

# V OGÓLNOPOLSKI BIEG ULICZNY IM. BRACI MIKRUT

B4SPORT  
INTELEGENNE ZAWODY SPORTOWE

**Organiser:** Gmina Koronowo  
**Date:** 2015-04-25  
**Place:** Koronowo  
**Distance:** 10 km

**B4SPORT**  
INTELEGENNE ZAWODY SPORTOWE

Classification: K50-59

Place	Participant	Number	Club	Category	MCat	3km	7km	9.6km	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
1	<b>NOWACKA Gabriela</b>	<b>158</b>	AKADEMIA BIEGANIA GRUDZIĄDZ	K50-59	1	00:14:27	00:33:39	00:46:13	<b>00:47:44</b>	<b>00:47:54</b>		4:46	12.6 (100%)
2	<b>KOLANOWSKA Grażyna</b>	<b>146</b>		K50-59	2	00:16:01	00:38:20	00:53:39	<b>00:55:33</b>	<b>00:55:47</b>	+00:07:53 (14.1%)	5:33	10.8 (85.7%)
3	<b>KRUTNIK-RATKOWSKA Maria</b>	<b>284</b>		K50-59	3	00:18:23	00:44:51	01:02:29	<b>01:04:24</b>	<b>01:04:42</b>	+00:16:48 (26.0%)	6:26	9.3 (73.8%)
4	<b>BIRKHOLZ Jolanta</b>			K50-59	4	00:33:37			<b>01:06:37</b>	<b>01:07:06</b>	+00:19:12 (28.6%)	6:39	9 (71.4%)
5	<b>KAŻMIERCZAK Bogumiła</b>	<b>141</b>	TKKF KUBUŚ SIERPC	K50-59	5	00:20:33	00:48:32	01:07:45	<b>01:10:11</b>	<b>01:10:34</b>	+00:22:40 (32.1%)	7:01	8.5 (67.5%)

Total 5 results.