



# V BIEG POGOŃ RAKA - SZCZECIN

B4SPORT

**Organizator:** Stowarzyszenie Walki z Rakiem Płuca Oddział  
Szczecin  
**Data:** 2021-10-02  
**Miejsce:** Szczecin  
**Dystans:** 5 km

**B4SPORT**  
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>RUSEK Kamil</b>	<b>293</b>	FEHLAU RUN TEAM	M Open	1	00:00:00	<b>00:18:48.50</b>	<b>00:18:49.15</b>		3:45	16 (100%)
2	<b>TROĆ Daniel</b>	<b>239</b>	RAZ SZCZECIN	M Open	2	00:00:01	<b>00:19:02.40</b>	<b>00:19:03.40</b>	+00:00:13 (1.2%)	3:48	15.8 (98.8%)
3	<b>BRYKCYŃSKI Filip</b>	<b>16</b>	RAZ SZCZECIN	M Open	3	00:00:01	<b>00:19:19.40</b>	<b>00:19:20.55</b>	+00:00:30 (2.7%)	3:51	15.5 (96.9%)
4	<b>SIECZKOWSKI Michał</b>	<b>200</b>	KB PIONIER SZCZECIN	M Open	4	00:00:01	<b>00:19:50.10</b>	<b>00:19:51.10</b>	+00:01:01 (5.2%)	3:58	15.1 (94.4%)
5	<b>OPAS Adam</b>	<b>143</b>		M Open	5	00:00:01	<b>00:20:33.25</b>	<b>00:20:34.85</b>	+00:01:44 (8.5%)	4:06	14.6 (91.3%)
6	<b>ŁAZOWSKI Marcin</b>	<b>286</b>	POGOŃ	M Open	6	00:00:01	<b>00:21:15.50</b>	<b>00:21:17.30</b>	+00:02:27 (11.5%)	4:15	14.1 (88.1%)
7	<b>WOŹNIAK Marek</b>	<b>268</b>	BOSMAN SZCZECIN	M Open	7	00:00:01	<b>00:21:19.40</b>	<b>00:21:21.00</b>	+00:02:30 (11.8%)	4:15	14.1 (88.1%)
8	<b>STASZEWSKI Kamil</b>	<b>217</b>		M Open	8	00:00:02	<b>00:21:44.35</b>	<b>00:21:46.70</b>	+00:02:55 (13.5%)	4:20	13.8 (86.3%)
9	<b>BONIEWSKA Laura</b>	<b>14</b>		K Open	1	00:00:01	<b>00:21:51.65</b>	<b>00:21:53.05</b>	+00:03:03 (14.0%)	4:22	13.7 (85.6%)
10	<b>TWAROGAL Kamil</b>	<b>241</b>	WIECZORNE BIEGANIE W SZCZECINIE	M Open	9	00:00:02	<b>00:21:55.40</b>	<b>00:21:57.50</b>	+00:03:06 (14.2%)	4:23	13.7 (85.6%)
11	<b>SKRZYPKOWIAK Marcin</b>	<b>207</b>	(ZLDR)	M Open	10	00:00:01	<b>00:21:57.75</b>	<b>00:21:59.05</b>	+00:03:09 (14.4%)	4:23	13.7 (85.6%)
12	<b>SARAN Tomasz</b>	<b>295</b>		M Open	11	00:00:02	<b>00:22:03.20</b>	<b>00:22:05.25</b>	+00:03:14 (14.7%)	4:24	13.6 (85.0%)
13	<b>TOPOREK Przemysław</b>	<b>238</b>		M Open	12	00:00:03	<b>00:22:27.30</b>	<b>00:22:30.70</b>	+00:03:38 (16.2%)	4:29	13.4 (83.8%)
14	<b>PROCIAK Krzysztof</b>	<b>297</b>	SKB DZIK	M Open	13	00:00:02	<b>00:22:47.85</b>	<b>00:22:50.70</b>	+00:03:59 (17.5%)	4:33	13.2 (82.5%)
15	<b>FIENKO Katarzyna</b>	<b>43</b>		K Open	2	00:00:01	<b>00:23:09.55</b>	<b>00:23:11.30</b>	+00:04:21 (18.8%)	4:37	13 (81.3%)
16	<b>LEWANDOWSKI Daniel</b>	<b>294</b>	AKTYWNE LISEWO	M Open	14	00:00:02	<b>00:23:15.35</b>	<b>00:23:17.75</b>	+00:04:26 (19.1%)	4:39	12.9 (80.6%)
17	<b>PODWYSZYŃSKI Sylwester</b>	<b>165</b>		M Open	15	00:00:02	<b>00:23:24.60</b>	<b>00:23:26.70</b>	+00:04:36 (19.7%)	4:40	12.8 (80.0%)
18	<b>WALAWSKI Marcin</b>	<b>243</b>	WWW.KANCELARIA-WALAWSKI.PL	M Open	16	00:00:01	<b>00:23:40.25</b>	<b>00:23:41.45</b>	+00:04:51 (20.5%)	4:44	12.7 (79.4%)
19	<b>PELC Marek</b>	<b>152</b>	12 BZ	M Open	17	00:00:02	<b>00:23:50.30</b>	<b>00:23:52.45</b>	+00:05:01 (21.1%)	4:46	12.6 (78.8%)
20	<b>RADZIWOŃ Łukasz</b>	<b>177</b>		M Open	18	00:00:04	<b>00:23:54.45</b>	<b>00:23:58.75</b>	+00:05:05 (21.3%)	4:46	12.6 (78.8%)
21	<b>PUCHALSKI Grzegorz</b>	<b>173</b>	MOBILNA WULKANIZACJA 536-226-226	M Open	19	00:00:01	<b>00:24:14.15</b>	<b>00:24:16.10</b>	+00:05:25 (22.4%)	4:50	12.4 (77.5%)
22	<b>WOJTASIAK Kajetan</b>	<b>289</b>		M Open	20	00:00:19	<b>00:24:15.10</b>	<b>00:24:34.25</b>	+00:05:26 (22.4%)	4:51	12.4 (77.5%)
23	<b>ŚLIWA Marek</b>	<b>232</b>	NUTRILITE XS SPORT TEAM	M Open	21	00:00:16	<b>00:24:17.45</b>	<b>00:24:34.00</b>	+00:05:28 (22.6%)	4:51	12.4 (77.5%)
24	<b>SZYŁOWICZ Daniel</b>	<b>228</b>	TYMTRITEAM	M Open	22	00:00:03	<b>00:24:18.25</b>	<b>00:24:22.10</b>	+00:05:29 (22.6%)	4:51	12.3 (76.9%)
25	<b>SZYMAŃSKI Sławomir</b>	<b>229</b>		M Open	23	00:00:05	<b>00:24:31.65</b>	<b>00:24:36.65</b>	+00:05:43 (23.3%)	4:54	12.2 (76.3%)
26	<b>KURPIEWSKI Piotr</b>	<b>296</b>		M Open	24	00:00:08	<b>00:24:34.75</b>	<b>00:24:43.35</b>	+00:05:46 (23.5%)	4:54	12.2 (76.3%)
27	<b>TYMUL Jakub</b>	<b>242</b>	#TYMTRITEAM	M Open	25	00:00:03	<b>00:25:00.05</b>	<b>00:25:03.90</b>	+00:06:11 (24.8%)	5:00	12 (75.0%)
28	<b>DAWID Marcin</b>	<b>28</b>		M Open	26	00:00:08	<b>00:25:06.20</b>	<b>00:25:15.10</b>	+00:06:17 (25.1%)	5:01	12 (75.0%)
29	<b>BANASIEWICZ Zbigniew</b>	<b>5</b>		M Open	27	00:00:05	<b>00:25:10.00</b>	<b>00:25:15.75</b>	+00:06:21 (25.3%)	5:02	11.9 (74.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
30	KRUCZKOWSKA Malwina	94		K Open	3	00:00:02	00:25:14.40	00:25:17.10	+00:06:25 (25.5%)	5:02	11.9 (74.4%)
31	POGORZELSKI Daniel	290		M Open	28	00:00:13	00:25:33.00	00:25:46.05	+00:06:44 (26.4%)	5:06	11.7 (73.1%)
32	MAJEWSKI Maciej	288		M Open	29	00:00:18	00:25:38.80	00:25:57.45	+00:06:50 (26.7%)	5:07	11.7 (73.1%)
33	KRAWCZYK Mateusz	91	KB PIONIER SZCZECIN	M Open	30	00:00:02	00:25:39.05	00:25:42.00	+00:06:50 (26.7%)	5:07	11.7 (73.1%)
34	RADCZUK Mariusz	175		M Open	31	00:00:08	00:25:39.95	00:25:48.10	+00:06:51 (26.7%)	5:07	11.7 (73.1%)
35	LITWIŃSKI Jakub	287		M Open	32	00:00:18	00:25:47.90	00:26:06.55	+00:06:59 (27.1%)	5:09	11.6 (72.5%)
36	WOLSKI Tomasz	266	WIECZORNE BIEGANIE W SZCZECINIE	M Open	33	00:00:12	00:26:00.50	00:26:12.85	+00:07:12 (27.7%)	5:12	11.5 (71.9%)
37	JANKA Joanna	65		K Open	4	00:00:02	00:26:04.40	00:26:07.05	+00:07:15 (27.9%)	5:12	11.5 (71.9%)
38	SKOCZYLAS Kacper	206	TRIGYM SZCZECIN	M Open	34	00:00:13	00:26:17.55	00:26:30.90	+00:07:29 (28.5%)	5:15	11.4 (71.3%)
39	WRZOSEK Kamil	270		M Open	35	00:00:02	00:26:21.95	00:26:24.60	+00:07:33 (28.7%)	5:16	11.4 (71.3%)
40	GARBACIAK Tomasz	50		M Open	36	00:00:27	00:26:22.75	00:26:50.05	+00:07:34 (28.7%)	5:16	11.4 (71.3%)
41	BIELECKI Wojciech	10		M Open	37	00:00:02	00:26:22.95	00:26:25.40	+00:07:34 (28.7%)	5:16	11.4 (71.3%)
42	BARANOWSKI Dominik	6		M Open	38	00:00:14	00:26:23.40	00:26:37.65	+00:07:34 (28.7%)	5:16	11.4 (71.3%)
43	MAZUR Marta	121	SWIM2TRI	K Open	5	00:00:03	00:26:26.75	00:26:30.40	+00:07:38 (28.9%)	5:17	11.3 (70.6%)
44	DUDZIŃSKI Wojtek	36		M Open	39	00:00:03	00:26:32.65	00:26:36.40	+00:07:44 (29.1%)	5:18	11.3 (70.6%)
45	MRÓZ Aleksandra	131	MOCZYLSKIE DIABLICE	K Open	6	00:00:17	00:26:35.90	00:26:53.55	+00:07:47 (29.3%)	5:19	11.3 (70.6%)
46	SZYMCZAK Robert	231		M Open	40	00:00:15	00:26:37.90	00:26:52.90	+00:07:49 (29.4%)	5:19	11.3 (70.6%)
47	NEJMAN Rafał	136		M Open	41	00:00:00	00:26:39.00	00:26:39.00	+00:07:50 (29.4%)	5:19	11.3 (70.6%)
48	SOBIERAJ Marcin	213		M Open	42	00:00:09	00:26:43.40	00:26:52.80	+00:07:54 (29.6%)	5:20	11.2 (70.0%)
49	ZALEJSKI Tomasz	274		M Open	43	00:00:08	00:26:57.90	00:27:06.65	+00:08:09 (30.2%)	5:23	11.1 (69.4%)
50	GŁÓWCZYŃSKI Bartosz	282		M Open	44	00:00:09	00:27:00.95	00:27:10.40	+00:08:12 (30.4%)	5:24	11.1 (69.4%)
51	SKRZYPKOWIAK Jakub	208	ZLDR	M Open	45	00:00:04	00:27:01.50	00:27:05.50	+00:08:13 (30.4%)	5:24	11.1 (69.4%)
52	TUREK Agata	240	SKYRUNNERS	K Open	7	00:00:10	00:27:02.75	00:27:13.70	+00:08:14 (30.5%)	5:24	11.1 (69.4%)
53	SZYDŁOWSKI Krzysztof	291		M Open	46	00:00:31	00:27:08.50	00:27:39.65	+00:08:20 (30.7%)	5:25	11.1 (69.4%)
54	PAWŁOWSKA-ZALEJSKA Justyna	151		K Open	8	00:00:08	00:27:13.60	00:27:21.95	+00:08:25 (30.9%)	5:26	11 (68.8%)
55	LEŚNIAK Piotr	101	GRUPA AZOTY POLICE	M Open	47	00:00:03	00:27:15.85	00:27:19.60	+00:08:27 (31.0%)	5:27	11 (68.8%)
56	SŁODOWNIK Konrad	210	SZKOŁA JĘZYKÓW OBCYCH	M Open	48	00:00:03	00:27:21.35	00:27:25.00	+00:08:32 (31.2%)	5:28	11 (68.8%)
57	KARPIENIA Ewa	72		K Open	9	00:00:07	00:27:27.15	00:27:34.60	+00:08:38 (31.5%)	5:29	10.9 (68.1%)
58	CIEŚLA Paweł	24		M Open	49	00:00:33	00:27:34.05	00:28:07.60	+00:08:45 (31.8%)	5:30	10.9 (68.1%)
59	POMORSKA Oliwia	167		K Open	10	00:00:04	00:27:35.55	00:27:40.10	+00:08:47 (31.8%)	5:31	10.9 (68.1%)
60	RATAJCZAK Paweł	179	NIE MA	M Open	50	00:00:04	00:27:36.10	00:27:40.60	+00:08:47 (31.9%)	5:31	10.9 (68.1%)
61	MADEJ Anna	111	UKŁ ÓSEMKA POLICE	K Open	11	00:00:03	00:27:38.35	00:27:41.70	+00:08:49 (32.0%)	5:31	10.9 (68.1%)
62	STĘPNIAK Lesław	219		M Open	51	00:00:14	00:27:43.85	00:27:58.80	+00:08:55 (32.2%)	5:32	10.8 (67.5%)
63	PIECYK Katarzyna	155	BOSMAN	K Open	12	00:00:04	00:27:50.75	00:27:55.55	+00:09:02 (32.5%)	5:34	10.8 (67.5%)
64	WITORZĘĆ Dariusz	259		M Open	52	00:00:09	00:28:05.05	00:28:14.10	+00:09:16 (33.0%)	5:37	10.7 (66.9%)
65	SZYMCZAK Marcin	230	WKURW_TEAM	M Open	53	00:00:21	00:28:23.25	00:28:44.60	+00:09:34 (33.7%)	5:40	10.6 (66.3%)
66	RZYMSKA Marta	187		K Open	13	00:00:05	00:28:23.85	00:28:29.30	+00:09:35 (33.8%)	5:40	10.6 (66.3%)
67	WIECZOREK Jakub	250		M Open	54	00:00:21	00:28:35.85	00:28:57.35	+00:09:47 (34.2%)	5:43	10.5 (65.6%)
68	OLEŚKIEWICZ Michał	142	DPT RUN TEAM	M Open	55	00:00:27	00:28:37.95	00:29:05.75	+00:09:49 (34.3%)	5:43	10.5 (65.6%)
69	FLISIŃSKA Iga	45		K Open	14	00:00:03	00:28:51.45	00:28:55.00	+00:10:02 (34.8%)	5:46	10.4 (65.0%)
70	WIENCIS Małgorzata	252		K Open	15	00:00:12	00:28:56.20	00:29:08.35	+00:10:07 (35.0%)	5:47	10.4 (65.0%)
71	WOJTAT Adam	263		M Open	56	00:00:13	00:28:56.35	00:29:09.40	+00:10:07 (35.0%)	5:47	10.4 (65.0%)
72	BUJNOWSKA Anita	18		K Open	16	00:00:09	00:28:56.60	00:29:06.30	+00:10:08 (35.0%)	5:47	10.4 (65.0%)
73	ŁAWKIEL Natalia	106		K Open	17	00:00:09	00:29:03.10	00:29:12.15	+00:10:14 (35.3%)	5:48	10.3 (64.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
74	SZTYLKE Edyta	224		K Open	18	00:00:06	00:29:14.80	00:29:21.75	+00:10:26 (35.7%)	5:50	10.3 (64.4%)
75	SYC Rafał	220		M Open	57	00:00:27	00:29:18.20	00:29:45.30	+00:10:29 (35.8%)	5:51	10.2 (63.8%)
76	DOMAGALSKI Sławomir	32		M Open	58	00:00:15	00:29:22.55	00:29:37.55	+00:10:34 (36.0%)	5:52	10.2 (63.8%)
77	PROTASIEWICZ Agnieszka	171		K Open	19	00:00:03	00:29:24.10	00:29:27.35	+00:10:35 (36.0%)	5:52	10.2 (63.8%)
78	NIEWADZIK Ula	139		K Open	20	00:00:05	00:29:27.45	00:29:32.90	+00:10:38 (36.2%)	5:53	10.2 (63.8%)
79	KRUCZKOWSKA Agnieszka	93		K Open	21	00:00:10	00:29:30.15	00:29:40.75	+00:10:41 (36.2%)	5:54	10.2 (63.8%)
80	KRĘGIEL Bartosz	92		M Open	59	00:00:13	00:29:30.70	00:29:43.75	+00:10:42 (36.3%)	5:54	10.2 (63.8%)
81	PRUSINOWSKI Marcin	172		M Open	60	00:00:28	00:29:30.90	00:29:59.25	+00:10:42 (36.3%)	5:54	10.2 (63.8%)
82	SAKOWSKA-CARŁO Magda	188	WIECZORNE BIEGANIE W SZCZECINIE	K Open	22	00:00:17	00:29:30.95	00:29:48.10	+00:10:42 (36.3%)	5:54	10.2 (63.8%)
83	NATALCZYK Ewelina	135		K Open	23	00:00:03	00:29:40.50	00:29:44.35	+00:10:52 (36.6%)	5:56	10.1 (63.1%)
84	TURCZYK Marta	300		K Open	24	00:00:03	00:29:45.75	00:29:49.10	+00:10:57 (36.8%)	5:57	10.1 (63.1%)
84	JURYS Elzbieta	69		K Open	24	00:00:11	00:29:45.75	00:29:57.70	+00:10:57 (36.8%)	5:57	10.1 (63.1%)
86	BOGDAŃSKI Zbigniew	13		M Open	61	00:00:23	00:29:53.95	00:30:17.70	+00:11:05 (37.1%)	5:58	10 (62.5%)
87	BĄCIK Aneta	9		K Open	26	00:00:08	00:29:54.65	00:30:02.70	+00:11:06 (37.1%)	5:58	10 (62.5%)
88	ZAPOR Anna	275		K Open	27	00:02:33	00:29:55.00	00:32:28.55	+00:11:06 (37.1%)	5:59	10 (62.5%)
89	SZWABOWSKA Karolina	227		K Open	28	00:00:13	00:29:55.50	00:30:09.35	+00:11:07 (37.1%)	5:59	10 (62.5%)
90	PRUSINOWSKA Aleksandra	299		K Open	29	00:00:27	00:29:55.70	00:30:23.20	+00:11:07 (37.2%)	5:59	10 (62.5%)
91	CARŁO Marcin	20	WIECZORNE BIEGANIE W SZCZECINIE	M Open	62	00:00:17	00:29:57.85	00:30:14.85	+00:11:09 (37.2%)	5:59	10 (62.5%)
92	CZUBA Emilia	26		K Open	30	00:00:26	00:30:00.45	00:30:26.65	+00:11:11 (37.3%)	6:00	10 (62.5%)
93	FRYMUS Anna	46		K Open	31	00:00:08	00:30:01.80	00:30:10.05	+00:11:13 (37.4%)	6:00	10 (62.5%)
94	SAWICZ Mariusz	192	BIZON TEAM	M Open	63	00:00:26	00:30:07.05	00:30:33.70	+00:11:18 (37.6%)	6:01	10 (62.5%)
95	RUDZEWICZ Mariusz	184		M Open	64	00:00:24	00:30:16.40	00:30:40.90	+00:11:27 (37.9%)	6:03	9.9 (61.9%)
96	SELIGA Sebastian	194		M Open	65	00:00:15	00:30:18.65	00:30:34.20	+00:11:30 (37.9%)	6:03	9.9 (61.9%)
97	WONDOŁOWSKI Stanisław	267	WIECZORNE BIEGANIE SZCZECIN	M Open	66	00:00:11	00:30:21.15	00:30:32.85	+00:11:32 (38.0%)	6:04	9.9 (61.9%)
98	KOMOROWSKI Michał	83		M Open	67	00:00:38	00:30:25.15	00:31:03.45	+00:11:36 (38.2%)	6:05	9.9 (61.9%)
99	BURGHARDT Renata	19	KB HERMES	K Open	32	00:00:07	00:30:27.35	00:30:34.70	+00:11:38 (38.2%)	6:05	9.9 (61.9%)
100	KUBASIK Waldemar	97	BOSMAN	M Open	68	00:00:05	00:30:30.70	00:30:35.80	+00:11:42 (38.4%)	6:06	9.8 (61.3%)
101	MIERZWA-WOLSKA Małgorzata	124		K Open	33	00:00:12	00:30:31.80	00:30:44.45	+00:11:43 (38.4%)	6:06	9.8 (61.3%)
102	JAKUBOWSKA Patrycja	63		K Open	34	00:00:07	00:30:32.95	00:30:40.70	+00:11:44 (38.4%)	6:06	9.8 (61.3%)
103	DĄBROWSKA Róża	29		K Open	35	00:00:11	00:30:45.60	00:30:57.55	+00:11:57 (38.9%)	6:09	9.8 (61.3%)
104	STACHECKI Krzysztof	214		M Open	69	00:00:31	00:30:47.70	00:31:19.55	+00:11:59 (38.9%)	6:09	9.7 (60.6%)
105	POGORZELSKA Sylwia	166	WIECZORNE BIEGANIE W SZCZECINIE	K Open	36	00:00:11	00:30:51.50	00:31:03.10	+00:12:03 (39.0%)	6:10	9.7 (60.6%)
106	WOLIŃSKI Krzysztof	265		M Open	70	00:00:12	00:30:58.40	00:31:10.95	+00:12:09 (39.3%)	6:11	9.7 (60.6%)
107	DOMAGALSKA Daria	31	SKB DZIK	K Open	37	00:00:14	00:31:02.40	00:31:16.80	+00:12:13 (39.4%)	6:12	9.7 (60.6%)
108	RAJKIEWICZ Wioletta	178		K Open	38	00:00:29	00:31:04.40	00:31:33.65	+00:12:15 (39.5%)	6:12	9.7 (60.6%)
109	KOLSKA Lena	82	#WKURW_TEAM PAPRYKARZE	K Open	39	00:00:07	00:31:07.85	00:31:14.90	+00:12:19 (39.6%)	6:13	9.6 (60.0%)
110	KRUSZEWICZ Dalida	95		K Open	40	00:00:10	00:31:11.20	00:31:21.70	+00:12:22 (39.7%)	6:14	9.6 (60.0%)
111	KRUSZEWICZ Aleksander	96		M Open	71	00:00:10	00:31:11.40	00:31:21.90	+00:12:22 (39.7%)	6:14	9.6 (60.0%)
112	NOWAKOWSKA Adriana	141		K Open	41	00:00:09	00:31:11.90	00:31:21.60	+00:12:23 (39.7%)	6:14	9.6 (60.0%)
113	SKIBA Michał	204		M Open	72	00:00:10	00:31:20.75	00:31:30.75	+00:12:32 (40.0%)	6:16	9.6 (60.0%)
114	SENEJKO Marcin	197		M Open	73	00:22:35	00:31:27.40	00:54:02.40	+00:12:38 (40.2%)	6:17	9.5 (59.4%)
115	ŚWITALSKA Edyta	233	SCTP	K Open	42	00:00:14	00:31:29.05	00:31:43.70	+00:12:40 (40.3%)	6:17	9.5 (59.4%)
116	MISIASZEK Mirosław	127		M Open	74	00:00:24	00:31:33.70	00:31:57.75	+00:12:45 (40.4%)	6:18	9.5 (59.4%)
117	CHŁAPOWSKA Ewelina	21		K Open	43	00:00:04	00:31:37.85	00:31:42.35	+00:12:49 (40.5%)	6:19	9.5 (59.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
118	KIERNOŻYCKA Kasia	74	BOSMAN	K Open	44	00:00:05	00:31:41.60	00:31:46.70	+00:12:53 (40.7%)	6:20	9.5 (59.4%)
119	STACHOWICZ-HAWRYLAK Sylwia	215	ZACHPOMORSKIE CENTRUM ONKOLOGII	K Open	45	00:00:09	00:31:46.80	00:31:56.25	+00:12:58 (40.8%)	6:21	9.4 (58.8%)
120	PAWELCZAK Cezary	150	WIECZORNE BIEGANIE W SZCZECINIE	M Open	75	00:00:18	00:31:47.20	00:32:05.35	+00:12:58 (40.8%)	6:21	9.4 (58.8%)
121	MAZURAK Joanna	122		K Open	46	00:00:14	00:31:56.70	00:32:11.10	+00:13:08 (41.1%)	6:23	9.4 (58.8%)
122	PAJDOWSKA Agata	148		K Open	47	00:00:24	00:32:05.10	00:32:29.95	+00:13:16 (41.4%)	6:25	9.4 (58.8%)
123	SZALEWICZ Małgorzata	222	SZYBCIEJ NIE MOGĘ	K Open	48	00:00:11	00:32:05.20	00:32:17.10	+00:13:16 (41.4%)	6:25	9.4 (58.8%)
124	GŁOGOWSKI Jan	52		M Open	76	00:00:07	00:32:16.40	00:32:23.65	+00:13:27 (41.7%)	6:27	9.3 (58.1%)
125	ŁUKASIEWICZ Agnieszka	109	KB HERMES GRYFINO	K Open	49	00:00:20	00:32:30.50	00:32:51.25	+00:13:42 (42.1%)	6:30	9.2 (57.5%)
126	PACYNA Renata	147	KOZIELICE BIEGA	K Open	50	00:00:04	00:32:34.70	00:32:39.50	+00:13:46 (42.3%)	6:30	9.2 (57.5%)
127	LINKE Aleksandra	104	TWOJAFITMISJA	K Open	51	00:00:12	00:32:40.90	00:32:53.35	+00:13:52 (42.4%)	6:32	9.2 (57.5%)
128	ORSZULSKA Magdalena	144	WIECZORNE BIEGANIE W SZCZECINIE	K Open	52	00:00:13	00:32:50.00	00:33:03.85	+00:14:01 (42.7%)	6:34	9.1 (56.9%)
129	SAMEK Zofia	189		K Open	53	00:00:07	00:32:50.45	00:32:58.30	+00:14:01 (42.7%)	6:34	9.1 (56.9%)
130	ROJEWSKA Weronika	181		K Open	54	00:00:07	00:32:50.70	00:32:58.25	+00:14:02 (42.7%)	6:34	9.1 (56.9%)
131	ZIELIŃSKA Ludmiła	276	KB WIKON NOWA SÓL	K Open	55	00:00:07	00:32:52.05	00:32:59.20	+00:14:03 (42.8%)	6:34	9.1 (56.9%)
132	KURZYMSKI Piotr	100	BIZON TEAM	M Open	77	00:00:28	00:32:56.45	00:33:24.80	+00:14:07 (42.9%)	6:35	9.1 (56.9%)
133	SEJ Paweł	193		M Open	78	00:01:24	00:32:58.40	00:34:23.00	+00:14:09 (43.0%)	6:35	9.1 (56.9%)
134	MACIBORSKI Mirosław	110	WIECZORNE BIEGANIE W SZCZECINIE	M Open	79	00:00:14	00:32:59.20	00:33:14.10	+00:14:10 (43.0%)	6:35	9.1 (56.9%)
135	DUDA- KRZEMIENIEWSKA Jadwiga	35	KB SZAMOTUŁY	K Open	56	00:00:10	00:32:59.75	00:33:09.75	+00:14:11 (43.0%)	6:35	9.1 (56.9%)
136	KEMPISTY Alicja	73	BIZON TEAM	K Open	57	00:00:27	00:33:00.95	00:33:28.15	+00:14:12 (43.0%)	6:36	9.1 (56.9%)
137	DZBANUSZEK Mariusz	37	SPARTAKUS	M Open	80	00:00:17	00:33:06.45	00:33:23.80	+00:14:17 (43.2%)	6:37	9.1 (56.9%)
138	GŁÓWCZYŃSKA Emilia	283		K Open	58	00:00:11	00:33:12.70	00:33:23.95	+00:14:24 (43.4%)	6:38	9 (56.3%)
139	MIKUŁA Agnieszka	125		K Open	59	00:00:06	00:33:17.65	00:33:24.55	+00:14:29 (43.5%)	6:39	9 (56.3%)
140	PIOTROWSKA Dorota	160	AMPIO TEAM	K Open	60	00:00:11	00:33:20.70	00:33:31.90	+00:14:32 (43.6%)	6:40	9 (56.3%)
141	PIOTROWSKI Krzysztof	161	AMPIO TEAM	M Open	81	00:00:11	00:33:20.85	00:33:32.10	+00:14:32 (43.6%)	6:40	9 (56.3%)
142	MARCHIEL Lena	118		K Open	61	00:00:10	00:33:29.25	00:33:39.40	+00:14:40 (43.8%)	6:41	9 (56.3%)
143	MAHACZEK Adam	113		M Open	82	00:00:07	00:33:38.25	00:33:46.20	+00:14:49 (44.1%)	6:43	8.9 (55.6%)
144	ŁODZIATO Magdalena	107	TURKEYS TEAM	K Open	62	00:00:04	00:33:46.65	00:33:51.25	+00:14:58 (44.3%)	6:45	8.9 (55.6%)
145	ZIELIŃSKA Beata	277		K Open	63	00:00:06	00:33:49.35	00:33:55.95	+00:15:00 (44.4%)	6:45	8.9 (55.6%)
146	TOKARCZYK Marta	237		K Open	64	00:00:35	00:33:51.90	00:34:27.25	+00:15:03 (44.5%)	6:46	8.9 (55.6%)
147	CIEŚLA Agnieszka	23		K Open	65	00:00:33	00:33:52.20	00:34:25.40	+00:15:03 (44.5%)	6:46	8.9 (55.6%)
148	CZYCZYN Angelika	27		K Open	66	00:00:19	00:34:05.80	00:34:25.25	+00:15:17 (44.8%)	6:49	8.8 (55.0%)
149	PIEKARZEWICZ Sylwia	156	BOBOLICKIE BRACtwo BIEGOWE	K Open	67	00:00:13	00:34:21.15	00:34:34.50	+00:15:32 (45.2%)	6:52	8.7 (54.4%)
150	PIEKARZEWICZ Tomasz	157	BOBOLICKIE BRACtwo BIEGOWE	M Open	83	00:00:13	00:34:22.40	00:34:36.05	+00:15:33 (45.3%)	6:52	8.7 (54.4%)
151	HENDRYSIAK Angelika	71		K Open	68	00:00:08	00:34:33.55	00:34:42.10	+00:15:45 (45.6%)	6:54	8.7 (54.4%)
152	SOBCZAK-KUFEL Ilona	211	PATOBIEGANIE	K Open	69	00:00:34	00:34:36.05	00:35:10.50	+00:15:47 (45.6%)	6:55	8.7 (54.4%)
153	STĘPIEŃ Agnieszka	218	ŻÓWIE	K Open	70	00:00:21	00:34:36.95	00:34:58.90	+00:15:48 (45.7%)	6:55	8.7 (54.4%)
154	SETA Krysia	198		K Open	71	00:00:22	00:34:37.20	00:34:59.20	+00:15:48 (45.7%)	6:55	8.7 (54.4%)
155	SYDOR Kasia	221	CZAPLINEK	K Open	72	00:00:14	00:34:38.20	00:34:52.45	+00:15:49 (45.7%)	6:55	8.7 (54.4%)
156	MIŚNIK Zofia	129		K Open	73	00:00:30	00:34:39.10	00:35:09.90	+00:15:50 (45.7%)	6:55	8.7 (54.4%)
157	MATYSIAK Magdalena	120		K Open	74	00:00:15	00:34:42.15	00:34:57.50	+00:15:53 (45.8%)	6:56	8.6 (53.8%)
158	TALAREK Zofia	236	SP 20	K Open	75	00:00:49	00:34:45.15	00:35:34.95	+00:15:56 (45.9%)	6:57	8.6 (53.8%)
159	TALAREK Robert	235	SMT SZCZECIN	M Open	84	00:00:49	00:34:45.30	00:35:35.05	+00:15:56 (45.9%)	6:57	8.6 (53.8%)
160	RÓŻYCKA Karina	183	POLICE	K Open	76	00:00:15	00:35:04.00	00:35:19.70	+00:16:15 (46.4%)	7:00	8.6 (53.8%)
161	RADCZUK Karolina	174		K Open	77	00:00:15	00:35:04.05	00:35:19.70	+00:16:15 (46.4%)	7:00	8.6 (53.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
162	<b>SENEJKO Patrycja</b>	<b>196</b>	BABCIA KRYSIA	K Open	78	00:22:35	<b>00:35:05.45</b>	<b>00:57:40.45</b>	+00:16:16 (46.4%)	7:01	8.6 (53.8%)
163	<b>MITUŁA Dominika</b>	<b>130</b>		K Open	79	00:00:11	<b>00:35:06.35</b>	<b>00:35:17.45</b>	+00:16:17 (46.4%)	7:01	8.5 (53.1%)
164	<b>FAFEREK-PAJOR Natalia</b>	<b>40</b>		K Open	80	00:00:04	<b>00:35:17.65</b>	<b>00:35:21.65</b>	+00:16:29 (46.7%)	7:03	8.5 (53.1%)
165	<b>KOZŁOWSKA Karolina</b>	<b>87</b>	UKS DIAMENT GODÓW	K Open	81	00:00:11	<b>00:35:21.90</b>	<b>00:35:33.00</b>	+00:16:33 (46.8%)	7:04	8.5 (53.1%)
166	<b>KOZŁOWSKI Marcin</b>	<b>88</b>	UKS DIAMENT GODÓW	M Open	85	00:00:10	<b>00:35:22.60</b>	<b>00:35:33.50</b>	+00:16:34 (46.8%)	7:04	8.5 (53.1%)
167	<b>MUĆKO Iwona</b>	<b>132</b>		K Open	82	00:00:25	<b>00:35:24.00</b>	<b>00:35:49.30</b>	+00:16:35 (46.9%)	7:04	8.5 (53.1%)
168	<b>ROMAN Ewelina</b>	<b>164</b>	MONIA GYM	K Open	83	00:00:25	<b>00:35:24.15</b>	<b>00:35:49.45</b>	+00:16:35 (46.9%)	7:04	8.5 (53.1%)
169	<b>NITSCHKE Iwona</b>	<b>140</b>	MOCZYLSKIE DIABLICE	K Open	84	00:00:18	<b>00:35:25.55</b>	<b>00:35:43.80</b>	+00:16:37 (46.9%)	7:05	8.5 (53.1%)
170	<b>STACHOWSKI Andrzej</b>	<b>216</b>	MONIA GYM	M Open	86	00:00:23	<b>00:35:26.20</b>	<b>00:35:49.65</b>	+00:16:37 (46.9%)	7:05	8.5 (53.1%)
171	<b>DRZEWIECKA Justyna</b>	<b>33</b>		K Open	85	00:00:10	<b>00:35:42.90</b>	<b>00:35:53.80</b>	+00:16:54 (47.3%)	7:08	8.4 (52.5%)
172	<b>DUDA Piotr</b>	<b>34</b>		M Open	87	00:00:15	<b>00:35:46.65</b>	<b>00:36:02.35</b>	+00:16:58 (47.4%)	7:09	8.4 (52.5%)
173	<b>KOŚCIŃSKI Jacek</b>	<b>86</b>	WOJSKOWY KLUB HDK SZCZECIN	M Open	88	00:00:18	<b>00:35:54.00</b>	<b>00:36:12.05</b>	+00:17:05 (47.6%)	7:10	8.4 (52.5%)
174	<b>RYBICKA Eliza</b>	<b>186</b>		K Open	86	00:00:11	<b>00:35:54.30</b>	<b>00:36:05.50</b>	+00:17:05 (47.6%)	7:10	8.4 (52.5%)
175	<b>KOŚCIŃSKA Elżbieta</b>	<b>85</b>	WOJSKOWY KLUB HDK SZCZECIN	K Open	87	00:00:17	<b>00:35:54.90</b>	<b>00:36:12.25</b>	+00:17:06 (47.6%)	7:10	8.4 (52.5%)
176	<b>ZAKRZEWSKA Anna</b>	<b>273</b>		K Open	88	00:00:31	<b>00:35:56.10</b>	<b>00:36:27.65</b>	+00:17:07 (47.7%)	7:11	8.3 (51.9%)
177	<b>WIECZOREK Wojciech</b>	<b>251</b>		M Open	89	00:00:38	<b>00:35:56.85</b>	<b>00:36:35.35</b>	+00:17:08 (47.7%)	7:11	8.3 (51.9%)
178	<b>WOŹNIAK Karolina</b>	<b>269</b>	BOSMAN SZCZECIN	K Open	89	00:00:24	<b>00:36:17.55</b>	<b>00:36:42.20</b>	+00:17:29 (48.2%)	7:15	8.3 (51.9%)
179	<b>KULBACZEWSKA Karolina</b>	<b>99</b>	BOSMAN SZCZECIN	K Open	90	00:00:24	<b>00:36:17.75</b>	<b>00:36:41.90</b>	+00:17:29 (48.2%)	7:15	8.3 (51.9%)
180	<b>SAMOLEJ Monika</b>	<b>190</b>		K Open	91	00:00:12	<b>00:36:25.70</b>	<b>00:36:38.35</b>	+00:17:37 (48.4%)	7:17	8.2 (51.3%)
181	<b>KOLASA Agnieszka</b>	<b>81</b>		K Open	92	00:00:20	<b>00:36:30.15</b>	<b>00:36:50.25</b>	+00:17:41 (48.5%)	7:18	8.2 (51.3%)
182	<b>HARWAT Katarzyna</b>	<b>58</b>	PARKRUN SZCZECIN	K Open	93	00:00:21	<b>00:36:45.15</b>	<b>00:37:06.50</b>	+00:17:56 (48.8%)	7:21	8.2 (51.3%)
183	<b>GÓRA Agnieszka</b>	<b>298</b>		K Open	94	00:00:25	<b>00:36:50.70</b>	<b>00:37:16.15</b>	+00:18:02 (49.0%)	7:22	8.1 (50.6%)
184	<b>CYBULSKA Aleksandra</b>	<b>25</b>		K Open	95	00:00:22	<b>00:37:11.50</b>	<b>00:37:33.75</b>	+00:18:23 (49.4%)	7:26	8.1 (50.6%)
185	<b>KLEPINOWSKA Natalia</b>	<b>79</b>		K Open	96	00:00:22	<b>00:37:11.55</b>	<b>00:37:33.95</b>	+00:18:23 (49.4%)	7:26	8.1 (50.6%)
186	<b>KOŁTOŃ Sylwia</b>	<b>302</b>		K Open	97	00:00:35	<b>00:37:17.35</b>	<b>00:37:52.80</b>	+00:18:28 (49.6%)	7:27	8 (50.0%)
187	<b>SKUPIŃSKA Agnieszka</b>	<b>209</b>		K Open	98	00:00:06	<b>00:37:27.90</b>	<b>00:37:34.60</b>	+00:18:39 (49.8%)	7:29	8 (50.0%)
188	<b>DZIADOSZ Katarzyna</b>	<b>38</b>		K Open	99	00:00:06	<b>00:37:28.20</b>	<b>00:37:34.65</b>	+00:18:39 (49.8%)	7:29	8 (50.0%)
189	<b>MARGULA-JAŚKOWIAK Dorota</b>	<b>281</b>		K Open	100	00:00:07	<b>00:37:31.60</b>	<b>00:37:39.35</b>	+00:18:43 (49.9%)	7:30	8 (50.0%)
190	<b>ŁUCZYŃSKA Katarzyna</b>	<b>108</b>		K Open	101	00:00:34	<b>00:37:57.15</b>	<b>00:38:31.50</b>	+00:19:08 (50.4%)	7:35	7.9 (49.4%)
191	<b>HERIAN Małgorzata</b>	<b>59</b>		K Open	102	00:00:33	<b>00:37:57.80</b>	<b>00:38:31.65</b>	+00:19:09 (50.5%)	7:35	7.9 (49.4%)
192	<b>DZIĘCIOŁ Kasia</b>	<b>39</b>		K Open	103	00:00:33	<b>00:38:06.20</b>	<b>00:38:39.60</b>	+00:19:17 (50.6%)	7:37	7.9 (49.4%)
193	<b>WIECZOREK Magdalena</b>	<b>249</b>		K Open	104	00:00:20	<b>00:38:15.60</b>	<b>00:38:36.00</b>	+00:19:27 (50.8%)	7:39	7.8 (48.8%)
194	<b>WYSOCKA Izabela</b>	<b>272</b>		K Open	105	00:00:20	<b>00:38:15.65</b>	<b>00:38:36.05</b>	+00:19:27 (50.8%)	7:39	7.8 (48.8%)
195	<b>WIŚNIEWSKA Agnieszka</b>	<b>257</b>	PARKRUN GORZÓW	K Open	106	00:00:21	<b>00:38:16.55</b>	<b>00:38:37.55</b>	+00:19:28 (50.9%)	7:39	7.8 (48.8%)
196	<b>ZIELIŃSKA Weronika</b>	<b>278</b>		K Open	107	00:00:16	<b>00:38:23.85</b>	<b>00:38:40.35</b>	+00:19:35 (51.0%)	7:40	7.8 (48.8%)
197	<b>PACH Magdalena</b>	<b>146</b>		K Open	108	00:00:22	<b>00:38:46.00</b>	<b>00:39:08.40</b>	+00:19:57 (51.5%)	7:45	7.7 (48.1%)
198	<b>BRZESKA Magdalena</b>	<b>17</b>		K Open	109	00:00:17	<b>00:38:47.40</b>	<b>00:39:04.45</b>	+00:19:58 (51.5%)	7:45	7.7 (48.1%)
199	<b>WASYLÓW Katarzyna</b>	<b>247</b>		K Open	110	00:00:35	<b>00:38:52.65</b>	<b>00:39:27.90</b>	+00:20:04 (51.6%)	7:46	7.7 (48.1%)
200	<b>MAHACZEK Karolina</b>	<b>112</b>		K Open	111	00:00:07	<b>00:38:53.15</b>	<b>00:39:01.05</b>	+00:20:04 (51.6%)	7:46	7.7 (48.1%)
201	<b>MEDZIŃSKI Dariusz</b>	<b>284</b>		M Open	90	00:00:02	<b>00:38:57.65</b>	<b>00:39:00.35</b>	+00:20:09 (51.7%)	7:47	7.7 (48.1%)
202	<b>WIKTOROWSKA Katarzyna</b>	<b>254</b>		K Open	112	00:00:29	<b>00:38:57.70</b>	<b>00:39:26.95</b>	+00:20:09 (51.7%)	7:47	7.7 (48.1%)
203	<b>MEDZIŃSKA Małgorzata</b>	<b>285</b>		K Open	113	00:00:01	<b>00:38:58.20</b>	<b>00:39:00.05</b>	+00:20:09 (51.7%)	7:47	7.7 (48.1%)
204	<b>MAJCHEREK Paulina</b>	<b>114</b>		K Open	114	00:00:30	<b>00:39:03.40</b>	<b>00:39:33.75</b>	+00:20:14 (51.8%)	7:48	7.7 (48.1%)
205	<b>PIONTKE Jakub</b>	<b>292</b>		M Open	91	00:00:00	<b>00:39:08.75</b>	<b>00:39:08.75</b>	+00:20:20 (52.0%)	7:49	7.7 (48.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
206	<b>SZURA Wojciech</b>	<b>226</b>		M Open	92	00:00:54	<b>00:39:11.60</b>	<b>00:40:05.65</b>	+00:20:23 (52.0%)	7:50	7.7 (48.1%)
207	<b>TEODORCZUK Dorota</b>	<b>301</b>		K Open	115	00:00:53	<b>00:39:11.75</b>	<b>00:40:05.45</b>	+00:20:23 (52.0%)	7:50	7.7 (48.1%)
208	<b>O-Z Iza</b>	<b>145</b>		K Open	116	00:00:13	<b>00:39:21.75</b>	<b>00:39:35.20</b>	+00:20:33 (52.2%)	7:52	7.6 (47.5%)
209	<b>WŚCISEŁ Karolina</b>	<b>271</b>		K Open	117	00:00:30	<b>00:39:33.75</b>	<b>00:40:04.55</b>	+00:20:45 (52.5%)	7:54	7.6 (47.5%)
210	<b>BALICKA Wioletta</b>	<b>2</b>	WIECZORNE BIEGANIE W SZCZECINIE	K Open	118	00:00:23	<b>00:40:06.15</b>	<b>00:40:29.90</b>	+00:21:17 (53.1%)	8:01	7.5 (46.9%)
211	<b>ŻACZYŃSKA Agnieszka</b>	<b>279</b>		K Open	119	00:00:16	<b>00:40:07.80</b>	<b>00:40:23.80</b>	+00:21:19 (53.1%)	8:01	7.5 (46.9%)
212	<b>JANKOWSKI Michał</b>	<b>66</b>		M Open	93	00:00:06	<b>00:40:42.40</b>	<b>00:40:48.90</b>	+00:21:53 (53.8%)	8:08	7.4 (46.3%)
213	<b>WŁODARCZYK Anna</b>	<b>261</b>		K Open	120	00:00:05	<b>00:41:35.45</b>	<b>00:41:41.15</b>	+00:22:46 (54.8%)	8:19	7.2 (45.0%)
214	<b>WIŚNIEWSKA Paulina</b>	<b>258</b>		K Open	121	00:00:05	<b>00:41:35.95</b>	<b>00:41:41.65</b>	+00:22:47 (54.8%)	8:19	7.2 (45.0%)
215	<b>GRZYWACZ Małgorzata</b>	<b>55</b>		K Open	122	00:00:06	<b>00:42:12.90</b>	<b>00:42:19.25</b>	+00:23:24 (55.4%)	8:26	7.1 (44.4%)
216	<b>BANASIAK Andrzej</b>	<b>4</b>		M Open	94	00:00:06	<b>00:42:13.15</b>	<b>00:42:19.25</b>	+00:23:24 (55.5%)	8:26	7.1 (44.4%)
217	<b>FUTYMA Karolina</b>	<b>47</b>		K Open	123	00:00:00	<b>00:42:31.10</b>	<b>00:42:31.10</b>	+00:23:42 (55.8%)	8:30	7.1 (44.4%)
218	<b>GAPINSKI Rafal</b>	<b>49</b>		M Open	95	00:00:37	<b>00:43:14.90</b>	<b>00:43:52.60</b>	+00:24:26 (56.5%)	8:38	6.9 (43.1%)
219	<b>KAMER Lucyna</b>	<b>70</b>	RAZ	K Open	124	00:00:13	<b>00:43:16.00</b>	<b>00:43:29.95</b>	+00:24:27 (56.5%)	8:39	6.9 (43.1%)
220	<b>RUMOWSKA Agnieszka</b>	<b>185</b>		K Open	125	00:00:13	<b>00:43:16.30</b>	<b>00:43:29.80</b>	+00:24:27 (56.5%)	8:39	6.9 (43.1%)
221	<b>GUBERNIAK Andrzej</b>	<b>56</b>	TURKEYS TEAM	M Open	96	00:00:29	<b>00:43:40.55</b>	<b>00:44:10.20</b>	+00:24:52 (56.9%)	8:44	6.9 (43.1%)
222	<b>WOJTAT Halina</b>	<b>264</b>		K Open	126	00:00:32	<b>00:43:56.95</b>	<b>00:44:29.25</b>	+00:25:08 (57.2%)	8:47	6.8 (42.5%)
223	<b>TADYCH Beata</b>	<b>234</b>		K Open	127	00:01:25	<b>00:44:07.75</b>	<b>00:45:33.25</b>	+00:25:19 (57.4%)	8:49	6.8 (42.5%)
224	<b>MIŚKIEWICZ Iwona</b>	<b>128</b>		K Open	128	00:22:35	<b>00:44:56.45</b>	<b>01:07:31.45</b>	+00:26:07 (58.1%)	8:59	6.7 (41.9%)
225	<b>PARCHIMOWICZ Janusz</b>	<b>149</b>		M Open	97	00:00:28	<b>00:46:25.10</b>	<b>00:46:53.50</b>	+00:27:36 (59.5%)	9:17	6.5 (40.6%)
226	<b>SIKORA Magdalena</b>	<b>202</b>		K Open	129	00:00:26	<b>00:46:27.35</b>	<b>00:46:53.35</b>	+00:27:38 (59.5%)	9:17	6.5 (40.6%)
227	<b>PŁOSA Monika</b>	<b>163</b>		K Open	130	00:00:29	<b>00:46:31.45</b>	<b>00:47:01.20</b>	+00:27:42 (59.6%)	9:18	6.4 (40.0%)
228	<b>WASIELEWSKA Katarzyna</b>	<b>245</b>		K Open	131	00:00:31	<b>00:46:48.70</b>	<b>00:47:19.80</b>	+00:28:00 (59.8%)	9:21	6.4 (40.0%)
229	<b>WASIELEWSKI Mariusz</b>	<b>246</b>		M Open	98	00:00:31	<b>00:46:51.25</b>	<b>00:47:22.35</b>	+00:28:02 (59.9%)	9:22	6.4 (40.0%)
230	<b>LITWINIAK Izabela</b>	<b>105</b>		K Open	132	00:00:28	<b>00:47:24.15</b>	<b>00:47:52.80</b>	+00:28:35 (60.3%)	9:28	6.3 (39.4%)
231	<b>SZUBERT ADAMSKA Ewelina</b>	<b>225</b>		K Open	133	00:00:29	<b>00:48:37.40</b>	<b>00:49:07.10</b>	+00:29:48 (61.3%)	9:43	6.2 (38.8%)
232	<b>REĆKO Magda</b>	<b>180</b>		K Open	134	00:00:23	<b>00:48:42.25</b>	<b>00:49:05.90</b>	+00:29:53 (61.4%)	9:44	6.2 (38.8%)
233	<b>WIOLETA REĆKO Wioleta</b>	<b>255</b>		K Open	135	00:00:24	<b>00:48:42.70</b>	<b>00:49:06.85</b>	+00:29:54 (61.4%)	9:44	6.2 (38.8%)
234	<b>MALINOWSKA-WASILUK Agnieszka</b>	<b>117</b>	MATKI-WARIATKI	K Open	136	00:00:14	<b>00:48:43.35</b>	<b>00:48:58.25</b>	+00:29:54 (61.4%)	9:44	6.2 (38.8%)
235	<b>JEDRULAK Katarzyna</b>	<b>68</b>	TELERANEK	K Open	137	00:00:32	<b>00:54:05.05</b>	<b>00:54:37.85</b>	+00:35:16 (65.2%)	10:49	5.5 (34.4%)
236	<b>WŁADKOWSKA Agnieszka</b>	<b>260</b>		K Open	138	00:00:17	<b>00:54:32.80</b>	<b>00:54:50.55</b>	+00:35:44 (65.5%)	10:54	5.5 (34.4%)
237	<b>NIEDŹWIECKI Paweł</b>	<b>138</b>	PRZĘSOCIN NA PROGRAMIE PANI FUTYMKA	M Open	99	00:00:28	<b>00:55:13.70</b>	<b>00:55:42.35</b>	+00:36:25 (65.9%)	11:02	5.4 (33.8%)
238	<b>NIEDŹWIECKA Katarzyna</b>	<b>137</b>		K Open	139	00:00:29	<b>00:59:16.40</b>	<b>00:59:45.65</b>	+00:40:27 (68.3%)	11:51	5.1 (31.9%)

Znaleziono 238 wynik(ów)