

V BIEG RYBAKA - 10 KM

B4SPORT

Wydarzenie: V Bieg Rybaka
Organizator: Stowarzyszenie Sportowe Grupa Biegowa Rundorfina, Gmina Czaplinek
Data: 2022-09-24
Miejsce: Czaplinek
Dystans: 10 km



Klasyfikacja: M-Czaplinek

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	POLAK Szymon	44	BORSUKI	M40-49	1	00:19:21	00:38:49.60		3:52	15.5 (100%)
2	GAŁAŁSKI Piotr	14		M40-49	2	00:19:18	00:39:12.80	+00:00:23 (1.0%)	3:55	15.3 (98.7%)
3	PIŃKOWSKI Jarosław	42	SZKOLA POLUCJI W PILE	M40-49	3	00:19:42	00:40:04.35	+00:01:15 (3.1%)	4:00	15 (96.8%)
4	BŁASZCZYK Piotr	8		M40-49	4	00:20:11	00:41:10.40	+00:02:21 (5.7%)	4:07	14.6 (94.2%)
5	MAKUCH Krzysztof	36	EL TORO DE ORO	M40-49	5	00:21:00	00:42:25.10	+00:03:35 (8.5%)	4:14	14.1 (91.0%)
6	SAWOŚCIANIK Jakub	47	UKS TRAPER ZŁOCINIENIEC	M18-29	1	00:21:00	00:42:34.30	+00:03:46 (8.8%)	4:15	14.1 (91.0%)
7	MAZUR Tomasz	38	I LO SZCZECINEK	M40-49	6	00:21:50	00:43:29.25	+00:04:42 (10.8%)	4:20	13.8 (89.0%)
8	CHUPTYŚ Adrian	93	RUNDORFINA	M40-49	7	00:21:13	00:44:01.95	+00:05:12 (11.8%)	4:24	13.6 (87.7%)
9	MAŁEK Piotr	37	IRON TEAM BARWICE	M40-49	8	00:21:23	00:44:03.50	+00:05:14 (11.9%)	4:24	13.6 (87.7%)
10	SZYPOSZYŃSKI Kamil	54	UKL FENIKS ŚWIDWIN	M40-49	9	00:21:53	00:44:52.05	+00:06:03 (13.5%)	4:29	13.4 (86.5%)
11	GROCH Piotr	16		M30-39	1	00:22:10	00:45:01.00	+00:06:14 (13.8%)	4:30	13.3 (85.8%)
12	SPRINGER Marcin	140	TEAMDRESS	M40-49	10	00:22:08	00:45:03.20	+00:06:17 (13.9%)	4:30	13.3 (85.8%)
13	KOŁODZIEJCZAK Grzegorz	25		M40-49	11	00:22:22	00:45:20.75	+00:06:36 (14.5%)	4:32	13.2 (85.2%)
14	SUCHANOWSKI Zygmunt	50	RESPECT LOTYŃ	M50-59	1	00:22:03	00:45:38.55	+00:06:50 (15.0%)	4:33	13.1 (84.5%)
15	ZWEJDA Patryk	144	BIEGANIEJUZEFAŃAJ	M40-49	12	00:22:36	00:46:06.05	+00:07:20 (15.9%)	4:36	13 (83.9%)
16	DIBELKA Kamil	11	MIĘCZAKI WOLA CZTEROPAKI	M18-29	2	00:23:36	00:46:16.05	+00:07:28 (16.1%)	4:37	13 (83.9%)
17	SZYMAŃSKI Adam	53	KRÓLICZKI W PLECAKU.	M30-39	2	00:23:02	00:46:35.40	+00:07:46 (16.7%)	4:39	12.9 (83.2%)
18	LEŚNIEWSKI-PARFIANOWICZ Grzegorz	30	SALVAGENTE LEŚNE WILCZE JEDNOROŻCE	M30-39	3	00:22:41	00:46:42.25	+00:07:57 (17.0%)	4:40	12.8 (82.6%)
19	SEROWSKI Łukasz	48	BIEGOLAS KOSZALIN	M30-39	4	00:23:04	00:46:58.55	+00:08:09 (17.4%)	4:41	12.8 (82.6%)
20	GAŁAN Leszek	13		M50-59	2	00:23:28	00:47:16.00	+00:08:28 (17.9%)	4:43	12.7 (81.9%)
21	ARENDARSKI Dariusz	2		M40-49	13	00:22:40	00:47:38.35	+00:08:49 (18.5%)	4:45	12.6 (81.3%)
22	BEDNARSKI Paweł	7	NA PRZYPALE ALBO WCALE!!!	M30-39	5	00:23:43	00:47:41.80	+00:08:54 (18.7%)	4:46	12.6 (81.3%)
23	ADASZYŃSKI Wiesław	1	BIEGOLAS KOSZALIN	M50-59	3	00:23:18	00:48:13.45	+00:09:25 (19.5%)	4:49	12.4 (80.0%)
24	LESZCZEŁOWSKI Piotr	29		M40-49	14	00:24:21	00:48:47.30	+00:10:03 (20.6%)	4:52	12.3 (79.4%)
25	BALCEROWICZ Jarek	4		M50-59	4	00:23:59	00:48:54.95	+00:10:09 (20.7%)	4:53	12.3 (79.4%)
26	SUBERLAK Damian	137	RUNDORFINA	M30-39	6	00:24:16	00:48:50.50	+00:10:09 (20.7%)	4:53	12.3 (79.4%)
27	CHAROWSKI Marcin	40		M40-49	15	00:24:22	00:48:59.25	+00:10:11 (20.8%)	4:53	12.2 (78.7%)

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28	WILIŃSKI Marek	59		M60-69	1	00:25:01	00:50:28.70	+00:11:41 (23.1%)	5:02	11.9 (76.8%)
29	PIETRZAK Marek	41		M40-49	16	00:25:33	00:50:30.70	+00:11:44 (23.2%)	5:03	11.9 (76.8%)
30	JASTROWICZ Maciek	21		M40-49	17	00:24:47	00:50:47.70	+00:12:00 (23.6%)	5:04	11.8 (76.1%)
31	SZCZUKOCKI Marcin	51	TEAM TERMINATORUN	M18-29	3	00:23:49	00:51:24.50	+00:12:37 (24.5%)	5:08	11.7 (75.5%)
32	PONICKI Tomasz	45	TEAM UJŚCIE	M50-59	5	00:25:51	00:52:08.00	+00:13:28 (25.7%)	5:12	11.5 (74.2%)
33	KUROWSKI Marcin	27	SHELTIES RACE	M40-49	18	00:27:22	00:53:52.85	+00:15:09 (28.1%)	5:23	11.1 (71.6%)
34	KOŁAKOWSKI Dariusz	24		M50-59	6	00:27:23	00:55:55.80	+00:17:10 (30.6%)	5:35	10.7 (69.0%)
35	TOSIK Marek	55		M50-59	7	00:28:45	00:56:23.50	+00:17:33 (31.1%)	5:38	10.6 (68.4%)
36	BAK Tomasz	6		M30-39	7	00:26:03	00:56:41.30	+00:17:53 (31.5%)	5:40	10.6 (68.4%)
37	GRZYTEK Marcin	17		M40-49	19	00:29:27	00:56:48.45	+00:18:06 (31.8%)	5:40	10.6 (68.4%)
38	RUŻANOWSKI Wiesław	46		M60-69	2	00:27:14	00:56:56.50	+00:18:08 (31.8%)	5:41	10.5 (67.7%)
39	ARKUSZYŃSKI Dariusz	3		M50-59	8	00:27:15	00:56:56.95	+00:18:08 (31.8%)	5:41	10.5 (67.7%)
40	MACIEJEWSKI Andrzej	33		M50-59	9	00:27:45	00:58:02.60	+00:19:17 (33.2%)	5:48	10.3 (66.5%)
41	POCZĄTEK Michał	43	NIEZRZESZONY	M60-69	3	00:29:41	00:59:24.60	+00:21:05 (35.2%)	5:56	10.1 (65.2%)
42	HELLER Zdzisław	19	HERBMARATONOW.PL	M60-69	4	00:31:35	01:05:53.80	+00:27:11 (41.2%)	6:35	9.1 (58.7%)
43	WIATR Marcin	57	KORONA	M30-39	8	00:33:17	01:09:48.55	+00:31:05 (44.4%)	6:58	8.6 (55.5%)
44	WIATR Tomasz	58		M50-59	10	00:33:17	01:09:49.85	+00:31:06 (44.5%)	6:58	8.6 (55.5%)
	KOCLEJDA Grzegorz	23	RUNDORFINA	M40-49		00:23:04 DNF	DNF	-	-	- (0.0%)

Znaleziono 45 wynik(ów)