



## V BIEG OLIWSKI 10 KM

B4SPORT

**Wydarzenie:** V BIEG OLIWSKI  
**Organizator:** Rada Dzielnicy Oliwa; Fundacja Silni Ciałem  
Niezlomni Duchem Sportevo Triathlon Team  
**Data:** 2017-10-15  
**Miejsce:** Gdańsk  
**Dystans:** 10 km



Klasyfikacja: M4

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	JAKUBOWSKI Marek	269	STUDIO S7 BANINO	M4	1	00:39:01.55		3:54	15.4 (100%)
2	PEPLIŃSKI Grzegorz	377		M4	2	00:39:45.45	+00:00:43 (1.8%)	3:58	15.1 (98.1%)
3	SZYMAŃSKI Artur	443	LOTOS TEAM	M4	3	00:42:07.40	+00:03:05 (7.4%)	4:12	14.2 (92.2%)
4	TRUDNOWSKI Maciej	453	PSZCZÓLKOWSKI TEAM	M4	4	00:42:25.55	+00:03:24 (8.0%)	4:14	14.1 (91.6%)
5	SZAJDZIUK Piotr	427		M4	5	00:42:26.75	+00:03:25 (8.1%)	4:14	14.1 (91.6%)
6	ZAWISZA Dariusz	483	BCT TEAM	M4	6	00:42:29.15	+00:03:27 (8.1%)	4:14	14.1 (91.6%)
7	ROŻYK Krzysztof	397	BIEGAMYRAZEM/OKNOBUR	M4	7	00:42:44.15	+00:03:42 (8.7%)	4:16	14 (90.9%)
8	ELMIŚ Grzegorz	246	BIEGACZ PORTOWY HEL	M4	8	00:43:04.55	+00:04:03 (9.4%)	4:18	13.9 (90.3%)
9	CICHOŃ Maciej	225	42.195 WEJHEROWO	M4	9	00:43:22.75	+00:04:21 (10.0%)	4:20	13.8 (89.6%)
10	NAWROCKI Mariusz	360		M4	10	00:44:44.00	+00:05:42 (12.8%)	4:28	13.4 (87.0%)
11	NOWAK Artur	362	A&G CARP TEAM	M4	11	00:47:31.55	+00:08:30 (17.9%)	4:45	12.6 (81.8%)
12	NOWOPOLSKI Leszek	364		M4	12	00:47:50.60	+00:08:49 (18.4%)	4:47	12.5 (81.2%)
13	WOŹNIAK Tomasz	503		M4	13	00:48:03.15	+00:09:01 (18.8%)	4:48	12.5 (81.2%)
14	DOBROWOLSKI Dariusz	238	ADVA OPTICAL	M4	14	00:48:46.45	+00:09:44 (20.0%)	4:52	12.3 (79.9%)
15	ZEMKE Stefan	484		M4	15	00:48:58.10	+00:09:56 (20.3%)	4:53	12.3 (79.9%)
16	ZUBKIEWICZ Juliusz	488	JAĆWING PŁASKA	M4	16	00:49:41.35	+00:10:39 (21.5%)	4:58	12.1 (78.6%)
17	KOŁECKI Marek	301	AKADEMIA BIEGANIA	M4	17	00:49:42.40	+00:10:40 (21.5%)	4:58	12.1 (78.6%)
18	URBAŃSKI Dariusz	459		M4	18	00:50:01.70	+00:11:00 (22.0%)	5:00	12 (77.9%)
19	LIPKOWSKI Rafał	326		M4	19	00:50:12.60	+00:11:11 (22.3%)	5:01	11.9 (77.3%)
20	PIECHOWICZ Waldemar	378		M4	20	00:50:15.25	+00:11:13 (22.3%)	5:01	11.9 (77.3%)
21	SERZYSCO Wojciech	409	AKTYWNIE Z MOŁKAMI	M4	21	00:50:27.50	+00:11:25 (22.7%)	5:02	11.9 (77.3%)
22	OZIMKOWSKI Krzysztof	369		M4	22	00:53:12.75	+00:14:11 (26.7%)	5:19	11.3 (73.4%)
23	GRESIK Daniel	261		M4	23	00:53:17.35	+00:14:15 (26.8%)	5:19	11.3 (73.4%)
24	MORAWEK Arkadiusz	350		M4	24	00:53:27.65	+00:14:26 (27.0%)	5:20	11.2 (72.7%)
25	WARUSZEWSKI Karol	462	BIEGAJĄCY TCZEW	M4	25	00:53:31.90	+00:14:30 (27.1%)	5:21	11.2 (72.7%)
26	WYTRWAŁ Tomasz	477		M4	26	00:54:40.85	+00:15:39 (28.6%)	5:28	11 (71.4%)
27	CHOJNACKI Mariusz	223		M4	27	00:54:45.45	+00:15:43 (28.7%)	5:28	11 (71.4%)

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28	<b>LEWIŃSKI Oskar</b>	<b>324</b>	AIC TEAM	M4	28	<b>00:54:53.35</b>	+00:15:51 (28.9%)	5:29	10.9 (70.8%)
28	<b>GOS Jan</b>	<b>259</b>	AKTYWNI Z MOLKAMI	M4	29	<b>00:54:53.35</b>	+00:15:51 (28.9%)	5:29	10.9 (70.8%)
30	<b>WOLAŃSKI Tomasz</b>	<b>471</b>	OIRP GDAŃSK	M4	30	<b>00:55:06.50</b>	+00:16:04 (29.2%)	5:30	10.9 (70.8%)
31	<b>DESKA Paweł</b>	<b>237</b>	SPORT-EVO	M4	31	<b>00:56:04.20</b>	+00:17:02 (30.4%)	5:36	10.7 (69.5%)
32	<b>POLAK Lucjan</b>	<b>383</b>	KLUB BIEGACZY JYSK	M4	32	<b>00:56:12.65</b>	+00:17:11 (30.6%)	5:37	10.7 (69.5%)
33	<b>SZARGIEJ Paweł</b>	<b>428</b>		M4	33	<b>00:56:13.00</b>	+00:17:11 (30.6%)	5:37	10.7 (69.5%)
34	<b>KOWALIK Rafael</b>	<b>313</b>		M4	34	<b>00:56:35.75</b>	+00:17:34 (31.0%)	5:39	10.6 (68.8%)
35	<b>ŁUCZAK Jerzy</b>	<b>336</b>		M4	35	<b>00:56:40.65</b>	+00:17:39 (31.1%)	5:40	10.6 (68.8%)
36	<b>KOTULSKI Piotr</b>	<b>309</b>	KLUB BIEGACZY JYSK	M4	36	<b>00:56:45.85</b>	+00:17:44 (31.2%)	5:40	10.6 (68.8%)
37	<b>FILIP Krzysztof</b>	<b>250</b>	NOCLUB	M4	37	<b>00:58:01.50</b>	+00:18:59 (32.7%)	5:48	10.3 (66.9%)
38	<b>KULESZA Piotr</b>	<b>319</b>	SZUKAM CZEKAM NA PROPOZYCJE.. MOŻE KTOŚ MNIE CHCE...	M4	38	<b>00:58:41.75</b>	+00:19:40 (33.5%)	5:52	10.2 (66.2%)
39	<b>ZAJDA Bartosz</b>	<b>480</b>	FABRYKA CZEKOLADY BAŁTYK	M4	39	<b>01:00:37.35</b>	+00:21:35 (35.6%)	6:03	9.9 (64.3%)
40	<b>SZYDŁOWSKI Mirosław</b>	<b>441</b>		M4	40	<b>01:01:14.80</b>	+00:22:13 (36.3%)	6:07	9.8 (63.6%)
41	<b>LORENC Krzysztof</b>	<b>330</b>		M4	41	<b>01:01:38.25</b>	+00:22:36 (36.7%)	6:09	9.7 (63.0%)
42	<b>CERANKA Szymon</b>	<b>221</b>		M4	42	<b>01:02:28.10</b>	+00:23:26 (37.5%)	6:14	9.6 (62.3%)
43	<b>SAWUŁA Andrzej</b>	<b>407</b>		M4	43	<b>01:03:19.75</b>	+00:24:18 (38.4%)	6:20	9.5 (61.7%)
44	<b>ZAWARSKI Maciej Stanisław</b>	<b>482</b>	P40B	M4	44	<b>01:12:01.65</b>	+00:33:00 (45.8%)	7:12	8.3 (53.9%)

Znaleziono 44 wynik(ów)