

V OGÓLNOPOLSKI BIEG ULICZNY IM. BRACI MIKRUT

B4SPORT
INTELEGENTNE ZAWODY SPORTOWE

Organiser: Gmina Koronowo
Date: 2015-04-25
Place: Koronowo
Distance: 10 km

B4SPORT
INTELEGENTNE ZAWODY SPORTOWE

Classification: M20-29

Place	Participant	Number	Club	Category	MCat	3km	7km	9.6km	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
1	KULPA Michał	198		M20-29	1	00:10:21	00:23:56	00:32:47	00:33:58	00:34:00		3:23	17.7 (100%)
2	PIPOWSKI Tomasz	309	LUKS SEROCK/THE RUNNERS ŚWIECIE	M20-29	2	00:10:22	00:24:46	00:34:40	00:35:51	00:35:53	+00:01:53 (5.2%)	3:35	16.7 (94.4%)
3	KOKOCKI Paweł	200	NIEZRZESZONY	M20-29	3	00:10:43	00:25:30	00:35:28	00:36:44	00:36:47	+00:02:47 (7.6%)	3:40	16.3 (92.1%)
4	KLÓSKA Fabian	321		M20-29	4	00:11:25	00:26:27	00:36:36	00:37:49	00:37:52	+00:03:52 (10.2%)	3:46	15.9 (89.8%)
5	GUT Rafał	84		M20-29	5	00:12:20	00:29:11	00:40:30	00:41:42	00:41:48	+00:07:48 (18.7%)	4:10	14.4 (81.4%)
6	MATUSZEWSKI Zbigniew	153		M20-29	6	00:12:28	00:29:15	00:40:30	00:41:42	00:41:49	+00:07:49 (18.7%)	4:10	14.4 (81.4%)
7	STASIAK Michał	51		M20-29	7	00:13:15	00:30:16	00:41:27	00:42:53	00:43:02	+00:09:02 (21.0%)	4:17	14 (79.1%)
8	KOBZIAKOWSKI Klaudiusz	61	TRISPACE	M20-29	8	00:12:53	00:30:30	00:42:07	00:43:34	00:43:41	+00:09:41 (22.2%)	4:21	13.8 (78.0%)
9	SZCZERBA Szymon	328		M20-29	9	00:13:47	00:31:42	00:42:45	00:43:54	00:44:07	+00:10:07 (22.9%)	4:23	13.7 (77.4%)
10	KARBOWNIK Daniel	90	THE RUNNERS ŚWIECIE	M20-29	10	00:12:31	00:30:48	00:42:51	00:44:05	00:44:08	+00:10:08 (23.0%)	4:24	13.6 (76.8%)
11	SCHRODER Krzysztof	111		M20-29	11	00:12:48	00:30:42	00:42:54	00:44:19	00:44:25	+00:10:25 (23.5%)	4:25	13.5 (76.3%)
12	SOWIŃSKI Jakub	169		M20-29	12	00:13:01	00:30:47	00:42:54	00:44:22	00:44:32	+00:10:32 (23.7%)	4:26	13.5 (76.3%)
12	MIĘTKIEWICZ Rafał	155		M20-29	13	00:13:10	00:30:51	00:43:00	00:44:21	00:44:32	+00:10:32 (23.7%)	4:26	13.5 (76.3%)
14	LUBIEWSKI Szymon	195		M20-29	14	00:13:24	00:31:21	00:43:39	00:44:59	00:45:14	+00:11:14 (24.8%)	4:29	13.3 (75.1%)
15	KOŁODZIEJSKI Dawid	62		M20-29	15	00:13:16	00:31:45	00:44:15	00:45:27	00:45:35	+00:11:35 (25.4%)	4:32	13.2 (74.6%)
16	NOWAK Rafał	45		M20-29	16	00:13:45	00:32:00	00:44:09	00:45:37	00:45:44	+00:11:44 (25.7%)	4:33	13.2 (74.6%)

Place	Participant	Number	Club	Category	MCat	3km	7km	9.6km	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
17	TYMOSIAK Mateusz	177		M20-29	17	00:13:01	00:31:58	00:44:13	00:45:40	00:45:50	+00:11:50 (25.8%)	4:34	13.1 (74.0%)
18	ŚRUBKA Patryk	119		M20-29	18	00:13:40	00:31:52	00:45:08	00:46:19	00:46:32	+00:12:32 (26.9%)	4:37	13 (73.4%)
19	NAPORA Mateusz	157		M20-29	19	00:13:24	00:32:25	00:45:08	00:46:27	00:46:33	+00:12:33 (27.0%)	4:38	12.9 (72.9%)
20	NABIAŁKOWSKI Łukasz	67		M20-29	20	00:13:14	00:31:53	00:44:51	00:46:25	00:46:35	+00:12:35 (27.0%)	4:38	12.9 (72.9%)
20	JAGIELSKI Aleksander	137		M20-29	21	00:14:18	00:32:39	00:44:53	00:46:17	00:46:35	+00:12:35 (27.0%)	4:37	13 (73.4%)
22	BRZEZIŃSKI Jakub	313	ZESPÓŁ SZKÓŁ ZAWODOWYCH W KORONOWIE	M20-29	22	00:12:50	00:31:42	00:45:07	00:46:35	00:46:41	+00:12:41 (27.2%)	4:39	12.9 (72.9%)
23	DZUDZEWICZ Kamil	224		M20-29	23	00:14:20	00:33:32	00:45:53	00:47:23	00:47:39	+00:13:39 (28.6%)	4:44	12.7 (71.8%)
24	MICHALSKI Maciej	301		M20-29	24	00:14:17	00:33:30	00:46:02	00:47:32	00:47:47	+00:13:47 (28.8%)	4:45	12.6 (71.2%)
25	KACZYŃSKI Maksymilian	194		M20-29	25	00:14:07	00:33:47	00:46:25	00:47:47	00:47:55	+00:13:55 (29.0%)	4:46	12.6 (71.2%)
26	PAWLACZYK Paweł	104		M20-29	26	00:14:43	00:34:06	00:47:07	00:48:39	00:48:49	+00:14:49 (30.4%)	4:51	12.3 (69.5%)
27	PLUTKA Robert	283		M20-29	27	00:14:23	00:33:47	00:47:11	00:48:37	00:48:52	+00:14:52 (30.4%)	4:51	12.3 (69.5%)
28	SZNAJDROWSKI Mateusz	253		M20-29	28	00:15:36	00:35:19	00:48:24	00:49:50	00:50:07	+00:16:07 (32.2%)	4:59	12 (67.8%)
29	WIKTORSKI Tomasz	179		M20-29	29	00:14:12	00:35:22	00:48:52	00:50:20	00:50:29	+00:16:29 (32.7%)	5:02	11.9 (67.2%)
29	SOBKOWIAK Karol		BANK SPÓŁDZIELCZY W KORONOWIE	M20-29	30	00:14:26	00:34:57	00:48:53	00:50:21	00:50:29	+00:16:29 (32.7%)	5:02	11.9 (67.2%)
31	KULINSKI Zbigniew	63		M20-29	31	00:14:13	00:35:26	00:49:25	00:51:10	00:51:15	+00:17:15 (33.7%)	5:07	11.7 (66.1%)
32	GROCHOWSKI Jakub	133		M20-29	32	00:15:24	00:36:01	00:49:48	00:51:11	00:51:26	+00:17:26 (33.9%)	5:07	11.7 (66.1%)
33	MUSIAŁ Krystian	100		M20-29	33	00:15:00	00:35:16	00:49:47	00:51:33	00:51:49	+00:17:49 (34.4%)	5:09	11.6 (65.5%)
34	ŚLUGAJ Tomasz	254		M20-29	34	00:15:57	00:36:41	00:50:28	00:52:06	00:52:33	+00:18:33 (35.3%)	5:12	11.5 (65.0%)
35	TRACKI Arkadiusz	175		M20-29	35	00:17:20	00:38:01	00:51:02	00:52:27	00:52:44	+00:18:44 (35.5%)	5:14	11.4 (64.4%)
36	KŁYZA Aleksander	144		M20-29	36	00:15:03	00:38:02	00:52:41	00:54:05	00:54:12	+00:20:12 (37.3%)	5:24	11.1 (62.7%)
37	MAJEWSKI Andrzej	152		M20-29	37	00:15:54	00:38:36	00:53:22	00:54:59	00:55:24	+00:21:24 (38.6%)	5:29	10.9 (61.6%)
38	KOCHAŃSKI Mateusz	296		M20-29	38	00:16:27	00:39:52	00:55:52	00:57:23	00:57:29	+00:23:29 (40.9%)	5:44	10.5 (59.3%)

Total 38 results.