|  |  |  |  |  |  | Swimmi | ing |  |  | Cycling |  |  |  |  |  | Rac |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Place | Participant | Number | Club | Category | MCat | $\begin{aligned} & \text { Split_06K } \\ & 0.6 \mathrm{~km} \end{aligned}$ | Poz |  | Split_Bike | Split_Bike 14.9km | Poz |  | Finish_All | Finish_All 0.8km | Finish_All | Finish_All 1.6km | $\underset{\mathbf{2 k m}}{\text { Finish_All }}$ | Finish_All 2.4km | Finish_All 2.8km | Place | $\begin{gathered} \text { Net } \\ \text { time } \\ 18.6 \mathrm{~km} \end{gathered}$ | Gap |
| 1 | WYStouch Michat | 160 | F3TEAM | M30 | 1 | 00:09:42 | 8 | 00:01:46 | 00:38:20 | 00:39:40 | 3 | 00:00:31 | 00:01:25 | 00:02:51 | 00:04:17 | 00:05:43 | 00:07:09 | 00:08:37 | 00:09:55 | 3 | 01:01:34.05 |  |
| 2 | CZAJKOWSKI Paweł | 68 | BCT TEAM GDYNIA | M30 | 2 | 00:10:10 | 10 | 00:01:38 | 00:37:33 | 00:39:20 | 2 | 00:00:22 | 00:01:42 | 00:03:20 | 00:04:58 | 00:06:31 | 00:08:07 | 00:09:50 | 00:11:20 | 12 | 01:02:50.60 | $\begin{aligned} & +00: 01: 16 \\ & (2.0 \%) \end{aligned}$ |
| 3 | KRZEMIŃSKI Jakub | 98 | BIKE U UP - EUROPELL | M18 | 1 | 00:09:22 | 6 | 00:01:34 | 00:38:09 | 00:40:12 | 4 | 00:00:41 | 00:01:38 | 00:03:09 | 00:04:40 | 00:06:11 | 00:07:48 | 00:09:32 | 00:11:01 | 9 | 01:02:50.90 | $\begin{aligned} & +00: 01: 16 \\ & (2.0 \%) \end{aligned}$ |
| 4 | PEEK Marcin (Peku) | 121 | SZKOŁA PŁYWANIA AQUATIC | M30 | 3 | 00:09:39 | 7 | 00:02:02 | 00:39:06 | 00:40:36 | 5 | 00:00:30 | 00:01:25 | 00:02:59 | 00:04:36 | 00:06:12 | 00:07:38 | 00:09:00 | 00:10:44 | 6 | 01:03:31.00 | $\begin{aligned} & +00: 01: 56 \\ & (3.1 \%) \end{aligned}$ |
| 5 | DOBOSIK Damian | 71 | 3ATHLETE | M30 | 4 | 00:10:19 | 13 | 00:01:46 | 00:39:11 | 00:40:42 | 6 | 00:00:32 | 00:01:27 | 00:02:54 | 00:04:23 | 00:05:54 | 00:07:25 | 00:08:55 | 00:10:24 | 5 | 01:03:43.60 | $\begin{aligned} & +00: 02: 09 \\ & (3.4 \%) \end{aligned}$ |
| 6 | FELON Michał | 75 | ZDROWYROWER | M40 | 1 | 00:12:02 | 48 | 00:02:01 | 00:37:00 | 00:38:49 | 1 | 00:00:35 | 00:01:35 | 00:03:11 | 00:04:44 | 00:06:17 | 00:07:51 | 00:09:24 | 00:10:57 | 8 | 01:04:24.35 | $\begin{aligned} & +00: 02: 50 \\ & (4.4 \%) \end{aligned}$ |
| 7 | KUKULSKI Karol | 100 | AMW GDYNIA | M18 | 2 | 00:07:50 | 1 | 00:02:59 | 00:42:29 | 00:43:59 | 12 | 00:00:29 | 00:01:34 | 00:03:08 | 00:04:46 | 00:06:24 | 00:08:01 | 00:09:39 | 00:11:13 | 11 | 01:06:30.70 | $\begin{aligned} & +00: 04: 56 \\ & (7.4 \%) \end{aligned}$ |
| 8 | BLUJ Mikołaj | 57 |  | M18 | 3 | 00:10:13 | 11 | 00:01:57 | 00:40:18 | 00:42:18 | 8 | 00:00:28 | 00:01:41 | 00:03:21 | 00:05:01 | 00:06:41 | 00:08:21 | 00:10:01 | 00:11:38 | 21 | 01:06:34.85 | $\begin{aligned} & +00: 05: 00 \\ & (7.5 \%) \end{aligned}$ |
| 9 | RUCIŃSKI Marcin | 135 | TRIBA BOSIR BARCIN | M40 | 2 | 00:10:39 | 20 | 00:02:33 | 00:40:07 | 00:42:08 | 7 | 00:00:34 | 00:01:34 | 00:03:07 | 00:04:39 | 00:06:12 | 00:07:45 | 00:09:18 | 00:10:46 | 7 | 01:06:40.20 | $\begin{aligned} & +00: 05: 06 \\ & (7.7 \%) \end{aligned}$ |
| 10 | SUSKA Arkadiusz | 146 | 4YOURBIKE / ASTRAINER - MASAŻ MOBILNY | M40 | 3 | 00:11:42 | 37 | 00:02:29 | 00:41:24 | 00:43:24 | 10 | 00:00:36 | 00:01:35 | 00:03:11 | 00:04:49 | 00:06:30 | 00:08:09 | 00:09:46 | 00:11:21 | 13 | 01:09:32.35 | $\begin{aligned} & +00: 07: 58 \\ & (11.5 \%) \end{aligned}$ |
| 11 | GRZYWACZ Maciej | 80 | AZS POLITECHNIKA GDAŃSKA | M18 | 4 | 00:10:57 | 29 | 00:03:12 | 00:40:15 | 00:42:27 | 9 | 00:00:38 | 00:01:52 | 00:03:41 | 00:05:25 | 00:07:11 | 00:09:02 | 00:10:52 | 00:12:38 | 42 | 01:09:52.40 | $\begin{aligned} & +00: 08: 18 \\ & (11.9 \%) \end{aligned}$ |
| 12 | GNIOT Jacek | 78 | WOJSKOWE ZAKŁADY UZBROJENIA S.A. | M40 | 4 | 00:11:50 | 43 | 00:01:53 | 00:42:04 | 00:44:05 | 13 | 00:00:38 | 00:01:21 | 00:03:23 | 00:05:02 | 00:06:40 | 00:08:19 | 00:09:56 | 00:11:27 | 17 | 01:09:53.95 | $\begin{aligned} & +00: 08: 10 \\ & (11.9 \%) \end{aligned}$ |
| 13 | HORSTEN Bastian | 82 | TRI TALENT TEAM GDAŃSK | M16 | 1 | 00:08:19 | 3 | 00:02:36 | 00:45:21 | 00:46:51 | 23 | 00:00:33 | 00:01:42 | 00:03:25 | 00:05:07 | 00:06:48 | 00:08:30 | 00:10:10 | 00:11:46 | 25 | 01:10:05.75 | $\begin{aligned} & +00: 08: 31 \\ & (12.2 \%) \end{aligned}$ |
| 14 | JEEDRKOWIAK Piotr | 86 |  | M30 | 5 | 00:11:47 | 40 | 00:02:00 | 00:44:16 | 00:45:53 | 19 | 00:00:34 | 00:01:32 | 00:03:03 | 00:04:32 | 00:05:59 | 00:07:27 | 00:08:53 | 00:10:13 | 4 | 01:10:27.90 | $\begin{aligned} & +00: 08: 53 \\ & (12.6 \%) \end{aligned}$ |
| 15 | MARZEC Mieszko | 111 |  | M40 | 5 | 00:10:28 | 16 | 00:03:33 | 00:42:28 | 00:44:17 | 15 | 00:00:37 | 00:01:43 | 00:03:25 | 00:05:06 | 00:06:47 | 00:08:26 | 00:10:06 | 00:11:39 | 24 | 01:10:34.00 | $\begin{aligned} & +00: 08: 59 \\ & (12.8 \%) \end{aligned}$ |
| 16 | PARACKI Tomasz | 120 | F3TEAM | M18 | 5 | 00:10:52 | 24 | 00:02:01 | 00:43:41 | 00:45:33 | 16 | 00:00:38 | 00:01:41 | 00:03:20 | 00:05:00 | 00:06:42 | 00:08:25 | 00:09:54 | 00:11:39 | 22 | 01:10:43.40 | $\begin{aligned} & +00: 09: 0 \mathrm{os} \\ & (12.9 \%) \end{aligned}$ |
| 17 | RETERSKI Damian | 132 |  | M16 | 2 | 00:08:18 | 2 | 00:02:38 | 00:45:23 | 00:46:50 | 22 | 00:00:35 | 00:01:47 | 00:03:35 | 00:05:29 | 00:07:18 | 00:09:06 | 00:10:51 | 00:12:31 | 37 | 01:10:52.00 | $\begin{aligned} & +00: 09: 17 \\ & (13.1 \%) \end{aligned}$ |
| 18 | BAUMGART Michał | 53 |  | M30 | 6 | 00:11:49 | 42 | 00:01:58 | 00:44:05 | 00:45:55 | 20 | 00:00:33 | 00:01:36 | 00:03:12 | 00:04:49 | 00:06:26 | 00:08:04 | 00:09:39 | 00:11:08 | 10 | 01:11:23.30 | $\begin{aligned} & +00: 09: 49 \\ & (13.8 \%) \end{aligned}$ |
| 19 | PODHORODECKI <br> Arkadiusz | 125 | ETT - ELBLAG TRIATHLON TEAM | M50 | 1 | 00:10:56 | 28 | 00:02:16 | 00:43:51 | 00:45:35 | 17 | 00:00:26 | 00:01:48 | 00:03:35 | 00:05:21 | 00:07:07 | 00:08:55 | 00:10:41 | 00:12:22 | 35 | 01:11:35.70 | $\begin{aligned} & +00: 10: 0 \\ & (14.0 \%) \end{aligned}$ |
| 20 | DRAPELLA Dariusz | 72 | CZAJA TRAINING SYSTEM | M60+ | 1 | 00:11:43 | 38 | 00:02:27 | 00:43:44 | 00:45:48 | 18 | 00:00:42 | 00:01:52 | 00:03:44 | 00:05:33 | 00:07:23 | 00:09:12 | 00:10:58 | 00:12:40 | 43 | 01:13:20.15 | $\begin{aligned} & +00: 11: 46 \\ & (16.0 \%) \end{aligned}$ |
| 21 | SADOWSKI Andrzej | 137 | BURSZTYNOWE SMOKI JUBINALE | M40 | 6 | 00:10:14 | 12 | 00:01:42 | 00:46:38 | 00:48:44 | 33 | 00:00:41 | 00:01:48 | 00:03:37 | 00:05:24 | 00:07:11 | 00:08:57 | 00:10:40 | 00:12:16 | 30 | 01:13:37.70 | $\begin{aligned} & +00: 12: 03 \\ & (16.4 \%) \end{aligned}$ |
| 22 | SPRENGEL Grzegorz | 139 | LUFTHANSA SYSTEMS POLAND ACTIVE! | M30 | 7 | 00:12:03 | 49 | 00:02:00 | 00:42:14 | 00:44:14 | 14 | 00:00:30 | 00:01:40 | 00:03:20 | 00:05:00 | 00:06:39 | 00:11:47 | 00:13:26 | 00:15:03 | 82 | 01:13:50.50 | $\begin{aligned} & +00: 12: 1 \\ & (16.6 \%) \end{aligned}$ |
| 23 | BORYNA Bartek | 62 | TRI TALENT TEAM GDANSK | M14 | 1 | 00:10:52 | 25 | 00:02:25 | 00:45:40 | 00:47:35 | 25 | 00:00:37 | 00:01:49 | 00:03:41 | 00:05:34 | 00:07:27 | 00:09:23 | 00:11:21 | 00:12:53 | 50 | 01:14:22.00 | $\begin{aligned} & +00: 12: 47 \\ & (17.2 \%) \end{aligned}$ |
| 24 | KARPOWICZ Grzegorz | 92 | KAREPLAND | M30 | 8 | 00:13:50 | 73 | 00:02:23 | 00:44:53 | 00:46:34 | 21 | 00:00:44 | 00:01:40 | 00:03:19 | 00:05:00 | 00:06:40 | 00:08:23 | 00:10:05 | 00:11:35 | 20 | 01:15:06.70 | $\begin{aligned} & +00: 13: 32 \\ & (18.0 \%) \end{aligned}$ |


|  |  |  |  |  | Swimming |  |  |  | Cycling |  |  | Race |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 25 | AMBROZIAK Krzysztof | 51 | AUTOPAY SPORTS TEAM | M40 | 7 | 00:11:18 | 33 | 00:02:57 | 00:46:11 | 00:48:16 | 29 | 00:00:38 | 00:01:45 | 00:03:33 | 00:05:21 | 00:07:09 | 00:08:55 | 00:10:38 | 00:12:17 | 31 | 01:15:26.25 | $\begin{aligned} & +00: 13: 52 \\ & (18.4 \%) \end{aligned}$ |
| 26 | RAGUZA Grzegorz | 131 |  | M40 | 8 | 00:10:55 | 27 | 00:04:41 | 00:40:41 | 00:43:52 | 11 | 00:00:47 | 00:02:09 | 00:04:20 | 00:06:29 | 00:08:44 | 00:10:54 | 00:13:08 | 00:15:14 | 84 | 01:15:29.50 | $\begin{aligned} & +00: 13: 55 \\ & (18.4 \%) \end{aligned}$ |
| 27 | SZYMKOW Sławek | 150 | BANACH SPORT TEAM | M40 | 9 | 00:11:56 | 45 | 00:03:08 | 00:44:31 | 00:47:05 | 24 | 00:00:41 | 00:01:52 | 00:03:41 | 00:05:32 | 00:07:24 | 00:09:14 | 00:11:00 | 00:12:47 | 48 | 01:15:37.30 | $\begin{aligned} & +00: 14: 03 \\ & (18.6 \%) \end{aligned}$ |
| 28 | ZIÓŁKOWSKI Julian | 163 | Stowarzyszenie wrotkarskie gdańskie Lwy | M50 | 2 | 00:11:13 | 32 | 00:02:54 | 00:45:53 | 00:48:40 | 32 | 00:00:39 | 00:01:47 | 00:03:36 | 00:05:30 | 00:07:22 | 00:09:12 | 00:11:01 | 00:12:33 | 38 | 01:15:59.10 | $\begin{aligned} & +00: 14: 25 \\ & (19.0 \%) \end{aligned}$ |
| 29 | LOREK Kinga | 107 | MKS TRUSO ELBLAG | K18 | 1 | 00:08:48 | 4 | 00:02:17 | 00:50:38 | 00:52:30 | 54 | 00:00:40 | 00:01:49 | 00:03:37 | 00:05:21 | 00:07:06 | 00:08:54 | 00:10:38 | 00:12:20 | 34 | 01:16:35.35 | $\begin{aligned} & +00: 15: 01 \\ & (19.6 \%) \end{aligned}$ |
| 30 | PACZKOWSKI Maciej | 118 |  | M30 | 9 | 00:10:24 | 14 | 00:03:07 | 00:47:25 | 00:49:46 | 35 | 00:00:34 | 00:01:50 | 00:03:38 | 00:05:29 | 00:07:23 | 00:09:18 | 00:11:08 | 00:12:46 | 47 | 01:16:37.20 | $\begin{aligned} & +00: 15: 03 \\ & (19.6 \%) \end{aligned}$ |
| 31 | STENKA Tomasz | 145 |  | M18 | 6 | 00:12:36 | 56 | 00:02:11 | 00:46:11 | 00:48:38 | 31 | 00:00:41 | 00:01:49 | 00:03:43 | 00:05:35 | 00:07:31 | 00:09:21 | 00:11:05 | 00:12:41 | 44 | 01:16:47.40 | $\begin{aligned} & +00: 15: 13 \\ & (19.8 \%) \end{aligned}$ |
| 32 | OZOROWSKI <br> Lukasz | 117 | SIMPLY MADE | M30 | 10 | 00:12:31 | 55 | 00:02:52 | 00:45:48 | 00:48:24 | 30 | 00:00:30 | 00:01:53 | 00:03:43 | 00:05:31 | 00:07:19 | 00:09:05 | 00:10:52 | 00:12:34 | 39 | 01:16:51.55 | $\begin{aligned} & +00: 15: 17 \\ & (19.9 \%) \end{aligned}$ |
| 33 | PACZKOWSKI <br> Maciej | 119 | SP 4 REDA/MOSIR REDA | M18 | 7 | 00:14:17 | 86 | 00:02:21 | 00:46:10 | 00:48:10 | 28 | 00:00:38 | 00:01:41 | 00:03:19 | 00:05:00 | 00:06:42 | 00:08:23 | 00:10:02 | 00:11:39 | 23 | 01:17:05.25 | $\begin{aligned} & +00: 15: 31 \\ & (20.1 \%) \end{aligned}$ |
| 34 | WASIEWICZ Paweł | 168 | OMIDA RUN TEAM | M30 | 11 | 00:10:52 | 23 | 00:03:47 | 00:48:12 | 00:50:26 | 43 | 00:00:40 | 00:01:49 | 00:03:38 | 00:05:28 | 00:07:17 | 00:09:07 | 00:10:12 | 00:11:34 | 18 | 01:17:19.00 | $\begin{aligned} & +00: 15: 44 \\ & (20.4 \%) \end{aligned}$ |
| 35 | KITA Maciej | 94 |  | M30 | 12 | 00:11:09 | 31 | 00:02:35 | 00:47:53 | 00:49:59 | 38 | 00:00:33 | 00:02:00 | 00:03:57 | 00:05:52 | 00:07:48 | 00:09:44 | 00:11:37 | 00:13:25 | 58 | 01:17:41.95 | $\begin{aligned} & +00: 16: 07 \\ & (20.8 \%) \end{aligned}$ |
| 36 | KUDREWICZ Mirek | 99 | SILCO | M50 | 3 | 00:13:47 | 72 | 00:03:03 | 00:46:00 | 00:48:03 | 26 | 00:00:47 | 00:00:37 | 00:02:07 | 00:04:10 | 00:06:11 | 00:08:14 | 00:10:07 | 00:12:18 | 33 | 01:17:58.95 | $\begin{aligned} & +00: 16: 24 \\ & (21.0 \%) \end{aligned}$ |
| 37 | DzIOBA Michał | 74 | TRI DZIOBA | M40 | 10 | 00:11:08 | 30 | 00:03:32 | 00:47:52 | 00:50:16 | 40 | 00:00:40 | 00:01:46 | 00:03:35 | 00:05:22 | 00:07:08 | 00:08:55 | 00:10:41 | 00:12:24 | 36 | 01:18:00.80 | $\begin{aligned} & +00: 16: 26 \\ & (21.1 \%) \end{aligned}$ |
| 38 | BORYNA Jarek | 61 |  | M50 | 4 | 00:12:21 | 53 | 00:04:03 | 00:46:13 | 00:48:07 | 27 | 00:00:41 | 00:01:54 | 00:03:49 | 00:05:42 | 00:07:38 | 00:09:06 | 00:10:36 | 00:13:08 | 53 | 01:18:20.80 | $\begin{aligned} & +00: 16: 46 \\ & (21.4 \%) \end{aligned}$ |
| 39 | RÓżYCKI Paweł | 134 |  | M30 | 13 | 00:14:44 | 92 | 00:03:59 | 00:47:46 | 00:49:44 | 34 | 00:00:35 | 00:01:32 | 00:03:00 | 00:05:05 | 00:06:18 | 00:06:45 | 00:07:53 | 00:09:25 | 2 | 01:18:27.90 | $\begin{aligned} & +00: 16: 53 \\ & (21.5 \%) \end{aligned}$ |
| 40 | PRoszowski Piotr | 130 |  | M18 | 8 | 00:13:11 | 66 | 00:02:37 | 00:50:10 | 00:51:29 | 48 | 00:00:29 | 00:01:31 | 00:03:08 | 00:04:49 | 00:06:31 | 00:08:14 | 00:09:52 | 00:11:23 | 15 | 01:19:09.80 | $\begin{aligned} & +00: 17: 35 \\ & (22.2 \%) \end{aligned}$ |
| 41 | STACHAŃCZYK Wiesia | 141 | ACTIVE-IT KOMPUTERYMARKOWE.PL | K30 | 1 | 00:10:26 | 15 | 00:03:08 | 00:48:40 | 00:51:02 | 46 | 00:00:49 | 00:02:05 | 00:04:08 | 00:06:10 | 00:08:07 | 00:10:02 | 00:11:57 | 00:13:52 | 66 | 01:19:17.00 | $\begin{aligned} & +00: 17: 42 \\ & (22.3 \%) \end{aligned}$ |
| 42 | MAGRIAN <br> Krzysztof | 109 |  | M40 | 11 | 00:11:46 | 39 | 00:03:58 | 00:48:34 | 00:50:18 | 42 | 00:00:43 | 00:01:51 | 00:03:41 | 00:05:32 | 00:07:25 | 00:09:17 | 00:11:07 | 00:12:45 | 46 | 01:19:30.05 | $\begin{aligned} & +00: 17: 56 \\ & (22.6 \%) \end{aligned}$ |
| 43 | PIOTROWICZ Ewa | 123 | SPORTEVO | K30 | 2 | 00:12:00 | 47 | 00:02:56 | 00:49:43 | 00:51:44 | 49 | 00:00:42 | 00:01:52 | 00:03:42 | 00:05:32 | 00:07:21 | 00:09:10 | 00:10:58 | 00:12:41 | 45 | 01:20:03.00 | $\begin{aligned} & +00: 18: 28 \\ & (23.1 \%) \end{aligned}$ |
| 44 | BYZDRA Krzysztof | 66 | BBL GDANSK | M40 | 12 | 00:13:14 | 67 | 00:02:11 | 00:50:30 | 00:51:56 | 52 | 00:00:36 | 00:01:44 | 00:03:29 | 00:05:15 | 00:07:00 | 00:08:43 | 00:10:27 | 00:12:15 | 29 | 01:20:12.00 | $\begin{aligned} & +00: 18: 37 \\ & (23.2 \%) \end{aligned}$ |
| 45 | HORSTEN Peter | 81 | ASPIRE POWER CLUB | M50 | 5 | 00:11:38 | 36 | 00:04:58 | 00:47:34 | 00:49:56 | 36 | 00:00:42 | 00:01:57 | 00:03:53 | 00:05:48 | 00:07:43 | 00:09:39 | 00:11:34 | 00:13:22 | 57 | 01:20:36.40 | $\begin{aligned} & +00: 19: 02 \\ & (23.6 \%) \end{aligned}$ |
| 46 | BEDNAREK <br> Krzysztof | 54 | SPORTEVO | M50 | 6 | 00:14:17 | 85 | 00:02:10 | 00:48:47 | 00:51:23 | 47 | 00:00:40 | 00:01:47 | 00:03:33 | 00:05:19 | 00:07:05 | 00:08:52 | 00:10:32 | 00:12:14 | 28 | 01:20:44.00 | $\begin{aligned} & +00: 19: 09 \\ & (23.7 \%) \end{aligned}$ |
| 47 | ŁOPACIŃSKI <br> Tomasz | 108 | SPORTEVO | M40 | 13 | 00:11:56 | 46 | 00:02:59 | 00:48:33 | 00:50:52 | 44 | 00:00:26 | 00:02:08 | 00:04:15 | 00:06:19 | 00:08:27 | 00:10:31 | 00:12:37 | 00:14:32 | 76 | 01:20:45.30 | $\begin{aligned} & +00: 19: 11 \\ & (23.8 \%) \end{aligned}$ |
| 48 | SZYMANIEWSKI <br> Paweł | 149 |  | M40 | 14 | 00:13:25 | 68 | 00:03:43 | 00:47:17 | 00:50:09 | 39 | 00:00:39 | 00:01:51 | 00:03:44 | 00:05:38 | 00:07:34 | 00:09:24 | 00:11:15 | 00:12:58 | 52 | 01:20:54.45 | $\begin{aligned} & +00: 19: 20 \\ & (23.9 \%) \end{aligned}$ |
| 49 | BOROWIECKI Adrian | 60 |  | M18 | 9 | 00:11:20 | 34 | 00:03:41 | 00:52:12 | 00:53:54 | 62 | 00:00:36 | 00:01:39 | 00:03:20 | 00:05:01 | 00:06:46 | 00:08:27 | 00:10:02 | 00:11:35 | 19 | 01:21:06.80 | $\begin{aligned} & +00: 19: 32 \\ & (24.1 \%) \end{aligned}$ |
| 50 | okrój <br> Maksymilian | 115 |  | M14 | 2 | 00:09:22 | 5 | 00:03:46 | 00:53:08 | 00:54:59 | 70 | 00:00:40 | 00:01:54 | 00:03:45 | 00:05:34 | 00:07:23 | 00:09:15 | 00:11:01 | 00:12:36 | 40 | 01:21:23.60 | $\begin{aligned} & +00: 19: 49 \\ & (24.4 \%) \end{aligned}$ |
| 51 | BUDA Łukasz | 65 |  | M18 | 10 | 00:13:10 | 65 | 00:03:36 | 00:50:32 | 00:52:47 | 56 | 00:00:34 | 00:01:37 | 00:03:15 | 00:04:53 | 00:06:33 | 00:08:11 | 00:09:49 | 00:11:23 | 16 | 01:21:30.45 | $\begin{aligned} & +00: 19: 56 \\ & (24.5 \%) \end{aligned}$ |
| 52 | PORZEŻYŃSKI <br> Maciej | 129 | RUN BEACH MORNING | M18 | 11 | 00:10:36 | 19 | 00:02:12 | 00:52:50 | 00:54:31 | 68 | 00:00:41 | 00:01:59 | 00:03:55 | 00:05:51 | 00:07:48 | 00:09:59 | 00:12:01 | 00:13:46 | 64 | 01:21:46.80 | $\begin{aligned} & +00: 20: 12 \\ & (24.7 \%) \end{aligned}$ |
| 53 | SAWINSKI Jarosław | 138 |  | M30 | 14 | 00:11:55 | 44 | 00:05:03 | 00:49:48 | 00:51:47 | 50 | 00:00:46 | 00:01:46 | 00:03:48 | 00:06:36 | 00:07:56 | 00:09:23 | 00:11:16 | 00:12:37 | 41 | 01:22:08.80 | $\begin{aligned} & +00: 20: 34 \\ & (25.1 \%) \end{aligned}$ |
| 54 | JANICKI Sebastian | 83 | INDASA | M40 | 15 | 00:12:17 | 52 | 00:04:13 | 00:48:49 | 00:51:51 | 51 | 00:04:36 | 00:00:20 | 00:01:40 | 00:02:50 | 00:03:50 | 00:05:20 | 00:07:39 | 00:09:17 | 1 | 01:22:14.40 | $\begin{aligned} & +00: 20: 40 \\ & (25.1 \%) \end{aligned}$ |
| 55 | CZAJKOWSKA Magdalena | 169 | BCT TEAM GDYNIA | K30 | 3 | 00:11:48 | 41 | 00:02:10 | 00:51:56 | 00:54:01 | 63 | 00:00:46 | 00:01:59 | 00:03:57 | 00:05:56 | 00:07:53 | 00:09:51 | 00:11:50 | 00:13:39 | 62 | 01:22:24.20 | $\begin{aligned} & +00: 20: 50 \\ & (25.3 \%) \end{aligned}$ |
| 56 | KWIATKOWSKI <br> Tomasz | 102 |  | M40 | 16 | 00:13:06 | 64 | 00:03:40 | 00:47:45 | 00:51:00 | 45 | 00:00:48 | 00:02:08 | 00:04:12 | 00:06:19 | 00:08:29 | 00:10:36 | 00:12:39 | 00:14:28 | 75 | 01:23:02.70 | $\begin{aligned} & +00: 21: 28 \\ & (25.9 \%) \end{aligned}$ |
| 57 | BARANOWSKI Michał | 52 | ZHR | M18 | 12 | 00:12:41 | 59 | 00:04:04 | 00:52:03 | 00:53:35 | 57 | 00:00:38 | 00:01:50 | 00:03:33 | 00:05:18 | 00:07:07 | 00:08:56 | 00:10:42 | 00:12:18 | 32 | 01:23:16.30 | $\begin{aligned} & +00: 21: 42 \\ & (26.1 \%) \end{aligned}$ |
| 58 | SZUFARSKI <br> Przemek | 148 |  | M30 | 15 | 00:10:48 | 22 | 00:03:02 | 00:50:57 | 00:52:45 | 55 | 00:04:12 | 00:01:55 | 00:03:50 | 00:05:47 | 00:07:50 | 00:09:40 | 00:11:31 | 00:13:17 | 55 | 01:24:04.75 | $\begin{aligned} & +00: 22: 30 \\ & (26.8 \%) \end{aligned}$ |

$\begin{array}{llllllllllllll}\mathbf{0 0}: 13: 27 & 69 & 00: 02: 20 & 00: 51: 42 & \mathbf{0 0 : 5 4 : 1 4} & 65 & 00: 00: 49 & 00: 01: 52 & 00: 03: 47 & 00: 05: 46 & 00: 07: 45 & 00: 09: 42 & 00: 11: 37 & \mathbf{0 0 : 1 3 : 2 9}\end{array} \mathbf{6 0} \mathbf{0 1 : 2 4 : 1 9 . 9 0} \begin{aligned} & \text { +00:22:45 }\end{aligned}$

01.24.27.35 (27.1\%)
$\begin{array}{llllllllllllllllll}\mathbf{0 0 : 1 2 : 5 6} & 60 & 00: 05: 00 & 00: 50: 36 & \mathbf{0 0 : 5 3 : 4 0} & \mathbf{5 8} & 00: 01: 10 & 00: 01: 47 & 00: 03: 39 & 00: 05: 28 & 00: 07: 17 & 00: 08: 50 & 00: 10: 27 & \mathbf{0 0 : 1 2 : 1 0} & \mathbf{2 7} & \mathbf{0 1 : 2 4 : 5 6 . 0 0} & \begin{array}{l}\text { (27.5\%) }\end{array}\end{array}$

$\begin{array}{lllllllllllllll}\mathbf{0 0 : 1 4 : 0 3} & 78 & 00: 02: 43 & 00: 52: 19 & \mathbf{0 0 : 5 4 : 2 8} & \mathbf{6 7} & 00: 00: 42 & 00: 01: 57 & 00: 03: 56 & 00: 05: 54 & 00: 07: 51 & 00: 09: 46 & 00: 11: 41 & \mathbf{0 0 : 1 3 : 3 0} & \mathbf{6 1} \\ \mathbf{0 0}: 25: 26.60 & \begin{array}{l}\text { +00:23:52 } \\ (27.9 \%)\end{array}\end{array}$


| $\mathbf{0 0 : 1 2 : 1 1}$ | 51 | $00: 04: 05$ | $00: 51: 17$ | $\mathbf{0 0 : 5 4 : 2 8}$ | 66 | $00: 00: 45$ | $00: 01: 54$ | $00: 03: 43$ | $00: 05: 38$ | $00: 09: 19$ | $00: 11: 03$ | $00: 12: 43$ | $\mathbf{0 0 : 1 4 : 2 3}$ |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| $\mathbf{7 3}$ | $\mathbf{0 1 : 2 5 : 5 2 . 0 0}$ | $\begin{array}{l}\text { +00:24:17 } \\ (28.3 \%)\end{array}$ |  |  |  |  |  |  |  |  |  |  |  |



1.26:05.60
$(28.5 \%)$
$+00 \cdot 24: 42$
$(28.6 \%)$
$\begin{array}{llllllllllllll}\mathbf{0 0 : 1 4 : 4 6} & 93 & 00: 03: 41 & 00: 49: 46 & \mathbf{0 0 : 5 2 : 0 0} & \mathbf{5 3} & 00: 00: 47 & 00: 02: 08 & 00: 04: 16 & 00: 06: 27 & 00: 08: 39 & 00: 10: 51 & 00: 12: 59 & \mathbf{0 0 : 1 5 : 0 2} \\ \mathbf{8 1} & \mathbf{0 1 : 2 6 : 1 6 . 1 0} & \begin{array}{l}+00: 24: 4 \\ (28.6 \%)\end{array}\end{array}$
$\begin{array}{llllllllllllllllll}\mathbf{0 0}: \mathbf{1 4 : 1 8} & 87 & 00: 01: 29 & 00: 54: 19 & \mathbf{0 0 : 5 7 : 2 6} & 78 & 00: 00: 41 & 00: 01: 55 & 00: 03: 56 & 00: 05: 51 & 00: 07: 44 & 00: 09: 37 & 00: 11: 32 & \mathbf{0 0 : 1 3 : 1 6} & \mathbf{5 4} & \mathbf{0 1 : 2 7 : 1 0 : 5 5} & \begin{array}{l}+00: 25: 36 \\ (29.4 \%)\end{array}\end{array}$
$\begin{array}{lllllllllllllll}\mathbf{0 0 : 1 2 : 4 1} & 58 & 00: 03: 52 & 00: 53: 57 & \mathbf{0 0 : 5 6 : 0 7} & 75 & 00: 00: 46 & 00: 02: 02 & 00: 04: 02 & 00: 06: 01 & 00: 08: 01 & 00: 10: 02 & 00: 11: 56 & \mathbf{0 0 : 1 3 : 4 8} & \mathbf{6 5} \\ \mathbf{0 0}: 27: 14.55 & \begin{array}{l}\text { +00:25:40 } \\ (29.4 \%)\end{array}\end{array}$
$\begin{array}{lllllllllllllllll}\mathbf{0 0 : 1 4 : 2 9} & 89 & 00: 01: 18 & 00: 55: 46 & \mathbf{0 0 : 5 7 : 2 6} & 79 & 00: 00: 44 & 00: 02: 01 & 00: 03: 59 & 00: 05: 52 & 00: 07: 45 & 00: 09: 39 & 00: 11: 33 & \mathbf{0 0 : 1 3 : 1 7} & \mathbf{5 6} & \mathbf{0 1 : 2 7 : 1 4 . 8 0} & \begin{array}{l}+00: 25: 40 \\ (29.4 \%)\end{array}\end{array}$
$\begin{array}{lllllllllllll}\mathbf{0 0 : 1 6 : 2 0} & 99 & 00: 01: 50 & 00: 53: 11 & \mathbf{0 0 : 5 5 : 0 8} & 71 & 00: 00: 40 & 00: 02: 03 & 00: 04: 03 & 00: 05: 59 & 00: 07: 56 & 00: 09: 56 & 00: 11: 53 \\ \mathbf{0 0}: 13: 42 & \mathbf{6 3} & \mathbf{0 1 : 2 7 : 4 0 . 1 0} & \\ \text { +00:26:06 }\end{array}$

(29.8\%)

| $\mathbf{0 0}: 14: 03$ | 79 | $00: 03: 45$ | $00: 52: 31$ | $\mathbf{0 0 : 5 4 : 1 4}$ | $\mathbf{6 4}$ | $00: 00: 43$ | $00: 01: 55$ | $00: 04: 04$ | $00: 06: 02$ | $00: 08: 04$ | $00: 10: 18$ | $00: 12: 41$ |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| $\mathbf{0 0}: 14: 58$ | $\mathbf{7 9}$ | $\mathbf{0 1 : 2 7 : 4 3 . 1 0}$ | $\begin{array}{l}\text { (29.8\%) }\end{array}$ |  |  |  |  |  |  |  |  |  |

$\begin{array}{llllllllllllll}\mathbf{0 0}: \mathbf{1 0}: 35 & 18 & 00: 03: 30 & 00: 56: 29 & \mathbf{0 0}: 58: 31 & \mathbf{8 1} & 00: 00: 50 & 00: 02: 15 & 00: 04: 28 & 00: 06: 43 & 00: 09: 00 & 00: 11: 16 & 00: 13: 29 & \mathbf{0 0}: \mathbf{1 5 : 3 3} \\ \mathbf{8} & \mathbf{8 6} & \mathbf{0 1 : 2 8 : 5 9 . 6 5} & +00: 27: 25 \\ (30,8 \%)\end{array}$

$\begin{array}{lllllllllllllll}\mathbf{0 0 : 1 2 : 3 7} & 57 & 00: 04: 55 & 00: 57: 27 & \mathbf{0 0 : 5 9 : 2 8} & \mathbf{8 4} & 00: 00: 39 & 00: 01: 54 & 00: 03: 53 & 00: 05: 46 & 00: 07: 39 & 00: 09: 30 & 00: 11: 17 & \mathbf{0 0 : 1 2 : 4 9} & \mathbf{4 9} \\ \mathbf{0 0}: 30: 28.70 & \begin{array}{l}\text { +00:28:54 } \\ (32.0 \%)\end{array}\end{array}$
$\begin{array}{lllllllllllllll}\mathbf{0 0 : 1 3 : 5 5} & 75 & 00: 04: 10 & 00: 54: 12 & \mathbf{0 0 : 5 5 : 5 9} & \mathbf{7 4} & 00: 00: 46 & 00: 02: 09 & 00: 04: 22 & 00: 06: 35 & 00: 08: 54 & 00: 11: 14 & 00: 13: 35 & \mathbf{0 0}: 15: 51 & \mathbf{9 0} \\ \mathbf{0 0}: 30: 41.95 & \begin{array}{l}\text { +00:29:07 } \\ (32.1 \%)\end{array}\end{array}$
$\begin{array}{lllllllllllll}\mathbf{0 0 : 1 2 : 5 8} & 62 & 00: 03: 11 & 00: 56: 53 & \mathbf{0 0 : 5 9 : 1 8} & \mathbf{8 3} & 00: 00: 32 & 00: 02: 24 & 00: 04: 52 & 00: 07: 26 & 00: 10: 00 & 00: 12: 35 & 00: 15: 12\end{array} \mathbf{0 0 : 1 7 : 2 8} \mathbf{9 9} \quad \mathbf{0 1 : 3 3 : 2 7 . 0 0} \begin{aligned} & \text { +00:31:52 } \\ & (34.1 \%)\end{aligned}$
\(\begin{array}{lllllllllllll}\mathbf{0 0 : 1 0 : 4 1} \& 21 \& 00: 03: 07 \& 01: 00: 32 \& \mathbf{0 1 : 0 3 : 2 2} \& \mathbf{9 1} \& 00: 00: 51 \& 00: 02: 20 \& 00: 04: 37 \& 00: 06: 51 \& 00: 09: 03 \& 00: 11: 16 \& 00: 13: 29 \\

\mathbf{0 0 : 1 5 : 2 8} \& \mathbf{8 5} \& \mathbf{0 1 : 3 3 : 2 9 . 8 5} \&\)|  (34.2\%)  |
| :--- | \& $00: 31: 55\end{array}$


$\begin{array}{llllllllllllll}\mathbf{0 0 : 1 3 : 5 5} & 76 & 00: 05: 20 & 00: 57: 37 & \mathbf{0 0 : 5 9 : 4 7} & \mathbf{8 5} & 00: 00: 43 & 00: 02: 00 & 00: 04: 06 & 00: 06: 15 & 00: 08: 29 & 00: 10: 42 & 00: 12: 52 & \mathbf{0 0}: \mathbf{1 5 : 0 0} \\ \mathbf{8 0} & \mathbf{0 1 : 3 4 : 4 5 . 0 0} & (355 & \text { +00:33:10 }\end{array}$
$\begin{array}{lllllllllllll}\mathbf{0 0}: 14: 29 & 90 & 00: 04: 15 & 00: 55: 15 & \mathbf{0 0 : 5 8 : 3 5} & \mathbf{8 2} & 00: 01: 28 & 00: 03: 48 & 00: 06: 02 & 00: 08: 16 & 00: 10: 32 & 00: 12: 47 & 00: 14: 58 \\ \mathbf{0 0}: 17: 14 & \mathbf{9 8} & \mathbf{0 1 : 3 6 : 0 1 . 2 0} & +00: 34: 27\end{array}$


| $\mathbf{0 0 : 1 5 : 0 6}$ | 96 | $00: 05: 20$ | $01: 00: 41$ | $\mathbf{0 1 : 0 2 : 5 0}$ | $\mathbf{9 0}$ | $00: 01: 01$ | $00: 01: 56$ | $00: 03: 54$ | $00: 05: 53$ | $00: 07: 55$ | $00: 09: 58$ | $00: 12: 03$ |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| $\mathbf{0 0}: 14: 01$ | $\mathbf{6 8}$ | $\mathbf{0 1 : 3 8 : 1 8 . 5 0}$ | $+00: 36: 44$ |  |  |  |  |  |  |  |  |  |

$\begin{array}{lllllllllllllll}\mathbf{0 0 : 1 2 : 2 2} & 54 & 00: 04: 51 & 01: 01: 06 & \mathbf{0 1 : 0 3 : 5 8} & \mathbf{9 2} & 00: 00: 47 & 00: 02: 24 & 00: 04: 49 & 00: 07: 17 & 00: 09: 51 & 00: 12: 21 & 00: 14: 50 & \mathbf{0 0 : 1 7 : 0 4} & \mathbf{9 7} \\ \text { 01:39:02.70 } & +00: 37: 2\end{array}$

|  | $\mathbf{0 0 : 1 7 : 3 2}$ | 102 | $00: 04: 48$ | $00: 58: 49$ | $01: 01: 09$ | 86 | $00: 00: 48$ | $00: 02: 01$ | $00: 04: 04$ | $00: 06: 12$ | $00: 08: 21$ | $00: 10: 31$ | $00: 12 \cdot 54$ |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |




|  |  |  |  | Swimming |  |  |  |  | Cycling |  |  | Race |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 93 | WACHUEKA Paweł | 155 | SPORTEVO | M40 | 21 | 00:13:45 | 70 | 00:06:38 | 01:04:58 | 01:05:24 | 93 | 00:00:27 | 00:02:25 | 00:04:53 | 00:07:14 | 00:09:37 | 00:11:56 | 00:14:06 | 00:16:25 | 95 | 01:42:39.00 | $\begin{aligned} & +00: 41: 04 \\ & (40.0 \%) \end{aligned}$ |
| 94 | KOSTECK1 Mariusz | 97 | ASPIRE POWER CLUB | M30 | 26 | 00:14:16 | 84 | 00:05:45 | 00:59:48 | 01:02:00 | 88 | 00:00:41 | 00:02:41 | 00:05:35 | 00:08:38 | 00:11:45 | 00:14:45 | 00:17:52 | 00:20:43 | 100 | 01:43:25.70 | $\begin{aligned} & +00: 41: 51 \\ & (40.5 \%) \end{aligned}$ |
| 95 | KOPCZYŃSKI Waldemar | 166 |  | M60+ | 4 | 00:14:27 | 88 | 00:03:42 | 01:06:15 | 01:09:21 | 98 | 00:00:50 | 00:02:15 | 00:04:29 | 00:06:45 | 00:08:58 | 00:11:10 | 00:13:25 | 00:15:37 | 88 | 01:43:57.45 | $\begin{aligned} & +00: 42: 23 \\ & (40.8 \%) \end{aligned}$ |
| 96 | WÓJCIK Natalia Damroka | 159 | SOPOCKI KLUB ŻEGLARSKI | K18 | 5 | 00:11:32 | 35 | 00:03:58 | 01:09:51 | 01:12:42 | 99 | 00:00:51 | 00:02:13 | 00:04:28 | 00:06:44 | 00:09:03 | 00:11:23 | 00:13:42 | 00:15:47 | 89 | 01:44:50.05 | $\begin{aligned} & +00: 43: 16 \\ & (41.3 \%) \end{aligned}$ |
| 97 | HERKT Martyna | 167 | SPORTEVO | K18 | 6 | 00:14:47 | 94 | 00:04:50 | 01:06:46 | 01:09:12 | 97 | 00:00:51 | 00:02:16 | 00:04:33 | 00:07:00 | 00:09:27 | 00:11:56 | 00:14:21 | 00:16:42 | 96 | 01:46:22.90 | $\begin{aligned} & +00: 44: 48 \\ & (42.1 \%) \end{aligned}$ |
| 98 | POPÓWsZCZYPIOROWSKA Monika | 126 | BBL AWFIS, DANFOSS | K40 | 4 | 00:17:26 | 101 | 00:04:39 | 01:06:25 | 01:08:30 | 96 | 00:00:50 | 00:02:13 | 00:04:28 | 00:06:51 | 00:09:13 | 00:11:34 | 00:13:55 | 00:16:04 | 93 | 01:47:29.70 | $\begin{aligned} & +00: 45: 55 \\ & (42.7 \%) \end{aligned}$ |
| 99 | GRZONKA Adam | 79 |  | M40 | 22 | 00:13:45 | 71 | 00:06:20 | 01:10:07 | 01:13:34 | 100 | 00:00:53 | 00:02:21 | 00:04:39 | 00:06:57 | 00:09:16 | 00:11:34 | 00:13:52 | 00:16:05 | 94 | 01:50:37.65 | $\begin{aligned} & +00: 49: 03 \\ & (44.3 \%) \end{aligned}$ |
| 100 | wŁochWISZNIOWSKA Barbara | 157 |  | K60+ | 1 | 00:21:10 | 104 | 00:03:59 | 01:11:55 | 01:14:31 | 101 | 00:00:47 | 00:02:00 | 00:04:01 | 00:06:04 | 00:08:00 | 00:10:08 | 00:12:13 | 00:14:10 | 71 | 01:54:37.10 | $\begin{aligned} & +00: 53: 03 \\ & (46.3 \%) \end{aligned}$ |
| 101 | JECDRZEJEWSKA Anna | 87 |  | K18 | 7 | 00:14:02 | 77 | 00:05:18 | 01:16:36 | 01:19:38 | 102 | 00:00:54 | 00:03:02 | 00:06:02 | 00:08:59 | 00:12:02 | 00:14:54 | 00:18:01 | 00:20:49 | 101 | 02:00:41.00 | $\begin{aligned} & +00: 59: 06 \\ & (49.0 \%) \end{aligned}$ |
| 102 | ZADROGA Iwona | 162 |  | K40 | 5 | 00:17:45 | 103 | 00:05:53 | 01:21:00 | 01:25:09 | 104 | 00:00:52 | 00:03:02 | 00:06:11 | 00:09:29 | 00:12:50 | 00:16:13 | 00:19:33 | 00:22:48 | 103 | 02:12:27.05 | $\begin{aligned} & +01: 10: 53 \\ & (53.5 \%) \end{aligned}$ |
| 103 | BOROWA Patryk | 59 | ASPIRE POWER CLUB | M30 | 27 | 00:25:48 | 105 | 00:07:10 | 01:18:24 | 01:22:27 | 103 | 00:01:15 | 00:02:55 | 00:05:55 | 00:08:57 | 00:12:01 | 00:15:18 | 00:18:42 | 00:22:02 | 102 | 02:18:42.00 | $\begin{aligned} & +01: 17: 07 \\ & (55.6 \%) \end{aligned}$ |
| 104 | STASIAK Krzysztof | 142 | hellmann | M40 | 23 | 00:10:54 | 26 | 00:03:42 | 00:50:08 | 00:55:42 | 73 |  |  |  |  |  |  |  |  |  |  | + |
| 105 | Lelontko Maciej | 103 | ASPIRE POWER CLUB | M40 | 24 | 00:16:59 | 100 | 00:05:17 |  |  |  |  |  |  |  |  |  |  |  |  |  | + |

