



V PÓŁMARATON GLIWICKI

B4SPORT

Wydarzenie: V Radan Półmaraton Gliwicki 2018
Organizator: Fundacja Bieg Rzeźnika
Data: 2018-11-04
Miejsce: Gliwice
Dystans: 21.1 km

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: M-30

Punkt pomiarowy: 20,0 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
1	OLIJNYK Pawel	936		M-30	00:00:01	00:15:58	00:32:19	00:48:02	01:04:24
2	VERETSKYI Pavlo	949		M-30	00:00:01	00:15:58	00:32:27	00:48:02	01:04:24
3	SLAVENSKI Ilya	951		M-30	00:00:01	00:15:58	00:32:19	00:48:21	01:07:13
4	MUSKIETORZ Piotr	489		M-30	00:00:01	00:17:07	00:34:57	00:52:36	01:10:43
5	SZCZECIŃSKI Maciej	716	INŻYNIERIA BIEGANIA	M-30	00:00:02	00:17:34	00:35:40	00:53:27	01:11:31
6	KOŹDOŃ Jarosław	885		M-30	00:00:01	00:17:19	00:35:35	00:53:28	01:11:46
7	ZABA Marek	830	MAGNETI MARELLI /TRIATHLON - X - TEAM	M-30	00:00:02	00:17:42	00:35:52	00:53:51	01:12:19
8	JACHIMSKI Piotr	267	ORZESZE TEŻ BIEGA	M-30	00:00:02	00:17:25	00:35:58	00:54:26	01:13:37
9	ŻURAWIK Daniel	858	PPI SYSTEMY-GRZEWCZE	M-30	00:00:03	00:18:16	00:37:08	00:55:51	01:14:59
10	HRABIA Łukasz	261	6 BATALION POWIETRZNODESANTOWY	M-30	00:00:02	00:18:32	00:37:43	00:56:31	01:15:50
11	DUŹNIAK Dominik	156	STEP-DANCE	M-30	00:00:02	00:19:08	00:39:16	00:59:05	01:19:33
12	ALKER Adam	905		M-30	00:00:03	00:18:50	00:38:51	00:58:45	01:20:01
13	URBAN Wiktor	760	NIGHT RUNNERS ZABRZE	M-30	00:00:04	00:19:16	00:39:28	00:59:38	01:21:04
14	BUCHTA Adam	91		M-30	00:00:04	00:19:43	00:40:11	01:00:43	01:22:13
15	SMUDA Krzysztof	671		M-30	00:00:05	00:20:45	00:41:35	01:01:58	01:22:33
16	CZOSNOWSKI Tomasz	134	OTK RZEŹNIK	M-30	00:00:04	00:20:09	00:40:48	01:01:28	01:22:57
17	WOŹNIAK Grzegorz	898		M-30	00:00:09	00:20:27	00:41:16	01:01:54	01:23:05
18	RATYŃSKI Bartłomiej	605	HAPPY RUNNERS	M-30	00:00:08	00:20:51	00:41:58	01:02:38	01:23:43
19	PAŁYGIWICZ Jacek	541	SKPB KATOWICE	M-30	00:00:05	00:20:55	00:42:16	01:03:27	01:24:41
20	POŚNIAK Tomasz	585	ISTA BIEGAMY	M-30	00:00:04	00:19:37	00:40:53	01:02:17	01:24:43
21	PODSIADŁO Adam	574		M-30	00:00:02	00:19:58	00:41:22	01:02:32	01:24:47
22	NOWACKI Wojciech	513	PACEMAKER / WOJTAS BIEGACZ STOPOWICZ	M-30	00:00:04	00:20:54	00:42:02	01:03:15	01:24:51
23	LAMPARSKI Łukasz	395	ENDURANCE TEAM	M-30	00:00:04	00:20:24	00:41:23	01:02:02	01:24:52
24	LASKOWSKI Tomasz	400	AKMB PĘDZIWIATR GLIWICE	M-30	00:00:04	00:21:00	00:42:17	01:03:30	01:25:11
25	MIRONOWICZ Bartłomiej	867		M-30	00:00:16	00:20:47	00:42:05	01:03:18	01:25:15
26	OCHMAN Rafał	518	OPEL ACTIVE TEAM	M-30	00:00:02	00:20:33	00:42:06	01:03:20	01:25:35
27	HUĆ Aron	958	MOMO	M-30	00:00:09	00:21:22	00:43:09	01:04:07	01:25:37
28	KUKUCZKA Mateusz	376		M-30	00:00:10	00:21:40	00:43:25	01:04:26	01:25:48

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
29	NIEDZIELA Janusz	500		M-30	00:00:04	00:20:15	00:41:19	01:02:39	01:25:49
30	WOJTASIEWICZ Paweł	803		M-30	00:00:07	00:21:13	00:42:51	01:04:11	01:25:49
31	BORSIAK Sebastian	75	OPEL ACTIVE TEAM	M-30	00:00:06	00:20:53	00:42:14	01:03:26	01:25:54
32	SROCZYŃSKI Dariusz	682	NGK RUNNING TEAM	M-30	00:00:11	00:21:48	00:43:43	01:05:21	01:27:31
33	ORZECH Michał	526	MUSTANGI GLIWICE	M-30	00:00:05	00:20:53	00:42:15	01:04:03	01:27:56
34	NIESLER Michał	504		M-30	00:00:08	00:21:32	00:43:44	01:05:48	01:28:14
35	OPACH Kamil	522	FAST FOOT TEAM SIEWIERZ	M-30	00:00:05	00:20:54	00:42:28	01:04:44	01:28:17
36	BORZĘCKI Damian	78	SOCIOS	M-30	00:00:08	00:19:56	00:41:20	01:03:37	01:29:15
37	FABIAN Michał	167		M-30	00:00:08	00:22:06	00:44:34	01:06:37	01:29:17
38	FURMANEK Łukasz	186	KLUB BIEGACZA SANTANDERA	M-30	00:00:07	00:21:09	00:43:23	01:05:48	01:29:37
39	RIMPLER Łukasz	611	BIEGNĘ DLA ZUZI	M-30	00:00:10	00:22:07	00:44:50	01:07:21	01:30:06
40	GAJCZEWSKI Mateusz	187		M-30	00:00:09	00:22:00	00:44:14	01:06:33	01:30:12
41	WANIEWSKI Michał	771		M-30	00:00:07	00:21:44	00:44:49	01:07:27	01:30:16
42	NAJUCH Wojciech	491	RAMBO STILL ALIVE	M-30	00:00:09	00:22:15	00:45:17	01:07:35	01:30:29
43	SZABELSKI Krzysztof	712	FUTURE PROCESSING RUNNING TEAM	M-30	00:00:19	00:23:08	00:46:36	01:08:48	01:30:53
44	KROL Dariusz	365	SPELEOKLUB DĄBROWA GÓRNICZA	M-30	00:00:17	00:21:44	00:44:42	01:07:21	01:31:22
45	MARKOWSKI Marcin	3		M-30	00:00:03	00:22:05	00:45:30	01:08:48	01:31:51
46	SITKO Mateusz	652		M-30	00:00:30	00:22:52	00:45:39	01:08:25	01:31:57
47	JĘDZURA Daniel	284	NIGHT RUNNERS GLIWICE	M-30	00:00:13	00:23:09	00:46:25	01:09:22	01:32:00
48	TISZBIEREK Marek	747		M-30	00:00:40	00:23:43	00:47:16	01:09:34	01:32:03
49	NAPIÓRKOWSKI Adam	493		M-30	00:00:15	00:22:52	00:46:16	01:08:35	01:32:07
50	SUCHY Łukasz	705	HIRERIGHT RUNNING TEAM	M-30	00:00:32	00:22:38	00:45:36	01:08:36	01:32:11
51	ŁĘCKI Piotr	422	NIGHT RUNNERS GLIWICE	M-30	00:00:13	00:23:08	00:46:24	01:09:23	01:32:14
52	RUSAK Sebastian	908		M-30	00:00:03	00:20:31	00:42:56	01:05:54	01:32:16
53	PALUCH Janusz	539		M-30	00:00:17	00:23:06	00:46:22	01:09:24	01:32:23
54	WOJTUKIEWICZ Artur	806	DHL RUN CLUB	M-30	00:00:25	00:22:51	00:46:08	01:09:15	01:32:26
55	FERENC Paweł	171		M-30	00:00:28	00:23:32	00:47:11	01:10:10	01:32:35
56	BIELA Grzegorz	49	GIBKE GIZDY	M-30	00:00:04	00:20:54	00:43:41	01:07:15	01:32:38
57	FRANKIEWICZ Artur	181		M-30	00:00:15	00:23:07	00:46:16	01:09:27	01:32:38
58	RYŃSKI Robert	629		M-30	00:00:15	00:23:09	00:46:24	01:09:51	01:32:51
59	TEKLA Krzysztof	745		M-30	00:00:00	00:23:18	00:46:37	01:10:00	01:33:06
60	RYBIŃSKI Łukasz	624	EŁKA TEAM	M-30	00:00:09	00:21:03	00:43:57	01:07:21	01:33:11
61	CZERNY Michał	926		M-30	00:00:15	00:22:55	00:46:12	01:09:35	01:33:31
62	MISZTAL Kamil	478		M-30	00:00:16	00:23:06	00:46:21	01:09:53	01:33:32
63	BORYSEWICZ Wojciech	77		M-30	00:00:16	00:23:05	00:46:09	01:09:17	01:33:44
64	KRAJEWSKI Michał	359		M-30	00:00:18	00:23:33	00:46:58	01:09:53	01:33:58
65	BABIUCH Karol	16	WKURW_TEAM	M-30	00:00:15	00:23:10	00:46:24	01:09:56	01:34:12
66	FAMUŁA Tomasz	170	FUTURA PROCESSING RUNNING TEAM / TRI DIVISION TRIATHLON TEAM	M-30	00:00:25	00:23:34	00:47:20	01:11:01	01:34:16
67	PŁAWIAK Rafał	572	KS KOZIOŁEK KĘDZIERZYN-KOŹLE	M-30	00:00:11	00:21:34	00:44:44	01:09:02	01:34:17
68	BUJOK Mariusz	95		M-30	00:00:11	00:23:04	00:46:28	01:09:59	01:34:28
69	GRAMATYKA Jan	227	FUTURE PROCESSING RUNNING TEAM	M-30	00:00:18	00:23:12	00:46:37	01:10:27	01:34:42
70	RUTKOWSKI Michał	622		M-30	00:00:36	00:24:13	00:48:10	01:11:50	01:34:54
71	RUTKOWSKI Bartłomiej	623		M-30	00:00:36	00:24:12	00:48:10	01:11:49	01:34:54
72	RADZIEWICZ Marek	947	CROSS BOX	M-30	00:00:16	00:23:03	00:46:26	01:10:33	01:35:13
73	GŁOGOWSKI Konrad	209		M-30	00:00:20	00:23:35	00:47:42	01:11:41	01:35:33

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
74	SZOMBARA Michał	727	ZAZDROŚĆ	M-30	00:00:24	00:24:13	00:48:30	01:12:12	01:35:35
75	STASIAK Mirosław	691	ROCKWELL AUTOMATION	M-30	00:00:06	00:22:43	00:46:49	01:11:15	01:35:39
76	OPIŁEK Marek	523	EUVIC	M-30	00:00:07	00:21:43	00:45:24	01:09:40	01:35:44
77	KOTYRBA Tomasz	345		M-30	00:00:07	00:23:54	00:48:28	01:12:18	01:35:55
78	UJMA Michał	758		M-30	00:00:13	00:23:09	00:46:43	01:10:51	01:36:25
79	SUTKOWSKI Jan	708	GWARDZIŚCI	M-30	00:00:26	00:23:22	00:47:08	01:11:05	01:36:28
80	ZMEŁTY Leszek	873	SKPB KATOWICE	M-30	00:00:39	00:24:48	00:49:25	01:12:57	01:36:28
81	BANAŚ Mateusz	22	MOMO RESTAURANT & COCKTAIL BAR	M-30	00:00:37	00:24:09	00:48:30	01:12:28	01:36:42
82	KOZIARSKI Maciek	355		M-30	00:00:23	00:24:34	00:48:54	01:12:36	01:36:48
83	WOŹNICA Adrian	816	GRUPA NOMAX	M-30	00:00:26	00:24:48	00:49:39	01:13:29	01:36:58
84	BICZYSKI Paweł	45	PSYCHONAUCI	M-30	00:00:06	00:22:08	00:46:20	01:11:12	01:36:59
85	CHEJDYS Krystian	101	KAC RUNNERS	M-30	00:00:34	00:23:44	00:47:45	01:11:39	01:37:01
86	JAWOREK Jacek	280	JBC TEAM	M-30	00:00:33	00:24:12	00:48:20	01:12:22	01:37:09
87	WOMELA Maciej	813		M-30	00:01:09	00:24:15	00:47:52	01:11:55	01:37:13
88	TOMCZAK Mariusz	754	GWARDZIŚCI	M-30	00:00:26	00:24:03	00:48:30	01:12:24	01:37:16
89	KRAJEWSKI Radosław	358		M-30	00:00:18	00:23:40	00:48:05	01:12:19	01:37:20
90	KULPA Marek	379	4QM	M-30	00:00:24	00:24:05	00:48:21	01:12:39	01:37:21
91	DZIERWA Marcin	164	NOWA HUTA TEAM	M-30	00:00:14	00:23:08	00:46:41	01:11:45	01:37:32
92	WÓJCIK Rafał	820		M-30	00:00:17	00:23:32	00:47:47	01:12:21	01:37:32
93	SOWA Andrzej	680		M-30	00:00:20	00:23:35	00:48:02	01:12:24	01:37:45
94	UBDA Łukasz	757	MDM NT TEAM	M-30	00:00:05	00:20:53	00:45:21	01:10:07	01:37:46
95	DOMŻALSKI Jakub	150		M-30	00:00:12	00:23:15	00:47:28	01:12:02	01:37:51
96	ŁATKA Łukasz	421		M-30	00:00:57	00:24:32	00:49:03	01:13:15	01:38:00
97	MALEC Arkadiusz	438		M-30	00:01:10	00:24:11	00:49:04	01:13:24	01:38:03
98	PALEWICZ Wojciech	538	DENTYSTAZGLIWIC.PL	M-30	00:00:26	00:24:17	00:48:54	01:13:40	01:38:38
99	MAY-MAJEWSKI Michał	457		M-30	00:00:30	00:24:55	00:50:05	01:14:46	01:38:54
100	GAŁKA Maciej	191		M-30	00:01:30	00:24:44	00:48:49	01:14:01	01:38:54
101	TŁOŁKA Michał	751		M-30	00:00:29	00:24:57	00:50:06	01:14:47	01:38:55
102	BIELA Rafał	50		M-30	00:00:29	00:24:57	00:50:06	01:14:48	01:38:55
103	BUCZYŃSKI Radosław	92	NIGHT RUNNERS GLIWICE	M-30	00:00:42	00:24:16	00:48:45	01:13:29	01:38:59
104	STOJAK Paweł	699		M-30	00:00:46	00:23:56	00:48:33	01:13:44	01:38:59
105	KOLOCH Michał	909		M-30	00:00:38	00:24:41	00:49:32	01:13:55	01:39:01
106	ZABORSKI Beniamin	831		M-30	00:00:09	00:24:27	00:49:28	01:14:04	01:39:08
107	SIERADZKI Dariusz	650	BIEGAJ Z TRENERAMI	M-30	00:00:22	00:24:51	00:49:42	01:15:06	01:39:22
108	KLIMAS Adam	322		M-30	00:00:31	00:24:17	00:49:02	01:13:49	01:39:47
109	ZYMELA Dawid	853		M-30	00:00:27	00:24:48	00:49:52	01:14:51	01:39:48
110	TELER Marcin	894		M-30	00:00:23	00:23:42	00:48:06	01:13:04	01:39:54
111	WIETRZYCKI Mariusz	787	BIEGAJ Z TRENERAMI	M-30	00:00:43	00:25:14	00:50:31	01:14:48	01:39:54
112	SEROCKI Michał	645		M-30	00:00:37	00:24:51	00:49:59	01:14:53	01:39:58
113	MACZUGA Bartłomiej	430	PACEMAKER	M-30	00:00:22	00:24:50	00:49:42	01:15:07	01:40:01
114	NITARSKI Patryk	508	NR	M-30	00:00:24	00:24:45	00:49:37	01:15:00	01:40:05
115	ZIOBER Grzegorz	851	SPARTA PLATFUS	M-30	00:00:34	00:26:24	00:52:25	01:16:16	01:40:11
116	PANZ Krzysztof	545		M-30	00:00:14	00:23:10	00:48:01	01:13:27	01:40:18
117	WÓJCIK Tomasz	821	FDG S.A.	M-30	00:01:20	00:24:53	00:49:50	01:14:56	01:40:24
118	GARBACZ Damian	193		M-30	00:00:21	00:24:09	00:49:03	01:14:50	01:40:52

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
119	KOWOLIK Lukasz	351	TAURON TEAM	M-30	00:00:52	00:25:40	00:50:04	01:14:30	01:40:53
120	BOGACZ Paweł	66	JAGODA TEAM	M-30	00:00:23	00:24:49	00:49:40	01:15:06	01:40:57
121	GRZESIKIEWICZ Mariusz	246		M-30	00:00:14	00:25:01	00:50:04	01:15:16	01:41:03
122	JURCZYGA Maciej	289		M-30	00:01:40	00:25:54	00:51:24	01:15:56	01:41:07
123	JERZYK Andrzej	282		M-30	00:00:23	00:23:40	00:48:58	01:14:26	01:41:08
124	ROŻEK Jacek	616	WĘGLOHUT TEAM	M-30	00:00:49	00:25:36	00:51:55	01:17:22	01:41:15
125	WIECHUŁA Marcin	782		M-30	00:00:37	00:22:22	00:45:58	01:11:20	01:41:23
126	STEC Marcin	695	KW GLIWICE	M-30	00:01:02	00:24:33	00:50:07	01:15:20	01:41:38
127	ĆWIKŁA Kamil	136	HARPAGANY	M-30	00:00:55	00:25:02	00:50:37	01:16:01	01:41:41
128	ZALEWSKI Artur	835		M-30	00:00:25	00:23:44	00:48:22	01:13:50	01:41:49
129	GARYGA Łukasz	196	RUNHOGS TYCHY	M-30	00:00:00	00:25:14	00:50:04	01:15:15	01:42:10
130	MARCINIAK Krzysztof	444		M-30	00:00:39	00:25:36	00:51:19	01:16:51	01:42:14
131	WAL Grzegorz	767	OPEL ACTIVE TEAM	M-30	00:00:30	00:25:13	00:50:35	01:15:41	01:42:18
132	TOCZYDŁOWSKI Łukasz	752		M-30	00:01:42	00:26:26	00:52:12	01:16:59	01:42:20
133	TRĄBA Piotr	942	CROSS FIT 43 300	M-30	00:00:24	00:24:52	00:50:40	01:16:36	01:42:40
134	PIECHOWIAK Wojciech	560		M-30	00:00:27	00:25:04	00:50:51	01:16:20	01:42:40
135	KAWKA Maciej	900		M-30	00:00:21	00:25:43	00:51:12	01:16:31	01:42:56
136	GÓRKA Szymon	893		M-30	00:00:11	00:24:09	00:49:04	01:15:05	01:43:00
137	STANIK Bogdan	874	6BPD GLIWICE	M-30	00:00:17	00:24:11	00:49:55	01:16:40	01:43:01
138	WIEKIERA Adam	786		M-30	00:00:58	00:25:03	00:50:34	01:16:44	01:43:06
139	CZAJA Łukasz	930		M-30	00:00:38	00:26:14	00:50:37	01:14:52	01:43:16
140	BRODALA Maciej	81	KS JUDO TEAM MASTERS GLIWICE	M-30	00:00:45	00:26:08	00:52:05	01:17:33	01:43:18
141	DZIUBEK Michał	165	W POGONI ZA DUCHEM	M-30	00:00:44	00:25:10	00:50:49	01:17:00	01:43:21
142	WOŹNIAKOWSKI Jan	815	OPEL ACTIVE TEAM	M-30	00:00:36	00:24:57	00:50:54	01:16:55	01:43:25
143	WIKIERSKI Michał	789		M-30	00:00:47	00:25:10	00:50:46	01:16:57	01:43:29
144	PLOCH Tomasz	570	BALANS TEAM	M-30	00:00:49	00:25:13	00:51:28	01:17:38	01:43:40
145	KASZUBSKI Andrzej	314		M-30	00:00:13	00:23:04	00:48:31	01:15:29	01:43:44
146	WIŚNIEWSKI Paweł	800	NIGHT RUNNERS GLIWICE	M-30	00:01:01	00:25:10	00:51:07	01:17:47	01:44:19
147	KOSIŃSKI Marcin	343	BRAK	M-30	00:01:02	00:25:54	00:51:37	01:17:38	01:44:34
148	TKOCZ Rafał	750		M-30	00:00:39	00:25:37	00:51:19	01:16:57	01:44:41
149	SALAMON Emil	637		M-30	00:00:50	00:26:14	00:52:33	01:18:12	01:44:42
150	KWAŚNIEWSKI Dominik	388		M-30	00:00:45	00:26:35	00:52:52	01:18:53	01:45:09
151	SKOTNICKI Paweł	6	TSH TEAM	M-30	00:00:41	00:25:03	00:50:47	01:16:46	01:45:14
152	SOSNOWSKI Maciej	677		M-30	00:00:45	00:25:28	00:51:06	01:17:20	01:45:20
153	KISIECKI Damian	317	NOVA TRADING STALE BIEGAM	M-30	00:00:38	00:26:35	00:52:51	01:18:57	01:45:29
154	ORGAN Wojtek	524		M-30	00:01:08	00:26:50	00:53:05	01:19:16	01:45:45
155	BAUMERT Rafał	30	ISTA BIEGAMY	M-30	00:01:08	00:26:50	00:53:05	01:19:16	01:45:46
156	SZADKOWSKI Paweł	713	NIGHT RUNNERS GLIWICE	M-30	00:01:00	00:24:58	00:51:04	01:17:37	01:45:56
157	POKRYSZKA Bartosz	576		M-30	00:00:31	00:25:51	00:52:34	01:19:20	01:46:04
158	CIASTO Sebastian	106		M-30	00:00:14	00:24:42	00:50:53	01:17:55	01:46:05
159	KAWCZYŃSKI Grzegorz	315		M-30	00:00:41	00:24:32	00:49:25	01:15:46	01:46:18
160	ADAMSKI Daniel	13		M-30	00:00:57	00:27:56	00:54:04	01:20:25	01:46:32
161	BYSTRZYCKI Rafał	99		M-30	00:01:22	00:28:11	00:55:27	01:20:44	01:46:40
162	SZOŁTYSIK Paweł	726	SPARTA PLATFUS	M-30	00:00:33	00:26:25	00:52:26	01:18:20	01:46:44
163	BIAŁY Kamil	43	FAST FOOT TEAM SIEWIERZ	M-30	00:00:40	00:26:10	00:53:07	01:19:46	01:46:47

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
164	KWAPIEŃ Aleksander	916		M-30	00:00:10	00:25:25	00:52:55	01:20:01	01:46:53
165	PENKALA Artur	557	GO LEASING	M-30	00:00:24	00:26:32	00:53:07	01:19:57	01:46:56
166	DOBOSZ Mariusz	147	GO LEASING	M-30	00:00:23	00:26:33	00:53:08	01:19:58	01:46:57
167	GAWINEK Adam	198		M-30	00:01:05	00:27:13	00:53:18	01:19:51	01:47:12
168	ZAWADKI Robert	839		M-30	00:00:49	00:26:38	00:53:42	01:20:23	01:47:30
169	GRABOWSKI Maciej	220		M-30	00:00:51	00:26:15	00:53:02	01:19:27	01:47:35
170	FOREMSKI Grzegorz	179		M-30	00:00:34	00:24:21	00:49:32	01:16:57	01:47:43
171	FOLEK Andrzej	177	DTT POLAND	M-30	00:00:43	00:25:43	00:51:29	01:18:38	01:47:46
172	KANIA Dominik	302	R.R. MARTIN PISZ JUŻ TE KSIĄŻKI!	M-30	00:00:33	00:26:04	00:53:12	01:20:24	01:47:52
173	KARBOWNIK Piotr	306		M-30	00:00:48	00:27:38	00:55:16	01:22:03	01:47:56
174	DROZD Kajetan	154	KAJETANDROZD.PL	M-30	00:00:48	00:27:38	00:55:16	01:22:03	01:47:56
175	GROS Dawid	235		M-30	00:00:31	00:25:14	00:50:44	01:17:18	01:47:57
176	DWORNICZAK Paweł	157		M-30	00:01:04	00:26:34	00:53:25	01:20:20	01:48:23
177	WOLAŃSKI Hubert	808	GWW99	M-30	00:01:21	00:27:42	00:55:08	01:21:33	01:48:31
178	RYNIAK Tomasz	946		M-30	00:00:25	00:25:31	00:51:41	01:19:06	01:48:43
179	KUBIAK Grzegorz	373		M-30	00:00:48	00:25:12	00:51:51	01:19:49	01:48:45
180	SZYPUŁA Michał	738	VEROCARGO	M-30	00:00:35	00:26:45	00:53:28	01:20:42	01:48:55
181	CYL Michał	118		M-30	00:00:18	00:25:42	00:52:37	01:20:05	01:49:22
182	MAŁKOWSKI Tomasz	441	NIGHT RUNNERS ZABRZE	M-30	00:00:55	00:27:28	00:54:48	01:21:56	01:49:24
183	KUROWSKI Michał	384	NIGHT RUNNERS GLIWICE	M-30	00:00:52	00:27:31	00:54:51	01:21:59	01:49:26
184	CIELUCH Grzegorz	107		M-30	00:00:38	00:27:50	00:55:37	01:22:17	01:49:36
185	PRZESTALSKI Kornel	593	AC POLANKA	M-30	00:01:16	00:27:24	00:54:39	01:21:48	01:50:00
186	TOKARZ Jacek	753		M-30	00:01:08	00:28:30	00:55:30	01:22:36	01:50:06
187	BRZEZINA Arkadiusz	89	SREBRNI BIEGACZE TARNOWSKIE GÓRY	M-30	00:00:58	00:26:41	00:54:13	01:22:18	01:50:22
188	WILK Andrzej	793		M-30	00:00:59	00:25:51	00:52:40	01:20:22	01:50:35
189	GRABSKI Michał	222	KOMBO KURCZAKI	M-30	00:01:10	00:28:56	00:57:45	01:23:57	01:50:51
190	NOWAK Tomasz	517		M-30	00:00:35	00:25:36	00:53:02	01:21:08	01:50:56
191	SZCZĘŚNIAK Przemysław	718		M-30	00:01:00	00:27:40	00:54:58	01:22:26	01:50:56
192	BANASZAK Marcin	21		M-30	00:01:33	00:29:10	00:57:22	01:25:03	01:51:11
193	BIELECKI Bartosz	51		M-30	00:01:31	00:29:40	00:59:46	01:26:28	01:51:12
194	KULESZA Łukasz	917		M-30	00:01:32	00:28:39	00:56:14	01:23:42	01:51:36
195	ALBRECHT Sebastian	875		M-30	00:01:12	00:28:26	00:56:11	01:24:05	01:51:42
196	KRYSTEK Łukasz	368		M-30	00:01:03	00:27:54	00:55:17	01:22:42	01:51:44
197	WALSKI Łukasz	770	MOMO RESTAURANT & COCKTAIL BAR	M-30	00:00:57	00:27:57	00:55:47	01:23:30	01:51:45
198	BŁASZCZYSZYN Łukasz	60		M-30	00:00:52	00:28:00	00:56:10	01:23:35	01:51:47
199	GRZEBIELA Mateusz	243		M-30	00:01:05	00:27:38	00:54:51	01:22:13	01:51:50
200	BOGDAŁ Michał	67	BBG RACING	M-30	00:00:59	00:28:41	00:56:46	01:24:07	01:51:53
201	MATUŁA Marcin	863	ASSECO ACTIVE TEAM	M-30	00:00:19	00:26:13	00:55:04	01:23:05	01:51:57
202	WRÓBEL Jarosław	825		M-30	00:01:11	00:28:33	00:56:21	01:24:26	01:52:14
203	PASIEKA Grzegorz	547		M-30	00:01:09	00:28:26	00:56:59	01:24:39	01:52:15
204	GRUDNIEWSKI Rafał	239	SREBRNI BIEGACZE TARNOWSKIE GÓRY	M-30	00:00:57	00:27:55	00:55:34	01:23:30	01:52:28
205	GAŁKA Tomasz	190		M-30	00:00:29	00:25:59	00:53:26	01:21:07	01:52:29
206	KUŹNICKI Tomasz	387		M-30	00:01:38	00:27:18	00:55:19	01:23:37	01:52:34
207	GRUCHALSKI Jakub	237	ISTA BIEGAMY	M-30	00:00:33	00:27:26	00:55:21	01:23:19	01:52:36
208	WIECHOWSKI Artur	781	SPARTA PLATFUS	M-30	00:00:36	00:26:22	00:54:12	01:21:43	01:52:45

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
209	DORCZAK Jarosław	151		M-30	00:00:49	00:25:40	00:53:14	01:22:11	01:52:48
210	ŻABICKI Mariusz	854	MULTIEFEKT.PL	M-30	00:00:41	00:28:02	00:56:29	01:24:24	01:52:53
211	PIŁAT Jarosław	568	PACEMAKER	M-30	00:00:54	00:27:56	00:56:15	01:24:13	01:52:53
212	WYLEŻOŁ Piotr	828	WWW.PROJEKTORY.KATOWICE.PL	M-30	00:00:53	00:27:02	00:55:00	01:23:32	01:52:54
213	FUGOWSKI Grzegorz	184		M-30	00:01:06	00:27:05	00:54:04	01:22:46	01:53:00
214	STAŃKO Marcin	689		M-30	00:00:04	00:26:17	00:54:07	01:22:41	01:53:03
215	WŁODARCZYK Paweł	801	ING BANK ŚLĄSKI S.A.	M-30	00:00:45	00:27:24	00:55:37	01:23:43	01:53:03
216	KACZMARSKI Jacek	293	ELZAB ACTIVE TEAM	M-30	00:00:50	00:27:31	00:55:24	01:23:33	01:53:19
217	WIORA Łukasz	799		M-30	00:00:46	00:28:19	00:56:41	01:24:42	01:53:28
218	GĘBCZYŃSKI Paweł	204		M-30	00:00:48	00:26:53	00:55:03	01:23:49	01:53:42
219	RYZYNSKI Wojciech	630		M-30	00:00:18	00:28:25	00:57:37	01:25:54	01:53:56
220	HENDRYK Leszek	253		M-30	00:00:55	00:28:51	00:57:39	01:25:39	01:54:15
221	PRYMAS Krystian	886		M-30	00:00:32	00:26:26	00:53:35	01:22:25	01:54:51
222	RUNNER Alek	620		M-30	00:00:00	00:27:04	00:55:04	01:24:26	01:55:12
223	SELIGA Paweł	644	BIEGAJ Z TRENERAMI GLIWICE	M-30	00:00:38	00:26:56	00:55:10	01:24:12	01:55:20
224	STĘCLIK Michał	697		M-30	00:00:34	00:28:46	00:57:44	01:25:57	01:55:36
225	DĄBROWSKI Marcin	143	TEAM KORNEL	M-30	00:00:53	00:27:48	00:55:41	01:24:31	01:55:36
226	BITNER Krystian	55		M-30	00:01:03	00:27:50	00:56:14	01:24:54	01:55:52
227	MARKOWSKI Kamil	448		M-30	00:00:20	00:28:19	00:56:57	01:26:06	01:55:53
228	NIESTRÓJ Rafał	505		M-30	00:01:06	00:30:05	00:59:41	01:27:49	01:55:55
229	TKACZYK Tomasz	749	PIGT	M-30	00:00:51	00:26:55	00:55:04	01:24:21	01:55:57
230	KULAWIK Mariusz	378		M-30	00:00:51	00:29:26	00:58:57	01:27:46	01:56:22
231	LESZKO Tomasz	406	EUVIC	M-30	00:00:31	00:27:56	00:57:02	01:26:08	01:56:59
232	GRESZTA Grzegorz	229	JAH RASTAFARAI	M-30	00:00:59	00:25:40	00:52:45	01:22:27	01:57:07
233	BIĘNKOWSKI Paweł	954		M-30	00:01:34	00:29:16	00:57:45	01:26:18	01:57:07
234	SOŚNIAK Tomasz	679	KUDŁATY ART	M-30	00:01:05	00:28:26	00:57:04	01:26:22	01:57:26
235	NIEDZIELA Maciej	501		M-30	00:00:40	00:28:04	00:56:30	01:24:50	01:57:57
236	STANISZ Michał	687		M-30	00:00:53	00:28:15	00:57:43	01:26:59	01:58:28
237	ZIMOCH Grzegorz	850		M-30	00:01:05	00:27:20	00:54:41	01:23:49	01:58:34
238	JUREKO Maciej	290		M-30	00:00:34	00:28:46	00:57:37	01:26:09	01:58:36
239	STANKIEWICZ Adam	688		M-30	00:01:19	00:29:12	00:58:50	01:27:49	01:58:57
240	KLUGE Damian	323	REAL MADRYT	M-30	00:00:58	00:26:27	00:52:23	01:19:21	01:59:12
241	GAWROŃSKI Wojtek	199		M-30	00:00:34	00:26:49	00:55:54	01:25:50	01:59:22
242	GORAJ Adam	896		M-30	00:00:21	00:28:25	00:57:25	01:28:36	01:59:39
243	MATYSIEWICZ Piotr	456	INTER PROJEKT	M-30	00:00:52	00:28:53	00:59:12	01:29:21	02:00:12
244	MIRKA Arkadiusz	476		M-30	00:01:05	00:30:26	01:02:34	01:31:32	02:00:43
245	NIEDWIECKI Paweł	499	OCHOTICZA STRAŻ POŻARNA W KOTUSZOWIE	M-30	00:00:47	00:28:15	00:57:00	01:27:38	02:01:16
246	RYBOTYCKI Tomasz	625		M-30	00:01:23	00:30:43	01:01:16	01:31:12	02:01:26
247	MAJEWSKI Grzegorz	434		M-30	00:01:16	00:27:42	00:56:11	01:27:14	02:01:52
248	CZARNECKI Bartosz	129		M-30	00:01:04	00:30:50	01:04:54	01:33:49	02:02:01
249	KOPPEL Bartłomiej	339	NIGHT RUNNERS GLIWICE	M-30	00:01:06	00:27:32	00:57:07	01:28:27	02:02:01
250	KOWALCZYK Tomasz	346		M-30	00:01:27	00:30:01	01:00:32	01:31:09	02:02:13
251	KRYNICKI Paweł	367		M-30	00:01:30	00:30:36	01:01:14	01:31:59	02:03:12
252	JEZIOR Bartosz	957		M-30	00:01:04	00:28:50	01:03:13	01:32:44	02:03:13
253	WALEWSKI Kamil	768		M-30	00:01:10	00:28:30	00:59:14	01:29:22	02:03:42

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
254	OSIŃSKI Paweł	527	BIEGAJ Z TRENERAMI	M-30	00:01:34	00:28:54	00:58:59	01:29:45	02:03:45
255	WIKTORCZYK Przemysław	790		M-30	00:00:36	00:25:52	00:54:42	01:26:22	02:03:48
256	SZWARCZYŃSKI Jakub	907		M-30	00:01:27	00:31:08	01:03:21	01:33:35	02:04:12
257	SKOWRON Rafał	659	SKOWRONIASTY.NET	M-30	00:00:59	00:27:52	00:57:59	01:29:30	02:05:05
258	ZEGARTOWSKI Michał	841		M-30	00:01:37	00:31:29	01:03:12	01:34:43	02:05:20
259	SZCZUREK Piotr	721		M-30	00:01:25	00:30:32	01:01:58	01:33:46	02:05:43
260	FLOREK Maciej 'Gleba'	2		M-30	00:00:02	00:32:10	01:06:22	01:34:30	02:05:45
261	MICHNIEWSKI Piotr	470		M-30	00:00:02	00:32:11	01:06:22	01:34:30	02:05:45
262	RACZKOWSKI Łukasz	1289		M-30	00:00:00	00:32:12	01:06:24	01:34:32	02:05:47
263	WACŁAWSKI Maciej	938		M-30	00:00:18	00:25:26	00:54:50	01:30:48	02:08:05
264	WYKURZ Paweł	827	RUN AND FUN	M-30	00:01:27	00:34:11	01:07:44	01:37:50	02:09:43
265	MAŁYSA Łukasz	442		M-30	00:01:25	00:31:23	01:03:32	01:35:54	02:14:12
266	BATKO Dawid	866	GRZMOTKI	M-30	00:00:49	00:29:08	01:02:07	01:36:00	02:16:34
267	PRZESTALSKI Leszek	592	AC POLANKA	M-30	00:01:17	00:30:30	01:02:23	01:38:13	02:18:11
268	JANOSZKA Piotr	276	BANDA Z POŁUDNIA	M-30	00:01:22	00:33:16	01:08:11	01:43:38	02:21:04
269	OCHNIK Piotr	520		M-30	00:01:12	00:31:50	01:06:43	01:43:12	02:24:17

Znaleziono 269 wynik(ów)