



V BIEG RYBAKA - 10 KM

B4SPORT

Wydarzenie: V Bieg Rybaka
Organizator: Stowarzyszenie Sportowe Grupa Biegowa Rundorfina, Gmina Czaplinek
Data: 2022-09-24
Miejsce: Czaplinek
Dystans: 10 km



Klasyfikacja: K-Czaplinek

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | 5km | Czas netto 10km | Różn | Tempo min/km | Tempo km/h |
|-----|------------------------|-------|----------------------|-----------|------|----------|--------------------|-------------------|--------------|--------------|
| 1 | MACIEJEWSKA Katarzyna | 31 | | K18-29 | 1 | 00:24:15 | 00:48:26.50 | | 4:50 | 12.4 (100%) |
| 2 | WOJCIECHOWSKA Wanda | 60 | | K50-59 | 1 | 00:25:16 | 00:51:57.35 | +00:03:31 (6.8%) | 5:11 | 11.5 (92.7%) |
| 3 | MAJŁOWSKA Irena | 34 | TEAM MAJŁOWSCY | K60-69 | 1 | 00:25:49 | 00:52:18.40 | +00:03:55 (7.5%) | 5:13 | 11.5 (92.7%) |
| 4 | WITOLH Grażyna | 148 | TEAM UJŚCIE | K50-59 | 2 | 00:26:06 | 00:52:33.30 | +00:04:14 (8.0%) | 5:15 | 11.4 (91.9%) |
| 5 | MAJŁOWSKI Aleksander | 35 | TEAM MAJŁOWSCY | K70+ | 1 | 00:26:02 | 00:53:00.50 | +00:04:37 (8.7%) | 5:18 | 11.3 (91.1%) |
| 6 | USTJANOWSKA Katarzyna | 56 | | K30-39 | 1 | 00:26:02 | 00:53:07.25 | +00:04:40 (8.8%) | 5:18 | 11.3 (91.1%) |
| 7 | KUROWSKA Olga | 26 | SHELTIES RACE | K40-49 | 1 | 00:27:23 | 00:54:12.35 | +00:05:49 (10.7%) | 5:25 | 11.1 (89.5%) |
| 8 | KLEJDA Agnieszka | 145 | BIEGACZE JÓZEFA NOJI | K30-39 | 2 | 00:28:01 | 00:57:16.70 | +00:08:52 (15.5%) | 5:43 | 10.5 (84.7%) |
| 9 | MACIEJEWSKA Lucyna | 32 | | K50-59 | 3 | 00:27:45 | 00:58:02.35 | +00:09:38 (16.6%) | 5:48 | 10.3 (83.1%) |
| 10 | NATKANIEC Wiesława | 39 | | K50-59 | 4 | 00:29:09 | 00:59:33.70 | +00:11:10 (18.7%) | 5:57 | 10.1 (81.5%) |
| 11 | HEJŁASZ Katarzyna | 18 | | K40-49 | 2 | 00:29:02 | 01:01:09.00 | +00:12:43 (20.8%) | 6:06 | 9.8 (79.0%) |
| 12 | BŁAŻEJCZYK Justyna | 9 | | K40-49 | 3 | 00:30:30 | 01:03:55.05 | +00:15:31 (24.2%) | 6:23 | 9.4 (75.8%) |
| 13 | JARCZEWSKA Renata | 20 | | K50-59 | 5 | 00:31:37 | 01:05:38.40 | +00:17:15 (26.2%) | 6:33 | 9.1 (73.4%) |
| 14 | FRYDRYCHOWICZ Lilianna | 12 | BIEGAJĄCA SENIORKA | K60-69 | 2 | 00:32:27 | 01:07:24.30 | +00:19:00 (28.1%) | 6:44 | 8.9 (71.8%) |
| 15 | SZUTRA Agnieszka | 52 | | K40-49 | 4 | 00:32:27 | 01:07:50.50 | +00:19:27 (28.6%) | 6:47 | 8.8 (71.0%) |

Znaleziono 15 wynik(ów)