



Organizator: Urząd Miasta w Piechowicach
Data: 2023-12-09
Miejsce: Piechowice
Dystans: 10 km

V KROPELKA RUN

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Piechowic	Mostek 6.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	JOLIBSKI Jacek	39	BIEGAMDLAZDROWIA.PL	M-30	1		00:23:17	00:40:20.00	00:40:21.90		4:02	14.9 (100%)
2	KUR Michał	34		M-30	2		00:23:19	00:40:28.05	00:40:29.85	+00:00:07 (0.3%)	4:02	14.8 (99.3%)
3	SKUZA Krzysztof	56	KLINIKA URODY JOLANTA SKUZA LEGNICA	M-40	1		00:24:03	00:41:37.00	00:41:39.00	+00:01:17 (3.1%)	4:09	14.4 (96.6%)
4	TARŁOWSKI Ryszard	105	SEID TEAM	M-50	1		00:24:01	00:41:40.75	00:41:42.45	+00:01:20 (3.2%)	4:10	14.4 (96.6%)
5	MAZURKIEWICZ Dariusz	94		M-40	2		00:23:56	00:41:51.25	00:41:52.85	+00:01:30 (3.6%)	4:11	14.3 (96.0%)
6	ZIENTARA Krzysztof	10		M-30	3		00:24:38	00:43:20.30	00:43:23.00	+00:03:01 (7.0%)	4:20	13.8 (92.6%)
7	ZIENTARA Adrian	41	KGHM ZG RUN	M-30	4		00:25:22	00:43:32.15	00:43:32.15	+00:03:10 (7.3%)	4:21	13.8 (92.6%)
8	PRZYBYSZ Artur	149	ŻARY RUNNERS TEAM	M-50	2		00:24:54	00:43:40.15	00:43:42.45	+00:03:20 (7.6%)	4:22	13.7 (91.9%)
9	MALEWICZ Grzegorz	135	KOLKA TEAM LUBAŃ	M-40	3		00:25:14	00:44:22.80	00:44:25.15	+00:04:03 (9.1%)	4:26	13.5 (90.6%)
10	MARZAŁEK Kazimierz	75	ŚWIERADÓW-ZDRÓJ GÓRSKIE UZDROWISKO	M-40	4		00:25:54	00:45:47.35	00:45:50.30	+00:05:28 (11.9%)	4:34	13.1 (87.9%)
11	GRONDECKI Tomasz	155	FAMILY TEAM	M-40	5		00:26:25	00:45:54.15	00:45:58.20	+00:05:36 (12.2%)	4:35	13.1 (87.9%)
12	RACHAŃSKI Michał	70	ROCK BALANCING ICE	M-30	5		00:26:47	00:46:26.80	00:46:29.05	+00:06:07 (13.2%)	4:38	12.9 (86.6%)
13	WANDYCZ Mariusz	62	KOLKA TEAM LUBAŃ	M-30	6		00:26:37	00:46:40.95	00:46:44.85	+00:06:22 (13.7%)	4:40	12.9 (86.6%)
14	OSKULSKI Robert	104	KOWARY BIEGAJĄ	M-50	3		00:27:02	00:47:53.15	00:47:58.10	+00:07:36 (15.9%)	4:47	12.5 (83.9%)

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15	BANASZEK Sławomir	153	SZYMI TEAM ŻARY	M-40	6		00:28:10	00:49:22.45	00:49:24.70	+00:09:02 (18.3%)	4:56	12.2 (81.9%)
16	STRUGAŁA Damian	95		M-30	7		00:28:58	00:49:23.70	00:49:26.75	+00:09:04 (18.4%)	4:56	12.1 (81.2%)
17	UPTAS Tomasz	84	CROSS STRACEŃCÓW TEAM	M-40	7		00:29:20	00:50:43.75	00:50:51.50	+00:10:29 (20.6%)	5:04	11.8 (79.2%)
18	SYCHOWIEC Adrian	77		M-40	8		00:29:35	00:51:09.80	00:51:14.60	+00:10:52 (21.2%)	5:06	11.7 (78.5%)
19	KURASIEWICZ Mariusz	37		M-40	9		00:30:12	00:51:06.55	00:51:15.50	+00:10:53 (21.3%)	5:06	11.7 (78.5%)
20	JÓŹWIAK Radosław	152	ŻARY RUNNERS TEAM	M-40	10		00:29:34	00:51:12.05	00:51:15.95	+00:10:54 (21.3%)	5:07	11.7 (78.5%)
21	MACIEJEWSKI Daniel	5	JURNY BUHAJ	M-30	8		00:29:40	00:51:15.55	00:51:18.40	+00:10:56 (21.3%)	5:07	11.7 (78.5%)
22	TRZCIŃSKI Paweł	137	SPORT GENERATION	M-40	11		00:30:08	00:51:30.70	00:51:41.00	+00:11:19 (21.9%)	5:09	11.7 (78.5%)
23	KULKA Jacek	110		M-40	12		00:29:18	00:52:00.70	00:52:04.90	+00:11:43 (22.5%)	5:12	11.5 (77.2%)
24	ZASIADŁY Daniel	90		M-40	13		00:30:21	00:51:59.90	00:52:06.70	+00:11:44 (22.5%)	5:11	11.5 (77.2%)
25	FIDOR Arnold	96	SCHRONISKO WOJTEK	M-40	14	Tak	00:30:21	00:52:09.30	00:52:14.90	+00:11:53 (22.7%)	5:12	11.5 (77.2%)
26	MATUSIK Mateusz	85		M-30	9		00:29:52	00:52:19.50	00:52:30.10	+00:12:08 (23.1%)	5:13	11.5 (77.2%)
27	ILNICKI Tadeusz	15		M-40	15		00:29:47	00:52:18.50	00:52:30.50	+00:12:08 (23.1%)	5:13	11.5 (77.2%)
28	N Piotr	23	KOWARY BIEGAJĄ	M-40	16		00:29:40	00:52:36.60	00:52:44.05	+00:12:22 (23.5%)	5:15	11.4 (76.5%)
29	ZAGROBELNY Michał	40		M-30	10		00:29:35	00:52:36.40	00:52:44.25	+00:12:22 (23.5%)	5:15	11.4 (76.5%)
30	SOCHOŃ Zbigniew	150		M-50	4		00:30:02	00:52:46.25	00:52:50.30	+00:12:28 (23.6%)	5:16	11.4 (76.5%)
31	PLEŚNIARSKI Zbigniew	50	KLUB SPORTOWY GRAŃ W KARPACZU	M-60+	1		00:30:57	00:53:07.45	00:53:10.15	+00:12:48 (24.1%)	5:18	11.3 (75.8%)
32	KOSSOWICZ Krzysztof	7		M-50	5	Tak	00:30:18	00:53:19.00	00:53:23.70	+00:13:01 (24.4%)	5:19	11.3 (75.8%)
33	STAROŚCIAK Krzysztof	125		M-30	11		00:30:32	00:53:32.55	00:53:38.15	+00:13:16 (24.7%)	5:21	11.2 (75.2%)
34	KAŹMIERCZAK Dawid	47		M-30	12			00:53:32.65	00:53:38.25	+00:13:16 (24.7%)	5:21	11.2 (75.2%)
35	KOJRO Waldemar	14	JELENIA PLAST SPORT TEAM	M-40	17	Tak	00:30:54	00:53:41.95	00:53:49.40	+00:13:27 (25.0%)	5:22	11.2 (75.2%)
36	NOWAK Bartosz	21		M-40	18		00:31:10	00:53:50.80	00:54:00.40	+00:13:38 (25.3%)	5:23	11.1 (74.5%)
37	PIOTROWSKI Krzysztof	9		M-40	19		00:30:40	00:53:56.50	00:54:05.50	+00:13:43 (25.4%)	5:23	11.1 (74.5%)

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38	PIOTROWSKI Patryk	126		M-20	1	Tak	00:30:26	00:54:01.85	00:54:06.20	+00:13:44 (25.4%)	5:24	11.1 (74.5%)
39	WAŁKUSKI Mateusz	151		M-20	2		00:30:52	00:54:22.15	00:54:37.55	+00:14:15 (26.1%)	5:26	11 (73.8%)
40	MARKOWSKI Grzegorz	69	FAMILY TEAM / ŚLĘZAK TEAM	M-40	20		00:32:04	00:55:11.15	00:55:21.30	+00:14:59 (27.1%)	5:31	10.9 (73.2%)
41	CHOJNACKI Marek	133		M-30	13	Tak	00:32:20	00:55:11.50	00:55:22.50	+00:15:00 (27.1%)	5:31	10.9 (73.2%)
42	DOMAGAŁA Andrzej	46	BIEGAMDLAZDROWIA.PL	M-50	6		00:31:22	00:55:23.00	00:55:25.10	+00:15:03 (27.2%)	5:32	10.8 (72.5%)
43	GOŁĘBIOWSKI Marcin	3		M-40	21		00:31:28	00:55:31.85	00:55:43.35	+00:15:21 (27.6%)	5:33	10.8 (72.5%)
44	PIETRASZEK Robert	31		M-50	7		00:32:03	00:55:38.40	00:55:54.80	+00:15:32 (27.8%)	5:33	10.8 (72.5%)
45	MISZCZYK Aureliusz	157	KOWARY BIEGAJĄ	M-20	3		00:32:00	00:56:00.45	00:56:03.00	+00:15:41 (28.0%)	5:36	10.7 (71.8%)
46	JELEŃ Tomasz	121	EDI-TEAM	M-40	22		00:32:32	00:56:03.00	00:56:08.05	+00:15:46 (28.1%)	5:36	10.7 (71.8%)
47	LINKIEWICZ Krzysztof	131	BIEGAMDLAZDROWIA.PL	M-40	23		00:33:16	00:56:21.90	00:56:29.20	+00:16:07 (28.5%)	5:38	10.6 (71.1%)
48	KORZENIOWSKI Wojciech	124		M-50	8		00:31:54	00:56:30.40	00:56:33.85	+00:16:11 (28.6%)	5:39	10.6 (71.1%)
49	REWIŃSKI Sławek	73		M-40	24		00:33:07	00:56:49.10	00:57:02.80	+00:16:40 (29.2%)	5:40	10.6 (71.1%)
50	GUTOWSKI Dariusz	19	BIEGAMDLAZDROWIA.PL	M-50	9		00:33:21	00:56:58.55	00:57:06.05	+00:16:44 (29.3%)	5:41	10.5 (70.5%)
51	MISIURA Łukasz	140		M-30	14		00:31:57	00:57:26.15	00:57:40.50	+00:17:18 (30.0%)	5:44	10.4 (69.8%)
52	WESOŁOWSKI Maciej	82		M-50	10		00:33:31	00:57:39.95	00:57:47.55	+00:17:25 (30.2%)	5:45	10.4 (69.8%)
53	CHWIEJ Marcin	55	BIEGACZE ŚWINOUJŚCIE	M-40	25		00:33:48	00:58:19.45	00:58:25.10	+00:18:03 (30.9%)	5:49	10.3 (69.1%)
54	PASTUCHEWICZ Przemysław	48		M-40	26		00:33:05	00:58:26.60	00:58:28.60	+00:18:06 (31.0%)	5:50	10.3 (69.1%)
55	NOWACKI Jerzy	2	ŻARY RUNNERS TEAM - MAGOREX	M-40	27		00:33:51	00:58:28.40	00:58:32.65	+00:18:10 (31.1%)	5:50	10.3 (69.1%)
56	MATYJASZCZYK Marcin	42		M-40	28		00:32:42	00:58:19.10	00:58:35.80	+00:18:13 (31.1%)	5:49	10.3 (69.1%)
57	CIEŚLAR Grzegorz	127		M-30	15		00:32:45	00:58:19.15	00:58:36.05	+00:18:14 (31.1%)	5:49	10.3 (69.1%)
58	MATKOWSKI Wiktor	145		M-40	29		00:32:09	00:58:22.35	00:58:37.15	+00:18:15 (31.1%)	5:50	10.3 (69.1%)
59	SZEWCUWIANIE C Jacek	35		M-30	16		00:34:05	00:58:39.05	00:58:52.30	+00:18:30 (31.4%)	5:51	10.2 (68.5%)
60	KAJDAS Krzysztof	116	CROSS STRACEŃCÓW TEAM	M-40	30		00:35:32	00:58:50.55	00:58:59.55	+00:18:37 (31.6%)	5:53	10.2 (68.5%)

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61	PIETROW Tadeusz	118		M-60+	2		00:34:50	01:00:40.95	01:00:50.65	+00:20:28 (33.7%)	6:04	9.9 (66.4%)
62	STĘPINSKI Robert	129		M-50	11		00:34:27	01:00:44.20	01:00:54.55	+00:20:32 (33.7%)	6:04	9.9 (66.4%)
63	MOREAU Dominique	146		M-50	12		00:35:38	01:01:11.25	01:01:19.90	+00:20:58 (34.2%)	6:07	9.8 (65.8%)
64	WRONA Łukasz	13		M-40	31		00:35:41	01:01:19.55	01:01:31.85	+00:21:09 (34.4%)	6:07	9.8 (65.8%)
65	SZAGAŁA Adam	76		M-30	17		00:35:13	01:01:21.75	01:01:40.35	+00:21:18 (34.5%)	6:08	9.8 (65.8%)
66	KOŁODZIEJ Grzegorz	38	KARKONOSKI KLUB KIBICÓW NIEPEŁNOSPRAWNYCH	M-40	32		00:35:07	01:01:35.15	01:01:44.10	+00:21:22 (34.6%)	6:09	9.7 (65.1%)
67	GOJŻEWSKI Leszek	100	DYNAMIC	M-40	33		00:37:37	01:02:01.05	01:02:13.55	+00:21:51 (35.1%)	6:12	9.7 (65.1%)
68	FILIPEK Irek	16		M-50	13		00:36:40	01:03:02.50	01:03:14.65	+00:22:52 (36.2%)	6:18	9.5 (63.8%)
69	PLUCHA Michał	33	KOWARY BIEGAJĄ	M-40	34		00:36:31	01:04:21.45	01:04:29.85	+00:24:07 (37.4%)	6:26	9.3 (62.4%)
70	KRÓL Marcin	98	KOWARY BIEGAJĄ	M-40	35		00:33:24	01:04:22.05	01:04:30.10	+00:24:08 (37.4%)	6:26	9.3 (62.4%)
71	MARCZYK Tomasz	87	BIEGAMDŁAZDROWIA	M-40	36		00:38:40	01:04:45.10	01:05:00.30	+00:24:38 (37.9%)	6:28	9.3 (62.4%)
72	DUL Wiesław	36	FAMILY TEAM	M-60+	3		00:39:30	01:05:48.45	01:06:03.10	+00:25:41 (38.9%)	6:34	9.1 (61.1%)
73	KOŁODZIEJ Ernest	122	KARKONOSKI KKN JELENIA GÓRA	M-20	4		00:38:03	01:06:59.35	01:07:07.75	+00:26:45 (39.9%)	6:41	9 (60.4%)
74	LIPOWSKI Andrzej	80		M-40	37		00:39:34	01:10:13.80	01:10:20.50	+00:29:58 (42.6%)	7:01	8.5 (57.0%)
75	PAKIET Waldemar	134	ŚWIERADÓW-ZDRÓJ GÓRSKIE UZDROWISKO	M-50	14		00:39:48	01:10:52.50	01:11:07.90	+00:30:46 (43.3%)	7:05	8.5 (57.0%)
76	MIĘTEK Dariusz	108		M-40	38		00:40:20	01:11:56.50	01:11:58.20	+00:31:36 (43.9%)	7:11	8.3 (55.7%)
77	NAWOJ Jakub	49		M-30	18		00:42:23	01:11:48.00	01:11:59.40	+00:31:37 (43.9%)	7:10	8.4 (56.4%)
78	KUGLARZ Tomasz	154		M-40	39		00:39:43	01:12:34.55	01:12:40.15	+00:32:18 (44.5%)	7:15	8.3 (55.7%)
79	SROKA Dawid	97		M-40	40		00:40:14	01:13:23.40	01:13:35.30	+00:33:13 (45.1%)	7:20	8.2 (55.0%)
80	PAWEŁ Piątkiewicz	147		M-30	19		00:30:47	01:13:37.80	01:13:48.15	+00:33:26 (45.3%)	7:21	8.2 (55.0%)
81	PRUSAKOWSKI Daniel	112	STOMET POLSKA TEAM	M-30	20		00:43:44	01:15:42.75	01:15:57.30	+00:35:35 (46.9%)	7:34	7.9 (53.0%)
82	GDOWSKI Wojtek	113	STOMET POLSKA TEAM	M-30	21		00:43:51	01:15:43.00	01:15:57.60	+00:35:35 (46.9%)	7:34	7.9 (53.0%)
83	MAGIERSKI Mateusz	58		M-20	5		00:44:53	01:19:35.50	01:19:53.75	+00:39:31 (49.5%)	7:57	7.5 (50.3%)

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84	BŁASZCZYK Mariusz	11	AKTYWNY WAŁBRZYCH	M-40	41		00:46:44	01:24:14.75	01:24:27.70	+00:44:05 (52.2%)	8:25	7.1 (47.7%)
85	DOBROWOLSKI Robert	53	SPORTOWI EMERYCI JELENIA GORA	M-60+	4		00:49:38	01:27:44.20	01:27:55.80	+00:47:33 (54.1%)	8:46	6.8 (45.6%)
86	HADAS Dawid	159	DAW-MAL	M-40	42		00:38:02			+00:14:45	5:51	10.3 (69.1%)

Znaleziono 86 wynik(ów)