



Organizator:
Data:
Miejsce:
Dystans:

V ĆWIERĆMARATON MUZYCZNY 10KM

Stowarzyszenie Klub Biegowy 4 RUN Team Piła
2016-05-01
Piła
10 km

B4SPORT

 **HERKULES**
www.herkules.org.pl

Klasyfikacja: K20

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	1.7km	5.7km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	WENGIEREK Maria	500		K20	1	00:00:10	00:07:40	00:25:08	00:43:26.40	00:43:36.60		4:20	13.8 (100%)
2	KAŻMIERCZAK Julia	205		K20	2	00:00:24	00:07:59	00:26:20	00:44:50.55	00:45:15.45	+00:01:24 (3.1%)	4:29	13.4 (97.1%)
3	SZCZEŚNIAK Anna	461	ŚWIAT BIEGACZA FEHLAU RUN TEAM	K20	3	00:00:03	00:07:37	00:26:51	00:46:35.70	00:46:39.10	+00:03:09 (6.8%)	4:39	12.9 (93.5%)
4	WASZAK Daria	494		K20	4	00:00:11	00:08:15	00:27:54	00:48:15.75	00:48:27.05	+00:04:49 (10.0%)	4:49	12.4 (89.9%)
5	CIBOR Klaudia	68	BODY CHIEF RUNNING TEAM	K20	5	00:00:06	00:07:49	00:27:41	00:48:47.65	00:48:54.35	+00:05:21 (11.0%)	4:52	12.3 (89.1%)
6	ŚCIUBA Anita	479		K20	6	00:00:08	00:08:42	00:29:09	00:49:52.50	00:50:01.00	+00:06:26 (12.9%)	4:59	12 (87.0%)
7	BŁASZCZYK Luiza	41		K20	7	00:00:08	00:08:54	00:30:03	00:52:19.35	00:52:28.00	+00:08:52 (17.0%)	5:14	11.5 (83.3%)
8	CIEMIĘGA Emilia	71	ONIONRUNNERS	K20	8	00:00:16	00:09:20	00:31:37	00:53:52.40	00:54:08.55	+00:10:26 (19.4%)	5:23	11.1 (80.4%)
9	HORNIK Natalia	171		K20	9	00:00:10	00:09:17	00:32:03	00:56:11.35	00:56:21.80	+00:12:44 (22.7%)	5:37	10.7 (77.5%)
10	ZDEBIK Katarzyna	530		K20	10	00:00:17	00:09:39	00:32:49	00:56:39.35	00:56:57.30	+00:13:12 (23.3%)	5:40	10.6 (76.8%)
11	CZAPIEWSKA Paulina	605		K20	11	00:00:13	00:09:53	00:33:03	00:56:54.15	00:57:07.90	+00:13:27 (23.7%)	5:41	10.5 (76.1%)
12	WOJTANIA Aleksandra	507		K20	12	00:00:03	00:09:18	00:32:51	00:57:05.50	00:57:08.50	+00:13:39 (23.9%)	5:42	10.5 (76.1%)
13	PODLECKA Paula	371	LOKATOR NIERUCHOMOŚCI PIŁA	K20	13	00:00:30	00:10:39	00:34:34	00:57:55.85	00:58:25.95	+00:14:29 (25.0%)	5:47	10.4 (75.4%)
14	MAJCHRZAK Daria	288	DZIKIE WIEPRZE	K20	14	00:00:11	00:09:34	00:33:59	00:58:23.40	00:58:35.00	+00:14:57 (25.6%)	5:50	10.3 (74.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	1.7km	5.7km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
15	PRZYTULSKA Agnieszka	387		K20	15	00:00:28	00:09:48	00:32:49	00:58:23.55	00:58:51.65	+00:14:57 (25.6%)	5:50	10.3 (74.6%)
16	STRZELCZYK Natalia	564		K20	16	00:00:17	00:11:12	00:35:35	01:00:09.40	01:00:26.85	+00:16:43 (27.8%)	6:00	10 (72.5%)
17	KĄDZIELA-MROTEK Dobrawa	207		K20	17	00:00:18	00:10:05	00:34:47	01:00:47.15	01:01:05.40	+00:17:20 (28.5%)	6:04	9.9 (71.7%)
18	NOWAK Kasia	328		K20	18	00:00:35	00:11:26	00:37:04	01:01:59.55	01:02:35.00	+00:18:33 (29.9%)	6:12	9.7 (70.3%)
19	WACŁAWIK Agnieszka	488	MAMY-BIEGAMY	K20	19	00:00:27	00:11:31	00:36:51	01:02:03.95	01:02:31.05	+00:18:37 (30.0%)	6:12	9.7 (70.3%)
20	WOLENDER Weronika	509		K20	20	00:00:17	00:10:14	00:35:32	01:02:12.60	01:02:29.70	+00:18:46 (30.2%)	6:13	9.6 (69.6%)
21	GĄSIOROWSKA Natalia	128		K20	21	00:00:27	00:10:56	00:36:39	01:02:21.95	01:02:49.80	+00:18:55 (30.3%)	6:14	9.6 (69.6%)
22	FIGURA Klaudia	113		K20	22	00:00:17	00:10:26	00:35:50	01:02:23.05	01:02:40.95	+00:18:56 (30.4%)	6:14	9.6 (69.6%)
23	SIKORSKA Ewa	426		K20	23	00:00:26	00:10:39	00:36:21	01:02:53.00	01:03:19.15	+00:19:26 (30.9%)	6:17	9.5 (68.8%)
24	JANUSZEWSKA Justyna	184		K20	24	00:00:13	00:11:14	00:36:24	01:03:17.95	01:03:30.95	+00:19:51 (31.4%)	6:19	9.5 (68.8%)
25	ENCMINGER Marta	108	KOBIETY BIEGAJA	K20	25	00:00:13	00:10:46	00:36:34	01:03:58.50	01:04:12.15	+00:20:32 (32.1%)	6:23	9.4 (68.1%)
26	KUJAWSKA Magdalena	256		K20	26	00:00:21	00:11:22	00:37:52	01:04:05.90	01:04:27.10	+00:20:39 (32.2%)	6:24	9.4 (68.1%)
27	BŁASZCZYK Marta	42	RUNNERS OF WAŁCZ	K20	27	00:00:23	00:10:02	00:35:40	01:04:37.45	01:05:01.15	+00:21:11 (32.8%)	6:27	9.3 (67.4%)
28	WAWIERNIA Kamila	497		K20	28	00:00:31	00:11:32	00:38:10	01:06:29.30	01:07:01.00	+00:23:02 (34.7%)	6:39	9 (65.2%)
29	GARBACIK Kasia	124		K20	29	00:00:12	00:11:32	00:38:37	01:07:40.25	01:07:52.80	+00:24:13 (35.8%)	6:46	8.9 (64.5%)
30	OKRUTNA Paula	575		K20	30	00:00:06	00:11:53	00:39:20	01:08:57.60	01:09:04.55	+00:25:31 (37.0%)	6:53	8.7 (63.0%)

Znaleziono 30 wynik(ów)