

# V OGÓLNOPOLSKI BIEG ULICZNY IM. BRACI MIKRUT

B4SPORT  
INTELEGENNE ZAWODY SPORTOWE

**Organizator:** Gmina Koronowo  
**Data:** 2015-04-25  
**Miejsce:** Koronowo  
**Dystans:** 10 km

**B4SPORT**  
INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	3km	7km	9.6km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>KULPA Michał</b>	<b>198</b>		M20-29	1	00:10:21	00:23:56	00:32:47	<b>00:33:58</b>	<b>00:34:00</b>		3:23	17.7 (100%)
2	<b>PAWŁOWSKI Mariusz</b>	<b>220</b>		M30-39	1	00:10:21	00:23:57	00:33:03	<b>00:34:14</b>	<b>00:34:17</b>	+00:00:17 (0.8%)	3:25	17.5 (98.9%)
3	<b>WOJTAS Marek</b>	<b>279</b>	TUCHOLANKA TUCHOLA	M40-49	1	00:10:20	00:23:56	00:33:17	<b>00:34:32</b>	<b>00:34:35</b>	+00:00:35 (1.7%)	3:27	17.4 (98.3%)
4	<b>PIPOWSKI Tomasz</b>	<b>309</b>	LUKS SEROCK/THE RUNNERS ŚWIECIE	M20-29	2	00:10:22	00:24:46	00:34:40	<b>00:35:51</b>	<b>00:35:53</b>	+00:01:53 (5.2%)	3:35	16.7 (94.4%)
5	<b>PODOLSKI Tomasz</b>			M16-19	1	00:10:41	00:25:16	00:35:04	<b>00:36:18</b>	<b>00:36:21</b>	+00:02:21 (6.5%)	3:37	16.5 (93.2%)
6	<b>KOKOCKI Paweł</b>	<b>200</b>	NIEZRZESZONY	M20-29	3	00:10:43	00:25:30	00:35:28	<b>00:36:44</b>	<b>00:36:47</b>	+00:02:47 (7.6%)	3:40	16.3 (92.1%)
7	<b>CHĘTNIK Rafał</b>	<b>35</b>	LKS ZANTYR SZTUM	M30-39	2	00:11:29	00:26:12	00:36:01	<b>00:37:21</b>	<b>00:37:25</b>	+00:03:25 (9.1%)	3:44	16.1 (91.0%)
8	<b>JENDRYKA Marek</b>	<b>306</b>		M50-59	1	00:11:19	00:26:11	00:36:20	<b>00:37:35</b>	<b>00:37:38</b>	+00:03:38 (9.7%)	3:45	16 (90.4%)
9	<b>KLÓSKA Fabian</b>	<b>321</b>		M20-29	4	00:11:25	00:26:27	00:36:36	<b>00:37:49</b>	<b>00:37:52</b>	+00:03:52 (10.2%)	3:46	15.9 (89.8%)
10	<b>HORODYSKI Piotr</b>	<b>340</b>	TKKF KOLEJARZ BYDGOSZCZ	M30-39	3	00:11:27	00:26:39	00:36:51	<b>00:38:07</b>	<b>00:38:10</b>	+00:04:10 (10.9%)	3:48	15.7 (88.7%)
11	<b>SZCZYGŁOWSKI Jacek</b>	<b>115</b>	PAGED SKLEJKA MORĄG	M40-49	2	00:11:26	00:26:43	00:36:59	<b>00:38:10</b>	<b>00:38:13</b>	+00:04:13 (11.0%)	3:49	15.7 (88.7%)
12	<b>HAPKE Tomasz</b>	<b>199</b>	NIEZRZESZONY	M30-39	4	00:11:30	00:26:44	00:36:58	<b>00:38:12</b>	<b>00:38:15</b>	+00:04:15 (11.1%)	3:49	15.7 (88.7%)
13	<b>GROCHOWALSKI Tomasz</b>	<b>338</b>	TKKF KOLEJARZ BYDGOSZCZ	M30-39	5	00:11:32	00:27:04	00:37:36	<b>00:38:55</b>	<b>00:38:58</b>	+00:04:58 (12.7%)	3:53	15.4 (87.0%)
14	<b>PIEKARSKI Marek</b>	<b>47</b>	FIDES-TRAVEL	M40-49	3	00:11:49	00:27:29	00:37:49	<b>00:39:09</b>	<b>00:39:13</b>	+00:05:13 (13.3%)	3:54	15.3 (86.4%)
15	<b>PAWŁOWSKA Dorota</b>	<b>219</b>		K30-39	1	00:11:47	00:27:30	00:38:12	<b>00:39:29</b>	<b>00:39:32</b>	+00:05:32 (14.0%)	3:56	15.2 (85.9%)
16	<b>GOŁEMBIEWSKI Marek</b>	<b>132</b>	B4SPORT	M40-49	4	00:11:49	00:27:36	00:38:15	<b>00:39:31</b>	<b>00:39:35</b>	+00:05:35 (14.1%)	3:57	15.2 (85.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	3km	7km	9.6km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
17	<b>BRZOZOWSKI Krzysztof</b>	<b>257</b>		M30-39	6	00:11:48	00:27:41	00:38:46	<b>00:40:09</b>	<b>00:40:12</b>	+00:06:12 (15.4%)	4:00	14.9 (84.2%)
18	<b>CHRUSZCZEWSKI Andrzej</b>	<b>335</b>		M40-49	5	00:12:00	00:28:15	00:39:00	<b>00:40:18</b>	<b>00:40:22</b>	+00:06:22 (15.8%)	4:01	14.9 (84.2%)
19	<b>KUK Piotr</b>	<b>300</b>	LKS	M30-39	7	00:11:50	00:28:20	00:39:32	<b>00:40:50</b>	<b>00:40:54</b>	+00:06:54 (16.9%)	4:05	14.7 (83.1%)
20	<b>PACZKOWSKA Patrycja</b>	<b>291</b>	LUKS SEROCK	K20-29	1	00:11:59	00:28:28	00:39:35	<b>00:40:58</b>	<b>00:41:01</b>	+00:07:01 (17.1%)	4:05	14.6 (82.5%)
21	<b>CHMIELEWSKI Tomasz</b>	<b>314</b>	FIT-MAX BYDGOSZCZ	M50-59	2	00:12:13	00:28:42	00:39:37	<b>00:40:56</b>	<b>00:41:04</b>	+00:07:04 (17.2%)	4:05	14.7 (83.1%)
22	<b>WESOŁOWSKI Zbigniew</b>	<b>265</b>	STOWARZYSZENIE AKRTYWNI KOCIEWIACY	M50-59	3	00:12:05	00:28:45	00:39:46	<b>00:41:10</b>	<b>00:41:16</b>	+00:07:16 (17.6%)	4:07	14.6 (82.5%)
23	<b>WYSMOLIŃSKI Piotr</b>	<b>121</b>		M40-49	6	00:12:33	00:29:05	00:40:04	<b>00:41:28</b>	<b>00:41:35</b>	+00:07:35 (18.2%)	4:08	14.5 (81.9%)
24	<b>CHOLEWIŃSKI Dariusz</b>	<b>303</b>		M40-49	7	00:12:17	00:29:06	00:40:25	<b>00:41:44</b>	<b>00:41:48</b>	+00:07:48 (18.7%)	4:10	14.4 (81.4%)
24	<b>GUT Rafał</b>	<b>84</b>		M20-29	5	00:12:20	00:29:11	00:40:30	<b>00:41:42</b>	<b>00:41:48</b>	+00:07:48 (18.7%)	4:10	14.4 (81.4%)
26	<b>MATUSZEWSKI Zbigniew</b>	<b>153</b>		M20-29	6	00:12:28	00:29:15	00:40:30	<b>00:41:42</b>	<b>00:41:49</b>	+00:07:49 (18.7%)	4:10	14.4 (81.4%)
27	<b>ZYGAROWICZ Janusz</b>	<b>264</b>		M40-49	8	00:13:05	00:29:31	00:40:26	<b>00:41:39</b>	<b>00:41:50</b>	+00:07:50 (18.7%)	4:09	14.4 (81.4%)
28	<b>SZOCH Tomasz</b>	<b>252</b>		M40-49	9	00:12:22	00:29:12	00:40:34	<b>00:41:51</b>	<b>00:41:55</b>	+00:07:55 (18.9%)	4:11	14.3 (80.8%)
29	<b>BRZEZIŃSKI Maciej</b>	<b>56</b>	KB TOKIO 64	M40-49	10	00:12:33	00:29:06	00:40:38	<b>00:41:54</b>	<b>00:42:03</b>	+00:08:03 (19.1%)	4:11	14.3 (80.8%)
30	<b>MALECHA Łukasz</b>	<b>65</b>		M30-39	8	00:12:17	00:29:28	00:40:47	<b>00:41:59</b>	<b>00:42:04</b>	+00:08:04 (19.2%)	4:11	14.3 (80.8%)
31	<b>OKONEK Grzegorz</b>	<b>256</b>		M50-59	4	00:12:38	00:29:25	00:40:42	<b>00:42:02</b>	<b>00:42:07</b>	+00:08:07 (19.3%)	4:12	14.3 (80.8%)
32	<b>GŁOGOWSKI Krzysztof</b>	<b>317</b>		M30-39	9	00:12:01	00:28:58	00:40:38	<b>00:42:10</b>	<b>00:42:13</b>	+00:08:13 (19.5%)	4:13	14.2 (80.2%)
33	<b>SKARBEK Marek</b>	<b>244</b>		M40-49	11	00:12:28	00:29:29	00:41:03	<b>00:42:25</b>	<b>00:42:31</b>	+00:08:31 (20.0%)	4:14	14.1 (79.7%)
34	<b>OCHENDAL Maciej</b>	<b>261</b>	VICTORIA KORONOWO	M30-39	10	00:12:53	00:29:52	00:41:07	<b>00:42:29</b>	<b>00:42:36</b>	+00:08:36 (20.2%)	4:14	14.1 (79.7%)
35	<b>STASIAK Michał</b>	<b>51</b>		M20-29	7	00:13:15	00:30:16	00:41:27	<b>00:42:53</b>	<b>00:43:02</b>	+00:09:02 (21.0%)	4:17	14 (79.1%)
36	<b>ROMPAŁSKI Jakub</b>	<b>50</b>	TUCHOLANKA TUCHOLA	M16-19	2	00:12:23	00:29:57	00:41:40	<b>00:43:04</b>	<b>00:43:09</b>	+00:09:09 (21.2%)	4:18	13.9 (78.5%)
37	<b>IZDEBSKI Paweł</b>	<b>318</b>	NIEZRZESZONY	M30-39	11	00:12:24	00:29:55	00:41:55	<b>00:43:10</b>	<b>00:43:17</b>	+00:09:17 (21.4%)	4:19	13.9 (78.5%)
38	<b>NAWROCKI Tomasz</b>	<b>102</b>		M30-39	12	00:13:22	00:30:40	00:41:51	<b>00:43:05</b>	<b>00:43:20</b>	+00:09:20 (21.5%)	4:18	13.9 (78.5%)
39	<b>BRACHOWSKI Tomasz</b>	<b>222</b>	NIEZRZESZONY	M40-49	12	00:12:25	00:29:54	00:41:58	<b>00:43:26</b>	<b>00:43:32</b>	+00:09:32 (21.9%)	4:20	13.8 (78.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	3km	7km	9.6km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
40	<b>KOBZIAKOWSKI Klaudiusz</b>	<b>61</b>	TRISPACE	M20-29	8	00:12:53	00:30:30	00:42:07	<b>00:43:34</b>	<b>00:43:41</b>	+00:09:41 (22.2%)	4:21	13.8 (78.0%)
41	<b>LIS Janusz</b>	<b>150</b>	TKKF CHEŁMNO	M50-59	5	00:12:27	00:30:07	00:42:13	<b>00:43:46</b>	<b>00:43:50</b>	+00:09:50 (22.4%)	4:22	13.7 (77.4%)
42	<b>SAWICKI Łukasz</b>	<b>250</b>		M30-39	13	00:13:07	00:30:23	00:42:20	<b>00:43:46</b>	<b>00:43:59</b>	+00:09:59 (22.7%)	4:22	13.7 (77.4%)
43	<b>FRAĆKOWIAK Marek</b>	<b>130</b>		M40-49	13	00:12:44	00:30:23	00:42:25	<b>00:43:55</b>	<b>00:44:00</b>	+00:10:00 (22.7%)	4:23	13.7 (77.4%)
44	<b>IZBANER Piotr</b>	<b>267</b>		M30-39	14	00:12:53	00:30:50	00:42:48	<b>00:43:56</b>	<b>00:44:02</b>	+00:10:02 (22.8%)	4:23	13.7 (77.4%)
45	<b>SZCZERBA Szymon</b>	<b>328</b>		M20-29	9	00:13:47	00:31:42	00:42:45	<b>00:43:54</b>	<b>00:44:07</b>	+00:10:07 (22.9%)	4:23	13.7 (77.4%)
46	<b>KARBOWNIK Daniel</b>	<b>90</b>	THE RUNNERS ŚWIECIE	M20-29	10	00:12:31	00:30:48	00:42:51	<b>00:44:05</b>	<b>00:44:08</b>	+00:10:08 (23.0%)	4:24	13.6 (76.8%)
47	<b>KAŻMIERCZAK Paweł</b>	<b>142</b>	TKKF KUBUŚ SIERPC	M60-69	1	00:12:48	00:30:57	00:42:41	<b>00:44:06</b>	<b>00:44:11</b>	+00:10:11 (23.0%)	4:24	13.6 (76.8%)
48	<b>CIEŚLIK Marek</b>	<b>57</b>	NIEZRZESZONY	M50-59	6	00:13:12	00:30:55	00:42:44	<b>00:44:10</b>	<b>00:44:21</b>	+00:10:21 (23.3%)	4:25	13.6 (76.8%)
49	<b>SCHRODER Krzysztof</b>	<b>111</b>		M20-29	11	00:12:48	00:30:42	00:42:54	<b>00:44:19</b>	<b>00:44:25</b>	+00:10:25 (23.5%)	4:25	13.5 (76.3%)
50	<b>GIOLDA Paweł</b>	<b>58</b>		M30-39	15	00:13:40	00:31:23	00:43:03	<b>00:44:23</b>	<b>00:44:29</b>	+00:10:29 (23.6%)	4:26	13.5 (76.3%)
51	<b>SOWIŃSKI Jakub</b>	<b>169</b>		M20-29	12	00:13:01	00:30:47	00:42:54	<b>00:44:22</b>	<b>00:44:32</b>	+00:10:32 (23.7%)	4:26	13.5 (76.3%)
51	<b>MIĘTKIEWICZ Rafał</b>	<b>155</b>		M20-29	13	00:13:10	00:30:51	00:43:00	<b>00:44:21</b>	<b>00:44:32</b>	+00:10:32 (23.7%)	4:26	13.5 (76.3%)
51	<b>SKRZESZEWSKI Rafał</b>	<b>214</b>		M16-19	3	00:12:47	00:30:50	00:43:08	<b>00:44:28</b>	<b>00:44:32</b>	+00:10:32 (23.7%)	4:26	13.5 (76.3%)
54	<b>PAWLAK Robert</b>	<b>162</b>	IPA	M40-49	14	00:13:42	00:31:32	00:43:02	<b>00:44:22</b>	<b>00:44:38</b>	+00:10:38 (23.8%)	4:26	13.5 (76.3%)
55	<b>PASIEKA Tomasz</b>	<b>46</b>	KLUB ŻOŁNIERZY REZERWY LOK NAKŁO / NAKIELSKI KLUB BIEGACZA	M30-39	16	00:13:43	00:31:30	00:43:24	<b>00:44:49</b>	<b>00:44:59</b>	+00:10:59 (24.4%)	4:28	13.4 (75.7%)
56	<b>LUBIEWSKI Szymon</b>	<b>195</b>		M20-29	14	00:13:24	00:31:21	00:43:39	<b>00:44:59</b>	<b>00:45:14</b>	+00:11:14 (24.8%)	4:29	13.3 (75.1%)
57	<b>DREWS Grzegorz</b>	<b>129</b>		M40-49	15	00:13:27	00:31:40	00:43:44	<b>00:45:06</b>	<b>00:45:15</b>	+00:11:15 (24.9%)	4:30	13.3 (75.1%)
58	<b>DRABJEWSKI Paweł</b>	<b>304</b>	TKKF WODNIK WIĘCIBORK	M30-39	17	00:13:38	00:31:41	00:43:44	<b>00:45:10</b>	<b>00:45:21</b>	+00:11:21 (25.0%)	4:31	13.3 (75.1%)
59	<b>BLACHOWSKA Anna</b>		TOREC TORUŃ	K16-19	1	00:13:34	00:31:38	00:43:44	<b>00:45:13</b>	<b>00:45:22</b>	+00:11:22 (25.1%)	4:31	13.3 (75.1%)
60	<b>KOŁODZIEJSKI Dawid</b>	<b>62</b>		M20-29	15	00:13:16	00:31:45	00:44:15	<b>00:45:27</b>	<b>00:45:35</b>	+00:11:35 (25.4%)	4:32	13.2 (74.6%)
61	<b>PIOTROWSKI Dariusz</b>	<b>290</b>		M40-49	16	00:13:23	00:31:56	00:44:11	<b>00:45:26</b>	<b>00:45:36</b>	+00:11:36 (25.4%)	4:32	13.2 (74.6%)
62	<b>NOWAK Rafał</b>	<b>45</b>		M20-29	16	00:13:45	00:32:00	00:44:09	<b>00:45:37</b>	<b>00:45:44</b>	+00:11:44 (25.7%)	4:33	13.2 (74.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	3km	7km	9.6km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
63	<b>MURAWIEC Izabela</b>	<b>66</b>		K30-39	2	00:13:52	00:31:57	00:44:08	<b>00:45:38</b>	<b>00:45:45</b>	+00:11:45 (25.7%)	4:33	13.1 (74.0%)
64	<b>TYMOSIAK Mateusz</b>	<b>177</b>		M20-29	17	00:13:01	00:31:58	00:44:13	<b>00:45:40</b>	<b>00:45:50</b>	+00:11:50 (25.8%)	4:34	13.1 (74.0%)
65	<b>GACKOWSKA Katarzyna</b>	<b>337</b>	TKKF KOLEJARZ	K20-29	2	00:13:58	00:32:09	00:44:30	<b>00:45:56</b>	<b>00:46:04</b>	+00:12:04 (26.2%)	4:35	13.1 (74.0%)
66	<b>KEPA Dawid</b>	<b>243</b>		M30-39	18	00:13:39	00:32:08	00:44:30	<b>00:46:02</b>	<b>00:46:10</b>	+00:12:10 (26.4%)	4:36	13 (73.4%)
67	<b>KĘSKRAWIEC Piotr</b>	<b>320</b>		M30-39	19	00:13:48	00:32:01	00:44:39	<b>00:46:07</b>	<b>00:46:19</b>	+00:12:19 (26.6%)	4:36	13 (73.4%)
68	<b>CIRSON Marek</b>	<b>336</b>		M40-49	17	00:13:26	00:32:00	00:44:45	<b>00:46:18</b>	<b>00:46:23</b>	+00:12:23 (26.7%)	4:37	13 (73.4%)
69	<b>KOCHAŃSKI Dariusz</b>	<b>145</b>		M40-49	18	00:13:39	00:32:00	00:44:44	<b>00:46:16</b>	<b>00:46:25</b>	+00:12:25 (26.8%)	4:37	13 (73.4%)
70	<b>ZUBIK Mateusz</b>	<b>285</b>	ZSZ KORONOWO	M16-19	4	00:13:02	00:30:44	00:44:58	<b>00:46:14</b>	<b>00:46:26</b>	+00:12:26 (26.8%)	4:37	13 (73.4%)
71	<b>MUSIAŁ Marek</b>			M40-49	19	00:13:41	00:32:14	00:44:54	<b>00:46:21</b>	<b>00:46:28</b>	+00:12:28 (26.8%)	4:38	12.9 (72.9%)
72	<b>PALACZ Wioletta</b>	<b>161</b>		K30-39	3	00:13:40	00:32:21	00:44:54	<b>00:46:22</b>	<b>00:46:29</b>	+00:12:29 (26.9%)	4:38	12.9 (72.9%)
73	<b>ŚRUBKA Patryk</b>	<b>119</b>		M20-29	18	00:13:40	00:31:52	00:45:08	<b>00:46:19</b>	<b>00:46:32</b>	+00:12:32 (26.9%)	4:37	13 (73.4%)
74	<b>NAPORA Mateusz</b>	<b>157</b>		M20-29	19	00:13:24	00:32:25	00:45:08	<b>00:46:27</b>	<b>00:46:33</b>	+00:12:33 (27.0%)	4:38	12.9 (72.9%)
75	<b>PAKULSKI Rafał</b>	<b>160</b>		M40-49	20	00:13:53	00:32:53	00:45:10	<b>00:46:28</b>	<b>00:46:34</b>	+00:12:34 (27.0%)	4:38	12.9 (72.9%)
76	<b>NABIAŁKOWSKI Łukasz</b>	<b>67</b>		M20-29	20	00:13:14	00:31:53	00:44:51	<b>00:46:25</b>	<b>00:46:35</b>	+00:12:35 (27.0%)	4:38	12.9 (72.9%)
76	<b>JAGIELSKI Aleksander</b>	<b>137</b>		M20-29	21	00:14:18	00:32:39	00:44:53	<b>00:46:17</b>	<b>00:46:35</b>	+00:12:35 (27.0%)	4:37	13 (73.4%)
78	<b>BRZEZIŃSKI Jakub</b>	<b>313</b>	ZESPÓŁ SZKÓŁ ZAWODOWYCH W KORONOWIE	M20-29	22	00:12:50	00:31:42	00:45:07	<b>00:46:35</b>	<b>00:46:41</b>	+00:12:41 (27.2%)	4:39	12.9 (72.9%)
79	<b>DACH Łukasz</b>	<b>77</b>		M30-39	20	00:13:40	00:32:53	00:45:14	<b>00:46:38</b>	<b>00:46:42</b>	+00:12:42 (27.2%)	4:39	12.9 (72.9%)
80	<b>DOLATOWSKI Tomasz</b>	<b>128</b>	ACID DRINKERS	M30-39	21	00:13:45	00:32:25	00:45:02	<b>00:46:32</b>	<b>00:46:45</b>	+00:12:45 (27.3%)	4:39	12.9 (72.9%)
80	<b>URBAŃSKA Ewa</b>	<b>310</b>	TRISPACE	K30-39	4	00:14:13	00:33:01	00:45:14	<b>00:46:37</b>	<b>00:46:45</b>	+00:12:45 (27.3%)	4:39	12.9 (72.9%)
82	<b>SUCZYŃSKI Błażej</b>	<b>52</b>		M30-39	22	00:13:47	00:32:35	00:45:17	<b>00:46:33</b>	<b>00:46:47</b>	+00:12:47 (27.3%)	4:39	12.9 (72.9%)
82	<b>KOKOCIŃSKI Michał</b>	<b>42</b>		M30-39	23	00:13:47	00:32:36	00:45:17	<b>00:46:33</b>	<b>00:46:47</b>	+00:12:47 (27.3%)	4:39	12.9 (72.9%)
84	<b>GIERSZ Krzysztof</b>	<b>316</b>		M40-49	21	00:14:34	00:33:02	00:45:14	<b>00:46:40</b>	<b>00:46:50</b>	+00:12:50 (27.4%)	4:40	12.9 (72.9%)
85	<b>WÓJCIK-DĄBROWSKA Marta</b>	<b>186</b>		K30-39	5	00:14:01	00:32:38	00:45:14	<b>00:46:43</b>	<b>00:46:51</b>	+00:12:51 (27.4%)	4:40	12.8 (72.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	3km	7km	9.6km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
86	<b>GAWRYSIAK Mariusz</b>	<b>225</b>		M50-59	7	00:13:55	00:32:43	00:45:16	<b>00:46:48</b>	<b>00:46:56</b>	+00:12:56 (27.6%)	4:40	12.8 (72.3%)
87	<b>MUSIAŁ Radosław</b>	<b>211</b>		M30-39	24	00:13:49	00:32:38	00:45:31	<b>00:47:07</b>	<b>00:47:16</b>	+00:13:16 (28.1%)	4:42	12.7 (71.8%)
87	<b>RYDLEWSKI Marek</b>	<b>109</b>	RUN BYDGOSZCZ	M40-49	22	00:13:42	00:32:42	00:45:31	<b>00:47:06</b>	<b>00:47:16</b>	+00:13:16 (28.1%)	4:42	12.7 (71.8%)
89	<b>DOBEK Tomasz</b>	<b>127</b>		M40-49	23	00:13:57	00:32:43	00:45:34	<b>00:47:14</b>	<b>00:47:22</b>	+00:13:22 (28.2%)	4:43	12.7 (71.8%)
90	<b>DZUDZEWICZ Kamil</b>	<b>224</b>		M20-29	23	00:14:20	00:33:32	00:45:53	<b>00:47:23</b>	<b>00:47:39</b>	+00:13:39 (28.6%)	4:44	12.7 (71.8%)
91	<b>MICHALSKI Maciej</b>	<b>301</b>		M20-29	24	00:14:17	00:33:30	00:46:02	<b>00:47:32</b>	<b>00:47:47</b>	+00:13:47 (28.8%)	4:45	12.6 (71.2%)
92	<b>WINKLEWSKA Magdalena</b>	<b>180</b>		K30-39	6	00:14:30	00:33:36	00:46:11	<b>00:47:40</b>	<b>00:47:51</b>	+00:13:51 (28.9%)	4:46	12.6 (71.2%)
93	<b>NOWACKA Gabriela</b>	<b>158</b>	AKADEMIA BIEGANIA GRUDZIĄDZ	K50-59	1	00:14:27	00:33:39	00:46:13	<b>00:47:44</b>	<b>00:47:54</b>	+00:13:54 (29.0%)	4:46	12.6 (71.2%)
94	<b>KACZYŃSKI Maksymilian</b>	<b>194</b>		M20-29	25	00:14:07	00:33:47	00:46:25	<b>00:47:47</b>	<b>00:47:55</b>	+00:13:55 (29.0%)	4:46	12.6 (71.2%)
95	<b>GIERACH Marcin</b>		TRISPACE	M30-39	25	00:14:36	00:33:26	00:46:16	<b>00:47:47</b>	<b>00:48:01</b>	+00:14:01 (29.2%)	4:46	12.6 (71.2%)
96	<b>BIAŁOUS Krzysztof</b>	<b>332</b>	NIEZRZESZONY	M50-59	8	00:14:02	00:33:14	00:46:24	<b>00:47:59</b>	<b>00:48:08</b>	+00:14:08 (29.4%)	4:47	12.5 (70.6%)
96	<b>SZTEJKA Damian</b>	<b>116</b>	BENEFITKSO ODSZKODOWANIA	M30-39	26	00:14:26	00:33:49	00:46:32	<b>00:47:56</b>	<b>00:48:08</b>	+00:14:08 (29.4%)	4:47	12.5 (70.6%)
98	<b>SZYLING Emilia</b>	<b>53</b>		K20-29	3	00:13:55	00:33:33	00:46:18	<b>00:47:54</b>	<b>00:48:09</b>	+00:14:09 (29.4%)	4:47	12.5 (70.6%)
99	<b>JAGODZIŃSKI Marcin</b>	<b>41</b>		M30-39	27	00:14:04	00:33:44	00:46:33	<b>00:47:57</b>	<b>00:48:10</b>	+00:14:10 (29.4%)	4:47	12.5 (70.6%)
100	<b>MIKRUT Jarosław</b>	<b>293</b>	AKADEMIA BIEGANIA GRUDZIĄDZ	M40-49	24	00:14:42	00:33:41	00:46:17	<b>00:47:55</b>	<b>00:48:17</b>	+00:14:17 (29.6%)	4:47	12.5 (70.6%)
101	<b>GÓRNA-MARTIN Karolina</b>	<b>40</b>		K20-29	4	00:14:23	00:33:47	00:46:34	<b>00:48:08</b>	<b>00:48:18</b>	+00:14:18 (29.6%)	4:48	12.5 (70.6%)
102	<b>BRONIKOWSKI Karol</b>			M30-39	28	00:13:47	00:33:25	00:46:41	<b>00:48:18</b>	<b>00:48:24</b>	+00:14:24 (29.8%)	4:49	12.4 (70.1%)
103	<b>LEWANDOWSKI Tomasz</b>	<b>149</b>		M30-39	29	00:14:10	00:33:08	00:46:34	<b>00:48:18</b>	<b>00:48:30</b>	+00:14:30 (29.9%)	4:49	12.4 (70.1%)
104	<b>LOTA Marcin</b>	<b>98</b>	LOTKI	M30-39	30	00:13:43	00:33:19	00:46:38	<b>00:48:16</b>	<b>00:48:31</b>	+00:14:31 (29.9%)	4:49	12.4 (70.1%)
105	<b>WOJTAS Magdalena</b>	<b>280</b>	TUCHOLANKA TUCHOLA	K16-19	2	00:13:59	00:33:50	00:47:02	<b>00:48:32</b>	<b>00:48:37</b>	+00:14:37 (30.1%)	4:51	12.4 (70.1%)
106	<b>JASINIEWSKI Sławomir</b>	<b>140</b>	NIEZRZESZONY	M40-49	25	00:15:01	00:34:26	00:47:03	<b>00:48:24</b>	<b>00:48:44</b>	+00:14:44 (30.2%)	4:50	12.4 (70.1%)
107	<b>PRZYGODA Artur</b>	<b>164</b>		M40-49	26	00:13:55	00:33:31	00:46:56	<b>00:48:36</b>	<b>00:48:46</b>	+00:14:46 (30.3%)	4:51	12.3 (69.5%)
108	<b>PAWLACZYK Paweł</b>	<b>104</b>		M20-29	26	00:14:43	00:34:06	00:47:07	<b>00:48:39</b>	<b>00:48:49</b>	+00:14:49 (30.4%)	4:51	12.3 (69.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	3km	7km	9.6km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
109	<b>KARWASZ Andrzej</b>	<b>92</b>		M30-39	31	00:13:37	00:33:12	00:47:01	<b>00:48:37</b>	<b>00:48:50</b>	+00:14:50 (30.4%)	4:51	12.3 (69.5%)
110	<b>PLUTKA Robert</b>	<b>283</b>		M20-29	27	00:14:23	00:33:47	00:47:11	<b>00:48:37</b>	<b>00:48:52</b>	+00:14:52 (30.4%)	4:51	12.3 (69.5%)
111	<b>HENICZ Grzegorz</b>	<b>135</b>		M50-59	9	00:14:09	00:33:38	00:47:03	<b>00:48:42</b>	<b>00:48:58</b>	+00:14:58 (30.6%)	4:52	12.3 (69.5%)
112	<b>REMBACZ Agnieszka</b>	<b>166</b>	RUNEDA	K30-39	7	00:14:09	00:33:37	00:47:04	<b>00:48:43</b>	<b>00:48:59</b>	+00:14:59 (30.6%)	4:52	12.3 (69.5%)
113	<b>WIESE Grzegorz</b>	<b>281</b>	TKKF KOLEJARZ BYDGOSZCZ	M50-59	10	00:14:37	00:33:49	00:47:07	<b>00:48:41</b>	<b>00:49:02</b>	+00:15:02 (30.7%)	4:52	12.3 (69.5%)
114	<b>MIELCARSKI Michał</b>	<b>154</b>	MIELCAR TEAM	M30-39	32	00:14:21	00:34:01	00:47:22	<b>00:48:55</b>	<b>00:49:08</b>	+00:15:08 (30.8%)	4:53	12.3 (69.5%)
114	<b>WASZAK Ireneusz</b>	<b>273</b>		M40-49	27	00:15:28	00:35:10	00:47:31	<b>00:48:52</b>	<b>00:49:08</b>	+00:15:08 (30.8%)	4:53	12.3 (69.5%)
116	<b>KOSIŁO Marcin</b>	<b>96</b>		M30-39	33	00:14:39	00:34:26	00:47:23	<b>00:48:47</b>	<b>00:49:10</b>	+00:15:10 (30.8%)	4:52	12.3 (69.5%)
117	<b>BIRKHOLZ Paweł</b>	<b>333</b>		M40-49	28	00:14:45	00:34:26	00:47:27	<b>00:49:02</b>	<b>00:49:13</b>	+00:15:13 (30.9%)	4:54	12.2 (68.9%)
118	<b>PARTATUS Andrzej</b>	<b>251</b>		M30-39	34	00:14:53	00:34:44	00:47:24	<b>00:49:04</b>	<b>00:49:14</b>	+00:15:14 (30.9%)	4:54	12.2 (68.9%)
119	<b>NAGÓRKA Artur</b>	<b>258</b>	DECATHLON FORDON	M40-49	29	00:14:54	00:34:48	00:47:50	<b>00:49:14</b>	<b>00:49:26</b>	+00:15:26 (31.2%)	4:55	12.2 (68.9%)
120	<b>PISZCZEK Jakub</b>	<b>326</b>	ASTORIA BYDGOSZCZ	M30-39	35	00:15:06	00:34:40	00:47:42	<b>00:49:16</b>	<b>00:49:28</b>	+00:15:28 (31.3%)	4:55	12.2 (68.9%)
121	<b>KRAHL Radek</b>	<b>323</b>		M30-39	36	00:14:51	00:34:32	00:47:30	<b>00:49:07</b>	<b>00:49:29</b>	+00:15:29 (31.3%)	4:54	12.2 (68.9%)
122	<b>GŻYL Mikołaj</b>	<b>339</b>	'EXODUS'	M30-39	37	00:14:04	00:34:11	00:47:42	<b>00:49:16</b>	<b>00:49:31</b>	+00:15:31 (31.3%)	4:55	12.2 (68.9%)
123	<b>ŁAZNOWSKI Janusz</b>	<b>44</b>	TKKF WODNIK	M30-39	38	00:15:28	00:35:11	00:47:47	<b>00:49:15</b>	<b>00:49:32</b>	+00:15:32 (31.4%)	4:55	12.2 (68.9%)
124	<b>BIZOŃ Michał</b>	<b>54</b>		M30-39	39	00:14:58	00:34:46	00:47:49	<b>00:49:16</b>	<b>00:49:33</b>	+00:15:33 (31.4%)	4:55	12.2 (68.9%)
124	<b>DAWIDOWICZ Maciej</b>	<b>125</b>	POGRANICZNIK.PL	M30-39	40	00:14:43	00:34:27		<b>00:49:19</b>	<b>00:49:33</b>	+00:15:33 (31.4%)	4:55	12.2 (68.9%)
124	<b>NOWAK Jacek</b>	<b>210</b>		M30-39	41	00:14:10	00:34:33		<b>00:49:27</b>	<b>00:49:33</b>	+00:15:33 (31.4%)	4:56	12.1 (68.4%)
127	<b>BRZYKCY Karolina</b>	<b>334</b>		K20-29	5	00:14:29	00:34:28	00:47:50	<b>00:49:36</b>	<b>00:49:48</b>	+00:15:48 (31.7%)	4:57	12.1 (68.4%)
128	<b>FOTEK Roman</b>	<b>78</b>		M50-59	11	00:14:06	00:34:26	00:48:07	<b>00:49:47</b>	<b>00:49:52</b>	+00:15:52 (31.8%)	4:58	12.1 (68.4%)
129	<b>MIKOŁAJCZYK Dariusz</b>	<b>99</b>		M40-49	30	00:14:44	00:34:42	00:48:13	<b>00:49:51</b>	<b>00:50:02</b>	+00:16:02 (32.0%)	4:59	12 (67.8%)
130	<b>SZNAJDROWSKI Mateusz</b>	<b>253</b>		M20-29	28	00:15:36	00:35:19	00:48:24	<b>00:49:50</b>	<b>00:50:07</b>	+00:16:07 (32.2%)	4:59	12 (67.8%)
131	<b>WIŚNIEWSKI Filip</b>	<b>282</b>	PINDI TEAM	M16-19	5	00:15:26	00:35:10	00:48:16	<b>00:49:51</b>	<b>00:50:08</b>	+00:16:08 (32.2%)	4:59	12 (67.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	3km	7km	9.6km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
132	<b>NOWAK Agnieszka</b>	<b>159</b>		K30-39	8	00:15:40	00:35:38	00:48:24	<b>00:49:49</b>	<b>00:50:10</b>	+00:16:10 (32.2%)	4:58	12 (67.8%)
133	<b>SUCHOMSKA Beata</b>	<b>171</b>	OPENTAX24.PL	K30-39	9	00:14:50	00:34:54	00:48:25	<b>00:50:08</b>	<b>00:50:18</b>	+00:16:18 (32.4%)	5:00	12 (67.8%)
134	<b>JASKULSKI Ariel</b>	<b>218</b>		M30-39	42	00:14:11	00:34:33	00:48:38	<b>00:50:13</b>	<b>00:50:26</b>	+00:16:26 (32.6%)	5:01	11.9 (67.2%)
135	<b>DUDEK Dawid</b>	<b>38</b>	POLONIA BYDGOSZCZ	M30-39	43	00:14:09	00:35:04	00:48:48	<b>00:50:19</b>	<b>00:50:28</b>	+00:16:28 (32.6%)	5:01	11.9 (67.2%)
136	<b>WIKTORSKI Tomasz</b>	<b>179</b>		M20-29	29	00:14:12	00:35:22	00:48:52	<b>00:50:20</b>	<b>00:50:29</b>	+00:16:29 (32.7%)	5:02	11.9 (67.2%)
136	<b>SOBKOWIAK Karol</b>		BANK SPÓŁDZIELCZY W KORONOWIE	M20-29	30	00:14:26	00:34:57	00:48:53	<b>00:50:21</b>	<b>00:50:29</b>	+00:16:29 (32.7%)	5:02	11.9 (67.2%)
138	<b>SZULC Rafał</b>	<b>173</b>		M30-39	44	00:14:50	00:35:22	00:48:56	<b>00:50:31</b>	<b>00:50:40</b>	+00:16:40 (32.9%)	5:03	11.9 (67.2%)
139	<b>KOSCIELAK Maciej</b>	<b>148</b>	ŻANDARMI Z BYDGOSZCZY	M30-39	45	00:15:27	00:35:45	00:48:46	<b>00:50:20</b>	<b>00:50:41</b>	+00:16:41 (32.9%)	5:02	11.9 (67.2%)
139	<b>RAKOWSKI Paweł</b>	<b>165</b>	ŻANDARMI Z BYDGOSZCZY	M30-39	46	00:15:28	00:35:47	00:48:47	<b>00:50:21</b>	<b>00:50:41</b>	+00:16:41 (32.9%)	5:02	11.9 (67.2%)
141	<b>KAMIŃSKI Paweł</b>	<b>319</b>		M40-49	31	00:15:10	00:35:30	00:48:58	<b>00:50:36</b>	<b>00:50:47</b>	+00:16:47 (33.0%)	5:03	11.9 (67.2%)
142	<b>PIETREWICZ Patryk</b>	<b>277</b>		M30-39	47	00:25:47		00:47:27	<b>00:50:25</b>	<b>00:50:53</b>	+00:16:53 (33.2%)	5:02	11.9 (67.2%)
143	<b>POPOWSKI Zbigniew</b>	<b>107</b>	RUN BYDGOSZCZ	M60-69	2	00:15:10	00:35:22	00:49:01	<b>00:50:45</b>	<b>00:50:54</b>	+00:16:54 (33.2%)	5:04	11.8 (66.7%)
144	<b>ŚPIONKOWSKI Patryk</b>	<b>247</b>	RUN BYDGOSZCZ	M16-19	6	00:15:12	00:35:12	00:49:12	<b>00:50:48</b>	<b>00:51:00</b>	+00:17:00 (33.3%)	5:04	11.8 (66.7%)
145	<b>JACIUBEK Andrzej</b>	<b>136</b>		M50-59	12	00:15:12	00:35:23	00:48:54	<b>00:50:39</b>	<b>00:51:02</b>	+00:17:02 (33.4%)	5:03	11.8 (66.7%)
146	<b>MIELCAREK Zdzisław</b>	<b>215</b>		M70+	1	00:15:18	00:35:51	00:49:18	<b>00:51:02</b>	<b>00:51:07</b>	+00:17:07 (33.5%)	5:06	11.8 (66.7%)
147	<b>KULINSKI Zbigniew</b>	<b>63</b>		M20-29	31	00:14:13	00:35:26	00:49:25	<b>00:51:10</b>	<b>00:51:15</b>	+00:17:15 (33.7%)	5:07	11.7 (66.1%)
148	<b>GROCHOWSKI Jakub</b>	<b>133</b>		M20-29	32	00:15:24	00:36:01	00:49:48	<b>00:51:11</b>	<b>00:51:26</b>	+00:17:26 (33.9%)	5:07	11.7 (66.1%)
149	<b>SCIGOCKI Waldemar</b>	<b>287</b>		M40-49	32	00:15:03	00:35:44	00:49:50	<b>00:51:26</b>	<b>00:51:38</b>	+00:17:38 (34.2%)	5:08	11.7 (66.1%)
150	<b>KOLANOWSKI Wojciech</b>	<b>147</b>		M50-59	13	00:15:10	00:35:58	00:49:52	<b>00:51:30</b>	<b>00:51:42</b>	+00:17:42 (34.2%)	5:09	11.7 (66.1%)
151	<b>GIERSZEWSKA Grażyna</b>	<b>315</b>		K40-49	1	00:15:16	00:36:01	00:49:57	<b>00:51:25</b>	<b>00:51:47</b>	+00:17:47 (34.3%)	5:08	11.7 (66.1%)
152	<b>MUSIAŁ Krystian</b>	<b>100</b>		M20-29	33	00:15:00	00:35:16	00:49:47	<b>00:51:33</b>	<b>00:51:49</b>	+00:17:49 (34.4%)	5:09	11.6 (65.5%)
153	<b>BRZYKCY Mateusz</b>	<b>122</b>		M30-39	48	00:14:28	00:35:23	00:49:52	<b>00:51:39</b>	<b>00:51:50</b>	+00:17:50 (34.4%)	5:09	11.6 (65.5%)
153	<b>RZEMEK Sławomir</b>	<b>69</b>	ERZET	M30-39	49	00:14:59	00:35:45	00:50:02	<b>00:51:38</b>	<b>00:51:50</b>	+00:17:50 (34.4%)	5:09	11.6 (65.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	3km	7km	9.6km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
155	<b>PERLIK Grzegorz</b>	<b>105</b>	MIAŁEM SZCZĘŚCIE...	M60-69	3	00:15:45	00:36:46	00:50:10	<b>00:51:43</b>	<b>00:51:52</b>	+00:17:52 (34.4%)	5:10	11.6 (65.5%)
156	<b>JAROSZEWSKI Wojciech</b>	<b>139</b>		M30-39	50	00:15:38	00:36:24	00:50:00	<b>00:51:32</b>	<b>00:51:56</b>	+00:17:56 (34.5%)	5:09	11.6 (65.5%)
156	<b>ROGOŚ Renek</b>	<b>217</b>	VECTRA WŁOCŁAWEK	M40-49	33	00:15:26	00:36:09	00:50:02	<b>00:51:32</b>	<b>00:51:56</b>	+00:17:56 (34.5%)	5:09	11.6 (65.5%)
158	<b>ŁOŚ Piotr</b>	<b>307</b>		M30-39	51	00:15:09	00:36:01	00:50:03	<b>00:51:36</b>	<b>00:51:59</b>	+00:17:59 (34.6%)	5:09	11.6 (65.5%)
159	<b>KEMPIŃSKI Michał</b>	<b>60</b>	TUCHOLANKA TUCHOLA	M16-19	7	00:13:51	00:35:18	00:50:13	<b>00:51:55</b>	<b>00:52:00</b>	+00:18:00 (34.6%)	5:11	11.6 (65.5%)
160	<b>CHODUR Agnieszka</b>	<b>76</b>		K30-39	10	00:15:24	00:36:17	00:50:12	<b>00:51:54</b>	<b>00:52:08</b>	+00:18:08 (34.8%)	5:11	11.6 (65.5%)
161	<b>GODZIUK Roman</b>	<b>80</b>		M50-59	14	00:15:10	00:36:02	00:50:09	<b>00:51:56</b>	<b>00:52:09</b>	+00:18:09 (34.8%)	5:11	11.6 (65.5%)
162	<b>SUCHOMSKI Marek</b>	<b>172</b>	OPENTAX24.PL	M40-49	34	00:16:10	00:36:54	00:50:41	<b>00:52:11</b>	<b>00:52:26</b>	+00:18:26 (35.2%)	5:13	11.5 (65.0%)
163	<b>DĄBROWSKI Artur</b>	<b>37</b>	WOJSKOWA KOMENDA TRANSPORTU WROCŁAW	M30-39	52	00:15:21	00:36:24	00:50:38	<b>00:52:19</b>	<b>00:52:30</b>	+00:18:30 (35.2%)	5:13	11.5 (65.0%)
163	<b>DĄBROWSKA Ewelina</b>	<b>36</b>	PRO-RUN WROCŁAW	K30-39	11	00:15:23	00:36:25	00:50:38	<b>00:52:19</b>	<b>00:52:30</b>	+00:18:30 (35.2%)	5:13	11.5 (65.0%)
165	<b>NALEWAJKO Adrian</b>	<b>262</b>		M16-19	8	00:15:11	00:36:09	00:50:46	<b>00:52:18</b>	<b>00:52:31</b>	+00:18:31 (35.3%)	5:13	11.5 (65.0%)
166	<b>ŚLUGAJ Tomasz</b>	<b>254</b>		M20-29	34	00:15:57	00:36:41	00:50:28	<b>00:52:06</b>	<b>00:52:33</b>	+00:18:33 (35.3%)	5:12	11.5 (65.0%)
167	<b>KOZIEŁ Tomasz</b>	<b>43</b>		M30-39	53	00:15:23	00:36:39	00:50:42	<b>00:52:16</b>	<b>00:52:34</b>	+00:18:34 (35.3%)	5:13	11.5 (65.0%)
168	<b>ZAGOŹDŻON Wioleta</b>	<b>187</b>	RUN BYDGOSZCZ	K30-39	12	00:14:42	00:35:44	00:50:40	<b>00:52:21</b>	<b>00:52:39</b>	+00:18:39 (35.4%)	5:14	11.5 (65.0%)
169	<b>SOPOLIŃSKI Jacek</b>	<b>168</b>		M30-39	54	00:15:56	00:36:51	00:50:41	<b>00:52:27</b>	<b>00:52:44</b>	+00:18:44 (35.5%)	5:14	11.4 (64.4%)
169	<b>TRACKI Arkadiusz</b>	<b>175</b>		M20-29	35	00:17:20	00:38:01	00:51:02	<b>00:52:27</b>	<b>00:52:44</b>	+00:18:44 (35.5%)	5:14	11.4 (64.4%)
171	<b>ŁAPIŃSKA Katarzyna</b>	<b>64</b>		K30-39	13	00:15:10	00:36:43	00:50:59	<b>00:52:45</b>	<b>00:52:52</b>	+00:18:52 (35.7%)	5:16	11.4 (64.4%)
172	<b>KAŻMIERCZAK-MYSZYŃSKA Paulina</b>	<b>93</b>	TKKF KUBUŚ SIERPC	K30-39	14	00:15:40	00:36:55	00:51:01	<b>00:52:39</b>	<b>00:53:02</b>	+00:19:02 (35.9%)	5:15	11.4 (64.4%)
173	<b>KARWACKI Dariusz</b>	<b>204</b>		M40-49	35	00:15:21	00:36:56	00:51:33	<b>00:52:55</b>	<b>00:53:03</b>	+00:19:03 (35.9%)	5:17	11.3 (63.8%)
174	<b>RYBKA Ilona</b>	<b>327</b>	HUSKY-TEAM BYDGOSZCZ	K40-49	2	00:15:22	00:36:50	00:51:30	<b>00:53:07</b>	<b>00:53:16</b>	+00:19:16 (36.2%)	5:18	11.3 (63.8%)
175	<b>HOŁOWNIA Karolina</b>	<b>85</b>		K20-29	6	00:15:56	00:37:27	00:51:42	<b>00:53:25</b>	<b>00:53:43</b>	+00:19:43 (36.7%)	5:20	11.2 (63.3%)
176	<b>MACIEJEWSKA-BŁACHEWICZ Joanna</b>	<b>242</b>	ZESPÓŁ SZKÓŁ ZAWODOWYCH W KORONOWIE	K30-39	15	00:15:47	00:37:31	00:51:51	<b>00:53:29</b>	<b>00:53:46</b>	+00:19:46 (36.8%)	5:20	11.2 (63.3%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	3km	7km	9.6km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
177	<b>KARBOWSKA Alina</b>	<b>91</b>		K20-29	7	00:16:13	00:37:53	00:52:05	<b>00:53:39</b>	<b>00:54:02</b>	+00:20:02 (37.1%)	5:21	11.2 (63.3%)
178	<b>WEGNER Roman</b>	<b>255</b>		M50-59	15	00:15:06	00:36:36	00:52:00	<b>00:53:52</b>	<b>00:54:06</b>	+00:20:06 (37.2%)	5:23	11.1 (62.7%)
179	<b>KŁYZA Aleksander</b>	<b>144</b>		M20-29	36	00:15:03	00:38:02	00:52:41	<b>00:54:05</b>	<b>00:54:12</b>	+00:20:12 (37.3%)	5:24	11.1 (62.7%)
180	<b>BIAŁOBLÓCKI Marek</b>	<b>74</b>		M30-39	55	00:15:16	00:37:20	00:52:20	<b>00:54:10</b>	<b>00:54:20</b>	+00:20:20 (37.4%)	5:25	11.1 (62.7%)
181	<b>BYCZKOWSKI Zenon</b>	<b>75</b>		M50-59	16	00:15:07	00:36:53	00:52:13	<b>00:54:13</b>	<b>00:54:27</b>	+00:20:27 (37.6%)	5:25	11.1 (62.7%)
182	<b>SYCZUK Grzegorz</b>	<b>71</b>		M40-49	36	00:16:22	00:37:56	00:52:42	<b>00:54:13</b>	<b>00:54:42</b>	+00:20:42 (37.8%)	5:25	11.1 (62.7%)
182	<b>LATOS Aleksandra</b>	<b>325</b>		K30-39	16	00:16:09	00:38:05	00:52:48	<b>00:54:32</b>	<b>00:54:42</b>	+00:20:42 (37.8%)	5:27	11 (62.1%)
184	<b>TWARDOWSKI Wojciech</b>	<b>176</b>	RUN BYDGOSZCZ	M40-49	37	00:15:21	00:37:05	00:52:27	<b>00:54:25</b>	<b>00:54:44</b>	+00:20:44 (37.9%)	5:26	11 (62.1%)
185	<b>JASINIECKI Wojciech</b>	<b>88</b>	RUN BYDGOSZCZ	M30-39	56	00:15:43	00:37:40	00:52:35	<b>00:54:20</b>	<b>00:54:45</b>	+00:20:45 (37.9%)	5:26	11 (62.1%)
186	<b>KOCHAŃSKA Magdalena</b>	<b>295</b>		K16-19	3	00:16:26	00:38:19	00:53:05	<b>00:54:47</b>	<b>00:54:53</b>	+00:20:53 (38.1%)	5:28	11 (62.1%)
187	<b>GROTT Bartłomiej</b>	<b>82</b>		M30-39	57	00:16:22	00:37:57	00:52:42	<b>00:54:25</b>	<b>00:54:54</b>	+00:20:54 (38.1%)	5:26	11 (62.1%)
187	<b>GRYLEWICZ Tomasz</b>	<b>83</b>		M30-39	58	00:16:24	00:37:58	00:52:43	<b>00:54:26</b>	<b>00:54:54</b>	+00:20:54 (38.1%)	5:26	11 (62.1%)
189	<b>GÓLCZ Katarzyna</b>	<b>59</b>		K20-29	8	00:15:33	00:37:57	00:53:12	<b>00:54:47</b>	<b>00:54:56</b>	+00:20:56 (38.1%)	5:28	11 (62.1%)
190	<b>KOŚMICKA Sylwia</b>	<b>192</b>		K20-29	9	00:15:50	00:37:59	00:52:53	<b>00:54:39</b>	<b>00:55:00</b>	+00:21:00 (38.2%)	5:27	11 (62.1%)
191	<b>MURAWIEC Krzysztof</b>	<b>308</b>		M30-39	59	00:15:26	00:38:02	00:53:16	<b>00:55:04</b>	<b>00:55:11</b>	+00:21:11 (38.4%)	5:30	10.9 (61.6%)
192	<b>MARKLIK Grażyna</b>	<b>276</b>		K40-49	3	00:16:47	00:38:48	00:53:11	<b>00:54:59</b>	<b>00:55:13</b>	+00:21:13 (38.4%)	5:29	10.9 (61.6%)
193	<b>MIKRUT Małgorzata</b>	<b>292</b>	AKADEMIA BIEGANIA GRUDZIĄDZ	K40-49	4	00:16:16	00:38:05	00:53:21	<b>00:54:59</b>	<b>00:55:20</b>	+00:21:20 (38.6%)	5:29	10.9 (61.6%)
194	<b>MAJEWSKI Andrzej</b>	<b>152</b>		M20-29	37	00:15:54	00:38:36	00:53:22	<b>00:54:59</b>	<b>00:55:24</b>	+00:21:24 (38.6%)	5:29	10.9 (61.6%)
195	<b>PYJOS Marcin</b>	<b>48</b>	TRISPACE	M30-39	60	00:16:45	00:38:59	00:53:33	<b>00:55:09</b>	<b>00:55:25</b>	+00:21:25 (38.6%)	5:30	10.9 (61.6%)
196	<b>STANKIEWICZ Dariusz</b>	<b>114</b>		M40-49	38	00:15:22	00:38:19	00:53:32	<b>00:55:17</b>	<b>00:55:35</b>	+00:21:35 (38.8%)	5:31	10.9 (61.6%)
197	<b>KACZYŃSKI Maciej</b>	<b>193</b>	ZESPÓŁ SZKÓŁ ZAWODOWYCH IM. GENERAŁA STANISŁAWA MACZKA	M40-49	39	00:16:04	00:38:13	00:53:29	<b>00:55:17</b>	<b>00:55:39</b>	+00:21:39 (38.9%)	5:31	10.9 (61.6%)
198	<b>KOLANOWSKA Grażyna</b>	<b>146</b>		K50-59	2	00:16:01	00:38:20	00:53:39	<b>00:55:33</b>	<b>00:55:47</b>	+00:21:47 (39.0%)	5:33	10.8 (61.0%)
199	<b>SŁOMA Edyta</b>	<b>274</b>		K30-39	17	00:27:39		00:52:10	<b>00:55:41</b>	<b>00:56:07</b>	+00:22:07 (39.4%)	5:34	10.8 (61.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	3km	7km	9.6km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
200	<b>GUMIENNA Natalia</b>	<b>134</b>		K20-29	10	00:17:02	00:39:32	00:54:18	<b>00:55:52</b>	<b>00:56:09</b>	+00:22:09 (39.4%)	5:35	10.7 (60.5%)
201	<b>DOMAGAŁA Janina</b>			Kobiety	1	00:27:39		00:52:13	<b>00:55:45</b>	<b>00:56:12</b>	+00:22:12 (39.5%)	5:34	10.8 (61.0%)
201	<b>KANTAK Aneta</b>	<b>202</b>		K40-49	5	00:27:40		00:52:13	<b>00:55:46</b>	<b>00:56:12</b>	+00:22:12 (39.5%)	5:34	10.8 (61.0%)
203	<b>GNIOT Bożena</b>	<b>79</b>		K30-39	18	00:16:36	00:39:15	00:54:17	<b>00:56:00</b>	<b>00:56:14</b>	+00:22:14 (39.5%)	5:36	10.7 (60.5%)
204	<b>KEMPA Arkadiusz</b>	<b>94</b>	RUN BYDGOSZCZ	M40-49	40	00:17:11	00:39:42	00:54:21	<b>00:55:58</b>	<b>00:56:20</b>	+00:22:20 (39.6%)	5:35	10.7 (60.5%)
204	<b>STEFANOWICZ Wojtek</b>	<b>170</b>	RUN BYDGOSZCZ	M30-39	61	00:17:12	00:39:43	00:54:21	<b>00:55:58</b>	<b>00:56:20</b>	+00:22:20 (39.6%)	5:35	10.7 (60.5%)
206	<b>OSKA Beata</b>	<b>103</b>		K20-29	11	00:16:25	00:39:08	00:54:21	<b>00:56:07</b>	<b>00:56:24</b>	+00:22:24 (39.7%)	5:36	10.7 (60.5%)
207	<b>SIĘSKI Jacek</b>	<b>113</b>	RUN BYDGOSZCZ	M50-59	17	00:16:56	00:39:24	00:54:22	<b>00:56:04</b>	<b>00:56:25</b>	+00:22:25 (39.7%)	5:36	10.7 (60.5%)
208	<b>GAJZLER Jerzy</b>	<b>131</b>	BARTODZIEJE	M60-69	4	00:16:07	00:39:09	00:54:41	<b>00:56:27</b>	<b>00:56:40</b>	+00:22:40 (40.0%)	5:38	10.6 (59.9%)
209	<b>MIKUŁA Tomasz</b>	<b>156</b>	GORDON RUN TEAM	M30-39	62	00:16:34	00:39:10	00:54:35	<b>00:56:30</b>	<b>00:56:52</b>	+00:22:52 (40.2%)	5:39	10.6 (59.9%)
210	<b>SCHMIDT Robert</b>	<b>110</b>	RUN BDG	M40-49	41	00:16:30	00:39:47	00:55:07	<b>00:57:08</b>	<b>00:57:27</b>	+00:23:27 (40.8%)	5:42	10.5 (59.3%)
211	<b>KOCHAŃSKI Mateusz</b>	<b>296</b>		M20-29	38	00:16:27	00:39:52	00:55:52	<b>00:57:23</b>	<b>00:57:29</b>	+00:23:29 (40.9%)	5:44	10.5 (59.3%)
212	<b>SZYMCZAK Tomasz</b>	<b>118</b>		M50-59	18	00:16:58	00:39:48	00:55:35	<b>00:57:15</b>	<b>00:57:35</b>	+00:23:35 (41.0%)	5:43	10.5 (59.3%)
213	<b>OZIMKOWSKA Hanna</b>	<b>270</b>		K30-39	19	00:27:53		00:53:44	<b>00:57:14</b>	<b>00:57:41</b>	+00:23:41 (41.1%)	5:43	10.5 (59.3%)
214	<b>KOTWICA Katarzyna</b>	<b>241</b>		K40-49	6	00:27:56		00:53:45	<b>00:57:16</b>	<b>00:57:42</b>	+00:23:42 (41.1%)	5:43	10.5 (59.3%)
215	<b>REMLINGER Michał</b>	<b>49</b>	RUN BYDGOSZCZ	M30-39	63	00:18:02	00:40:50	00:55:28	<b>00:57:17</b>	<b>00:57:43</b>	+00:23:43 (41.1%)	5:43	10.5 (59.3%)
216	<b>KOCHAŃSKI Roman</b>	<b>297</b>		M40-49	42	00:16:28	00:39:52	00:55:58	<b>00:57:44</b>	<b>00:57:50</b>	+00:23:50 (41.2%)	5:46	10.4 (58.8%)
217	<b>TOBOLEWSKI Jan</b>	<b>245</b>	KS KORONOWO	M16-19	9	00:15:53	00:39:21	00:55:58	<b>00:57:46</b>	<b>00:57:59</b>	+00:23:59 (41.4%)	5:46	10.4 (58.8%)
218	<b>TOBOLEWSKA Maria</b>	<b>246</b>		K16-19	4	00:15:55	00:39:23	00:56:02	<b>00:57:56</b>	<b>00:58:08</b>	+00:24:08 (41.5%)	5:47	10.4 (58.8%)
219	<b>CIESIELSKA Oktawia</b>	<b>124</b>		K20-29	12	00:17:20	00:40:39	00:56:06	<b>00:57:51</b>	<b>00:58:13</b>	+00:24:13 (41.6%)	5:47	10.4 (58.8%)
220	<b>SZYMCZAK Małgorzata</b>	<b>206</b>		K40-49	7	00:17:05	00:40:20	00:56:09	<b>00:57:55</b>	<b>00:58:15</b>	+00:24:15 (41.6%)	5:47	10.4 (58.8%)
221	<b>SŁAWETA Michał</b>	<b>216</b>		M40-49	43	00:17:08	00:40:23	00:56:09	<b>00:57:55</b>	<b>00:58:23</b>	+00:24:23 (41.8%)	5:47	10.4 (58.8%)
222	<b>REMUS Sandra</b>	<b>167</b>		K20-29	13	00:17:14	00:40:44	00:56:37	<b>00:58:13</b>	<b>00:58:36</b>	+00:24:36 (42.0%)	5:49	10.3 (58.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	3km	7km	9.6km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
223	<b>JANKOWIAK Barbara</b>	<b>86</b>		K40-49	8	00:16:53	00:40:27	00:56:33	<b>00:58:35</b>	<b>00:58:52</b>	+00:24:52 (42.2%)	5:51	10.2 (57.6%)
223	<b>LOTA Aleksandra</b>	<b>151</b>	LOTKI	K30-39	20	00:16:56	00:40:32	00:56:34	<b>00:58:36</b>	<b>00:58:52</b>	+00:24:52 (42.2%)	5:51	10.2 (57.6%)
225	<b>GMITRUK Katarzyna</b>			K20-29	14	00:16:24	00:40:41	00:57:05	<b>00:58:49</b>	<b>00:59:08</b>	+00:25:08 (42.5%)	5:52	10.2 (57.6%)
225	<b>LIS Marcin</b>	<b>212</b>	BANK PKO BP	M30-39	64	00:17:53	00:41:14	00:57:15	<b>00:58:43</b>	<b>00:59:08</b>	+00:25:08 (42.5%)	5:52	10.2 (57.6%)
227	<b>TROJAN Łukasz</b>	<b>271</b>	KS KORONOWO	M30-39	65	00:16:26	00:40:40	00:57:04	<b>00:58:50</b>	<b>00:59:09</b>	+00:25:09 (42.5%)	5:53	10.2 (57.6%)
228	<b>WOLSKI Przemysław</b>	<b>120</b>		M30-39	66	00:15:11	00:39:30	00:57:21	<b>00:59:21</b>	<b>00:59:30</b>	+00:25:30 (42.9%)	5:56	10.1 (57.1%)
229	<b>ADRYCH Karol</b>	<b>299</b>		M30-39	67	00:15:38	00:39:49	00:57:43	<b>00:59:26</b>	<b>00:59:34</b>	+00:25:34 (42.9%)	5:56	10.1 (57.1%)
230	<b>NOWAK-MACIEJEWSKA Eliza</b>	<b>259</b>	KS KORONOWO	K30-39	21	00:16:42	00:40:55	00:57:46	<b>00:59:33</b>	<b>00:59:41</b>	+00:25:41 (43.0%)	5:57	10.1 (57.1%)
231	<b>KRYGER Agnieszka</b>	<b>196</b>	DRUŻYNA SZPIKU	K20-29	15	00:17:15	00:41:01	00:57:49	<b>00:59:37</b>	<b>01:00:01</b>	+00:26:01 (43.3%)	5:57	10.1 (57.1%)
232	<b>SZARLEJ Marcin</b>	<b>213</b>	BANK PKO BP	M30-39	68	00:18:17	00:42:43	00:58:09	<b>00:59:42</b>	<b>01:00:06</b>	+00:26:06 (43.4%)	5:58	10.1 (57.1%)
233	<b>BUCHOLC Andrzej</b>	<b>221</b>		M40-49	44	00:17:23	00:41:51	00:58:01	<b>00:59:55</b>	<b>01:00:10</b>	+00:26:10 (43.5%)	5:59	10 (56.5%)
234	<b>WIŚNIEWSKI Włodzimierz</b>	<b>182</b>		M50-59	19	00:16:27	00:42:02	00:58:15	<b>00:59:51</b>	<b>01:00:14</b>	+00:26:14 (43.6%)	5:59	10 (56.5%)
235	<b>POPOWSKA Barbara</b>	<b>106</b>	RUN BYDGOSZCZ	K60-69	1	00:17:09	00:41:20	00:57:53	<b>00:59:58</b>	<b>01:00:16</b>	+00:26:16 (43.6%)	5:59	10 (56.5%)
236	<b>JAKUBOWSKA Anna</b>	<b>138</b>		K30-39	22	00:17:44	00:42:01	00:58:09	<b>01:00:05</b>	<b>01:00:25</b>	+00:26:25 (43.7%)	6:00	10 (56.5%)
237	<b>SZTEJKA Jolanta</b>	<b>117</b>	BENEFITKSO ODSZKODOWANIA	K30-39	23	00:17:56	00:42:18	00:58:34	<b>01:00:11</b>	<b>01:00:35</b>	+00:26:35 (43.9%)	6:01	10 (56.5%)
238	<b>KĘSKRAWIEC Roma</b>	<b>95</b>		K30-39	24	00:17:21	00:42:02	00:58:35	<b>01:00:32</b>	<b>01:00:52</b>	+00:26:52 (44.1%)	6:03	9.9 (55.9%)
238	<b>SOJKA Jerzy</b>	<b>286</b>		M70+	2	00:17:21	00:42:03	00:58:35	<b>01:00:32</b>	<b>01:00:52</b>	+00:26:52 (44.1%)	6:03	9.9 (55.9%)
240	<b>GRACZKOWSKA Mirosława</b>	<b>81</b>		K40-49	9	00:17:05	00:41:56	00:58:45	<b>01:00:43</b>	<b>01:00:57</b>	+00:26:57 (44.2%)	6:04	9.9 (55.9%)
241	<b>KANTAK Wojciech</b>	<b>201</b>		M40-49	45	00:16:44	00:41:31	00:58:51	<b>01:00:42</b>	<b>01:01:09</b>	+00:27:09 (44.4%)	6:04	9.9 (55.9%)
242	<b>SZYMAŃSKI Zbigniew</b>	<b>249</b>		M50-59	20	00:17:11	00:40:53	00:58:38	<b>01:00:49</b>	<b>01:01:10</b>	+00:27:10 (44.4%)	6:04	9.9 (55.9%)
243	<b>ŁAZNOWSKI Karol</b>	<b>266</b>		M30-39	69	00:18:38	00:43:50	00:59:33	<b>01:01:15</b>	<b>01:01:37</b>	+00:27:37 (44.8%)	6:07	9.8 (55.4%)
244	<b>MUSIAŁ Mirela</b>	<b>101</b>		K40-49	10	00:17:22	00:42:44	00:59:36	<b>01:01:33</b>	<b>01:01:49</b>	+00:27:49 (45.0%)	6:09	9.7 (54.8%)
245	<b>WOŹNIAK Monika</b>	<b>185</b>		K30-39	25	00:17:20	00:42:56	01:00:18	<b>01:01:59</b>	<b>01:02:16</b>	+00:28:16 (45.4%)	6:11	9.7 (54.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	3km	7km	9.6km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
246	WOJTAS Maria	184		K40-49	11	00:19:23	00:43:49	01:00:11	01:02:01	01:02:20	+00:28:20 (45.5%)	6:12	9.7 (54.8%)
247	ŚWIERCZEWSKA Sylwia	268		K30-39	26	00:18:38	00:43:52	01:00:20	01:02:21	01:02:43	+00:28:43 (45.8%)	6:14	9.6 (54.2%)
248	BILSKI Michał			M30-39	70	00:18:25	00:44:13	01:01:15	01:02:58	01:03:25	+00:29:25 (46.4%)	6:17	9.5 (53.7%)
249	BONA-SZWEDA Justyna	55		K30-39	27	00:18:11	00:43:05	01:01:01	01:03:00	01:03:27	+00:29:27 (46.4%)	6:18	9.5 (53.7%)
250	SZWEDA Wojciech	72	TKKF WODNIK WIĘCIBORK	M30-39	71	00:18:11	00:43:06	01:01:00	01:03:01	01:03:28	+00:29:28 (46.4%)	6:18	9.5 (53.7%)
251	SEROCKI Bartosz	70	FRANEK I RÓŻA	M30-39	72	00:17:57	00:44:35	01:01:23	01:03:06	01:03:30	+00:29:30 (46.5%)	6:18	9.5 (53.7%)
252	RADZIŃSKA Aleksandra	108	NIEZRZESZONA	K30-39	28	00:18:35	00:43:48	01:01:14	01:03:18	01:03:37	+00:29:37 (46.6%)	6:19	9.5 (53.7%)
253	ŻYCHOWSKA Zuzanna	188	BOLS - BIEGAJĄCY OKAZYJNIE LUDZIE SZUBINA	K20-29	16	00:18:34	00:44:03	01:01:31	01:03:20	01:03:46	+00:29:46 (46.7%)	6:20	9.5 (53.7%)
254	ŻYCHOWSKI Rafał	189	BOLS - BIEGAJĄCY OKAZYJNIE LUDZIE SZUBINA	M30-39	73	00:18:33	00:44:02	01:01:31	01:03:42	01:04:09	+00:30:09 (47.0%)	6:22	9.4 (53.1%)
255	CIEIELSKI Damian		BANK SPÓŁDZIELCZY W KORONOWIE	M30-39	74	00:17:55	00:44:03	01:01:43	01:03:45	01:04:14	+00:30:14 (47.1%)	6:22	9.4 (53.1%)
256	BRZEZINSKA-HAFFKE Sylwia			K30-39	29	00:18:10	00:44:22	01:02:00	01:04:15	01:04:35	+00:30:35 (47.4%)	6:25	9.3 (52.5%)
256	HAFFKE Krzysztof			M40-49	46	00:18:14	00:44:24	01:02:00	01:04:16	01:04:35	+00:30:35 (47.4%)	6:25	9.3 (52.5%)
258	KRUTNIK-RATKOWSKA Maria	284		K50-59	3	00:18:23	00:44:51	01:02:29	01:04:24	01:04:42	+00:30:42 (47.4%)	6:26	9.3 (52.5%)
259	ŻOŁĄDKIEWICZ Elżbieta	73		K40-49	12	00:18:33	00:44:41	01:02:19	01:04:26	01:04:46	+00:30:46 (47.5%)	6:26	9.3 (52.5%)
260	BOBEK Klaun	312		M30-39	75	00:18:40	00:45:08	01:02:29	01:04:28	01:04:51	+00:30:51 (47.6%)	6:26	9.3 (52.5%)
261	KRYGER Martyna	197		K16-19	5	00:18:15	00:46:09	01:04:05	01:06:03	01:06:27	+00:32:27 (48.8%)	6:36	9.1 (51.4%)
262	KOŁODZIEJCZAK Piotr	322	HUSKY-TEAM BYDGOSZCZ	M30-39	76	00:18:54	00:46:35	01:04:09	01:06:20	01:06:45	+00:32:45 (49.1%)	6:38	9 (50.8%)
263	SŁOMA Michał	272		M30-39	77	00:18:38	00:44:47	01:04:07	01:06:24	01:06:49	+00:32:49 (49.1%)	6:38	9 (50.8%)
264	KOWALIŃSKA Małgorzata	97	NIEZRZESZONA	K40-49	13	00:19:47	00:46:39	01:04:34	01:06:38	01:06:59	+00:32:59 (49.2%)	6:39	9 (50.8%)
265	BIRKHOLZ Jolanta			K50-59	4	00:33:37			01:06:37	01:07:06	+00:33:06 (49.3%)	6:39	9 (50.8%)
266	KRASICKA-ĆWIKŁA Wiesława	203		K30-39	30	00:33:37			01:06:38	01:07:07	+00:33:07 (49.3%)	6:39	9 (50.8%)
267	KLISZEWSKA Katarzyna	240		K30-39	31	00:33:39			01:06:40	01:07:08	+00:33:08 (49.4%)	6:40	9 (50.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	3km	7km	9.6km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
267	<b>STARZECKI Michał</b>	<b>269</b>		M30-39	78	00:33:41			<b>01:06:43</b>	<b>01:07:08</b>	+00:33:08 (49.4%)	6:40	9 (50.8%)
269	<b>KWIATKOWSKA Elżbieta</b>	<b>324</b>		K40-49	14	00:20:38	00:48:10	01:06:38	<b>01:08:41</b>	<b>01:09:03</b>	+00:35:03 (50.8%)	6:52	8.7 (49.2%)
270	<b>KAŻMIERCZAK Bogumiła</b>	<b>141</b>	TKKF KUBUŚ SIERPC	K50-59	5	00:20:33	00:48:32	01:07:45	<b>01:10:11</b>	<b>01:10:34</b>	+00:36:34 (51.8%)	7:01	8.5 (48.0%)
271	<b>WŁODARCZYK Aleksandra</b>	<b>248</b>		K30-39	32	00:20:33	00:48:28	01:07:42	<b>01:10:12</b>	<b>01:10:37</b>	+00:36:37 (51.9%)	7:01	8.5 (48.0%)
272	<b>ZYGAROWICZ Anna</b>	<b>263</b>	BANK SPÓŁDZIELCZY	K40-49	15	00:20:37	00:49:26	01:09:19	<b>01:11:48</b>	<b>01:12:09</b>	+00:38:09 (52.9%)	7:10	8.4 (47.5%)
273	<b>NOWAK Andrzej</b>	<b>260</b>		M60-69	5	00:24:06	00:58:03	01:21:15	<b>01:24:08</b>	<b>01:24:16</b>	+00:50:16 (59.7%)	8:24	7.1 (40.1%)
274	<b>GACKOWSKA Beata</b>	<b>305</b>	KB ŁAPKA	K40-49	16	00:14:51	00:37:43				+00:13:53	5:23	11.1 (62.7%)
275	<b>WAŁDOCH Agnieszka</b>	<b>331</b>	KS SPARTAKUS	K20-29	17	00:15:51					+00:05:35	5:17	11.4 (64.4%)

Znaleziono 275 wynik(ów)