

V BIEG OLIWSKI 5 KM

B4SPORT

Wydarzenie: V BIEG OLIWSKI
Organizator: Rada Dzielnicy Oliwa; Fundacja Silni Ciałem
 Niezłomni Duchem Sportevo Triathlon Team
Data: 2017-10-15
Miejsce: Gdańsk
Dystans: 5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	ŻYGENDA Krzysztof	498	LKS ZORZA GDYNIA	M2	1	00:17:54.05		3:34	16.8 (100%)
2	CHMIEŁOWSKI Michał	23	GÓRSKIE PĘDZIWIATRY	M3	1	00:20:55.05	+00:03:01 (14.4%)	4:11	14.3 (85.1%)
3	BEHOUNEK Leszek	8	TG SOKÓŁ ZAKOPANE	M5	1	00:21:00.10	+00:03:06 (14.8%)	4:12	14.3 (85.1%)
4	KOTLIK Łukasz	78	CONRAD GDAŃSK	M2	2	00:21:12.45	+00:03:18 (15.6%)	4:14	14.1 (83.9%)
5	GACH Maciej	41	POMORZE BIEGA I POMAGA	M3	2	00:21:20.00	+00:03:25 (16.1%)	4:16	14.1 (83.9%)
6	PYTEL Marcin	139		M3	3	00:21:39.40	+00:03:45 (17.3%)	4:19	13.9 (82.7%)
7	REDYNK Mateusz	142	JJ	M2	3	00:22:01.40	+00:04:07 (18.7%)	4:24	13.6 (81.0%)
8	DEDO Mateusz	33	DZIKIE STACHY	M2	4	00:22:03.00	+00:04:08 (18.8%)	4:24	13.6 (81.0%)
9	VASYLEVSKYI Oleksii	177		M3	4	00:22:03.20	+00:04:09 (18.8%)	4:24	13.6 (81.0%)
10	LASOTA Andrzej	92		M3	5	00:22:06.70	+00:04:12 (19.0%)	4:25	13.6 (81.0%)
11	MIGOWSKI Ireneusz	499	WILD MORSY	M4	1	00:22:19.00	+00:04:24 (19.8%)	4:27	13.4 (79.8%)
12	ZAMARRIPA Karolina	193	LKS ZORZA GDYNIA	K1	1	00:22:31.10	+00:04:37 (20.5%)	4:30	13.3 (79.2%)
12	KUBIN Ireneusz	86	TG SOKÓŁ ZAKOPANE	M4	2	00:22:31.10	+00:04:37 (20.5%)	4:30	13.3 (79.2%)
14	WIECZOREK Tomasz	180		M5	2	00:22:51.80	+00:04:57 (21.7%)	4:34	13.1 (78.0%)
15	ZŁOTOŚ Andrzej	194	WILD MORSY	M4	3	00:22:58.85	+00:05:04 (22.1%)	4:35	13.1 (78.0%)
16	GRABIAS Aleksandra	47		K2	1	00:23:05.65	+00:05:11 (22.5%)	4:37	13 (77.4%)
17	WITCZAK Arkadiusz	491		M4	4	00:23:05.90	+00:05:11 (22.5%)	4:37	13 (77.4%)
18	GAŚIENICA-ROJ Anna	42	TG SOKÓŁ ZAKOPANE	K4	1	00:23:26.50	+00:05:32 (23.6%)	4:41	12.8 (76.2%)
19	BRZEZIŃSKI Grzegorz	17		M5	3	00:23:31.00	+00:05:36 (23.9%)	4:42	12.8 (76.2%)
20	PIEŃKOWSKI Tomasz	379	RINGRAIDERS SAKO GDYNIA	M3	6	00:23:47.25	+00:05:53 (24.7%)	4:45	12.6 (75.0%)
21	REDWANZ Tomasz	494	OBC	M2	5	00:23:49.10	+00:05:55 (24.8%)	4:45	12.6 (75.0%)
22	TATYS Tomasz	172	-	M4	5	00:24:05.40	+00:06:11 (25.7%)	4:49	12.5 (74.4%)
23	JACEWICZ Paweł	54	WYDZIAŁOWY TEAM BIEGOWY ZIE PG	M2	6	00:24:15.35	+00:06:21 (26.2%)	4:51	12.4 (73.8%)
24	BARAN Seweryn	6	DRUTEX BYTÓW	M2	7	00:24:16.90	+00:06:22 (26.3%)	4:51	12.4 (73.8%)
25	TRZEBUNIA Alicja	173	TG SOKÓŁ ZAKOPANE	K3	1	00:24:20.60	+00:06:26 (26.5%)	4:52	12.3 (73.2%)
26	BURDA Robert	19		M5	4	00:24:40.05	+00:06:46 (27.4%)	4:56	12.2 (72.6%)
27	NITKA Piotr	116	TEKTON TRITEAM	M3	7	00:24:46.70	+00:06:52 (27.8%)	4:57	12.1 (72.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Tempo min/km	Tempo km/h
						netto	Różn		
						5km			
28	STELMACH Krzysztof	163		M2	8	00:25:02.45	+00:07:08 (28.5%)	5:00	12 (71.4%)
29	SKROCKI Andrzej	155	SÓWKI GARAGE	M3	8	00:25:03.75	+00:07:09 (28.6%)	5:00	12 (71.4%)
30	ROSZYK Paweł	147		M5	5	00:25:21.40	+00:07:27 (29.4%)	5:04	11.8 (70.2%)
31	SKRZYPCZAK Artur	156	BIEGUNKA	M2	9	00:25:31.65	+00:07:37 (29.9%)	5:06	11.7 (69.6%)
32	RICHERT Danuta	143	KOBIETA W BIEGU	K4	2	00:25:32.05	+00:07:38 (29.9%)	5:06	11.7 (69.6%)
33	LUDWIKOWSKA Anna	97		K2	2	00:26:05.85	+00:08:11 (31.4%)	5:13	11.5 (68.5%)
34	ROSIŃSKA Patrycja	508	KRABY EKS	K3	2	00:26:06.85	+00:08:12 (31.5%)	5:13	11.5 (68.5%)
35	KRAWIEC Agnieszka	84		K3	3	00:26:11.10	+00:08:17 (31.6%)	5:14	11.5 (68.5%)
36	PAGACOVA Zuzanna	124		K2	3	00:26:17.30	+00:08:23 (31.9%)	5:15	11.4 (67.9%)
37	MAKOWSKI Przemek	104	GONDOR	M4	6	00:26:24.95	+00:08:30 (32.2%)	5:17	11.4 (67.9%)
38	MIOTKE Maciej	345		M2	10	00:26:26.80	+00:08:32 (32.3%)	5:17	11.3 (67.3%)
39	KOWALSKI Adam	80		M5	6	00:26:30.05	+00:08:36 (32.5%)	5:18	11.3 (67.3%)
40	SUŁKOWSKA Agnieszka	200		K2	4	00:26:32.70	+00:08:38 (32.6%)	5:18	11.3 (67.3%)
41	NADZIEJA Jakub	495	DBC	M2	11	00:26:34.05	+00:08:40 (32.6%)	5:18	11.3 (67.3%)
42	KUPCZAK Natalia	90		K1	2	00:26:36.45	+00:08:42 (32.7%)	5:19	11.3 (67.3%)
43	JELNICKI Łukasz	61		M4	7	00:26:37.35	+00:08:43 (32.8%)	5:19	11.3 (67.3%)
44	SOWIŃSKA Olga	159	BBL AWFIS GDAŃSK	K3	4	00:26:37.40	+00:08:43 (32.8%)	5:19	11.3 (67.3%)
45	SUKALSKI Maciej	165		M2	12	00:26:38.65	+00:08:44 (32.8%)	5:19	11.3 (67.3%)
46	HAJDYSZ Paweł	51		M3	9	00:26:42.95	+00:08:48 (33.0%)	5:20	11.2 (66.7%)
47	PRZEŹDZIAK Anna	137		K2	5	00:26:54.45	+00:09:00 (33.5%)	5:22	11.2 (66.7%)
48	OKAPIEC Dagmara	119	GÓRSKIE PĘDZIWIATRY	K3	5	00:27:23.05	+00:09:29 (34.6%)	5:28	11 (65.5%)
49	JELNICKA Anna	60	BBL	K4	3	00:27:30.10	+00:09:36 (34.9%)	5:30	10.9 (64.9%)
50	OSTROWSKA Katarzyna	123		K2	6	00:27:35.35	+00:09:41 (35.1%)	5:31	10.9 (64.9%)
51	PIECHOWIAK Aleksandra	131	SPORTEVO	K2	7	00:27:38.20	+00:09:44 (35.2%)	5:31	10.9 (64.9%)
52	EJSMONT Mateusz	36		M3	10	00:27:38.30	+00:09:44 (35.2%)	5:31	10.8 (64.3%)
53	KLIMASZEWSKA Lucyna	73		K3	6	00:27:40.70	+00:09:46 (35.3%)	5:32	10.8 (64.3%)
54	RYDLEWICZ Justyna	151	KOBIETA W BIEGU	K2	8	00:27:42.90	+00:09:48 (35.4%)	5:32	10.8 (64.3%)
55	PIÓRKOWSKI Mariusz	133		M3	11	00:27:45.25	+00:09:51 (35.5%)	5:33	10.8 (64.3%)
56	SZYDŁOWSKA Gosia	440	ASICS FRONTRUNNER POLSKA	K3	7	00:27:50.10	+00:09:56 (35.7%)	5:34	10.8 (64.3%)
57	NAPIERAJ Rafał	114		M3	12	00:27:55.35	+00:10:01 (35.9%)	5:35	10.7 (63.7%)
58	KUBIN Ewa	87	TG SOKÓŁ ZAKOPANE	K4	4	00:27:58.15	+00:10:04 (36.0%)	5:35	10.7 (63.7%)
59	WYSOCKI Mieczysław	189		M5	7	00:28:19.00	+00:10:24 (36.8%)	5:39	10.6 (63.1%)
60	CZERWIŃSKI Marek	30		M3	13	00:28:19.70	+00:10:25 (36.8%)	5:40	10.6 (63.1%)
61	MARSZAŁEK Tomasz	107	-	M2	13	00:28:20.55	+00:10:26 (36.8%)	5:40	10.6 (63.1%)
62	KRAJEWSKA Justyna	492		K2	9	00:28:24.20	+00:10:30 (37.0%)	5:40	10.6 (63.1%)
63	BYSTRAM Justyna	21		K3	8	00:28:33.45	+00:10:39 (37.3%)	5:42	10.5 (62.5%)
64	MASYS Agnieszka	108	GRUPA MALBORK	K3	9	00:28:36.60	+00:10:42 (37.4%)	5:43	10.5 (62.5%)
65	JACHIM Magdalena	55		K4	5	00:28:40.40	+00:10:46 (37.6%)	5:44	10.5 (62.5%)
66	JEWSTAFIEW Mateusz	64		M1	1	00:28:40.90	+00:10:46 (37.6%)	5:44	10.5 (62.5%)
67	BAKOWSKI Zbigniew	7	AKADEMIA BIEGANIA	M6	1	00:28:46.00	+00:10:51 (37.8%)	5:45	10.4 (61.9%)
68	MARCINKOWSKA Dorota	106	BIEGUNKA	K2	10	00:28:46.95	+00:10:52 (37.8%)	5:45	10.4 (61.9%)
69	MALINOWSKA Katarzyna	105		K2	11	00:28:52.20	+00:10:58 (38.0%)	5:46	10.4 (61.9%)
70	KOWNACKI Bartłomiej	81		M4	8	00:28:53.45	+00:10:59 (38.0%)	5:46	10.4 (61.9%)
71	MAJCHROWICZ Maciej	102		M2	14	00:29:08.90	+00:11:14 (38.6%)	5:49	10.3 (61.3%)

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						netto	Różn		
						5km			
72	BOROWSKI Mateusz	14	WILD MORSY	M2	15	00:29:17.25	+00:11:23 (38.9%)	5:51	10.2 (60.7%)
73	STANISZEWSKA Joanna	160	SPORTEVO	K3	10	00:29:18.00	+00:11:23 (38.9%)	5:51	10.2 (60.7%)
74	RAMCZYK Kamil	141		M3	14	00:29:22.05	+00:11:28 (39.0%)	5:52	10.2 (60.7%)
75	LUCZYNSKA Agnieszka	96		K3	11	00:29:27.00	+00:11:32 (39.2%)	5:53	10.2 (60.7%)
76	ROŚCISZEWSKI Michał	148		M2	16	00:29:31.00	+00:11:36 (39.4%)	5:54	10.2 (60.7%)
77	SZPYRA Edward	166		M7	1	00:29:32.00	+00:11:37 (39.4%)	5:54	10.2 (60.7%)
78	JACHOWICZ Dariusz	502		M5	8	00:29:39.85	+00:11:45 (39.7%)	5:56	10.1 (60.1%)
79	BURAŚ Maja	18		K2	12	00:29:41.20	+00:11:47 (39.7%)	5:56	10.1 (60.1%)
80	OSOWSKI Maciej	122		M5	9	00:29:42.10	+00:11:48 (39.7%)	5:56	10.1 (60.1%)
81	WITCZAK Anna	501	IRONTEAM3CITY	K4	6	00:29:57.45	+00:12:03 (40.2%)	5:59	10 (59.5%)
82	GODLEWSKA Dominika	45		K3	12	00:30:02.65	+00:12:08 (40.4%)	6:00	10 (59.5%)
83	STECIAK Adam	162		M3	15	00:30:04.75	+00:12:10 (40.5%)	6:01	10 (59.5%)
84	POCHOPIEŃ Mira	135		K3	13	00:30:06.20	+00:12:12 (40.5%)	6:01	10 (59.5%)
85	PATOCKI Wojtek	127		M3	16	00:30:08.40	+00:12:14 (40.6%)	6:01	10 (59.5%)
86	ŻBIKOWSKA Natalia	199		K2	13	00:30:09.40	+00:12:15 (40.6%)	6:01	10 (59.5%)
87	MICHALAK Karolina	493	OLIVIA BUSINESS CENTRE	K3	14	00:30:13.05	+00:12:19 (40.8%)	6:02	9.9 (58.9%)
88	ADAMUS Ewelina	3		K3	15	00:30:13.55	+00:12:19 (40.8%)	6:02	9.9 (58.9%)
89	ŁUCZYŃSKI Rafał	145	DESPACITO :)	M3	17	00:30:23.75	+00:12:29 (41.1%)	6:04	9.9 (58.9%)
90	FIGURA Mateusz	38		M2	17	00:30:23.95	+00:12:29 (41.1%)	6:04	9.9 (58.9%)
91	ORŁOWSKA Agata	121	FRACTAL FLYBALL TEAM	K3	16	00:30:25.60	+00:12:31 (41.2%)	6:05	9.9 (58.9%)
92	AUGUSTYNIAK Jakub	5		M2	18	00:30:36.20	+00:12:42 (41.5%)	6:07	9.8 (58.3%)
93	DEMBIŃSKA Żaneta	34		K3	17	00:30:36.65	+00:12:42 (41.5%)	6:07	9.8 (58.3%)
94	WIŚNIEWSKA Daria	182		K2	14	00:30:36.70	+00:12:42 (41.5%)	6:07	9.8 (58.3%)
95	SEROKA Justyna	152		K3	18	00:30:55.70	+00:13:01 (42.1%)	6:11	9.7 (57.7%)
95	LEMAŃSKA Kamila	505		K4	7	00:30:55.70	+00:13:01 (42.1%)	6:11	9.7 (57.7%)
97	WYSOCKA Gabriela	188		K1	3	00:30:58.00	+00:13:03 (42.2%)	6:11	9.7 (57.7%)
98	KUCHTA Małgorzata	88		K4	8	00:30:59.75	+00:13:05 (42.2%)	6:11	9.7 (57.7%)
99	DYMARCZYK Weronika	35		K3	19	00:31:01.65	+00:13:07 (42.3%)	6:12	9.7 (57.7%)
100	PAWŁOSKA GUZ Karolina	128	SP1	K3	20	00:31:02.50	+00:13:08 (42.3%)	6:12	9.7 (57.7%)
101	JERECZEK Iwona	63		K2	15	00:31:08.35	+00:13:14 (42.5%)	6:13	9.6 (57.1%)
102	NAWROT Agnieszka	115		K3	21	00:31:11.60	+00:13:17 (42.6%)	6:14	9.6 (57.1%)
103	SMORCZEWSKI Adam	158		M4	9	00:31:25.15	+00:13:31 (43.0%)	6:17	9.5 (56.5%)
104	AKSANIT-KRÓLEWICZ Magdalena	506		K-OPEN	1	00:31:28.45	+00:13:34 (43.1%)	6:17	9.5 (56.5%)
105	PŁOTKA Grzegorz	134		M3	18	00:31:28.50	+00:13:34 (43.1%)	6:17	9.5 (56.5%)
106	CIESIELSKA Aleksandra	27		K4	9	00:31:32.90	+00:13:38 (43.3%)	6:18	9.5 (56.5%)
107	WYSOCKA Dorota	187		K5	1	00:31:38.60	+00:13:44 (43.4%)	6:19	9.5 (56.5%)
108	ANDRYSZAK Justyna	4	PROSTO Z MELANZU RUNNING TEAM	K3	22	00:31:41.70	+00:13:47 (43.5%)	6:20	9.5 (56.5%)
109	PETKE Krzysztof	129	LPP TEAM	M3	19	00:32:01.00	+00:14:06 (44.1%)	6:24	9.4 (56.0%)
110	KOSIANOWSKA Monika	504	GRUPA MALBORK	K4	10	00:32:01.10	+00:14:07 (44.1%)	6:24	9.4 (56.0%)
111	REYER Aleksandra	50	KASIAPOWER	K2	16	00:32:12.10	+00:14:18 (44.4%)	6:26	9.3 (55.4%)
112	LIS Marta	95		K3	23	00:32:18.45	+00:14:24 (44.6%)	6:27	9.3 (55.4%)
113	WYSOCKI Michał	190		M4	10	00:32:23.15	+00:14:29 (44.7%)	6:28	9.3 (55.4%)
114	BURDZEL Ryszard	20	WILD MORSY	M4	11	00:32:26.85	+00:14:32 (44.8%)	6:29	9.2 (54.8%)
115	BRYŁKA Katarzyna	16		K3	24	00:32:32.25	+00:14:38 (45.0%)	6:30	9.2 (54.8%)

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						netto	Różn		
						5km			
116	WYTRWAŁ Barbara	191		K4	11	00:32:37.50	+00:14:43 (45.1%)	6:31	9.2 (54.8%)
117	GRESIK Magdalena	48		K3	25	00:32:40.95	+00:14:46 (45.2%)	6:32	9.2 (54.8%)
118	SADECKA Monika	496		K2	17	00:32:41.45	+00:14:47 (45.2%)	6:32	9.2 (54.8%)
119	SKIBIŃSKA Magdalena	154	WILD MORSY	K4	12	00:32:41.80	+00:14:47 (45.3%)	6:32	9.2 (54.8%)
120	JARZYŃSKA Marta	59		K2	18	00:32:43.20	+00:14:49 (45.3%)	6:32	9.2 (54.8%)
121	ŁUKAWSKA Aleksandra	99		K3	26	00:32:50.00	+00:14:55 (45.5%)	6:34	9.1 (54.2%)
122	SĘPIŃSKA Agnieszka	197	NAVIGATOR	K3	27	00:33:16.05	+00:15:22 (46.2%)	6:39	9 (53.6%)
123	SĘPIŃSKI Marcin	198	NAVIGATOR	M4	12	00:33:16.30	+00:15:22 (46.2%)	6:39	9 (53.6%)
124	CZERWIŃSKA Agnieszka	29		K4	13	00:33:18.15	+00:15:24 (46.2%)	6:39	9 (53.6%)
125	PODLACHA Izabela	136		K3	28	00:33:19.20	+00:15:25 (46.3%)	6:39	9 (53.6%)
126	CYBULSKA Agnieszka	28		K3	29	00:33:19.70	+00:15:25 (46.3%)	6:40	9 (53.6%)
127	KLAWIKOWSKA Martyna	72		K2	19	00:33:19.75	+00:15:25 (46.3%)	6:39	9 (53.6%)
128	KLAWIKOWSKA Magdalena	71		K4	14	00:33:19.95	+00:15:25 (46.3%)	6:40	9 (53.6%)
129	KORNACKA Kamila	77		K3	30	00:33:35.55	+00:15:41 (46.7%)	6:43	8.9 (53.0%)
130	WODKOWSKA Dorota	184		K2	20	00:33:35.70	+00:15:41 (46.7%)	6:43	8.9 (53.0%)
131	NOGA Daria	117	AWFIS GDAŃSK	K2	21	00:33:37.40	+00:15:43 (46.8%)	6:43	8.9 (53.0%)
132	JERECZEK Aleksandra	62		K2	22	00:33:40.75	+00:15:46 (46.8%)	6:44	8.9 (53.0%)
133	WYSZOMIRSKA Ewa	82	DESPACITO :)	K3	31	00:33:52.70	+00:15:58 (47.2%)	6:46	8.9 (53.0%)
134	KARCZEWSKA Maria	68		K2	23	00:33:54.35	+00:16:00 (47.2%)	6:46	8.8 (52.4%)
135	WINIARSKA Anita	181		K4	15	00:34:08.15	+00:16:14 (47.6%)	6:49	8.8 (52.4%)
136	BIĘŁOUS Lucyna	9		K3	32	00:34:39.60	+00:16:45 (48.4%)	6:56	8.7 (51.8%)
137	RUTKOWSKA Ewelina	150		K3	33	00:34:40.40	+00:16:46 (48.4%)	6:56	8.7 (51.8%)
138	LESZCZUK Łukasz	94	BIEGUNKA	M2	19	00:35:02.55	+00:17:08 (48.9%)	7:00	8.6 (51.2%)
139	PĘDZISZEWSKA Sylwia	130		K4	16	00:35:23.65	+00:17:29 (49.4%)	7:04	8.5 (50.6%)
140	LASKOWSKA Jolanta	91	WILD MORSY	K4	17	00:35:25.95	+00:17:31 (49.5%)	7:05	8.5 (50.6%)
141	PIERZYNOWSKI Artur	24		M4	13	00:35:26.05	+00:17:32 (49.5%)	7:05	8.5 (50.6%)
142	BOBCOV Dżoana	11	WILD MORSY	K3	34	00:35:26.25	+00:17:32 (49.5%)	7:05	8.5 (50.6%)
143	PILECKA Agnieszka	132	AGAPILECKA.PL	K2	24	00:35:50.35	+00:17:56 (50.1%)	7:10	8.4 (50.0%)
144	KACZMAREK Krzysztof	65	BIEGACZE PÓŁNOCY	M4	14	00:35:59.15	+00:18:05 (50.3%)	7:11	8.3 (49.4%)
145	KACZMAREK Sylwia	281		K4	18	00:35:59.40	+00:18:05 (50.3%)	7:11	8.3 (49.4%)
146	N-SKA Ania Maria	113		K3	35	00:36:00.70	+00:18:06 (50.3%)	7:12	8.3 (49.4%)
147	KRZYŃÓWEK Weronika	85		K3	36	00:36:01.55	+00:18:07 (50.3%)	7:12	8.3 (49.4%)
148	FIGURA Estera	37		K2	25	00:36:30.85	+00:18:36 (51.0%)	7:18	8.2 (48.8%)
149	KLOC Katarzyna	74	OSOWIANKI	K2	26	00:36:31.80	+00:18:37 (51.0%)	7:18	8.2 (48.8%)
150	BIESZKE Gabi	10	KEEP CALM & U.P.	K5	2	00:36:33.80	+00:18:39 (51.0%)	7:18	8.2 (48.8%)
151	PAJĄK Beata	125	KEEP CALM @ U.P.	K4	19	00:36:34.20	+00:18:40 (51.1%)	7:18	8.2 (48.8%)
152	TADEUSIAK-WĄDOŁOWSKA Katarzyna	171		K2	27	00:36:34.40	+00:18:40 (51.1%)	7:18	8.2 (48.8%)
153	WĄDOŁOWSKI Rafał	179	SGS POLAND TEAM	M2	20	00:36:34.95	+00:18:40 (51.1%)	7:19	8.2 (48.8%)
154	FRYCZKE Ewa	40		K3	37	00:36:39.90	+00:18:45 (51.2%)	7:19	8.2 (48.8%)
155	WOLIŃSKA Róża	186		K2	28	00:37:49.05	+00:19:55 (52.7%)	7:33	7.9 (47.0%)
156	ŚWIAT Łukasz	169		M2	21	00:37:58.50	+00:20:04 (52.9%)	7:35	7.9 (47.0%)
157	ŚWIAT Urszula	168		K3	38	00:37:58.80	+00:20:04 (52.9%)	7:35	7.9 (47.0%)
158	JABŁOŃSKI Ryszard	53		M5	10	00:37:59.35	+00:20:05 (52.9%)	7:36	7.9 (47.0%)
159	WASILCZUK Julita	178	WYDZIAŁOWY TEAM BIEGOWY	K5	3	00:38:02.70	+00:20:08 (52.9%)	7:36	7.9 (47.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
160	SKWIOT Agnieszka	157		K3	39	00:38:06.05	+00:20:12 (53.0%)	7:37	7.9 (47.0%)
161	DĄBROWSKI Łukasz	32		M3	20	00:38:30.15	+00:20:36 (53.5%)	7:42	7.8 (46.4%)
162	ŁUKOWICZ Dorota	100		K3	40	00:38:30.35	+00:20:36 (53.5%)	7:42	7.8 (46.4%)
163	MODRZEJEWSKA Anna	111		K3	41	00:39:10.20	+00:21:16 (54.3%)	7:50	7.7 (45.8%)
164	JAKIMIAK-RYCHLICKA Beata	56		K2	29	00:39:11.20	+00:21:17 (54.3%)	7:50	7.7 (45.8%)
165	KANCELARCZYK Joanna	67		K2	30	00:39:12.35	+00:21:18 (54.3%)	7:50	7.6 (45.2%)
166	WŁODARCZYK Kamila	183	ZBIERACZE ZŁOMU	K3	42	00:39:30.85	+00:21:36 (54.7%)	7:54	7.6 (45.2%)
167	KLEWEK Andrzej	297	ZBIERACZE ZŁOMU	M4	15	00:39:31.45	+00:21:37 (54.7%)	7:54	7.6 (45.2%)
168	NIWIŃSKI Stanisław	266	POMORSKI KLUB WETERANOW	M7	2	00:40:04.10	+00:22:10 (55.3%)	8:00	7.5 (44.6%)
169	KOWALIK Aleksandra	79		K4	20	00:40:25.25	+00:22:31 (55.7%)	8:05	7.4 (44.0%)
170	KOŁODZIEJEK Paweł	75	WILD MORSY	M3	21	00:43:17.90	+00:25:23 (58.7%)	8:39	6.9 (41.1%)
171	BOGDANOWICZ Monika	12	OLIVIA BUSINESS CENTRE	K4	21	00:43:41.40	+00:25:47 (59.0%)	8:44	6.9 (41.1%)
172	JANKOWSKA Katarzyna	500		K4	22	00:46:00.70	+00:28:06 (61.1%)	9:12	6.5 (38.7%)
173	ĆWIKAŁOWSKI Bartłomiej	31		M3	22	00:57:03.35	+00:39:09 (68.6%)	11:24	5.3 (31.5%)
174	JERWCZEK Anna	278		K2	31				(0.0%)
175	ADAMCZYK Wojciech	1		M3	23				(0.0%)
176	ROGINSKA Ewelina	146		K2	32				(0.0%)

Znaleziono 176 wynik(ów)