



V BIEG RYBAKA - NW 5 KM

B4SPORT

Event: V Bieg Rybaka
Organiser: Stowarzyszenie Sportowe Grupa Biegowa Rundorfina, Gmina Czaplinek
Date: 2022-09-24
Place: Czaplinek
Distance: 5 km



Classification: All

Place	Participant	Number	Club	Category	MCat	Net time 5km	Gap	Pace min/km	Pace km/h
1	JAKIMIEC Tadeusz	161	KLUB SPORTOWY HUSARIA SZCZECINEK	M50-59	1	00:30:35.10		6:07	9.8 (100%)
2	POŁUBIAK Paweł	147		M30-39	1	00:32:42.35	+00:01:00 (3.0%)	6:32	9.2 (93.9%)
3	WOJTCZAK Roman	138	LECH CZAPLINEK	M40-49	1	00:33:07.20	+00:02:31 (7.3%)	6:37	9.1 (92.9%)
4	WOJTCZAK Urszula	183	CZAPELKI	K40-49	1	00:33:16.75	+00:02:40 (7.7%)	6:39	9 (91.8%)
5	LENARTOWICZ Stanisław	168		M60-69	1	00:34:15.00	+00:03:39 (10.2%)	6:51	8.8 (89.8%)
6	KNITTER Monika	164		K30-39	1	00:36:44.30	+00:06:08 (16.0%)	7:20	8.2 (83.7%)
7	MAŁYSZEWICZ Andrzej	171		M50-59	2	00:37:15.00	+00:06:39 (17.2%)	7:27	8.1 (82.7%)
8	NIEDŹWIEDŹ Ewa	175	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	K60-69	1	00:37:48.45	+00:07:12 (18.3%)	7:33	7.9 (80.6%)
9	MISZAŁOWSKA Barbara	174		K40-49	2	00:38:31.65	+00:07:56 (19.8%)	7:42	7.8 (79.6%)
10	ŁOPIŃSKI Aleksy	141		M70+	1	00:38:36.65	+00:08:00 (19.9%)	7:43	7.8 (79.6%)
11	WINNICKA Katarzyna	179		K30-39	2	00:39:25.55	+00:08:51 (21.6%)	7:53	7.6 (77.6%)
12	MAŁYSZEWICZ Teresa	170		K50-59	1	00:39:40.55	+00:09:04 (22.0%)	7:56	7.6 (77.6%)
13	FURMAN Bożena	155	BŁYSKAWICE T.W. TEAM KALISZ POMORSKI	K40-49	3	00:40:25.20	+00:09:51 (23.5%)	8:05	7.4 (75.5%)
14	HRYBOWICZ Joanna	159		K40-49	4	00:40:34.40	+00:09:59 (23.7%)	8:06	7.4 (75.5%)
15	WITCZAK Dorota	181	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	K50-59	2	00:42:11.25	+00:10:10 (24.0%)	8:26	7.1 (72.4%)
16	DZIĘCIOŁ Anna	154		K40-49	5	00:40:49.30	+00:10:14 (24.2%)	8:09	7.3 (74.5%)
17	WIŚNIK Agnieszka	180	KIJKIŻANKI SZCZECINEK	K40-49	6	00:42:51.00	+00:12:17 (27.7%)	8:34	7 (71.4%)
18	MICHALSKA Małgorzata	172	KIJKIŻANKI SZCZECINEK	K50-59	3	00:42:51.20	+00:12:17 (27.7%)	8:34	7 (71.4%)
19	ILCZYSZYN Magdalena	160	BŁYSKAWICE T.W. TEAM KALISZ POMORSKI	K40-49	7	00:43:05.80	+00:12:31 (28.0%)	8:37	7 (71.4%)
20	MIKA Małgorzata	173		K40-49	8	00:43:06.25	+00:12:32 (28.0%)	8:37	7 (71.4%)
21	MAĆKOWSKA Anna	169	BŁYSKAWICE N.W. TEAM KALISZ POMORSKI	K40-49	9	00:43:18.35	+00:12:43 (28.3%)	8:39	6.9 (70.4%)
22	KOWALSKA Grażyna	166	BŁYSKAWICA N.W TEAM KALISZ POMORSKI	K60-69	2	00:43:21.40	+00:12:45 (28.4%)	8:40	6.9 (70.4%)
23	DERKACZ Renata	152	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	K40-49	10	00:44:06.45	+00:13:33 (29.6%)	8:49	6.8 (69.4%)
24	KORZENIOWSKA Karolina	165		K30-39	3	00:46:45.65	+00:16:11 (33.5%)	9:21	6.4 (65.3%)
25	PAJOR Romualda	177		K60-69	3	00:47:14.20	+00:16:40 (34.1%)	9:26	6.4 (65.3%)
26	STODULSKA Bogumiła	178	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	K40-49	11	00:49:16.80	+00:18:41 (36.7%)	9:51	6.1 (62.2%)
27	GATTNER Bożena	157		K50-59	4	00:58:38.70	+00:28:06 (46.6%)	11:43	5.1 (52.0%)

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28	GOŁUCKA Urszula	158		K70+	1	00:59:08.70	+00:28:35 (47.1%)	11:49	5.1 (52.0%)

Total 28 results.