



Organiser: Urząd Miasta w Piechowicach
Date: 2023-12-09
Place: Piechowice
Distance: 10 km

V KROPELKA RUN

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Classification: K-40

Place	Participant	Number	Club	Category	MCat	Mieszkaniec Piechowice	Mostek 6.5km	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
1	DUL Magdalena	144	ARKADIUSZ GARDZIELEWSKI RUNNING TEAM/ FAMILY TEAM	K-40	1		00:30:22	00:52:52.80	00:52:56.70		5:17	11.3 (100%)
2	SZEPczyńska Anna	59	ŻARY RUUNERS TEAM	K-40	2		00:30:50	00:52:58.65	00:53:02.10	+00:00:05 (0.2%)	5:17	11.3 (100%)
3	TOŁWIńska-TRZECIAK Gabriela	115		K-40	3		00:30:39	00:53:08.50	00:53:13.50	+00:00:16 (0.5%)	5:18	11.3 (100%)
4	MATYSIAK Agnieszka	136	SPORT GENERATION	K-40	4		00:31:56	00:55:03.00	00:55:12.25	+00:02:15 (4.1%)	5:30	10.9 (96.5%)
5	STEFANska Anna	148		K-40	5			00:55:16.45	00:55:19.30	+00:02:22 (4.3%)	5:31	10.9 (96.5%)
6	CHROMIńska-LINKIEWICZ Renata	132	BIEGAMDLAZDROWIA.PL	K-40	6		00:33:25	00:56:22.90	00:56:33.25	+00:03:36 (6.4%)	5:38	10.6 (93.8%)
7	GUZERA Magdalena	123	ŚWIERADÓW-ZDRÓJ GÓRSKIE UZDROWISKO	K-40	7		00:32:40	00:56:30.55	00:56:39.85	+00:03:43 (6.6%)	5:39	10.6 (93.8%)
8	IGNATIUK Marta	32		K-40	8		00:33:46	00:58:36.00	00:58:49.75	+00:05:53 (10.0%)	5:51	10.2 (90.3%)
9	BOBER Dorota	141		K-40	9	Tak	00:34:39	01:00:17.60	01:00:26.55	+00:07:29 (12.4%)	6:01	10 (88.5%)
10	WESOŁOWSKA Magdalena	1		K-40	10		00:36:10	01:02:10.75	01:02:17.15	+00:09:20 (15.0%)	6:13	9.7 (85.8%)
11	STELZER Lidia	99	DYNAMIC LUBAŃ	K-40	11		00:37:26	01:02:33.35	01:02:45.65	+00:09:48 (15.6%)	6:15	9.6 (85.0%)
12	SENETRA Małgorzata	102	ROCK BALANCING ICE	K-40	12		00:36:01	01:02:40.70	01:02:48.20	+00:09:51 (15.7%)	6:16	9.6 (85.0%)
13	DYL Małgorzata	91		K-40	13		00:36:41	01:02:56.35	01:03:09.45	+00:10:12 (16.2%)	6:17	9.5 (84.1%)
14	TRZCIńska Jolanta	142	ROCK BALANCING ICE	K-40	14		00:36:21	01:03:41.30	01:03:48.50	+00:10:51 (17.0%)	6:22	9.4 (83.2%)

Place	Participant	Number	Club	Category	MCat	Mieszkaniec Piechowic	Mostek 6.5km	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
15	ZYNER Karolina	103		K-40	15			01:04:12.30	01:04:24.00	+00:11:27 (17.8%)	6:25	9.3 (82.3%)
16	STAWICKA Agnieszka	24		K-40	16		00:37:12	01:06:21.60	01:06:31.25	+00:13:34 (20.4%)	6:38	9 (79.6%)
17	JAROSIŃSKA Wioletta	88		K-40	17		00:38:12	01:07:11.80	01:07:15.55	+00:14:18 (21.3%)	6:43	8.9 (78.8%)
18	RÓŻAŃSKA Magdalena	101		K-40	18		00:41:28	01:08:05.60	01:08:13.05	+00:15:16 (22.4%)	6:48	8.8 (77.9%)
19	KAJDAS Katarzyna	114	CROSS STRACEŃCÓW TEAM	K-40	19		00:39:10	01:08:17.50	01:08:26.20	+00:15:29 (22.6%)	6:49	8.8 (77.9%)
20	MAZUR Agnieszka	79		K-40	20		00:39:39	01:10:13.75	01:10:20.35	+00:17:23 (24.7%)	7:01	8.5 (75.2%)
21	MIĘTEK Agnieszka	107		K-40	21		00:40:30	01:11:38.15	01:11:41.60	+00:18:44 (26.2%)	7:09	8.4 (74.3%)
22	KOWALSKA Karolina	29		K-40	22		00:43:28	01:12:38.55	01:12:54.90	+00:19:58 (27.4%)	7:15	8.3 (73.5%)
23	KOCIEMBA Adrianna	8		K-40	23		00:41:38	01:13:00.65	01:13:10.95	+00:20:14 (27.7%)	7:18	8.2 (72.6%)
24	PLATA Anna	20		K-40	24		00:41:59	01:13:37.45	01:13:47.95	+00:20:51 (28.3%)	7:21	8.2 (72.6%)
25	KOWALISZYN Małgorzata	158	BIEGAMDLAZDROWIA.PL	K-40	25		00:49:17	01:28:48.80	01:29:02.95	+00:36:06 (40.5%)	8:52	6.8 (60.2%)
26	SZYŁAK Małgorzata	54	OSK GOSIA	K-40	26		00:50:52	01:32:24.20	01:32:24.20	+00:39:27 (42.7%)	9:14	6.5 (57.5%)

Total 26 results.