



**Wydarzenie:** Dziki Weekend 2019  
**Organizator:** Stowarzyszenie Klub Biegowy Dzik  
**Data:** 2019-08-18  
**Miejsce:** Police  
**Dystans:** 7.5 km

## V EKSTREMALNY DZIKOBIEG

B4SPORT

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K3 40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
1	MARZEC Karolina	828	DZIKIE DZIKI GORZÓW	K3 40-49	1		Dziki dziki gorzów	01:14:52.85	01:14:52.85		9:58	6 (100%)
2	CHOMONT Magdalena	334		K3 40-49	2			01:23:11.00	01:23:11.00	+00:08:18 (10.0%)	11:05	5.4 (90.0%)
3	SZATANEK Ewa	1016		K3 40-49	3			01:24:16.15	01:24:16.15	+00:09:23 (11.1%)	11:14	5.3 (88.3%)
4	CHODAK Monika	571	HUSARIA RACE TEAM	K3 40-49	4		Husaria race team	01:28:52.30	01:28:52.30	+00:13:59 (15.7%)	11:50	5.1 (85.0%)
5	GRABOWSKA Joanna	648	SPC	K3 40-49	5			01:30:24.60	01:30:24.60	+00:15:31 (17.2%)	12:03	5 (83.3%)
6	STEFAŃCZYK Małgorzata	1001	GAZELA ŚWINOUJŚCIE	K3 40-49	6			01:33:05.40	01:33:05.40	+00:18:12 (19.6%)	12:24	4.8 (80.0%)
7	BUDNA Anna	561		K3 40-49	7			01:33:46.30	01:33:46.30	+00:18:53 (20.1%)	12:30	4.8 (80.0%)
8	DEPA Bogusława	38		K3 40-49	8			01:33:57.20	01:33:57.20	+00:19:04 (20.3%)	12:31	4.8 (80.0%)
9	NICEWICZ Beata	865	UBAWIENI PO PACHY V	K3 40-49	9			01:37:06.95	01:37:06.95	+00:22:14 (22.9%)	12:56	4.6 (76.7%)
10	STRĄG Izabela	379		K3 40-49	10			01:40:59.10	01:40:59.10	+00:26:06 (25.8%)	13:27	4.5 (75.0%)
11	KOLEJ Monika	734	DZIKIE DZIKI GORZÓW	K3 40-49	11		Dziki dziki gorzów	01:42:16.85	01:42:16.85	+00:27:24 (26.8%)	13:38	4.4 (73.3%)
12	KOMAKOWSKA Sylwia	104		K3 40-49	12			01:43:26.65	01:43:26.65	+00:28:33 (27.6%)	13:47	4.4 (73.3%)
13	MADRAK Anna	148	HULK TEAM	K3 40-49	13			01:43:50.20	01:43:50.20	+00:28:57 (27.9%)	13:50	4.3 (71.7%)
14	WIERZYCKA Kinga	302	BBL	K3 40-49	14			01:46:11.80	01:46:11.80	+00:31:18 (29.5%)	14:09	4.2 (70.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas		Różn	Tempo min/km	Tempo km/h
								netto 7.5km	brutto 7.5km			
15	<b>JAKUBOWSKA Aneta</b>	<b>682</b>	DZIKUS	K3 40-49	15			<b>01:46:16.90</b>	<b>01:46:16.90</b>	+00:31:24 (29.5%)	14:10	4.2 (70.0%)
16	<b>WITKOWSKA Anna</b>	<b>535</b>		K3 40-49	16			<b>01:47:17.95</b>	<b>01:47:17.95</b>	+00:32:25 (30.2%)	14:18	4.2 (70.0%)
17	<b>JEZIOREK Agnieszka</b>	<b>697</b>	BABINEK BIEGA	K3 40-49	17			<b>01:47:49.55</b>	<b>01:47:49.55</b>	+00:32:56 (30.6%)	14:22	4.2 (70.0%)
18	<b>SOWISZ Danuta</b>	<b>993</b>	SOWISZ TEAM	K3 40-49	18		Sowisz team	<b>01:50:07.45</b>	<b>01:50:07.45</b>	+00:35:14 (32.0%)	14:40	4.1 (68.3%)
19	<b>ŚWIETLIK Alicja</b>	<b>1031</b>		K3 40-49	19			<b>01:50:12.40</b>	<b>01:50:12.40</b>	+00:35:19 (32.1%)	14:41	4.1 (68.3%)
20	<b>SURGUCKA Iwona</b>	<b>1011</b>	W POGONI ZA DUCHEM	K3 40-49	20			<b>01:50:30.75</b>	<b>01:50:30.75</b>	+00:35:37 (32.2%)	14:44	4.1 (68.3%)
21	<b>KARLIN-GRAŻEWICZ Katarzyna</b>	<b>92</b>		K3 40-49	21			<b>01:50:35.10</b>	<b>01:50:35.10</b>	+00:35:42 (32.3%)	14:44	4.1 (68.3%)
22	<b>JUSINSKA Anna</b>	<b>703</b>	KBSPRINT SWIDWIN	K3 40-49	22			<b>01:51:05.20</b>	<b>01:51:05.20</b>	+00:36:12 (32.6%)	14:48	4.1 (68.3%)
23	<b>MAJCHER Małgorzata</b>	<b>814</b>	PIŁA TEAM	K3 40-49	23			<b>01:52:01.50</b>	<b>01:52:01.50</b>	+00:37:08 (33.2%)	14:56	4 (66.7%)
24	<b>WRÓBLEWSKA Małgorzata</b>	<b>1096</b>	POŁUPIN	K3 40-49	24			<b>01:52:47.85</b>	<b>01:52:47.85</b>	+00:37:55 (33.6%)	15:02	4 (66.7%)
25	<b>POST Mariola</b>	<b>922</b>		K3 40-49	25		Goodfellas	<b>01:52:58.35</b>	<b>01:52:58.35</b>	+00:38:05 (33.7%)	15:03	4 (66.7%)
26	<b>LEWANIAK Elżbieta</b>	<b>136</b>	-	K3 40-49	26			<b>01:53:06.05</b>	<b>01:53:06.05</b>	+00:38:13 (33.8%)	15:04	4 (66.7%)
27	<b>RAWA Donata</b>	<b>942</b>		K3 40-49	27			<b>01:53:16.75</b>	<b>01:53:16.75</b>	+00:38:23 (33.9%)	15:06	4 (66.7%)
28	<b>DOBACZEWSKA-WASEK Ewa</b>	<b>597</b>		K3 40-49	28			<b>01:53:16.80</b>	<b>01:53:16.80</b>	+00:38:23 (33.9%)	15:06	4 (66.7%)
29	<b>NIEWADZIK Ula</b>	<b>868</b>		K3 40-49	29			<b>01:53:17.15</b>	<b>01:53:17.15</b>	+00:38:24 (33.9%)	15:06	4 (66.7%)
30	<b>BIAŁKOWSKA Katarzyna</b>	<b>1151</b>	KOBIECE BIEGANIE	K3 40-49	30			<b>01:54:54.10</b>	<b>01:54:54.10</b>	+00:40:01 (34.8%)	15:19	3.9 (65.0%)
31	<b>JA Małgorzata</b>	<b>1142</b>	KOBIECE BIEGANIE	K3 40-49	31			<b>01:55:36.25</b>	<b>01:55:36.25</b>	+00:40:43 (35.2%)	15:24	3.9 (65.0%)
32	<b>GABERT Beata</b>	<b>1267</b>	RAZ SZCZECIN	K3 40-49	32			<b>01:55:48.10</b>	<b>01:55:48.10</b>	+00:40:55 (35.3%)	15:26	3.9 (65.0%)
33	<b>LEWANDOWSKA Dorota</b>	<b>792</b>	LOSZKI I WARCHLAKI	K3 40-49	33		Loszki i warchlaki	<b>01:57:30.40</b>	<b>01:57:30.40</b>	+00:42:37 (36.3%)	15:40	3.8 (63.3%)
34	<b>KAROL Agnieszka</b>	<b>713</b>	LOSZKI I WARCHLAKI	K3 40-49	34		Loszki i warchlaki	<b>01:57:30.70</b>	<b>01:57:30.70</b>	+00:42:37 (36.3%)	15:40	3.8 (63.3%)
35	<b>BEDNARZ Katarzyna</b>	<b>527</b>		K3 40-49	35			<b>01:58:48.50</b>	<b>01:58:48.50</b>	+00:43:55 (37.0%)	15:50	3.8 (63.3%)
36	<b>WOSZCZYK Renata</b>	<b>1087</b>		K3 40-49	36			<b>01:59:29.85</b>	<b>01:59:29.85</b>	+00:44:37 (37.3%)	15:55	3.8 (63.3%)
37	<b>MATUSZAK Anita</b>	<b>832</b>		K3 40-49	37		Matuszak team	<b>02:00:22.80</b>	<b>02:00:22.80</b>	+00:45:29 (37.8%)	16:02	3.7 (61.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna		Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
						Mundurowi	Drużyna Kluby					
38	<b>WIECZOREK Magdalena</b>	<b>1061</b>		K3 40-49	38			<b>02:00:33.70</b>	<b>02:00:33.70</b>	+00:45:40 (37.9%)	16:04	3.7 (61.7%)
39	<b>KOMSTA Beata</b>	<b>105</b>		K3 40-49	39			<b>02:01:38.90</b>	<b>02:01:38.90</b>	+00:46:46 (38.4%)	16:13	3.7 (61.7%)
40	<b>ŚWITALSKA Edyta</b>	<b>1032</b>	SZCZECIŃSKIE CENTRUM TRENINGU PERSONALNEGO	K3 40-49	40			<b>02:01:39.60</b>	<b>02:01:39.60</b>	+00:46:46 (38.5%)	16:13	3.7 (61.7%)
41	<b>ULASS Agnieszka</b>	<b>1044</b>		K3 40-49	41			<b>02:02:28.65</b>	<b>02:02:28.65</b>	+00:47:35 (38.9%)	16:19	3.7 (61.7%)
42	<b>OSTOLSKA Sylwia</b>	<b>890</b>		K3 40-49	42			<b>02:03:03.75</b>	<b>02:03:03.75</b>	+00:48:10 (39.2%)	16:24	3.7 (61.7%)
43	<b>MALEC Edyta</b>	<b>150</b>	SKM MIEDWIANIE	K3 40-49	43			<b>02:03:09.65</b>	<b>02:03:09.65</b>	+00:48:16 (39.2%)	16:25	3.7 (61.7%)
44	<b>ŻUROWSKA Agnieszka</b>	<b>1126</b>		K3 40-49	44			<b>02:04:30.35</b>	<b>02:04:30.35</b>	+00:49:37 (39.9%)	16:36	3.6 (60.0%)
45	<b>DUBICKA Marta</b>	<b>40</b>	KSF	K3 40-49	45		Ksf	<b>02:05:54.35</b>	<b>02:05:54.35</b>	+00:51:01 (40.5%)	16:47	3.6 (60.0%)
46	<b>KWAŚNA Katarzyna</b>	<b>129</b>	KSF	K3 40-49	46		Ksf	<b>02:05:54.65</b>	<b>02:05:54.65</b>	+00:51:01 (40.5%)	16:47	3.6 (60.0%)
47	<b>GRALEWICZ Magdalena</b>	<b>651</b>	MUROWANE MORSY	K3 40-49	47			<b>02:06:17.00</b>	<b>02:06:17.00</b>	+00:51:24 (40.7%)	16:50	3.6 (60.0%)
48	<b>WOŹNIAK Beata</b>	<b>1089</b>		K3 40-49	48			<b>02:06:17.75</b>	<b>02:06:17.75</b>	+00:51:24 (40.7%)	16:50	3.6 (60.0%)
49	<b>DOMASIK Izabela</b>	<b>605</b>		K3 40-49	49			<b>02:06:18.70</b>	<b>02:06:18.70</b>	+00:51:25 (40.7%)	16:50	3.6 (60.0%)
50	<b>ŁEMPKOWSKA Beata</b>	<b>805</b>	DLL PARTNERS	K3 40-49	50		BBL Police	<b>02:06:46.00</b>	<b>02:06:46.00</b>	+00:51:53 (40.9%)	16:54	3.5 (58.3%)
51	<b>RODAK Agnieszka</b>	<b>944</b>		K3 40-49	51			<b>02:07:14.25</b>	<b>02:07:14.25</b>	+00:52:21 (41.1%)	16:57	3.5 (58.3%)
52	<b>JASIK Agnieszka</b>	<b>691</b>		K3 40-49	52			<b>02:08:35.45</b>	<b>02:08:35.45</b>	+00:53:42 (41.8%)	17:08	3.5 (58.3%)
53	<b>PIERŚCIŃSKA Marzena</b>	<b>909</b>		K3 40-49	53			<b>02:09:18.40</b>	<b>02:09:18.40</b>	+00:54:25 (42.1%)	17:14	3.5 (58.3%)
54	<b>GABARA MONCZKA Gracjana</b>	<b>48</b>	ŁAWECZKA	K3 40-49	54			<b>02:10:47.60</b>	<b>02:10:47.60</b>	+00:55:54 (42.7%)	17:26	3.4 (56.7%)
55	<b>KOZŁOWSKA-BANIAK Paulina</b>	<b>754</b>	BRIDGESTONE STARGARD RUNNERS	K3 40-49	55		Bridgestone stargard runners	<b>02:11:23.70</b>	<b>02:11:23.70</b>	+00:56:30 (43.0%)	17:31	3.4 (56.7%)
56	<b>KUBÓW Katarzyna</b>	<b>1275</b>	ŚRUNDUNIA SZCZECIN	K3 40-49	56			<b>02:12:23.00</b>	<b>02:12:23.00</b>	+00:57:30 (43.4%)	17:39	3.4 (56.7%)
57	<b>TOMASIŃSKA Monika</b>	<b>1036</b>	OSOWA-BIEGA	K3 40-49	57			<b>02:13:12.65</b>	<b>02:13:12.65</b>	+00:58:19 (43.8%)	17:45	3.4 (56.7%)
58	<b>KACZMAREK Sylwia</b>	<b>705</b>		K3 40-49	58			<b>02:13:12.80</b>	<b>02:13:12.80</b>	+00:58:19 (43.8%)	17:45	3.4 (56.7%)
59	<b>TOKARCZYK Marta</b>	<b>1035</b>		K3 40-49	59			<b>02:13:38.70</b>	<b>02:13:38.70</b>	+00:58:45 (44.0%)	17:49	3.4 (56.7%)
60	<b>KOŁCZ-HOWACKA Monika</b>	<b>361</b>	OPTIMA	K3 40-49	60		Optima	<b>02:13:46.10</b>	<b>02:13:46.10</b>	+00:58:53 (44.0%)	17:50	3.4 (56.7%)

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								netto 7.5km	brutto 7.5km			
61	<b>ADAMCZEWSKA Agnieszka</b>	<b>501</b>	3ATEAM	K3 40-49	61			<b>02:14:53.90</b>	<b>02:14:53.90</b>	+01:00:01 (44.5%)	17:59	3.3 (55.0%)
62	<b>CZYŻ Anna</b>	<b>589</b>	3ATEAM	K3 40-49	62			<b>02:14:54.00</b>	<b>02:14:54.00</b>	+01:00:01 (44.5%)	17:59	3.3 (55.0%)
63	<b>ADAMCZEWSKA Anna</b>	<b>502</b>	3ATEAM	K3 40-49	63			<b>02:14:54.05</b>	<b>02:14:54.05</b>	+01:00:01 (44.5%)	17:59	3.3 (55.0%)
64	<b>LIPIŃSKA Małgorzata</b>	<b>333</b>		K3 40-49	64			<b>02:17:39.30</b>	<b>02:17:39.30</b>	+01:02:46 (45.6%)	18:21	3.3 (55.0%)
65	<b>MACKOWICZ Aneta</b>	<b>144</b>		K3 40-49	65		Gang dzikich wieprzy	<b>02:17:40.00</b>	<b>02:17:40.00</b>	+01:02:47 (45.6%)	18:21	3.3 (55.0%)
66	<b>GRODZIŃSKA Agnieszka</b>	<b>652</b>	KLUB MORSÓW MIEDWIANIE	K3 40-49	66			<b>02:19:23.35</b>	<b>02:19:23.35</b>	+01:04:30 (46.3%)	18:35	3.2 (53.3%)
67	<b>NIEMIERKO Magdalena</b>	<b>866</b>		K3 40-49	67			<b>02:21:03.95</b>	<b>02:21:03.95</b>	+01:06:11 (46.9%)	18:48	3.2 (53.3%)
68	<b>ORLON Barbara</b>	<b>886</b>	RUN HAPPY	K3 40-49	68		Run happy	<b>02:21:11.40</b>	<b>02:21:11.40</b>	+01:06:18 (47.0%)	18:49	3.2 (53.3%)
69	<b>PERROT Magdalena</b>	<b>905</b>		K3 40-49	69			<b>02:22:13.30</b>	<b>02:22:13.30</b>	+01:07:20 (47.3%)	18:57	3.2 (53.3%)
70	<b>WOŻNA Edyta</b>	<b>276</b>		K3 40-49	70			<b>02:23:12.35</b>	<b>02:23:12.35</b>	+01:08:19 (47.7%)	19:05	3.1 (51.7%)
71	<b>SARABURA Magdalena</b>	<b>1286</b>	KREJZOLE	K3 40-49	71		Krejzole	<b>02:23:18.05</b>	<b>02:23:18.05</b>	+01:08:25 (47.7%)	19:06	3.1 (51.7%)
72	<b>DROZDEK Joanna</b>	<b>39</b>	KOMPAS TEAM	K3 40-49	72			<b>02:23:18.25</b>	<b>02:23:18.25</b>	+01:08:25 (47.7%)	19:06	3.1 (51.7%)
73	<b>REGULINSKA Kamila</b>	<b>1285</b>	KREJZOLE	K3 40-49	73		Krejzole	<b>02:23:18.35</b>	<b>02:23:18.35</b>	+01:08:25 (47.7%)	19:06	3.1 (51.7%)
74	<b>BARSZCZEWSKA Marlena</b>	<b>520</b>	ZDROWO PIEPRZNIĘCI	K3 40-49	74			<b>02:24:33.45</b>	<b>02:24:33.45</b>	+01:09:40 (48.2%)	19:16	3.1 (51.7%)
75	<b>DĄBROWSKA Aneta</b>	<b>37</b>		K3 40-49	75			<b>02:25:41.70</b>	<b>02:25:41.70</b>	+01:10:48 (48.6%)	19:25	3.1 (51.7%)
76	<b>WEYLAND Anna</b>	<b>270</b>		K3 40-49	76			<b>02:25:42.60</b>	<b>02:25:42.60</b>	+01:10:49 (48.6%)	19:25	3.1 (51.7%)
77	<b>KUCHARCZYK Elżbieta</b>	<b>765</b>	RUNGRYF	K3 40-49	77		Rungryf	<b>02:26:08.40</b>	<b>02:26:08.40</b>	+01:11:15 (48.8%)	19:29	3.1 (51.7%)
78	<b>SKOWYRA Wioletta</b>	<b>978</b>	RUNGRYF GRYFICE	K3 40-49	78			<b>02:26:08.65</b>	<b>02:26:08.65</b>	+01:11:15 (48.8%)	19:29	3.1 (51.7%)
79	<b>CHUDZIŃSKA Dorota</b>	<b>27</b>		K3 40-49	79			<b>02:28:48.20</b>	<b>02:28:48.20</b>	+01:13:55 (49.7%)	19:50	3 (50.0%)
80	<b>KONIECKA Barbara</b>	<b>107</b>		K3 40-49	80		Pustynny orzeł	<b>02:28:54.55</b>	<b>02:28:54.55</b>	+01:14:01 (49.7%)	19:51	3 (50.0%)
81	<b>GÓRSKA Agnieszka</b>	<b>647</b>	NORDICOWE LOVE POLICE	K3 40-49	81			<b>02:36:20.55</b>	<b>02:36:20.55</b>	+01:21:27 (52.1%)	20:50	2.9 (48.3%)
82	<b>NAJMARK Małgorzata</b>	<b>858</b>	SKB DZIK	K3 40-49	82			<b>02:36:20.60</b>	<b>02:36:20.60</b>	+01:21:27 (52.1%)	20:50	2.9 (48.3%)
83	<b>NOWAK Aneta</b>	<b>874</b>	NORDICOWELOVE	K3 40-49	83			<b>02:36:20.90</b>	<b>02:36:20.90</b>	+01:21:28 (52.1%)	20:50	2.9 (48.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
84	<b>KULEWSKA Joanna</b>	<b>771</b>	NORDICOWELOVE	K3 40-49	84			<b>02:36:20.95</b>	<b>02:36:20.95</b>	+01:21:28 (52.1%)	20:50	2.9 (48.3%)
84	<b>PIEPRZOWSKA Sylwia</b>	<b>194</b>		K3 40-49	85			<b>02:36:20.95</b>	<b>02:36:20.95</b>	+01:21:28 (52.1%)	20:50	2.9 (48.3%)
86	<b>ELBIŃSKA-KRAWCZUK Monika</b>	<b>619</b>		K3 40-49	86			<b>02:36:40.75</b>	<b>02:36:40.75</b>	+01:21:47 (52.2%)	20:53	2.9 (48.3%)
87	<b>MAĆKÓW Natalia</b>	<b>811</b>		K3 40-49	87			<b>02:36:40.90</b>	<b>02:36:40.90</b>	+01:21:48 (52.2%)	20:53	2.9 (48.3%)
88	<b>DRZEWIECKA Agnieszka</b>	<b>607</b>	BIEGACZE ŚWINOUJŚCIE	K3 40-49	88		Biegacze świnoujście	<b>02:36:41.15</b>	<b>02:36:41.15</b>	+01:21:48 (52.2%)	20:53	2.9 (48.3%)
88	<b>BZDAWKA Joanna</b>	<b>567</b>	1976	K3 40-49	89			<b>02:36:41.15</b>	<b>02:36:41.15</b>	+01:21:48 (52.2%)	20:53	2.9 (48.3%)
88	<b>BARSZCZEWSKA Małgorzata</b>	<b>519</b>		K3 40-49	90			<b>02:36:41.15</b>	<b>02:36:41.15</b>	+01:21:48 (52.2%)	20:53	2.9 (48.3%)
91	<b>KOŁACZYŃSKA Monika</b>	<b>735</b>		K3 40-49	91			<b>02:37:14.40</b>	<b>02:37:14.40</b>	+01:22:21 (52.4%)	20:57	2.9 (48.3%)
92	<b>MASYS Agnieszka</b>	<b>829</b>	GRUPA MALBORK	K3 40-49	92			<b>02:38:38.45</b>	<b>02:38:38.45</b>	+01:23:45 (52.8%)	21:09	2.8 (46.7%)
93	<b>MUSZYŃSKA Barbara</b>	<b>854</b>	PIŁA TEAM	K3 40-49	93			<b>03:03:32.55</b>	<b>03:03:32.55</b>	+01:48:39 (59.2%)	24:28	2.5 (41.7%)
94	<b>ZDRZENICKA Beata</b>	<b>2164</b>	KSF	K3 40-49	94		Ksf					(0.0%)
95	<b>KOZIARSKA Justyna</b>	<b>117</b>		K3 40-49	95							(0.0%)

Znaleziono 95 wynik(ów)