

V BIEG PRZEŁAJOWY MARYNARSKA DYCHA - NORDIC WALKING - 5 KM

B4SPORT

Wydarzenie: V BIEG PRZEŁAJOWY MARYNARSKA DYCHA im. admirała floty Andrzeja KARWETY
Organizator: CENTRUM SZKOLENIA MARYNARKI WOJENNEJ (CSMW)
Data: 2020-09-26
Miejsce: Ustka
Dystans: 5 km



Klasyfikacja: Wszyscy

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas netto 5km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------------|-------|---------------------------------|-----------|------|----------------|-------------------|--------------|--------------|
| 1 | BRZOZOWSKI Piotr | 232 | AKTYWNI PISTOMINO | M-OPEN | 1 | 00:22:49.65 | | 4:33 | 13.1 (100%) |
| 2 | FRĄCKOWIAK Roman | 227 | | M-OPEN | 2 | 00:23:12.40 | +00:00:22 (1.6%) | 4:38 | 12.9 (98.5%) |
| 3 | FLOREK Michał | 235 | 35 WOG | M-OPEN | 3 | 00:24:37.20 | +00:01:47 (7.3%) | 4:55 | 12.2 (93.1%) |
| 4 | SANIUK Edward | 262 | FACE NORDIC WALKING TEAM | M-OPEN | 4 | 00:25:10.50 | +00:02:20 (9.3%) | 5:02 | 11.9 (90.8%) |
| 5 | OKRZESIK-FRĄCKOWIAK Izabela | 289 | EKSPEDYCJA NORDIC TEAM SZCZECIN | K-OPEN | 1 | 00:26:33.45 | +00:03:43 (14.0%) | 5:18 | 11.3 (86.3%) |
| 6 | RUDNIK Janina | 260 | SP8 SŁUPSK | K-OPEN | 2 | 00:26:50.00 | +00:04:00 (14.9%) | 5:22 | 11.2 (85.5%) |
| 7 | MACIEJEWSKI Tomasz | 249 | NIGHT WOLVES SŁUPSK | M-OPEN | 5 | 00:27:19.00 | +00:04:29 (16.4%) | 5:27 | 11 (84.0%) |
| 8 | GÓRSKA Iwona | 237 | | K-OPEN | 3 | 00:27:46.45 | +00:04:56 (17.8%) | 5:33 | 10.8 (82.4%) |
| 9 | ŁĘCKI Jan | 247 | ELITE TEAM | M-OPEN | 6 | 00:28:19.25 | +00:05:29 (19.4%) | 5:39 | 10.6 (80.9%) |
| 10 | CIESIELSKI Krzysztof | 234 | FAST WALKER | M-OPEN | 7 | 00:28:22.15 | +00:05:32 (19.5%) | 5:40 | 10.6 (80.9%) |
| 11 | HANUSZKIEWICZ Jacek | 238 | | M-OPEN | 8 | 00:28:34.35 | +00:05:44 (20.1%) | 5:42 | 10.5 (80.2%) |
| 12 | LEDZION Robert | 245 | | M-OPEN | 9 | 00:29:18.55 | +00:06:28 (22.1%) | 5:51 | 10.2 (77.9%) |
| 13 | RODZIEWICZ Wioletta | 257 | NZ | K-OPEN | 4 | 00:29:26.45 | +00:06:36 (22.5%) | 5:53 | 10.2 (77.9%) |
| 14 | JARCZEWSKA Renata | 239 | - | K-OPEN | 5 | 00:29:32.45 | +00:06:42 (22.7%) | 5:54 | 10.2 (77.9%) |
| 15 | MACIĄG Zbigniew | 248 | | M-OPEN | 10 | 00:29:51.15 | +00:07:01 (23.5%) | 5:58 | 10.1 (77.1%) |
| 16 | WOŹNIEWSKA Grażyna | 266 | NORDICOWELOVE POLICE | K-OPEN | 6 | 00:30:33.00 | +00:07:43 (25.3%) | 6:06 | 9.8 (74.8%) |
| 17 | PRZYBYŁSKA Aleksandra | 256 | ELITE TEAM | K-OPEN | 7 | 00:30:33.70 | +00:07:44 (25.3%) | 6:06 | 9.8 (74.8%) |
| 18 | STEFAŃSKI Andrzej | 263 | FACE NORDIC WALKING TEAM | M-OPEN | 11 | 00:31:34.70 | +00:08:45 (27.7%) | 6:18 | 9.5 (72.5%) |
| 19 | GÓRSKA Agnieszka | 236 | | K-OPEN | 8 | 00:31:40.60 | +00:08:50 (27.9%) | 6:20 | 9.5 (72.5%) |
| 20 | OSTROWSKA Katarzyna | 250 | | K-OPEN | 9 | 00:32:29.70 | +00:09:40 (29.8%) | 6:29 | 9.2 (70.2%) |
| 21 | OSTROWSKI Krzysztof | 251 | | M-OPEN | 12 | 00:32:29.75 | +00:09:40 (29.8%) | 6:29 | 9.2 (70.2%) |
| 22 | RUDEK Małgorzata | 259 | | K-OPEN | 10 | 00:35:10.65 | +00:12:21 (35.1%) | 7:02 | 8.5 (64.9%) |
| 23 | KULCZYCKI Jan | 243 | | M-OPEN | 13 | 00:35:32.85 | +00:12:43 (35.8%) | 7:06 | 8.4 (64.1%) |
| 24 | RUBAJ Anna | 258 | | K-OPEN | 11 | 00:37:47.10 | +00:14:57 (39.6%) | 7:33 | 7.9 (60.3%) |
| 25 | LEDZION Dagmara | 244 | | K-OPEN | 12 | 00:37:47.45 | +00:14:57 (39.6%) | 7:33 | 7.9 (60.3%) |
| 26 | PIĄTEK Władysława | 253 | | K-OPEN | 13 | 00:37:47.90 | +00:14:58 (39.6%) | 7:33 | 7.9 (60.3%) |

Znaleziono 26 wynik(ów)