



V PÓŁMARATON GLIWICKI

B4SPORT

Wydarzenie: V Radan Półmaraton Gliwicki 2018
Organizator: Fundacja Bieg Rzeźnika
Data: 2018-11-04
Miejsce: Gliwice
Dystans: 21.1 km

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: M-30

Punkt pomiarowy: 15,0 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km
1	OLIJNYK Pawel	936		M-30	00:00:01	00:15:58	00:32:19	00:48:02
2	VERETSKYI Pavlo	949		M-30	00:00:01	00:15:58	00:32:27	00:48:02
3	SLAVENSKI Ilya	951		M-30	00:00:01	00:15:58	00:32:19	00:48:21
4	MUSKIETORZ Piotr	489		M-30	00:00:01	00:17:07	00:34:57	00:52:36
5	SZCZECIŃSKI Maciej	716	INŻYNIERIA BIEGANIA	M-30	00:00:02	00:17:34	00:35:40	00:53:27
6	KOŹDOŃ Jarosław	885		M-30	00:00:01	00:17:19	00:35:35	00:53:28
7	ZABA Marek	830	MAGNETI MARELLI /TRIATHLON - X - TEAM	M-30	00:00:02	00:17:42	00:35:52	00:53:51
8	JACHIMSKI Piotr	267	ORZESZE TEŻ BIEGA	M-30	00:00:02	00:17:25	00:35:58	00:54:26
9	ŻURAWIK Daniel	858	PPI SYSTEMY-GRZEWCZE	M-30	00:00:03	00:18:16	00:37:08	00:55:51
10	HRABIA Łukasz	261	6 BATALION POWIETRZNODESANTOWY	M-30	00:00:02	00:18:32	00:37:43	00:56:31
11	ALKER Adam	905		M-30	00:00:03	00:18:50	00:38:51	00:58:45
12	DUŹNIAK Dominik	156	STEP-DANCE	M-30	00:00:02	00:19:08	00:39:16	00:59:05
13	URBAN Wiktor	760	NIGHT RUNNERS ZABRZE	M-30	00:00:04	00:19:16	00:39:28	00:59:38
14	BUCHTA Adam	91		M-30	00:00:04	00:19:43	00:40:11	01:00:43
15	CZOSNOWSKI Tomasz	134	OTK RZEŹNIK	M-30	00:00:04	00:20:09	00:40:48	01:01:28
16	WOŹNIAK Grzegorz	898		M-30	00:00:09	00:20:27	00:41:16	01:01:54
17	SMUDA Krzysztof	671		M-30	00:00:05	00:20:45	00:41:35	01:01:58
18	LAMPARSKI Łukasz	395	ENDURANCE TEAM	M-30	00:00:04	00:20:24	00:41:23	01:02:02
19	POŚNIAK Tomasz	585	ISTA BIEGAMY	M-30	00:00:04	00:19:37	00:40:53	01:02:17
20	PODSIADŁO Adam	574		M-30	00:00:02	00:19:58	00:41:22	01:02:32
21	RATYŃSKI Bartłomiej	605	HAPPY RUNNERS	M-30	00:00:08	00:20:51	00:41:58	01:02:38
22	NIEDZIELA Janusz	500		M-30	00:00:04	00:20:15	00:41:19	01:02:39
23	NOWACKI Wojciech	513	PACEMAKER / WOJTAS BIEGACZ STOPOWICZ	M-30	00:00:04	00:20:54	00:42:02	01:03:15
24	MIRONOWICZ Bartłomiej	867		M-30	00:00:16	00:20:47	00:42:05	01:03:18
25	OCHMAN Rafał	518	OPEL ACTIVE TEAM	M-30	00:00:02	00:20:33	00:42:06	01:03:20
26	BORSIAK Sebastian	75	OPEL ACTIVE TEAM	M-30	00:00:06	00:20:53	00:42:14	01:03:26
27	PAŁYGIWICZ Jacek	541	SKPB KATOWICE	M-30	00:00:05	00:20:55	00:42:16	01:03:27
28	LASKOWSKI Tomasz	400	AKMB PĘDZIWIATR GLIWICE	M-30	00:00:04	00:21:00	00:42:17	01:03:30

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km
29	BORŻECKI Damian	78	SOCIOS	M-30	00:00:08	00:19:56	00:41:20	01:03:37
30	ORZECH Michał	526	MUSTANGI GLIWICE	M-30	00:00:05	00:20:53	00:42:15	01:04:03
31	HUĆ Aron	958	MOMO	M-30	00:00:09	00:21:22	00:43:09	01:04:07
32	WOJTASIEWICZ Paweł	803		M-30	00:00:07	00:21:13	00:42:51	01:04:11
33	KUKUCZKA Mateusz	376		M-30	00:00:10	00:21:40	00:43:25	01:04:26
34	OPACH Kamil	522	FAST FOOT TEAM SIEWIERZ	M-30	00:00:05	00:20:54	00:42:28	01:04:44
35	SROCZYŃSKI Dariusz	682	NGK RUNNING TEAM	M-30	00:00:11	00:21:48	00:43:43	01:05:21
36	FURMANEK Łukasz	186	KLUB BIEGACZA SANTANDERA	M-30	00:00:07	00:21:09	00:43:23	01:05:48
37	NIESLER Michał	504		M-30	00:00:08	00:21:32	00:43:44	01:05:48
38	RUSAK Sebastian	908		M-30	00:00:03	00:20:31	00:42:56	01:05:54
39	GAJCZEWSKI Mateusz	187		M-30	00:00:09	00:22:00	00:44:14	01:06:33
40	FABIAN Michał	167		M-30	00:00:08	00:22:06	00:44:34	01:06:37
41	BIELA Grzegorz	49	GIBKE GIZDY	M-30	00:00:04	00:20:54	00:43:41	01:07:15
42	RYBIŃSKI Łukasz	624	EŁKA TEAM	M-30	00:00:09	00:21:03	00:43:57	01:07:21
43	RIMPLER Łukasz	611	BIEGNĘ DLA ZUZI	M-30	00:00:10	00:22:07	00:44:50	01:07:21
44	KROL Dariusz	365	SPELEOKLUB DĄBROWA GÓRNICZA	M-30	00:00:17	00:21:44	00:44:42	01:07:21
45	WANIEWSKI Michał	771		M-30	00:00:07	00:21:44	00:44:49	01:07:27
46	NAJUCH Wojciech	491	RAMBO STILL ALIVE	M-30	00:00:09	00:22:15	00:45:17	01:07:35
47	SITKO Mateusz	652		M-30	00:00:30	00:22:52	00:45:39	01:08:25
48	NAPIÓRKOWSKI Adam	493		M-30	00:00:15	00:22:52	00:46:16	01:08:35
49	SUCHY Łukasz	705	HIRERIGHT RUNNING TEAM	M-30	00:00:32	00:22:38	00:45:36	01:08:36
50	MARKOWSKI Marcin	3		M-30	00:00:03	00:22:05	00:45:30	01:08:48
51	SZABELSKI Krzysztof	712	FUTURE PROCESSING RUNNING TEAM	M-30	00:00:19	00:23:08	00:46:36	01:08:48
52	PŁAWIAK Rafał	572	KS KOZIOŁEK KĘDZIERZYN-KOŻLE	M-30	00:00:11	00:21:34	00:44:44	01:09:02
53	WOJTUKIEWICZ Artur	806	DHL RUN CLUB	M-30	00:00:25	00:22:51	00:46:08	01:09:15
54	BORYSEWICZ Wojciech	77		M-30	00:00:16	00:23:05	00:46:09	01:09:17
55	JĘDZURA Daniel	284	NIGHT RUNNERS GLIWICE	M-30	00:00:13	00:23:09	00:46:25	01:09:22
56	ŁĘCKI Piotr	422	NIGHT RUNNERS GLIWICE	M-30	00:00:13	00:23:08	00:46:24	01:09:23
57	PALUCH Janusz	539		M-30	00:00:17	00:23:06	00:46:22	01:09:24
58	FRANKIEWICZ Artur	181		M-30	00:00:15	00:23:07	00:46:16	01:09:27
59	TISZBIEREK Marek	747		M-30	00:00:40	00:23:43	00:47:16	01:09:34
60	CZERNY Michał	926		M-30	00:00:15	00:22:55	00:46:12	01:09:35
61	OPIŁEK Marek	523	EUVIC	M-30	00:00:07	00:21:43	00:45:24	01:09:40
62	RYŃSKI Robert	629		M-30	00:00:15	00:23:09	00:46:24	01:09:51
63	MISZTAL Kamil	478		M-30	00:00:16	00:23:06	00:46:21	01:09:53
64	KRAJEWSKI Michał	359		M-30	00:00:18	00:23:33	00:46:58	01:09:53
65	BABIUCH Karol	16	WKURW_TEAM	M-30	00:00:15	00:23:10	00:46:24	01:09:56
66	BUJOK Mariusz	95		M-30	00:00:11	00:23:04	00:46:28	01:09:59
67	TEKLA Krzysztof	745		M-30	00:00:00	00:23:18	00:46:37	01:10:00
68	UBDA Łukasz	757	MDM NT TEAM	M-30	00:00:05	00:20:53	00:45:21	01:10:07
69	FERENC Paweł	171		M-30	00:00:28	00:23:32	00:47:11	01:10:10
70	GRAMATYKA Jan	227	FUTURE PROCESSING RUNNING TEAM	M-30	00:00:18	00:23:12	00:46:37	01:10:27
71	RADZIEWICZ Marek	947	CROSS BOX	M-30	00:00:16	00:23:03	00:46:26	01:10:33
72	UJMA Michał	758		M-30	00:00:13	00:23:09	00:46:43	01:10:51
73	FAMUŁA Tomasz	170	FUTURA PROCESSING RUNNING TEAM / TRI DIVISION TRIATHLON TEAM	M-30	00:00:25	00:23:34	00:47:20	01:11:01

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km
74	SUTKOWSKI Jan	708	GWARDZIŚCI	M-30	00:00:26	00:23:22	00:47:08	01:11:05
75	BICZYSKI Paweł	45	PSYCHONAUCI	M-30	00:00:06	00:22:08	00:46:20	01:11:12
76	STASIAK Mirosław	691	ROCKWELL AUTOMATION	M-30	00:00:06	00:22:43	00:46:49	01:11:15
77	WIECHUŁA Marcin	782		M-30	00:00:37	00:22:22	00:45:58	01:11:20
78	CHEJDYS Krystian	101	KAC RUNNERS	M-30	00:00:34	00:23:44	00:47:45	01:11:39
79	GŁOGOWSKI Konrad	209		M-30	00:00:20	00:23:35	00:47:42	01:11:41
80	DZIERWA Marcin	164	NOWA HUTA TEAM	M-30	00:00:14	00:23:08	00:46:41	01:11:45
81	RUTKOWSKI Bartłomiej	623		M-30	00:00:36	00:24:12	00:48:10	01:11:49
82	RUTKOWSKI Michał	622		M-30	00:00:36	00:24:13	00:48:10	01:11:50
83	WOMELA Maciej	813		M-30	00:01:09	00:24:15	00:47:52	01:11:55
84	DOMŻALSKI Jakub	150		M-30	00:00:12	00:23:15	00:47:28	01:12:02
85	SZOMBARA Michał	727	ZAZDROŚĆ	M-30	00:00:24	00:24:13	00:48:30	01:12:12
86	KOTYRBA Tomasz	345		M-30	00:00:07	00:23:54	00:48:28	01:12:18
87	KRAJEWSKI Radosław	358		M-30	00:00:18	00:23:40	00:48:05	01:12:19
88	WÓJCIK Rafał	820		M-30	00:00:17	00:23:32	00:47:47	01:12:21
89	JAWOREK Jacek	280	JBC TEAM	M-30	00:00:33	00:24:12	00:48:20	01:12:22
90	SOWA Andrzej	680		M-30	00:00:20	00:23:35	00:48:02	01:12:24
91	TOMCZAK Mariusz	754	GWARDZIŚCI	M-30	00:00:26	00:24:03	00:48:30	01:12:24
92	BANAŚ Mateusz	22	MOMO RESTAURANT & COCKTAIL BAR	M-30	00:00:37	00:24:09	00:48:30	01:12:28
93	KOZIARSKI Maciek	355		M-30	00:00:23	00:24:34	00:48:54	01:12:36
94	KULPA Marek	379	4QM	M-30	00:00:24	00:24:05	00:48:21	01:12:39
95	ZMEŁTY Leszek	873	SKPB KATOWICE	M-30	00:00:39	00:24:48	00:49:25	01:12:57
96	TELER Marcin	894		M-30	00:00:23	00:23:42	00:48:06	01:13:04
97	ŁATKA Łukasz	421		M-30	00:00:57	00:24:32	00:49:03	01:13:15
98	MALEC Arkadiusz	438		M-30	00:01:10	00:24:11	00:49:04	01:13:24
99	PANZ Krzysztof	545		M-30	00:00:14	00:23:10	00:48:01	01:13:27
100	WOŹNICA Adrian	816	GRUPA NOMAX	M-30	00:00:26	00:24:48	00:49:39	01:13:29
101	BUCZYŃSKI Radosław	92	NIGHT RUNNERS GLIWICE	M-30	00:00:42	00:24:16	00:48:45	01:13:29
102	PALEWICZ Wojciech	538	DENTYSTAZGLIWIC.PL	M-30	00:00:26	00:24:17	00:48:54	01:13:40
103	STOJAK Paweł	699		M-30	00:00:46	00:23:56	00:48:33	01:13:44
104	KLIMAS Adam	322		M-30	00:00:31	00:24:17	00:49:02	01:13:49
105	ZALEWSKI Artur	835		M-30	00:00:25	00:23:44	00:48:22	01:13:50
106	KOLOCH Michał	909		M-30	00:00:38	00:24:41	00:49:32	01:13:55
107	GAŁKA Maciej	191		M-30	00:01:30	00:24:44	00:48:49	01:14:01
108	ZABORSKI Beniamin	831		M-30	00:00:09	00:24:27	00:49:28	01:14:04
109	JERZYK Andrzej	282		M-30	00:00:23	00:23:40	00:48:58	01:14:26
110	KOWOLIK Łukasz	351	TAURON TEAM	M-30	00:00:52	00:25:40	00:50:04	01:14:30
111	MAY-MAJEWSKI Michał	457		M-30	00:00:30	00:24:55	00:50:05	01:14:46
112	TŁOŁKA Michał	751		M-30	00:00:29	00:24:57	00:50:06	01:14:47
113	BIELA Rafał	50		M-30	00:00:29	00:24:57	00:50:06	01:14:48
114	WIETRZYCKI Mariusz	787	BIEGAJ Z TRENERAMI	M-30	00:00:43	00:25:14	00:50:31	01:14:48
115	GARBACZ Damian	193		M-30	00:00:21	00:24:09	00:49:03	01:14:50
116	ZYMELA Dawid	853		M-30	00:00:27	00:24:48	00:49:52	01:14:51
117	CZAJA Łukasz	930		M-30	00:00:38	00:26:14	00:50:37	01:14:52
118	SEROCKI Michał	645		M-30	00:00:37	00:24:51	00:49:59	01:14:53

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km
119	WÓJCIK Tomasz	821	FDG S.A.	M-30	00:01:20	00:24:53	00:49:50	01:14:56
120	NITARSKI Patryk	508	NR	M-30	00:00:24	00:24:45	00:49:37	01:15:00
121	GÓRKA Szymon	893		M-30	00:00:11	00:24:09	00:49:04	01:15:05
122	SIERADZKI Dariusz	650	BIEGAJ Z TRENERAMI	M-30	00:00:22	00:24:51	00:49:42	01:15:06
123	BOGACZ Paweł	66	JAGODA TEAM	M-30	00:00:23	00:24:49	00:49:40	01:15:06
124	MACZUGA Bartłomiej	430	PACEMAKER	M-30	00:00:22	00:24:50	00:49:42	01:15:07
125	GARYGA Łukasz	196	RUNHOGS TYCHY	M-30	00:00:00	00:25:14	00:50:04	01:15:15
126	GRZESIKIEWICZ Mariusz	246		M-30	00:00:14	00:25:01	00:50:04	01:15:16
127	STEC Marcin	695	KW GLIWICE	M-30	00:01:02	00:24:33	00:50:07	01:15:20
128	KASZUBSKI Andrzej	314		M-30	00:00:13	00:23:04	00:48:31	01:15:29
129	WAL Grzegorz	767	OPEL ACTIVE TEAM	M-30	00:00:30	00:25:13	00:50:35	01:15:41
130	KAWCZYŃSKI Grzegorz	315		M-30	00:00:41	00:24:32	00:49:25	01:15:46
131	JURCZYGA Maciej	289		M-30	00:01:40	00:25:54	00:51:24	01:15:56
132	ĆWIKŁA Kamil	136	HARPAGANY	M-30	00:00:55	00:25:02	00:50:37	01:16:01
133	ZIOBER Grzegorz	851	SPARTA PLATFUS	M-30	00:00:34	00:26:24	00:52:25	01:16:16
134	PIECHOWIAK Wojciech	560		M-30	00:00:27	00:25:04	00:50:51	01:16:20
135	KAWKA Maciej	900		M-30	00:00:21	00:25:43	00:51:12	01:16:31
136	TRĄBA Piotr	942	CROSS FIT 43 300	M-30	00:00:24	00:24:52	00:50:40	01:16:36
137	STANIK Bogdan	874	6BPD GLIWICE	M-30	00:00:17	00:24:11	00:49:55	01:16:40
138	WIEKIERA Adam	786		M-30	00:00:58	00:25:03	00:50:34	01:16:44
139	SKOTNICKI Paweł	6	TSH TEAM	M-30	00:00:41	00:25:03	00:50:47	01:16:46
140	MARCINIAK Krzysztof	444		M-30	00:00:39	00:25:36	00:51:19	01:16:51
141	WOŹNIAKOWSKI Jan	815	OPEL ACTIVE TEAM	M-30	00:00:36	00:24:57	00:50:54	01:16:55
142	FOREMSKI Grzegorz	179		M-30	00:00:34	00:24:21	00:49:32	01:16:57
143	TKOCZ Rafał	750		M-30	00:00:39	00:25:37	00:51:19	01:16:57
144	WIKIERSKI Michał	789		M-30	00:00:47	00:25:10	00:50:46	01:16:57
145	TOCZYDŁOWSKI Łukasz	752		M-30	00:01:42	00:26:26	00:52:12	01:16:59
146	DZIUBEK Michał	165	W POGONI ZA DUCHEM	M-30	00:00:44	00:25:10	00:50:49	01:17:00
147	GROS Dawid	235		M-30	00:00:31	00:25:14	00:50:44	01:17:18
148	SOSNOWSKI Maciej	677		M-30	00:00:45	00:25:28	00:51:06	01:17:20
149	ROŻEK Jacek	616	WĘGLOHUT TEAM	M-30	00:00:49	00:25:36	00:51:55	01:17:22
150	BRODALA Maciej	81	KS JUDO TEAM MASTERS GLIWICE	M-30	00:00:45	00:26:08	00:52:05	01:17:33
151	SZADKOWSKI Paweł	713	NIGHT RUNNERS GLIWICE	M-30	00:01:00	00:24:58	00:51:04	01:17:37
152	PŁOCH Tomasz	570	BALANS TEAM	M-30	00:00:49	00:25:13	00:51:28	01:17:38
153	KOSIŃSKI Marcin	343	BRAK	M-30	00:01:02	00:25:54	00:51:37	01:17:38
154	WIŚNIEWSKI Paweł	800	NIGHT RUNNERS GLIWICE	M-30	00:01:01	00:25:10	00:51:07	01:17:47
155	CIASTO Sebastian	106		M-30	00:00:14	00:24:42	00:50:53	01:17:55
156	SALAMON Emil	637		M-30	00:00:50	00:26:14	00:52:33	01:18:12
157	SZOŁTYSIK Paweł	726	SPARTA PLATFUS	M-30	00:00:33	00:26:25	00:52:26	01:18:20
158	FOLEK Andrzej	177	DTT POLAND	M-30	00:00:43	00:25:43	00:51:29	01:18:38
159	KWAŚNIEWSKI Dominik	388		M-30	00:00:45	00:26:35	00:52:52	01:18:53
160	KISIECKI Damian	317	NOVA TRADING STALE BIEGAM	M-30	00:00:38	00:26:35	00:52:51	01:18:57
161	RYNIAK Tomasz	946		M-30	00:00:25	00:25:31	00:51:41	01:19:06
162	BAUMERT Rafał	30	ISTA BIEGAMY	M-30	00:01:08	00:26:50	00:53:05	01:19:16
163	ORGAN Wojtek	524		M-30	00:01:08	00:26:50	00:53:05	01:19:16

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km
164	POKRYSZKA Bartosz	576		M-30	00:00:31	00:25:51	00:52:34	01:19:20
165	KLUGE Damian	323	REAL MADRYT	M-30	00:00:58	00:26:27	00:52:23	01:19:21
166	GRABOWSKI Maciej	220		M-30	00:00:51	00:26:15	00:53:02	01:19:27
167	BIAŁY Kamil	43	FAST FOOT TEAM SIEWIERZ	M-30	00:00:40	00:26:10	00:53:07	01:19:46
168	KUBIAK Grzegorz	373		M-30	00:00:48	00:25:12	00:51:51	01:19:49
169	GAWINEK Adam	198		M-30	00:01:05	00:27:13	00:53:18	01:19:51
170	PENKALA Artur	557	GO LEASING	M-30	00:00:24	00:26:32	00:53:07	01:19:57
171	DOBOSZ Mariusz	147	GO LEASING	M-30	00:00:23	00:26:33	00:53:08	01:19:58
172	KWAPIEŃ Aleksander	916		M-30	00:00:10	00:25:25	00:52:55	01:20:01
173	CYL Michał	118		M-30	00:00:18	00:25:42	00:52:37	01:20:05
174	DWORNICZAK Paweł	157		M-30	00:01:04	00:26:34	00:53:25	01:20:20
175	WILK Andrzej	793		M-30	00:00:59	00:25:51	00:52:40	01:20:22
176	ZAWADKI Robert	839		M-30	00:00:49	00:26:38	00:53:42	01:20:23
177	KANIA Dominik	302	R.R. MARTIN PISZ JUŻ TE KSIĄŻKI!	M-30	00:00:33	00:26:04	00:53:12	01:20:24
178	ADAMSKI Daniel	13		M-30	00:00:57	00:27:56	00:54:04	01:20:25
179	SZYPUŁA Michał	738	VEROCARGO	M-30	00:00:35	00:26:45	00:53:28	01:20:42
180	BYSTRZYCKI Rafał	99		M-30	00:01:22	00:28:11	00:55:27	01:20:44
181	GAŁKA Tomasz	190		M-30	00:00:29	00:25:59	00:53:26	01:21:07
182	NOWAK Tomasz	517		M-30	00:00:35	00:25:36	00:53:02	01:21:08
183	WOLAŃSKI Hubert	808	GWW99	M-30	00:01:21	00:27:42	00:55:08	01:21:33
184	WIECHOWSKI Artur	781	SPARTA PLATFUS	M-30	00:00:36	00:26:22	00:54:12	01:21:43
185	PRZESTALSKI Kornel	593	AC POLANKA	M-30	00:01:16	00:27:24	00:54:39	01:21:48
186	MAŁKOWSKI Tomasz	441	NIGHT RUNNERS ZABRZE	M-30	00:00:55	00:27:28	00:54:48	01:21:56
187	KUROWSKI Michał	384	NIGHT RUNNERS GLIWICE	M-30	00:00:52	00:27:31	00:54:51	01:21:59
188	KARBOWNIK Piotr	306		M-30	00:00:48	00:27:38	00:55:16	01:22:03
189	DROZD Kajetan	154	KAJETANDROZD.PL	M-30	00:00:48	00:27:38	00:55:16	01:22:03
190	DORCZAK Jarosław	151		M-30	00:00:49	00:25:40	00:53:14	01:22:11
191	GRZEBIELA Mateusz	243		M-30	00:01:05	00:27:38	00:54:51	01:22:13
192	CIELUCH Grzegorz	107		M-30	00:00:38	00:27:50	00:55:37	01:22:17
193	BRZEZINA Arkadiusz	89	SREBRNI BIEGACZE TARNOWSKIE GÓRY	M-30	00:00:58	00:26:41	00:54:13	01:22:18
194	PRYMAS Krystian	886		M-30	00:00:32	00:26:26	00:53:35	01:22:25
195	SZCZĘŚNIAK Przemysław	718		M-30	00:01:00	00:27:40	00:54:58	01:22:26
196	GRESZTA Grzegorz	229	JAH RASTAFARAI	M-30	00:00:59	00:25:40	00:52:45	01:22:27
197	TOKARZ Jacek	753		M-30	00:01:08	00:28:30	00:55:30	01:22:36
198	STAŃKO Marcin	689		M-30	00:00:04	00:26:17	00:54:07	01:22:41
199	KRYSTEK Łukasz	368		M-30	00:01:03	00:27:54	00:55:17	01:22:42
200	FUGOWSKI Grzegorz	184		M-30	00:01:06	00:27:05	00:54:04	01:22:46
201	MATUŁA Marcin	863	ASSECO ACTIVE TEAM	M-30	00:00:19	00:26:13	00:55:04	01:23:05
202	GRUCHALSKI Jakub	237	ISTA BIEGAMY	M-30	00:00:33	00:27:26	00:55:21	01:23:19
203	GRUDNIEWSKI Rafał	239	SREBRNI BIEGACZE TARNOWSKIE GÓRY	M-30	00:00:57	00:27:55	00:55:34	01:23:30
204	WALSKI Łukasz	770	MOMO RESTAURANT & COCKTAIL BAR	M-30	00:00:57	00:27:57	00:55:47	01:23:30
205	WYLEŻOŁ Piotr	828	WWW.PROJEKTORY.KATOWICE.PL	M-30	00:00:53	00:27:02	00:55:00	01:23:32
206	KACZMARSKI Jacek	293	ELZAB ACTIVE TEAM	M-30	00:00:50	00:27:31	00:55:24	01:23:33
207	BŁASZCZYSZYN Łukasz	60		M-30	00:00:52	00:28:00	00:56:10	01:23:35
208	KUŹNICKI Tomasz	387		M-30	00:01:38	00:27:18	00:55:19	01:23:37

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km
209	KULESZA Łukasz	917		M-30	00:01:32	00:28:39	00:56:14	01:23:42
210	WŁODARCZYK Paweł	801	ING BANK ŚLĄSKI S.A.	M-30	00:00:45	00:27:24	00:55:37	01:23:43
211	GĘBCZYŃSKI Paweł	204		M-30	00:00:48	00:26:53	00:55:03	01:23:49
212	ZIMOCH Grzegorz	850		M-30	00:01:05	00:27:20	00:54:41	01:23:49
213	GRABSKI Michał	222	KOMBO KURCZAKI	M-30	00:01:10	00:28:56	00:57:45	01:23:57
214	ALBRECHT Sebastian	875		M-30	00:01:12	00:28:26	00:56:11	01:24:05
215	BOGDAŁ Michał	67	BBG RACING	M-30	00:00:59	00:28:41	00:56:46	01:24:07
216	SELIGA Paweł	644	BIEGAJ Z TRENERAMI GLIWICE	M-30	00:00:38	00:26:56	00:55:10	01:24:12
217	PIŁAT Jarosław	568	PACEMAKER	M-30	00:00:54	00:27:56	00:56:15	01:24:13
218	TKACZYK Tomasz	749	PIGT	M-30	00:00:51	00:26:55	00:55:04	01:24:21
219	ŻABICKI Mariusz	854	MULTIEFEKT.PL	M-30	00:00:41	00:28:02	00:56:29	01:24:24
220	RUNNER Alek	620		M-30	00:00:00	00:27:04	00:55:04	01:24:26
221	WRÓBEL Jarosław	825		M-30	00:01:11	00:28:33	00:56:21	01:24:26
222	DĄBROWSKI Marcin	143	TEAM KORNEL	M-30	00:00:53	00:27:48	00:55:41	01:24:31
223	PASIEKA Grzegorz	547		M-30	00:01:09	00:28:26	00:56:59	01:24:39
224	WIORA Łukasz	799		M-30	00:00:46	00:28:19	00:56:41	01:24:42
225	NIEDZIELA Maciej	501		M-30	00:00:40	00:28:04	00:56:30	01:24:50
226	BITNER Krystian	55		M-30	00:01:03	00:27:50	00:56:14	01:24:54
227	BANASZAK Marcin	21		M-30	00:01:33	00:29:10	00:57:22	01:25:03
228	HENDRYK Leszek	253		M-30	00:00:55	00:28:51	00:57:39	01:25:39
229	GAWROŃSKI Wojtek	199		M-30	00:00:34	00:26:49	00:55:54	01:25:50
230	RYZYNSKI Wojciech	630		M-30	00:00:18	00:28:25	00:57:37	01:25:54
231	STĘCLIK Michał	697		M-30	00:00:34	00:28:46	00:57:44	01:25:57
232	MARKOWSKI Kamil	448		M-30	00:00:20	00:28:19	00:56:57	01:26:06
233	LESZKO Tomasz	406	EUVIC	M-30	00:00:31	00:27:56	00:57:02	01:26:08
234	JUREKO Maciej	290		M-30	00:00:34	00:28:46	00:57:37	01:26:09
235	BIEŃKOWSKI Paweł	954		M-30	00:01:34	00:29:16	00:57:45	01:26:18
236	WIKTORCZYK Przemysław	790		M-30	00:00:36	00:25:52	00:54:42	01:26:22
237	SOŚNIAK Tomasz	679	KUDŁATY ART	M-30	00:01:05	00:28:26	00:57:04	01:26:22
238	BIELECKI Bartosz	51		M-30	00:01:31	00:29:40	00:59:46	01:26:28
239	STANISZ Michał	687		M-30	00:00:53	00:28:15	00:57:43	01:26:59
240	MAJEWSKI Grzegorz	434		M-30	00:01:16	00:27:42	00:56:11	01:27:14
241	NIEDWIECKI Paweł	499	OCHOTICZA STRAŻ POŻARNA W KOTUSZOWIE	M-30	00:00:47	00:28:15	00:57:00	01:27:38
242	KULAWIK Mariusz	378		M-30	00:00:51	00:29:26	00:58:57	01:27:46
243	NIESTRÓJ Rafał	505		M-30	00:01:06	00:30:05	00:59:41	01:27:49
244	STANKIEWICZ Adam	688		M-30	00:01:19	00:29:12	00:58:50	01:27:49
245	KOPPEL Bartłomiej	339	NIGHT RUNNERS GLIWICE	M-30	00:01:06	00:27:32	00:57:07	01:28:27
246	GORAJ Adam	896		M-30	00:00:21	00:28:25	00:57:25	01:28:36
247	MATYSIEWICZ Piotr	456	INTER PROJEKT	M-30	00:00:52	00:28:53	00:59:12	01:29:21
248	WALEWSKI Kamil	768		M-30	00:01:10	00:28:30	00:59:14	01:29:22
249	SKOWRON Rafal	659	SKOWRONIASTY.NET	M-30	00:00:59	00:27:52	00:57:59	01:29:30
250	OSIŃSKI Paweł	527	BIEGAJ Z TRENERAMI	M-30	00:01:34	00:28:54	00:58:59	01:29:45
251	WACŁAWSKI Maciej	938		M-30	00:00:18	00:25:26	00:54:50	01:30:48
252	KOWALCZYK Tomasz	346		M-30	00:01:27	00:30:01	01:00:32	01:31:09
253	RYBOTYCKI Tomasz	625		M-30	00:01:23	00:30:43	01:01:16	01:31:12

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km
254	MIRKA Arkadiusz	476		M-30	00:01:05	00:30:26	01:02:34	01:31:32
255	KRYNICKI Paweł	367		M-30	00:01:30	00:30:36	01:01:14	01:31:59
256	JEZIOR Bartosz	957		M-30	00:01:04	00:28:50	01:03:13	01:32:44
257	SZWARCZYŃSKI Jakub	907		M-30	00:01:27	00:31:08	01:03:21	01:33:35
258	SZCZUREK Piotr	721		M-30	00:01:25	00:30:32	01:01:58	01:33:46
259	CZARNECKI Bartosz	129		M-30	00:01:04	00:30:50	01:04:54	01:33:49
260	FLOREK Maciej 'Gleba'	2		M-30	00:00:02	00:32:10	01:06:22	01:34:30
261	MICHNIEWSKI Piotr	470		M-30	00:00:02	00:32:11	01:06:22	01:34:30
262	RACZKOWSKI Łukasz	1289		M-30	00:00:00	00:32:12	01:06:24	01:34:32
263	ZEGARTOWSKI Michał	841		M-30	00:01:37	00:31:29	01:03:12	01:34:43
264	MAŁYSA Łukasz	442		M-30	00:01:25	00:31:23	01:03:32	01:35:54
265	BATKO Dawid	866	GRZMOTKI	M-30	00:00:49	00:29:08	01:02:07	01:36:00
266	WYKURZ Paweł	827	RUN AND FUN	M-30	00:01:27	00:34:11	01:07:44	01:37:50
267	PRZESTALSKI Leszek	592	AC POLANKA	M-30	00:01:17	00:30:30	01:02:23	01:38:13
268	OCHNIK Piotr	520		M-30	00:01:12	00:31:50	01:06:43	01:43:12
269	JANOSZKA Piotr	276	BANDA Z POŁUDNIA	M-30	00:01:22	00:33:16	01:08:11	01:43:38

Znaleziono 269 wynik(ów)