



**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

Dziki Weekend 2019  
Stowarzyszenie Klub Biegowy Dzik  
2019-08-18  
Police  
7.5 km

## V EKSTREMALNY DZIKOBIEG

B4SPORT  
INTELEKTNE ZAWODY SPORTOWE

**B4SPORT**  
INTELEKTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Mundurowi	Drużyna Klubu	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
1	SKÓRSKI Łukasz	980		M2 30-39	1				00:51:18.05	00:51:18.05		6:50	8.8 (100%)
2	PAWLISIAK Paweł	347	BBL POLICE	M2 30-39	2				00:52:47.70	00:52:47.70	+00:01:29 (2.8%)	7:02	8.5 (96.6%)
3	PLESNER Krzysztof	1283	JRG3 SZCZECIN	M3 40-49	1	Psp szczecin			00:54:02.55	00:54:02.55	+00:02:44 (5.1%)	7:12	8.3 (94.3%)
4	POKRZYWIŃSKI Zbigniew	208	XRUNNERS	M2 30-39	3	12 bz szczecin		Xrunners	00:56:01.50	00:56:01.50	+00:04:43 (8.4%)	7:28	8 (90.9%)
5	PAWŁOWSKI Kamil	899	OCR TEAM WŁOCŁAWEK	M1 16-29	1			Ocr team włocławek	00:56:09.70	00:56:09.70	+00:04:51 (8.7%)	7:29	8 (90.9%)
6	PRZEMYSŁAWICZ Bartosz	928	WOJSKO POLSKIE/TEAMSZWARC	M1 16-29	2				00:56:34.10	00:56:34.10	+00:05:16 (9.3%)	7:32	8 (90.9%)
7	ZGUTKA Tomasz	1116	HUSARIA RACE TEAM	M3 40-49	2			Husaria race team	00:57:24.75	00:57:24.75	+00:06:06 (10.6%)	7:39	7.8 (88.6%)
8	ADAMSKI Janusz	505	DUOLIFE TEAM	M4 50-59	1			Duolife team	00:59:24.25	00:59:24.25	+00:08:06 (13.6%)	7:55	7.6 (86.4%)
9	DOLEŻEK Krystian	601		M3 40-49	3				00:59:56.30	00:59:56.30	+00:08:38 (14.4%)	7:59	7.5 (85.2%)
10	APIECIONEK Mateusz	510	UKL ÓSEMKA POLICE	M1 16-29	3				01:00:16.00	01:00:16.00	+00:08:57 (14.9%)	8:02	7.5 (85.2%)
11	RUDZIŃSKI Jacek	952	KW PSP SZCZECIN	M4 50-59	2	Psp szczecin			01:00:24.90	01:00:24.90	+00:09:06 (15.1%)	8:03	7.5 (85.2%)
12	KUPIS Hubert	775	AKADEMIA MARYNARKI WOJENNEJ	M1 16-29	4	Akademia marynarki wojennej		Akademia marynarki wojennej	01:01:16.00	01:01:16.00	+00:09:57 (16.3%)	8:10	7.3 (83.0%)
13	ZYCH Krzysztof	1120	TRIUMF SŁAWOBORZE	M2 30-39	4				01:03:11.50	01:03:11.50	+00:11:53 (18.8%)	8:25	7.1 (80.7%)
14	SŁOWIK Jacek	984		M2 30-39	5				01:04:45.30	01:04:45.30	+00:13:27 (20.8%)	8:38	6.9 (78.4%)
15	PAWLAK Bartosz	896	HUSARIA RACE TEAM	M1 16-29	5			Husaria race team	01:04:54.60	01:04:54.60	+00:13:36 (21.0%)	8:39	6.9 (78.4%)
16	GERLICH Michael	637	BRAUNSCHWEIG HASH HOUSE HARRIERS	M4 50-59	3				01:05:00.40	01:05:00.40	+00:13:42 (21.1%)	8:40	6.9 (78.4%)
17	ZYGMUNT Tomasz	1140		M3 40-49	4	Ożw szczecin			01:05:11.20	01:05:11.20	+00:13:53 (21.3%)	8:41	6.9 (78.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
18	<b>GRYGORCEWICZ Jan</b>	<b>654</b>		M4 50-59	4	Morsy Polickie		<b>01:05:41.70</b>	<b>01:05:41.70</b>	+00:14:23 (21.9%)	8:45	6.9 (78.4%)
19	<b>PRZYBYSZ Marcin</b>	<b>930</b>		M2 30-39	6			<b>01:05:56.75</b>	<b>01:05:56.75</b>	+00:14:38 (22.2%)	8:47	6.8 (77.3%)
20	<b>HOŁYŃSKI Leszek</b>	<b>672</b>	WIECZORNE BIEGANIE W SZCZECINIE	M2 30-39	7			<b>01:05:58.15</b>	<b>01:05:58.15</b>	+00:14:40 (22.2%)	8:47	6.8 (77.3%)
21	<b>KORDYS Michał</b>	<b>740</b>	23. BAZA LOTNICTWA TAKTYCZNEGO	M1 16-29	6	23. baza lotnictwa taktycznego	23. baza lotnictwa taktycznego	<b>01:06:56.60</b>	<b>01:06:56.60</b>	+00:15:38 (23.4%)	8:55	6.7 (76.1%)
22	<b>KWIATKOWSKI Kajetan</b>	<b>782</b>	GDAŃSKIE DZIKI	M2 30-39	8			<b>01:07:07.25</b>	<b>01:07:07.25</b>	+00:15:49 (23.6%)	8:56	6.7 (76.1%)
23	<b>ZABOROWSKA Małgorzata</b>	<b>1104</b>	GRARUNNERS/OSP PŁOTY	K2 30-39	1			<b>01:07:18.65</b>	<b>01:07:18.65</b>	+00:16:00 (23.8%)	8:58	6.7 (76.1%)
24	<b>PEDZIWIATR Marek</b>	<b>903</b>		M3 40-49	5			<b>01:07:55.20</b>	<b>01:07:55.20</b>	+00:16:37 (24.5%)	9:03	6.6 (75.0%)
25	<b>DYDEK Edyta</b>	<b>1396</b>	SKB DZIK	K1 16-29	1		Skb dzik	<b>01:08:03.95</b>	<b>01:08:03.95</b>	+00:16:45 (24.6%)	9:04	6.6 (75.0%)
26	<b>GOŁĘBIEWSKI Tomasz</b>	<b>642</b>		M2 30-39	9	Psp szczecin		<b>01:08:11.30</b>	<b>01:08:11.30</b>	+00:16:53 (24.8%)	9:05	6.6 (75.0%)
27	<b>DOLIWKA Kamil</b>	<b>602</b>	KPP WAŁCZ	M2 30-39	10			<b>01:08:14.70</b>	<b>01:08:14.70</b>	+00:16:56 (24.8%)	9:05	6.6 (75.0%)
28	<b>NABRZEWSKI Artur</b>	<b>298</b>		M2 30-39	11			<b>01:08:24.90</b>	<b>01:08:24.90</b>	+00:17:06 (25.0%)	9:07	6.6 (75.0%)
29	<b>WRÓBLEWSKI Michał</b>	<b>1097</b>	GRA RUNNERS	M2 30-39	12			<b>01:08:34.10</b>	<b>01:08:34.10</b>	+00:17:16 (25.2%)	9:08	6.6 (75.0%)
30	<b>SICIŃSKI Damian</b>	<b>377</b>		M1 16-29	7			<b>01:08:49.10</b>	<b>01:08:49.10</b>	+00:17:31 (25.5%)	9:10	6.5 (73.9%)
31	<b>KIEŁBASIEWICZ Dawid</b>	<b>1413</b>	DECATHLON SZCZECIN	M1 16-29	8			<b>01:08:51.85</b>	<b>01:08:51.85</b>	+00:17:33 (25.5%)	9:10	6.5 (73.9%)
32	<b>NIESTEROWICZ Karol</b>	<b>170</b>	TOTAL FUN	M1 16-29	9			<b>01:09:03.00</b>	<b>01:09:03.00</b>	+00:17:44 (25.7%)	9:12	6.5 (73.9%)
33	<b>SZMYCIŃSKI Piotr</b>	<b>376</b>		M1 16-29	10			<b>01:09:25.20</b>	<b>01:09:25.20</b>	+00:18:07 (26.1%)	9:15	6.5 (73.9%)
34	<b>WEŁNA Rafał</b>	<b>807</b>		M1 16-29	11			<b>01:09:33.30</b>	<b>01:09:33.30</b>	+00:18:15 (26.2%)	9:16	6.5 (73.9%)
35	<b>RUDZIŃSKI Jakub</b>	<b>953</b>	SA PSP	M1 16-29	12	Psp szczecin		<b>01:09:40.25</b>	<b>01:09:40.25</b>	+00:18:22 (26.4%)	9:17	6.5 (73.9%)
36	<b>BABKIL Tomasz</b>	<b>187</b>		M3 40-49	6			<b>01:09:54.20</b>	<b>01:09:54.20</b>	+00:18:36 (26.6%)	9:19	6.4 (72.7%)
37	<b>PASIKOWSKI Kamil</b>	<b>1394</b>	SKB DZIK	M1 16-29	13		Skb dzik	<b>01:10:27.70</b>	<b>01:10:27.70</b>	+00:19:09 (27.2%)	9:23	6.4 (72.7%)
38	<b>KOZŁOWSKI Artur</b>	<b>1388</b>		M2 30-39	13			<b>01:10:31.45</b>	<b>01:10:31.45</b>	+00:19:13 (27.3%)	9:24	6.4 (72.7%)
39	<b>SZYPKOWSKI Marek</b>	<b>1027</b>	CHWIRAM	M3 40-49	7			<b>01:10:47.65</b>	<b>01:10:47.65</b>	+00:19:29 (27.5%)	9:26	6.4 (72.7%)
40	<b>OLEJARZ Damian</b>	<b>881</b>		M2 30-39	14			<b>01:10:48.15</b>	<b>01:10:48.15</b>	+00:19:30 (27.5%)	9:26	6.4 (72.7%)
41	<b>WOSZCZYK Sebastian</b>	<b>1088</b>		M3 40-49	8		Dzikie dziki gorzów	<b>01:10:57.90</b>	<b>01:10:57.90</b>	+00:19:39 (27.7%)	9:27	6.3 (71.6%)
42	<b>KRZACZKOWSKA Iwona</b>	<b>761</b>	DZIKI WROCŁAW	K2 30-39	2		Dziki wrocław	<b>01:11:01.40</b>	<b>01:11:01.40</b>	+00:19:43 (27.8%)	9:28	6.3 (71.6%)
43	<b>ŻMUDA Krzysztof</b>	<b>1125</b>	HUSARIA RACE TEAM	M2 30-39	15		Husaria race team	<b>01:11:43.35</b>	<b>01:11:43.35</b>	+00:20:25 (28.5%)	9:33	6.3 (71.6%)
44	<b>DINTER Marcin</b>	<b>317</b>		M1 16-29	14			<b>01:11:57.75</b>	<b>01:11:57.75</b>	+00:20:39 (28.7%)	9:35	6.3 (71.6%)

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45	<b>KATRYCZ Zbigniew</b>	<b>715</b>		M4 50-59	5			<b>01:12:07.45</b>	<b>01:12:07.45</b>	+00:20:49 (28.9%)	9:36	6.2 (70.5%)
46	<b>CYTLOCH Jacek</b>	<b>34</b>		M2 30-39	16			<b>01:13:31.60</b>	<b>01:13:31.60</b>	+00:22:13 (30.2%)	9:48	6.1 (69.3%)
47	<b>RUTKOWSKI Michał</b>	<b>372</b>	SKB DZIK	M3 40-49	9		Skb dzik	<b>01:14:25.25</b>	<b>01:14:25.25</b>	+00:23:07 (31.1%)	9:55	6 (68.2%)
48	<b>OSTOJSKI Ireneusz</b>	<b>889</b>	DLL PARTNERS	M3 40-49	10			<b>01:14:44.30</b>	<b>01:14:44.30</b>	+00:23:26 (31.4%)	9:57	6 (68.2%)
49	<b>MARZEC Karolina</b>	<b>828</b>	DZIKIE DZIKI GORZÓW	K3 40-49	1		Dzikie dziki gorzów	<b>01:14:52.85</b>	<b>01:14:52.85</b>	+00:23:34 (31.5%)	9:58	6 (68.2%)
50	<b>ROZICKI Krzysztof</b>	<b>221</b>	12BZ	M2 30-39	17	3kpzmot/1bpzmot/12bz	3kpzmt/1bpzmt/12bz	<b>01:15:01.30</b>	<b>01:15:01.30</b>	+00:23:43 (31.6%)	10:00	6 (68.2%)
51	<b>JASTRZĘBSKI Daniel</b>	<b>695</b>		M3 40-49	11			<b>01:15:03.45</b>	<b>01:15:03.45</b>	+00:23:45 (31.7%)	10:00	6 (68.2%)
52	<b>PŁAŻAŁSKI Przemysław</b>	<b>203</b>	HUSARIA RACE POLSKA	M2 30-39	18			<b>01:15:09.50</b>	<b>01:15:09.50</b>	+00:23:51 (31.7%)	10:01	6 (68.2%)
53	<b>NEJMAN Marcin</b>	<b>1424</b>		2 Fala	1			<b>01:15:19.60</b>	<b>01:15:19.60</b>	+00:24:01 (31.9%)	10:02	6 (68.2%)
54	<b>PORZYCH Zbigniew</b>	<b>920</b>		M2 30-39	19			<b>01:15:24.95</b>	<b>01:15:24.95</b>	+00:24:06 (32.0%)	10:03	6 (68.2%)
55	<b>KOWAL Tomasz</b>	<b>748</b>		M3 40-49	12			<b>01:15:35.00</b>	<b>01:15:35.00</b>	+00:24:16 (32.1%)	10:04	6 (68.2%)
56	<b>WOŁOSZYN Wojciech</b>	<b>1086</b>		M2 30-39	20		Bk-127	<b>01:15:43.25</b>	<b>01:15:43.25</b>	+00:24:25 (32.3%)	10:05	5.9 (67.0%)
56	<b>KISIEL Łukasz</b>	<b>720</b>		M2 30-39	21		Bk-127	<b>01:15:43.25</b>	<b>01:15:43.25</b>	+00:24:25 (32.3%)	10:05	5.9 (67.0%)
58	<b>POCIERZNICKI Rafał</b>	<b>205</b>	3KPZMOT/1BPZMOT/12BZ	M2 30-39	22	3kpzmot/1bpzmot/12bz	3kpzmt/1bpzmt/12bz	<b>01:15:52.50</b>	<b>01:15:52.50</b>	+00:24:34 (32.4%)	10:06	5.9 (67.0%)
59	<b>ADAMSKA Barbara</b>	<b>503</b>	DUOLIFE TEAM	K1 16-29	2		Duolife team	<b>01:16:34.85</b>	<b>01:16:34.85</b>	+00:25:16 (33.0%)	10:12	5.9 (67.0%)
60	<b>SCHERFENBERG Łukasz</b>	<b>964</b>	ZS ZWYROLE	M2 30-39	23			<b>01:16:57.05</b>	<b>01:16:57.05</b>	+00:25:39 (33.3%)	10:15	5.8 (65.9%)
61	<b>ZELEK Darek</b>	<b>1113</b>		M3 40-49	13			<b>01:17:17.65</b>	<b>01:17:17.65</b>	+00:25:59 (33.6%)	10:18	5.8 (65.9%)
62	<b>GABOR Krzysztof</b>	<b>51</b>		M2 30-39	24			<b>01:17:22.50</b>	<b>01:17:22.50</b>	+00:26:04 (33.7%)	10:18	5.8 (65.9%)
63	<b>SAWICKI Bartosz</b>	<b>963</b>	DZIKIE DZIKI GORZÓW	M1 16-29	15		Dzikie dziki gorzów	<b>01:17:34.20</b>	<b>01:17:34.20</b>	+00:26:16 (33.9%)	10:20	5.8 (65.9%)
64	<b>GIZICKI Tomasz</b>	<b>60</b>	KP PSP POLICE	M1 16-29	16	Kp psp police	Kp psp police	<b>01:17:37.45</b>	<b>01:17:37.45</b>	+00:26:19 (33.9%)	10:20	5.8 (65.9%)
65	<b>KOTYNIA Dawid</b>	<b>113</b>		M2 30-39	25			<b>01:17:40.75</b>	<b>01:17:40.75</b>	+00:26:22 (34.0%)	10:21	5.8 (65.9%)
66	<b>PAWLUK Adrian</b>	<b>368</b>		M1 16-29	17			<b>01:17:43.15</b>	<b>01:17:43.15</b>	+00:26:25 (34.0%)	10:21	5.8 (65.9%)
67	<b>DZIEMECKI Grzegorz</b>	<b>616</b>	SKS HUSARIA	M3 40-49	14		Sks husaria	<b>01:17:47.10</b>	<b>01:17:47.10</b>	+00:26:29 (34.0%)	10:22	5.8 (65.9%)
68	<b>KACZMAREK Maciej</b>	<b>706</b>	BROS TEAM	M1 16-29	18			<b>01:17:50.55</b>	<b>01:17:50.55</b>	+00:26:32 (34.1%)	10:22	5.8 (65.9%)
69	<b>LACHOWICZ Blanka</b>	<b>785</b>	HUSARIA RACE TEAM	K2 30-39	3		Husaria race team	<b>01:18:04.30</b>	<b>01:18:04.30</b>	+00:26:46 (34.3%)	10:24	5.8 (65.9%)
70	<b>NOWAK Jakub</b>	<b>876</b>		M2 30-39	26			<b>01:18:07.25</b>	<b>01:18:07.25</b>	+00:26:49 (34.3%)	10:24	5.8 (65.9%)
71	<b>BLAHAK David</b>	<b>539</b>	DUOLIFE TEAM	M1 16-29	19		Duolife team	<b>01:18:32.95</b>	<b>01:18:32.95</b>	+00:27:14 (34.7%)	10:28	5.7 (64.8%)

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72	<b>KABAŁA Rafał</b>	<b>383</b>		M3 40-49	15			<b>01:18:35.70</b>	<b>01:18:35.70</b>	+00:27:17 (34.7%)	10:28	5.7 (64.8%)
73	<b>MAJDAN-ADAMSKA Agnieszka</b>	<b>816</b>	HUSARIA RACE TEAM	K2 30-39	4		Husaria race team	<b>01:18:52.25</b>	<b>01:18:52.25</b>	+00:27:34 (35.0%)	10:30	5.7 (64.8%)
74	<b>KOSTRZEWA Mariusz</b>	<b>744</b>	DZIKIE WIEPRZE CRM	M3 40-49	16			<b>01:18:55.55</b>	<b>01:18:55.55</b>	+00:27:37 (35.0%)	10:31	5.7 (64.8%)
75	<b>BULLER Michał</b>	<b>19</b>		M1 16-29	20			<b>01:19:06.35</b>	<b>01:19:06.35</b>	+00:27:48 (35.1%)	10:32	5.7 (64.8%)
76	<b>GRZEGORCZYK Marcin</b>	<b>346</b>		M2 30-39	27			<b>01:19:13.40</b>	<b>01:19:13.40</b>	+00:27:55 (35.2%)	10:33	5.7 (64.8%)
77	<b>OLEJNIK Przemek</b>	<b>882</b>		M4 50-59	6			<b>01:19:30.20</b>	<b>01:19:30.20</b>	+00:28:12 (35.5%)	10:36	5.7 (64.8%)
78	<b>SROGA Maciej</b>	<b>996</b>		M2 30-39	28			<b>01:19:33.05</b>	<b>01:19:33.05</b>	+00:28:15 (35.5%)	10:36	5.7 (64.8%)
79	<b>DOLEŻEK Agnieszka</b>	<b>600</b>	WIECZORNE BIEGANIE W SZCZECINIE	K2 30-39	5			<b>01:19:34.35</b>	<b>01:19:34.35</b>	+00:28:16 (35.5%)	10:36	5.7 (64.8%)
80	<b>ALABRUDZIŃSKA Agnieszka</b>	<b>1423</b>		K2 30-39	6			<b>01:19:34.70</b>	<b>01:19:34.70</b>	+00:28:16 (35.5%)	10:36	5.7 (64.8%)
81	<b>PILARCZYK Katarzyna</b>	<b>200</b>	KSF	K2 30-39	7		Ksf	<b>01:19:41.90</b>	<b>01:19:41.90</b>	+00:28:23 (35.6%)	10:37	5.6 (63.6%)
82	<b>JASTAK Paweł</b>	<b>694</b>		M2 30-39	29			<b>01:19:48.00</b>	<b>01:19:48.00</b>	+00:28:29 (35.7%)	10:38	5.6 (63.6%)
83	<b>KRZEŚNIEWSKI Marcin</b>	<b>1305</b>	ROWEROWY ZAŁOM	M3 40-49	17			<b>01:20:04.30</b>	<b>01:20:04.30</b>	+00:28:46 (35.9%)	10:40	5.6 (63.6%)
84	<b>BUŁAWA Michał</b>	<b>563</b>		M1 16-29	21			<b>01:20:11.15</b>	<b>01:20:11.15</b>	+00:28:53 (36.0%)	10:41	5.6 (63.6%)
85	<b>POZNAK Wojciech</b>	<b>209</b>		M2 30-39	30			<b>01:20:33.15</b>	<b>01:20:33.15</b>	+00:29:15 (36.3%)	10:44	5.6 (63.6%)
86	<b>REMPLEWICZ Mariusz</b>	<b>320</b>		M2 30-39	31			<b>01:20:49.45</b>	<b>01:20:49.45</b>	+00:29:31 (36.5%)	10:46	5.6 (63.6%)
87	<b>KANIA Rafał</b>	<b>87</b>	KP PSP POLICE	M2 30-39	32	Kp psp police	Kp psp police	<b>01:20:58.45</b>	<b>01:20:58.45</b>	+00:29:40 (36.6%)	10:47	5.6 (63.6%)
88	<b>KOWALSKI Tomasz</b>	<b>304</b>	ZMĘCZONY SEZONEM	M2 30-39	33			<b>01:21:12.10</b>	<b>01:21:12.10</b>	+00:29:54 (36.8%)	10:49	5.5 (62.5%)
89	<b>MAZUR Katarzyna</b>	<b>155</b>		K2 30-39	8			<b>01:22:11.00</b>	<b>01:22:11.00</b>	+00:30:52 (37.6%)	10:57	5.5 (62.5%)
90	<b>SIEDLER Martin</b>	<b>969</b>	SV DONSBRUGGEN 06	M2 30-39	34			<b>01:22:39.10</b>	<b>01:22:39.10</b>	+00:31:21 (37.9%)	11:01	5.4 (61.4%)
91	<b>KOPYŚĆ Bartłomiej</b>	<b>111</b>		M2 30-39	35			<b>01:22:49.05</b>	<b>01:22:49.05</b>	+00:31:31 (38.1%)	11:02	5.4 (61.4%)
92	<b>DYDEK Arkadiusz</b>	<b>1395</b>		M1 16-29	22			<b>01:22:59.20</b>	<b>01:22:59.20</b>	+00:31:41 (38.2%)	11:03	5.4 (61.4%)
93	<b>KNIAŻ Tomasz</b>	<b>99</b>		M2 30-39	36			<b>01:23:04.20</b>	<b>01:23:04.20</b>	+00:31:46 (38.2%)	11:04	5.4 (61.4%)
94	<b>CHOMONT Magdalena</b>	<b>334</b>		K3 40-49	2			<b>01:23:11.00</b>	<b>01:23:11.00</b>	+00:31:52 (38.3%)	11:05	5.4 (61.4%)
95	<b>SKRZYPKOWSKI Łukasz</b>	<b>982</b>	LUKSMASAŻ	M2 30-39	37			<b>01:23:14.35</b>	<b>01:23:14.35</b>	+00:31:56 (38.4%)	11:05	5.4 (61.4%)
96	<b>PEDA Leszek</b>	<b>902</b>		M5 60+	1			<b>01:23:16.90</b>	<b>01:23:16.90</b>	+00:31:58 (38.4%)	11:06	5.4 (61.4%)
97	<b>FUDRO Edward</b>	<b>627</b>		M5 60+	2			<b>01:23:26.45</b>	<b>01:23:26.45</b>	+00:32:08 (38.5%)	11:07	5.4 (61.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
98	STYMA Sławomir	240	HUSARIA	M3 40-49	18			01:23:39.05	01:23:39.05	+00:32:21 (38.7%)	11:09	5.4 (61.4%)
99	BLICHARSKA Marta	540	12 BZ	K2 30-39	9			01:23:48.55	01:23:48.55	+00:32:30 (38.8%)	11:10	5.4 (61.4%)
100	SŁODZIŃSKI Gabriel	983	ŁOSOŚ T.E.A.M.	M1 16-29	23		Łosoś t.e.a.m.	01:23:57.50	01:23:57.50	+00:32:39 (38.9%)	11:11	5.4 (61.4%)
101	GONTEK Łukasz	643	ŁOSOŚ T.E.A.M.	M2 30-39	38		Łosoś t.e.a.m.	01:23:57.80	01:23:57.80	+00:32:39 (38.9%)	11:11	5.4 (61.4%)
102	RYŻ Arkadiusz	956		M2 30-39	39			01:24:15.60	01:24:15.60	+00:32:57 (39.1%)	11:14	5.3 (60.2%)
103	SZATANEK Ewa	1016		K3 40-49	3			01:24:16.15	01:24:16.15	+00:32:58 (39.1%)	11:14	5.3 (60.2%)
104	ROTKIEWICZ Daria	220		K1 16-29	3			01:24:20.65	01:24:20.65	+00:33:02 (39.2%)	11:14	5.3 (60.2%)
105	LASKOWSKI Tomasz	787	PIĘKNI I BESTIE	M2 30-39	40			01:24:21.35	01:24:21.35	+00:33:03 (39.2%)	11:14	5.3 (60.2%)
106	LIS Remigiusz	309		M2 30-39	41			01:24:22.45	01:24:22.45	+00:33:04 (39.2%)	11:14	5.3 (60.2%)
107	GRZYBOWSKI Przemysław	661	KP PSP POLICE	M3 40-49	19	Kp psp police		01:24:26.75	01:24:26.75	+00:33:08 (39.3%)	11:15	5.3 (60.2%)
108	ŁYSEK Grzegorz	810	ŁYSKEY	M2 30-39	42			01:24:27.00	01:24:27.00	+00:33:08 (39.3%)	11:15	5.3 (60.2%)
109	SZKUTNIK Arkadiusz	1019	2 BRYGADA ZMECHANIZOWANA	M4 50-59	7		2 brygada zmechanizowana	01:24:33.75	01:24:33.75	+00:33:15 (39.3%)	11:16	5.3 (60.2%)
110	WARCHAŁOWSKI Arkadiusz	1053		M3 40-49	20			01:24:34.10	01:24:34.10	+00:33:16 (39.3%)	11:16	5.3 (60.2%)
111	MAŁOCHA Klaudyna	822	BIEGACZE ŚWINOUJŚCIE	K1 16-29	4			01:24:48.80	01:24:48.80	+00:33:30 (39.5%)	11:18	5.3 (60.2%)
112	GŁADYSZ Jarosław	640		M2 30-39	43			01:24:52.40	01:24:52.40	+00:33:34 (39.6%)	11:18	5.3 (60.2%)
113	SZERŁĄG Paweł	1288	KP PSP POLICE	M2 30-39	44			01:24:54.40	01:24:54.40	+00:33:36 (39.6%)	11:19	5.3 (60.2%)
114	CHRAPKOWSKI Marcel	574	OCR TEAM WŁOCŁAWEK	M2 30-39	45		Ocr team wrocławek	01:24:56.30	01:24:56.30	+00:33:38 (39.6%)	11:19	5.3 (60.2%)
115	ZARĘBA Piotr	1110	KP PSP POLICE	M2 30-39	46	Kp psp police	Kp psp police	01:24:59.10	01:24:59.10	+00:33:41 (39.6%)	11:19	5.3 (60.2%)
116	SZULC Marcin	1021		M2 30-39	47			01:25:08.25	01:25:08.25	+00:33:50 (39.7%)	11:21	5.3 (60.2%)
116	ŁUKASZEWSKI Michał	809		M2 30-39	48			01:25:08.25	01:25:08.25	+00:33:50 (39.7%)	11:21	5.3 (60.2%)
118	GRYGORCEWICZ Władysław	655	SKB DZIK POLICE	M5 60+	3			01:25:13.00	01:25:13.00	+00:33:54 (39.8%)	11:21	5.3 (60.2%)
119	SZOTA Robert	244	SMT SZCZECIN	M2 30-39	49			01:25:14.05	01:25:14.05	+00:33:56 (39.8%)	11:21	5.3 (60.2%)
120	SERWIN Krzysztof	966	WIECZORNE BIEGANIE W SZCZECINIE	M2 30-39	50			01:25:26.25	01:25:26.25	+00:34:08 (40.0%)	11:23	5.3 (60.2%)
121	BURDZIŃSKI Mateusz	306		M2 30-39	51			01:25:27.25	01:25:27.25	+00:34:09 (40.0%)	11:23	5.3 (60.2%)
122	HAWRYLAK Marcin	668	SOSW NR 1 DLA DZIECI NIEPEŁNOSPRAWNYCH RUCHOWO W POLICACH	M4 50-59	8		Ampio Team	01:25:28.45	01:25:28.45	+00:34:10 (40.0%)	11:23	5.3 (60.2%)
123	KULA Dawid	769	OŻW SZCZECIN	M1 16-29	24	Ożw szczecin		01:25:32.95	01:25:32.95	+00:34:14 (40.0%)	11:24	5.3 (60.2%)
124	LANG Monika	786	AWL	K1 16-29	5		Awl	01:25:33.35	01:25:33.35	+00:34:15 (40.0%)	11:24	5.3 (60.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
125	CHEŁSTOWSKI Adrian	22		M2 30-39	52			01:25:54.10	01:25:54.10	+00:34:36 (40.3%)	11:27	5.2 (59.1%)
126	ŁAWNICZAK Sebastian	801		M3 40-49	21			01:26:13.30	01:26:13.30	+00:34:55 (40.5%)	11:29	5.2 (59.1%)
127	KRUK Bartosz	1380		M2 30-39	53			01:26:21.40	01:26:21.40	+00:35:03 (40.6%)	11:30	5.2 (59.1%)
128	BAGIŃSKI Marcin	4	KONIUCHY OCR	M2 30-39	54			01:26:39.40	01:26:39.40	+00:35:21 (40.8%)	11:33	5.2 (59.1%)
129	DUSZA Robert	614		M3 40-49	22			01:26:44.90	01:26:44.90	+00:35:26 (40.9%)	11:33	5.2 (59.1%)
130	DUBIEL Monika	41		K2 30-39	10			01:26:46.55	01:26:46.55	+00:35:28 (40.9%)	11:34	5.2 (59.1%)
131	MURAWSKA Wioletta	852	KB DZIK POLICE	K4 50-59	1			01:27:09.05	01:27:09.05	+00:35:51 (41.1%)	11:37	5.2 (59.1%)
132	STRZEMIŃSKI Bartłomiej	1010		M1 16-29	25			01:27:25.75	01:27:25.75	+00:36:07 (41.3%)	11:39	5.1 (58.0%)
133	CIĘŻKI Mariusz	329		M3 40-49	23			01:27:28.85	01:27:28.85	+00:36:10 (41.4%)	11:39	5.1 (58.0%)
134	TURCZYŃSKI Marcin	1042		M2 30-39	55			01:27:40.65	01:27:40.65	+00:36:22 (41.5%)	11:41	5.1 (58.0%)
135	SOBCZAK Wojciech	988		M2 30-39	56			01:27:40.85	01:27:40.85	+00:36:22 (41.5%)	11:41	5.1 (58.0%)
136	ARLUKIEWICZ Grzegorz	511		M2 30-39	57			01:28:01.30	01:28:01.30	+00:36:43 (41.7%)	11:44	5.1 (58.0%)
137	NĘDZUSIAK Dariusz	864	POLKRYŚ TEAM	M4 50-59	9			01:28:01.60	01:28:01.60	+00:36:43 (41.7%)	11:44	5.1 (58.0%)
138	SOBAŃSKA Karolina	987	SKB DZIK	K2 30-39	11	12 bz szczecin	Skb dzik	01:28:04.80	01:28:04.80	+00:36:46 (41.8%)	11:44	5.1 (58.0%)
139	SZYNTOR Mateusz	1026	GRA RUNNERS	M1 16-29	26		Gryficka siła biegowa	01:28:18.90	01:28:18.90	+00:37:00 (41.9%)	11:46	5.1 (58.0%)
140	PONIEWIERKA Remigiusz	917	DRAGON 10	M3 40-49	24			01:28:34.35	01:28:34.35	+00:37:16 (42.1%)	11:48	5.1 (58.0%)
141	CIĘŻKI Kuba	1150		M1 16-29	27			01:28:37.55	01:28:37.55	+00:37:19 (42.1%)	11:48	5.1 (58.0%)
142	PAŃCZYK Tomasz	894		M2 30-39	58			01:28:41.20	01:28:41.20	+00:37:23 (42.2%)	11:49	5.1 (58.0%)
143	BŁĄŻEJEWSKI Wojciech	543		M2 30-39	59			01:28:50.90	01:28:50.90	+00:37:32 (42.3%)	11:50	5.1 (58.0%)
144	CHODAK Monika	571	HUSARIA RACE TEAM	K3 40-49	4		Husaria race team	01:28:52.30	01:28:52.30	+00:37:34 (42.3%)	11:50	5.1 (58.0%)
145	LEWANDOWSKI Piotr	341		M2 30-39	60		Skb dzik	01:29:02.40	01:29:02.40	+00:37:44 (42.4%)	11:52	5.1 (58.0%)
146	ŚWIERCZ Dariusz	1030	WATACHA WAŁCZ	M4 50-59	10	Watacha wałcz	Watacha wałcz	01:29:02.65	01:29:02.65	+00:37:44 (42.4%)	11:52	5.1 (58.0%)
147	ROJEWSKI Mateusz	946		M2 30-39	61			01:29:03.75	01:29:03.75	+00:37:45 (42.4%)	11:52	5.1 (58.0%)
148	WITORZĘĆ Dariusz	1076		M3 40-49	25			01:29:12.25	01:29:12.25	+00:37:54 (42.5%)	11:53	5 (56.8%)
149	GARCON Łukasz	335		M2 30-39	62	Ożw szczecin		01:29:12.45	01:29:12.45	+00:37:54 (42.5%)	11:53	5 (56.8%)
150	LIPECKI Wojciech	336		M1 16-29	28	Ożw szczecin		01:29:13.25	01:29:13.25	+00:37:55 (42.5%)	11:53	5 (56.8%)
151	JAKUBIAK Anna	679	RAZ SZCZECIN	K4 50-59	2			01:29:13.45	01:29:13.45	+00:37:55 (42.5%)	11:53	5 (56.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
152	PIEKARZ Agata	375		K1 16-29	6			01:29:14.10	01:29:14.10	+00:37:56 (42.5%)	11:53	5 (56.8%)
153	CZYLKOWSKI Patryk	587	100%EG	M2 30-39	63			01:29:18.90	01:29:18.90	+00:38:00 (42.6%)	11:54	5 (56.8%)
154	KOCZKODAJ Kamil	733		M2 30-39	64	Ożw szczecin	Ożw szczecin	01:29:29.15	01:29:29.15	+00:38:11 (42.7%)	11:55	5 (56.8%)
155	MILEJSKI Paweł	843		M2 30-39	65			01:29:35.50	01:29:35.50	+00:38:17 (42.7%)	11:56	5 (56.8%)
156	JOŃCA Marcin	83		M2 30-39	66			01:29:39.35	01:29:39.35	+00:38:21 (42.8%)	11:57	5 (56.8%)
157	MAJCHER Piotr	815	PIŁA TEAM	M3 40-49	26			01:29:44.35	01:29:44.35	+00:38:26 (42.8%)	11:57	5 (56.8%)
158	MARTUSZEWSKI Ryszard	827		M3 40-49	27			01:29:45.75	01:29:45.75	+00:38:27 (42.8%)	11:58	5 (56.8%)
159	KOBIALKA Kamil	101	MK FIZJOTERAPIA SZCZECIN	M2 30-39	67			01:30:05.90	01:30:05.90	+00:38:47 (43.1%)	12:00	5 (56.8%)
160	LUDWICZAK Jarosław	800	KOŚCIAN TEAM	M2 30-39	68			01:30:15.80	01:30:15.80	+00:38:57 (43.2%)	12:02	5 (56.8%)
161	GRABOWSKA Joanna	648	SPC	K3 40-49	5			01:30:24.60	01:30:24.60	+00:39:06 (43.3%)	12:03	5 (56.8%)
162	ULASS Patrycja	1045		K1 16-29	7			01:30:30.35	01:30:30.35	+00:39:12 (43.3%)	12:04	5 (56.8%)
163	SITEK Alfred	971		M2 30-39	69		Ubawieni po pachy v	01:30:30.50	01:30:30.50	+00:39:12 (43.3%)	12:04	5 (56.8%)
164	BOROWSKI Tomasz	552		M1 16-29	29			01:31:00.65	01:31:00.65	+00:39:42 (43.6%)	12:08	4.9 (55.7%)
165	DZIĘGIELEWSKI Grzegorz	618		M2 30-39	70			01:31:33.70	01:31:33.70	+00:40:15 (44.0%)	12:12	4.9 (55.7%)
166	SOWISZ Adrianna	995	SOWISZ TEAM	K1 16-29	8		Sowisz team	01:31:38.90	01:31:38.90	+00:40:20 (44.0%)	12:13	4.9 (55.7%)
167	BAGIŃSKA Laura	516		K1 16-29	9			01:31:42.75	01:31:42.75	+00:40:24 (44.1%)	12:13	4.9 (55.7%)
168	GERWICKI Paweł	1268		M2 30-39	71			01:31:46.30	01:31:46.30	+00:40:28 (44.1%)	12:14	4.9 (55.7%)
169	GROCHOWSKI Rafał	69	KP PSP POLICE	M1 16-29	30	Kp psp police	Kp psp police	01:31:46.75	01:31:46.75	+00:40:28 (44.1%)	12:14	4.9 (55.7%)
170	MAJ Patryk	812	BAR DANCERZ	M1 16-29	31			01:31:53.00	01:31:53.00	+00:40:34 (44.2%)	12:15	4.9 (55.7%)
171	KOZŁOWSKI Piotr	305		M2 30-39	72			01:32:41.90	01:32:41.90	+00:41:23 (44.7%)	12:21	4.9 (55.7%)
172	HALECZKO Matesz	73	DZIKIE DZIKI GORZÓW	M1 16-29	32		Dzikie dziki gorzów	01:32:43.95	01:32:43.95	+00:41:25 (44.7%)	12:21	4.9 (55.7%)
173	KWIATKOWSKA Aleksandra	779	WIECZORNE BIEGANIE W SZCZECINIE	K1 16-29	10			01:32:47.10	01:32:47.10	+00:41:29 (44.7%)	12:22	4.9 (55.7%)
174	DROZD Dariusz	321		M2 30-39	73		Eichhornchen	01:32:50.00	01:32:50.00	+00:41:31 (44.7%)	12:22	4.8 (54.5%)
175	MEUSIAK Rafał	156		M2 30-39	74			01:32:53.50	01:32:53.50	+00:41:35 (44.8%)	12:23	4.8 (54.5%)
176	RYWACKI Karol	1415		M2 30-39	75			01:32:54.50	01:32:54.50	+00:41:36 (44.8%)	12:23	4.8 (54.5%)
177	STERNA Maciej	236		M2 30-39	76			01:32:54.70	01:32:54.70	+00:41:36 (44.8%)	12:23	4.8 (54.5%)
178	GĄGOL Marwk	58		M2 30-39	77			01:32:55.35	01:32:55.35	+00:41:37 (44.8%)	12:23	4.8 (54.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
179	<b>WAHN Przemysław</b>	<b>1130</b>		M2 30-39	78			<b>01:33:00.10</b>	<b>01:33:00.10</b>	+00:41:42 (44.8%)	12:24	4.8 (54.5%)
180	<b>KNIOŁA Łukasz</b>	<b>730</b>	PIŁA TEAM	M2 30-39	79			<b>01:33:02.85</b>	<b>01:33:02.85</b>	+00:41:44 (44.9%)	12:24	4.8 (54.5%)
181	<b>KNIOŁA Agnieszka</b>	<b>729</b>	PIŁA TEAM	K2 30-39	12			<b>01:33:03.00</b>	<b>01:33:03.00</b>	+00:41:44 (44.9%)	12:24	4.8 (54.5%)
182	<b>STEFAŃCZYK Przemysław</b>	<b>1002</b>	GAZELA ŚWINOUJŚCIE	M3 40-49	28			<b>01:33:05.30</b>	<b>01:33:05.30</b>	+00:41:47 (44.9%)	12:24	4.8 (54.5%)
183	<b>STEFAŃCZYK Małgorzata</b>	<b>1001</b>	GAZELA ŚWINOUJŚCIE	K3 40-49	6			<b>01:33:05.40</b>	<b>01:33:05.40</b>	+00:41:47 (44.9%)	12:24	4.8 (54.5%)
184	<b>KUBIACZYK Ireneusz</b>	<b>123</b>		M3 40-49	29			<b>01:33:08.75</b>	<b>01:33:08.75</b>	+00:41:50 (44.9%)	12:25	4.8 (54.5%)
185	<b>ZERZUT Jarosław</b>	<b>1115</b>	ŚRUNDUNIA SZCZECIN	M4 50-59	11			<b>01:33:15.00</b>	<b>01:33:15.00</b>	+00:41:56 (45.0%)	12:26	4.8 (54.5%)
186	<b>SKOKOWSKI Jacek</b>	<b>976</b>	ŚRUNDUNIA SZCZECIN	M4 50-59	12		Śrundunia szczecin	<b>01:33:15.05</b>	<b>01:33:15.05</b>	+00:41:57 (45.0%)	12:26	4.8 (54.5%)
187	<b>LIPERTOWICZ Sebastian</b>	<b>1144</b>		M2 30-39	80			<b>01:33:21.75</b>	<b>01:33:21.75</b>	+00:42:03 (45.1%)	12:26	4.8 (54.5%)
188	<b>KĘDZIELEWSKI Łukasz</b>	<b>717</b>	ZAWADZKIEGO SZCZECIN	M2 30-39	81			<b>01:33:23.25</b>	<b>01:33:23.25</b>	+00:42:05 (45.1%)	12:27	4.8 (54.5%)
189	<b>LEWANDOWSKI Mirosław</b>	<b>134</b>	GOLENIÓW	M4 50-59	13			<b>01:33:32.35</b>	<b>01:33:32.35</b>	+00:42:14 (45.2%)	12:28	4.8 (54.5%)
190	<b>CHUDY Kamil</b>	<b>26</b>		M2 30-39	82			<b>01:33:34.00</b>	<b>01:33:34.00</b>	+00:42:15 (45.2%)	12:28	4.8 (54.5%)
191	<b>CHARĘZA Marcin</b>	<b>569</b>	ZAWADZKIEGO SZCZECIN	M2 30-39	83			<b>01:33:36.25</b>	<b>01:33:36.25</b>	+00:42:18 (45.2%)	12:28	4.8 (54.5%)
192	<b>CHMUROWICZ Barnima</b>	<b>23</b>		K2 30-39	13			<b>01:33:45.45</b>	<b>01:33:45.45</b>	+00:42:27 (45.3%)	12:30	4.8 (54.5%)
193	<b>LENCEWICZ Grzegorz</b>	<b>300</b>	HUSARIA RACE TEAM	M2 30-39	84			<b>01:33:45.85</b>	<b>01:33:45.85</b>	+00:42:27 (45.3%)	12:30	4.8 (54.5%)
194	<b>BUDNY Wojciech</b>	<b>562</b>		M2 30-39	85			<b>01:33:46.25</b>	<b>01:33:46.25</b>	+00:42:28 (45.3%)	12:30	4.8 (54.5%)
195	<b>BUDNA Anna</b>	<b>561</b>		K3 40-49	7			<b>01:33:46.30</b>	<b>01:33:46.30</b>	+00:42:28 (45.3%)	12:30	4.8 (54.5%)
196	<b>GRZELAK Kacper</b>	<b>659</b>	KB HERMES GRZYFINO	M1 16-29	33			<b>01:33:50.20</b>	<b>01:33:50.20</b>	+00:42:32 (45.3%)	12:30	4.8 (54.5%)
197	<b>DEPA Bogusława</b>	<b>38</b>		K3 40-49	8			<b>01:33:57.20</b>	<b>01:33:57.20</b>	+00:42:39 (45.4%)	12:31	4.8 (54.5%)
198	<b>BĄK Sebastian</b>	<b>526</b>	ŁOSOŚ T.E.A.M.	M2 30-39	86		Łosoś t.e.a.m.	<b>01:34:03.40</b>	<b>01:34:03.40</b>	+00:42:45 (45.5%)	12:32	4.8 (54.5%)
199	<b>RUTKOWSKA Anna</b>	<b>954</b>	WATAHA WAŁCZ	K4 50-59	3		Wataha wałcz	<b>01:34:19.20</b>	<b>01:34:19.20</b>	+00:43:01 (45.6%)	12:34	4.8 (54.5%)
200	<b>ZADROŻNY Szymon</b>	<b>1106</b>	WATAHA WAŁCZ	M3 40-49	30	Ożw szczecin	Wataha wałcz	<b>01:34:19.50</b>	<b>01:34:19.50</b>	+00:43:01 (45.6%)	12:34	4.8 (54.5%)
200	<b>PYREK Krzysztof</b>	<b>937</b>	1 RBLOG	M2 30-39	87			<b>01:34:19.50</b>	<b>01:34:19.50</b>	+00:43:01 (45.6%)	12:34	4.8 (54.5%)
202	<b>PYREK Iwona</b>	<b>938</b>		K2 30-39	14			<b>01:34:19.60</b>	<b>01:34:19.60</b>	+00:43:01 (45.6%)	12:34	4.8 (54.5%)
203	<b>WUJDA Mirosław</b>	<b>1100</b>	ERNI RULEZ	M3 40-49	31			<b>01:34:36.25</b>	<b>01:34:36.25</b>	+00:43:18 (45.8%)	12:36	4.8 (54.5%)
204	<b>KOWALSKI Daniel</b>	<b>749</b>	DRAGON 10	M2 30-39	88			<b>01:34:36.45</b>	<b>01:34:36.45</b>	+00:43:18 (45.8%)	12:36	4.8 (54.5%)
205	<b>MAĆKIEWICZ Zbigniew</b>	<b>147</b>		M4 50-59	14			<b>01:35:11.45</b>	<b>01:35:11.45</b>	+00:43:53 (46.1%)	12:41	4.7 (53.4%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
206	<b>MATUSIAK Rafał</b>	<b>1278</b>		M1 16-29	34			<b>01:35:31.60</b>	<b>01:35:31.60</b>	+00:44:13 (46.3%)	12:44	4.7 (53.4%)
207	<b>WOJTKOWIAK Rafał</b>	<b>1080</b>		M3 40-49	32			<b>01:35:37.90</b>	<b>01:35:37.90</b>	+00:44:19 (46.4%)	12:44	4.7 (53.4%)
208	<b>ZARZECZAŃSKA-JANASIK Blanka</b>	<b>280</b>		K2 30-39	15			<b>01:35:38.40</b>	<b>01:35:38.40</b>	+00:44:20 (46.4%)	12:45	4.7 (53.4%)
209	<b>SENDEROWSKI Maciej</b>	<b>198</b>	DRINK TEAM	M2 30-39	89		Drink team	<b>01:35:52.15</b>	<b>01:35:52.15</b>	+00:44:34 (46.5%)	12:46	4.7 (53.4%)
210	<b>MATYSEK Ireneusz</b>	<b>1147</b>	KOMANDOS WAŁECKI	M5 60+	4			<b>01:36:01.60</b>	<b>01:36:01.60</b>	+00:44:43 (46.6%)	12:48	4.7 (53.4%)
211	<b>NOWEK Dawid</b>	<b>878</b>	CHUDE BYKI	M1 16-29	35		Chude byki	<b>01:36:39.25</b>	<b>01:36:39.25</b>	+00:45:21 (46.9%)	12:53	4.7 (53.4%)
212	<b>JODŁOWSKA Ewa</b>	<b>700</b>		K2 30-39	16			<b>01:36:49.65</b>	<b>01:36:49.65</b>	+00:45:31 (47.0%)	12:54	4.6 (52.3%)
212	<b>JODŁOWSKI Marek</b>	<b>701</b>		M3 40-49	33			<b>01:36:49.65</b>	<b>01:36:49.65</b>	+00:45:31 (47.0%)	12:54	4.6 (52.3%)
214	<b>JUŻYK Patrycja</b>	<b>895</b>	INCOM POLSKA	K2 30-39	17			<b>01:36:50.15</b>	<b>01:36:50.15</b>	+00:45:32 (47.0%)	12:54	4.6 (52.3%)
215	<b>OSTOLSKA Ewelina</b>	<b>183</b>	KSF	K1 16-29	11		Ksf	<b>01:36:50.20</b>	<b>01:36:50.20</b>	+00:45:32 (47.0%)	12:54	4.6 (52.3%)
216	<b>BILIŃSKI Zbigniew</b>	<b>536</b>		M4 50-59	15			<b>01:37:03.60</b>	<b>01:37:03.60</b>	+00:45:45 (47.1%)	12:56	4.6 (52.3%)
217	<b>NICEWICZ Beata</b>	<b>865</b>	UBAWIENI PO PACHY V	K3 40-49	9			<b>01:37:06.95</b>	<b>01:37:06.95</b>	+00:45:48 (47.2%)	12:56	4.6 (52.3%)
218	<b>SZYSZKO Filip</b>	<b>253</b>		M1 16-29	36			<b>01:37:07.70</b>	<b>01:37:07.70</b>	+00:45:49 (47.2%)	12:56	4.6 (52.3%)
219	<b>SZYSZKO Artur</b>	<b>252</b>		M3 40-49	34			<b>01:37:14.00</b>	<b>01:37:14.00</b>	+00:45:55 (47.2%)	12:57	4.6 (52.3%)
220	<b>SAWA Piotr</b>	<b>962</b>	IRON TEAM SZCZECIN	M2 30-39	90			<b>01:37:14.35</b>	<b>01:37:14.35</b>	+00:45:56 (47.2%)	12:57	4.6 (52.3%)
221	<b>ZIÓŁKOWSKI Filip</b>	<b>1118</b>	12 BATALION DOWODZENIA UŁANÓW PODOLSKICH	M2 30-39	91			<b>01:37:16.30</b>	<b>01:37:16.30</b>	+00:45:58 (47.3%)	12:58	4.6 (52.3%)
222	<b>KAMIŃSKI Kacper</b>	<b>710</b>		M2 30-39	92			<b>01:37:21.45</b>	<b>01:37:21.45</b>	+00:46:03 (47.3%)	12:58	4.6 (52.3%)
223	<b>TOMCZAK Artur</b>	<b>1038</b>	OSP OCIESZYN	M2 30-39	93		Wataha walcz	<b>01:37:23.00</b>	<b>01:37:23.00</b>	+00:46:04 (47.3%)	12:59	4.6 (52.3%)
224	<b>TOMCZAK Joanna</b>	<b>1039</b>	OSP OCIESZYN	K2 30-39	18			<b>01:37:23.30</b>	<b>01:37:23.30</b>	+00:46:05 (47.3%)	12:59	4.6 (52.3%)
225	<b>KAMIONKA Andrzej</b>	<b>711</b>	WIECZORNE BIEGANIE W SZCZECINIE	M2 30-39	94			<b>01:37:29.45</b>	<b>01:37:29.45</b>	+00:46:11 (47.4%)	12:59	4.6 (52.3%)
226	<b>KOZŁOWSKA Justyna</b>	<b>753</b>	KLUB BIEGOWY WIKON NOWA SÓL	K1 16-29	12			<b>01:37:34.35</b>	<b>01:37:34.35</b>	+00:46:16 (47.4%)	13:00	4.6 (52.3%)
227	<b>WÓJCIAK Marcin</b>	<b>1412</b>		M1 16-29	37			<b>01:37:42.15</b>	<b>01:37:42.15</b>	+00:46:24 (47.5%)	13:01	4.6 (52.3%)
228	<b>KOWALSKI Piotr</b>	<b>116</b>		M1 16-29	38			<b>01:38:13.50</b>	<b>01:38:13.50</b>	+00:46:55 (47.8%)	13:05	4.6 (52.3%)
229	<b>NOWAK Maciej</b>	<b>174</b>		M1 16-29	39			<b>01:38:26.20</b>	<b>01:38:26.20</b>	+00:47:08 (47.9%)	13:07	4.6 (52.3%)
230	<b>PLISZKA Dariusz</b>	<b>1284</b>	PDC	M1 16-29	40			<b>01:38:46.00</b>	<b>01:38:46.00</b>	+00:47:27 (48.1%)	13:10	4.6 (52.3%)
231	<b>ŻYLUK-GADOWSKA Paulina</b>	<b>1129</b>	NIE PROWOKUJ LOCHY	K2 30-39	19			<b>01:38:50.50</b>	<b>01:38:50.50</b>	+00:47:32 (48.1%)	13:10	4.6 (52.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
232	<b>SKRZYPIEC Andrzej</b>	<b>981</b>	MKL MARATON ŚWINOUJŚCIE	M5 60+	5			<b>01:39:23.60</b>	<b>01:39:23.60</b>	+00:48:05 (48.4%)	13:15	4.5 (51.1%)
233	<b>GADOWSKI Wojciech</b>	<b>628</b>	NIE PROWOKUJ LOCHY	M2 30-39	95			<b>01:39:28.55</b>	<b>01:39:28.55</b>	+00:48:10 (48.4%)	13:15	4.5 (51.1%)
234	<b>CHRZANOWSKA Emilia</b>	<b>25</b>		K2 30-39	20		Passion fitness	<b>01:39:50.40</b>	<b>01:39:50.40</b>	+00:48:32 (48.6%)	13:18	4.5 (51.1%)
235	<b>STÓJ Paulina</b>	<b>239</b>		K2 30-39	21		Passion fitness	<b>01:39:50.45</b>	<b>01:39:50.45</b>	+00:48:32 (48.6%)	13:18	4.5 (51.1%)
236	<b>CIESZYNSKI Wojciech</b>	<b>582</b>		M3 40-49	35			<b>01:39:52.75</b>	<b>01:39:52.75</b>	+00:48:34 (48.6%)	13:18	4.5 (51.1%)
237	<b>KLESZOWSKI Daniel</b>	<b>724</b>		M3 40-49	36			<b>01:39:53.90</b>	<b>01:39:53.90</b>	+00:48:35 (48.6%)	13:19	4.5 (51.1%)
238	<b>SMYKA Jarosław</b>	<b>232</b>		M3 40-49	37			<b>01:39:55.60</b>	<b>01:39:55.60</b>	+00:48:37 (48.7%)	13:19	4.5 (51.1%)
239	<b>BOBEL Urszula</b>	<b>544</b>		K2 30-39	22			<b>01:39:56.75</b>	<b>01:39:56.75</b>	+00:48:38 (48.7%)	13:19	4.5 (51.1%)
240	<b>WOŁK Marcin</b>	<b>1084</b>	KSF	M2 30-39	96		Ksf	<b>01:40:25.15</b>	<b>01:40:25.15</b>	+00:49:07 (48.9%)	13:23	4.5 (51.1%)
241	<b>NIKLAS Malgorzata</b>	<b>872</b>	KSF	K2 30-39	23		Ksf	<b>01:40:25.20</b>	<b>01:40:25.20</b>	+00:49:07 (48.9%)	13:23	4.5 (51.1%)
242	<b>BRZOZA Maciek</b>	<b>14</b>		M3 40-49	38			<b>01:40:41.80</b>	<b>01:40:41.80</b>	+00:49:23 (49.1%)	13:25	4.5 (51.1%)
243	<b>KOMSTA Rafał</b>	<b>736</b>		M2 30-39	97			<b>01:40:42.95</b>	<b>01:40:42.95</b>	+00:49:24 (49.1%)	13:25	4.5 (51.1%)
244	<b>ANTOSZEWSKI Adam</b>	<b>3</b>		M2 30-39	98			<b>01:40:45.50</b>	<b>01:40:45.50</b>	+00:49:27 (49.1%)	13:26	4.5 (51.1%)
245	<b>KRAWIEC Mateusz</b>	<b>757</b>		M1 16-29	41			<b>01:40:52.25</b>	<b>01:40:52.25</b>	+00:49:34 (49.1%)	13:26	4.5 (51.1%)
246	<b>MĄDRAWSKI Tomasz</b>	<b>836</b>		M3 40-49	39			<b>01:40:54.25</b>	<b>01:40:54.25</b>	+00:49:36 (49.2%)	13:27	4.5 (51.1%)
247	<b>PRZYBYLSKI Damian</b>	<b>210</b>		M1 16-29	42			<b>01:40:57.85</b>	<b>01:40:57.85</b>	+00:49:39 (49.2%)	13:27	4.5 (51.1%)
248	<b>ROSIK Sebastian</b>	<b>1377</b>	WIECZORNE BIEGANIE W SZCZECINIE	M2 30-39	99			<b>01:40:58.55</b>	<b>01:40:58.55</b>	+00:49:40 (49.2%)	13:27	4.5 (51.1%)
249	<b>MARKS Maciej</b>	<b>826</b>	STOWARZYSZENIE DOŁUJE-KOŚCINO	M3 40-49	40			<b>01:40:59.00</b>	<b>01:40:59.00</b>	+00:49:40 (49.2%)	13:27	4.5 (51.1%)
250	<b>STRĄG Izabela</b>	<b>379</b>		K3 40-49	10			<b>01:40:59.10</b>	<b>01:40:59.10</b>	+00:49:41 (49.2%)	13:27	4.5 (51.1%)
251	<b>POST Marcin</b>	<b>921</b>		M2 30-39	100		Goodfellas	<b>01:41:00.70</b>	<b>01:41:00.70</b>	+00:49:42 (49.2%)	13:28	4.5 (51.1%)
252	<b>JANUS Grzegorz</b>	<b>685</b>		M2 30-39	101			<b>01:41:14.40</b>	<b>01:41:14.40</b>	+00:49:56 (49.3%)	13:29	4.4 (50.0%)
253	<b>MILANOWSKA Paula</b>	<b>345</b>		K1 16-29	13			<b>01:41:16.10</b>	<b>01:41:16.10</b>	+00:49:58 (49.3%)	13:30	4.4 (50.0%)
254	<b>ZYSKOWSKI Mirosław</b>	<b>292</b>		M2 30-39	102			<b>01:41:17.05</b>	<b>01:41:17.05</b>	+00:49:59 (49.3%)	13:30	4.4 (50.0%)
255	<b>BRANDEBURA Paweł</b>	<b>12</b>		M4 50-59	16			<b>01:41:38.40</b>	<b>01:41:38.40</b>	+00:50:20 (49.5%)	13:33	4.4 (50.0%)
256	<b>LINKOWSKI Sławomir</b>	<b>139</b>		M2 30-39	103			<b>01:41:40.40</b>	<b>01:41:40.40</b>	+00:50:22 (49.5%)	13:33	4.4 (50.0%)
257	<b>ŻELISKO Łukasz</b>	<b>1124</b>	2KPZMOT	M1 16-29	43			<b>01:41:45.20</b>	<b>01:41:45.20</b>	+00:50:27 (49.6%)	13:34	4.4 (50.0%)
257	<b>KUCZA Szymon</b>	<b>767</b>	2 KPZMOT	M1 16-29	44	2 kpzmot		<b>01:41:45.20</b>	<b>01:41:45.20</b>	+00:50:27 (49.6%)	13:34	4.4 (50.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
259	<b>ORECKI Radoslaw</b>	<b>181</b>		M2 30-39	104			<b>01:41:55.25</b>	<b>01:41:55.25</b>	+00:50:37 (49.7%)	13:35	4.4 (50.0%)
260	<b>PRZYBYSZEWSKI Michał</b>	<b>931</b>	OCR TEAM WŁOCŁAWEK	M1 16-29	45			<b>01:41:59.95</b>	<b>01:41:59.95</b>	+00:50:41 (49.7%)	13:35	4.4 (50.0%)
261	<b>LEWANDOWSKI Bartosz</b>	<b>794</b>	OCR TEAM WŁOCŁAWEK	M1 16-29	46		Ocr team włocławek	<b>01:42:00.15</b>	<b>01:42:00.15</b>	+00:50:42 (49.7%)	13:36	4.4 (50.0%)
262	<b>BŁASIAK Radosław</b>	<b>1133</b>		M3 40-49	41			<b>01:42:12.85</b>	<b>01:42:12.85</b>	+00:50:54 (49.8%)	13:37	4.4 (50.0%)
263	<b>KOLEJ Monika</b>	<b>734</b>	DZIKIE DZIKI GORZÓW	K3 40-49	11		Dzikie dziki gorzów	<b>01:42:16.85</b>	<b>01:42:16.85</b>	+00:50:58 (49.8%)	13:38	4.4 (50.0%)
264	<b>KRAMER Krzysztof</b>	<b>371</b>	SKB DZIK	M2 30-39	105		Skb dzik	<b>01:42:18.55</b>	<b>01:42:18.55</b>	+00:51:00 (49.9%)	13:38	4.4 (50.0%)
265	<b>KRZACZKOWSKI Łukasz</b>	<b>762</b>		M2 30-39	106		Dziki wrocław	<b>01:42:20.75</b>	<b>01:42:20.75</b>	+00:51:02 (49.9%)	13:38	4.4 (50.0%)
266	<b>KUSAK Bartłomiej</b>	<b>778</b>	DZIKI WROCŁAW	M1 16-29	47		Dziki wrocław	<b>01:42:21.20</b>	<b>01:42:21.20</b>	+00:51:03 (49.9%)	13:38	4.4 (50.0%)
267	<b>MASZKIEWICZ Mariusz</b>	<b>831</b>	DZIKI WROCŁAW	M1 16-29	48			<b>01:42:21.55</b>	<b>01:42:21.55</b>	+00:51:03 (49.9%)	13:38	4.4 (50.0%)
268	<b>BOSENKO Dmitriy</b>	<b>553</b>	DZIKI WROCŁAW	M2 30-39	107			<b>01:42:21.95</b>	<b>01:42:21.95</b>	+00:51:03 (49.9%)	13:38	4.4 (50.0%)
269	<b>QUESADO Paulo</b>	<b>939</b>	DZIKI WROCLAW	M2 30-39	108			<b>01:42:22.00</b>	<b>01:42:22.00</b>	+00:51:03 (49.9%)	13:38	4.4 (50.0%)
270	<b>GREGUŁA Joanna</b>	<b>1421</b>		K1 16-29	14	Kp psp Gryfino	Tak	<b>01:42:43.70</b>	<b>01:42:43.70</b>	+00:51:25 (50.1%)	13:41	4.4 (50.0%)
271	<b>GREGUŁA Wojciech</b>	<b>1422</b>		M2 30-39	109	Kp psp Gryfino	Tak	<b>01:42:44.00</b>	<b>01:42:44.00</b>	+00:51:25 (50.1%)	13:41	4.4 (50.0%)
272	<b>WIECZORKOWSKI Paweł</b>	<b>1064</b>		M3 40-49	42			<b>01:42:46.00</b>	<b>01:42:46.00</b>	+00:51:27 (50.1%)	13:42	4.4 (50.0%)
273	<b>ADAMCZEWSKA - PIETRZAK Marta</b>	<b>1</b>		K2 30-39	24			<b>01:43:05.75</b>	<b>01:43:05.75</b>	+00:51:47 (50.2%)	13:44	4.4 (50.0%)
274	<b>ZDUŃCZYK Paweł</b>	<b>283</b>		M3 40-49	43		Ósemkowa petarda	<b>01:43:08.75</b>	<b>01:43:08.75</b>	+00:51:50 (50.3%)	13:45	4.4 (50.0%)
275	<b>FILIPOWICZ Klaudia</b>	<b>46</b>		K1 16-29	15			<b>01:43:12.80</b>	<b>01:43:12.80</b>	+00:51:54 (50.3%)	13:45	4.4 (50.0%)
276	<b>BUBEŁA Kamila</b>	<b>1419</b>		K2 30-39	25			<b>01:43:13.80</b>	<b>01:43:13.80</b>	+00:51:55 (50.3%)	13:45	4.4 (50.0%)
277	<b>TSYNKEL Paweł</b>	<b>261</b>		M2 30-39	110			<b>01:43:13.90</b>	<b>01:43:13.90</b>	+00:51:55 (50.3%)	13:45	4.4 (50.0%)
278	<b>WRÓBLEWSKI Jarosław</b>	<b>1098</b>	RAZ SZCZECIN	M3 40-49	44		Raz szczecin	<b>01:43:13.95</b>	<b>01:43:13.95</b>	+00:51:55 (50.3%)	13:45	4.4 (50.0%)
279	<b>GOZDYRA Darek</b>	<b>646</b>		M3 40-49	45			<b>01:43:14.15</b>	<b>01:43:14.15</b>	+00:51:56 (50.3%)	13:45	4.4 (50.0%)
280	<b>JAROSŁAWSKA Sandra</b>	<b>687</b>		K1 16-29	16			<b>01:43:20.70</b>	<b>01:43:20.70</b>	+00:52:02 (50.4%)	13:46	4.4 (50.0%)
281	<b>KOMAKOWSKA Sylwia</b>	<b>104</b>		K3 40-49	12			<b>01:43:26.65</b>	<b>01:43:26.65</b>	+00:52:08 (50.4%)	13:47	4.4 (50.0%)
282	<b>TUSZYŃSKI Rafał</b>	<b>366</b>		M2 30-39	111			<b>01:43:38.00</b>	<b>01:43:38.00</b>	+00:52:19 (50.5%)	13:49	4.3 (48.9%)
283	<b>GŁOWACKI Grzegorz</b>	<b>61</b>		M2 30-39	112			<b>01:43:44.10</b>	<b>01:43:44.10</b>	+00:52:26 (50.5%)	13:49	4.3 (48.9%)
284	<b>MADRAK Anna</b>	<b>148</b>	HULK TEAM	K3 40-49	13			<b>01:43:50.20</b>	<b>01:43:50.20</b>	+00:52:32 (50.6%)	13:50	4.3 (48.9%)
285	<b>CISZEWSKI Marek</b>	<b>31</b>		M3 40-49	46			<b>01:43:59.00</b>	<b>01:43:59.00</b>	+00:52:40 (50.7%)	13:51	4.3 (48.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas		Różn	Tempo min/km	Tempo km/h
								netto 7.5km	brutto 7.5km			
286	<b>NOWICKI Jakub</b>	<b>314</b>	OSP SOWNO	M1 16-29	49			<b>01:44:05.00</b>	<b>01:44:05.00</b>	+00:52:46 (50.7%)	13:52	4.3 (48.9%)
287	<b>NOWICKI Tomasz</b>	<b>313</b>	PSP STARGARD	M2 30-39	113			<b>01:44:05.15</b>	<b>01:44:05.15</b>	+00:52:47 (50.7%)	13:52	4.3 (48.9%)
288	<b>WITKOWSKI Bartek</b>	<b>311</b>		M1 16-29	50			<b>01:44:05.35</b>	<b>01:44:05.35</b>	+00:52:47 (50.7%)	13:52	4.3 (48.9%)
289	<b>CINDZIRAS Tomasz</b>	<b>29</b>		M2 30-39	114			<b>01:44:06.50</b>	<b>01:44:06.50</b>	+00:52:48 (50.7%)	13:52	4.3 (48.9%)
290	<b>SZYMAŃSKA Jolanta</b>	<b>1023</b>		K2 30-39	26			<b>01:44:10.70</b>	<b>01:44:10.70</b>	+00:52:52 (50.8%)	13:53	4.3 (48.9%)
291	<b>WASILEWSKI Andrzej</b>	<b>1055</b>		M3 40-49	47			<b>01:44:11.05</b>	<b>01:44:11.05</b>	+00:52:53 (50.8%)	13:53	4.3 (48.9%)
292	<b>PETRUSIEWICZ Paweł</b>	<b>907</b>		M1 16-29	51			<b>01:44:20.00</b>	<b>01:44:20.00</b>	+00:53:01 (50.8%)	13:54	4.3 (48.9%)
293	<b>JAROSŁAWSKA Jowita</b>	<b>688</b>		K2 30-39	27			<b>01:44:22.40</b>	<b>01:44:22.40</b>	+00:53:04 (50.8%)	13:54	4.3 (48.9%)
294	<b>TYRCHA Szymon</b>	<b>1043</b>	INCOM POLSKA	M2 30-39	115			<b>01:44:39.20</b>	<b>01:44:39.20</b>	+00:53:21 (51.0%)	13:57	4.3 (48.9%)
295	<b>PTAK Patrycja</b>	<b>932</b>	HUSARIA RACE TEAM	K2 30-39	28			<b>01:44:54.15</b>	<b>01:44:54.15</b>	+00:53:36 (51.1%)	13:59	4.3 (48.9%)
296	<b>PTAK Daniel</b>	<b>933</b>	HUSARIA RACE TEAM	M2 30-39	116			<b>01:44:54.90</b>	<b>01:44:54.90</b>	+00:53:36 (51.1%)	13:59	4.3 (48.9%)
297	<b>MARCHEWKA Łukasz</b>	<b>824</b>		M2 30-39	117			<b>01:44:55.20</b>	<b>01:44:55.20</b>	+00:53:37 (51.1%)	13:59	4.3 (48.9%)
298	<b>SKOCZYŁAS Patryk</b>	<b>975</b>	INCOM POLSKA	M1 16-29	52			<b>01:45:10.50</b>	<b>01:45:10.50</b>	+00:53:52 (51.2%)	14:01	4.3 (48.9%)
299	<b>KOTWAS Paweł</b>	<b>353</b>		M2 30-39	118			<b>01:45:28.10</b>	<b>01:45:28.10</b>	+00:54:10 (51.4%)	14:03	4.3 (48.9%)
300	<b>JERZAK Bożena</b>	<b>324</b>		K2 30-39	29			<b>01:45:28.70</b>	<b>01:45:28.70</b>	+00:54:10 (51.4%)	14:03	4.3 (48.9%)
301	<b>JAKUBOWSKA Dorota</b>	<b>681</b>	23. BAZA LOTNICTWA TAKTYCZNEGO	K2 30-39	30	23. baza lotnictwa taktycznego	23. baza lotnictwa taktycznego	<b>01:45:55.80</b>	<b>01:45:55.80</b>	+00:54:37 (51.6%)	14:07	4.2 (47.7%)
302	<b>WIERZYCKA Kinga</b>	<b>302</b>	BBL	K3 40-49	14			<b>01:46:11.80</b>	<b>01:46:11.80</b>	+00:54:53 (51.7%)	14:09	4.2 (47.7%)
303	<b>JAKUBOWSKA Aneta</b>	<b>682</b>	DZIKUS	K3 40-49	15			<b>01:46:16.90</b>	<b>01:46:16.90</b>	+00:54:58 (51.7%)	14:10	4.2 (47.7%)
304	<b>MACIEJEWSKA Agnieszka</b>	<b>1277</b>		K2 30-39	31			<b>01:46:22.75</b>	<b>01:46:22.75</b>	+00:55:04 (51.8%)	14:10	4.2 (47.7%)
305	<b>WOLANICKA Alicja</b>	<b>315</b>		K2 30-39	32			<b>01:46:23.10</b>	<b>01:46:23.10</b>	+00:55:05 (51.8%)	14:11	4.2 (47.7%)
306	<b>GUCZE Anna</b>	<b>1270</b>		K2 30-39	33			<b>01:46:23.20</b>	<b>01:46:23.20</b>	+00:55:05 (51.8%)	14:11	4.2 (47.7%)
306	<b>NAGOT Sandra</b>	<b>310</b>		K1 16-29	17			<b>01:46:23.20</b>	<b>01:46:23.20</b>	+00:55:05 (51.8%)	14:11	4.2 (47.7%)
308	<b>MAREK Anna</b>	<b>1389</b>	EICHHÖRNCHEN	K1 16-29	18			<b>01:36:39.90</b>	<b>01:46:26.90</b>	+00:55:08 (51.8%)	12:53	4.7 (53.4%)
309	<b>ADAMSKA Karolina</b>	<b>504</b>	DUOLIFE TEAM	K1 16-29	19		Duolife team	<b>01:46:29.80</b>	<b>01:46:29.80</b>	+00:55:11 (51.8%)	14:11	4.2 (47.7%)
310	<b>MAĆKIEWICZ Aleksandra</b>	<b>145</b>		K2 30-39	34			<b>01:46:34.40</b>	<b>01:46:34.40</b>	+00:55:16 (51.9%)	14:12	4.2 (47.7%)
311	<b>ORNATEK Łukasz</b>	<b>888</b>		M2 30-39	119			<b>01:46:51.00</b>	<b>01:46:51.00</b>	+00:55:32 (52.0%)	14:14	4.2 (47.7%)
312	<b>NOWAK Zbigniew</b>	<b>875</b>	KBDZIK	M5 60+	6			<b>01:46:51.65</b>	<b>01:46:51.65</b>	+00:55:33 (52.0%)	14:14	4.2 (47.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
313	<b>GARBACIAK Łukasz</b>	<b>56</b>	DRINK TEAM	M2 30-39	120		Drink team	<b>01:46:52.55</b>	<b>01:46:52.55</b>	+00:55:34 (52.0%)	14:14	4.2 (47.7%)
314	<b>OLBRACHT Anna</b>	<b>176</b>		K2 30-39	35			<b>01:46:58.50</b>	<b>01:46:58.50</b>	+00:55:40 (52.0%)	14:15	4.2 (47.7%)
314	<b>OLBRACHT Wojciech</b>	<b>916</b>		M2 30-39	121			<b>01:46:58.50</b>	<b>01:46:58.50</b>	+00:55:40 (52.0%)	14:15	4.2 (47.7%)
316	<b>BOBROWICZ Jakub</b>	<b>545</b>	T.CH. SZCZECIN	M2 30-39	122			<b>01:47:05.95</b>	<b>01:47:05.95</b>	+00:55:47 (52.1%)	14:16	4.2 (47.7%)
317	<b>SAJKOWSKI Kamil</b>	<b>959</b>	ZESPÓŁ NIESPOKOJNYCH NÓG	M1 16-29	53		Zespół niespokojnych nóg	<b>01:47:17.80</b>	<b>01:47:17.80</b>	+00:55:59 (52.2%)	14:18	4.2 (47.7%)
318	<b>WITKOWSKA Anna</b>	<b>535</b>		K3 40-49	16			<b>01:47:17.95</b>	<b>01:47:17.95</b>	+00:55:59 (52.2%)	14:18	4.2 (47.7%)
319	<b>DĄBEK Alicja</b>	<b>36</b>		K2 30-39	36			<b>01:47:19.65</b>	<b>01:47:19.65</b>	+00:56:01 (52.2%)	14:18	4.2 (47.7%)
320	<b>ŻAK Jakub</b>	<b>1122</b>	CHUDE BYKI	M1 16-29	54		Chude byki	<b>01:47:20.85</b>	<b>01:47:20.85</b>	+00:56:02 (52.2%)	14:18	4.2 (47.7%)
321	<b>GRALEWICZ Albert</b>	<b>358</b>		M1 16-29	55			<b>01:47:29.90</b>	<b>01:47:29.90</b>	+00:56:11 (52.3%)	14:19	4.2 (47.7%)
322	<b>GODEK Cezary</b>	<b>63</b>		M2 30-39	123			<b>01:47:37.55</b>	<b>01:47:37.55</b>	+00:56:19 (52.3%)	14:20	4.2 (47.7%)
323	<b>BOGACKA Małgorzata</b>	<b>549</b>		K2 30-39	37			<b>01:47:48.10</b>	<b>01:47:48.10</b>	+00:56:30 (52.4%)	14:22	4.2 (47.7%)
324	<b>JEZIOREK Agnieszka</b>	<b>697</b>	BABINEK BIEGA	K3 40-49	17			<b>01:47:49.55</b>	<b>01:47:49.55</b>	+00:56:31 (52.4%)	14:22	4.2 (47.7%)
325	<b>MLECZEK Roman</b>	<b>846</b>	BABINEK BIEGA	M3 40-49	48			<b>01:47:50.00</b>	<b>01:47:50.00</b>	+00:56:31 (52.4%)	14:22	4.2 (47.7%)
326	<b>CZAPLIŃSKA Magdalena</b>	<b>586</b>		K2 30-39	38			<b>01:47:57.15</b>	<b>01:47:57.15</b>	+00:56:39 (52.5%)	14:23	4.2 (47.7%)
327	<b>ORNATEK Paweł</b>	<b>887</b>		M2 30-39	124			<b>01:48:05.80</b>	<b>01:48:05.80</b>	+00:56:47 (52.5%)	14:24	4.2 (47.7%)
328	<b>WITKOWSKA Kamila</b>	<b>1075</b>		K2 30-39	39			<b>01:48:14.15</b>	<b>01:48:14.15</b>	+00:56:56 (52.6%)	14:25	4.2 (47.7%)
329	<b>NOWACZYK Wojciech</b>	<b>1281</b>		M2 30-39	125			<b>01:48:24.80</b>	<b>01:48:24.80</b>	+00:57:06 (52.7%)	14:27	4.2 (47.7%)
330	<b>KAPUSZYŃSKI Rafał</b>	<b>88</b>		M1 16-29	56		Falubaz	<b>01:48:28.00</b>	<b>01:48:28.00</b>	+00:57:09 (52.7%)	14:27	4.1 (46.6%)
331	<b>WALKOWIAK Kacper</b>	<b>264</b>	OSP OBRZYCKO	M1 16-29	57			<b>01:48:44.15</b>	<b>01:48:44.15</b>	+00:57:26 (52.8%)	14:29	4.1 (46.6%)
332	<b>KNOT Martyna</b>	<b>731</b>	PIĘKNI I BESTIE	K2 30-39	40			<b>01:48:58.50</b>	<b>01:48:58.50</b>	+00:57:40 (52.9%)	14:31	4.1 (46.6%)
333	<b>PAWLUŚ Tomasz</b>	<b>897</b>	WOLNI W BIEGU	M2 30-39	126		Wolni w biegu	<b>01:49:06.10</b>	<b>01:49:06.10</b>	+00:57:48 (53.0%)	14:32	4.1 (46.6%)
333	<b>WÓJCIK Krzysztof</b>	<b>1093</b>		M2 30-39	127		Wolni w biegu	<b>01:49:06.10</b>	<b>01:49:06.10</b>	+00:57:48 (53.0%)	14:32	4.1 (46.6%)
335	<b>MAŁOCHA Mariusz</b>	<b>821</b>	DZIADY OCR	M3 40-49	49			<b>01:49:08.85</b>	<b>01:49:08.85</b>	+00:57:50 (53.0%)	14:33	4.1 (46.6%)
336	<b>MAŁOCHA Adam</b>	<b>823</b>	BIEGACZE ŚWINOUJŚCIE	M1 16-29	58			<b>01:49:08.95</b>	<b>01:49:08.95</b>	+00:57:50 (53.0%)	14:33	4.1 (46.6%)
337	<b>MAJKA Dariusz</b>	<b>817</b>	HERR DARIUSZ	M2 30-39	128			<b>01:49:11.75</b>	<b>01:49:11.75</b>	+00:57:53 (53.0%)	14:33	4.1 (46.6%)
338	<b>ZAGÓRSKI Krzysztof</b>	<b>1107</b>		M2 30-39	129			<b>01:49:25.70</b>	<b>01:49:25.70</b>	+00:58:07 (53.1%)	14:35	4.1 (46.6%)
339	<b>GANCKE Grzegorz</b>	<b>631</b>		M3 40-49	50			<b>01:49:58.10</b>	<b>01:49:58.10</b>	+00:58:40 (53.3%)	14:39	4.1 (46.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
340	<b>KACZOR Mariusz</b>	<b>707</b>	GIMELA TEAM	M2 30-39	130			<b>01:50:05.65</b>	<b>01:50:05.65</b>	+00:58:47 (53.4%)	14:40	4.1 (46.6%)
341	<b>SOWISZ Danuta</b>	<b>993</b>	SOWISZ TEAM	K3 40-49	18		Sowisz team	<b>01:50:07.45</b>	<b>01:50:07.45</b>	+00:58:49 (53.4%)	14:40	4.1 (46.6%)
342	<b>SOWISZ Cezary</b>	<b>994</b>	SOWISZ TEAM	M4 50-59	17		Sowisz team	<b>01:50:07.65</b>	<b>01:50:07.65</b>	+00:58:49 (53.4%)	14:40	4.1 (46.6%)
343	<b>OSTROWSKI Piotr</b>	<b>891</b>	23. BAZA LOTNICTWA TAKTYCZNEGO	M3 40-49	51	23. baza lotnictwa taktycznego	23. baza lotnictwa taktycznego	<b>01:50:11.40</b>	<b>01:50:11.40</b>	+00:58:53 (53.4%)	14:41	4.1 (46.6%)
344	<b>DIKTA Anna</b>	<b>596</b>	23. BAZA LOTNICTWA TAKTYCZNEGO	K1 16-29	20	23. baza lotnictwa taktycznego	23. baza lotnictwa taktycznego	<b>01:50:11.60</b>	<b>01:50:11.60</b>	+00:58:53 (53.4%)	14:41	4.1 (46.6%)
345	<b>ŚWIETLIK Alicja</b>	<b>1031</b>		K3 40-49	19			<b>01:50:12.40</b>	<b>01:50:12.40</b>	+00:58:54 (53.5%)	14:41	4.1 (46.6%)
346	<b>GUTOWSKI Paweł</b>	<b>662</b>	EMKA STARGARD	M2 30-39	131			<b>01:50:22.05</b>	<b>01:50:22.05</b>	+00:59:04 (53.5%)	14:42	4.1 (46.6%)
347	<b>LACHOWICZ Bartosz</b>	<b>784</b>		M2 30-39	132			<b>01:50:24.45</b>	<b>01:50:24.45</b>	+00:59:06 (53.5%)	14:43	4.1 (46.6%)
348	<b>ADAMSKA Anna</b>	<b>2</b>	DUOLIFE TEAM	K4 50-59	4		Duolife team	<b>01:50:25.80</b>	<b>01:50:25.80</b>	+00:59:07 (53.5%)	14:43	4.1 (46.6%)
349	<b>BIRULA Michał</b>	<b>538</b>		M2 30-39	133			<b>01:50:27.50</b>	<b>01:50:27.50</b>	+00:59:09 (53.6%)	14:43	4.1 (46.6%)
350	<b>MAĆKIEWICZ Mateusz</b>	<b>146</b>		M2 30-39	134			<b>01:50:27.65</b>	<b>01:50:27.65</b>	+00:59:09 (53.6%)	14:43	4.1 (46.6%)
351	<b>HANDKE Justyna</b>	<b>666</b>	XRUNNERS	K2 30-39	41			<b>01:50:27.75</b>	<b>01:50:27.75</b>	+00:59:09 (53.6%)	14:43	4.1 (46.6%)
352	<b>SURGUCKI Sebastian</b>	<b>1012</b>	W POGONI ZA DUCHEM	M3 40-49	52			<b>01:50:30.60</b>	<b>01:50:30.60</b>	+00:59:12 (53.6%)	14:44	4.1 (46.6%)
353	<b>SURGUCKA Iwona</b>	<b>1011</b>	W POGONI ZA DUCHEM	K3 40-49	20			<b>01:50:30.75</b>	<b>01:50:30.75</b>	+00:59:12 (53.6%)	14:44	4.1 (46.6%)
354	<b>SĄCZ Dariusz</b>	<b>373</b>		M3 40-49	53			<b>01:50:33.15</b>	<b>01:50:33.15</b>	+00:59:15 (53.6%)	14:44	4.1 (46.6%)
355	<b>KARLIN-GRAŻEWICZ Katarzyna</b>	<b>92</b>		K3 40-49	21			<b>01:50:35.10</b>	<b>01:50:35.10</b>	+00:59:17 (53.6%)	14:44	4.1 (46.6%)
356	<b>MICHALSKA Magdalena</b>	<b>838</b>		K2 30-39	42			<b>01:50:36.20</b>	<b>01:50:36.20</b>	+00:59:18 (53.6%)	14:44	4.1 (46.6%)
357	<b>WEYTS Jeroen</b>	<b>1059</b>		M2 30-39	135			<b>01:50:36.45</b>	<b>01:50:36.45</b>	+00:59:18 (53.6%)	14:44	4.1 (46.6%)
358	<b>GIETKO Piotr</b>	<b>378</b>		M3 40-49	54			<b>01:50:39.85</b>	<b>01:50:39.85</b>	+00:59:21 (53.6%)	14:45	4.1 (46.6%)
359	<b>MIKICIUK Natalia</b>	<b>841</b>		K1 16-29	21			<b>01:50:48.10</b>	<b>01:50:48.10</b>	+00:59:30 (53.7%)	14:46	4.1 (46.6%)
359	<b>KORZENIAK Wojciech</b>	<b>741</b>		M1 16-29	59			<b>01:50:48.10</b>	<b>01:50:48.10</b>	+00:59:30 (53.7%)	14:46	4.1 (46.6%)
361	<b>TRZMIELEWSKI Grzegorz</b>	<b>260</b>		M2 30-39	136			<b>01:50:52.00</b>	<b>01:50:52.00</b>	+00:59:33 (53.7%)	14:46	4.1 (46.6%)
362	<b>GARBACIAK Grzegorz</b>	<b>54</b>		M3 40-49	55		Drink team	<b>01:50:56.00</b>	<b>01:50:56.00</b>	+00:59:37 (53.8%)	14:47	4.1 (46.6%)
363	<b>JUSINSKA Anna</b>	<b>703</b>	KBSPRINT SWIDWIN	K3 40-49	22			<b>01:51:05.20</b>	<b>01:51:05.20</b>	+00:59:47 (53.8%)	14:48	4.1 (46.6%)
364	<b>GRAŻEWICZ Marek</b>	<b>319</b>		M3 40-49	56			<b>01:51:16.10</b>	<b>01:51:16.10</b>	+00:59:58 (53.9%)	14:50	4 (45.5%)
365	<b>OLENICZAK Konrad</b>	<b>350</b>		M3 40-49	57		TAK BOMO	<b>01:51:19.05</b>	<b>01:51:19.05</b>	+01:00:01 (53.9%)	14:50	4 (45.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas		Różn	Tempo min/km	Tempo km/h
								netto 7.5km	brutto 7.5km			
366	<b>HRYNIŁO Marcin</b>	<b>1407</b>	BEMO MOTOR	M3 40-49	58		Bemo Motor	<b>01:51:19.65</b>	<b>01:51:19.65</b>	+01:00:01 (53.9%)	14:50	4 (45.5%)
367	<b>BOJANOWSKI Piotr</b>	<b>1408</b>	BEMO MOTOR	M3 40-49	59		Bemo Motor	<b>01:51:19.75</b>	<b>01:51:19.75</b>	+01:00:01 (53.9%)	14:50	4 (45.5%)
368	<b>RASZEWSKI Damian</b>	<b>941</b>		M2 30-39	137			<b>01:51:21.60</b>	<b>01:51:21.60</b>	+01:00:03 (53.9%)	14:50	4 (45.5%)
368	<b>CHODYNIECKI Tomasz</b>	<b>572</b>		M2 30-39	138			<b>01:51:21.60</b>	<b>01:51:21.60</b>	+01:00:03 (53.9%)	14:50	4 (45.5%)
370	<b>KOZAK Mirosław</b>	<b>752</b>		M2 30-39	139			<b>01:51:29.05</b>	<b>01:51:29.05</b>	+01:00:11 (54.0%)	14:51	4 (45.5%)
371	<b>ROMANOWICZ Marek</b>	<b>948</b>	PARKRUN SZCZECIN	M4 50-59	18			<b>01:51:48.40</b>	<b>01:51:48.40</b>	+01:00:30 (54.1%)	14:54	4 (45.5%)
372	<b>SCHERFENBERG-KERL Katarzyna</b>	<b>965</b>		K2 30-39	43			<b>01:51:51.90</b>	<b>01:51:51.90</b>	+01:00:33 (54.1%)	14:54	4 (45.5%)
373	<b>KERL Kamil</b>	<b>96</b>		M1 16-29	60			<b>01:51:52.00</b>	<b>01:51:52.00</b>	+01:00:33 (54.1%)	14:54	4 (45.5%)
374	<b>TUMANOWICZ Tomasz</b>	<b>1041</b>		M3 40-49	60			<b>01:51:59.45</b>	<b>01:51:59.45</b>	+01:00:41 (54.2%)	14:55	4 (45.5%)
375	<b>MIKOŁAJCZAK Joanna</b>	<b>161</b>	DRUŻYNA KSF	K2 30-39	44			<b>01:52:00.05</b>	<b>01:52:00.05</b>	+01:00:42 (54.2%)	14:56	4 (45.5%)
376	<b>MAJCHER Małgorzata</b>	<b>814</b>	PIŁA TEAM	K3 40-49	23			<b>01:52:01.50</b>	<b>01:52:01.50</b>	+01:00:43 (54.2%)	14:56	4 (45.5%)
377	<b>WALENT Marta</b>	<b>1052</b>		K2 30-39	45			<b>01:52:12.25</b>	<b>01:52:12.25</b>	+01:00:54 (54.3%)	14:57	4 (45.5%)
378	<b>SŁOJKOWSKI Przemysław</b>	<b>231</b>		M3 40-49	61			<b>01:52:20.40</b>	<b>01:52:20.40</b>	+01:01:02 (54.3%)	14:58	4 (45.5%)
379	<b>JAWORSKI Dawid</b>	<b>1400</b>	SZMERF	M1 16-29	61		SZMERF	<b>01:52:21.50</b>	<b>01:52:21.50</b>	+01:01:03 (54.3%)	14:58	4 (45.5%)
380	<b>RYBACKI Roman</b>	<b>955</b>	GIMELA TEAM	M2 30-39	140		Gimela team	<b>01:52:26.70</b>	<b>01:52:26.70</b>	+01:01:08 (54.4%)	14:59	4 (45.5%)
381	<b>CIOŁEK Paulina</b>	<b>30</b>	KFS	K1 16-29	22		Kfs	<b>01:52:33.35</b>	<b>01:52:33.35</b>	+01:01:15 (54.4%)	15:00	4 (45.5%)
382	<b>PCIONEK Jacek</b>	<b>900</b>		M2 30-39	141			<b>01:52:46.30</b>	<b>01:52:46.30</b>	+01:01:28 (54.5%)	15:02	4 (45.5%)
383	<b>WRÓBLEWSKA Małgorzata</b>	<b>1096</b>	POŁUPIN	K3 40-49	24			<b>01:52:47.85</b>	<b>01:52:47.85</b>	+01:01:29 (54.5%)	15:02	4 (45.5%)
384	<b>WRÓBLEWSKI Janusz</b>	<b>1099</b>	POŁUPIN	M4 50-59	19			<b>01:52:48.05</b>	<b>01:52:48.05</b>	+01:01:30 (54.5%)	15:02	4 (45.5%)
385	<b>POST Mariola</b>	<b>922</b>		K3 40-49	25		Goodfellas	<b>01:52:58.35</b>	<b>01:52:58.35</b>	+01:01:40 (54.6%)	15:03	4 (45.5%)
386	<b>KLIMCZEWSKI Arkadiusz</b>	<b>98</b>	-	M2 30-39	142			<b>01:53:05.90</b>	<b>01:53:05.90</b>	+01:01:47 (54.6%)	15:04	4 (45.5%)
387	<b>LEWANIAK Elżbieta</b>	<b>136</b>	-	K3 40-49	26			<b>01:53:06.05</b>	<b>01:53:06.05</b>	+01:01:48 (54.6%)	15:04	4 (45.5%)
388	<b>RAWA Donata</b>	<b>942</b>		K3 40-49	27			<b>01:53:16.75</b>	<b>01:53:16.75</b>	+01:01:58 (54.7%)	15:06	4 (45.5%)
389	<b>DOBACZEWSKA-WASEK Ewa</b>	<b>597</b>		K3 40-49	28			<b>01:53:16.80</b>	<b>01:53:16.80</b>	+01:01:58 (54.7%)	15:06	4 (45.5%)
390	<b>NIEWADZIK Ula</b>	<b>868</b>		K3 40-49	29			<b>01:53:17.15</b>	<b>01:53:17.15</b>	+01:01:59 (54.7%)	15:06	4 (45.5%)
391	<b>ZASADA Jarosław</b>	<b>281</b>		M3 40-49	62	Kp psp stargard		<b>01:53:18.80</b>	<b>01:53:18.80</b>	+01:02:00 (54.7%)	15:06	4 (45.5%)
392	<b>ZYGIEL-SZAKOŁA Szakoła</b>	<b>1121</b>		K2 30-39	46			<b>01:53:21.20</b>	<b>01:53:21.20</b>	+01:02:03 (54.7%)	15:06	4 (45.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
393	<b>DZIURKA</b> Mikołaj	<b>43</b>		M1 16-29	62			<b>01:53:45.80</b>	<b>01:53:45.80</b>	+01:02:27 (54.9%)	15:10	4 (45.5%)
394	<b>WĘGIELNIK</b> Patryk	<b>271</b>		M1 16-29	63			<b>01:53:48.00</b>	<b>01:53:48.00</b>	+01:02:29 (54.9%)	15:10	4 (45.5%)
395	<b>ZACHARSKI</b> Daniel	<b>279</b>	DRINK TEAM	M2 30-39	143		Drink team	<b>01:53:48.90</b>	<b>01:53:48.90</b>	+01:02:30 (54.9%)	15:10	4 (45.5%)
396	<b>SZAKOŁA</b> Paweł	<b>1015</b>		M2 30-39	144			<b>01:53:49.45</b>	<b>01:53:49.45</b>	+01:02:31 (54.9%)	15:10	4 (45.5%)
397	<b>MARCHIEL</b> Lena	<b>825</b>		K4 50-59	5			<b>01:53:50.50</b>	<b>01:53:50.50</b>	+01:02:32 (54.9%)	15:10	4 (45.5%)
398	<b>KAŹMIERSKI</b> Andrzej	<b>716</b>		M4 50-59	20			<b>01:53:50.80</b>	<b>01:53:50.80</b>	+01:02:32 (54.9%)	15:10	4 (45.5%)
399	<b>FRYDRYCH</b> Michał	<b>625</b>	FC AQUILA SZCZECIN	M2 30-39	145			<b>01:53:54.35</b>	<b>01:53:54.35</b>	+01:02:36 (55.0%)	15:11	4 (45.5%)
400	<b>DUTKIEWICZ</b> Urszula	<b>615</b>	LUNA WOLVES	K2 30-39	47			<b>01:54:15.00</b>	<b>01:54:15.00</b>	+01:02:56 (55.1%)	15:14	3.9 (44.3%)
401	<b>MALEC</b> Kamil	<b>819</b>		M2 30-39	146			<b>01:54:22.35</b>	<b>01:54:22.35</b>	+01:03:04 (55.1%)	15:14	3.9 (44.3%)
402	<b>SIDORCZUK</b> Tomasz	<b>968</b>	KLUB BIEGAJĄCYCH LEŚNIKÓW	M2 30-39	147			<b>01:54:31.25</b>	<b>01:54:31.25</b>	+01:03:13 (55.2%)	15:16	3.9 (44.3%)
403	<b>STASIUK</b> Robert	<b>1000</b>		M2 30-39	148			<b>01:54:32.55</b>	<b>01:54:32.55</b>	+01:03:14 (55.2%)	15:16	3.9 (44.3%)
404	<b>NIEWIADOMSKA</b> Magda	<b>869</b>	KOBIECE BIEGANIE	K2 30-39	48			<b>01:54:44.50</b>	<b>01:54:44.50</b>	+01:03:26 (55.3%)	15:17	3.9 (44.3%)
405	<b>POKORSKI</b> Rafał	<b>207</b>	HUSARIA RACE TEAM	M3 40-49	63			<b>01:54:49.55</b>	<b>01:54:49.55</b>	+01:03:31 (55.3%)	15:18	3.9 (44.3%)
406	<b>BIAŁKOWSKA</b> Katarzyna	<b>1151</b>	KOBIECE BIEGANIE	K3 40-49	30			<b>01:54:54.10</b>	<b>01:54:54.10</b>	+01:03:36 (55.4%)	15:19	3.9 (44.3%)
407	<b>KOBUS</b> Natalia	<b>732</b>	IRON HOUSE	K2 30-39	49		Ocr team wrocławek	<b>01:55:10.80</b>	<b>01:55:10.80</b>	+01:03:52 (55.5%)	15:21	3.9 (44.3%)
408	<b>BARTOSZEK</b> Michał	<b>523</b>	OCR TEAM WŁOCŁAWEK	M2 30-39	149		Ocr team wrocławek	<b>01:55:10.90</b>	<b>01:55:10.90</b>	+01:03:52 (55.5%)	15:21	3.9 (44.3%)
409	<b>SADOWSKI</b> Mariusz	<b>957</b>	IRON HOUSE	M3 40-49	64		Ocr team wrocławek	<b>01:55:11.10</b>	<b>01:55:11.10</b>	+01:03:53 (55.5%)	15:21	3.9 (44.3%)
410	<b>PIEKARSKI</b> Kamil	<b>908</b>		M2 30-39	150			<b>01:55:13.80</b>	<b>01:55:13.80</b>	+01:03:55 (55.5%)	15:21	3.9 (44.3%)
411	<b>HAJDUK</b> Maciej	<b>663</b>		M3 40-49	65			<b>01:55:17.00</b>	<b>01:55:17.00</b>	+01:03:58 (55.5%)	15:22	3.9 (44.3%)
412	<b>JĘDRYKA</b> Anna	<b>698</b>		K1 16-29	23			<b>01:55:28.75</b>	<b>01:55:28.75</b>	+01:04:10 (55.6%)	15:23	3.9 (44.3%)
413	<b>MATYSIAK</b> Sławomir	<b>835</b>		M2 30-39	151			<b>01:55:28.80</b>	<b>01:55:28.80</b>	+01:04:10 (55.6%)	15:23	3.9 (44.3%)
414	<b>JA</b> Małgorzata	<b>1142</b>	KOBIECE BIEGANIE	K3 40-49	31			<b>01:55:36.25</b>	<b>01:55:36.25</b>	+01:04:18 (55.6%)	15:24	3.9 (44.3%)
415	<b>GABERT-JAWORSKA</b> Klaudia	<b>1372</b>		K1 16-29	24			<b>01:55:48.00</b>	<b>01:55:48.00</b>	+01:04:29 (55.7%)	15:26	3.9 (44.3%)
416	<b>GABERT</b> Beata	<b>1267</b>	RAZ SZCZECIN	K3 40-49	32			<b>01:55:48.10</b>	<b>01:55:48.10</b>	+01:04:30 (55.7%)	15:26	3.9 (44.3%)
417	<b>WOŁYŃSKI</b> Dominik	<b>274</b>		M2 30-39	152			<b>01:55:58.20</b>	<b>01:55:58.20</b>	+01:04:40 (55.8%)	15:27	3.9 (44.3%)
418	<b>WARKOCZYŃSKI</b> Marcin	<b>265</b>	DLA ELUNI	M3 40-49	66			<b>01:56:03.75</b>	<b>01:56:03.75</b>	+01:04:45 (55.8%)	15:28	3.9 (44.3%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas		Różn	Tempo min/km	Tempo km/h
								netto 7.5km	brutto 7.5km			
419	<b>BORODYN Andrzej</b>	<b>551</b>	GRUPA DOCHODZENIOWA SAVE THE BEAT	M3 40-49	67			<b>01:56:03.90</b>	<b>01:56:03.90</b>	+01:04:45 (55.8%)	15:28	3.9 (44.3%)
420	<b>JAWORSKI Krystian</b>	<b>1399</b>	SZMERF	M1 16-29	64		SZMERF	<b>01:56:10.45</b>	<b>01:56:10.45</b>	+01:04:52 (55.8%)	15:29	3.9 (44.3%)
421	<b>GAŁECKA Kamila</b>	<b>297</b>		K1 16-29	25			<b>01:56:25.15</b>	<b>01:56:25.15</b>	+01:05:07 (55.9%)	15:31	3.9 (44.3%)
422	<b>MIZIELINSKA Darinka</b>	<b>318</b>	WIECZORNE BIEGANIE	K2 30-39	50			<b>01:56:25.65</b>	<b>01:56:25.65</b>	+01:05:07 (55.9%)	15:31	3.9 (44.3%)
423	<b>HNAT Rafał</b>	<b>671</b>	WATAHA WAŁCZ	M3 40-49	68	Wataha wałcz	Wataha wałcz	<b>01:56:35.65</b>	<b>01:56:35.65</b>	+01:05:17 (56.0%)	15:32	3.9 (44.3%)
424	<b>FUŁAWKA Artur</b>	<b>47</b>		M4 50-59	21			<b>01:56:35.70</b>	<b>01:56:35.70</b>	+01:05:17 (56.0%)	15:32	3.9 (44.3%)
425	<b>SZUFRANOWICZ Mirosław</b>	<b>246</b>	KLUB BIEGACZA SANTANDER	M3 40-49	69			<b>01:56:49.35</b>	<b>01:56:49.35</b>	+01:05:31 (56.1%)	15:34	3.9 (44.3%)
426	<b>DUDKA Robert</b>	<b>612</b>		M2 30-39	153			<b>01:57:18.20</b>	<b>01:57:18.20</b>	+01:06:00 (56.3%)	15:38	3.8 (43.2%)
427	<b>POSZUMSKA Gabriela</b>	<b>923</b>		K1 16-29	26			<b>01:57:21.00</b>	<b>01:57:21.00</b>	+01:06:02 (56.3%)	15:38	3.8 (43.2%)
428	<b>SIELICKI Patryk</b>	<b>970</b>		M1 16-29	65		Loszki i warchlaki	<b>01:57:30.20</b>	<b>01:57:30.20</b>	+01:06:12 (56.3%)	15:40	3.8 (43.2%)
429	<b>KAROL Monika</b>	<b>712</b>	LOSZKI I WARCHLAKI	K1 16-29	27		Loszki i warchlaki	<b>01:57:30.35</b>	<b>01:57:30.35</b>	+01:06:12 (56.3%)	15:40	3.8 (43.2%)
429	<b>KAROL Sławomir</b>	<b>714</b>	LOSZKI I WARCHLAKI	M4 50-59	22		Loszki i warchlaki	<b>01:57:30.35</b>	<b>01:57:30.35</b>	+01:06:12 (56.3%)	15:40	3.8 (43.2%)
431	<b>PIESYK Damian</b>	<b>911</b>	LOSZKI I WARCHLAKI	M2 30-39	154		Loszki i warchlaki	<b>01:57:30.40</b>	<b>01:57:30.40</b>	+01:06:12 (56.3%)	15:40	3.8 (43.2%)
431	<b>LEWANDOWSKA Dorota</b>	<b>792</b>	LOSZKI I WARCHLAKI	K3 40-49	33		Loszki i warchlaki	<b>01:57:30.40</b>	<b>01:57:30.40</b>	+01:06:12 (56.3%)	15:40	3.8 (43.2%)
433	<b>KAROL Agnieszka</b>	<b>713</b>	LOSZKI I WARCHLAKI	K3 40-49	34		Loszki i warchlaki	<b>01:57:30.70</b>	<b>01:57:30.70</b>	+01:06:12 (56.3%)	15:40	3.8 (43.2%)
434	<b>PIERZAKOWSKA Agnieszka</b>	<b>195</b>	SZALONE MAMUŚKI	K2 30-39	51			<b>01:57:36.70</b>	<b>01:57:36.70</b>	+01:06:18 (56.4%)	15:40	3.8 (43.2%)
435	<b>MISIUK Marta</b>	<b>164</b>	SZALONE MAMUŚKI	K2 30-39	52			<b>01:57:37.20</b>	<b>01:57:37.20</b>	+01:06:19 (56.4%)	15:40	3.8 (43.2%)
436	<b>REDMERSKI Konrad</b>	<b>217</b>		M3 40-49	70			<b>01:57:43.60</b>	<b>01:57:43.60</b>	+01:06:25 (56.4%)	15:41	3.8 (43.2%)
437	<b>MICHALAK Tomasz</b>	<b>837</b>		M4 50-59	23			<b>01:57:58.30</b>	<b>01:57:58.30</b>	+01:06:40 (56.5%)	15:43	3.8 (43.2%)
438	<b>STRELCOW Krzysztof</b>	<b>1149</b>		M3 40-49	71			<b>01:57:58.65</b>	<b>01:57:58.65</b>	+01:06:40 (56.5%)	15:43	3.8 (43.2%)
439	<b>MAKOWSKA Joanna</b>	<b>149</b>		K2 30-39	53			<b>01:58:21.65</b>	<b>01:58:21.65</b>	+01:07:03 (56.7%)	15:46	3.8 (43.2%)
440	<b>JÓZEFOWICZ Anna</b>	<b>702</b>	PIĘKNI I BESTIE	K2 30-39	54		Piękni i bestie	<b>01:58:31.45</b>	<b>01:58:31.45</b>	+01:07:13 (56.7%)	15:48	3.8 (43.2%)
441	<b>GITNER Marcin</b>	<b>639</b>	BIĘKNI I BESTIE	M3 40-49	72		Piękni i bestie	<b>01:58:31.70</b>	<b>01:58:31.70</b>	+01:07:13 (56.7%)	15:48	3.8 (43.2%)
441	<b>ROGOWSKA Agnieszka</b>	<b>945</b>	PIĘKNI I BESTIE	K2 30-39	55		Piękni i bestie	<b>01:58:31.70</b>	<b>01:58:31.70</b>	+01:07:13 (56.7%)	15:48	3.8 (43.2%)
443	<b>SAKOWSKA-CARŁO Magda</b>	<b>960</b>	WIECZORNE BIEGANIE W SZCZECINIE	K2 30-39	56			<b>01:58:32.90</b>	<b>01:58:32.90</b>	+01:07:14 (56.7%)	15:48	3.8 (43.2%)
444	<b>CARŁO Marcin</b>	<b>568</b>	WIECZORNE BIEGANIE W SZCZECINIE	M3 40-49	73			<b>01:58:33.10</b>	<b>01:58:33.10</b>	+01:07:15 (56.7%)	15:48	3.8 (43.2%)
445	<b>FIJAŁKOWSKI Karol</b>	<b>45</b>	ROSARIOS ZAKYNTOS	M2 30-39	155		Rosarios zakyntos	<b>01:58:46.80</b>	<b>01:58:46.80</b>	+01:07:28 (56.8%)	15:50	3.8 (43.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
446	<b>FIJAŁKOWSKA Aleksandra</b>	<b>44</b>	ROSARIOS ZAKYNTOS	K2 30-39	57		Rosarios zakyntos	<b>01:58:46.95</b>	<b>01:58:46.95</b>	+01:07:28 (56.8%)	15:50	3.8 (43.2%)
447	<b>WOLSKA Agnieszka</b>	<b>1082</b>		K2 30-39	58			<b>01:58:48.30</b>	<b>01:58:48.30</b>	+01:07:30 (56.8%)	15:50	3.8 (43.2%)
448	<b>BEDNARZ Katarzyna</b>	<b>527</b>		K3 40-49	35			<b>01:58:48.50</b>	<b>01:58:48.50</b>	+01:07:30 (56.8%)	15:50	3.8 (43.2%)
449	<b>POKORSKI Jędrzej</b>	<b>206</b>	HUSARIA RACE TEAM	M1 16-29	66			<b>01:58:49.10</b>	<b>01:58:49.10</b>	+01:07:31 (56.8%)	15:50	3.8 (43.2%)
450	<b>MAKSAJDA Dariusz</b>	<b>818</b>		M3 40-49	74			<b>01:58:54.00</b>	<b>01:58:54.00</b>	+01:07:35 (56.9%)	15:51	3.8 (43.2%)
451	<b>BOCK Agnieszka</b>	<b>546</b>	BRAUNSCHWEIG HASH HOUSE HARRIERS	K2 30-39	59		Braunschweig hash house harriers	<b>01:59:13.00</b>	<b>01:59:13.00</b>	+01:07:54 (57.0%)	15:53	3.8 (43.2%)
452	<b>GERLICH Klaus-Stephan</b>	<b>635</b>	BRAUNSCHWEIG HASH HOUSE HARRIERS	M4 50-59	24			<b>01:59:13.05</b>	<b>01:59:13.05</b>	+01:07:55 (57.0%)	15:53	3.8 (43.2%)
453	<b>GEILICH Katja</b>	<b>634</b>	BRAUNSCHWEIG HASH HOUSE HARRIERS	K2 30-39	60			<b>01:59:13.10</b>	<b>01:59:13.10</b>	+01:07:55 (57.0%)	15:53	3.8 (43.2%)
454	<b>GERLICH Kai</b>	<b>636</b>	BRAUNSCHWEIG HASH HOUSE HARRIERS	M1 16-29	67			<b>01:59:13.60</b>	<b>01:59:13.60</b>	+01:07:55 (57.0%)	15:53	3.8 (43.2%)
455	<b>WOSZCZYK Renata</b>	<b>1087</b>		K3 40-49	36			<b>01:59:29.85</b>	<b>01:59:29.85</b>	+01:08:11 (57.1%)	15:55	3.8 (43.2%)
456	<b>KLIMEK Paweł</b>	<b>728</b>		M2 30-39	156			<b>01:59:29.90</b>	<b>01:59:29.90</b>	+01:08:11 (57.1%)	15:55	3.8 (43.2%)
457	<b>WYSZKOWSKI Michał</b>	<b>1102</b>		M2 30-39	157			<b>01:59:40.70</b>	<b>01:59:40.70</b>	+01:08:22 (57.1%)	15:57	3.8 (43.2%)
458	<b>PACH Karolina</b>	<b>184</b>		K2 30-39	61		Dżesiki	<b>01:59:53.90</b>	<b>01:59:53.90</b>	+01:08:35 (57.2%)	15:59	3.8 (43.2%)
459	<b>CYTLOCH Martyna</b>	<b>35</b>		K1 16-29	28		Dżesiki	<b>01:59:54.10</b>	<b>01:59:54.10</b>	+01:08:36 (57.2%)	15:59	3.8 (43.2%)
460	<b>CHEŁSTOWSKA Marta</b>	<b>21</b>		K4 50-59	6		Dżesiki	<b>01:59:54.20</b>	<b>01:59:54.20</b>	+01:08:36 (57.2%)	15:59	3.8 (43.2%)
461	<b>CYTLOCH Jolanta</b>	<b>33</b>		K1 16-29	29		Dżesiki	<b>01:59:54.50</b>	<b>01:59:54.50</b>	+01:08:36 (57.2%)	15:59	3.8 (43.2%)
462	<b>MATUSZAK Kamila</b>	<b>834</b>	MATUSZAK TEAM	K1 16-29	30		Matuszak team	<b>02:00:20.95</b>	<b>02:00:20.95</b>	+01:09:02 (57.4%)	16:02	3.7 (42.0%)
463	<b>MATUSZAK Mateusz</b>	<b>833</b>	MATUSZAK TEAM	M1 16-29	68		Matuszak	<b>02:00:21.90</b>	<b>02:00:21.90</b>	+01:09:03 (57.4%)	16:02	3.7 (42.0%)
464	<b>PRZYBYSZ Katarzyna</b>	<b>929</b>		K2 30-39	62			<b>02:00:22.40</b>	<b>02:00:22.40</b>	+01:09:04 (57.4%)	16:02	3.7 (42.0%)
465	<b>MATUSZAK Anita</b>	<b>832</b>		K3 40-49	37		Matuszak team	<b>02:00:22.80</b>	<b>02:00:22.80</b>	+01:09:04 (57.4%)	16:02	3.7 (42.0%)
466	<b>WIECZOREK Wojciech</b>	<b>1062</b>		M3 40-49	75			<b>02:00:33.60</b>	<b>02:00:33.60</b>	+01:09:15 (57.4%)	16:04	3.7 (42.0%)
467	<b>WIECZOREK Magdalena</b>	<b>1061</b>		K3 40-49	38			<b>02:00:33.70</b>	<b>02:00:33.70</b>	+01:09:15 (57.4%)	16:04	3.7 (42.0%)
468	<b>WIECZOREK Jakub</b>	<b>1063</b>		M1 16-29	69			<b>02:00:33.80</b>	<b>02:00:33.80</b>	+01:09:15 (57.4%)	16:04	3.7 (42.0%)
469	<b>KLIMEK Krzysztof</b>	<b>727</b>		M3 40-49	76			<b>02:00:42.45</b>	<b>02:00:42.45</b>	+01:09:24 (57.5%)	16:05	3.7 (42.0%)
470	<b>KOWALSKA Anna</b>	<b>1371</b>		K2 30-39	63			<b>02:00:46.05</b>	<b>02:00:46.05</b>	+01:09:28 (57.5%)	16:06	3.7 (42.0%)
471	<b>ZEMANKIEWICZ Łukasz</b>	<b>1114</b>	KANAŁ 6AM	M2 30-39	158			<b>02:01:00.90</b>	<b>02:01:00.90</b>	+01:09:42 (57.6%)	16:08	3.7 (42.0%)
472	<b>OLEKSIAK Marcin</b>	<b>178</b>		M3 40-49	77			<b>02:01:06.35</b>	<b>02:01:06.35</b>	+01:09:48 (57.6%)	16:08	3.7 (42.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
473	<b>DĄBROWSKI Wojciech</b>	<b>179</b>		M2 30-39	159			<b>02:01:09.15</b>	<b>02:01:09.15</b>	+01:09:51 (57.7%)	16:09	3.7 (42.0%)
474	<b>SMOCZYK Łukasz</b>	<b>985</b>		M1 16-29	70			<b>02:01:24.45</b>	<b>02:01:24.45</b>	+01:10:06 (57.7%)	16:11	3.7 (42.0%)
475	<b>CYCULAK Jowita</b>	<b>32</b>		K1 16-29	31			<b>02:01:24.65</b>	<b>02:01:24.65</b>	+01:10:06 (57.7%)	16:11	3.7 (42.0%)
476	<b>ABRAMOWICZ Tomasz</b>	<b>1152</b>		M2 30-39	160			<b>02:01:28.55</b>	<b>02:01:28.55</b>	+01:10:10 (57.8%)	16:11	3.7 (42.0%)
477	<b>GARBACIAK Przemysław</b>	<b>632</b>	TOGETHER4EVER	M2 30-39	161		Together4ever	<b>02:01:30.30</b>	<b>02:01:30.30</b>	+01:10:12 (57.8%)	16:12	3.7 (42.0%)
478	<b>GARBACIAK Justyna</b>	<b>53</b>	TOGETHER4EVER	K2 30-39	64		Together4ever	<b>02:01:32.95</b>	<b>02:01:32.95</b>	+01:10:14 (57.8%)	16:12	3.7 (42.0%)
479	<b>KOMSTA Beata</b>	<b>105</b>		K3 40-49	39			<b>02:01:38.90</b>	<b>02:01:38.90</b>	+01:10:20 (57.8%)	16:13	3.7 (42.0%)
480	<b>ŚWITALSKA Edyta</b>	<b>1032</b>	SZCZECIŃSKIE CENTRUM TRENINGU PERSONALNEGO	K3 40-49	40			<b>02:01:39.60</b>	<b>02:01:39.60</b>	+01:10:21 (57.8%)	16:13	3.7 (42.0%)
481	<b>OLICHWER Rafał</b>	<b>884</b>		M1 16-29	71			<b>02:01:59.45</b>	<b>02:01:59.45</b>	+01:10:41 (57.9%)	16:15	3.7 (42.0%)
482	<b>PŁAŻALSKA Sylwia</b>	<b>204</b>	HUSARIA RACE TEAM	K2 30-39	65			<b>02:02:13.35</b>	<b>02:02:13.35</b>	+01:10:55 (58.0%)	16:17	3.7 (42.0%)
483	<b>SIKORA Magdalena</b>	<b>229</b>		K2 30-39	66			<b>02:02:24.15</b>	<b>02:02:24.15</b>	+01:11:06 (58.1%)	16:19	3.7 (42.0%)
484	<b>ULASS Agnieszka</b>	<b>1044</b>		K3 40-49	41			<b>02:02:28.65</b>	<b>02:02:28.65</b>	+01:11:10 (58.1%)	16:19	3.7 (42.0%)
485	<b>PIĘTKA Grzegorz</b>	<b>199</b>	1973	M3 40-49	78			<b>02:02:31.30</b>	<b>02:02:31.30</b>	+01:11:13 (58.1%)	16:20	3.7 (42.0%)
486	<b>DUDARONEK Paulina</b>	<b>611</b>	HUSARIA RACE TEAM	K1 16-29	32		Husaria race team	<b>02:02:33.40</b>	<b>02:02:33.40</b>	+01:11:15 (58.1%)	16:20	3.7 (42.0%)
487	<b>MOSZYŃSKI Patryk</b>	<b>850</b>	HUSARIA RACE TEAM	M1 16-29	72		Husaria race team	<b>02:02:33.70</b>	<b>02:02:33.70</b>	+01:11:15 (58.1%)	16:20	3.7 (42.0%)
488	<b>KAROLAK Łukasz</b>	<b>93</b>		M2 30-39	162			<b>02:02:39.40</b>	<b>02:02:39.40</b>	+01:11:21 (58.2%)	16:21	3.7 (42.0%)
489	<b>KAROLAK Karolina</b>	<b>94</b>		K2 30-39	67			<b>02:02:39.80</b>	<b>02:02:39.80</b>	+01:11:21 (58.2%)	16:21	3.7 (42.0%)
490	<b>SPRYSZYŃSKA Małgorzata</b>	<b>233</b>		K1 16-29	33			<b>02:02:46.15</b>	<b>02:02:46.15</b>	+01:11:28 (58.2%)	16:22	3.7 (42.0%)
491	<b>KISIEL Kisiel</b>	<b>97</b>		M1 16-29	73			<b>02:02:46.40</b>	<b>02:02:46.40</b>	+01:11:28 (58.2%)	16:22	3.7 (42.0%)
492	<b>PORAZIŃSKI Przemysław</b>	<b>919</b>		M1 16-29	74			<b>02:02:49.35</b>	<b>02:02:49.35</b>	+01:11:31 (58.2%)	16:22	3.7 (42.0%)
493	<b>PORAZIŃSKA Dagmara</b>	<b>918</b>		K1 16-29	34			<b>02:02:52.50</b>	<b>02:02:52.50</b>	+01:11:34 (58.2%)	16:22	3.7 (42.0%)
494	<b>ULASS Robert</b>	<b>1046</b>		M3 40-49	79			<b>02:03:03.05</b>	<b>02:03:03.05</b>	+01:11:45 (58.3%)	16:24	3.7 (42.0%)
495	<b>OSTOLSKA Sylwia</b>	<b>890</b>		K3 40-49	42			<b>02:03:03.75</b>	<b>02:03:03.75</b>	+01:11:45 (58.3%)	16:24	3.7 (42.0%)
496	<b>MALEC Edyta</b>	<b>150</b>	SKM MIEDWIANIE	K3 40-49	43			<b>02:03:09.65</b>	<b>02:03:09.65</b>	+01:11:51 (58.3%)	16:25	3.7 (42.0%)
497	<b>NAPOROWSKA Monika</b>	<b>1319</b>		K2 30-39	68			<b>02:03:15.30</b>	<b>02:03:15.30</b>	+01:11:57 (58.4%)	16:26	3.7 (42.0%)
498	<b>SYCHEL Magdalena</b>	<b>1014</b>		K2 30-39	69			<b>02:03:18.45</b>	<b>02:03:18.45</b>	+01:12:00 (58.4%)	16:26	3.6 (40.9%)
499	<b>BIELSKA Ola</b>	<b>533</b>		K2 30-39	70		Ockkt	<b>02:03:27.35</b>	<b>02:03:27.35</b>	+01:12:09 (58.4%)	16:27	3.6 (40.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
499	<b>MRÓZ Tomek</b>	<b>851</b>		M3 40-49	80		Ockkt	<b>02:03:27.35</b>	<b>02:03:27.35</b>	+01:12:09 (58.4%)	16:27	3.6 (40.9%)
501	<b>LIPSKI Łukasz</b>	<b>796</b>	BIEGOHOLLICA	M2 30-39	163			<b>02:03:27.60</b>	<b>02:03:27.60</b>	+01:12:09 (58.4%)	16:27	3.6 (40.9%)
502	<b>CIEPIELA Dariusz</b>	<b>580</b>	BIEGOHOLLICA	M2 30-39	164			<b>02:03:27.70</b>	<b>02:03:27.70</b>	+01:12:09 (58.4%)	16:27	3.6 (40.9%)
503	<b>NANU Justyna</b>	<b>859</b>	GRYFUS SZCZECIN	K2 30-39	71		Gryfus szczecin	<b>02:03:32.70</b>	<b>02:03:32.70</b>	+01:12:14 (58.5%)	16:28	3.6 (40.9%)
504	<b>KUŹMIŃSKA Weronika Ewa</b>	<b>339</b>		25 Fala	1			<b>02:03:45.30</b>	<b>02:03:45.30</b>	+01:12:27 (58.5%)	16:30	3.6 (40.9%)
505	<b>HERMANOWICZ Miłosz</b>	<b>670</b>	ZS ZWYROLE	M2 30-39	165		Zs zwyrole	<b>02:03:49.50</b>	<b>02:03:49.50</b>	+01:12:31 (58.6%)	16:30	3.6 (40.9%)
506	<b>NIEDZIAŁEK Paulina</b>	<b>169</b>	ZS ZWYROLE	K2 30-39	72		Zs zwyrole	<b>02:03:49.75</b>	<b>02:03:49.75</b>	+01:12:31 (58.6%)	16:30	3.6 (40.9%)
507	<b>WIŚNIEWSKI Mariusz</b>	<b>1074</b>		M1 16-29	75			<b>02:03:50.70</b>	<b>02:03:50.70</b>	+01:12:32 (58.6%)	16:30	3.6 (40.9%)
508	<b>BRZESKA Ewa</b>	<b>557</b>		K1 16-29	35			<b>02:03:56.50</b>	<b>02:03:56.50</b>	+01:12:38 (58.6%)	16:31	3.6 (40.9%)
509	<b>BERNACKA-SZYDLIK Karolina</b>	<b>528</b>		K2 30-39	73			<b>02:03:56.55</b>	<b>02:03:56.55</b>	+01:12:38 (58.6%)	16:31	3.6 (40.9%)
510	<b>SZYDLIK Łukasz</b>	<b>248</b>		M1 16-29	76			<b>02:03:56.70</b>	<b>02:03:56.70</b>	+01:12:38 (58.6%)	16:31	3.6 (40.9%)
511	<b>KUCHARSKI Kamil</b>	<b>308</b>		M2 30-39	166			<b>02:03:57.90</b>	<b>02:03:57.90</b>	+01:12:39 (58.6%)	16:31	3.6 (40.9%)
512	<b>WOŹNIAK Rafał</b>	<b>1090</b>		M2 30-39	167			<b>02:04:10.35</b>	<b>02:04:10.35</b>	+01:12:52 (58.7%)	16:33	3.6 (40.9%)
513	<b>CUPRYJAK Sebastian</b>	<b>584</b>		M2 30-39	168	Kwp/opp szczecin	Kwp/opp szczecin	<b>02:04:12.00</b>	<b>02:04:12.00</b>	+01:12:53 (58.7%)	16:33	3.6 (40.9%)
514	<b>KURDZIEL Michał</b>	<b>777</b>		M2 30-39	169	Kwp/opp szczecin	Kwp/opp szczecin	<b>02:04:12.30</b>	<b>02:04:12.30</b>	+01:12:54 (58.7%)	16:33	3.6 (40.9%)
514	<b>PŁOSAJ Kamila</b>	<b>296</b>		K2 30-39	74			<b>02:04:12.30</b>	<b>02:04:12.30</b>	+01:12:54 (58.7%)	16:33	3.6 (40.9%)
516	<b>PŁOSAJ Przemysław</b>	<b>295</b>		M2 30-39	170			<b>02:04:12.40</b>	<b>02:04:12.40</b>	+01:12:54 (58.7%)	16:33	3.6 (40.9%)
517	<b>WOJCIECHOWSKA Maja</b>	<b>273</b>		K1 16-29	36			<b>02:04:12.45</b>	<b>02:04:12.45</b>	+01:12:54 (58.7%)	16:33	3.6 (40.9%)
518	<b>SKONECZNY Przemysław</b>	<b>977</b>		M2 30-39	171	Kwp/opp szczecin	Kwp/opp szczecin	<b>02:04:12.80</b>	<b>02:04:12.80</b>	+01:12:54 (58.7%)	16:33	3.6 (40.9%)
519	<b>BRATKO Przemysław</b>	<b>554</b>		M1 16-29	77			<b>02:04:18.00</b>	<b>02:04:18.00</b>	+01:12:59 (58.7%)	16:34	3.6 (40.9%)
520	<b>ŻUROWSKI Jarosław</b>	<b>1127</b>		M3 40-49	81			<b>02:04:30.35</b>	<b>02:04:30.35</b>	+01:13:12 (58.8%)	16:36	3.6 (40.9%)
520	<b>ŻUROWSKA Agnieszka</b>	<b>1126</b>		K3 40-49	44			<b>02:04:30.35</b>	<b>02:04:30.35</b>	+01:13:12 (58.8%)	16:36	3.6 (40.9%)
520	<b>ŻUROWSKI Leszek</b>	<b>1128</b>	POGOŃ SZCZECIN	M2 30-39	172		Żurki	<b>02:04:30.35</b>	<b>02:04:30.35</b>	+01:13:12 (58.8%)	16:36	3.6 (40.9%)
523	<b>SAMBORSKI Radek</b>	<b>961</b>		M1 16-29	78			<b>02:04:40.90</b>	<b>02:04:40.90</b>	+01:13:22 (58.9%)	16:37	3.6 (40.9%)
524	<b>ZIELIŃSKA Michał</b>	<b>1117</b>		M1 16-29	79			<b>02:04:42.60</b>	<b>02:04:42.60</b>	+01:13:24 (58.9%)	16:37	3.6 (40.9%)
525	<b>POŹNIAK Aleksandra</b>	<b>926</b>	DZIKIE DZIKI GORZÓW	K2 30-39	75		Dzikie dziki	<b>02:04:49.95</b>	<b>02:04:49.95</b>	+01:13:31 (58.9%)	16:38	3.6 (40.9%)
526	<b>GLIŃSKI Zygmunt</b>	<b>307</b>		M2 30-39	173			<b>02:04:51.80</b>	<b>02:04:51.80</b>	+01:13:33 (58.9%)	16:38	3.6 (40.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
527	JASIŃSKA Natalia	693	WIECZORNE BIEGANIE W SZCZECINIE	K2 30-39	76			02:04:58.70	02:04:58.70	+01:13:40 (59.0%)	16:39	3.6 (40.9%)
528	WIECZOREK Mariusz	1060		M3 40-49	82			02:05:08.00	02:05:08.00	+01:13:49 (59.0%)	16:41	3.6 (40.9%)
529	ROMAN Ewelina	690		K2 30-39	77			02:05:16.40	02:05:16.40	+01:13:58 (59.0%)	16:42	3.6 (40.9%)
530	SETA Krysia	967	MONIA GYM	K2 30-39	78			02:05:17.40	02:05:17.40	+01:13:59 (59.1%)	16:42	3.6 (40.9%)
531	FIJOŁEK Krzysztof	623	VIKING BIKE TEAM	M3 40-49	83			02:05:19.20	02:05:19.20	+01:14:01 (59.1%)	16:42	3.6 (40.9%)
532	WOLANO Anna	1081	CF PRAWY BRZEG	K2 30-39	79			02:05:38.70	02:05:38.70	+01:14:20 (59.2%)	16:45	3.6 (40.9%)
533	CIEMCIOCH Pawel	579		M3 40-49	84			02:05:39.35	02:05:39.35	+01:14:21 (59.2%)	16:45	3.6 (40.9%)
534	KOZŁOWSKA - PARUZEL Magdalena	118		K2 30-39	80			02:05:48.15	02:05:48.15	+01:14:30 (59.2%)	16:46	3.6 (40.9%)
535	GAWRYSIAK Ewa	337		K2 30-39	81			02:05:48.20	02:05:48.20	+01:14:30 (59.2%)	16:46	3.6 (40.9%)
536	LESZKIEWICZ Roman	132	CTF SZCZECIN	M2 30-39	174			02:05:48.30	02:05:48.30	+01:14:30 (59.2%)	16:46	3.6 (40.9%)
537	MOSKWA Akadiusz	166		M3 40-49	85			02:05:48.50	02:05:48.50	+01:14:30 (59.2%)	16:46	3.6 (40.9%)
538	CZYŻEWSKA Mirosława	591		K2 30-39	82			02:05:49.05	02:05:49.05	+01:14:31 (59.2%)	16:46	3.6 (40.9%)
539	CZYŻEWSKI Mateusz	592		M2 30-39	175			02:05:49.10	02:05:49.10	+01:14:31 (59.2%)	16:46	3.6 (40.9%)
540	ZIĘCINA Monika	75	KSF	K2 30-39	83			02:05:53.95	02:05:53.95	+01:14:35 (59.3%)	16:47	3.6 (40.9%)
541	DZIEDZINA Roksana	42	KSF	K2 30-39	84		Ksf	02:05:54.05	02:05:54.05	+01:14:36 (59.3%)	16:47	3.6 (40.9%)
542	DĘBSKA Kamila	214	KSF	K2 30-39	85		Ksf	02:05:54.20	02:05:54.20	+01:14:36 (59.3%)	16:47	3.6 (40.9%)
543	DUBICKA Marta	40	KSF	K3 40-49	45		Ksf	02:05:54.35	02:05:54.35	+01:14:36 (59.3%)	16:47	3.6 (40.9%)
544	GUZOWSKA Marta	72	KSF	K2 30-39	86		Ksf	02:05:54.40	02:05:54.40	+01:14:36 (59.3%)	16:47	3.6 (40.9%)
545	KWAŚNA Katarzyna	129	KSF	K3 40-49	46		Ksf	02:05:54.65	02:05:54.65	+01:14:36 (59.3%)	16:47	3.6 (40.9%)
546	GRALEWICZ Magdalena	651	MUROWANE MORSY	K3 40-49	47			02:06:17.00	02:06:17.00	+01:14:58 (59.4%)	16:50	3.6 (40.9%)
547	ŻBIKOWSKA Małgorzata	1123	SPC	K4 50-59	7			02:06:17.45	02:06:17.45	+01:14:59 (59.4%)	16:50	3.6 (40.9%)
548	WOŹNIAK Beata	1089		K3 40-49	48			02:06:17.75	02:06:17.75	+01:14:59 (59.4%)	16:50	3.6 (40.9%)
549	NASKRĘT Dariusz	863		M3 40-49	86			02:06:18.05	02:06:18.05	+01:15:00 (59.4%)	16:50	3.6 (40.9%)
549	GRALEWICZ Robert	650	MUROWANE MORSY	M3 40-49	87			02:06:18.05	02:06:18.05	+01:15:00 (59.4%)	16:50	3.6 (40.9%)
551	BŁACHOWIAK Małgorzata	541	CZERWONAK BIEGA	K4 50-59	8			02:06:18.10	02:06:18.10	+01:15:00 (59.4%)	16:50	3.6 (40.9%)
552	DOMASIK Izabela	605		K3 40-49	49			02:06:18.70	02:06:18.70	+01:15:00 (59.4%)	16:50	3.6 (40.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
553	<b>JAKUBOWSKA Angelika</b>	<b>76</b>	KONIUCHY OCR	K1 16-29	37			<b>02:06:34.65</b>	<b>02:06:34.65</b>	+01:15:16 (59.5%)	16:52	3.6 (40.9%)
554	<b>KARDACKI Rafał</b>	<b>621</b>		M3 40-49	88			<b>02:06:41.00</b>	<b>02:06:41.00</b>	+01:15:22 (59.5%)	16:53	3.6 (40.9%)
555	<b>TRUKAWKA Andrzej</b>	<b>1040</b>		M2 30-39	176			<b>02:06:43.20</b>	<b>02:06:43.20</b>	+01:15:25 (59.5%)	16:53	3.6 (40.9%)
556	<b>MISTAK Paula</b>	<b>845</b>	NIEZDECYDOWANI	K2 30-39	87			<b>02:06:43.60</b>	<b>02:06:43.60</b>	+01:15:25 (59.5%)	16:53	3.6 (40.9%)
557	<b>ZDUNEK Piotr</b>	<b>1112</b>		M2 30-39	177		Niezdecydowani	<b>02:06:44.30</b>	<b>02:06:44.30</b>	+01:15:26 (59.5%)	16:53	3.6 (40.9%)
558	<b>ADAM Kamila</b>	<b>500</b>	DLL PARTNERS	K2 30-39	88		Dll partners	<b>02:06:45.90</b>	<b>02:06:45.90</b>	+01:15:27 (59.5%)	16:54	3.6 (40.9%)
559	<b>ŁEMPKOWSKA Beata</b>	<b>805</b>	DLL PARTNERS	K3 40-49	50		BBL Police	<b>02:06:46.00</b>	<b>02:06:46.00</b>	+01:15:27 (59.5%)	16:54	3.5 (39.8%)
560	<b>KUSTRA Paulina</b>	<b>1392</b>	BBL POLICE	Drużyna Kluby	1		BBL Police	<b>02:06:46.10</b>	<b>02:06:46.10</b>	+01:15:28 (59.5%)	16:54	3.5 (39.8%)
561	<b>KRASNODEBSKI Konrad</b>	<b>1405</b>	BBL POLICE	M3 40-49	89		BBL Police	<b>02:06:46.20</b>	<b>02:06:46.20</b>	+01:15:28 (59.5%)	16:54	3.5 (39.8%)
561	<b>ŁEMPKOWSKI Janusz</b>	<b>806</b>	DLL PARTNERS	M3 40-49	90		BBL Police	<b>02:06:46.20</b>	<b>02:06:46.20</b>	+01:15:28 (59.5%)	16:54	3.5 (39.8%)
563	<b>SZOT Justyna</b>	<b>243</b>		K2 30-39	89			<b>02:06:46.25</b>	<b>02:06:46.25</b>	+01:15:28 (59.5%)	16:54	3.5 (39.8%)
564	<b>KAMIŃSKA Adriana</b>	<b>709</b>	BBL POLICE	K2 30-39	90		BBL Police	<b>02:06:46.35</b>	<b>02:06:46.35</b>	+01:15:28 (59.5%)	16:54	3.5 (39.8%)
565	<b>CYBULSKA Anna</b>	<b>1402</b>		K2 30-39	91			<b>02:06:51.80</b>	<b>02:06:51.80</b>	+01:15:33 (59.6%)	16:54	3.5 (39.8%)
566	<b>HARNER Jacek</b>	<b>667</b>	PANDA I BANDA	M2 30-39	178			<b>02:06:52.10</b>	<b>02:06:52.10</b>	+01:15:34 (59.6%)	16:54	3.5 (39.8%)
567	<b>BANAŚ Marcin</b>	<b>8</b>	WIECZORNE BIEGANIE W SZCZECINIE	M3 40-49	91			<b>02:06:53.15</b>	<b>02:06:53.15</b>	+01:15:35 (59.6%)	16:55	3.5 (39.8%)
568	<b>CYBULSKI Grzegorz</b>	<b>585</b>		M5 60+	7			<b>02:06:54.25</b>	<b>02:06:54.25</b>	+01:15:36 (59.6%)	16:55	3.5 (39.8%)
569	<b>BRZEZIŃSKI Radosław</b>	<b>357</b>		M2 30-39	179			<b>02:06:54.35</b>	<b>02:06:54.35</b>	+01:15:36 (59.6%)	16:55	3.5 (39.8%)
570	<b>STĘPIEŃ Agnieszka</b>	<b>1007</b>	AGA	K2 30-39	92			<b>02:07:03.70</b>	<b>02:07:03.70</b>	+01:15:45 (59.6%)	16:56	3.5 (39.8%)
571	<b>STĘPIEŃ Adrian</b>	<b>1008</b>	ADI	M2 30-39	180			<b>02:07:05.25</b>	<b>02:07:05.25</b>	+01:15:47 (59.6%)	16:56	3.5 (39.8%)
572	<b>SZELONG Agnieszka</b>	<b>303</b>		K2 30-39	93			<b>02:07:06.55</b>	<b>02:07:06.55</b>	+01:15:48 (59.6%)	16:56	3.5 (39.8%)
573	<b>PACHNOWSKI Sławomir</b>	<b>301</b>		M2 30-39	181			<b>02:07:06.65</b>	<b>02:07:06.65</b>	+01:15:48 (59.6%)	16:56	3.5 (39.8%)
574	<b>RODAK Agnieszka</b>	<b>944</b>		K3 40-49	51			<b>02:07:14.25</b>	<b>02:07:14.25</b>	+01:15:56 (59.7%)	16:57	3.5 (39.8%)
575	<b>GRZEGORZEWSKI Krzysztof</b>	<b>658</b>		M3 40-49	92			<b>02:07:14.70</b>	<b>02:07:14.70</b>	+01:15:56 (59.7%)	16:57	3.5 (39.8%)
575	<b>JAŚKIEWICZ Krzysztof</b>	<b>696</b>	RX FITNESS LUBIN	M3 40-49	93			<b>02:07:14.70</b>	<b>02:07:14.70</b>	+01:15:56 (59.7%)	16:57	3.5 (39.8%)
577	<b>STEMPNIAK Katarzyna</b>	<b>1003</b>	REBELS LEGION TEAM	K2 30-39	94			<b>02:07:19.40</b>	<b>02:07:19.40</b>	+01:16:01 (59.7%)	16:58	3.5 (39.8%)
578	<b>STEMPNIAK Zbigniew</b>	<b>1005</b>	REBELS LEGION TEAM	M3 40-49	94			<b>02:07:19.55</b>	<b>02:07:19.55</b>	+01:16:01 (59.7%)	16:58	3.5 (39.8%)
579	<b>DEPTUŁA-BILL Bożena</b>	<b>595</b>	HUSARIA RACE TEAM SZCZECINEK	K2 30-39	95			<b>02:07:50.75</b>	<b>02:07:50.75</b>	+01:16:32 (59.9%)	17:02	3.5 (39.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
580	<b>BILL Łukasz</b>	<b>537</b>	HUSARIA RACE TEAM SZCZECINEK	M2 30-39	182			<b>02:07:50.90</b>	<b>02:07:50.90</b>	+01:16:32 (59.9%)	17:02	3.5 (39.8%)
581	<b>FINSTER Joanna</b>	<b>624</b>		K1 16-29	38		Drużyna aaa	<b>02:07:51.95</b>	<b>02:07:51.95</b>	+01:16:33 (59.9%)	17:02	3.5 (39.8%)
582	<b>WAJDA Waldemar</b>	<b>1050</b>		M3 40-49	95			<b>02:07:52.15</b>	<b>02:07:52.15</b>	+01:16:34 (59.9%)	17:02	3.5 (39.8%)
583	<b>PRĘTKI Robert</b>	<b>927</b>		M3 40-49	96			<b>02:07:52.90</b>	<b>02:07:52.90</b>	+01:16:34 (59.9%)	17:02	3.5 (39.8%)
584	<b>DUDKA Agata</b>	<b>613</b>		K1 16-29	39		Piękni i bestie	<b>02:07:53.05</b>	<b>02:07:53.05</b>	+01:16:35 (59.9%)	17:03	3.5 (39.8%)
585	<b>KLIMECKI Michał</b>	<b>726</b>	CROSS FREAKS GOLENIÓW	M2 30-39	183			<b>02:07:58.25</b>	<b>02:07:58.25</b>	+01:16:40 (59.9%)	17:03	3.5 (39.8%)
586	<b>SIERAKOWSKA-WCIÓRKA Katarzyna</b>	<b>228</b>		K2 30-39	96		Black angel divers	<b>02:08:02.00</b>	<b>02:08:02.00</b>	+01:16:43 (59.9%)	17:04	3.5 (39.8%)
587	<b>PIETRUKANIEC Wojciech</b>	<b>196</b>		M3 40-49	97			<b>02:08:02.25</b>	<b>02:08:02.25</b>	+01:16:44 (59.9%)	17:04	3.5 (39.8%)
588	<b>CIEŚLA Beata</b>	<b>583</b>	ZABIEGANI GOLENIÓW	K4 50-59	9			<b>02:08:02.70</b>	<b>02:08:02.70</b>	+01:16:44 (59.9%)	17:04	3.5 (39.8%)
589	<b>WAGNER Piotr</b>	<b>287</b>	BLACK ANGEL DIVERS	M2 30-39	184			<b>02:08:03.20</b>	<b>02:08:03.20</b>	+01:16:45 (59.9%)	17:04	3.5 (39.8%)
590	<b>KRUBER Katarzyna</b>	<b>759</b>		K2 30-39	97			<b>02:08:03.60</b>	<b>02:08:03.60</b>	+01:16:45 (59.9%)	17:04	3.5 (39.8%)
591	<b>KLIMECKA Katarzyna</b>	<b>725</b>		K2 30-39	98			<b>02:08:04.20</b>	<b>02:08:04.20</b>	+01:16:46 (59.9%)	17:04	3.5 (39.8%)
592	<b>ZIOMECKI Maciej</b>	<b>288</b>	MOKRY POŚLAD	M2 30-39	185		Mokry pośląd goleniowskie morsy	<b>02:08:04.40</b>	<b>02:08:04.40</b>	+01:16:46 (59.9%)	17:04	3.5 (39.8%)
593	<b>KWAŚNIEWSKI Wojciech</b>	<b>130</b>		M2 30-39	186			<b>02:08:18.30</b>	<b>02:08:18.30</b>	+01:17:00 (60.0%)	17:06	3.5 (39.8%)
594	<b>MIKOŁAJCZAK Adrian</b>	<b>162</b>		M2 30-39	187			<b>02:08:30.00</b>	<b>02:08:30.00</b>	+01:17:11 (60.1%)	17:08	3.5 (39.8%)
595	<b>JASIK Mariusz</b>	<b>692</b>		M3 40-49	98			<b>02:08:35.25</b>	<b>02:08:35.25</b>	+01:17:17 (60.1%)	17:08	3.5 (39.8%)
596	<b>JASIK Agnieszka</b>	<b>691</b>		K3 40-49	52			<b>02:08:35.45</b>	<b>02:08:35.45</b>	+01:17:17 (60.1%)	17:08	3.5 (39.8%)
597	<b>KRAWCZYK Paweł</b>	<b>756</b>		M1 16-29	80		Oponki team	<b>02:08:41.35</b>	<b>02:08:41.35</b>	+01:17:23 (60.1%)	17:09	3.5 (39.8%)
598	<b>LEONOWICZ Martyna</b>	<b>1276</b>		K1 16-29	40		Oponki team	<b>02:08:41.50</b>	<b>02:08:41.50</b>	+01:17:23 (60.1%)	17:09	3.5 (39.8%)
599	<b>CHODUBSKI Filip</b>	<b>24</b>		M1 16-29	81		Oponki team	<b>02:08:41.70</b>	<b>02:08:41.70</b>	+01:17:23 (60.1%)	17:09	3.5 (39.8%)
600	<b>LIEBNER Patryk</b>	<b>1404</b>	AKA DOCHODZENIE ODSZKODOWAŃ	M2 30-39	188			<b>02:08:41.95</b>	<b>02:08:41.95</b>	+01:17:23 (60.1%)	17:09	3.5 (39.8%)
601	<b>MICHALSKI Roman</b>	<b>158</b>	POŚPIECH NIEWSKAZANY	M1 16-29	82		Pośpiech niewskazany	<b>02:08:53.55</b>	<b>02:08:53.55</b>	+01:17:35 (60.2%)	17:11	3.5 (39.8%)
602	<b>BABIJ Adrian</b>	<b>514</b>		M2 30-39	189			<b>02:08:54.05</b>	<b>02:08:54.05</b>	+01:17:36 (60.2%)	17:11	3.5 (39.8%)
603	<b>CHMIELEWSKI Radosław</b>	<b>385</b>		M2 30-39	190			<b>02:08:59.50</b>	<b>02:08:59.50</b>	+01:17:41 (60.2%)	17:11	3.5 (39.8%)
604	<b>CHMIELEWSKA Sylwia</b>	<b>384</b>		K2 30-39	99			<b>02:08:59.55</b>	<b>02:08:59.55</b>	+01:17:41 (60.2%)	17:11	3.5 (39.8%)
605	<b>KRUBER Piotr</b>	<b>758</b>		M2 30-39	191			<b>02:09:06.90</b>	<b>02:09:06.90</b>	+01:17:48 (60.3%)	17:12	3.5 (39.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
606	<b>GARBACIAK Marta</b>	<b>55</b>		K2 30-39	100		Drink team	<b>02:09:08.60</b>	<b>02:09:08.60</b>	+01:17:50 (60.3%)	17:13	3.5 (39.8%)
607	<b>GOLAŃSKA Agnieszka</b>	<b>64</b>	DRINK TEAM	K2 30-39	101		Drink team	<b>02:09:08.65</b>	<b>02:09:08.65</b>	+01:17:50 (60.3%)	17:13	3.5 (39.8%)
608	<b>BROCZKOWSKA Żaneta</b>	<b>555</b>		K2 30-39	102			<b>02:09:12.60</b>	<b>02:09:12.60</b>	+01:17:54 (60.3%)	17:13	3.5 (39.8%)
609	<b>MULARCZYK Krzysztof</b>	<b>1141</b>		M2 30-39	192			<b>02:09:12.70</b>	<b>02:09:12.70</b>	+01:17:54 (60.3%)	17:13	3.5 (39.8%)
610	<b>WASILKO Grzegorz</b>	<b>1056</b>		M2 30-39	193			<b>02:09:13.05</b>	<b>02:09:13.05</b>	+01:17:55 (60.3%)	17:13	3.5 (39.8%)
611	<b>LIS Piotr</b>	<b>140</b>		M2 30-39	194			<b>02:09:14.50</b>	<b>02:09:14.50</b>	+01:17:56 (60.3%)	17:13	3.5 (39.8%)
612	<b>LIS Klaudia</b>	<b>797</b>		K1 16-29	41			<b>02:09:14.60</b>	<b>02:09:14.60</b>	+01:17:56 (60.3%)	17:13	3.5 (39.8%)
612	<b>DZIEMIANKO Ilona</b>	<b>617</b>		K1 16-29	42			<b>02:09:14.60</b>	<b>02:09:14.60</b>	+01:17:56 (60.3%)	17:13	3.5 (39.8%)
612	<b>MOSKWA Grzegorz</b>	<b>849</b>	12BZ	M3 40-49	99			<b>02:09:14.60</b>	<b>02:09:14.60</b>	+01:17:56 (60.3%)	17:13	3.5 (39.8%)
615	<b>PIERŚCIŃSKI Sławomir</b>	<b>910</b>		M3 40-49	100			<b>02:09:17.60</b>	<b>02:09:17.60</b>	+01:17:59 (60.3%)	17:14	3.5 (39.8%)
616	<b>PIERŚCIŃSKA Marzena</b>	<b>909</b>		K3 40-49	53			<b>02:09:18.40</b>	<b>02:09:18.40</b>	+01:18:00 (60.3%)	17:14	3.5 (39.8%)
617	<b>LISIECKA Barbara</b>	<b>798</b>		K4 50-59	10			<b>02:09:25.60</b>	<b>02:09:25.60</b>	+01:18:07 (60.4%)	17:15	3.5 (39.8%)
618	<b>SZKUP Rafał</b>	<b>363</b>	OPTIMA	M3 40-49	101		Optima	<b>02:09:45.30</b>	<b>02:09:45.30</b>	+01:18:27 (60.5%)	17:18	3.5 (39.8%)
619	<b>MATEUSZCZYK Michał</b>	<b>152</b>	POŚPIECH NIEWSKAZANY	M1 16-29	83		Pośpiech niewskazany	<b>02:09:54.00</b>	<b>02:09:54.00</b>	+01:18:35 (60.5%)	17:19	3.5 (39.8%)
620	<b>STEMPNIAK Ewa</b>	<b>1004</b>		K2 30-39	103			<b>02:10:04.35</b>	<b>02:10:04.35</b>	+01:18:46 (60.6%)	17:20	3.5 (39.8%)
621	<b>STECIUK Michał</b>	<b>348</b>		M1 16-29	84			<b>02:10:06.80</b>	<b>02:10:06.80</b>	+01:18:48 (60.6%)	17:20	3.5 (39.8%)
622	<b>STECIUK Hanna</b>	<b>349</b>		K2 30-39	104			<b>02:10:08.20</b>	<b>02:10:08.20</b>	+01:18:50 (60.6%)	17:21	3.5 (39.8%)
623	<b>JAKUBOWSKA Anna</b>	<b>683</b>		K2 30-39	105			<b>02:10:10.40</b>	<b>02:10:10.40</b>	+01:18:52 (60.6%)	17:21	3.5 (39.8%)
624	<b>ZAMOŻNY Anna</b>	<b>428</b>		K2 30-39	106			<b>02:10:10.55</b>	<b>02:10:10.55</b>	+01:18:52 (60.6%)	17:21	3.5 (39.8%)
625	<b>HOSZOWSKI Rafał</b>	<b>673</b>		M2 30-39	195			<b>02:10:24.45</b>	<b>02:10:24.45</b>	+01:19:06 (60.7%)	17:23	3.5 (39.8%)
626	<b>MALEC Mariusz</b>	<b>299</b>	STARGARDZKI KLUB MORSÓW MIEDWIANIE	M3 40-49	102			<b>02:10:27.10</b>	<b>02:10:27.10</b>	+01:19:09 (60.7%)	17:23	3.4 (38.6%)
627	<b>BLOK Barbara</b>	<b>10</b>		K2 30-39	107			<b>02:10:34.90</b>	<b>02:10:34.90</b>	+01:19:16 (60.7%)	17:24	3.4 (38.6%)
628	<b>WOJCIECHOWSKI Maksymilian</b>	<b>1411</b>	STARGARD JA SIĘ NIE SCIGAM	M1 16-29	85			<b>02:10:43.65</b>	<b>02:10:43.65</b>	+01:19:25 (60.8%)	17:25	3.4 (38.6%)
628	<b>LIPIŃSKA Sylwia</b>	<b>795</b>		K1 16-29	43			<b>02:10:43.65</b>	<b>02:10:43.65</b>	+01:19:25 (60.8%)	17:25	3.4 (38.6%)
630	<b>GABARA MONCZKA Gracjana</b>	<b>48</b>	ŁAWECZKA	K3 40-49	54			<b>02:10:47.60</b>	<b>02:10:47.60</b>	+01:19:29 (60.8%)	17:26	3.4 (38.6%)
631	<b>BALANDYK Jacek</b>	<b>5</b>		M2 30-39	196			<b>02:11:14.75</b>	<b>02:11:14.75</b>	+01:19:56 (60.9%)	17:29	3.4 (38.6%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
632	BALANDYK Olga	6		K2 30-39	108			02:11:14.85	02:11:14.85	+01:19:56 (60.9%)	17:29	3.4 (38.6%)
632	TOMASIŃSKI Szymon	1037	OSOWA-BIEGA	M3 40-49	103			02:11:14.85	02:11:14.85	+01:19:56 (60.9%)	17:29	3.4 (38.6%)
634	KUZMICKI Krzysztof	128		M2 30-39	197			02:11:15.60	02:11:15.60	+01:19:57 (60.9%)	17:30	3.4 (38.6%)
635	SKIBA Michał	974	PARKRUN SZCZECIN	M2 30-39	198			02:11:18.10	02:11:18.10	+01:20:00 (60.9%)	17:30	3.4 (38.6%)
636	KLAUZINSKI Michał	721		M1 16-29	86			02:11:19.65	02:11:19.65	+01:20:01 (60.9%)	17:30	3.4 (38.6%)
637	WOJSZCZYK Michał	1078	BRIDGESTONE STARGARD RUNNERS	M2 30-39	199			02:11:23.65	02:11:23.65	+01:20:05 (61.0%)	17:31	3.4 (38.6%)
637	ZAWISZA Tomasz	1111	BRIDGESTONE STARGARD RUNNERS	M2 30-39	200			02:11:23.65	02:11:23.65	+01:20:05 (61.0%)	17:31	3.4 (38.6%)
639	KOZŁOWSKA-BANIAK Paulina	754	BRIDGESTONE STARGARD RUNNERS	K3 40-49	55		Bridgestone stargard runners	02:11:23.70	02:11:23.70	+01:20:05 (61.0%)	17:31	3.4 (38.6%)
639	WIERZCHOWSKI Arkadiusz	1067	BRIDGESTONE STARGARD RUNNERS	M3 40-49	104			02:11:23.70	02:11:23.70	+01:20:05 (61.0%)	17:31	3.4 (38.6%)
641	KOTWICKI Mariusz	747		M2 30-39	201			02:11:24.10	02:11:24.10	+01:20:06 (61.0%)	17:31	3.4 (38.6%)
642	DOBRYCKI Piotr	599	BRIDGESTONE STARGARD RUNNERS	M3 40-49	105		Bridgestone stargard runners	02:11:24.35	02:11:24.35	+01:20:06 (61.0%)	17:31	3.4 (38.6%)
642	WOJSZCZYK Marlena	1079	TRYTON BIKE TEAM	K2 30-39	109			02:11:24.35	02:11:24.35	+01:20:06 (61.0%)	17:31	3.4 (38.6%)
644	ROSIŃSKA Kamila	950	BRIDGESTONE STARGARD RUNNERS	K2 30-39	110		Bridgestone stargard runners	02:11:24.55	02:11:24.55	+01:20:06 (61.0%)	17:31	3.4 (38.6%)
645	WOŁCZAK Iwona	1083		K2 30-39	111			02:11:24.60	02:11:24.60	+01:20:06 (61.0%)	17:31	3.4 (38.6%)
646	BIEGANSKI Tomasz	530		M2 30-39	202			02:11:42.50	02:11:42.50	+01:20:24 (61.0%)	17:33	3.4 (38.6%)
647	GOWORSKI Jerzy	645	WIECZORNE BIEGANIE W SZCZECINIE	M1 16-29	87			02:11:47.30	02:11:47.30	+01:20:29 (61.1%)	17:34	3.4 (38.6%)
648	CHROBOCIŃSKA Elżbieta	576		K4 50-59	11			02:11:51.70	02:11:51.70	+01:20:33 (61.1%)	17:34	3.4 (38.6%)
649	SZYMAŃSKA Mirela	1289	HARDCOROWE WYCHYLYLYBYMY	K1 16-29	44			02:12:04.30	02:12:04.30	+01:20:46 (61.2%)	17:36	3.4 (38.6%)
650	WALEWICZ Piotr	1290	HARDCOROWE WYCHYLYLYBYMY	M2 30-39	203			02:12:04.45	02:12:04.45	+01:20:46 (61.2%)	17:36	3.4 (38.6%)
651	CHROBOCINSKI Daniel	575		M1 16-29	88			02:12:08.90	02:12:08.90	+01:20:50 (61.2%)	17:37	3.4 (38.6%)
652	ŁEMPICKI Maciej	804		M2 30-39	204			02:12:08.95	02:12:08.95	+01:20:50 (61.2%)	17:37	3.4 (38.6%)
653	ŁEMPICKA Karolina	803		K1 16-29	45			02:12:09.25	02:12:09.25	+01:20:51 (61.2%)	17:37	3.4 (38.6%)
654	KOŹLIK Teresa	755		K4 50-59	12			02:12:23.00	02:12:23.00	+01:21:04 (61.2%)	17:39	3.4 (38.6%)
654	KUBÓW Katarzyna	1275	ŚRUNDUNIA SZCZECIN	K3 40-49	56			02:12:23.00	02:12:23.00	+01:21:04 (61.2%)	17:39	3.4 (38.6%)
656	BARTNIK Jarosław	1266	ŚRUNDUNIA SZCZECIN	M3 40-49	106			02:12:23.20	02:12:23.20	+01:21:05 (61.2%)	17:39	3.4 (38.6%)
657	NOWOTNIK Wojciech	879		M2 30-39	205			02:12:39.15	02:12:39.15	+01:21:21 (61.3%)	17:41	3.4 (38.6%)
658	STACH Sara	997		K1 16-29	46			02:12:40.55	02:12:40.55	+01:21:22 (61.3%)	17:41	3.4 (38.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
659	<b>RADCZUK Karolina</b>	<b>839</b>		K2 30-39	112			<b>02:12:44.05</b>	<b>02:12:44.05</b>	+01:21:26 (61.4%)	17:41	3.4 (38.6%)
660		<b>1499</b>						<b>02:12:49.95</b>	<b>02:12:49.95</b>	+01:21:31 (61.4%)	17:42	3.4 (38.6%)
661	<b>SOBOLEWSKA Agata</b>	<b>989</b>	WIECZORNE BIEGANIE W SZCZECINIE	K2 30-39	113		Wieczorne bieganie w szczecinie	<b>02:13:00.65</b>	<b>02:13:00.65</b>	+01:21:42 (61.4%)	17:44	3.4 (38.6%)
662	<b>KACZMAREK Krzysztof</b>	<b>704</b>	OSOWA BIEGA	M3 40-49	107			<b>02:13:12.50</b>	<b>02:13:12.50</b>	+01:21:54 (61.5%)	17:45	3.4 (38.6%)
663	<b>TOMASIŃSKA Monika</b>	<b>1036</b>	OSOWA-BIEGA	K3 40-49	57			<b>02:13:12.65</b>	<b>02:13:12.65</b>	+01:21:54 (61.5%)	17:45	3.4 (38.6%)
664	<b>KACZMAREK Sylwia</b>	<b>705</b>		K3 40-49	58			<b>02:13:12.80</b>	<b>02:13:12.80</b>	+01:21:54 (61.5%)	17:45	3.4 (38.6%)
665	<b>STACIWA Marcin</b>	<b>234</b>		M2 30-39	206			<b>02:13:25.00</b>	<b>02:13:25.00</b>	+01:22:06 (61.5%)	17:47	3.4 (38.6%)
666	<b>JURKIEWICZ Małgorzata</b>	<b>85</b>		K1 16-29	47			<b>02:13:25.15</b>	<b>02:13:25.15</b>	+01:22:07 (61.5%)	17:47	3.4 (38.6%)
667	<b>TOMASZEWSKI Michał</b>	<b>259</b>		M1 16-29	89			<b>02:13:29.30</b>	<b>02:13:29.30</b>	+01:22:11 (61.6%)	17:47	3.4 (38.6%)
668	<b>TOKARCZYK Igor</b>	<b>257</b>		M1 16-29	90			<b>02:13:38.70</b>	<b>02:13:38.70</b>	+01:22:20 (61.6%)	17:49	3.4 (38.6%)
668	<b>TOKARCZYK Marta</b>	<b>1035</b>		K3 40-49	59			<b>02:13:38.70</b>	<b>02:13:38.70</b>	+01:22:20 (61.6%)	17:49	3.4 (38.6%)
670	<b>TOKARCZYK Grzegorz</b>	<b>256</b>		M3 40-49	108			<b>02:13:38.75</b>	<b>02:13:38.75</b>	+01:22:20 (61.6%)	17:49	3.4 (38.6%)
671	<b>CHMIELEWSKA Agnieszka</b>	<b>364</b>	OPTIMA	K4 50-59	13		Optima	<b>02:13:46.05</b>	<b>02:13:46.05</b>	+01:22:28 (61.6%)	17:50	3.4 (38.6%)
672	<b>KOŁCZ-HOWACKA Monika</b>	<b>361</b>	OPTIMA	K3 40-49	60		Optima	<b>02:13:46.10</b>	<b>02:13:46.10</b>	+01:22:28 (61.6%)	17:50	3.4 (38.6%)
673	<b>GAWROŃSKA Marianna</b>	<b>57</b>	KREJZOLE	K1 16-29	48		Krejzole	<b>02:13:46.30</b>	<b>02:13:46.30</b>	+01:22:28 (61.7%)	17:50	3.4 (38.6%)
674	<b>NOWACKI Tomasz</b>	<b>360</b>	OPTIMA	M3 40-49	109		Optima	<b>02:13:46.40</b>	<b>02:13:46.40</b>	+01:22:28 (61.7%)	17:50	3.4 (38.6%)
675	<b>CHMIELEWSKI Adam</b>	<b>359</b>	OPTIMA	M3 40-49	110		Optima	<b>02:13:46.65</b>	<b>02:13:46.65</b>	+01:22:28 (61.7%)	17:50	3.4 (38.6%)
676	<b>STEMPNIAK-LECHOWICZ Lidia</b>	<b>1006</b>		K2 30-39	114			<b>02:14:37.90</b>	<b>02:14:37.90</b>	+01:23:19 (61.9%)	17:56	3.3 (37.5%)
677	<b>LECHOWICZ Jacek</b>	<b>789</b>		M2 30-39	207			<b>02:14:42.55</b>	<b>02:14:42.55</b>	+01:23:24 (61.9%)	17:57	3.3 (37.5%)
678	<b>ADAMCZEWSKA Agnieszka</b>	<b>501</b>	3ATEAM	K3 40-49	61			<b>02:14:53.90</b>	<b>02:14:53.90</b>	+01:23:35 (62.0%)	17:59	3.3 (37.5%)
679	<b>CZYŻ Anna</b>	<b>589</b>	3ATEAM	K3 40-49	62			<b>02:14:54.00</b>	<b>02:14:54.00</b>	+01:23:35 (62.0%)	17:59	3.3 (37.5%)
680	<b>ADAMCZEWSKA Anna</b>	<b>502</b>	3ATEAM	K3 40-49	63			<b>02:14:54.05</b>	<b>02:14:54.05</b>	+01:23:36 (62.0%)	17:59	3.3 (37.5%)
681	<b>WILEMSKA Justyna</b>	<b>1070</b>	DLL PARTNERS	K2 30-39	115			<b>02:14:56.30</b>	<b>02:14:56.30</b>	+01:23:38 (62.0%)	17:59	3.3 (37.5%)
682	<b>KLEPAKI Bartosz</b>	<b>723</b>		M2 30-39	208			<b>02:14:57.05</b>	<b>02:14:57.05</b>	+01:23:39 (62.0%)	17:59	3.3 (37.5%)
683	<b>JARZĘBSKA Nina</b>	<b>80</b>		K2 30-39	116			<b>02:14:57.15</b>	<b>02:14:57.15</b>	+01:23:39 (62.0%)	17:59	3.3 (37.5%)
684	<b>TALARCZYK Weronika</b>	<b>1033</b>		K1 16-29	49			<b>02:15:02.50</b>	<b>02:15:02.50</b>	+01:23:44 (62.0%)	18:00	3.3 (37.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
685	KIELISZEK Anna	719	WIECZORNE BIEGANIE W SZCZECINIE	K2 30-39	117			02:15:57.35	02:15:57.35	+01:24:39 (62.3%)	18:07	3.3 (37.5%)
686	SIWIELA Jacek	1287		M2 30-39	209			02:16:09.20	02:16:09.20	+01:24:51 (62.3%)	18:09	3.3 (37.5%)
687	SIWIELA Katarzyna	972	KP PSP POLICE	K2 30-39	118		Kp psp police	02:16:09.25	02:16:09.25	+01:24:51 (62.3%)	18:09	3.3 (37.5%)
688	STERNA Magdalena	237		K1 16-29	50			02:16:27.10	02:16:27.10	+01:25:09 (62.4%)	18:11	3.3 (37.5%)
689	MOŹDŻEŃ Anna	1145		K2 30-39	119			02:16:50.20	02:16:50.20	+01:25:32 (62.5%)	18:14	3.3 (37.5%)
690	KWIATKOWSKA Alicja	781	GDAŃSKIE DZIKI	K2 30-39	120			02:16:50.35	02:16:50.35	+01:25:32 (62.5%)	18:14	3.3 (37.5%)
691	MAŁKOWSKA Edyta	820		K2 30-39	121			02:17:16.55	02:17:16.55	+01:25:58 (62.6%)	18:18	3.3 (37.5%)
692	KASZA Dawid	325		M1 16-29	91			02:17:17.15	02:17:17.15	+01:25:59 (62.6%)	18:18	3.3 (37.5%)
693	ZAJĄCZKOWSKA LEWANDOWSKA Marika	1108	OCR TEAM WŁOCŁAWEK	K2 30-39	122			02:17:32.25	02:17:32.25	+01:26:14 (62.7%)	18:20	3.3 (37.5%)
694	NOWAKOWSKA Oiwia	877	OCR TEAM WŁOCŁAWEK	K1 16-29	51			02:17:32.30	02:17:32.30	+01:26:14 (62.7%)	18:20	3.3 (37.5%)
695	LIPIŃSKI Paweł	332		M2 30-39	210			02:17:39.20	02:17:39.20	+01:26:21 (62.7%)	18:21	3.3 (37.5%)
696	LIPIŃSKA Małgorzata	333		K3 40-49	64			02:17:39.30	02:17:39.30	+01:26:21 (62.7%)	18:21	3.3 (37.5%)
697	LIASHENKO Liliia	137	GANG DZIKICH WIEPRZY	K1 16-29	52			02:17:40.00	02:17:40.00	+01:26:21 (62.7%)	18:21	3.3 (37.5%)
697	MACKOWICZ Aneta	144		K3 40-49	65		Gang dzikich wieprzy	02:17:40.00	02:17:40.00	+01:26:21 (62.7%)	18:21	3.3 (37.5%)
697	FĄFEREK Piotr	622		M2 30-39	211			02:17:40.00	02:17:40.00	+01:26:21 (62.7%)	18:21	3.3 (37.5%)
700	KRYWAN Piotr	121		M2 30-39	212		Gang dzikich wieprzy	02:17:40.35	02:17:40.35	+01:26:22 (62.7%)	18:21	3.3 (37.5%)
701	GAJA Krzysztof	330		M2 30-39	213			02:17:40.40	02:17:40.40	+01:26:22 (62.7%)	18:21	3.3 (37.5%)
702	STASZEWSKI Łukasz	387		M2 30-39	214			02:17:40.50	02:17:40.50	+01:26:22 (62.7%)	18:21	3.3 (37.5%)
703	WOŁKOWICZ Radosława	331		K2 30-39	123			02:17:41.05	02:17:41.05	+01:26:23 (62.7%)	18:21	3.3 (37.5%)
704	MARGUŁA-JAŚKOWSKA Dorota	351		K2 30-39	124			02:17:46.95	02:17:46.95	+01:26:28 (62.8%)	18:22	3.3 (37.5%)
705	SZYDŁOWSKA Alina	249		K2 30-39	125			02:17:47.70	02:17:47.70	+01:26:29 (62.8%)	18:22	3.3 (37.5%)
706	STANEJKO Agata	235		K2 30-39	126			02:17:47.85	02:17:47.85	+01:26:29 (62.8%)	18:22	3.3 (37.5%)
707	JARZĄBKIEWICZ Dagmara	79		K1 16-29	53			02:18:06.85	02:18:06.85	+01:26:48 (62.9%)	18:24	3.3 (37.5%)
708	GRABOWSKI Maciej	649		M2 30-39	215			02:18:34.50	02:18:34.50	+01:27:16 (63.0%)	18:28	3.2 (36.4%)
709	NAREJKO Paweł	860		M1 16-29	92			02:18:43.50	02:18:43.50	+01:27:25 (63.0%)	18:29	3.2 (36.4%)
710	SKARŻYŃSKA Anna	973		K1 16-29	54		Łosoś t.e.a.m.	02:18:43.65	02:18:43.65	+01:27:25 (63.0%)	18:29	3.2 (36.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
711	<b>NIERZWICKI Krzysztof</b>	<b>867</b>		M1 16-29	93			<b>02:18:43.95</b>	<b>02:18:43.95</b>	+01:27:25 (63.0%)	18:29	3.2 (36.4%)
712	<b>PAKURA Krzysztof</b>	<b>185</b>		M3 40-49	111		Ławeczka	<b>02:19:01.15</b>	<b>02:19:01.15</b>	+01:27:43 (63.1%)	18:32	3.2 (36.4%)
713	<b>PAKURA Magdalena</b>	<b>186</b>		K2 30-39	127		Ławeczka	<b>02:19:01.55</b>	<b>02:19:01.55</b>	+01:27:43 (63.1%)	18:32	3.2 (36.4%)
714	<b>GŁUSZYK Małgorzata</b>	<b>641</b>		K2 30-39	128			<b>02:19:04.95</b>	<b>02:19:04.95</b>	+01:27:46 (63.1%)	18:32	3.2 (36.4%)
715	<b>PARYPA Hanna</b>	<b>189</b>		K2 30-39	129			<b>02:19:05.05</b>	<b>02:19:05.05</b>	+01:27:47 (63.1%)	18:32	3.2 (36.4%)
716	<b>BODNAR Zbigniew</b>	<b>548</b>		M5 60+	8			<b>02:19:16.50</b>	<b>02:19:16.50</b>	+01:27:58 (63.2%)	18:34	3.2 (36.4%)
717	<b>GRODZIŃSKI Arkadiusz</b>	<b>653</b>	STARGARDZKI KLUB MORSÓW MIEDWIANIE	M3 40-49	112			<b>02:19:22.75</b>	<b>02:19:22.75</b>	+01:28:04 (63.2%)	18:34	3.2 (36.4%)
718	<b>GRODZIŃSKA Agnieszka</b>	<b>652</b>	KLUB MORSÓW MIEDWIANIE	K3 40-49	66			<b>02:19:23.35</b>	<b>02:19:23.35</b>	+01:28:05 (63.2%)	18:35	3.2 (36.4%)
719	<b>ŁOSIEWICZ Adam</b>	<b>142</b>		M1 16-29	94		Pośpiech niewskazany	<b>02:19:38.20</b>	<b>02:19:38.20</b>	+01:28:20 (63.3%)	18:37	3.2 (36.4%)
720	<b>MASZCZYK Marta</b>	<b>830</b>		K2 30-39	130			<b>02:20:20.90</b>	<b>02:20:20.90</b>	+01:29:02 (63.4%)	18:42	3.2 (36.4%)
721	<b>JAROSZ Artur</b>	<b>689</b>		M2 30-39	216			<b>02:20:51.30</b>	<b>02:20:51.30</b>	+01:29:33 (63.6%)	18:46	3.2 (36.4%)
722	<b>KRYSA Magda</b>	<b>760</b>		K2 30-39	131			<b>02:20:56.05</b>	<b>02:20:56.05</b>	+01:29:38 (63.6%)	18:47	3.2 (36.4%)
723	<b>REMLAJN Adam</b>	<b>943</b>	GRUPA MALBORK	M3 40-49	113			<b>02:21:01.70</b>	<b>02:21:01.70</b>	+01:29:43 (63.6%)	18:48	3.2 (36.4%)
724	<b>WIELGOSZEWSKA Olga</b>	<b>1065</b>		K2 30-39	132			<b>02:21:03.75</b>	<b>02:21:03.75</b>	+01:29:45 (63.6%)	18:48	3.2 (36.4%)
725	<b>NIEMIERKO Magdalena</b>	<b>866</b>		K3 40-49	67			<b>02:21:03.95</b>	<b>02:21:03.95</b>	+01:29:45 (63.6%)	18:48	3.2 (36.4%)
726	<b>CIEPIELA Przemysław</b>	<b>581</b>		M3 40-49	114			<b>02:21:05.35</b>	<b>02:21:05.35</b>	+01:29:47 (63.6%)	18:48	3.2 (36.4%)
727	<b>ORLON Barbara</b>	<b>886</b>	RUN HAPPY	K3 40-49	68		Run happy	<b>02:21:11.40</b>	<b>02:21:11.40</b>	+01:29:53 (63.7%)	18:49	3.2 (36.4%)
728	<b>ZUBKIEWICZ Michał</b>	<b>290</b>		M1 16-29	95		Pośpiech niewskazany	<b>02:21:22.75</b>	<b>02:21:22.75</b>	+01:30:04 (63.7%)	18:50	3.2 (36.4%)
729	<b>RYBIŃSKA Anna</b>	<b>224</b>		K2 30-39	133			<b>02:21:33.60</b>	<b>02:21:33.60</b>	+01:30:15 (63.8%)	18:52	3.2 (36.4%)
729	<b>PRZYBYSZ Marta</b>	<b>211</b>		K2 30-39	134			<b>02:21:33.60</b>	<b>02:21:33.60</b>	+01:30:15 (63.8%)	18:52	3.2 (36.4%)
731	<b>CHODZICKI Janusz</b>	<b>573</b>	ZS ZWYROLE	M1 16-29	96			<b>02:22:00.40</b>	<b>02:22:00.40</b>	+01:30:42 (63.9%)	18:56	3.2 (36.4%)
732	<b>NIEWIADOMSKA Kamila</b>	<b>870</b>	ZS ZWYROLE	K1 16-29	55			<b>02:22:00.70</b>	<b>02:22:00.70</b>	+01:30:42 (63.9%)	18:56	3.2 (36.4%)
733	<b>PUPEK Małgorzata</b>	<b>935</b>		K2 30-39	135			<b>02:22:12.95</b>	<b>02:22:12.95</b>	+01:30:54 (63.9%)	18:57	3.2 (36.4%)
733	<b>ŁEBKOWSKI Karol</b>	<b>802</b>		M2 30-39	217			<b>02:22:12.95</b>	<b>02:22:12.95</b>	+01:30:54 (63.9%)	18:57	3.2 (36.4%)
735	<b>PERROT Magdalena</b>	<b>905</b>		K3 40-49	69			<b>02:22:13.30</b>	<b>02:22:13.30</b>	+01:30:55 (63.9%)	18:57	3.2 (36.4%)
736	<b>AMBROZIAK Adam</b>	<b>386</b>		M2 30-39	218			<b>02:22:31.80</b>	<b>02:22:31.80</b>	+01:31:13 (64.0%)	19:00	3.2 (36.4%)
737	<b>DACH Eryk</b>	<b>593</b>	FIFNE PYRKI	M1 16-29	97		Fifne pyrki	<b>02:23:04.20</b>	<b>02:23:04.20</b>	+01:31:46 (64.1%)	19:04	3.1 (35.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
738	<b>WOŹNIAK Wiktoria</b>	<b>1091</b>	FIFNE PYRKI	K1 16-29	56			<b>02:23:04.45</b>	<b>02:23:04.45</b>	+01:31:46 (64.1%)	19:04	3.1 (35.2%)
739	<b>KREJNER Rafał</b>	<b>374</b>		M1 16-29	98			<b>02:23:10.05</b>	<b>02:23:10.05</b>	+01:31:52 (64.2%)	19:05	3.1 (35.2%)
740	<b>ZDZIEBŁOWSKI Wiktor</b>	<b>285</b>		M1 16-29	99			<b>02:23:12.20</b>	<b>02:23:12.20</b>	+01:31:54 (64.2%)	19:05	3.1 (35.2%)
741	<b>WOŹNA Edyta</b>	<b>276</b>		K3 40-49	70			<b>02:23:12.35</b>	<b>02:23:12.35</b>	+01:31:54 (64.2%)	19:05	3.1 (35.2%)
742	<b>WOŹNY Mateusz</b>	<b>277</b>		M1 16-29	100			<b>02:23:12.45</b>	<b>02:23:12.45</b>	+01:31:54 (64.2%)	19:05	3.1 (35.2%)
743	<b>ZDZIEBŁOWSKI Bartosz</b>	<b>284</b>		M3 40-49	115			<b>02:23:13.00</b>	<b>02:23:13.00</b>	+01:31:54 (64.2%)	19:05	3.1 (35.2%)
744	<b>WOŹNY Kacper</b>	<b>278</b>		M1 16-29	101			<b>02:23:13.20</b>	<b>02:23:13.20</b>	+01:31:55 (64.2%)	19:05	3.1 (35.2%)
745	<b>SZYSZKOWSKA Katarzyna</b>	<b>254</b>		K2 30-39	136		Krejzole	<b>02:23:17.30</b>	<b>02:23:17.30</b>	+01:31:59 (64.2%)	19:06	3.1 (35.2%)
746	<b>KROTECKA Anna</b>	<b>1273</b>	KREJZOLE	K2 30-39	137		Krejzole	<b>02:23:17.50</b>	<b>02:23:17.50</b>	+01:31:59 (64.2%)	19:06	3.1 (35.2%)
747	<b>DYMSZA Aleksandra</b>	<b>322</b>		K1 16-29	57			<b>02:23:18.00</b>	<b>02:23:18.00</b>	+01:31:59 (64.2%)	19:06	3.1 (35.2%)
748	<b>STODZIESZ Anna</b>	<b>238</b>	KREJZOLE	K2 30-39	138			<b>02:23:18.05</b>	<b>02:23:18.05</b>	+01:32:00 (64.2%)	19:06	3.1 (35.2%)
748	<b>SARABURA Magdalena</b>	<b>1286</b>	KREJZOLE	K3 40-49	71		Krejzole	<b>02:23:18.05</b>	<b>02:23:18.05</b>	+01:32:00 (64.2%)	19:06	3.1 (35.2%)
750	<b>DROZDEK Joanna</b>	<b>39</b>	KOMPAS TEAM	K3 40-49	72			<b>02:23:18.25</b>	<b>02:23:18.25</b>	+01:32:00 (64.2%)	19:06	3.1 (35.2%)
751	<b>REGULINSKA Kamila</b>	<b>1285</b>	KREJZOLE	K3 40-49	73		Krejzole	<b>02:23:18.35</b>	<b>02:23:18.35</b>	+01:32:00 (64.2%)	19:06	3.1 (35.2%)
752	<b>KUPNIEWSKA Aleksandra</b>	<b>776</b>	KOMPAS TEAM	K2 30-39	139			<b>02:23:18.80</b>	<b>02:23:18.80</b>	+01:32:00 (64.2%)	19:06	3.1 (35.2%)
753	<b>KARCZMARCZYK Adriana</b>	<b>90</b>	KREJZOLE	K2 30-39	140			<b>02:23:18.95</b>	<b>02:23:18.95</b>	+01:32:00 (64.2%)	19:06	3.1 (35.2%)
753	<b>NIEZGODA Adam</b>	<b>871</b>	KOMPAS TEAM	M3 40-49	116			<b>02:23:18.95</b>	<b>02:23:18.95</b>	+01:32:00 (64.2%)	19:06	3.1 (35.2%)
755	<b>CHAMUCZYŃSKI Łukasz</b>	<b>20</b>		M2 30-39	219			<b>02:23:22.85</b>	<b>02:23:22.85</b>	+01:32:04 (64.2%)	19:06	3.1 (35.2%)
756	<b>KOCÓR Agnieszka</b>	<b>103</b>		K2 30-39	141			<b>02:23:22.95</b>	<b>02:23:22.95</b>	+01:32:04 (64.2%)	19:06	3.1 (35.2%)
757	<b>KOCÓR Tomasz</b>	<b>102</b>		M2 30-39	220			<b>02:23:23.10</b>	<b>02:23:23.10</b>	+01:32:05 (64.2%)	19:07	3.1 (35.2%)
758	<b>OGRODZIŃSKI Przemysław</b>	<b>880</b>		M2 30-39	221			<b>02:23:23.75</b>	<b>02:23:23.75</b>	+01:32:05 (64.2%)	19:07	3.1 (35.2%)
759	<b>TITONI Marta</b>	<b>1034</b>	MASZ PRZEBIEGANE	K1 16-29	58			<b>02:23:24.05</b>	<b>02:23:24.05</b>	+01:32:06 (64.2%)	19:07	3.1 (35.2%)
759	<b>WIETRZYŃSKA Agnieszka</b>	<b>1068</b>	MASZ PRZEBIEGANE	K2 30-39	142		Masz przebiegane	<b>02:23:24.05</b>	<b>02:23:24.05</b>	+01:32:06 (64.2%)	19:07	3.1 (35.2%)
761	<b>BABIŁO Natalia</b>	<b>515</b>	MASZ PRZEBIEGANE	K1 16-29	59		Masz przebiegane	<b>02:23:24.25</b>	<b>02:23:24.25</b>	+01:32:06 (64.2%)	19:07	3.1 (35.2%)
762	<b>MOSKWA Martyna</b>	<b>848</b>	GO SPORT/MASZ PRZEBIEGANE	K1 16-29	60		Masz przebiegane	<b>02:23:24.35</b>	<b>02:23:24.35</b>	+01:32:06 (64.2%)	19:07	3.1 (35.2%)
763	<b>JEŻ Maja</b>	<b>81</b>		K1 16-29	61		Swishing axe enchiladas	<b>02:23:37.55</b>	<b>02:23:37.55</b>	+01:32:19 (64.3%)	19:08	3.1 (35.2%)
764	<b>MIKLEWICZ Agata</b>	<b>160</b>		K1 16-29	62		Swishing axe enchiladas	<b>02:23:38.40</b>	<b>02:23:38.40</b>	+01:32:20 (64.3%)	19:09	3.1 (35.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas		Różn	Tempo min/km	Tempo km/h
								netto 7.5km	brutto 7.5km			
765	WIKA Marta	1069		K1 16-29	63			02:23:48.25	02:23:48.25	+01:32:30 (64.3%)	19:10	3.1 (35.2%)
766	WOROCH Tomasz	275		M2 30-39	222		Swishing axe enchiladas	02:23:59.90	02:23:59.90	+01:32:41 (64.4%)	19:11	3.1 (35.2%)
767	BOBROWSKI Emanuel	343	SKB DZIK	M1 16-29	102		Skb dzik	02:24:08.55	02:24:08.55	+01:32:50 (64.4%)	19:13	3.1 (35.2%)
768	SOWA Krzysztof	992		M2 30-39	223			02:24:17.85	02:24:17.85	+01:32:59 (64.4%)	19:14	3.1 (35.2%)
769	KOWNACKA Aleksandra	750	ZDROWO PIEPRZNIĘCI	K2 30-39	143			02:24:33.30	02:24:33.30	+01:33:15 (64.5%)	19:16	3.1 (35.2%)
770	BARSZCZEWSKA Marlena	520	ZDROWO PIEPRZNIĘCI	K3 40-49	74			02:24:33.45	02:24:33.45	+01:33:15 (64.5%)	19:16	3.1 (35.2%)
771	OMELAŃCZUK Piotr	885	ZDROWO PIEPRZNIĘCI	M3 40-49	117			02:24:39.45	02:24:39.45	+01:33:21 (64.5%)	19:17	3.1 (35.2%)
772	KOWNACKI Bartosz	751	ZDROWO PIEPRZNIĘCI	M2 30-39	224			02:24:40.25	02:24:40.25	+01:33:22 (64.5%)	19:17	3.1 (35.2%)
773	PAWLAK Katarzyna	191	BRAK	K2 30-39	144			02:25:15.15	02:25:15.15	+01:33:57 (64.7%)	19:22	3.1 (35.2%)
774	ŻABA Aleksandra	293		K2 30-39	145			02:25:16.20	02:25:16.20	+01:33:58 (64.7%)	19:22	3.1 (35.2%)
775	BARSZCZEWSKI Jacek	522	ZDROWO PIEPRZNIĘCI	M3 40-49	118			02:25:28.80	02:25:28.80	+01:34:10 (64.7%)	19:23	3.1 (35.2%)
776	SZLACHTEWICZ-PITURA Joanna	242		K2 30-39	146			02:25:41.25	02:25:41.25	+01:34:23 (64.8%)	19:25	3.1 (35.2%)
777	DĄBROWSKA Aneta	37		K3 40-49	75			02:25:41.70	02:25:41.70	+01:34:23 (64.8%)	19:25	3.1 (35.2%)
778	WARYCH Marta	266	POLSKA	K2 30-39	147			02:25:41.80	02:25:41.80	+01:34:23 (64.8%)	19:25	3.1 (35.2%)
779	WARYCH Adam	267		M2 30-39	225			02:25:41.85	02:25:41.85	+01:34:23 (64.8%)	19:25	3.1 (35.2%)
780	NOWAK Marta	175		K1 16-29	64			02:25:42.05	02:25:42.05	+01:34:24 (64.8%)	19:25	3.1 (35.2%)
780	JANOWICZ Paulina	77		K2 30-39	148			02:25:42.05	02:25:42.05	+01:34:24 (64.8%)	19:25	3.1 (35.2%)
782	WEYLAND Anna	270		K3 40-49	76			02:25:42.60	02:25:42.60	+01:34:24 (64.8%)	19:25	3.1 (35.2%)
783	JAKUBIK Anna	680	HUSARIA RACE TEAM	K1 16-29	65		Husaria race team	02:25:44.40	02:25:44.40	+01:34:26 (64.8%)	19:25	3.1 (35.2%)
784	WIELGUS-ULATOWSKA Joanna	1066	HUSARIA RACE TEAM	K2 30-39	149		Husaria race team	02:25:51.50	02:25:51.50	+01:34:33 (64.8%)	19:26	3.1 (35.2%)
785	ULATOWSKI Tomasz	1047	HUSARIA RACE TEAM	M2 30-39	226			02:25:51.75	02:25:51.75	+01:34:33 (64.8%)	19:26	3.1 (35.2%)
786	KUCHARCZYK Elżbieta	765	RUNGRYF	K3 40-49	77		Rungryf	02:26:08.40	02:26:08.40	+01:34:50 (64.9%)	19:29	3.1 (35.2%)
786	NOWAK Irena	873	RUNGRYF	K4 50-59	14		Rungryf	02:26:08.40	02:26:08.40	+01:34:50 (64.9%)	19:29	3.1 (35.2%)
788	SKOWYRA Arkadiusz	979	RUNGRYF GRYFICE	M2 30-39	227			02:26:08.55	02:26:08.55	+01:34:50 (64.9%)	19:29	3.1 (35.2%)
789	SKOWYRA Wioletta	978	RUNGRYF GRYFICE	K3 40-49	78			02:26:08.65	02:26:08.65	+01:34:50 (64.9%)	19:29	3.1 (35.2%)
790	KUCHARCZYK Robert	764	RUNGRYF	M3 40-49	119		Rungryf	02:26:08.95	02:26:08.95	+01:34:50 (64.9%)	19:29	3.1 (35.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
								7.5km	7.5km			
791	KONIECKA Basia	108		K1 16-29	66		Pustynny orzeł	02:26:12.20	02:26:12.20	+01:34:54 (64.9%)	19:29	3.1 (35.2%)
792	SZAFRAN Szymon	344		M1 16-29	103			02:26:12.30	02:26:12.30	+01:34:54 (64.9%)	19:29	3.1 (35.2%)
793	TOMIAŁOJC-BIWOJNO Ewelina	327	LIFE4FIT	K2 30-39	150			02:18:17.50	02:26:25.50	+01:35:07 (65.0%)	18:26	3.3 (37.5%)
794	BODNAR Magdalena	380		K2 30-39	151			02:18:21.60	02:26:25.60	+01:35:07 (65.0%)	18:26	3.3 (37.5%)
795	KOŁTAN Piotr	312		M1 16-29	104			02:26:45.40	02:26:45.40	+01:35:27 (65.0%)	19:34	3.1 (35.2%)
796	JARZĄBKIEWICZ Dominika	78		K1 16-29	67			02:27:23.70	02:27:23.70	+01:36:05 (65.2%)	19:39	3.1 (35.2%)
797	BOBROWSKA Maya	342		K1 16-29	68			02:27:37.60	02:27:37.60	+01:36:19 (65.2%)	19:40	3 (34.1%)
798	RUDZIK Gabriela	223		K2 30-39	152		Xxx01	02:28:14.25	02:28:14.25	+01:36:56 (65.4%)	19:45	3 (34.1%)
799	MICHALSKA Aleksandra	157		K1 16-29	69			02:28:14.55	02:28:14.55	+01:36:56 (65.4%)	19:45	3 (34.1%)
799	SZYMANIAK Justyna	250		K2 30-39	153		Xxx01	02:28:14.55	02:28:14.55	+01:36:56 (65.4%)	19:45	3 (34.1%)
801	KULIK Bogdan	127	XXX01	M4 50-59	25		Xxx01	02:28:14.60	02:28:14.60	+01:36:56 (65.4%)	19:45	3 (34.1%)
802	PEDA Kamila	901		K2 30-39	154			02:28:42.85	02:28:42.85	+01:37:24 (65.5%)	19:49	3 (34.1%)
803	CHUDZIŃSKA Dorota	27		K3 40-49	79			02:28:48.20	02:28:48.20	+01:37:30 (65.5%)	19:50	3 (34.1%)
804	PEDA Mateusz	192		M1 16-29	105			02:28:54.05	02:28:54.05	+01:37:36 (65.5%)	19:51	3 (34.1%)
805	KONIECKA Barbara	107		K3 40-49	80		Pustynny orzeł	02:28:54.55	02:28:54.55	+01:37:36 (65.5%)	19:51	3 (34.1%)
806	LOBA Zuzanna	2191		K1 16-29	70			02:29:07.20	02:29:07.20	+01:37:49 (65.6%)	19:52	3 (34.1%)
807	DYDEK Dorota	338		K4 50-59	15			02:29:44.05	02:29:44.05	+01:38:26 (65.7%)	19:57	3 (34.1%)
808	SAJDAK Michael	225		M1 16-29	106			02:29:46.30	02:29:46.30	+01:38:28 (65.7%)	19:58	3 (34.1%)
809	KONIECKI Edgar	110		M1 16-29	107		Pustynny orzeł	02:29:46.50	02:29:46.50	+01:38:28 (65.7%)	19:58	3 (34.1%)
810	ZIEMIĘCKI Krystian	286		M1 16-29	108			02:30:05.25	02:30:05.25	+01:38:47 (65.8%)	20:00	3 (34.1%)
811	KONDELA Paweł	737	AKTYWNE CHOSZCZNO	M3 40-49	120			02:30:17.30	02:30:17.30	+01:38:59 (65.9%)	20:02	3 (34.1%)
812	CHUDZIŃSKI Bartosz	577		M3 40-49	121		Ożw szczecin	02:30:17.40	02:30:17.40	+01:38:59 (65.9%)	20:02	3 (34.1%)
813	KONDELA Mikołaj	106	AKTYWNE CHOSZCZNO	M1 16-29	109			02:30:17.45	02:30:17.45	+01:38:59 (65.9%)	20:02	3 (34.1%)
814	CHUDZIŃSKI Filip	28		M1 16-29	110			02:30:18.00	02:30:18.00	+01:38:59 (65.9%)	20:02	3 (34.1%)
815	NASIADEK Arkadiusz	862		M3 40-49	122		Ożw szczecin	02:30:18.40	02:30:18.40	+01:39:00 (65.9%)	20:02	3 (34.1%)
815	NASIADEK Agnieszka	168		K1 16-29	71			02:30:18.40	02:30:18.40	+01:39:00 (65.9%)	20:02	3 (34.1%)
817	GORYŃSKA Daria	644		K1 16-29	72			02:31:14.75	02:31:14.75	+01:39:56 (66.1%)	20:09	3 (34.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
818	<b>HAŁAS Renata</b>	<b>665</b>	SZYBCIEJ NIE MOGĘ	K4 50-59	16			<b>02:31:15.95</b>	<b>02:31:15.95</b>	+01:39:57 (66.1%)	20:10	3 (34.1%)
819	<b>JADCZAK Danuta</b>	<b>678</b>	SZCZECINSKO-POLICKI KLUB MORSY	K5 60+	1			<b>02:31:17.65</b>	<b>02:31:17.65</b>	+01:39:59 (66.1%)	20:10	3 (34.1%)
820	<b>LEWANDOWSKI Janusz</b>	<b>793</b>	WIECZORNE BIEGANIE W SZCZECINIE	M5 60+	9			<b>02:31:17.75</b>	<b>02:31:17.75</b>	+01:39:59 (66.1%)	20:10	3 (34.1%)
821	<b>MAŁECKA Karolina</b>	<b>151</b>		K2 30-39	155			<b>02:31:53.30</b>	<b>02:31:53.30</b>	+01:40:35 (66.2%)	20:15	3 (34.1%)
821	<b>WASYLÓW Katarzyna</b>	<b>1058</b>		K4 50-59	17			<b>02:23:40.30</b>	<b>02:31:53.30</b>	+01:40:35 (66.2%)	19:09	3.1 (35.2%)
823	<b>WASYLÓW Karolina</b>	<b>268</b>		K1 16-29	73			<b>02:31:53.35</b>	<b>02:31:53.35</b>	+01:40:35 (66.2%)	20:15	3 (34.1%)
824	<b>LEWANDOWSKI Michał</b>	<b>135</b>		M2 30-39	228			<b>02:33:49.55</b>	<b>02:33:49.55</b>	+01:42:31 (66.7%)	20:30	2.9 (33.0%)
825	<b>LEWANDOWSKA Anita</b>	<b>133</b>		K2 30-39	156			<b>02:33:49.70</b>	<b>02:33:49.70</b>	+01:42:31 (66.7%)	20:30	2.9 (33.0%)
826	<b>ŚLIWA Monika</b>	<b>255</b>		K2 30-39	157			<b>02:33:49.90</b>	<b>02:33:49.90</b>	+01:42:31 (66.7%)	20:30	2.9 (33.0%)
827	<b>PURCHALAK Monika</b>	<b>212</b>		K2 30-39	158			<b>02:33:50.20</b>	<b>02:33:50.20</b>	+01:42:32 (66.7%)	20:30	2.9 (33.0%)
828	<b>PURCHALAK Paweł</b>	<b>213</b>		M2 30-39	229			<b>02:33:50.45</b>	<b>02:33:50.45</b>	+01:42:32 (66.7%)	20:30	2.9 (33.0%)
829	<b>BŁAZIAK Sebastian</b>	<b>542</b>		M2 30-39	230			<b>02:34:08.85</b>	<b>02:34:08.85</b>	+01:42:50 (66.7%)	20:33	2.9 (33.0%)
830	<b>PŁOSA Monika</b>	<b>915</b>		K2 30-39	159			<b>02:34:09.00</b>	<b>02:34:09.00</b>	+01:42:50 (66.7%)	20:33	2.9 (33.0%)
831	<b>KRAKOWIAK Łukasz</b>	<b>1148</b>		M2 30-39	231			<b>02:35:19.75</b>	<b>02:35:19.75</b>	+01:44:01 (67.0%)	20:42	2.9 (33.0%)
831	<b>WOJCIECHOWSKI Krzysztof</b>	<b>1077</b>	STARGARD,JA SIĘ NIE ŚCIGAM	M4 50-59	26			<b>02:35:19.75</b>	<b>02:35:19.75</b>	+01:44:01 (67.0%)	20:42	2.9 (33.0%)
831	<b>CHENON Guillaume</b>	<b>570</b>	WIECZORNE BIEGANIE W SZCZECINIE	M2 30-39	232			<b>02:35:19.75</b>	<b>02:35:19.75</b>	+01:44:01 (67.0%)	20:42	2.9 (33.0%)
834	<b>KLEJNOWSKA Kamila</b>	<b>722</b>	STARGARD JA SIĘ NIE ŚCIGAM	K2 30-39	160			<b>02:35:19.90</b>	<b>02:35:19.90</b>	+01:44:01 (67.0%)	20:42	2.9 (33.0%)
835	<b>BAUMGART Grzegorz</b>	<b>524</b>	STARGARD. JA SIĘ NIE ŚCIGAM!	M2 30-39	233			<b>02:35:20.25</b>	<b>02:35:20.25</b>	+01:44:02 (67.0%)	20:42	2.9 (33.0%)
836	<b>OLESZEK Krzysztof</b>	<b>883</b>	STARGARD. JA SIĘ NIE ŚCIGAM	M2 30-39	234			<b>02:35:20.55</b>	<b>02:35:20.55</b>	+01:44:02 (67.0%)	20:42	2.9 (33.0%)
837	<b>STAŃCZYK Sławomir</b>	<b>998</b>	STARGARD. JA SIĘ NIE ŚCIGAM	M2 30-39	235		Stargard. ja się nie ścigam	<b>02:35:20.65</b>	<b>02:35:20.65</b>	+01:44:02 (67.0%)	20:42	2.9 (33.0%)
838	<b>KUNIKOWSKI Patryk</b>	<b>774</b>	STARGARD. JA SIĘ NIE ŚCIGAM	M2 30-39	236		Stargard. ja się nie ścigam	<b>02:35:20.75</b>	<b>02:35:20.75</b>	+01:44:02 (67.0%)	20:42	2.9 (33.0%)
838	<b>KUNIKOWSKA Patrycja</b>	<b>773</b>	STARGARD. JA SIĘ NIE ŚCIGAM.	K2 30-39	161			<b>02:35:20.75</b>	<b>02:35:20.75</b>	+01:44:02 (67.0%)	20:42	2.9 (33.0%)
840	<b>CZYNSZAK Krystian</b>	<b>1146</b>		M3 40-49	123			<b>02:35:20.80</b>	<b>02:35:20.80</b>	+01:44:02 (67.0%)	20:42	2.9 (33.0%)
841	<b>GĘBICKA Agata</b>	<b>638</b>	STARGARD JA SIĘ NIE ŚCIGAM	K2 30-39	162			<b>02:35:20.95</b>	<b>02:35:20.95</b>	+01:44:02 (67.0%)	20:42	2.9 (33.0%)
841	<b>KWIATKOWSKA Julita</b>	<b>780</b>		K2 30-39	163			<b>02:35:20.95</b>	<b>02:35:20.95</b>	+01:44:02 (67.0%)	20:42	2.9 (33.0%)
843	<b>BAUMGART Katarzyna</b>	<b>525</b>	STARGARD. JA SIĘ NIE ŚCIGAM!	K2 30-39	164		Stargard. ja się nie ścigam!	<b>02:35:21.15</b>	<b>02:35:21.15</b>	+01:44:03 (67.0%)	20:42	2.9 (33.0%)
844	<b>WRÓŃSKA Sandra</b>	<b>1094</b>	STARGARD JA SIĘ NIE ŚCIGAM	K1 16-29	74			<b>02:35:21.30</b>	<b>02:35:21.30</b>	+01:44:03 (67.0%)	20:42	2.9 (33.0%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
844	<b>STAŃKO</b> Agnieszka	<b>999</b>	STARGARD JA SIĘ NIE ŚCIGAM	K2 30-39	165			<b>02:35:21.30</b>	<b>02:35:21.30</b>	+01:44:03 (67.0%)	20:42	2.9 (33.0%)
846	<b>NADOBNA</b> Kamila	<b>856</b>	STARGARD JA SIĘ NIE SCIGAM	K2 30-39	166			<b>02:35:21.40</b>	<b>02:35:21.40</b>	+01:44:03 (67.0%)	20:42	2.9 (33.0%)
847	<b>IZYDORCZYK</b> Kinga	<b>677</b>	STARGARD JA SIĘ NIE SCIGAM	K2 30-39	167			<b>02:35:21.80</b>	<b>02:35:21.80</b>	+01:44:03 (67.0%)	20:42	2.9 (33.0%)
848	<b>DOBIECKA</b> Joanna	<b>598</b>		K2 30-39	168			<b>02:35:22.00</b>	<b>02:35:22.00</b>	+01:44:03 (67.0%)	20:42	2.9 (33.0%)
849	<b>GÓRSKA</b> Agnieszka	<b>647</b>	NORDICOWE LOVE POLICE	K3 40-49	81			<b>02:36:20.55</b>	<b>02:36:20.55</b>	+01:45:02 (67.2%)	20:50	2.9 (33.0%)
850	<b>NAJMARK</b> Małgorzata	<b>858</b>	SKB DZIK	K3 40-49	82			<b>02:36:20.60</b>	<b>02:36:20.60</b>	+01:45:02 (67.2%)	20:50	2.9 (33.0%)
851	<b>NOWAK</b> Aneta	<b>874</b>	NORDICOWELOVE	K3 40-49	83			<b>02:36:20.90</b>	<b>02:36:20.90</b>	+01:45:02 (67.2%)	20:50	2.9 (33.0%)
852	<b>KULEWSKA</b> Joanna	<b>771</b>	NORDICOWELOVE	K3 40-49	84			<b>02:36:20.95</b>	<b>02:36:20.95</b>	+01:45:02 (67.2%)	20:50	2.9 (33.0%)
852	<b>PIEPRZOWSKA</b> Sylwia	<b>194</b>		K3 40-49	85			<b>02:36:20.95</b>	<b>02:36:20.95</b>	+01:45:02 (67.2%)	20:50	2.9 (33.0%)
854	<b>RUBAJ -</b> <b>FIEDZIUSZKO</b> Anna	<b>222</b>		K2 30-39	169			<b>02:36:21.20</b>	<b>02:36:21.20</b>	+01:45:03 (67.2%)	20:50	2.9 (33.0%)
855	<b>GAJEK</b> Łukasz	<b>629</b>	GIMELA TEAM	M2 30-39	237		Gimela team	<b>02:36:28.40</b>	<b>02:36:28.40</b>	+01:45:10 (67.2%)	20:51	2.9 (33.0%)
856	<b>JĘZIÓRSKI</b> Wojciech	<b>699</b>	GIMELA TEAM	M1 16-29	111		Gimela team	<b>02:36:28.55</b>	<b>02:36:28.55</b>	+01:45:10 (67.2%)	20:51	2.9 (33.0%)
857	<b>JANUSZEWSKI</b> Bartosz	<b>686</b>	GIMELA TEAM	M2 30-39	238		Gimela team	<b>02:36:28.65</b>	<b>02:36:28.65</b>	+01:45:10 (67.2%)	20:51	2.9 (33.0%)
858	<b>BIAZIK</b> Piotr	<b>529</b>		M2 30-39	239		Gimela team	<b>02:36:28.70</b>	<b>02:36:28.70</b>	+01:45:10 (67.2%)	20:51	2.9 (33.0%)
859	<b>CICHARSKI</b> Rafał	<b>578</b>	GIMELA TEAM	M1 16-29	112		Gimela team	<b>02:36:28.85</b>	<b>02:36:28.85</b>	+01:45:10 (67.2%)	20:51	2.9 (33.0%)
860	<b>ELBIŃSKA-</b> <b>KRAWCZUK</b> Monika	<b>619</b>		K3 40-49	86			<b>02:36:40.75</b>	<b>02:36:40.75</b>	+01:45:22 (67.3%)	20:53	2.9 (33.0%)
861	<b>ZABROCKI</b> Karol	<b>1105</b>		M2 30-39	240			<b>02:36:40.85</b>	<b>02:36:40.85</b>	+01:45:22 (67.3%)	20:53	2.9 (33.0%)
862	<b>MAĆKÓW</b> Natalia	<b>811</b>		K3 40-49	87			<b>02:36:40.90</b>	<b>02:36:40.90</b>	+01:45:22 (67.3%)	20:53	2.9 (33.0%)
863	<b>DRZEWIECKA</b> Agnieszka	<b>607</b>	BIEGACZE ŚWINOUJŚCIE	K3 40-49	88		Biegacze świnoujście	<b>02:36:41.15</b>	<b>02:36:41.15</b>	+01:45:23 (67.3%)	20:53	2.9 (33.0%)
863	<b>BURAKOWSKI</b> Grzegorz	<b>564</b>		M3 40-49	124			<b>02:36:41.15</b>	<b>02:36:41.15</b>	+01:45:23 (67.3%)	20:53	2.9 (33.0%)
863	<b>BZDAWKA</b> Joanna	<b>567</b>	1976	K3 40-49	89			<b>02:36:41.15</b>	<b>02:36:41.15</b>	+01:45:23 (67.3%)	20:53	2.9 (33.0%)
863	<b>BARSZCZEWSKA</b> Małgorzata	<b>519</b>		K3 40-49	90			<b>02:36:41.15</b>	<b>02:36:41.15</b>	+01:45:23 (67.3%)	20:53	2.9 (33.0%)
867	<b>BARSZCZEWSKI</b> Stanisław	<b>521</b>	KPW ŚWINOUJŚCIE	M3 40-49	125			<b>02:36:41.30</b>	<b>02:36:41.30</b>	+01:45:23 (67.3%)	20:53	2.9 (33.0%)
868	<b>GRYTA</b> Dariusz	<b>657</b>	BIEGACZE ŚWINOUJŚCIE	M4 50-59	27		Biegacze świnoujście	<b>02:36:41.35</b>	<b>02:36:41.35</b>	+01:45:23 (67.3%)	20:53	2.9 (33.0%)
869	<b>BZDAWKA</b> Rafał	<b>566</b>		M3 40-49	126			<b>02:36:41.65</b>	<b>02:36:41.65</b>	+01:45:23 (67.3%)	20:53	2.9 (33.0%)
870	<b>DRZEWIECKI</b> Arkadiusz	<b>608</b>	BIEGACZE ŚWINOUJŚCIE	M4 50-59	28			<b>02:36:41.80</b>	<b>02:36:41.80</b>	+01:45:23 (67.3%)	20:53	2.9 (33.0%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
901	<b>WROŃSKI Julian</b>	<b>1095</b>	STARGARD JA SIĘ NIE ŚCIGAM	M2 30-39	244								(0.0%)
902	<b>WICK Emilian</b>	<b>340</b>		M2 30-39	245								(0.0%)
903	<b>DESZCZ Artur</b>	<b>365</b>		M2 30-39	246								(0.0%)
	<b>SZUFRANOWICZ Marcin</b>	<b>247</b>		M1 16-29					<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 904 wynik(ów)