

# V HYUNDAI ULTRAMARATON BIESZCZADZKI

B4SPORT  
INTELEGENNE ZAWODY SPORTOWE

**Wydarzenie:** Maraton Bieszczadzki 2017  
**Organizator:** Fundacja Bieg Rzeźnika  
**Data:** 2017-10-07  
**Miejsce:** Cisna  
**Dystans:** 52 km

**B4SPORT**  
INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: K Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	P1_Roztoki 12km	P2_Solinka2 26km	P1_Roztoki 37.8km	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
1	<b>BONDARA Sylwia</b>	<b>2</b>	JACEK BIEGA RUNNING TEAM	K30	1		00:58:54	02:26:51	03:54:24	<b>05:38:00.80</b>	<b>05:38:02.95</b>		6:30	9.2 (100%)
2	<b>DOMISZEWSKA Maria</b>	<b>527</b>		K50	1		00:57:39	02:27:51	03:57:54	<b>05:48:11.85</b>	<b>05:48:13.05</b>	+00:10:10 (2.9%)	6:41	9 (97.8%)
3	<b>KIK Iwona</b>	<b>392</b>	DANIEL WOSIK TERVEL TEAM/KW KRAKÓW	K30	2		00:56:10	02:29:53	04:00:26	<b>05:51:34.70</b>	<b>05:51:35.80</b>	+00:13:32 (3.9%)	6:45	8.9 (96.7%)
4	<b>LEWANDOWSKA Marlena</b>	<b>378</b>	KM TRUCHCIK ŁUBIANKA	K40	1		01:04:40	02:52:43	04:29:42	<b>06:22:09.10</b>	<b>06:22:17.00</b>	+00:44:14 (11.6%)	7:20	8.2 (89.1%)
5	<b>BIENIECKA Anna</b>	<b>1</b>	OTK RZEŹNIK	K30	3		01:00:32	02:42:55	04:24:36	<b>06:24:24.05</b>	<b>06:24:26.55</b>	+00:46:23 (12.1%)	7:23	8.1 (88.0%)
6	<b>GWIZDAK Justyna</b>	<b>608</b>	WKURW TEAM	K30	4		01:04:06	02:45:27	04:27:05	<b>06:26:50.35</b>	<b>06:27:25.10</b>	+00:49:22 (12.7%)	7:26	8.1 (88.0%)
7	<b>KURCZAB Justyna</b>	<b>170</b>		K20	1		01:07:16	02:54:52	04:37:10	<b>06:30:36.75</b>	<b>06:30:58.85</b>	+00:52:55 (13.5%)	7:30	8 (87.0%)
8	<b>MAĆKOWIAK Magda</b>	<b>64</b>		K20	2		01:06:48	02:54:59	04:37:44	<b>06:35:08.65</b>	<b>06:35:17.45</b>	+00:57:14 (14.5%)	7:35	7.9 (85.9%)
9	<b>WÓR Sara</b>	<b>518</b>		K30	5		01:07:51	02:59:19	04:39:07	<b>06:38:46.00</b>	<b>06:39:19.50</b>	+01:01:16 (15.3%)	7:40	7.8 (84.8%)
10	<b>LEKKI Magdalena</b>	<b>307</b>	BB RUNNERS	K20	3		01:12:24	03:01:29	04:41:22	<b>06:39:31.40</b>	<b>06:39:49.10</b>	+01:01:46 (15.4%)	7:41	7.8 (84.8%)
11	<b>EPA Karolina</b>	<b>371</b>	PZU SPORT TEAM	K20	4		01:04:34	02:53:02	04:38:24	<b>06:40:37.10</b>	<b>06:40:47.90</b>	+01:02:44 (15.7%)	7:42	7.8 (84.8%)
12	<b>SALACHNA-NOWAK Magdalena</b>	<b>236</b>	BIEGAM Z ABS	K40	2		01:09:13	03:00:57	04:45:12	<b>06:45:18.05</b>	<b>06:45:27.25</b>	+01:07:24 (16.6%)	7:47	7.7 (83.7%)
13	<b>KORDECKA Anna</b>	<b>592</b>		K30	6		01:09:43	03:03:30	04:48:26	<b>06:47:25.45</b>	<b>06:47:53.40</b>	+01:09:50 (17.1%)	7:50	7.7 (83.7%)
14	<b>STĘPIEŃ Małgorzata</b>	<b>464</b>	POLAND BUSINESS RUN	K20	5		01:09:16	02:57:52	04:47:46	<b>06:50:11.30</b>	<b>06:50:18.45</b>	+01:12:15 (17.6%)	7:53	7.6 (82.6%)
15	<b>FIDELUS Joanna</b>	<b>304</b>	BKB VICTORIA BRZESKO	K30	7		01:10:13	03:03:29	04:50:26	<b>06:51:59.30</b>	<b>06:52:27.45</b>	+01:14:24 (18.0%)	7:55	7.6 (82.6%)
16	<b>PIĄTEK Beata</b>	<b>314</b>		K30	8		01:16:54	03:14:34	04:59:10	<b>06:58:22.60</b>	<b>06:58:38.20</b>	+01:20:35 (19.2%)	8:02	7.5 (81.5%)
17	<b>NOWAK Agata</b>	<b>500</b>		K20	6		01:08:17	02:58:00	04:45:50	<b>06:59:25.35</b>	<b>06:59:38.35</b>	+01:21:35 (19.4%)	8:03	7.4 (80.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	P1_Roztoki 12km	P2_Solinka2 26km	P1_Roztoki 37.8km	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
18	<b>KIJAŃSKA BEDNARZ</b> Marta	<b>474</b>		K30	9		01:05:04	02:54:33	04:45:56	<b>07:01:38.10</b>	<b>07:01:44.80</b>	+01:23:41 (19.8%)	8:06	7.4 (80.4%)
19	<b>SIKORA</b> Anna	<b>502</b>	WOLF TEAM	K40	3		01:14:21	03:16:12	05:04:12	<b>07:10:13.50</b>	<b>07:10:20.35</b>	+01:32:17 (21.4%)	8:16	7.3 (79.3%)
20	<b>SZABLAN Wioletta</b>	<b>219</b>	JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ	K30	10		01:09:01	03:08:01	05:03:50	<b>07:11:11.15</b>	<b>07:11:17.75</b>	+01:33:14 (21.6%)	8:17	7.2 (78.3%)
21	<b>APANOWICZ Angelika</b>	<b>349</b>	EKOBIEGI BBL POLONEZ WARSZAWA	K40	4		01:11:53	03:10:08	05:05:42	<b>07:11:30.10</b>	<b>07:12:08.85</b>	+01:34:05 (21.8%)	8:17	7.2 (78.3%)
22	<b>WALASZKOWSKA Dominika</b>	<b>21</b>	BIESY	K30	11		01:12:35	03:16:04	05:11:14	<b>07:17:58.80</b>	<b>07:18:22.30</b>	+01:40:19 (22.9%)	8:25	7.1 (77.2%)
23	<b>NECZAJ- RACZYŃSKA</b> Anna	<b>206</b>		K30	12		01:10:20	03:06:32	05:07:59	<b>07:18:12.40</b>	<b>07:18:23.40</b>	+01:40:20 (22.9%)	8:25	7.1 (77.2%)
24	<b>MILKOWSKA Justyna</b>	<b>264</b>	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	K30	13		01:11:55	03:14:15	05:06:20	<b>07:21:19.75</b>	<b>07:21:30.20</b>	+01:43:27 (23.4%)	8:29	7.1 (77.2%)
25	<b>OKÓLSKA</b> Sylwia	<b>362</b>	TIME4RUNNING	K30	14		01:13:39	03:14:36	05:08:17	<b>07:20:56.30</b>	<b>07:21:36.30</b>	+01:43:33 (23.4%)	8:28	7.1 (77.2%)
26	<b>SZOT</b> Iwona	<b>316</b>	WW TEAM	K40	5		01:11:22	03:15:12	05:07:32	<b>07:21:41.50</b>	<b>07:21:50.30</b>	+01:43:47 (23.5%)	8:29	7.1 (77.2%)
27	<b>KAMIŃSKA Jolanta</b>	<b>291</b>		K30	15		01:12:04	03:05:11	04:57:34	<b>07:24:11.95</b>	<b>07:24:40.75</b>	+01:46:37 (24.0%)	8:32	7 (76.1%)
28	<b>MYŚLIŃSKA Anna</b>	<b>346</b>	EKOBIEGI I BBL POLONEZ	K40	6		01:13:46	03:17:47	05:16:03	<b>07:27:04.20</b>	<b>07:27:43.35</b>	+01:49:40 (24.5%)	8:35	7 (76.1%)
29	<b>MAJEWSKA</b> Kinga	<b>218</b>		K30	16		01:12:55	03:16:12	05:13:20	<b>07:28:04.70</b>	<b>07:28:23.00</b>	+01:50:20 (24.6%)	8:37	7 (76.1%)
30	<b>TUCHOŁKA Marta</b>	<b>365</b>	POCO LOCO ADVENTURE TEAM	K30	17		01:14:52	03:17:18	05:12:36	<b>07:27:57.30</b>	<b>07:28:23.40</b>	+01:50:20 (24.6%)	8:36	7 (76.1%)
31	<b>STECH</b> Joanna	<b>360</b>		K50	2		01:07:39	03:09:18	05:08:01	<b>07:28:49.75</b>	<b>07:29:01.50</b>	+01:50:58 (24.7%)	8:37	7 (76.1%)
32	<b>ZACKIEWICZ Paulina</b>	<b>542</b>	BIGYELLOWFOOT ADVENTURE TEAM	K20	7	BIGYELLOWFOOT ADVENTURE TEAM	01:11:21	03:14:33	05:12:07	<b>07:29:53.10</b>	<b>07:30:05.35</b>	+01:52:02 (24.9%)	8:39	6.9 (75.0%)
33	<b>JASTRZĄB</b> Ewa	<b>385</b>		K30	18		01:11:54	03:11:34	05:10:52	<b>07:29:54.00</b>	<b>07:30:19.35</b>	+01:52:16 (24.9%)	8:39	6.9 (75.0%)
34	<b>PĘKAŁA Aleksandra</b>	<b>133</b>	RUN PASJA	K30	19		01:12:04	03:12:16	05:11:05	<b>07:33:04.75</b>	<b>07:33:36.80</b>	+01:55:33 (25.5%)	8:42	6.9 (75.0%)
35	<b>KRYM</b> Katarzyna	<b>369</b>	NIGHT RUNNERS WROCŁAW/MATNER RUNNING TEAM	K40	7		01:12:42	03:19:14	05:16:39	<b>07:36:18.25</b>	<b>07:36:57.45</b>	+01:58:54 (26.0%)	8:46	6.8 (73.9%)
36	<b>OLSCHIMKE- MARMUROWICZ</b> Barbara	<b>103</b>	NIGHT RUNNERS ŚLĄSK	K40	8		01:17:58	03:26:40	05:17:53	<b>07:36:31.40</b>	<b>07:37:06.20</b>	+01:59:03 (26.0%)	8:46	6.8 (73.9%)
37	<b>OLĘDZKA</b> Emilia	<b>84</b>	REMBERTÓW TEAM	K40	9		01:11:03	03:16:26	05:17:52	<b>07:36:52.30</b>	<b>07:37:24.55</b>	+01:59:21 (26.1%)	8:47	6.8 (73.9%)
38	<b>DRWIĘGA</b> Beata	<b>145</b>	POZYTYWNIIE ZABIEGANI SANOK	K40	10		01:10:37	03:15:13	05:13:36	<b>07:39:27.30</b>	<b>07:39:42.85</b>	+02:01:39 (26.5%)	8:50	6.8 (73.9%)
38	<b>NIEMIEC- DRWIĘGA</b> Bernadeta	<b>188</b>	POZYTYWNIIE ZABIEGANI SANOK	K40	10		01:11:45	03:19:03	05:19:24	<b>07:39:27.00</b>	<b>07:39:42.85</b>	+02:01:39 (26.5%)	8:50	6.8 (73.9%)
40	<b>JOP</b> Marta	<b>229</b>	JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ	K30	20		01:15:36	03:20:27	05:17:40	<b>07:40:13.25</b>	<b>07:40:20.60</b>	+02:02:17 (26.6%)	8:51	6.8 (73.9%)
41	<b>PAUSZEK</b> Marlena	<b>585</b>	LUCKY TEAM	K40	12		01:18:03	03:25:51	05:25:32	<b>07:40:01.50</b>	<b>07:40:28.45</b>	+02:02:25 (26.6%)	8:50	6.8 (73.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	P1_Roztoki 12km	P2_Solinka2 26km	P1_Roztoki 37.8km	Czas		Różn	Tempo min/km	Tempo km/h
										netto 52km	brutto 52km			
42	<b>ŁAMPIKA Kinga</b>	<b>389</b>	NIGHT RUNNERS WROCŁAW	K30	21		01:12:42	03:19:13	05:16:39	<b>07:40:13.15</b>	<b>07:40:52.50</b>	+02:02:49 (26.7%)	8:51	6.8 (73.9%)
43	<b>RÓŻOWICZ Eliza</b>	<b>335</b>	SPARTANIE DZIECIOM	K30	22		01:15:01	03:17:02	05:17:12	<b>07:41:30.80</b>	<b>07:42:07.10</b>	+02:04:04 (26.8%)	8:52	6.8 (73.9%)
44	<b>GARGAS-MARUT Małgorzata</b>	<b>278</b>	PZU SPORT TEAM	K40	13		01:13:36	03:23:57	05:29:22	<b>07:43:58.35</b>	<b>07:44:33.45</b>	+02:06:30 (27.2%)	8:55	6.7 (72.8%)
45	<b>NIESPODZIANA Ania</b>	<b>34</b>	ROGOZIŃSKI KLUB BIEGACZA	K30	23		01:11:16	03:16:22	05:25:48	<b>07:48:24.65</b>	<b>07:48:50.70</b>	+02:10:47 (27.9%)	9:00	6.7 (72.8%)
46	<b>KALANDYK Agnieszka</b>	<b>195</b>	KB OŻARÓW MAZOWIECKI BIEGA	K40	14		01:12:56	03:20:31	05:21:15	<b>07:49:04.00</b>	<b>07:49:26.65</b>	+02:11:23 (28.0%)	9:01	6.7 (72.8%)
47	<b>BANASZAK Monika</b>	<b>531</b>	RUN PASJA	K30	24		01:10:57	03:13:15	05:20:30	<b>07:50:05.50</b>	<b>07:50:38.30</b>	+02:12:35 (28.2%)	9:02	6.6 (71.7%)
48	<b>CHWISTEK Katarzyna</b>	<b>51</b>		K30	25		01:14:52	03:22:28	05:29:31	<b>07:51:01.15</b>	<b>07:51:41.30</b>	+02:13:38 (28.3%)	9:03	6.6 (71.7%)
49	<b>KWAPIEŃ Karolina</b>	<b>504</b>	VEGE RUNNERS	K20	8		01:13:46	03:20:10	05:28:23	<b>07:55:24.95</b>	<b>07:55:58.85</b>	+02:17:55 (29.0%)	9:08	6.6 (71.7%)
50	<b>ZMOREK -PACAK Katarzyna</b>	<b>158</b>		K20	9		01:08:40	03:16:39	05:22:59	<b>07:56:47.00</b>	<b>07:57:29.60</b>	+02:19:26 (29.2%)	9:10	6.5 (70.7%)
51	<b>FOLTA Katarzyna</b>	<b>402</b>	ZABIEGANI MIELEC / ULTRAMARATON MAGURSKI	K20	10		01:19:34	03:32:18	05:32:27	<b>07:57:10.95</b>	<b>07:57:45.10</b>	+02:19:42 (29.2%)	9:10	6.5 (70.7%)
52	<b>PRZYWARA Dominika</b>	<b>401</b>	WWF UR / ZABIEGANI MIELEC	K20	11		01:19:33	03:32:19	05:32:26	<b>07:57:10.30</b>	<b>07:57:45.35</b>	+02:19:42 (29.2%)	9:10	6.5 (70.7%)
53	<b>DĄBROWSKA Katarzyna</b>	<b>238</b>	HUTNIK WARSZAWA	K20	12		01:15:07	03:23:06	05:33:08	<b>07:57:04.20</b>	<b>07:57:47.65</b>	+02:19:44 (29.2%)	9:10	6.5 (70.7%)
54	<b>RAPANICZ Katarzyna</b>	<b>391</b>	WSZYSTKO PRZED NAMI	K30	26		01:17:28	03:36:13	05:37:42	<b>07:57:54.50</b>	<b>07:58:26.40</b>	+02:20:23 (29.3%)	9:11	6.5 (70.7%)
55	<b>ROSZKOWSKA Julita</b>	<b>397</b>		K30	27		01:26:13	03:44:04	05:52:14	<b>08:00:17.60</b>	<b>08:00:47.35</b>	+02:22:44 (29.7%)	9:14	6.5 (70.7%)
56	<b>WASYLISZYN Bernadetta</b>	<b>221</b>	JAROSŁAWSKA GRUPA BIEGOWA 'SOKÓL'	K30	28		01:14:39	03:25:38	05:33:30	<b>08:03:21.20</b>	<b>08:03:29.30</b>	+02:25:26 (30.1%)	9:17	6.5 (70.7%)
57	<b>GŁUSZYK Joanna</b>	<b>135</b>	FIZJOBIEGACZE SZCZECIN	K40	15		01:15:15	03:28:50	05:34:00	<b>08:04:11.15</b>	<b>08:04:44.50</b>	+02:26:41 (30.3%)	9:18	6.4 (69.6%)
58	<b>ROGOZIŃSKA Monika</b>	<b>277</b>	SS DRUŻYNA WILKA	K30	29		01:16:22	03:26:05	05:37:53	<b>08:05:22.25</b>	<b>08:05:35.35</b>	+02:27:32 (30.4%)	9:20	6.4 (69.6%)
59	<b>POPŁAWSKA Katarzyna</b>	<b>139</b>	CZARNE OWCE HIPOLITÓW	K40	16		01:17:24	03:33:30	05:40:50	<b>08:07:08.35</b>	<b>08:07:27.15</b>	+02:29:24 (30.6%)	9:22	6.4 (69.6%)
60	<b>CRYER Ula</b>	<b>535</b>		K30	30		01:16:34	03:28:31	05:40:37	<b>08:06:59.00</b>	<b>08:07:28.90</b>	+02:29:25 (30.7%)	9:21	6.4 (69.6%)
61	<b>BANDER-PASZEK Katarzyna</b>	<b>516</b>		K30	31		01:15:52	03:29:16	05:38:32	<b>08:07:36.85</b>	<b>08:07:54.10</b>	+02:29:51 (30.7%)	9:22	6.4 (69.6%)
62	<b>WOŹNIAK Anna</b>	<b>589</b>	RUN PASJA	K30	32		01:18:22	03:26:42	05:35:48	<b>08:07:57.85</b>	<b>08:08:30.75</b>	+02:30:27 (30.8%)	9:23	6.4 (69.6%)
63	<b>WOJTAKOWSKA Joanna</b>	<b>197</b>	TIME4RUNNING	K40	17		01:18:52	03:43:33	05:45:12	<b>08:09:14.35</b>	<b>08:09:54.80</b>	+02:31:51 (31.0%)	9:24	6.4 (69.6%)
64	<b>SZCZEPANEK Monika</b>	<b>248</b>		K40	18	STAY INSANE	01:17:49	03:40:00	05:48:00	<b>08:14:38.90</b>	<b>08:14:48.00</b>	+02:36:45 (31.7%)	9:30	6.3 (68.5%)
65	<b>ADAMCZYK Aneta</b>	<b>609</b>		K40	19		01:15:51	03:24:32	05:31:15	<b>08:14:36.00</b>	<b>08:14:57.70</b>	+02:36:54 (31.7%)	9:30	6.3 (68.5%)
66	<b>MATYJEWICZ Luiza</b>	<b>310</b>		K40	20		01:16:41	03:31:54	05:39:20	<b>08:17:41.60</b>	<b>08:18:07.40</b>	+02:40:04 (32.1%)	9:34	6.3 (68.5%)
67	<b>STANEK Marzena</b>	<b>345</b>	WKURW_TEAM	K30	33		01:24:46	03:46:55	05:49:16	<b>08:18:07.75</b>	<b>08:18:48.15</b>	+02:40:45 (32.2%)	9:34	6.3 (68.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	P1_Roztoki 12km	P2_Solinka2 26km	P1_Roztoki 37.8km	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
68	<b>LEHMANN Karolina</b>	<b>381</b>	WKURW_TEAM	K30	34		01:24:48	03:46:56	05:49:13	<b>08:18:43.70</b>	<b>08:19:23.65</b>	+02:41:20 (32.3%)	9:35	6.3 (68.5%)
69	<b>NALEWAJKO Joanna</b>	<b>254</b>	BEŁŻYCE I OKOLICE BIEGAJĄ	K30	35	Bełżyce i okolice biegają	01:19:32	03:35:32	05:43:23	<b>08:20:19.00</b>	<b>08:20:44.20</b>	+02:42:41 (32.5%)	9:37	6.2 (67.4%)
70	<b>ZARĘBA Jolanta</b>	<b>399</b>	RZESZOWSKIE GAZELE I GEPARDY	K50	3		01:12:18	03:30:28	05:37:01	<b>08:21:21.05</b>	<b>08:21:30.05</b>	+02:43:27 (32.6%)	9:38	6.2 (67.4%)
71	<b>ONAK Iza</b>	<b>235</b>	OCHAJORUN & FRIENDS	K40	21		01:25:08	03:44:08	05:48:35	<b>08:22:33.80</b>	<b>08:23:09.65</b>	+02:45:06 (32.8%)	9:39	6.2 (67.4%)
72	<b>SIKORSKA Agnieszka</b>	<b>26</b>		K40	22		01:20:02	03:41:44	05:49:45	<b>08:23:43.10</b>	<b>08:24:22.25</b>	+02:46:19 (33.0%)	9:41	6.2 (67.4%)
73	<b>ZBIKOWSKA-JUSIS Katarzyna</b>	<b>209</b>	WWW.BIEGACZKI.PL / KB 'ARTURÓWEK' ŁÓDŹ	K30	36		01:17:54	03:46:05	05:52:44	<b>08:24:20.65</b>	<b>08:24:32.60</b>	+02:46:29 (33.0%)	9:41	6.2 (67.4%)
74	<b>NIZIOLEK Gabriela</b>	<b>561</b>	ZADYSZKA OŚWIĘCIM	K40	23		01:24:30	03:53:28	05:54:12	<b>08:33:19.15</b>	<b>08:33:54.35</b>	+02:55:51 (34.2%)	9:52	6.1 (66.3%)
75	<b>BZOWSKA Aleksandra</b>	<b>481</b>	NIGHT RUNNERS GLIWICE	K30	37		01:17:37	03:42:30	05:54:18	<b>08:36:33.15</b>	<b>08:36:47.45</b>	+02:58:44 (34.6%)	9:56	6 (65.2%)
76	<b>SOSZYŃSKA Gosia</b>	<b>615</b>	CZŁAPACZE	K50	4		01:25:52	03:48:12	05:57:52	<b>08:38:20.30</b>	<b>08:38:37.85</b>	+03:00:34 (34.8%)	9:58	6 (65.2%)
77	<b>ŻELAZNY Judyta</b>	<b>486</b>	MRÓWKA JAROSŁAW	K40	24		01:15:37	03:35:53	05:52:33	<b>08:43:50.00</b>	<b>08:43:57.70</b>	+03:05:54 (35.5%)	10:04	6 (65.2%)
78	<b>FURMAN Agnieszka</b>	<b>243</b>	OCHAJORUN&FRIENDS	K30	38		01:25:08	03:44:08	05:51:56	<b>08:43:22.70</b>	<b>08:43:58.75</b>	+03:05:55 (35.5%)	10:03	6 (65.2%)
79	<b>KĄNDUŁA Klaudia</b>	<b>104</b>	SZAKAL RUNNERS	K30	39		01:22:11	03:56:44	06:04:54	<b>08:43:45.10</b>	<b>08:44:09.50</b>	+03:06:06 (35.5%)	10:04	6 (65.2%)
80	<b>WRÓBEL Kamila</b>	<b>487</b>	PARKRUN RZESZÓW	K20	13		01:20:02	03:48:20	05:55:29	<b>08:49:22.20</b>	<b>08:49:56.75</b>	+03:11:53 (36.2%)	10:10	5.9 (64.1%)
81	<b>ZAJĄC Anna</b>	<b>348</b>		K30	40		01:24:10	03:50:47	05:59:35	<b>08:50:35.30</b>	<b>08:51:03.90</b>	+03:13:00 (36.3%)	10:12	5.9 (64.1%)
82	<b>KNAPIK Ilona</b>	<b>472</b>		K40	25		01:15:42	03:37:39	05:51:08	<b>08:52:13.75</b>	<b>08:52:35.45</b>	+03:14:32 (36.5%)	10:14	5.9 (64.1%)
83	<b>LISOWSKA Kamila</b>	<b>210</b>	SZPITAL MIEJSKI W ZABRZU	K30	41		01:21:56	03:52:53	06:11:21	<b>08:53:15.25</b>	<b>08:53:18.80</b>	+03:15:15 (36.6%)	10:15	5.9 (64.1%)
84	<b>WOLF Weronika</b>	<b>262</b>	TKKF KOSZALIN	K40	26		01:29:11	04:02:05	06:05:15	<b>08:53:00.50</b>	<b>08:53:26.15</b>	+03:15:23 (36.6%)	10:15	5.9 (64.1%)
85	<b>DOMINIAK Katarzyna</b>	<b>555</b>	TIGERS TEAM	K30	42		01:19:26	03:42:48	05:54:44	<b>08:53:57.30</b>	<b>08:54:20.00</b>	+03:16:17 (36.7%)	10:16	5.8 (63.0%)
86	<b>BŁASIŃSKA Żaneta</b>	<b>258</b>		K40	27		01:29:46	04:00:47	06:13:46	<b>08:53:44.40</b>	<b>08:54:26.40</b>	+03:16:23 (36.7%)	10:15	5.8 (63.0%)
87	<b>KRZEMIEŃ Joanna</b>	<b>137</b>	6.KILOMETR	K30	43		01:21:24	03:52:50	06:08:38	<b>08:54:20.65</b>	<b>08:54:58.60</b>	+03:16:55 (36.8%)	10:16	5.8 (63.0%)
88	<b>KUCZEK Katarzyna</b>	<b>100</b>	PGB SPORTOWA PACZKA	K40	28		01:23:24	04:01:07	06:12:36	<b>08:54:54.35</b>	<b>08:55:35.25</b>	+03:17:32 (36.9%)	10:17	5.8 (63.0%)
89	<b>MORAWSKA Anna</b>	<b>43</b>		K60	1		01:26:48	03:50:58	06:05:13	<b>08:57:56.00</b>	<b>08:58:19.20</b>	+03:20:16 (37.2%)	10:20	5.8 (63.0%)
90	<b>ZBYSŁAW Beata</b>	<b>213</b>	ORKA IŁAWA	K50	5		01:23:52	03:52:20	06:00:41	<b>08:59:18.20</b>	<b>08:59:54.80</b>	+03:21:51 (37.4%)	10:22	5.8 (63.0%)
91	<b>KULIBERDA Sylwia</b>	<b>352</b>		K40	29		01:24:23	03:54:53	06:04:39	<b>08:59:53.55</b>	<b>09:00:27.05</b>	+03:22:24 (37.5%)	10:22	5.8 (63.0%)
92	<b>PRYCIŃSKA Wiesława</b>	<b>105</b>	CAFE SZKOLNA 16	K40	30		01:20:31	03:50:42	06:05:09	<b>09:00:50.40</b>	<b>09:01:03.80</b>	+03:23:00 (37.5%)	10:24	5.8 (63.0%)
93	<b>CHYLIŃSKA Agnieszka</b>	<b>537</b>	CHODZIMISIE	K30	44		01:24:38	03:52:50	06:05:42	<b>09:01:41.60</b>	<b>09:02:03.40</b>	+03:24:00 (37.6%)	10:25	5.8 (63.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	P1_Roztoki 12km	P2_Solinka2 26km	P1_Roztoki 37.8km	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
94	<b>GÓRAJ Marta</b>	<b>48</b>	YOLO :)	K40	31		01:23:49	03:55:59	06:05:24	<b>09:04:58.45</b>	<b>09:05:34.50</b>	+03:27:31 (38.0%)	10:28	5.7 (62.0%)
95	<b>SZELER Joanna</b>	<b>405</b>	BIEGAJĄCA Z PSAMI	K40	32		01:24:13	04:02:21	06:05:44	<b>09:11:20.05</b>	<b>09:11:49.95</b>	+03:33:47 (38.7%)	10:36	5.7 (62.0%)
96	<b>OKLEJ Agata</b>	<b>600</b>		K30	45		01:23:57	04:02:17	06:09:56	<b>09:12:04.20</b>	<b>09:12:15.00</b>	+03:34:12 (38.8%)	10:37	5.7 (62.0%)
97	<b>STAWSKA Anna</b>	<b>551</b>	WKURW_TEAM	K30	46		01:23:50	04:02:19	06:10:20	<b>09:21:05.70</b>	<b>09:21:37.50</b>	+03:43:34 (39.8%)	10:47	5.6 (60.9%)
98	<b>BORUSZEWSKA Magdalena</b>	<b>302</b>	KOŁO BIEGA	K30	47		01:19:41	03:54:30	06:10:52	<b>09:22:42.25</b>	<b>09:23:22.00</b>	+03:45:19 (40.0%)	10:49	5.5 (59.8%)
99	<b>PACAK Patrycja</b>	<b>564</b>		K20	14		01:23:03	03:57:12	06:13:12	<b>10:07:48.25</b>	<b>10:08:31.70</b>	+04:30:28 (44.4%)	11:41	5.1 (55.4%)
	<b>KLOREK Anna</b>	<b>116</b>	SZAKAL RUNNERS	K30			01:22:15 DNF	04:02:43 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>FIDALI Beata</b>	<b>164</b>	KLUB PODRÓŻNIKÓW ŚRÓDZIEMIE	K30			01:32:01 DNF	04:03:03 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>PTASZYŃSKA Anna</b>	<b>252</b>	SPEED FEET '16	K40			01:26:46 DNF	04:03:12 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>BUDA Marzena</b>	<b>550</b>	WKURW_TEAM	K20			01:33:02 DNF	04:04:09 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>WALKOWSKA Justyna</b>	<b>420</b>	JACEK BIEGA	K40			01:25:39 DNF	04:06:06 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>NOWOSIELSKA Agnieszka</b>	<b>462</b>	MKB DREPTAK	K30		MKB Dreptak	01:28:05 DNF	04:12:59 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>JATA Marta</b>	<b>46</b>	WW TEAM	K30			01:29:26 DNF	04:13:03 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ŁEMPICKA- GROMEK Joanna</b>	<b>157</b>		K30			01:29:50 DNF	04:13:52 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>WRÓBLEWSKA- GAWEŁ Agnieszka</b>	<b>577</b>		K40			01:28:45 DNF	04:14:14 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>DAWID Honorata</b>	<b>281</b>		K40			01:32:05 DNF	04:16:41 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>SZALKOWSKA Dominika</b>	<b>410</b>	ROZBIEGANY RAWICZ	K30			01:32:26 DNF	04:35:17 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>SŁOMIAN Marcelina</b>	<b>567</b>		K20			01:08:16 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ŁĄCKA Ilona</b>	<b>337</b>	BIAŁOŁĘKA JEST KOBIETĄ	K40			01:27:42 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 112 wynik(ów)