



V EKSTREMALNY DZIKOBIEG

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Dziki Weekend 2019
Stowarzyszenie Klub Biegowy Dzik
2019-08-18
Police
7.5 km

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: M2 30-39

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
1	SKÓRSKI Łukasz	980		M2 30-39	1				00:51:18.05	00:51:18.05		6:50	8.8 (100%)
2	PAWLISIAK Paweł	347	BBL POLICE	M2 30-39	2				00:52:47.70	00:52:47.70	+00:01:29 (2.8%)	7:02	8.5 (96.6%)
3	POKRZYWIŃSKI Zbigniew	208	XRUNNERS	M2 30-39	3	12 bz szczecin		Xrunners	00:56:01.50	00:56:01.50	+00:04:43 (8.4%)	7:28	8 (90.9%)
4	ZYCH Krzysztof	1120	TRIUMF SŁAWOBORZE	M2 30-39	4				01:03:11.50	01:03:11.50	+00:11:53 (18.8%)	8:25	7.1 (80.7%)
5	SŁOWIK Jacek	984		M2 30-39	5				01:04:45.30	01:04:45.30	+00:13:27 (20.8%)	8:38	6.9 (78.4%)
6	PRZYBYSZ Marcin	930		M2 30-39	6				01:05:56.75	01:05:56.75	+00:14:38 (22.2%)	8:47	6.8 (77.3%)
7	HOŁYŃSKI Leszek	672	WIECZORNE BIEGANIE W SZCZECINIE	M2 30-39	7				01:05:58.15	01:05:58.15	+00:14:40 (22.2%)	8:47	6.8 (77.3%)
8	KWIATKOWSKI Kajetan	782	GDAŃSKIE DZIKI	M2 30-39	8				01:07:07.25	01:07:07.25	+00:15:49 (23.6%)	8:56	6.7 (76.1%)
9	GOŁĘBIEWSKI Tomasz	642		M2 30-39	9	Psp szczecin			01:08:11.30	01:08:11.30	+00:16:53 (24.8%)	9:05	6.6 (75.0%)
10	DOLIWKA Kamil	602	KPP WAŁCZ	M2 30-39	10				01:08:14.70	01:08:14.70	+00:16:56 (24.8%)	9:05	6.6 (75.0%)
11	NABRZEWSKI Artur	298		M2 30-39	11				01:08:24.90	01:08:24.90	+00:17:06 (25.0%)	9:07	6.6 (75.0%)
12	WRÓBLEWSKI Michał	1097	GRA RUNNERS	M2 30-39	12				01:08:34.10	01:08:34.10	+00:17:16 (25.2%)	9:08	6.6 (75.0%)
13	KOZŁOWSKI Artur	1388		M2 30-39	13				01:10:31.45	01:10:31.45	+00:19:13 (27.3%)	9:24	6.4 (72.7%)
14	OLEJARZ Damian	881		M2 30-39	14				01:10:48.15	01:10:48.15	+00:19:30 (27.5%)	9:26	6.4 (72.7%)
15	ŻMUDA Krzysztof	1125	HUSARIA RACE TEAM	M2 30-39	15			Husaria race team	01:11:43.35	01:11:43.35	+00:20:25 (28.5%)	9:33	6.3 (71.6%)

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16	CYTLOCH Jacek	34		M2 30-39	16			01:13:31.60	01:13:31.60	+00:22:13 (30.2%)	9:48	6.1 (69.3%)
17	ROZICKI Krzysztof	221	12BZ	M2 30-39	17	3kpzmot/1bpzmot/12bz	3kpzmt/1bpzmot/12bz	01:15:01.30	01:15:01.30	+00:23:43 (31.6%)	10:00	6 (68.2%)
18	PLAŻALSKI Przemysław	203	HUSARIA RACE POLSKA	M2 30-39	18			01:15:09.50	01:15:09.50	+00:23:51 (31.7%)	10:01	6 (68.2%)
19	PORZYCH Zbigniew	920		M2 30-39	19			01:15:24.95	01:15:24.95	+00:24:06 (32.0%)	10:03	6 (68.2%)
20	WOŁOSZYN Wojciech	1086		M2 30-39	20		Bk-127	01:15:43.25	01:15:43.25	+00:24:25 (32.3%)	10:05	5.9 (67.0%)
20	KISIEL Łukasz	720		M2 30-39	21		Bk-127	01:15:43.25	01:15:43.25	+00:24:25 (32.3%)	10:05	5.9 (67.0%)
22	POCIERZNICKI Rafał	205	3KPZMOT/1BPZMOT/12BZ	M2 30-39	22	3kpzmot/1bpzmot/12bz	3kpzmot/1bpzomt/12bz	01:15:52.50	01:15:52.50	+00:24:34 (32.4%)	10:06	5.9 (67.0%)
23	SCHERFENBERG Łukasz	964	ZS ZWYROLE	M2 30-39	23			01:16:57.05	01:16:57.05	+00:25:39 (33.3%)	10:15	5.8 (65.9%)
24	GABOR Krzysztof	51		M2 30-39	24			01:17:22.50	01:17:22.50	+00:26:04 (33.7%)	10:18	5.8 (65.9%)
25	KOTYNIA Dawid	113		M2 30-39	25			01:17:40.75	01:17:40.75	+00:26:22 (34.0%)	10:21	5.8 (65.9%)
26	NOWAK Jakub	876		M2 30-39	26			01:18:07.25	01:18:07.25	+00:26:49 (34.3%)	10:24	5.8 (65.9%)
27	GRZEGORCZYK Marcin	346		M2 30-39	27			01:19:13.40	01:19:13.40	+00:27:55 (35.2%)	10:33	5.7 (64.8%)
28	SROGA Maciej	996		M2 30-39	28			01:19:33.05	01:19:33.05	+00:28:15 (35.5%)	10:36	5.7 (64.8%)
29	JASTAK Paweł	694		M2 30-39	29			01:19:48.00	01:19:48.00	+00:28:29 (35.7%)	10:38	5.6 (63.6%)
30	POZNAK Wojciech	209		M2 30-39	30			01:20:33.15	01:20:33.15	+00:29:15 (36.3%)	10:44	5.6 (63.6%)
31	REMPLEWICZ Mariusz	320		M2 30-39	31			01:20:49.45	01:20:49.45	+00:29:31 (36.5%)	10:46	5.6 (63.6%)
32	KANIA Rafał	87	KP PSP POLICE	M2 30-39	32	Kp psp police	Kp psp police	01:20:58.45	01:20:58.45	+00:29:40 (36.6%)	10:47	5.6 (63.6%)
33	KOWALSKI Tomasz	304	ZMĘCZONY SEZONEM	M2 30-39	33			01:21:12.10	01:21:12.10	+00:29:54 (36.8%)	10:49	5.5 (62.5%)
34	SIEDLER Martin	969	SV DONSRUGGEN 06	M2 30-39	34			01:22:39.10	01:22:39.10	+00:31:21 (37.9%)	11:01	5.4 (61.4%)
35	KOPYŚC Bartłomiej	111		M2 30-39	35			01:22:49.05	01:22:49.05	+00:31:31 (38.1%)	11:02	5.4 (61.4%)
36	KNIAŻ Tomasz	99		M2 30-39	36			01:23:04.20	01:23:04.20	+00:31:46 (38.2%)	11:04	5.4 (61.4%)
37	SKRZYPKOWSKI Łukasz	982	LUKSMASAŻ	M2 30-39	37			01:23:14.35	01:23:14.35	+00:31:56 (38.4%)	11:05	5.4 (61.4%)
38	GONTEK Łukasz	643	ŁOSOŚ T.E.A.M.	M2 30-39	38		Łosoś t.e.a.m.	01:23:57.80	01:23:57.80	+00:32:39 (38.9%)	11:11	5.4 (61.4%)
39	RYŻ Arkadiusz	956		M2 30-39	39			01:24:15.60	01:24:15.60	+00:32:57 (39.1%)	11:14	5.3 (60.2%)

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40	LASKOWSKI Tomasz	787	PIĘKNI I BESTIE	M2 30-39	40					01:24:21.35	01:24:21.35	+00:33:03 (39.2%)	11:14	5.3 (60.2%)
41	LIS Remigiusz	309		M2 30-39	41					01:24:22.45	01:24:22.45	+00:33:04 (39.2%)	11:14	5.3 (60.2%)
42	ŁYSEK Grzegorz	810	ŁYSKEY	M2 30-39	42					01:24:27.00	01:24:27.00	+00:33:08 (39.3%)	11:15	5.3 (60.2%)
43	GŁADYSZ Jarosław	640		M2 30-39	43					01:24:52.40	01:24:52.40	+00:33:34 (39.6%)	11:18	5.3 (60.2%)
44	SZERŁĄG Paweł	1288	KP PSP POLICE	M2 30-39	44					01:24:54.40	01:24:54.40	+00:33:36 (39.6%)	11:19	5.3 (60.2%)
45	CHRAPKOWSKI Marcel	574	OCR TEAM WŁOCŁAWEK	M2 30-39	45			Ocr team wrocławek		01:24:56.30	01:24:56.30	+00:33:38 (39.6%)	11:19	5.3 (60.2%)
46	ZARĘBA Piotr	1110	KP PSP POLICE	M2 30-39	46	Kp psp police		Kp psp police		01:24:59.10	01:24:59.10	+00:33:41 (39.6%)	11:19	5.3 (60.2%)
47	SZULC Marcin	1021		M2 30-39	47					01:25:08.25	01:25:08.25	+00:33:50 (39.7%)	11:21	5.3 (60.2%)
47	ŁUKASZEWSKI Michał	809		M2 30-39	48					01:25:08.25	01:25:08.25	+00:33:50 (39.7%)	11:21	5.3 (60.2%)
49	SZOTA Robert	244	SMT SZCZECIN	M2 30-39	49					01:25:14.05	01:25:14.05	+00:33:56 (39.8%)	11:21	5.3 (60.2%)
50	SERWIN Krzysztof	966	WIECZORNE BIEGANIE W SZCZECINIE	M2 30-39	50					01:25:26.25	01:25:26.25	+00:34:08 (40.0%)	11:23	5.3 (60.2%)
51	BURDZIŃSKI Mateusz	306		M2 30-39	51					01:25:27.25	01:25:27.25	+00:34:09 (40.0%)	11:23	5.3 (60.2%)
52	CHEŁSTOWSKI Adrian	22		M2 30-39	52					01:25:54.10	01:25:54.10	+00:34:36 (40.3%)	11:27	5.2 (59.1%)
53	KRUK Bartosz	1380		M2 30-39	53					01:26:21.40	01:26:21.40	+00:35:03 (40.6%)	11:30	5.2 (59.1%)
54	BAGIŃSKI Marcin	4	KONIUCHY OCR	M2 30-39	54					01:26:39.40	01:26:39.40	+00:35:21 (40.8%)	11:33	5.2 (59.1%)
55	TURCZYŃSKI Marcin	1042		M2 30-39	55					01:27:40.65	01:27:40.65	+00:36:22 (41.5%)	11:41	5.1 (58.0%)
56	SOBCZAK Wojciech	988		M2 30-39	56					01:27:40.85	01:27:40.85	+00:36:22 (41.5%)	11:41	5.1 (58.0%)
57	ARLUKIEWICZ Grzegorz	511		M2 30-39	57					01:28:01.30	01:28:01.30	+00:36:43 (41.7%)	11:44	5.1 (58.0%)
58	PAŃCZYK Tomasz	894		M2 30-39	58					01:28:41.20	01:28:41.20	+00:37:23 (42.2%)	11:49	5.1 (58.0%)
59	BŁAŻEJEWSKI Wojciech	543		M2 30-39	59					01:28:50.90	01:28:50.90	+00:37:32 (42.3%)	11:50	5.1 (58.0%)
60	LEWANDOWSKI Piotr	341		M2 30-39	60			Skb dzik		01:29:02.40	01:29:02.40	+00:37:44 (42.4%)	11:52	5.1 (58.0%)
61	ROJEWSKI Mateusz	946		M2 30-39	61					01:29:03.75	01:29:03.75	+00:37:45 (42.4%)	11:52	5.1 (58.0%)
62	GARCON Łukasz	335		M2 30-39	62	Ożw szczecin				01:29:12.45	01:29:12.45	+00:37:54 (42.5%)	11:53	5 (56.8%)
63	CZYŁKOWSKI Patryk	587	100%EG	M2 30-39	63					01:29:18.90	01:29:18.90	+00:38:00 (42.6%)	11:54	5 (56.8%)

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64	KOCZKODAJ Kamil	733		M2 30-39	64	Ożw szczecin		Ożw szczecin		01:29:29.15	01:29:29.15	+00:38:11 (42.7%)	11:55	5 (56.8%)
65	MILEJSKI Paweł	843		M2 30-39	65					01:29:35.50	01:29:35.50	+00:38:17 (42.7%)	11:56	5 (56.8%)
66	JOŃCA Marcin	83		M2 30-39	66					01:29:39.35	01:29:39.35	+00:38:21 (42.8%)	11:57	5 (56.8%)
67	KOBIĄŁKA Kamil	101	MK FIZJOTERAPIA SZCZECIN	M2 30-39	67					01:30:05.90	01:30:05.90	+00:38:47 (43.1%)	12:00	5 (56.8%)
68	LUDWICZAK Jarosław	800	KOŚCIAN TEAM	M2 30-39	68					01:30:15.80	01:30:15.80	+00:38:57 (43.2%)	12:02	5 (56.8%)
69	SITEK Alfred	971		M2 30-39	69			Ubawieni po pachy v		01:30:30.50	01:30:30.50	+00:39:12 (43.3%)	12:04	5 (56.8%)
70	DZIĘGIELEWSKI Grzegorz	618		M2 30-39	70					01:31:33.70	01:31:33.70	+00:40:15 (44.0%)	12:12	4.9 (55.7%)
71	GERWICKI Paweł	1268		M2 30-39	71					01:31:46.30	01:31:46.30	+00:40:28 (44.1%)	12:14	4.9 (55.7%)
72	KOZŁOWSKI Piotr	305		M2 30-39	72					01:32:41.90	01:32:41.90	+00:41:23 (44.7%)	12:21	4.9 (55.7%)
73	DROZD Dariusz	321		M2 30-39	73			Eichhornchen		01:32:50.00	01:32:50.00	+00:41:31 (44.7%)	12:22	4.8 (54.5%)
74	MEUSIAK Rafał	156		M2 30-39	74					01:32:53.50	01:32:53.50	+00:41:35 (44.8%)	12:23	4.8 (54.5%)
75	RYWACKI Karol	1415		M2 30-39	75					01:32:54.50	01:32:54.50	+00:41:36 (44.8%)	12:23	4.8 (54.5%)
76	STERNA Maciej	236		M2 30-39	76					01:32:54.70	01:32:54.70	+00:41:36 (44.8%)	12:23	4.8 (54.5%)
77	GAĞOL Marwk	58		M2 30-39	77					01:32:55.35	01:32:55.35	+00:41:37 (44.8%)	12:23	4.8 (54.5%)
78	WAHN Przemysław	1130		M2 30-39	78					01:33:00.10	01:33:00.10	+00:41:42 (44.8%)	12:24	4.8 (54.5%)
79	KNIOŁA Łukasz	730	PIŁA TEAM	M2 30-39	79					01:33:02.85	01:33:02.85	+00:41:44 (44.9%)	12:24	4.8 (54.5%)
80	LIPERTOWICZ Sebastian	1144		M2 30-39	80					01:33:21.75	01:33:21.75	+00:42:03 (45.1%)	12:26	4.8 (54.5%)
81	KĘDZIELEWSKI Łukasz	717	ZAWADZKIEGO SZCZECIN	M2 30-39	81					01:33:23.25	01:33:23.25	+00:42:05 (45.1%)	12:27	4.8 (54.5%)
82	CHUDY Kamil	26		M2 30-39	82					01:33:34.00	01:33:34.00	+00:42:15 (45.2%)	12:28	4.8 (54.5%)
83	CHAREŻA Marcin	569	ZAWADZKIEGO SZCZCEIN	M2 30-39	83					01:33:36.25	01:33:36.25	+00:42:18 (45.2%)	12:28	4.8 (54.5%)
84	LENCEWICZ Grzegorz	300	HUSARIA RACE TEAM	M2 30-39	84					01:33:45.85	01:33:45.85	+00:42:27 (45.3%)	12:30	4.8 (54.5%)
85	BUDNY Wojciech	562		M2 30-39	85					01:33:46.25	01:33:46.25	+00:42:28 (45.3%)	12:30	4.8 (54.5%)
86	BAĞ Sebastian	526	ŁOSOŚ T.E.A.M.	M2 30-39	86			Łosoś t.e.a.m.		01:34:03.40	01:34:03.40	+00:42:45 (45.5%)	12:32	4.8 (54.5%)
87	PYREK Krzysztof	937	1 RBLOG	M2 30-39	87					01:34:19.50	01:34:19.50	+00:43:01 (45.6%)	12:34	4.8 (54.5%)

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88	KOWALSKI Daniel	749	DRAGON 10	M2 30-39	88					01:34:36.45	01:34:36.45	+00:43:18 (45.8%)	12:36	4.8 (54.5%)
89	SENDEROWSKI Maciej	198	DRINK TEAM	M2 30-39	89			Drink team		01:35:52.15	01:35:52.15	+00:44:34 (46.5%)	12:46	4.7 (53.4%)
90	SAWA Piotr	962	IRON TEAM SZCZECIN	M2 30-39	90					01:37:14.35	01:37:14.35	+00:45:56 (47.2%)	12:57	4.6 (52.3%)
91	ZIÓLKOWSKI Filip	1118	12 BATALION DOWODZENIA UŁANÓW PODOLSKICH	M2 30-39	91					01:37:16.30	01:37:16.30	+00:45:58 (47.3%)	12:58	4.6 (52.3%)
92	KAMIŃSKI Kacper	710		M2 30-39	92					01:37:21.45	01:37:21.45	+00:46:03 (47.3%)	12:58	4.6 (52.3%)
93	TOMCZAK Artur	1038	OSP OCIESZYN	M2 30-39	93			Wataha walcz		01:37:23.00	01:37:23.00	+00:46:04 (47.3%)	12:59	4.6 (52.3%)
94	KAMIONKA Andrzej	711	WIECZORNE BIEGANIE W SZCZECINIE	M2 30-39	94					01:37:29.45	01:37:29.45	+00:46:11 (47.4%)	12:59	4.6 (52.3%)
95	GADOWSKI Wojciech	628	NIE PROWOKUJ LOCHY	M2 30-39	95					01:39:28.55	01:39:28.55	+00:48:10 (48.4%)	13:15	4.5 (51.1%)
96	WOŁK Marcin	1084	KSF	M2 30-39	96			Ksf		01:40:25.15	01:40:25.15	+00:49:07 (48.9%)	13:23	4.5 (51.1%)
97	KOMSTA Rafał	736		M2 30-39	97					01:40:42.95	01:40:42.95	+00:49:24 (49.1%)	13:25	4.5 (51.1%)
98	ANTOSZEWSKI Adam	3		M2 30-39	98					01:40:45.50	01:40:45.50	+00:49:27 (49.1%)	13:26	4.5 (51.1%)
99	ROSIK Sebastian	1377	WIECZORNE BIEGANIE W SZCZECINIE	M2 30-39	99					01:40:58.55	01:40:58.55	+00:49:40 (49.2%)	13:27	4.5 (51.1%)
100	POST Marcin	921		M2 30-39	100			Goodfellas		01:41:00.70	01:41:00.70	+00:49:42 (49.2%)	13:28	4.5 (51.1%)
101	JANUS Grzegorz	685		M2 30-39	101					01:41:14.40	01:41:14.40	+00:49:56 (49.3%)	13:29	4.4 (50.0%)
102	ZYSKOWSKI Mirosław	292		M2 30-39	102					01:41:17.05	01:41:17.05	+00:49:59 (49.3%)	13:30	4.4 (50.0%)
103	LINKOWSKI Sławomir	139		M2 30-39	103					01:41:40.40	01:41:40.40	+00:50:22 (49.5%)	13:33	4.4 (50.0%)
104	ORECKI Radosław	181		M2 30-39	104					01:41:55.25	01:41:55.25	+00:50:37 (49.7%)	13:35	4.4 (50.0%)
105	KRAMER Krzysztof	371	SKB DZIK	M2 30-39	105			Skb dzik		01:42:18.55	01:42:18.55	+00:51:00 (49.9%)	13:38	4.4 (50.0%)
106	KRZACZKOWSKI Łukasz	762		M2 30-39	106			Dziki wrocław		01:42:20.75	01:42:20.75	+00:51:02 (49.9%)	13:38	4.4 (50.0%)
107	BOSSENKO Dmitriy	553	DZIKI WROCŁAW	M2 30-39	107					01:42:21.95	01:42:21.95	+00:51:03 (49.9%)	13:38	4.4 (50.0%)
108	QUESADO Paulo	939	DZIKI WROCLAW	M2 30-39	108					01:42:22.00	01:42:22.00	+00:51:03 (49.9%)	13:38	4.4 (50.0%)
109	GREGUŁA Wojciech	1422		M2 30-39	109	Kp psp Gryfino		Tak		01:42:44.00	01:42:44.00	+00:51:25 (50.1%)	13:41	4.4 (50.0%)
110	TSYNKEL Paweł	261		M2 30-39	110					01:43:13.90	01:43:13.90	+00:51:55 (50.3%)	13:45	4.4 (50.0%)
111	TUSZYŃSKI Rafał	366		M2 30-39	111					01:43:38.00	01:43:38.00	+00:52:19 (50.5%)	13:49	4.3 (48.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Mundurowi	Drużyna	Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
112	GŁOWACKI Grzegorz	61		M2 30-39	112					01:43:44.10	01:43:44.10	+00:52:26 (50.5%)	13:49	4.3 (48.9%)
113	NOWICKI Tomasz	313	PSP STARGARD	M2 30-39	113					01:44:05.15	01:44:05.15	+00:52:47 (50.7%)	13:52	4.3 (48.9%)
114	CINDZIRAS Tomasz	29		M2 30-39	114					01:44:06.50	01:44:06.50	+00:52:48 (50.7%)	13:52	4.3 (48.9%)
115	TYRCHA Szymon	1043	INCOM POLSKA	M2 30-39	115					01:44:39.20	01:44:39.20	+00:53:21 (51.0%)	13:57	4.3 (48.9%)
116	PTAK Daniel	933	HUSARIA RACE TEAM	M2 30-39	116					01:44:54.90	01:44:54.90	+00:53:36 (51.1%)	13:59	4.3 (48.9%)
117	MARCHEWKA Łukasz	824		M2 30-39	117					01:44:55.20	01:44:55.20	+00:53:37 (51.1%)	13:59	4.3 (48.9%)
118	KOTWAS Paweł	353		M2 30-39	118					01:45:28.10	01:45:28.10	+00:54:10 (51.4%)	14:03	4.3 (48.9%)
119	ORNATEK Łukasz	888		M2 30-39	119					01:46:51.00	01:46:51.00	+00:55:32 (52.0%)	14:14	4.2 (47.7%)
120	GARBACIAK Łukasz	56	DRINK TEAM	M2 30-39	120			Drink team		01:46:52.55	01:46:52.55	+00:55:34 (52.0%)	14:14	4.2 (47.7%)
121	OLBRACHT Wojciech	916		M2 30-39	121					01:46:58.50	01:46:58.50	+00:55:40 (52.0%)	14:15	4.2 (47.7%)
122	BOBROWICZ Jakub	545	T.CH. SZCZECIN	M2 30-39	122					01:47:05.95	01:47:05.95	+00:55:47 (52.1%)	14:16	4.2 (47.7%)
123	GODEK Cezary	63		M2 30-39	123					01:47:37.55	01:47:37.55	+00:56:19 (52.3%)	14:20	4.2 (47.7%)
124	ORNATEK Paweł	887		M2 30-39	124					01:48:05.80	01:48:05.80	+00:56:47 (52.5%)	14:24	4.2 (47.7%)
125	NOWACZYK Wojciech	1281		M2 30-39	125					01:48:24.80	01:48:24.80	+00:57:06 (52.7%)	14:27	4.2 (47.7%)
126	PAWLUŚ Tomasz	897	WOLNI W BIEGU	M2 30-39	126			Wolni w biegu		01:49:06.10	01:49:06.10	+00:57:48 (53.0%)	14:32	4.1 (46.6%)
126	WÓJCIK Krzysztof	1093		M2 30-39	127			Wolni w biegu		01:49:06.10	01:49:06.10	+00:57:48 (53.0%)	14:32	4.1 (46.6%)
128	MAJKA Dariusz	817	HERR DARIUSZ	M2 30-39	128					01:49:11.75	01:49:11.75	+00:57:53 (53.0%)	14:33	4.1 (46.6%)
129	ZAGÓRSKI Krzysztof	1107		M2 30-39	129					01:49:25.70	01:49:25.70	+00:58:07 (53.1%)	14:35	4.1 (46.6%)
130	KACZOR Mariusz	707	GIMELA TEAM	M2 30-39	130					01:50:05.65	01:50:05.65	+00:58:47 (53.4%)	14:40	4.1 (46.6%)
131	GUTOWSKI Paweł	662	EMKA STARGARD	M2 30-39	131					01:50:22.05	01:50:22.05	+00:59:04 (53.5%)	14:42	4.1 (46.6%)
132	LACHOWICZ Bartosz	784		M2 30-39	132					01:50:24.45	01:50:24.45	+00:59:06 (53.5%)	14:43	4.1 (46.6%)
133	BIRULA Michał	538		M2 30-39	133					01:50:27.50	01:50:27.50	+00:59:09 (53.6%)	14:43	4.1 (46.6%)
134	MAĆKIEWICZ Mateusz	146		M2 30-39	134					01:50:27.65	01:50:27.65	+00:59:09 (53.6%)	14:43	4.1 (46.6%)
135	WEYTS Jeroen	1059		M2 30-39	135					01:50:36.45	01:50:36.45	+00:59:18 (53.6%)	14:44	4.1 (46.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
136	TRZMIELEWSKI Grzegorz	260		M2 30-39	136			01:50:52.00	01:50:52.00	+00:59:33 (53.7%)	14:46	4.1 (46.6%)
137	RASZEWSKI Damian	941		M2 30-39	137			01:51:21.60	01:51:21.60	+01:00:03 (53.9%)	14:50	4 (45.5%)
137	CHODYNIECKI Tomasz	572		M2 30-39	138			01:51:21.60	01:51:21.60	+01:00:03 (53.9%)	14:50	4 (45.5%)
139	KOZAK Mirosław	752		M2 30-39	139			01:51:29.05	01:51:29.05	+01:00:11 (54.0%)	14:51	4 (45.5%)
140	RYBACKI Roman	955	GIMELA TEAM	M2 30-39	140		Gimela team	01:52:26.70	01:52:26.70	+01:01:08 (54.4%)	14:59	4 (45.5%)
141	PCIONEK Jacek	900		M2 30-39	141			01:52:46.30	01:52:46.30	+01:01:28 (54.5%)	15:02	4 (45.5%)
142	KLIMCZEWSKI Arkadiusz	98	-	M2 30-39	142			01:53:05.90	01:53:05.90	+01:01:47 (54.6%)	15:04	4 (45.5%)
143	ZACHARSKI Daniel	279	DRINK TEAM	M2 30-39	143		Drink team	01:53:48.90	01:53:48.90	+01:02:30 (54.9%)	15:10	4 (45.5%)
144	SZAKOŁA Paweł	1015		M2 30-39	144			01:53:49.45	01:53:49.45	+01:02:31 (54.9%)	15:10	4 (45.5%)
145	FRYDRYCH Michał	625	FC AQUILA SZCZECIN	M2 30-39	145			01:53:54.35	01:53:54.35	+01:02:36 (55.0%)	15:11	4 (45.5%)
146	MALEC Kamil	819		M2 30-39	146			01:54:22.35	01:54:22.35	+01:03:04 (55.1%)	15:14	3.9 (44.3%)
147	SIDORCZUK Tomasz	968	KLUB BIEGAJĄCYCH LEŚNIKÓW	M2 30-39	147			01:54:31.25	01:54:31.25	+01:03:13 (55.2%)	15:16	3.9 (44.3%)
148	STASIUK Robert	1000		M2 30-39	148			01:54:32.55	01:54:32.55	+01:03:14 (55.2%)	15:16	3.9 (44.3%)
149	BARTOSZEK Michał	523	OCR TEAM WŁOCŁAWEK	M2 30-39	149		Ocr team włocławek	01:55:10.90	01:55:10.90	+01:03:52 (55.5%)	15:21	3.9 (44.3%)
150	PIEKARSKI Kamil	908		M2 30-39	150			01:55:13.80	01:55:13.80	+01:03:55 (55.5%)	15:21	3.9 (44.3%)
151	MATYSIAK Sławomir	835		M2 30-39	151			01:55:28.80	01:55:28.80	+01:04:10 (55.6%)	15:23	3.9 (44.3%)
152	WOŁYŃSKI Dominik	274		M2 30-39	152			01:55:58.20	01:55:58.20	+01:04:40 (55.8%)	15:27	3.9 (44.3%)
153	DUDKA Robert	612		M2 30-39	153			01:57:18.20	01:57:18.20	+01:06:00 (56.3%)	15:38	3.8 (43.2%)
154	PIESYK Damian	911	LOSZKI I WARCHLAKI	M2 30-39	154		Loszki i warchlaki	01:57:30.40	01:57:30.40	+01:06:12 (56.3%)	15:40	3.8 (43.2%)
155	FIJAŁKOWSKI Karol	45	ROSARIOS ZAKYNTOS	M2 30-39	155		Rosarios zakyntos	01:58:46.80	01:58:46.80	+01:07:28 (56.8%)	15:50	3.8 (43.2%)
156	KLIMEK Paweł	728		M2 30-39	156			01:59:29.90	01:59:29.90	+01:08:11 (57.1%)	15:55	3.8 (43.2%)
157	WYSZKOWSKI Michał	1102		M2 30-39	157			01:59:40.70	01:59:40.70	+01:08:22 (57.1%)	15:57	3.8 (43.2%)
158	ZEMANKIEWICZ Łukasz	1114	KANAŁ 6AM	M2 30-39	158			02:01:00.90	02:01:00.90	+01:09:42 (57.6%)	16:08	3.7 (42.0%)
159	DĄBROWSKI Wojciech	179		M2 30-39	159			02:01:09.15	02:01:09.15	+01:09:51 (57.7%)	16:09	3.7 (42.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
160	ABRAMOWICZ Tomasz	1152		M2 30-39	160			02:01:28.55	02:01:28.55	+01:10:10 (57.8%)	16:11	3.7 (42.0%)
161	GARBACIAK Przemysław	632	TOGETHER4EVER	M2 30-39	161		Together4ever	02:01:30.30	02:01:30.30	+01:10:12 (57.8%)	16:12	3.7 (42.0%)
162	KAROLAK Łukasz	93		M2 30-39	162			02:02:39.40	02:02:39.40	+01:11:21 (58.2%)	16:21	3.7 (42.0%)
163	LIPSKI Łukasz	796	BIEGOHOLLICA	M2 30-39	163			02:03:27.60	02:03:27.60	+01:12:09 (58.4%)	16:27	3.6 (40.9%)
164	CIEPIELA Dariusz	580	BIEGOHOLLICA	M2 30-39	164			02:03:27.70	02:03:27.70	+01:12:09 (58.4%)	16:27	3.6 (40.9%)
165	HERMANOWICZ Miłosz	670	ZS ZWYROLE	M2 30-39	165		Zs zwyrole	02:03:49.50	02:03:49.50	+01:12:31 (58.6%)	16:30	3.6 (40.9%)
166	KUCHARSKI Kamil	308		M2 30-39	166			02:03:57.90	02:03:57.90	+01:12:39 (58.6%)	16:31	3.6 (40.9%)
167	WOŹNIAK Rafał	1090		M2 30-39	167			02:04:10.35	02:04:10.35	+01:12:52 (58.7%)	16:33	3.6 (40.9%)
168	CUPRYJAK Sebastian	584		M2 30-39	168	Kwp/opp szczecin	Kwp/opp szczecin	02:04:12.00	02:04:12.00	+01:12:53 (58.7%)	16:33	3.6 (40.9%)
169	KURDZIEL Michał	777		M2 30-39	169	Kwp/opp szczecin	Kwp/opp szczecin	02:04:12.30	02:04:12.30	+01:12:54 (58.7%)	16:33	3.6 (40.9%)
170	PŁOSAJ Przemysław	295		M2 30-39	170			02:04:12.40	02:04:12.40	+01:12:54 (58.7%)	16:33	3.6 (40.9%)
171	SKONECZNY Przemysław	977		M2 30-39	171	Kwp/opp szczecin	Kwp/opp szczecin	02:04:12.80	02:04:12.80	+01:12:54 (58.7%)	16:33	3.6 (40.9%)
172	ŻUROWSKI Leszek	1128	POGOŃ SZCZECIN	M2 30-39	172		Żurki	02:04:30.35	02:04:30.35	+01:13:12 (58.8%)	16:36	3.6 (40.9%)
173	GLIŃSKI Zygmunt	307		M2 30-39	173			02:04:51.80	02:04:51.80	+01:13:33 (58.9%)	16:38	3.6 (40.9%)
174	LESZKIEWICZ Roman	132	CTF SZCZECIN	M2 30-39	174			02:05:48.30	02:05:48.30	+01:14:30 (59.2%)	16:46	3.6 (40.9%)
175	CZYŻEWSKI Mateusz	592		M2 30-39	175			02:05:49.10	02:05:49.10	+01:14:31 (59.2%)	16:46	3.6 (40.9%)
176	TRUKAWKA Andrzej	1040		M2 30-39	176			02:06:43.20	02:06:43.20	+01:15:25 (59.5%)	16:53	3.6 (40.9%)
177	ZDUNEK Piotr	1112		M2 30-39	177		Niezdecydowani	02:06:44.30	02:06:44.30	+01:15:26 (59.5%)	16:53	3.6 (40.9%)
178	HARNER Jacek	667	PANDA I BANDA	M2 30-39	178			02:06:52.10	02:06:52.10	+01:15:34 (59.6%)	16:54	3.5 (39.8%)
179	BRZEZIŃSKI Radosław	357		M2 30-39	179			02:06:54.35	02:06:54.35	+01:15:36 (59.6%)	16:55	3.5 (39.8%)
180	STĘPIEŃ Adrian	1008	ADI	M2 30-39	180			02:07:05.25	02:07:05.25	+01:15:47 (59.6%)	16:56	3.5 (39.8%)
181	PACHNOWSKI Sławomir	301		M2 30-39	181			02:07:06.65	02:07:06.65	+01:15:48 (59.6%)	16:56	3.5 (39.8%)
182	BILL Łukasz	537	HUSARIA RACE TEAM SZCZECINEK	M2 30-39	182			02:07:50.90	02:07:50.90	+01:16:32 (59.9%)	17:02	3.5 (39.8%)
183	KLIMECKI Michał	726	CROSS FREAKS GOLENIÓW	M2 30-39	183			02:07:58.25	02:07:58.25	+01:16:40 (59.9%)	17:03	3.5 (39.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
184	WAGNER Piotr	287	BLACK ANGEL DIVERS	M2 30-39	184				02:08:03.20	02:08:03.20	+01:16:45 (59.9%)	17:04	3.5 (39.8%)
185	ZIOMECKI Maciej	288	MOKRY POŚLAD	M2 30-39	185			Mokry poślad goleniowskie morsy	02:08:04.40	02:08:04.40	+01:16:46 (59.9%)	17:04	3.5 (39.8%)
186	KWAŚNIEWSKI Wojciech	130		M2 30-39	186				02:08:18.30	02:08:18.30	+01:17:00 (60.0%)	17:06	3.5 (39.8%)
187	MIKOŁAJCZAK Adrian	162		M2 30-39	187				02:08:30.00	02:08:30.00	+01:17:11 (60.1%)	17:08	3.5 (39.8%)
188	LIEBNER Patryk	1404	AKA DOCHODZENIE ODSZKODOWAŃ	M2 30-39	188				02:08:41.95	02:08:41.95	+01:17:23 (60.1%)	17:09	3.5 (39.8%)
189	BABIJ Adrian	514		M2 30-39	189				02:08:54.05	02:08:54.05	+01:17:36 (60.2%)	17:11	3.5 (39.8%)
190	CHMIELEWSKI Radosław	385		M2 30-39	190				02:08:59.50	02:08:59.50	+01:17:41 (60.2%)	17:11	3.5 (39.8%)
191	KRUBER Piotr	758		M2 30-39	191				02:09:06.90	02:09:06.90	+01:17:48 (60.3%)	17:12	3.5 (39.8%)
192	MULARCZYK Krzysztof	1141		M2 30-39	192				02:09:12.70	02:09:12.70	+01:17:54 (60.3%)	17:13	3.5 (39.8%)
193	WASILKO Grzegorz	1056		M2 30-39	193				02:09:13.05	02:09:13.05	+01:17:55 (60.3%)	17:13	3.5 (39.8%)
194	LIS Piotr	140		M2 30-39	194				02:09:14.50	02:09:14.50	+01:17:56 (60.3%)	17:13	3.5 (39.8%)
195	HOSZOWSKI Rafał	673		M2 30-39	195				02:10:24.45	02:10:24.45	+01:19:06 (60.7%)	17:23	3.5 (39.8%)
196	BALANDYK Jacek	5		M2 30-39	196				02:11:14.75	02:11:14.75	+01:19:56 (60.9%)	17:29	3.4 (38.6%)
197	KUZMICKI Krzysztof	128		M2 30-39	197				02:11:15.60	02:11:15.60	+01:19:57 (60.9%)	17:30	3.4 (38.6%)
198	SKIBA Michał	974	PARKRUN SZCZECIN	M2 30-39	198				02:11:18.10	02:11:18.10	+01:20:00 (60.9%)	17:30	3.4 (38.6%)
199	WOJSZCZYK Michał	1078	BRIDGESTONE STARGARD RUNNERS	M2 30-39	199				02:11:23.65	02:11:23.65	+01:20:05 (61.0%)	17:31	3.4 (38.6%)
199	ZAWISZA Tomasz	1111	BRIDGESTONE STARGARD RUNNERS	M2 30-39	200				02:11:23.65	02:11:23.65	+01:20:05 (61.0%)	17:31	3.4 (38.6%)
201	KOTWICKI Mariusz	747		M2 30-39	201				02:11:24.10	02:11:24.10	+01:20:06 (61.0%)	17:31	3.4 (38.6%)
202	BIEGANSKI Tomasz	530		M2 30-39	202				02:11:42.50	02:11:42.50	+01:20:24 (61.0%)	17:33	3.4 (38.6%)
203	WALEWICZ Piotr	1290	HARDCOROWE WYCHYLYLYBYMY	M2 30-39	203				02:12:04.45	02:12:04.45	+01:20:46 (61.2%)	17:36	3.4 (38.6%)
204	ŁEMPICKI Maciej	804		M2 30-39	204				02:12:08.95	02:12:08.95	+01:20:50 (61.2%)	17:37	3.4 (38.6%)
205	NOWOTNIK Wojciech	879		M2 30-39	205				02:12:39.15	02:12:39.15	+01:21:21 (61.3%)	17:41	3.4 (38.6%)
206	STACIWA Marcin	234		M2 30-39	206				02:13:25.00	02:13:25.00	+01:22:06 (61.5%)	17:47	3.4 (38.6%)
207	LECHOWICZ Jacek	789		M2 30-39	207				02:14:42.55	02:14:42.55	+01:23:24 (61.9%)	17:57	3.3 (37.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Mundurowi	Drużyna	Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
208	KLEPAKI Bartosz	723		M2 30-39	208					02:14:57.05	02:14:57.05	+01:23:39 (62.0%)	17:59	3.3 (37.5%)
209	SIWIELA Jacek	1287		M2 30-39	209					02:16:09.20	02:16:09.20	+01:24:51 (62.3%)	18:09	3.3 (37.5%)
210	LIPIŃSKI Paweł	332		M2 30-39	210					02:17:39.20	02:17:39.20	+01:26:21 (62.7%)	18:21	3.3 (37.5%)
211	FAFEREK Piotr	622		M2 30-39	211					02:17:40.00	02:17:40.00	+01:26:21 (62.7%)	18:21	3.3 (37.5%)
212	KRYWAN Piotr	121		M2 30-39	212			Gang dzikich wieprzy		02:17:40.35	02:17:40.35	+01:26:22 (62.7%)	18:21	3.3 (37.5%)
213	GAJA Krzysztof	330		M2 30-39	213					02:17:40.40	02:17:40.40	+01:26:22 (62.7%)	18:21	3.3 (37.5%)
214	STASZEWSKI Łukasz	387		M2 30-39	214					02:17:40.50	02:17:40.50	+01:26:22 (62.7%)	18:21	3.3 (37.5%)
215	GRABOWSKI Maciej	649		M2 30-39	215					02:18:34.50	02:18:34.50	+01:27:16 (63.0%)	18:28	3.2 (36.4%)
216	JAROSZ Artur	689		M2 30-39	216					02:20:51.30	02:20:51.30	+01:29:33 (63.6%)	18:46	3.2 (36.4%)
217	ŁEBKOWSKI Karol	802		M2 30-39	217					02:22:12.95	02:22:12.95	+01:30:54 (63.9%)	18:57	3.2 (36.4%)
218	AMBROZIAK Adam	386		M2 30-39	218					02:22:31.80	02:22:31.80	+01:31:13 (64.0%)	19:00	3.2 (36.4%)
219	CHAMUCZYŃSKI Łukasz	20		M2 30-39	219					02:23:22.85	02:23:22.85	+01:32:04 (64.2%)	19:06	3.1 (35.2%)
220	KOCÓR Tomasz	102		M2 30-39	220					02:23:23.10	02:23:23.10	+01:32:05 (64.2%)	19:07	3.1 (35.2%)
221	OGRODZIŃSKI Przemysław	880		M2 30-39	221					02:23:23.75	02:23:23.75	+01:32:05 (64.2%)	19:07	3.1 (35.2%)
222	WOROCH Tomasz	275		M2 30-39	222			Swishing axe enchiladas		02:23:59.90	02:23:59.90	+01:32:41 (64.4%)	19:11	3.1 (35.2%)
223	SOWA Krzysztof	992		M2 30-39	223					02:24:17.85	02:24:17.85	+01:32:59 (64.4%)	19:14	3.1 (35.2%)
224	KOWNACKI Bartosz	751	ZDROWO PIEPRZNIĘCI	M2 30-39	224					02:24:40.25	02:24:40.25	+01:33:22 (64.5%)	19:17	3.1 (35.2%)
225	WARYCH Adam	267		M2 30-39	225					02:25:41.85	02:25:41.85	+01:34:23 (64.8%)	19:25	3.1 (35.2%)
226	ULATOWSKI Tomasz	1047	HUSARIA RACE TEAM	M2 30-39	226					02:25:51.75	02:25:51.75	+01:34:33 (64.8%)	19:26	3.1 (35.2%)
227	SKOWYRA Arkadiusz	979	RUNGRYF GRYFICE	M2 30-39	227					02:26:08.55	02:26:08.55	+01:34:50 (64.9%)	19:29	3.1 (35.2%)
228	LEWANDOWSKI Michał	135		M2 30-39	228					02:33:49.55	02:33:49.55	+01:42:31 (66.7%)	20:30	2.9 (33.0%)
229	PURCHALAK Paweł	213		M2 30-39	229					02:33:50.45	02:33:50.45	+01:42:32 (66.7%)	20:30	2.9 (33.0%)
230	BŁAZIAK Sebastian	542		M2 30-39	230					02:34:08.85	02:34:08.85	+01:42:50 (66.7%)	20:33	2.9 (33.0%)
231	KRAKOWIAK Łukasz	1148		M2 30-39	231					02:35:19.75	02:35:19.75	+01:44:01 (67.0%)	20:42	2.9 (33.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
231	CHENON Guillaume	570	WIECZORNE BIEGANIE W SZCZECINIE	M2 30-39	232			02:35:19.75	02:35:19.75	+01:44:01 (67.0%)	20:42	2.9 (33.0%)
233	BAUMGART Grzegorz	524	STARGARD. JA SIĘ NIE ŚCIGAM!	M2 30-39	233			02:35:20.25	02:35:20.25	+01:44:02 (67.0%)	20:42	2.9 (33.0%)
234	OLESEK Krzysztof	883	STARGARD. JA SIĘ NIE ŚCIGAM	M2 30-39	234			02:35:20.55	02:35:20.55	+01:44:02 (67.0%)	20:42	2.9 (33.0%)
235	STAŃCZYK Sławomir	998	STARGARD. JA SIĘ NIE ŚCIGAM	M2 30-39	235		Stargard. ja się nie ścigam	02:35:20.65	02:35:20.65	+01:44:02 (67.0%)	20:42	2.9 (33.0%)
236	KUNIKOWSKI Patryk	774	STARGARD. JA SIĘ NIE ŚCIGAM	M2 30-39	236		Stargard. ja się nie ścigam	02:35:20.75	02:35:20.75	+01:44:02 (67.0%)	20:42	2.9 (33.0%)
237	GAJEK Łukasz	629	GIMELA TEAM	M2 30-39	237		Gimela team	02:36:28.40	02:36:28.40	+01:45:10 (67.2%)	20:51	2.9 (33.0%)
238	JANUSZEWSKI Bartosz	686	GIMELA TEAM	M2 30-39	238		Gimela team	02:36:28.65	02:36:28.65	+01:45:10 (67.2%)	20:51	2.9 (33.0%)
239	BIAZIK Piotr	529		M2 30-39	239		Gimela team	02:36:28.70	02:36:28.70	+01:45:10 (67.2%)	20:51	2.9 (33.0%)
240	ZABROCKI Karol	1105		M2 30-39	240			02:36:40.85	02:36:40.85	+01:45:22 (67.3%)	20:53	2.9 (33.0%)
241	BRANDEBURA Cezary	11		M2 30-39	241							(0.0%)
242	BULIŃSKI Jacek	18		M2 30-39	242							(0.0%)
243	KERAJ Jarosław	38	SKS HUSARIA SZCZECIN	M2 30-39	243							(0.0%)
244	WROŃSKI Julian	1095	STARGARD JA SIĘ NIE ŚCIGAM	M2 30-39	244							(0.0%)
245	WICK Emilian	340		M2 30-39	245							(0.0%)
246	DESZCZ Artur	365		M2 30-39	246							(0.0%)

Znaleziono 246 wynik(ów)