

V TRIATHLON GDAŃSK O PUCHAR REKTORA AWFIS 2019 - INDYWIDUALNIE

B4SPORT

Wydarzenie: V TRIATHLON GDAŃSK O PUCHAR REKTORA AWFIS 2019
Organizator: Fundacja Silni Ciałem Niezlomni Duchem; AWFIS w Gdańsku; Sportevo Triathlon Team
Data: 2019-05-05
Miejsce: Gdańsk
Dystans: 18.6 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Pływanie			Rower			Bieg							Czas netto			
						Split_06K 0.6km	Poz	00:01:46	Split_Bike 14.8km	Split_Bike 14.9km	Poz	00:00:31	Finish_All 0.4km	Finish_All 0.8km	Finish_All 1.2km	Finish_All 1.6km	Finish_All 2km	Finish_All 2.4km	Finish_All 2.8km	Poz	18.6km	Różn
1	WYSŁOUCH Michał	160	F3TEAM	M30	1	00:09:42	8	00:01:46	00:38:20	00:39:40	3	00:00:31	00:01:25	00:02:51	00:04:17	00:05:43	00:07:09	00:08:37	00:09:55	3	01:01:34.05	
2	CZAJKOWSKI Paweł	68	BCT TEAM GDYNIA	M30	2	00:10:10	10	00:01:38	00:37:33	00:39:20	2	00:00:22	00:01:42	00:03:20	00:04:58	00:06:31	00:08:07	00:09:50	00:11:20	12	01:02:50.60	+00:01:16 (2.0%)
3	KRZEMIŃSKI Jakub	98	BIKE U UP - EUROPELL	M18	1	00:09:22	6	00:01:34	00:38:09	00:40:12	4	00:00:41	00:01:38	00:03:09	00:04:40	00:06:11	00:07:48	00:09:32	00:11:01	9	01:02:50.90	+00:01:16 (2.0%)
4	PEEK Marcin (Peku)	121	SZKOŁA PŁYWANIA AQUATIC	M30	3	00:09:39	7	00:02:02	00:39:06	00:40:36	5	00:00:30	00:01:25	00:02:59	00:04:36	00:06:12	00:07:38	00:09:00	00:10:44	6	01:03:31.00	+00:01:56 (3.1%)
5	DOBOSIK Damian	71	3ATHLETE	M30	4	00:10:19	13	00:01:46	00:39:11	00:40:42	6	00:00:32	00:01:27	00:02:54	00:04:23	00:05:54	00:07:25	00:08:55	00:10:24	5	01:03:43.60	+00:02:09 (3.4%)
6	FELON Michał	75	ZDROWYROWER	M40	1	00:12:02	48	00:02:01	00:37:00	00:38:49	1	00:00:35	00:01:35	00:03:11	00:04:44	00:06:17	00:07:51	00:09:24	00:10:57	8	01:04:24.35	+00:02:50 (4.4%)
7	KUKULSKI Karol	100	AMW GDYNIA	M18	2	00:07:50	1	00:02:59	00:42:29	00:43:59	12	00:00:29	00:01:34	00:03:08	00:04:46	00:06:24	00:08:01	00:09:39	00:11:13	11	01:06:30.70	+00:04:56 (7.4%)
8	BLUJ Mikołaj	57		M18	3	00:10:13	11	00:01:57	00:40:18	00:42:18	8	00:00:28	00:01:41	00:03:21	00:05:01	00:06:41	00:08:21	00:10:01	00:11:38	21	01:06:34.85	+00:05:00 (7.5%)
9	RUCIŃSKI Marcin	135	TRIBA BOSIR BARCIN	M40	2	00:10:39	20	00:02:33	00:40:07	00:42:08	7	00:00:34	00:01:34	00:03:07	00:04:39	00:06:12	00:07:45	00:09:18	00:10:46	7	01:06:40.20	+00:05:06 (7.7%)
10	SUSKA Arkadiusz	146	4YOURBIKE / ASTRAINER - MASAŻ MOBILNY	M40	3	00:11:42	37	00:02:29	00:41:24	00:43:24	10	00:00:36	00:01:35	00:03:11	00:04:49	00:06:30	00:08:09	00:09:46	00:11:21	13	01:09:32.35	+00:07:58 (11.5%)
11	GRZYWACZ Maciej	80	AZS POLITECHNIKA GDAŃSKA	M18	4	00:10:57	29	00:03:12	00:40:15	00:42:27	9	00:00:38	00:01:52	00:03:41	00:05:25	00:07:11	00:09:02	00:10:52	00:12:38	42	01:09:52.40	+00:08:18 (11.9%)
12	GNIOT Jacek	78	WOJSKOWE ZAKŁADY UZBROJENIA S.A.	M40	4	00:11:50	43	00:01:53	00:42:04	00:44:05	13	00:00:38	00:01:21	00:03:23	00:05:02	00:06:40	00:08:19	00:09:56	00:11:27	17	01:09:53.95	+00:08:19 (11.9%)
13	HORSTEN Bastian	82	TRI TALENT TEAM GDAŃSK	M16	1	00:08:19	3	00:02:36	00:45:21	00:46:51	23	00:00:33	00:01:42	00:03:25	00:05:07	00:06:48	00:08:30	00:10:10	00:11:46	25	01:10:05.75	+00:08:31 (12.2%)
14	JĘDRKOWIAK Piotr	86		M30	5	00:11:47	40	00:02:00	00:44:16	00:45:53	19	00:00:34	00:01:32	00:03:03	00:04:32	00:05:59	00:07:27	00:08:53	00:10:13	4	01:10:27.90	+00:08:53 (12.6%)
15	MARZEC Mieszko	111		M40	5	00:10:28	16	00:03:33	00:42:28	00:44:17	15	00:00:37	00:01:43	00:03:25	00:05:06	00:06:47	00:08:26	00:10:06	00:11:39	24	01:10:34.00	+00:08:59 (12.8%)
16	PARACKI Tomasz	120	F3TEAM	M18	5	00:10:52	24	00:02:01	00:43:41	00:45:33	16	00:00:38	00:01:41	00:03:20	00:05:00	00:06:42	00:08:25	00:09:54	00:11:39	22	01:10:43.40	+00:09:09 (12.9%)
17	RETORSKI Damian	132		M16	2	00:08:18	2	00:02:38	00:45:23	00:46:50	22	00:00:35	00:01:47	00:03:35	00:05:29	00:07:18	00:09:06	00:10:51	00:12:31	37	01:10:52.00	+00:09:17 (13.1%)
18	BAUMGART Michał	53		M30	6	00:11:49	42	00:01:58	00:44:05	00:45:55	20	00:00:33	00:01:36	00:03:12	00:04:49	00:06:26	00:08:04	00:09:39	00:11:08	10	01:11:23.30	+00:09:49 (13.8%)
19	PODHORODECKI Arkadiusz	125	ETT - ELBLĄG TRIATHLON TEAM	M50	1	00:10:56	28	00:02:16	00:43:51	00:45:35	17	00:00:26	00:01:48	00:03:35	00:05:21	00:07:07	00:08:55	00:10:41	00:12:22	35	01:11:35.70	+00:10:01 (14.0%)
20	DRAPELLA Dariusz	72	CZAJA TRAINING SYSTEM	M60+	1	00:11:43	38	00:02:27	00:43:44	00:45:48	18	00:00:42	00:01:52	00:03:44	00:05:33	00:07:23	00:09:12	00:10:58	00:12:40	43	01:13:20.15	+00:11:46 (16.0%)
21	SADOWSKI Andrzej	137	BURSZTYNOWE SMOKI JUBINAŁE	M40	6	00:10:14	12	00:01:42	00:46:38	00:48:44	33	00:00:41	00:01:48	00:03:37	00:05:24	00:07:11	00:08:57	00:10:40	00:12:16	30	01:13:37.70	+00:12:03 (16.4%)
22	SPRENGEL Grzegorz	139	LUFTHANSA SYSTEMS POLAND ACTIVE!	M30	7	00:12:03	49	00:02:00	00:42:14	00:44:14	14	00:00:30	00:01:40	00:03:20	00:05:00	00:06:39	00:11:47	00:13:26	00:15:03	82	01:13:50.50	+00:12:16 (16.6%)
23	BORYNA Bartek	62	TRI TALENT TEAM GDAŃSK	M14	1	00:10:52	25	00:02:25	00:45:40	00:47:35	25	00:00:37	00:01:49	00:03:41	00:05:34	00:07:27	00:09:23	00:11:21	00:12:53	50	01:14:22.00	+00:12:47 (17.2%)
24	KARPOWICZ Grzegorz	92	KAREPLAND	M30	8	00:13:50	73	00:02:23	00:44:53	00:46:34	21	00:00:44	00:01:40	00:03:19	00:05:00	00:06:40	00:08:23	00:10:05	00:11:35	20	01:15:06.70	+00:13:32 (18.0%)

				Pływanie		Rower			Bieg													
25	AMBROZIAK Krzysztof	51	AUTOPAY SPORTS TEAM	M40	7	00:11:18	33	00:02:57	00:46:11	00:48:16	29	00:00:38	00:01:45	00:03:33	00:05:21	00:07:09	00:08:55	00:10:38	00:12:17	31	01:15:26.25	+00:13:52 (18.4%)
26	RAGUZA Grzegorz	131		M40	8	00:10:55	27	00:04:41	00:40:41	00:43:52	11	00:00:47	00:02:09	00:04:20	00:06:29	00:08:44	00:10:54	00:13:08	00:15:14	84	01:15:29.50	+00:13:55 (18.4%)
27	SZYMKOW Sławek	150	BANACH SPORT TEAM	M40	9	00:11:56	45	00:03:08	00:44:31	00:47:05	24	00:00:41	00:01:52	00:03:41	00:05:32	00:07:24	00:09:14	00:11:00	00:12:47	48	01:15:37.30	+00:14:03 (18.6%)
28	ZIÓLKOWSKI Julian	163	STOWARZYSZENIE WROTKARSKIE GDAŃSKIE LWY	M50	2	00:11:13	32	00:02:54	00:45:53	00:48:40	32	00:00:39	00:01:47	00:03:36	00:05:30	00:07:22	00:09:12	00:11:01	00:12:33	38	01:15:59.10	+00:14:25 (19.0%)
29	LOREK Kinga	107	MKS TRUSO ELBLĄG	K18	1	00:08:48	4	00:02:17	00:50:38	00:52:30	54	00:00:40	00:01:49	00:03:37	00:05:21	00:07:06	00:08:54	00:10:38	00:12:20	34	01:16:35.35	+00:15:01 (19.6%)
30	PACZKOWSKI Maciej	118		M30	9	00:10:24	14	00:03:07	00:47:25	00:49:46	35	00:00:34	00:01:50	00:03:38	00:05:29	00:07:23	00:09:18	00:11:08	00:12:46	47	01:16:37.20	+00:15:03 (19.6%)
31	STENKA Tomasz	145		M18	6	00:12:36	56	00:02:11	00:46:11	00:48:38	31	00:00:41	00:01:49	00:03:43	00:05:35	00:07:31	00:09:21	00:11:05	00:12:41	44	01:16:47.40	+00:15:13 (19.8%)
32	OZOROWSKI Lukasz	117	SIMPLY MADE	M30	10	00:12:31	55	00:02:52	00:45:48	00:48:24	30	00:00:30	00:01:53	00:03:43	00:05:31	00:07:19	00:09:05	00:10:52	00:12:34	39	01:16:51.55	+00:15:17 (19.9%)
33	PACZKOWSKI Maciej	119	SP 4 REDA/MOSIR REDA	M18	7	00:14:17	86	00:02:21	00:46:10	00:48:10	28	00:00:38	00:01:41	00:03:19	00:05:00	00:06:42	00:08:23	00:10:02	00:11:39	23	01:17:05.25	+00:15:31 (20.1%)
34	WASIEWICZ Paweł	168	OMIDA RUN TEAM	M30	11	00:10:52	23	00:03:47	00:48:12	00:50:26	43	00:00:40	00:01:49	00:03:38	00:05:28	00:07:17	00:09:07	00:10:12	00:11:34	18	01:17:19.00	+00:15:44 (20.4%)
35	KITA Maciej	94		M30	12	00:11:09	31	00:02:35	00:47:53	00:49:59	38	00:00:33	00:02:00	00:03:57	00:05:52	00:07:48	00:09:44	00:11:37	00:13:25	58	01:17:41.95	+00:16:07 (20.8%)
36	KUDREWICZ Mirek	99	SILCO	M50	3	00:13:47	72	00:03:03	00:46:00	00:48:03	26	00:00:47	00:00:37	00:02:07	00:04:10	00:06:11	00:08:14	00:10:07	00:12:18	33	01:17:58.95	+00:16:24 (21.0%)
37	DZIOBA Michał	74	TRI DZIOBA	M40	10	00:11:08	30	00:03:32	00:47:52	00:50:16	40	00:00:40	00:01:46	00:03:35	00:05:22	00:07:08	00:08:55	00:10:41	00:12:24	36	01:18:00.80	+00:16:26 (21.1%)
38	BORYNA Jarek	61		M50	4	00:12:21	53	00:04:03	00:46:13	00:48:07	27	00:00:41	00:01:54	00:03:49	00:05:42	00:07:38	00:09:06	00:10:36	00:13:08	53	01:18:20.80	+00:16:46 (21.4%)
39	RÓŻYCKI Paweł	134		M30	13	00:14:44	92	00:03:59	00:47:46	00:49:44	34	00:00:35	00:01:32	00:03:00	00:05:05	00:06:18	00:06:45	00:07:53	00:09:25	2	01:18:27.90	+00:16:53 (21.5%)
40	PROSZOWSKI Piotr	130		M18	8	00:13:11	66	00:02:37	00:50:10	00:51:29	48	00:00:29	00:01:31	00:03:08	00:04:49	00:06:31	00:08:14	00:09:52	00:11:23	15	01:19:09.80	+00:17:35 (22.2%)
41	STACHAŃCZYK Wiesia	141	ACTIVE-IT KOMPUTERYMARKOWE.PL	K30	1	00:10:26	15	00:03:08	00:48:40	00:51:02	46	00:00:49	00:02:05	00:04:08	00:06:10	00:08:07	00:10:02	00:11:57	00:13:52	66	01:19:17.00	+00:17:42 (22.3%)
42	MAGRIAN Krzysztof	109		M40	11	00:11:46	39	00:03:58	00:48:34	00:50:18	42	00:00:43	00:01:51	00:03:41	00:05:32	00:07:25	00:09:17	00:11:07	00:12:45	46	01:19:30.05	+00:17:56 (22.6%)
43	PIOTROWICZ Ewa	123	SPORTEVO	K30	2	00:12:00	47	00:02:56	00:49:43	00:51:44	49	00:00:42	00:01:52	00:03:42	00:05:32	00:07:21	00:09:10	00:10:58	00:12:41	45	01:20:03.00	+00:18:28 (23.1%)
44	BYZDRA Krzysztof	66	BBL GDAŃSK	M40	12	00:13:14	67	00:02:11	00:50:30	00:51:56	52	00:00:36	00:01:44	00:03:29	00:05:15	00:07:00	00:08:43	00:10:27	00:12:15	29	01:20:12.00	+00:18:37 (23.2%)
45	HORSTEN Peter	81	ASPIRE POWER CLUB	M50	5	00:11:38	36	00:04:58	00:47:34	00:49:56	36	00:00:42	00:01:57	00:03:53	00:05:48	00:07:43	00:09:39	00:11:34	00:13:22	57	01:20:36.40	+00:19:02 (23.6%)
46	BEDNAREK Krzysztof	54	SPORTEVO	M50	6	00:14:17	85	00:02:10	00:48:47	00:51:23	47	00:00:40	00:01:47	00:03:33	00:05:19	00:07:05	00:08:52	00:10:32	00:12:14	28	01:20:44.00	+00:19:09 (23.7%)
47	ŁOPACIŃSKI Tomasz	108	SPORTEVO	M40	13	00:11:56	46	00:02:59	00:48:33	00:50:52	44	00:00:26	00:02:08	00:04:15	00:06:19	00:08:27	00:10:31	00:12:37	00:14:32	76	01:20:45.30	+00:19:11 (23.8%)
48	SZYMANIEWSKI Paweł	149		M40	14	00:13:25	68	00:03:43	00:47:17	00:50:09	39	00:00:39	00:01:51	00:03:44	00:05:38	00:07:34	00:09:24	00:11:15	00:12:58	52	01:20:54.45	+00:19:20 (23.9%)
49	BOROWIECKI Adrian	60		M18	9	00:11:20	34	00:03:41	00:52:12	00:53:54	62	00:00:36	00:01:39	00:03:20	00:05:01	00:06:46	00:08:27	00:10:02	00:11:35	19	01:21:06.80	+00:19:32 (24.1%)
50	OKRÓJ Maksymilian	115		M14	2	00:09:22	5	00:03:46	00:53:08	00:54:59	70	00:00:40	00:01:54	00:03:45	00:05:34	00:07:23	00:09:15	00:11:01	00:12:36	40	01:21:23.60	+00:19:49 (24.4%)
51	BUDA Łukasz	65		M18	10	00:13:10	65	00:03:36	00:50:32	00:52:47	56	00:00:34	00:01:37	00:03:15	00:04:53	00:06:33	00:08:11	00:09:49	00:11:23	16	01:21:30.45	+00:19:56 (24.5%)
52	PORZEŻYŃSKI Maciej	129	RUN BEACH MORNING	M18	11	00:10:36	19	00:02:12	00:52:50	00:54:31	68	00:00:41	00:01:59	00:03:55	00:05:51	00:07:48	00:09:59	00:12:01	00:13:46	64	01:21:46.80	+00:20:12 (24.7%)
53	SAWIŃSKI Jarosław	138		M30	14	00:11:55	44	00:05:03	00:49:48	00:51:47	50	00:00:46	00:01:46	00:03:48	00:06:36	00:07:56	00:09:23	00:11:16	00:12:37	41	01:22:08.80	+00:20:34 (25.1%)
54	JANICKI Sebastian	83	INDASA	M40	15	00:12:17	52	00:04:13	00:48:49	00:51:51	51	00:04:36	00:00:20	00:01:40	00:02:50	00:03:50	00:05:20	00:07:39	00:09:17	1	01:22:14.40	+00:20:40 (25.1%)
55	CZAJKOWSKA Magdalena	169	BCT TEAM GDYNIA	K30	3	00:11:48	41	00:02:10	00:51:56	00:54:01	63	00:00:46	00:01:59	00:03:57	00:05:56	00:07:53	00:09:51	00:11:50	00:13:39	62	01:22:24.20	+00:20:50 (25.3%)
56	KWIATKOWSKI Tomasz	102		M40	16	00:13:06	64	00:03:40	00:47:45	00:51:00	45	00:00:48	00:02:08	00:04:12	00:06:19	00:08:29	00:10:36	00:12:39	00:14:28	75	01:23:02.70	+00:21:28 (25.9%)
57	BARANOWSKI Michał	52	ZHR	M18	12	00:12:41	59	00:04:04	00:52:03	00:53:35	57	00:00:38	00:01:50	00:03:33	00:05:18	00:07:07	00:08:56	00:10:42	00:12:18	32	01:23:16.30	+00:21:42 (26.1%)
58	SZUFARSKI Przemek	148		M30	15	00:10:48	22	00:03:02	00:50:57	00:52:45	55	00:04:12	00:01:55	00:03:50	00:05:47	00:07:50	00:09:40	00:11:31	00:13:17	55	01:24:04.75	+00:22:30 (26.8%)

Personal Information				Pływanie					Rower					Bieg					Total Time	Percentage		
ID	Name	Age	Team	Start	End	Time	Start	End	Time	Start	End	Time	Start	End	Time	Start	End	Time	Start	End	Time	Percentage
59	MIOTK Michał	113		M30	16	00:12:08	50	00:02:39	00:52:54	00:54:49	69	00:00:37	00:01:53	00:03:51	00:05:51	00:07:54	00:09:57	00:11:59	00:13:53	67	01:24:06.10	+00:22:32 (26.8%)
60	KULPIŃSKI Dariusz	101		M18	13	00:14:14	83	00:03:12	00:47:51	00:49:57	37	00:00:50	00:02:34	00:05:01	00:07:11	00:09:30	00:11:51	00:13:58	00:15:54	92	01:24:07.00	+00:22:32 (26.8%)
61	KALINOWSKI Karol	88	KALIN TEAM	M18	14	00:14:12	81	00:02:26	00:52:12	00:53:53	61	00:00:42	00:01:54	00:03:46	00:05:40	00:07:32	00:09:23	00:11:14	00:12:56	51	01:24:09.30	+00:22:35 (26.8%)
62	JAROSIEWICZ Gosia	84		K40	1	00:13:27	69	00:02:20	00:51:42	00:54:14	65	00:00:49	00:01:52	00:03:47	00:05:46	00:07:45	00:09:42	00:11:37	00:13:29	60	01:24:19.90	+00:22:45 (27.0%)
63	DĘBICKI Artur	70		M50	7	00:10:33	17	00:03:35	00:53:19	00:56:10	76	00:00:44	00:01:59	00:04:00	00:05:54	00:07:49	00:09:48	00:11:42	00:13:25	59	01:24:27.35	+00:22:53 (27.1%)
64	STAWICKI Andrzej	144	ASPIRE POWER CLUB	M30	17	00:12:56	60	00:05:00	00:50:36	00:53:40	58	00:01:10	00:01:47	00:03:39	00:05:28	00:07:17	00:08:50	00:10:27	00:12:10	27	01:24:56.00	+00:23:21 (27.5%)
65	ZADROGA Piotr	161	DRINK TEAM	M40	17	00:14:13	82	00:05:40	00:47:59	00:50:18	41	00:00:43	00:02:06	00:04:11	00:06:17	00:08:24	00:10:29	00:12:29	00:14:23	74	01:25:17.80	+00:23:43 (27.8%)
66	DUŻYŃSKA Agata	73	SPORTEVO	K30	4	00:14:03	78	00:02:43	00:52:19	00:54:28	67	00:00:42	00:01:57	00:03:56	00:05:54	00:07:51	00:09:46	00:11:41	00:13:30	61	01:25:26.60	+00:23:52 (27.9%)
67	STASIEWICZ Daniel	143		M30	18	00:09:56	9	00:03:32	00:53:08	00:55:36	72	00:00:49	00:02:12	00:04:26	00:06:41	00:08:58	00:11:14	00:13:29	00:15:54	91	01:25:47.50	+00:24:13 (28.2%)
68	SZAFRAŃSKI Marek	147	BBL AWF GDAŃSK	M50	8	00:12:11	51	00:04:05	00:51:17	00:54:28	66	00:00:45	00:01:54	00:03:43	00:05:38	00:09:19	00:11:03	00:12:43	00:14:23	73	01:25:52.00	+00:24:17 (28.3%)
69	KĘSICKI Sebastian	93		M40	18	00:12:58	63	00:03:42	00:55:07	00:57:19	77	00:00:37	00:01:11	00:03:16	00:05:11	00:06:32	00:08:10	00:09:49	00:11:21	14	01:25:57.70	+00:24:23 (28.4%)
70	MYSZKA Zuzanna	114	MOŻE DOBIEGNĘ	K30	5	00:13:50	74	00:03:29	00:51:31	00:53:52	60	00:00:46	00:02:08	00:04:12	00:06:15	00:08:15	00:09:50	00:12:20	00:14:08	70	01:26:05.60	+00:24:31 (28.5%)
71	LIS Tomasz	106		M40	19	00:14:46	93	00:03:41	00:49:46	00:52:00	53	00:00:47	00:02:08	00:04:16	00:06:27	00:08:39	00:10:51	00:12:59	00:15:02	81	01:26:16.10	+00:24:42 (28.6%)
72	KONEFAŁ Krzysztof	96		M30	19	00:14:18	87	00:01:29	00:54:19	00:57:26	78	00:00:41	00:01:55	00:03:56	00:05:51	00:07:44	00:09:37	00:11:32	00:13:16	54	01:27:10.55	+00:25:36 (29.4%)
73	LIANA Jolanta	104		K40	2	00:12:41	58	00:03:52	00:53:57	00:56:07	75	00:00:46	00:02:02	00:04:02	00:06:01	00:08:01	00:10:02	00:11:56	00:13:48	65	01:27:14.55	+00:25:40 (29.4%)
74	GLESZCZYŃSKI Michał	77		M30	20	00:14:29	89	00:01:18	00:55:46	00:57:26	79	00:00:44	00:02:01	00:03:59	00:05:52	00:07:45	00:09:39	00:11:33	00:13:17	56	01:27:14.80	+00:25:40 (29.4%)
75	LIPKOWSKI Paweł	105	3ATHLETE	M30	21	00:16:20	99	00:01:50	00:53:11	00:55:08	71	00:00:40	00:02:03	00:04:03	00:05:59	00:07:56	00:09:56	00:11:53	00:13:42	63	01:27:40.10	+00:26:06 (29.8%)
76	KOŁARZYK Justyna	95		K30	6	00:14:09	80	00:03:45	00:55:13	00:57:33	80	00:00:21	00:01:34	00:03:17	00:05:00	00:07:39	00:08:25	00:09:59	00:11:52	26	01:27:40.70	+00:26:06 (29.8%)
77	CZUCHA Maciek	69	ASPIRE POWER CLUB	M30	22	00:14:03	79	00:03:45	00:52:31	00:54:14	64	00:00:43	00:01:55	00:04:04	00:06:02	00:08:04	00:10:18	00:12:41	00:14:58	79	01:27:43.10	+00:26:09 (29.8%)
78	ULASIŃSKI Maciej	153		M40	20	00:10:35	18	00:03:30	00:56:29	00:58:31	81	00:00:50	00:02:15	00:04:28	00:06:43	00:09:00	00:11:16	00:13:29	00:15:33	86	01:28:59.65	+00:27:25 (30.8%)
79	FLIS Monika	76		K30	7	00:15:50	98	00:04:07	00:52:10	00:53:50	59	00:00:40	00:01:50	00:03:40	00:05:30	00:07:20	00:09:07	00:12:52	00:14:46	78	01:29:13.95	+00:27:39 (31.0%)
80	MAZIARCZYK Maksymilian	112	SPORTEVO	M14	3	00:12:37	57	00:04:55	00:57:27	00:59:28	84	00:00:39	00:01:54	00:03:53	00:05:46	00:07:39	00:09:30	00:11:17	00:12:49	49	01:30:28.70	+00:28:54 (32.0%)
81	BRONOWICKA Aleksandra	63		K18	2	00:13:55	75	00:04:10	00:54:12	00:55:59	74	00:00:46	00:02:09	00:04:22	00:06:35	00:08:54	00:11:14	00:13:35	00:15:51	90	01:30:41.95	+00:29:07 (32.1%)
82	JELNICKA Anna	85	BBL	K40	3	00:12:58	62	00:03:11	00:56:53	00:59:18	83	00:00:32	00:02:24	00:04:52	00:07:26	00:10:00	00:12:35	00:15:12	00:17:28	99	01:33:27.00	+00:31:52 (34.1%)
83	PISAŃSKA Paulina	124		K18	3	00:10:41	21	00:03:07	01:00:32	01:03:22	91	00:00:51	00:02:20	00:04:37	00:06:51	00:09:03	00:11:16	00:13:29	00:15:28	85	01:33:29.85	+00:31:55 (34.2%)
84	WIERZGAŁA Piotr	156	ASPIRE POWER CLUB	M30	23	00:12:58	61	00:04:57	00:58:41	01:01:40	87	00:00:43	00:01:58	00:03:57	00:05:56	00:07:57	00:09:59	00:12:01	00:14:07	69	01:34:25.70	+00:32:51 (34.8%)
85	RUDNICKI Maciej	136	ASPIRE POWER CLUB	M30	24	00:13:55	76	00:05:20	00:57:37	00:59:47	85	00:00:43	00:02:00	00:04:06	00:06:15	00:08:29	00:10:42	00:12:52	00:15:00	80	01:34:45.00	+00:33:10 (35.0%)
86	PIETRZAK Tomasz	122		M50	9	00:14:29	90	00:04:15	00:55:15	00:58:35	82	00:01:28	00:03:48	00:06:02	00:08:16	00:10:32	00:12:47	00:14:58	00:17:14	98	01:36:01.20	+00:34:27 (35.9%)
87	PORAJ-GÓRECKI Rafał	127	SPORTEVO	M18	15	00:14:54	95	00:03:44	01:00:53	01:02:44	89	00:00:41	00:01:57	00:04:00	00:06:06	00:08:17	00:10:22	00:12:22	00:14:19	72	01:36:22.20	+00:34:48 (36.1%)
88	BOGALECKI Marek	58	SAFE SPORT TEAM	M60+	2	00:15:06	96	00:05:20	01:00:41	01:02:50	90	00:01:01	00:01:56	00:03:54	00:05:53	00:07:55	00:09:58	00:12:03	00:14:01	68	01:38:18.50	+00:36:44 (37.4%)
89	KAMAĆ Kamil	89		M30	25	00:12:22	54	00:04:51	01:01:06	01:03:58	92	00:00:47	00:02:24	00:04:49	00:07:17	00:09:51	00:12:21	00:14:50	00:17:04	97	01:39:02.70	+00:37:28 (37.8%)
90	ZŁOTOWSKI Piotr	164	SPORTEVO	M60+	3	00:17:32	102	00:04:48	00:58:49	01:01:09	86	00:00:48	00:02:01	00:04:04	00:06:12	00:08:21	00:10:31	00:12:54	00:15:04	83	01:39:21.30	+00:37:47 (38.0%)
91	ŚMIGOWSKA Paula	151	KALIN TEAM	K18	4	00:14:33	91	00:03:25	01:04:47	01:06:39	94	00:00:47	00:02:05	00:04:14	00:06:24	00:08:33	00:10:41	00:12:52	00:14:43	77	01:40:07.70	+00:38:33 (38.5%)
92	KANIECKI Jan	90		M18	16	00:15:35	97	00:02:13	01:06:21	01:08:03	95	00:00:41	00:02:01	00:04:09	00:06:22	00:08:41	00:11:03	00:13:27	00:15:36	87	01:42:08.00	+00:40:33 (39.7%)

						Pływanie		Rower				Bieg										
93	WACHUŁKA Paweł	155	SPORTEVO	M40	21	00:13:45	70	00:06:38	01:04:58	01:05:24	93	00:00:27	00:02:25	00:04:53	00:07:14	00:09:37	00:11:56	00:14:06	00:16:25	95	01:42:39.00	+00:41:04 (40.0%)
94	KOSTECKI Mariusz	97	ASPIRE POWER CLUB	M30	26	00:14:16	84	00:05:45	00:59:48	01:02:00	88	00:00:41	00:02:41	00:05:35	00:08:38	00:11:45	00:14:45	00:17:52	00:20:43	100	01:43:25.70	+00:41:51 (40.5%)
95	KOPCZYŃSKI Waldemar	166		M60+	4	00:14:27	88	00:03:42	01:06:15	01:09:21	98	00:00:50	00:02:15	00:04:29	00:06:45	00:08:58	00:11:10	00:13:25	00:15:37	88	01:43:57.45	+00:42:23 (40.8%)
96	WÓJCIK Natalia Damroka	159	SOPOCKI KLUB ŻEGLARSKI	K18	5	00:11:32	35	00:03:58	01:09:51	01:12:42	99	00:00:51	00:02:13	00:04:28	00:06:44	00:09:03	00:11:23	00:13:42	00:15:47	89	01:44:50.05	+00:43:16 (41.3%)
97	HERKT Martyna	167	SPORTEVO	K18	6	00:14:47	94	00:04:50	01:06:46	01:09:12	97	00:00:51	00:02:16	00:04:33	00:07:00	00:09:27	00:11:56	00:14:21	00:16:42	96	01:46:22.90	+00:44:48 (42.1%)
98	POPÓW-SZCZYPIOROWSKA Monika	126	BBL AWFIS, DANFOSS	K40	4	00:17:26	101	00:04:39	01:06:25	01:08:30	96	00:00:50	00:02:13	00:04:28	00:06:51	00:09:13	00:11:34	00:13:55	00:16:04	93	01:47:29.70	+00:45:55 (42.7%)
99	GRZONKA Adam	79		M40	22	00:13:45	71	00:06:20	01:10:07	01:13:34	100	00:00:53	00:02:21	00:04:39	00:06:57	00:09:16	00:11:34	00:13:52	00:16:05	94	01:50:37.65	+00:49:03 (44.3%)
100	WŁOCH-WISZNIOWSKA Barbara	157		K60+	1	00:21:10	104	00:03:59	01:11:55	01:14:31	101	00:00:47	00:02:00	00:04:01	00:06:04	00:08:00	00:10:08	00:12:13	00:14:10	71	01:54:37.10	+00:53:03 (46.3%)
101	JĘDRZEJEWSKA Anna	87		K18	7	00:14:02	77	00:05:18	01:16:36	01:19:38	102	00:00:54	00:03:02	00:06:02	00:08:59	00:12:02	00:14:54	00:18:01	00:20:49	101	02:00:41.00	+00:59:06 (49.0%)
102	ZADROGA Iwona	162		K40	5	00:17:45	103	00:05:53	01:21:00	01:25:09	104	00:00:52	00:03:02	00:06:11	00:09:29	00:12:50	00:16:13	00:19:33	00:22:48	103	02:12:27.05	+01:10:53 (53.5%)
103	BOROWA Patryk	59	ASPIRE POWER CLUB	M30	27	00:25:48	105	00:07:10	01:18:24	01:22:27	103	00:01:15	00:02:55	00:05:55	00:08:57	00:12:01	00:15:18	00:18:42	00:22:02	102	02:18:42.00	+01:17:07 (55.6%)
104	STASIAK Krzysztof	142	HELLMANN	M40	23	00:10:54	26	00:03:42	00:50:08	00:55:42	73											+
105	LELONTKO Maciej	103	ASPIRE POWER CLUB	M40	24	00:16:59	100	00:05:17														+

Znaleziono 105 wynik(ów)