



Organizator:
Data:
Miejsce:
Dystans:

Stowarzyszenie Klub Biegowy 4 RUN Team Piła
2016-05-01
Piła
10 km

V ĆWIERĆMARATON MUZYCZNY 10KM

B4SPORT



Klasyfikacja: M40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	1.7km	5.7km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	HOFFMAN Aleksander	170	PRECON POLSKA-JASTROWIE	M40	1	00:00:02	00:06:04	00:20:13	00:34:28.25	00:34:30.35		3:26	17.4 (100%)
2	GROMADZIŃSKI Andrzej	156	KPP GNIEZNO	M40	2	00:00:01	00:06:04	00:20:13	00:34:38.00	00:34:39.70	+00:00:09 (0.5%)	3:27	17.3 (99.4%)
3	BUDNIOK Rafał	58	POCZTOWA GRUPA BIEGOWA	M40	3	00:00:02	00:06:37	00:22:05	00:38:15.50	00:38:18.30	+00:03:47 (9.9%)	3:49	15.7 (90.2%)
4	BOSIANEK Rafał	52	4RUN TEM PIŁA	M40	4	00:00:03	00:06:38	00:22:33	00:38:44.95	00:38:48.00	+00:04:16 (11.0%)	3:52	15.5 (89.1%)
5	WESTFAL Jacek	617		M40	5	00:00:02	00:06:50	00:22:53	00:39:19.90	00:39:22.00	+00:04:51 (12.4%)	3:56	15.3 (87.9%)
6	TYLICKI Robert	485	TYLICKITEAM	M40	6	00:00:05	00:06:59	00:22:58	00:39:36.10	00:39:41.65	+00:05:07 (13.0%)	3:57	15.2 (87.4%)
7	MAREK Daniel	295	CYBINA TEAM	M40	7	00:00:04	00:06:56	00:23:00	00:39:40.15	00:39:44.65	+00:05:11 (13.1%)	3:58	15.1 (86.8%)
8	KOWALCZUK Adam	238	TKKF LECH	M40	8	00:00:04	00:07:00	00:22:59	00:39:59.35	00:40:03.35	+00:05:31 (13.8%)	3:59	15 (86.2%)
9	ODWROT Hubert	335	3:33 TEAM	M40	9	00:00:04	00:07:00	00:23:18	00:40:19.10	00:40:24.05	+00:05:50 (14.5%)	4:02	14.9 (85.6%)
10	KRAUSE Robert	250	PRECON POLSKA-JASTROWIE	M40	10	00:00:03	00:06:57	00:23:28	00:40:32.45	00:40:35.95	+00:06:04 (15.0%)	4:03	14.8 (85.1%)
11	CHWALISZ Włodek	67	3:33 TEAM	M40	11	00:00:04	00:07:18	00:23:49	00:40:35.75	00:40:40.65	+00:06:07 (15.1%)	4:03	14.8 (85.1%)
12	FIAŁKOWSKI Krzysztof	112	100 BATALION ŁĄCZNOŚCI	M40	12	00:00:04	00:06:59	00:23:37	00:41:12.50	00:41:17.25	+00:06:44 (16.3%)	4:07	14.6 (83.9%)
13	NOWACKI Piotr	322	KOLARZ.PL	M40	13	00:00:06	00:07:15	00:23:57	00:41:14.85	00:41:21.35	+00:06:46 (16.4%)	4:07	14.5 (83.3%)
14	GAWLIŃSKI Grzegorz	127	MZK-PIŁA	M40	14	00:00:03	00:07:25	00:24:22	00:41:42.55	00:41:45.75	+00:07:14 (17.4%)	4:10	14.4 (82.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	1.7km	5.7km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
15	OCHNIO Ryszard	334	POLONIA JASTROWIE PRECON POLSKA JASTROWIE	M40	15	00:00:03	00:07:10	00:24:16	00:41:46.25	00:41:49.65	+00:07:18 (17.5%)	4:10	14.4 (82.8%)
16	PELICHOWSKI Sławomir	570		M40	16	00:00:02	00:07:04	00:24:18	00:42:07.90	00:42:10.00	+00:07:39 (18.2%)	4:12	14.2 (81.6%)
17	MATUSZCZYK Sławomir	301	LOTNIKMIRESTAL MIROSŁAWIEC	M40	17	00:00:01	00:06:57	00:24:07	00:42:35.20	00:42:37.10	+00:08:06 (19.1%)	4:15	14.1 (81.0%)
18	BALCEROWICZ Jarosław	26	4RUN TEAM PIŁA	M40	18	00:00:09	00:07:28	00:24:46	00:42:35.85	00:42:45.00	+00:08:07 (19.1%)	4:15	14.1 (81.0%)
19	ZYGMUNT Marcin	539	PZU SPORT TEAM	M40	19	00:00:08	00:07:42	00:25:09	00:43:03.65	00:43:12.40	+00:08:35 (19.9%)	4:18	13.9 (79.9%)
20	WARCHULSKI Tomasz	493	12 BBSP	M40	20	00:00:06	00:06:52	00:23:58	00:43:03.80	00:43:09.85	+00:08:35 (20.0%)	4:18	13.9 (79.9%)
21	BARTKOWIAK Dawid	31	BIURO RACHUNKOWE TRADEMARK D.B.	M40	21	00:00:07	00:07:40	00:25:29	00:43:12.35	00:43:19.65	+00:08:44 (20.2%)	4:19	13.9 (79.9%)
22	PUCHAŁA Sławomir	550	BLUE TEAM PIŁA	M40	22	00:00:07	00:07:13	00:24:37	00:43:26.60	00:43:34.20	+00:08:58 (20.7%)	4:20	13.8 (79.3%)
23	MATUSZAK Piotr	300	RUNNERS OF WAŁCZ	M40	23	00:00:16	00:07:52	00:25:46	00:43:27.90	00:43:44.55	+00:08:59 (20.7%)	4:20	13.8 (79.3%)
24	GIEDRYS Wojtek	134	3:33 TEAM	M40	24	00:00:05	00:07:25	00:24:44	00:43:33.15	00:43:38.70	+00:09:04 (20.9%)	4:21	13.8 (79.3%)
25	KOSTRZEWA Mariusz	235		M40	25	00:00:16	00:07:49	00:25:14	00:43:38.15	00:43:54.45	+00:09:09 (21.0%)	4:21	13.8 (79.3%)
26	PABICH Krzysztof	230	4 RUN TEAM PIŁA	M40	26	00:00:07	00:08:01	00:26:01	00:43:40.90	00:43:48.80	+00:09:12 (21.1%)	4:22	13.7 (78.7%)
27	MISIAK Tomasz	305	GWARDIA OLD BOY	M40	27	00:00:02	00:07:31	00:25:23	00:43:43.35	00:43:46.15	+00:09:15 (21.2%)	4:22	13.7 (78.7%)
28	ADAMCZEWSKI Cezary	11		M40	28	00:00:05	00:07:44	00:25:29	00:43:54.25	00:43:59.80	+00:09:26 (21.5%)	4:23	13.7 (78.7%)
29	CIOZDA Mariusz	75		M40	29	00:00:05	00:07:32	00:25:17	00:44:03.55	00:44:09.00	+00:09:35 (21.8%)	4:24	13.6 (78.2%)
30	LISTOSZ Piotr	274		M40	30	00:00:07	00:07:42	00:25:56	00:44:28.85	00:44:36.40	+00:10:00 (22.5%)	4:26	13.5 (77.6%)
31	JĄKALSKI Marcin	187	HSHG	M40	31	00:00:09	00:07:50	00:25:48	00:44:40.55	00:44:50.15	+00:10:12 (22.8%)	4:28	13.4 (77.0%)
32	SZYMCZAK Jacek	478		M40	32	00:00:03	00:07:18	00:25:39	00:44:49.80	00:44:53.10	+00:10:21 (23.1%)	4:29	13.4 (77.0%)
33	SZNAJDER Maciej	468	KGB GRZMOT KOMORNIKI	M40	33	00:00:04	00:07:43	00:25:55	00:44:52.35	00:44:57.30	+00:10:24 (23.2%)	4:29	13.4 (77.0%)
34	KONDERA Zbigniew	228		M40	34	00:00:06	00:07:32	00:25:43	00:44:53.60	00:44:59.75	+00:10:25 (23.2%)	4:29	13.4 (77.0%)
35	PAWŁOWSKI Rafał	354		M40	35	00:00:14	00:07:47	00:26:00	00:45:00.05	00:45:14.80	+00:10:31 (23.4%)	4:30	13.3 (76.4%)
36	GRANOPS Przemysław	151		M40	36	00:00:09	00:07:50	00:26:12	00:45:02.35	00:45:12.05	+00:10:34 (23.5%)	4:30	13.3 (76.4%)
37	GROCHOWSKI Krystian	155		M40	37	00:00:09	00:07:36	00:26:00	00:45:05.75	00:45:15.05	+00:10:37 (23.6%)	4:30	13.3 (76.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	1.7km	5.7km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
38	RUDŹ Przemysław	587		M40	38	00:00:07	00:07:53	00:26:43	00:45:20.60	00:45:28.20	+00:10:52 (24.0%)	4:32	13.2 (75.9%)
39	SZCZECIŃSKI Mariusz	458	MARIO	M40	39	00:00:10	00:08:13	00:27:14	00:45:27.30	00:45:37.40	+00:10:59 (24.2%)	4:32	13.2 (75.9%)
40	SIKORA Waldemar	425		M40	40	00:00:12	00:08:42	00:27:29	00:45:38.80	00:45:51.50	+00:11:10 (24.5%)	4:33	13.1 (75.3%)
41	PIECZYŃSKI Robert	363		M40	41	00:00:10	00:07:51	00:26:10	00:45:46.20	00:45:56.65	+00:11:17 (24.7%)	4:34	13.1 (75.3%)
42	KMIEĆ Damian	220		M40	42	00:00:02	00:07:30	00:26:07	00:45:59.20	00:46:02.00	+00:11:30 (25.0%)	4:36	13 (74.7%)
43	KRAJEWSKI Tomasz	249		M40	43	00:00:09	00:07:51	00:26:19	00:46:05.95	00:46:15.85	+00:11:37 (25.2%)	4:36	13 (74.7%)
44	MLECZAK Artur	306	KGB GRZMOT KOMORNIKI	M40	44	00:00:06	00:07:45	00:26:34	00:46:24.35	00:46:30.75	+00:11:56 (25.7%)	4:38	12.9 (74.1%)
45	ADAMCZYK Robert	12	RUNNERS OF WAŁCZ	M40	45	00:00:16	00:08:08	00:26:56	00:46:24.60	00:46:40.95	+00:11:56 (25.7%)	4:38	12.9 (74.1%)
46	NAWROT Piotr	316		M40	46	00:00:05	00:07:32	00:26:26	00:46:33.10	00:46:39.00	+00:12:04 (26.0%)	4:39	12.9 (74.1%)
47	KUSZ Radosław	263	KRÓLICZKI W PLECAKU	M40	47	00:00:05	00:08:13	00:27:19	00:46:36.80	00:46:42.15	+00:12:08 (26.0%)	4:39	12.9 (74.1%)
48	RATAJCZYK Grzegorz	396	HEFALUMPY	M40	48	00:00:07	00:08:12	00:27:19	00:46:53.60	00:47:01.20	+00:12:25 (26.5%)	4:41	12.8 (73.6%)
49	RAŹNIAK Mariusz	399	LOKATOR NIERUCHOMOŚCI PIŁA	M40	49	00:00:13	00:08:37	00:27:31	00:46:59.55	00:47:12.75	+00:12:31 (26.6%)	4:41	12.8 (73.6%)
50	MARET Robert	296	LOKATOR NIERUCHOMOŚCI PIŁA	M40	50	00:00:10	00:08:13	00:27:17	00:47:01.40	00:47:11.80	+00:12:33 (26.7%)	4:42	12.8 (73.6%)
51	PIECHOWSKI Krzysztof	362	LOKATOR NIERUCHOMOŚCI PIŁA	M40	51	00:00:10	00:08:14	00:27:17	00:47:35.65	00:47:45.75	+00:13:07 (27.6%)	4:45	12.6 (72.4%)
52	MALICKI Grzegorz	290	KTA PASAT	M40	52	00:00:21	00:08:47	00:27:44	00:47:36.40	00:47:57.75	+00:13:08 (27.6%)	4:45	12.6 (72.4%)
53	JĘŚKO-BIAŁEK Waldemar	191	4RUNTEAM	M40	53	00:00:12	00:08:38	00:27:57	00:47:46.30	00:47:59.00	+00:13:18 (27.8%)	4:46	12.6 (72.4%)
54	FILIPIAK Marek	114		M40	54	00:00:16	00:08:29	00:27:52	00:47:48.65	00:48:05.10	+00:13:20 (27.9%)	4:46	12.5 (71.8%)
55	WYPYCH Marcin	584		M40	55	00:00:08	00:08:07	00:27:40	00:47:52.80	00:48:01.35	+00:13:24 (28.0%)	4:47	12.5 (71.8%)
56	PLEWA Piotr	366		M40	56	00:00:02	00:08:05	00:27:33	00:47:53.60	00:47:56.00	+00:13:25 (28.0%)	4:47	12.5 (71.8%)
57	RATAJCZAK Dariusz	394	NIGHT RUNNERS	M40	57	00:00:06	00:08:15	00:27:45	00:47:55.50	00:48:02.35	+00:13:27 (28.1%)	4:47	12.5 (71.8%)
58	TOJZA Tomasz	483		M40	58	00:00:35	00:09:15	00:29:12	00:47:56.90	00:48:32.10	+00:13:28 (28.1%)	4:47	12.5 (71.8%)
59	MARCHLEWSKI Tomasz	291		M40	59	00:00:13	00:08:43	00:28:37	00:48:38.00	00:48:51.95	+00:14:09 (29.1%)	4:51	12.3 (70.7%)
60	CIEMIĘGA Marcin	72		M40	60	00:00:15	00:08:31	00:28:26	00:48:40.10	00:48:55.75	+00:14:11 (29.2%)	4:52	12.3 (70.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	1.7km	5.7km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
61	NOWACZYK Radosław	323	XAVI MAX ALEX	M40	61	00:00:14	00:08:39	00:28:10	00:48:51.05	00:49:05.55	+00:14:22 (29.4%)	4:53	12.3 (70.7%)
62	BUDZIŃSKI Dariusz	544		M40	62	00:00:18	00:08:46	00:28:33	00:48:53.75	00:49:12.65	+00:14:25 (29.5%)	4:53	12.3 (70.7%)
63	DISTERHEFT Paweł	555		M40	63	00:00:18	00:08:52	00:28:45	00:48:59.25	00:49:17.50	+00:14:31 (29.6%)	4:53	12.2 (70.1%)
64	GÓRNIAK Tomasz	146		M40	64	00:00:09	00:08:37	00:28:39	00:49:33.55	00:49:43.45	+00:15:05 (30.4%)	4:57	12.1 (69.5%)
65	FIAŁKA Maciej	111	LOKATOR NIERUCHOMOŚCI PIŁA	M40	65	00:00:11	00:08:13	00:27:16	00:49:34.30	00:49:45.30	+00:15:06 (30.5%)	4:57	12.1 (69.5%)
66	GRABOWSKI Jerzy	150		M40	66	00:00:12	00:08:55	00:29:14	00:49:36.30	00:49:49.05	+00:15:08 (30.5%)	4:57	12.1 (69.5%)
67	LEMAŃCZYK Zygmunt	614	RUN BYDGOSZCZ	M40	67	00:00:34	00:08:42	00:28:44	00:49:41.40	00:50:16.35	+00:15:13 (30.6%)	4:58	12.1 (69.5%)
68	SZKODA Mariusz	465	3:33 TEAM	M40	68	00:00:31	00:09:21	00:29:33	00:49:49.05	00:50:20.25	+00:15:20 (30.8%)	4:58	12 (69.0%)
69	GOTLIB Ryszard	143		M40	69	00:00:11	00:08:40	00:28:52	00:50:02.25	00:50:14.15	+00:15:34 (31.1%)	5:00	12 (69.0%)
70	WIECZOREK Jarosław	502		M40	70	00:00:13	00:08:26	00:29:05	00:50:39.35	00:50:53.15	+00:16:11 (32.0%)	5:04	11.8 (67.8%)
71	GRZESIAK Jakub	161		M40	71	00:00:17	00:08:57	00:29:16	00:51:16.20	00:51:33.65	+00:16:47 (32.8%)	5:07	11.7 (67.2%)
72	MORAWSKI Adam	308	KB KATORŻNIK MUROWANA GOŚLINA	M40	72	00:00:24	00:09:24	00:30:27	00:51:25.60	00:51:50.15	+00:16:57 (33.0%)	5:08	11.7 (67.2%)
73	BIEDNY Robert	40		M40	73	00:00:25	00:09:04	00:29:44	00:51:28.40	00:51:53.45	+00:17:00 (33.0%)	5:08	11.7 (67.2%)
74	WIECZORKIEWICZ Marcin	568		M40	74	00:00:33	00:09:17	00:29:55	00:51:37.45	00:52:11.10	+00:17:09 (33.2%)	5:09	11.6 (66.7%)
75	WROTEK Artur	514		M40	75	00:00:08	00:08:18	00:29:16	00:51:42.65	00:51:51.45	+00:17:14 (33.3%)	5:10	11.6 (66.7%)
76	LEWKOWICZ Krzysztof	268	HENRY TEAM	M40	76	00:00:20	00:09:14	00:29:50	00:51:57.65	00:52:17.95	+00:17:29 (33.7%)	5:11	11.5 (66.1%)
77	WEINSTOK Robert	499		M40	77	00:00:25	00:09:02	00:30:01	00:52:02.35	00:52:27.95	+00:17:34 (33.8%)	5:12	11.5 (66.1%)
78	DYWIZJUSZ Marek	104	TEAM BIEGOWY SZCZECINEK	M40	78	00:00:11	00:08:55	00:30:01	00:52:14.35	00:52:25.80	+00:17:46 (34.0%)	5:13	11.5 (66.1%)
79	CZARNECKI Paweł	81	LKB LIPA	M40	79	00:00:21	00:09:03	00:30:10	00:52:25.85	00:52:47.05	+00:17:57 (34.3%)	5:14	11.4 (65.5%)
80	RUDNICKI Marcin	401		M40	80	00:00:29	00:09:36	00:30:49	00:52:47.10	00:53:16.15	+00:18:18 (34.7%)	5:16	11.4 (65.5%)
81	KUNOWSKI Krzysztof	258	MORSY POZNAŃ	M40	81	00:00:19	00:09:24	00:30:45	00:53:22.15	00:53:41.60	+00:18:53 (35.4%)	5:20	11.2 (64.4%)
82	SIERHEJ Jarosław	424	RUN 4 IDEA	M40	82	00:00:15	00:09:18	00:31:37	00:53:22.55	00:53:38.45	+00:18:54 (35.4%)	5:20	11.2 (64.4%)
83	PIOTROWSKI Witold	619		M40	83	00:00:20	00:08:58	00:30:26	00:53:39.35	00:53:59.35	+00:19:11 (35.8%)	5:21	11.2 (64.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
						startu	1.7km	5.7km					
84	GRZEŚ Tomasz	162	ATG TEAM	M40	84	00:00:19	00:09:22	00:31:04	00:53:40.45	00:54:00.35	+00:19:12 (35.8%)	5:22	11.2 (64.4%)
85	GLASNER Rafał	597	WEEKENDOWY BIEGACZ	M40	85	00:00:21	00:08:54	00:30:26	00:53:42.75	00:54:04.35	+00:19:14 (35.8%)	5:22	11.2 (64.4%)
86	ARNDT Paweł	20	RRTEAM	M40	86	00:00:22	00:09:30	00:31:42	00:53:49.35	00:54:11.75	+00:19:21 (36.0%)	5:22	11.1 (63.8%)
87	ADAMCZYK Arkadiusz	13	BLUE TIME PIŁA	M40	87	00:00:16	00:09:37	00:31:28	00:54:25.35	00:54:42.15	+00:19:57 (36.7%)	5:26	11 (63.2%)
88	LOREK Karol	275		M40	88	00:00:20	00:10:04	00:32:18	00:55:10.00	00:55:30.90	+00:20:41 (37.5%)	5:31	10.9 (62.6%)
89	PRZYDATEK Jarosław	386	MALLAK	M40	89	00:00:17	00:10:06	00:33:04	00:55:10.60	00:55:28.00	+00:20:42 (37.5%)	5:31	10.9 (62.6%)
90	KLEDZIK Marcin	562	IRON PIŁA	M40	90	00:00:34	00:09:38	00:31:31	00:55:28.00	00:56:02.05	+00:20:59 (37.9%)	5:32	10.8 (62.1%)
91	PRZYBYLSKI Roman	8		M40	91	00:00:32	00:10:00	00:32:10	00:55:28.70	00:56:01.55	+00:21:00 (37.9%)	5:32	10.8 (62.1%)
92	BUNIEWICZ Krzysztof	611		M40	92	00:00:22	00:09:50	00:31:56	00:55:43.70	00:56:06.60	+00:21:15 (38.1%)	5:34	10.8 (62.1%)
93	SZMIŁYK Adam	467	GAZOWNIK TEAM	M40	93	00:00:29	00:09:52	00:32:28	00:55:45.50	00:56:15.15	+00:21:17 (38.2%)	5:34	10.8 (62.1%)
94	KLEDZIK Marcin	213		M40	94	00:00:33	00:09:16	00:32:29	00:55:52.90	00:56:26.60	+00:21:24 (38.3%)	5:35	10.7 (61.5%)
95	NATONIEWSKI Krzysztof	315		M40	95	00:00:17	00:09:33	00:32:32	00:56:07.40	00:56:24.40	+00:21:39 (38.6%)	5:36	10.7 (61.5%)
96	PIOTROWSKI Andrzej	365	IRONPIŁA.PL	M40	96	00:00:22	00:10:18	00:33:20	00:56:22.70	00:56:44.85	+00:21:54 (38.9%)	5:38	10.6 (60.9%)
97	PENKOV Roman	548		M40	97	00:00:19	00:10:02	00:32:35	00:56:59.80	00:57:19.45	+00:22:31 (39.5%)	5:42	10.5 (60.3%)
98	BUCHHOLZ Sławomir	57	PZU SPORT TEAM	M40	98	00:00:34	00:09:23	00:32:30	00:57:00.00	00:57:34.30	+00:22:31 (39.5%)	5:42	10.5 (60.3%)
99	SATERNUS Michał	419		M40	99	00:00:20	00:09:48	00:32:58	00:57:43.40	00:58:03.40	+00:23:15 (40.3%)	5:46	10.4 (59.8%)
100	KOŻŁOWSKI Rafał	248		M40	100	00:00:29	00:10:20	00:33:32	00:57:52.00	00:58:21.35	+00:23:23 (40.4%)	5:47	10.4 (59.8%)
101	PRZYBORSKI Piotr	381	GRUNWALD TEAM POZNAŃ	M40	101	00:00:11	00:10:09	00:33:48	00:58:29.05	00:58:40.45	+00:24:00 (41.1%)	5:50	10.3 (59.2%)
102	HNAT Rafał	169		M40	102	00:00:06	00:08:58	00:32:52	00:58:46.45	00:58:53.15	+00:24:18 (41.4%)	5:52	10.2 (58.6%)
103	SKIBIŃSKI Sławomir	433		M40	103	00:00:13	00:09:53	00:33:00	00:59:02.30	00:59:16.25	+00:24:34 (41.6%)	5:54	10.2 (58.6%)
104	LUDZKOWSKI Andrzej	279	KB KATORŻNIK MUROWANA GOŚLINA	M40	104	00:00:26	00:10:44	00:35:12	01:01:35.25	01:02:01.70	+00:27:07 (44.0%)	6:09	9.7 (55.7%)
105	NOWAK Bartłomiej	324	SAILING TEAM FERAJNA	M40	105	00:00:30	00:10:12	00:34:54	01:02:03.90	01:02:33.90	+00:27:35 (44.5%)	6:12	9.7 (55.7%)
106	RYBARSKI Michał	406		M40	106	00:00:25	00:10:40	00:36:22	01:02:54.10	01:03:19.95	+00:28:25 (45.2%)	6:17	9.5 (54.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	1.7km	5.7km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
107	ADAMCZYK Mirosław	14		M40	107	00:00:33	00:11:20	00:37:21	01:04:20.15	01:04:53.75	+00:29:51 (46.4%)	6:26	9.3 (53.4%)
108	GARBACIK Dariusz	123		M40	108	00:00:12	00:11:33	00:38:38	01:07:40.05	01:07:52.55	+00:33:11 (49.1%)	6:46	8.9 (51.1%)
109	POSZWA Sławomir	561		M40	109	00:00:08	00:09:32	00:36:58	01:08:04.50	01:08:13.05	+00:33:36 (49.4%)	6:48	8.8 (50.6%)
110	WYRWIŃSKI Robert	521		M40	110	00:00:07	00:10:52	00:37:51	01:08:05.40	01:08:12.95	+00:33:37 (49.4%)	6:48	8.8 (50.6%)
111	JANOWICZ Robert	182		M40	111	00:00:35	00:11:59	00:40:41	01:08:50.25	01:09:26.00	+00:34:22 (49.9%)	6:53	8.7 (50.0%)
112	RYCHŁOWSKI Ryszard	408		M40	112	00:00:13	00:10:47	00:39:38	01:09:36.05	01:09:49.40	+00:35:07 (50.5%)	6:57	8.6 (49.4%)

Znaleziono 112 wynik(ów)