

V BIEG RYBAKA - 5 KM

B4SPORT

Wydarzenie: V Bieg Rybaka
Organizator: Stowarzyszenie Sportowe Grupa Biegowa Rundorfina, Gmina Czaplinek
Data: 2022-09-24
Miejsce: Czaplinek
Dystans: 5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	KUŚMIDER Andrzej	28	RUNDORFINA	M30-39	1	00:16:48.15		3:21	17.9 (100%)
2	FILIPOWSKI Dariusz	97	FEHLAU RUN TEAM	M50-59	1	00:17:43.60	+00:00:55 (5.2%)	3:32	16.9 (94.4%)
3	WOJTONISZAK Łukasz	134		M30-39	2	00:17:55.10	+00:01:06 (6.2%)	3:35	16.7 (93.3%)
4	BAZIMIEROWSKI Sylwester	85	STOWARZYSZENIE BIEGACZY GMINY SZYDŁOWO	M50-59	2	00:18:29.45	+00:01:41 (9.1%)	3:41	16.2 (90.5%)
5	KASIELEWSKI Rafał	150	TEAM TERMINATORUN	M18-29	1	00:19:33.05	+00:02:44 (14.0%)	3:54	15.3 (85.5%)
6	CHMIELEWSKI Tomasz	92	VO2 MAX RACING TEAM	M40-49	1	00:19:49.65	+00:03:02 (15.3%)	3:57	15.1 (84.4%)
7	BARAN Krzysztof	149		M30-39	3	00:20:28.70	+00:03:40 (17.9%)	4:05	14.7 (82.1%)
8	KŁUNDUKOWSKA Paulina	108		K30-39	1	00:20:48.20	+00:04:01 (19.3%)	4:09	14.4 (80.4%)
9	BIELAK Tomasz	87		M30-39	4	00:20:58.00	+00:04:09 (19.8%)	4:11	14.3 (79.9%)
10	BIELA Jan	86		M40-49	2	00:21:40.25	+00:04:51 (22.4%)	4:20	13.8 (77.1%)
11	KAPKOWOSKI Paweł	143	EL TORO DE ORO	M30-39	5	00:21:45.10	+00:04:59 (22.9%)	4:21	13.8 (77.1%)
12	WIŚNIEWSKA Magdalena	131		K30-39	2	00:21:49.40	+00:05:02 (23.0%)	4:21	13.8 (77.1%)
13	KATRYCZ Zbigniew	105	STOWARZYSZENIE NASZA ŚWIERCZYNA	M50-59	3	00:22:01.45	+00:05:14 (23.8%)	4:24	13.6 (76.0%)
14	OLKOWSKI Tomasz	119		M30-39	6	00:22:08.40	+00:05:22 (24.2%)	4:25	13.6 (76.0%)
15	BANIA Edward	84		M40-49	3	00:22:11.95	+00:05:31 (24.7%)	4:26	13.5 (75.4%)
16	OGONOWSKI Marek	118	OGON TEAM	M40-49	4	00:22:31.70	+00:05:46 (25.5%)	4:30	13.3 (74.3%)
17	PRECA Maria	122		K40-49	1	00:22:43.35	+00:05:55 (26.0%)	4:32	13.2 (73.7%)
18	OSTROWSKI Marian	189		M60-69	1	00:22:53.75	+00:06:06 (26.6%)	4:34	13.1 (73.2%)
19	HOFFMANN Małgorzata	101	TEAM TERMINATORUN	K18-29	1	00:23:10.40	+00:06:25 (27.6%)	4:38	12.9 (72.1%)
20	KOZIARZ Mirosław	109		M50-59	4	00:23:11.80	+00:06:27 (27.7%)	4:38	12.9 (72.1%)
21	KOZIKOWSKI Paweł	110		M30-39	7	00:23:15.75	+00:06:29 (27.8%)	4:39	12.9 (72.1%)
22	MELON Jacek	115	BIEGAM	M40-49	5	00:23:22.30	+00:06:37 (28.2%)	4:40	12.8 (71.5%)
23	AUGUSTOWSKI Krzysztof	83	STOWARZYSZENIENASZAŚWIERCZYNA	M40-49	6	00:23:30.65	+00:06:46 (28.7%)	4:42	12.8 (71.5%)
24	DŁUGA Magdalena	95	BIEGAM	K30-39	3	00:24:06.50	+00:07:21 (30.4%)	4:49	12.4 (69.3%)
25	GRABCZEWSKA Ewa	99		K30-39	4	00:24:40.25	+00:07:54 (32.0%)	4:56	12.2 (68.2%)
26	WOJTONISZAK Karolina	135		K30-39	5	00:24:59.75	+00:08:11 (32.7%)	4:59	12 (67.0%)
27	GRZYB Magda	191		K30-39	6	00:25:10.45	+00:08:24 (33.3%)	5:02	11.9 (66.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
28	GZUBICKI Piotr	100	EL TORO DE ORO	M40-49	7	00:25:25.15	+00:08:38 (33.9%)	5:05	11.8 (65.9%)
29	BIERNAT Tomasz	88	EL TORO DE ORO	M40-49	8	00:25:29.20	+00:08:41 (34.1%)	5:05	11.8 (65.9%)
30	MAKUCH Katarzyna	114	EL TORO DE ORO	K40-49	2	00:25:29.35	+00:08:42 (34.1%)	5:05	11.8 (65.9%)
31	ROGOWSKI Szymon	124	ROGAL TEAM	M15-17	1	00:25:33.20	+00:08:50 (34.4%)	5:06	11.7 (65.4%)
32	RUDZIŃSKI Józef	125		M60-69	2	00:25:36.95	+00:08:51 (34.5%)	5:07	11.7 (65.4%)
33	ANTONIAK Krzysztof	81		M40-49	9	00:25:46.55	+00:09:02 (34.9%)	5:09	11.6 (64.8%)
34	ZIMNICKI Tomasz	136		M30-39	8	00:25:42.50	+00:09:02 (34.9%)	5:08	11.7 (65.4%)
35	ROGOWSKI Kamil	123	ROGAL TEAM	M40-49	10	00:25:51.80	+00:09:09 (35.2%)	5:10	11.6 (64.8%)
36	HELLER Mateusz	22		M30-39	9	00:26:01.95	+00:09:21 (35.7%)	5:12	11.5 (64.2%)
37	LUTYŃSKA Ewa	96	EL TORO DE ORO	K40-49	3	00:26:10.75	+00:09:23 (35.8%)	5:14	11.5 (64.2%)
38	ŁUCZEJKO Sławomir	113		M50-59	5	00:26:19.00	+00:09:34 (36.3%)	5:15	11.4 (63.7%)
39	KRYŃSKI Adam	111		M40-49	11	00:26:24.25	+00:09:37 (36.4%)	5:16	11.4 (63.7%)
40	WOJDAN Iwona	133	RUNDORFINA	K30-39	7	00:26:24.30	+00:09:37 (36.4%)	5:16	11.4 (63.7%)
41	KILIJĄSKI Andrzej	106		M40-49	12	00:26:26.05	+00:09:41 (36.5%)	5:17	11.3 (63.1%)
42	KACZOR Sławomir	104		M40-49	13	00:26:42.55	+00:09:57 (37.2%)	5:20	11.2 (62.6%)
42	SŁOMKA Maciej	190		M50-59	6	00:26:42.55	+00:09:57 (37.2%)	5:20	11.2 (62.6%)
44	RYNKIEWICZ Piotr	126	TB WALDEK	M40-49	14	00:27:41.15	+00:10:56 (39.4%)	5:32	10.8 (60.3%)
45	WAŚNIEWSKI Arek	130	RUNDORFINA CZAPLINEK	M50-59	7	00:27:40.45	+00:10:59 (39.5%)	5:32	10.8 (60.3%)
46	BUTOWICZ Adam	91		M60-69	3	00:27:56.70	+00:11:13 (40.0%)	5:35	10.7 (59.8%)
47	OGONOWSKA Anna	116	OGON TEAM	K15-17	1	00:28:01.25	+00:11:15 (40.1%)	5:36	10.7 (59.8%)
48	OGONOWSKA Renata	117		K15-17	2	00:28:01.15	+00:11:16 (40.1%)	5:36	10.7 (59.8%)
49		139				00:28:11.40	+00:11:30 (40.6%)	5:38	10.6 (59.2%)
50	CZECH Agnieszka	142		K40-49	4	00:28:57.35	+00:12:10 (42.0%)	5:47	10.4 (58.1%)
51	JAROSZEWICZ Joanna	103		K40-49	5	00:29:14.50	+00:12:27 (42.5%)	5:50	10.3 (57.5%)
52	KUŚMIDER Katarzyna	112	RUNDORFINA	K30-39	8	00:29:38.30	+00:12:55 (43.4%)	5:55	10.1 (56.4%)
53	PONICKA Izabela	120	TEAM UJŚCIE	K40-49	6	00:29:34.35	+00:12:57 (43.5%)	5:54	10.1 (56.4%)
54	ANTONIAK Justyna	82		K30-39	9	00:30:09.60	+00:13:24 (44.3%)	6:01	10 (55.9%)
55	PORĘBSKA Karolina	121		K18-29	2	00:30:27.35	+00:13:44 (44.9%)	6:05	9.9 (55.3%)
56	JANISZEWSKA Karolina	102		K30-39	10	00:30:28.10	+00:13:45 (45.0%)	6:05	9.8 (54.7%)
57	CZEREŚNIAK Iwona	94		K50-59	1	00:30:54.00	+00:14:10 (45.7%)	6:10	9.7 (54.2%)
58	SUCHANOWSKA Anna	127	RESPECT LOTYŃ	K50-59	2	00:30:54.90	+00:14:11 (45.7%)	6:10	9.7 (54.2%)
59	WAŚNIEWSKA Ewa	129	RUNDORFINA CZAPLINEK	K40-49	7	00:31:47.15	+00:15:05 (47.3%)	6:21	9.4 (52.5%)
60	KILIJĄSKI Ewa	107		K30-39	11	00:32:11.40	+00:15:27 (47.8%)	6:26	9.3 (52.0%)
61	DOWAŃSKA Marzena	146		K40-49	8	00:35:15.00	+00:18:30 (52.4%)	7:03	8.5 (47.5%)
62	SZCZERBIŃSKA Barbara	128	-	K60-69	1	00:38:23.85	+00:21:42 (56.3%)	7:40	7.8 (43.6%)

Znaleziono 62 wynik(ów)