIEGACZ	M2	4	00:41:04.30	+00:06:36 (16.1%)	4:06	14.6 (83.9%)
12	SZYMAŃSKI Artur	443	LOTOS TEAM	M4	3	00:42:07.40	+00:07:39 (18.2%)	4:12	14.2 (81.6%)
13	PAJURA Robert	371		M3	6	00:42:10.05	+00:07:42 (18.3%)	4:13	14.2 (81.6%)
14	MARTYNIAK Patryk	341	AZS AWFIS GDAŃSK	M1	1	00:42:24.50	+00:07:56 (18.7%)	4:14	14.1 (81.0%)
15	TRUDNOWSKI Maciej	453	PSZCZÓŁKOWSKI TEAM	M4	4	00:42:25.55	+00:07:57 (18.8%)	4:14	14.1 (81.0%)
16	SZAJDZIUK Piotr	427		M4	5	00:42:26.75	+00:07:59 (18.8%)	4:14	14.1 (81.0%)
17	ZAWISZA Dariusz	483	BCT TEAM	M4	6	00:42:29.15	+00:08:01 (18.9%)	4:14	14.1 (81.0%)
18	ROŻYK Krzysztof	397	BIEGAMYRAZEM/OKNOBUR	M4	7	00:42:44.15	+00:08:16 (19.4%)	4:16	14 (80.5%)
19	NAWROCKI Dariusz	359		M3	7	00:42:57.10	+00:08:29 (19.8%)	4:17	14 (80.5%)
20	TOMASZEWSKI Michał	450		M3	8	00:42:59.10	+00:08:31 (19.8%)	4:17	14 (80.5%)
21	PASZKOWSKI Paweł	374		M3	9	00:43:01.50	+00:08:33 (19.9%)	4:18	13.9 (79.9%)
22	ELMIŚ Grzegorz	246	BIEGACZ PORTOWY HEL	M4	8	00:43:04.55	+00:08:36 (20.0%)	4:18	13.9 (79.9%)
23	CICHOŃ Maciej	225	42.195 WEJHEROWO	M4	9	00:43:22.75	+00:08:55 (20.6%)	4:20	13.8 (79.3%)
24	PAZIK Dariusz	375	RUNEDA	M2	5	00:43:28.00	+00:09:00 (20.7%)	4:20	13.8 (79.3%)
25	KĘSICKI Daniel	292	AMW	M2	6	00:43:29.85	+00:09:02 (20.8%)	4:20	13.8 (79.3%)
26	HABAJ Piotr	264	NORDA ACTIVE TEAM	M3	10	00:43:47.10	+00:09:19 (21.3%)	4:22	13.7 (78.7%)
27	ZIELONKA Michał	485		M2	7	00:44:13.50	+00:09:45 (22.1%)	4:25	13.6 (78.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
28	ZACHARIASZ Maciej	479		M3	11	00:44:27.20	+00:09:59 (22.5%)	4:26	13.5 (77.6%)
29	KRAJNIK Oskar	314	PELPLIŃSKIE CENTRUM SPORTU	M2	8	00:44:31.95	+00:10:04 (22.6%)	4:27	13.5 (77.6%)
30	SUŁEK Grzegorz	426	JEPPESEN	M3	12	00:44:33.20	+00:10:05 (22.7%)	4:27	13.5 (77.6%)
31	NAWROCKI Mariusz	360		M4	10	00:44:44.00	+00:10:16 (23.0%)	4:28	13.4 (77.0%)
32	POTOCZEK Andrzej	387	PRESS GLASS BIEGAMY I WSPIERAMY	M3	13	00:44:46.20	+00:10:18 (23.0%)	4:28	13.4 (77.0%)
33	DRAWC Mieczysław	241	MUKOWALECZNI	M5	1	00:44:46.55	+00:10:18 (23.0%)	4:28	13.4 (77.0%)
34	MROZOWSKI Sławomir	354	GÓRNY BRONX	M3	14	00:44:59.35	+00:10:31 (23.4%)	4:30	13.3 (76.4%)
35	RYBACKI Dawid	401		M3	15	00:45:06.10	+00:10:38 (23.6%)	4:30	13.3 (76.4%)
36	TORBICZ Piotr	451	BBL AWF GDANSK	M3	16	00:45:39.85	+00:11:12 (24.5%)	4:34	13.1 (75.3%)
37	BROSZE Dominik	218		M3	17	00:45:55.70	+00:11:28 (25.0%)	4:35	13.1 (75.3%)
38	LISZEWSKI Paweł	329		M2	9	00:46:22.65	+00:11:55 (25.7%)	4:38	12.9 (74.1%)
39	TAŻBIERSKI Tomasz	448		M3	18	00:46:22.80	+00:11:55 (25.7%)	4:38	12.9 (74.1%)
40	KACZMAREK Dorota	282	RUNNING TRICITY TEAM	K3	1	00:46:28.30	+00:12:00 (25.8%)	4:38	12.9 (74.1%)
41	BOLEWSKI Adam	214	FOTO WEB TEAM	M3	19	00:46:55.05	+00:12:27 (26.6%)	4:41	12.8 (73.6%)
42	OSSOWSKI Bartosz	368		M3	20	00:46:57.95	+00:12:30 (26.6%)	4:41	12.8 (73.6%)
43	DORDZIK Katarzyna	239		K3	2	00:47:01.05	+00:12:33 (26.7%)	4:42	12.8 (73.6%)
44	RAINKO Marcin	391	BIEGAJ Z GŁOWĄ	M3	21	00:47:06.30	+00:12:38 (26.8%)	4:42	12.7 (73.0%)
45	ŚWIERSZCZYŃSKI Michał	490		M3	22	00:47:07.80	+00:12:40 (26.9%)	4:42	12.7 (73.0%)
46	ROK-CZAPIEWSKA Iwona	394	BIEGAJ Z GŁOWĄ/WILD TEAM	K2	1	00:47:09.30	+00:12:41 (26.9%)	4:43	12.7 (73.0%)
47	SZTEJNA Joanna	435	ALIOR RUNNING TEAM	K2	2	00:47:17.25	+00:12:49 (27.1%)	4:43	12.7 (73.0%)
48	BUDNIK Maciej	219		M2	10	00:47:25.90	+00:12:58 (27.3%)	4:44	12.7 (73.0%)
49	TOCHA Anna	449		K2	3	00:47:26.35	+00:12:58 (27.4%)	4:44	12.6 (72.4%)
50	NOWAK Artur	362	A&G CARP TEAM	M4	11	00:47:31.55	+00:13:03 (27.5%)	4:45	12.6 (72.4%)
51	KONDZIELEWSKI Paweł	303		M2	11	00:47:39.25	+00:13:11 (27.7%)	4:45	12.6 (72.4%)
52	NOWOPOLSKI Leszek	364		M4	12	00:47:50.60	+00:13:23 (28.0%)	4:47	12.5 (71.8%)
53	WOŹNIAK Tomasz	503		M4	13	00:48:03.15	+00:13:35 (28.3%)	4:48	12.5 (71.8%)
54	MAKURAT Michał	339		M3	23	00:48:13.15	+00:13:45 (28.5%)	4:49	12.4 (71.3%)
55	LEHMANN Dawid	322		M3	24	00:48:16.75	+00:13:49 (28.6%)	4:49	12.4 (71.3%)
56	JANKOWSKI Marek	273	CHUJTEN PEAK TEAM	M3	25	00:48:17.20	+00:13:49 (28.6%)	4:49	12.4 (71.3%)
57	KACZMARSKI Darek	283	TRIPAKA PRZECHLEWO	M5	2	00:48:27.60	+00:14:00 (28.9%)	4:50	12.4 (71.3%)
58	BRAZULEWICZ Bartosz	217		M3	26	00:48:37.35	+00:14:09 (29.1%)	4:51	12.3 (70.7%)
59	ADAMUS Jarosław	202		M5	3	00:48:38.70	+00:14:11 (29.2%)	4:51	12.3 (70.7%)
60	DOBROWOLSKI Dariusz	238	ADVA OPTICAL	M4	14	00:48:46.45	+00:14:18 (29.3%)	4:52	12.3 (70.7%)
61	FRANKIEWICZ Szymon	251		M3	27	00:48:51.00	+00:14:23 (29.5%)	4:53	12.3 (70.7%)
62	KLIMACH Konrad	298		M2	12	00:48:55.25	+00:14:27 (29.6%)	4:53	12.3 (70.7%)
63	ZEMKE Stefan	484		M4	15	00:48:58.10	+00:14:30 (29.6%)	4:53	12.3 (70.7%)
64	OKUNIEWSKI Dawid	366		M3	28	00:48:59.20	+00:14:31 (29.7%)	4:53	12.2 (70.1%)
65	FALBA Paweł	247		M3	29	00:49:08.20	+00:14:40 (29.9%)	4:54	12.2 (70.1%)
66	PIÓRKOWSKA Natalia	381		K2	4	00:49:21.45	+00:14:53 (30.2%)	4:56	12.2 (70.1%)
67	MANIA Jacek	340	AKTYWNIE Z MOLKAMI	M2	13	00:49:22.80	+00:14:55 (30.2%)	4:56	12.1 (69.5%)
68	KIEŁBUS Kamil	293		M2	14	00:49:22.90	+00:14:55 (30.2%)	4:56	12.1 (69.5%)
69	LIPOWICZ Andrzej	327		M3	30	00:49:24.95	+00:14:57 (30.3%)	4:56	12.1 (69.5%)
70	KEMPA Stanisław	290	KASZUBSKA PONIEWIERKA	M3	31	00:49:27.15	+00:14:59 (30.3%)	4:56	12.1 (69.5%)
71	ZUBKIEWICZ Juliusz	488	JACWING PŁASKA	M4	16	00:49:41.35	+00:15:13 (30.6%)	4:58	12.1 (69.5%)

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72	KOŁECKI Marek	301	AKADEMIA BIEGANIA	M4	17	00:49:42.40	+00:15:14 (30.7%)	4:58	12.1 (69.5%)
73	URBAŃSKI Dariusz	459		M4	18	00:50:01.70	+00:15:34 (31.1%)	5:00	12 (69.0%)
74	SAS-BOJARSKA Anna	406		K3	3	00:50:02.20	+00:15:34 (31.1%)	5:00	12 (69.0%)
75	MROZOWSKA Aleksandra	353		K3	4	00:50:05.50	+00:15:37 (31.2%)	5:00	12 (69.0%)
76	KOŁTUNIAK Zbigniew	302	EPAM TEAM	M3	32	00:50:09.00	+00:15:41 (31.3%)	5:00	12 (69.0%)
77	STOJAK Krzysiek	423		M3	33	00:50:11.85	+00:15:44 (31.4%)	5:01	12 (69.0%)
78	LIPKOWSKI Rafał	326		M4	19	00:50:12.60	+00:15:45 (31.4%)	5:01	11.9 (68.4%)
79	SZCZEPAŃSKI Adrian	430	KLUB BIEGACZY JYSK	M3	34	00:50:15.10	+00:15:47 (31.4%)	5:01	11.9 (68.4%)
80	PIECHOWICZ Waldemar	378		M4	20	00:50:15.25	+00:15:47 (31.4%)	5:01	11.9 (68.4%)
81	CHYLIŃSKI Adam	224		M2	15	00:50:20.40	+00:15:52 (31.5%)	5:02	11.9 (68.4%)
82	FIERKA Tomasz	249	GO TOMASZ GO :)	M3	35	00:50:20.85	+00:15:53 (31.6%)	5:02	11.9 (68.4%)
83	DĄBROWSKI Krzysztof	236	ROCKFIN TEAM	M3	36	00:50:25.45	+00:15:57 (31.7%)	5:02	11.9 (68.4%)
84	SERZYSCO Wojciech	409	AKTYWNIE Z MOŁKAMI	M4	21	00:50:27.50	+00:15:59 (31.7%)	5:02	11.9 (68.4%)
85	SMETEK Andrzej	416	SZALONY GDAŃSK I KRAŚNIK BIEGA	M5	4	00:50:31.75	+00:16:04 (31.8%)	5:03	11.9 (68.4%)
86	ZABOROWSKI Mariusz	478		M3	37	00:50:34.60	+00:16:07 (31.9%)	5:03	11.9 (68.4%)
87	JAWORSKI Łukasz	276		M2	16	00:50:37.55	+00:16:09 (31.9%)	5:03	11.9 (68.4%)
88	ZIEMBICKI Robert	486		M3	38	00:50:49.70	+00:16:22 (32.2%)	5:05	11.8 (67.8%)
89	BARANOWSKA Agnieszka	207	2H59MIN.PL	K2	5	00:50:50.25	+00:16:22 (32.2%)	5:05	11.8 (67.8%)
90	KACPRZAK Marcin	280	ZPORTOWE KNURY	M3	39	00:50:57.50	+00:16:29 (32.4%)	5:05	11.8 (67.8%)
91	SIKORA Szymon	411	PKP SKM W TRÓJMIEŚCIE	M2	17	00:51:05.35	+00:16:37 (32.5%)	5:06	11.7 (67.2%)
92	ROŻYK Magdalena	396	BIEGAMYRAZEM/OKNOBUR	K4	1	00:51:15.85	+00:16:48 (32.8%)	5:07	11.7 (67.2%)
93	KISIELEWICZ Bartosz	294	WATAHA	M2	18	00:51:25.55	+00:16:57 (33.0%)	5:08	11.7 (67.2%)
94	SKOWRON Katarzyna	510		K2	6	00:51:29.00	+00:17:01 (33.1%)	5:08	11.7 (67.2%)
95	KARCZEWSKI Leszek	287		M3	40	00:51:30.25	+00:17:02 (33.1%)	5:09	11.7 (67.2%)
96	BORYNA-ZŁOTA Ola	215	BIEGAJ Z GŁOWĄ	K2	7	00:51:34.50	+00:17:06 (33.2%)	5:09	11.6 (66.7%)
97	SZCZĘŚNY Marcin	432		M3	41	00:51:53.80	+00:17:26 (33.6%)	5:11	11.6 (66.7%)
98	LESISZ Agata	323		K3	5	00:51:57.10	+00:17:29 (33.7%)	5:11	11.5 (66.1%)
99	LISICKI Łukasz	328		M2	19	00:52:17.20	+00:17:49 (34.1%)	5:13	11.5 (66.1%)
100	HERMAN Krystiana	265		K3	6	00:52:28.25	+00:18:00 (34.3%)	5:14	11.4 (65.5%)
101	KARCZEWSKI Karol	288		M2	20	00:52:35.25	+00:18:07 (34.5%)	5:15	11.4 (65.5%)
102	GADAMSKA-KABATA Paulina	252		K3	7	00:52:41.55	+00:18:13 (34.6%)	5:16	11.4 (65.5%)
103	ROBLES José Carlos	393	CASTILLA	M2	21	00:52:54.90	+00:18:27 (34.9%)	5:17	11.3 (64.9%)
104	SIEBIERSKA Patrycja	410		K2	8	00:52:55.00	+00:18:27 (34.9%)	5:17	11.3 (64.9%)
105	POPOWSKA Magdalena	385	WYDZIAŁOWY TEAM BIEGOWY	K4	2	00:53:00.85	+00:18:33 (35.0%)	5:18	11.3 (64.9%)
106	STEFAŃSKI Tomasz	421		M3	42	00:53:12.70	+00:18:45 (35.2%)	5:19	11.3 (64.9%)
107	OZIMKOWSKI Krzysztof	369		M4	22	00:53:12.75	+00:18:45 (35.2%)	5:19	11.3 (64.9%)
108	NOWICKI Jarosław	363		M3	43	00:53:14.85	+00:18:47 (35.3%)	5:19	11.3 (64.9%)
109	KITA Anna	295	MKS FIGHTER	K3	8	00:53:15.60	+00:18:48 (35.3%)	5:19	11.3 (64.9%)
110	GRESIK Daniel	261		M4	23	00:53:17.35	+00:18:49 (35.3%)	5:19	11.3 (64.9%)
111	BECZEK Aleksandra	210		K3	9	00:53:19.10	+00:18:51 (35.4%)	5:19	11.3 (64.9%)
112	ŚWIĘCICKI Tomasz	446		M3	44	00:53:25.30	+00:18:57 (35.5%)	5:20	11.2 (64.4%)
113	MORAWEK Arkadiusz	350		M4	24	00:53:27.65	+00:19:00 (35.5%)	5:20	11.2 (64.4%)
114	KOT Sylwia	307		K4	3	00:53:29.95	+00:19:02 (35.6%)	5:21	11.2 (64.4%)
115	WARUSZEWSKI Karol	462	BIEGAJĄCY TCZEW	M4	25	00:53:31.90	+00:19:04 (35.6%)	5:21	11.2 (64.4%)

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116	JANKOWSKA Karolina	509		K3	10	00:53:52.70	+00:19:25 (36.0%)	5:23	11.1 (63.8%)
117	KRZYSZTOFIAK Marek	316	GRUPA TRÓJMIASTO	M5	5	00:53:53.10	+00:19:25 (36.0%)	5:23	11.1 (63.8%)
118	ŚLIMAK Monika	444	#KEEPSNAILING!!	K2	9	00:54:12.55	+00:19:44 (36.4%)	5:25	11.1 (63.8%)
119	MIOTKE Michał	110		M3	45	00:54:19.50	+00:19:51 (36.6%)	5:26	11 (63.2%)
120	RESKE Daniel	392	THYSSENKRUPP	M3	46	00:54:23.70	+00:19:56 (36.6%)	5:26	11 (63.2%)
121	OLLIK Rafał	367		M3	47	00:54:39.15	+00:20:11 (36.9%)	5:27	11 (63.2%)
122	WYTRWAŁ Tomasz	477		M4	26	00:54:40.85	+00:20:13 (37.0%)	5:28	11 (63.2%)
123	CHOJNACKI Mariusz	223		M4	27	00:54:45.45	+00:20:17 (37.1%)	5:28	11 (63.2%)
124	LEWIŃSKI Oskar	324	AIC TEAM	M4	28	00:54:53.35	+00:20:25 (37.2%)	5:29	10.9 (62.6%)
124	GOS Jan	259	AKTYWNIE Z MOLKAMI	M4	29	00:54:53.35	+00:20:25 (37.2%)	5:29	10.9 (62.6%)
126	BANASIAK Krzysztof	206	QUBUS HOTEL	M3	48	00:54:57.10	+00:20:29 (37.3%)	5:29	10.9 (62.6%)
127	KRYGIEL Piotr	315		M3	49	00:54:58.35	+00:20:30 (37.3%)	5:29	10.9 (62.6%)
128	ABRAMOWICZ Michał	201		M3	50	00:55:02.75	+00:20:35 (37.4%)	5:30	10.9 (62.6%)
129	NAJDER Kacper	357		M3	51	00:55:03.40	+00:20:35 (37.4%)	5:30	10.9 (62.6%)
130	KALISZEWSKI Bronisław	284		M6	1	00:55:04.10	+00:20:36 (37.4%)	5:30	10.9 (62.6%)
131	RUDZKI Michał	400		M2	22	00:55:05.85	+00:20:38 (37.5%)	5:30	10.9 (62.6%)
132	WOLAŃSKI Tomasz	471	OIRP GDAŃSK	M4	30	00:55:06.50	+00:20:38 (37.5%)	5:30	10.9 (62.6%)
133	PELA Maria	376		K3	11	00:55:13.45	+00:20:45 (37.6%)	5:31	10.9 (62.6%)
134	MAHIAT Thibault	337		M3	52	00:55:14.55	+00:20:46 (37.6%)	5:31	10.9 (62.6%)
135	CZARNOBAJ Martyna	231		K2	10	00:55:24.65	+00:20:57 (37.8%)	5:32	10.8 (62.1%)
136	JÓŹWIAK Paulina	279	PEEK&CLOPPENBURG	K2	11	00:55:30.80	+00:21:03 (37.9%)	5:33	10.8 (62.1%)
137	SKOLASIŃSKI Karol	412	RUNNERS	M3	53	00:55:31.05	+00:21:03 (37.9%)	5:33	10.8 (62.1%)
138	KOLWICZ Damian	300	BIGYELLOWFOOT ADVENTURE TEAM	M3	54	00:55:34.10	+00:21:06 (38.0%)	5:33	10.8 (62.1%)
139	MISZEWSKI Adam	346	GRUPA BIEGOWA 65	M5	6	00:55:35.20	+00:21:07 (38.0%)	5:33	10.8 (62.1%)
140	JANKOWSKI Wojciech	272		M3	55	00:55:43.50	+00:21:15 (38.2%)	5:34	10.8 (62.1%)
141	MENEZES Tiago	343	BAO RAU	M3	56	00:55:47.20	+00:21:19 (38.2%)	5:34	10.8 (62.1%)
142	PACHULSKI Michał	370		M3	57	00:55:54.70	+00:21:27 (38.4%)	5:35	10.7 (61.5%)
143	KĘSICKA Małgorzata	291		K3	12	00:55:56.00	+00:21:28 (38.4%)	5:35	10.7 (61.5%)
144	NOSTITZ-JACKOWSKI Mateusz	361		M3	58	00:56:02.30	+00:21:34 (38.5%)	5:36	10.7 (61.5%)
145	DESKA Paweł	237	SPORT-EVO	M4	31	00:56:04.20	+00:21:36 (38.5%)	5:36	10.7 (61.5%)
146	ŁACHMANEK Piotr	332		M3	59	00:56:09.35	+00:21:41 (38.6%)	5:37	10.7 (61.5%)
147	NAPOLSKI Bartosz	358		M3	60	00:56:09.45	+00:21:41 (38.6%)	5:37	10.7 (61.5%)
148	SZYCA Dariusz	438		M3	61	00:56:10.15	+00:21:42 (38.6%)	5:37	10.7 (61.5%)
149	POLAK Lucjan	383	KLUB BIEGACZY JYSK	M4	32	00:56:12.65	+00:21:45 (38.7%)	5:37	10.7 (61.5%)
150	SZARGIEJ Paweł	428		M4	33	00:56:13.00	+00:21:45 (38.7%)	5:37	10.7 (61.5%)
151	BŁOCH Joanna	213	SZALONY GDAŃSKBIEGA	K4	4	00:56:27.55	+00:21:59 (39.0%)	5:38	10.6 (60.9%)
152	CZECHOLIŃSKI Michał	232	OGNISTY KOGUT	M3	62	00:56:32.30	+00:22:04 (39.1%)	5:39	10.6 (60.9%)
153	DUŻYŃSKA Agata	243	BIEGAJ Z GŁOWĄ	K3	13	00:56:33.45	+00:22:05 (39.1%)	5:39	10.6 (60.9%)
154	KOWALIK Rafael	313		M4	34	00:56:35.75	+00:22:08 (39.1%)	5:39	10.6 (60.9%)
155	PIOTROWSKI Mateusz	380		M2	23	00:56:37.20	+00:22:09 (39.1%)	5:39	10.6 (60.9%)
156	GŁUSZEK Bożena	253		K5	1	00:56:40.20	+00:22:12 (39.2%)	5:40	10.6 (60.9%)
157	ŁUCZAK Jerzy	336		M4	35	00:56:40.65	+00:22:13 (39.2%)	5:40	10.6 (60.9%)
158	KOTULSKI Piotr	309	KLUB BIEGACZY JYSK	M4	36	00:56:45.85	+00:22:18 (39.3%)	5:40	10.6 (60.9%)
159	DRANKA Ewelina	240	MOL	K3	14	00:56:51.20	+00:22:23 (39.4%)	5:41	10.6 (60.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
160	MOLASY Tomasz	349	AKTYWNIE Z MOLKAMI	M3	63	00:56:52.60	+00:22:25 (39.4%)	5:41	10.5 (60.3%)
161	MICHALAK Kamila	344	KLUB BIEGACZY JYSK	K3	15	00:56:53.95	+00:22:26 (39.4%)	5:41	10.5 (60.3%)
162	SZYDŁOWSKI Gawęł	442		M2	24	00:57:03.85	+00:22:36 (39.6%)	5:42	10.5 (60.3%)
163	OKŁA Patrycja	365		K3	16	00:57:08.85	+00:22:41 (39.7%)	5:42	10.5 (60.3%)
164	ŻEBROWSKA Kinga	489		K3	17	00:57:12.30	+00:22:44 (39.8%)	5:43	10.5 (60.3%)
165	SZUMSKA Żaneta	437		K3	18	00:57:16.20	+00:22:48 (39.8%)	5:43	10.5 (60.3%)
166	STANDO-KRYSIAK Monika	418		K2	12	00:57:25.65	+00:22:58 (40.0%)	5:44	10.4 (59.8%)
167	MOSZOŃSKA Małgorzata	352	AKTYWNIE Z MOLKAMI	K4	5	00:57:32.55	+00:23:04 (40.1%)	5:45	10.4 (59.8%)
168	MOLASY Dorota	348	AKTYWNIE Z MOLKAMI	K3	19	00:57:33.15	+00:23:05 (40.1%)	5:45	10.4 (59.8%)
169	SCIEPURO Karolina	408		K3	20	00:57:36.25	+00:23:08 (40.2%)	5:45	10.4 (59.8%)
170	ALEKSIEJUK Bartosz	203		M3	64	00:57:36.35	+00:23:08 (40.2%)	5:45	10.4 (59.8%)
171	WATKOWSKI Adrian	464	SZKOŁA PODSTAWOWA DLA CHŁOPCÓW FREGATA	M2	25	00:57:38.75	+00:23:11 (40.2%)	5:45	10.4 (59.8%)
172	CŁAPA Mateusz	228	MUKOWALECZNI	M1	2	00:57:42.40	+00:23:14 (40.3%)	5:46	10.4 (59.8%)
173	ROMANOWSKA Beata	497	RUN VEGAN TEAM	K5	2	00:57:44.00	+00:23:16 (40.3%)	5:46	10.4 (59.8%)
174	PRZYTARSKA Edyta	389	WUOZ GDAŃSK	K3	21	00:57:59.55	+00:23:31 (40.6%)	5:47	10.3 (59.2%)
175	FILIP Krzysztof	250	NOCLUB	M4	37	00:58:01.50	+00:23:33 (40.6%)	5:48	10.3 (59.2%)
176	KOSAKOWSKI Łukasz	306		M2	26	00:58:03.45	+00:23:35 (40.6%)	5:48	10.3 (59.2%)
177	KULESZA Piotr	319	SZUKAM CZEKAM NA PROPOZYCJE.. MOŻE KTOŚ MNIE CHCE...	M4	38	00:58:41.75	+00:24:14 (41.3%)	5:52	10.2 (58.6%)
178	CIEŚLIK Marta	227		K2	13	00:58:42.45	+00:24:14 (41.3%)	5:52	10.2 (58.6%)
179	USZACKA Małgosia	460	USHATKI	K3	22	00:58:43.40	+00:24:15 (41.3%)	5:52	10.2 (58.6%)
180	STANKIEWICZ Katarzyna	420	WYDZIAŁOWY TEAM BIEGOWY ZIE PG	K4	6	00:58:55.75	+00:24:28 (41.5%)	5:53	10.2 (58.6%)
181	BUSZMANN Tomasz	220		M3	65	00:59:35.05	+00:25:07 (42.2%)	5:57	10.1 (58.0%)
182	WOŁOSZYK Natalia	472		K2	14	00:59:41.20	+00:25:13 (42.3%)	5:58	10.1 (58.0%)
183	SZYCA Elżbieta	439	MTM TEAM	K5	3	01:00:06.65	+00:25:39 (42.7%)	6:00	10 (57.5%)
184	BORYSEWICZ Filip	216		M3	66	01:00:24.75	+00:25:57 (43.0%)	6:02	9.9 (56.9%)
185	SZULC Andżelika	436		K4	7	01:00:33.75	+00:26:06 (43.1%)	6:03	9.9 (56.9%)
186	RYCHLIICKI Paweł	403		M2	27	01:00:33.95	+00:26:06 (43.1%)	6:03	9.9 (56.9%)
187	ZAJDA Bartosz	480	FABRYKA CZEKOLADY BAŁTYK	M4	39	01:00:37.35	+00:26:09 (43.2%)	6:03	9.9 (56.9%)
188	KEGEL Paulina	289		K3	23	01:00:41.55	+00:26:13 (43.2%)	6:04	9.9 (56.9%)
189	TRZASKOWSKA Justyna	454		K3	24	01:00:48.70	+00:26:21 (43.3%)	6:04	9.9 (56.9%)
190	PARTEKA Aleksandra	372	WYDZIAŁOWY TEAM BIEGOWY WZIE PG	K3	25	01:00:48.75	+00:26:21 (43.3%)	6:04	9.9 (56.9%)
191	SZYDŁOWSKI Mirosław	441		M4	40	01:01:14.80	+00:26:47 (43.7%)	6:07	9.8 (56.3%)
192	TYSZER Bożena	456		K3	26	01:01:20.10	+00:26:52 (43.8%)	6:08	9.8 (56.3%)
193	LORENC Krzysztof	330		M4	41	01:01:38.25	+00:27:10 (44.1%)	6:09	9.7 (55.7%)
194	ŁĄTKOWSKA Magdalena	333		K3	27	01:01:53.80	+00:27:26 (44.3%)	6:11	9.7 (55.7%)
195	GONZALEZ MARTÍN Enric	255	ORGULLO CANARIO	M2	28	01:02:00.10	+00:27:32 (44.4%)	6:12	9.7 (55.7%)
196	MUCHA Aleksandra	355	OCZADZIAŁA	K3	28	01:02:10.55	+00:27:42 (44.6%)	6:13	9.6 (55.2%)
197	BABEROWSKA Jolanta	204		K4	8	01:02:12.00	+00:27:44 (44.6%)	6:13	9.6 (55.2%)
198	GORZUCH Emilia	257		K3	29	01:02:14.15	+00:27:46 (44.6%)	6:13	9.6 (55.2%)
199	WIŚNIEWSKA Kornelia	468	ZABIEGANE DWIE	K4	9	01:02:24.70	+00:27:57 (44.8%)	6:14	9.6 (55.2%)
200	STRAŻEWICZ Witold	424		M3	67	01:02:26.05	+00:27:58 (44.8%)	6:14	9.6 (55.2%)
201	CERANKA Szymon	221		M4	42	01:02:28.10	+00:28:00 (44.8%)	6:14	9.6 (55.2%)
202	ZASZCZYRYŃSKA Lidia	481		K3	30	01:02:38.25	+00:28:10 (45.0%)	6:15	9.6 (55.2%)
203	LULIS Zbigniew	331		M5	7	01:02:58.05	+00:28:30 (45.3%)	6:17	9.5 (54.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
204	CICHOWSKA Asia	226		K2	15	01:03:18.90	+00:28:51 (45.6%)	6:19	9.5 (54.6%)
205	SAWUŁA Andrzej	407		M4	43	01:03:19.75	+00:28:52 (45.6%)	6:20	9.5 (54.6%)
206	WACHULSKA Katarzyna	461		K2	16	01:03:23.10	+00:28:55 (45.6%)	6:20	9.5 (54.6%)
207	MELZACKA Anna	342		K3	31	01:03:25.50	+00:28:57 (45.7%)	6:20	9.5 (54.6%)
208	KOWALCZYK Łukasz	312		M3	68	01:03:28.65	+00:29:01 (45.7%)	6:20	9.5 (54.6%)
209	ŁOTOCKA Wiesława	334	BIEGOWY ŚWIAT	K5	4	01:03:34.05	+00:29:06 (45.8%)	6:21	9.4 (54.0%)
210	WOŹNIAK Beata	474		K3	32	01:03:42.50	+00:29:14 (45.9%)	6:22	9.4 (54.0%)
211	WITEK Sylwia	469		K4	10	01:03:43.80	+00:29:16 (45.9%)	6:22	9.4 (54.0%)
212	GOŚ-ZDROJEWSKA Agnieszka	260		K4	11	01:03:47.10	+00:29:19 (46.0%)	6:22	9.4 (54.0%)
213	ULATOWSKA Weronika	458	AKTYWNIE Z MOLKAMI	K2	17	01:03:50.15	+00:29:22 (46.0%)	6:23	9.4 (54.0%)
214	GOLEC Iwona	254	BITTEAM	K4	12	01:03:50.70	+00:29:23 (46.0%)	6:23	9.4 (54.0%)
215	JAWIŃSKA Martyna	275		K2	18	01:04:02.30	+00:29:34 (46.2%)	6:24	9.4 (54.0%)
216	RUDZIŃSKI Dominik	399		M2	29	01:04:02.50	+00:29:34 (46.2%)	6:24	9.4 (54.0%)
217	KOLAŚ Aleksandra	299		K3	33	01:04:14.10	+00:29:46 (46.4%)	6:25	9.3 (53.4%)
218	KOSAKOWSKI Marek	305		M3	69	01:04:15.40	+00:29:47 (46.4%)	6:25	9.3 (53.4%)
219	DARROCH Chris	235		M3	70	01:04:43.40	+00:30:15 (46.8%)	6:28	9.3 (53.4%)
220	TROJANOWSKA Bogumiła	452	BIEGAJ Z GŁOWĄ	K5	5	01:04:52.50	+00:30:24 (46.9%)	6:29	9.2 (52.9%)
221	CHALECKA Jolanta	222		K4	13	01:04:54.60	+00:30:27 (46.9%)	6:29	9.2 (52.9%)
222	SZCZĘSNY Tadeusz	431		M6	2	01:05:01.85	+00:30:34 (47.0%)	6:30	9.2 (52.9%)
223	KALITA Katarzyna	285	TRI MAMA TEAM	K3	34	01:05:17.85	+00:30:50 (47.2%)	6:31	9.2 (52.9%)
224	BIESZKE Mirek	212	KEEP CALM & U.P.	M5	8	01:05:25.55	+00:30:57 (47.3%)	6:32	9.2 (52.9%)
225	ŁUBKOWSKA Grażyna	335	BIEGAJ Z GŁOWĄ/TABATA	K6	1	01:05:31.05	+00:31:03 (47.4%)	6:33	9.2 (52.9%)
226	GUENTZEL Elżbieta	262	TRIPAKA PRZECHLEWO	K5	6	01:05:38.35	+00:31:10 (47.5%)	6:33	9.1 (52.3%)
227	DARMOROST Adriana	234		K2	19	01:05:55.80	+00:31:28 (47.7%)	6:35	9.1 (52.3%)
228	PARYŚ Anna	373	WILD TEAM	K2	20	01:06:24.60	+00:31:57 (48.1%)	6:38	9 (51.7%)
229	STELMACH Agata	422	KUJAVIA3TEAM	K2	21	01:06:47.65	+00:32:20 (48.4%)	6:40	9 (51.7%)
230	WASILCZUK Michał	463		M5	9	01:06:52.30	+00:32:24 (48.5%)	6:41	9 (51.7%)
231	KOWALCZYK Kasia	311	BIEGAJ Z GŁOWĄ	K2	22	01:06:59.30	+00:32:31 (48.6%)	6:41	9 (51.7%)
232	KONKEL Aneta	304	BIEGAJ Z GŁOWĄ	K4	14	01:07:40.90	+00:33:13 (49.1%)	6:46	8.9 (51.1%)
233	HERZOG Dorota	267		K3	35	01:08:37.45	+00:34:09 (49.8%)	6:51	8.7 (50.0%)
234	WŁUDZIK Monika	470	81-815	K3	36	01:08:55.85	+00:34:28 (50.0%)	6:53	8.7 (50.0%)
235	ŚLIWKA Jarosław	445		M3	71	01:09:44.55	+00:35:16 (50.6%)	6:58	8.6 (49.4%)
236	RUCIŃSKA Agnieszka	398	APLITT	K3	37	01:11:40.30	+00:37:12 (51.9%)	7:10	8.4 (48.3%)
237	RYBAK Radosław	402	APLITT	M3	72	01:11:41.15	+00:37:13 (51.9%)	7:10	8.4 (48.3%)
238	ZAWARSKI Maciej Stanisław	482	P40B	M4	44	01:12:01.65	+00:37:34 (52.2%)	7:12	8.3 (47.7%)
239	STANISZEWSKI Jacek	419	ALGECO	M5	10	01:13:20.55	+00:38:52 (53.0%)	7:20	8.2 (47.1%)
240	TRZASKOWSKA Anna Maria	455	WYDZIAŁOWY TEAM BIEGOWY ZIE PG	K4	15	01:20:06.30	+00:45:38 (57.0%)	8:00	7.5 (43.1%)
	KLAJNA Jakub	296		M2		DNF	-	-	- (0.0%)

Znaleziono 241 wynik(ów)