

**Wydarzenie:** V TRIATHLON GDAŃSK O PUCHAR REKTORA AWFIS 2019  
**Organizator:** Fundacja Silni Ciałem Niezłomni Duchem; AWFIS w Gdańsku; Sportevo Triathlon Team  
**Data:** 2019-05-05  
**Miejsce:** Gdańsk  
**Dystans:** 18.6 km



Klasyfikacja: Wszyscy

Punkt pomiarowy: 16,6 km

Msc	Zawodnik	Numer	Klub	Kategoria	Pływanie			Rower			Bieg		Czas
					Split_06K 0.6km	Poz		Split_Bike 14.8km	Split_Bike 14.9km	Poz		Finish_All 0.4km	
1	WYSŁOUCH Michał	160	F3TEAM	M30	00:09:42	8	00:01:46	00:38:20	00:39:40	3	00:00:31	00:01:25	00:02:51
2	CZAJKOWSKI Paweł	68	BCT TEAM GDYNIA	M30	00:10:10	10	00:01:38	00:37:33	00:39:20	2	00:00:22	00:01:42	00:03:20
3	KRZEMIŃSKI Jakub	98	BIKE U UP - EUROPELL	M18	00:09:22	6	00:01:34	00:38:09	00:40:12	4	00:00:41	00:01:38	00:03:09
4	PEEK Marcin (Peku)	121	SZKOŁA PŁYWANIA AQUATIC	M30	00:09:39	7	00:02:02	00:39:06	00:40:36	5	00:00:30	00:01:25	00:02:59
5	DOBOSIK Damian	71	3ATHLETE	M30	00:10:19	13	00:01:46	00:39:11	00:40:42	6	00:00:32	00:01:27	00:02:54
6	FELON Michał	75	ZDROWYROWER	M40	00:12:02	48	00:02:01	00:37:00	00:38:49	1	00:00:35	00:01:35	00:03:11
7	BLUJ Mikołaj	57		M18	00:10:13	11	00:01:57	00:40:18	00:42:18	8	00:00:28	00:01:41	00:03:21
8	KUKULSKI Karol	100	AMW GDYNIA	M18	00:07:50	1	00:02:59	00:42:29	00:43:59	12	00:00:29	00:01:34	00:03:08
9	RUCIŃSKI Marcin	135	TRIBA BOSIR BARCIN	M40	00:10:39	20	00:02:33	00:40:07	00:42:08	7	00:00:34	00:01:34	00:03:07
10	GRZYWACZ Maciej	80	AZS POLITECHNIKA GDAŃSKA	M18	00:10:57	29	00:03:12	00:40:15	00:42:27	9	00:00:38	00:01:52	00:03:41
11	SUSKA Arkadiusz	146	4YOURBIKE / ASTRAINER - MASAŻ MOBILNY	M40	00:11:42	37	00:02:29	00:41:24	00:43:24	10	00:00:36	00:01:35	00:03:11
12	HORSTEN Bastian	82	TRI TALENT TEAM GDAŃSK	M16	00:08:19	3	00:02:36	00:45:21	00:46:51	23	00:00:33	00:01:42	00:03:25
13	GNIOT Jacek	78	WOJSKOWE ZAKŁADY UZBROJENIA S.A.	M40	00:11:50	43	00:01:53	00:42:04	00:44:05	13	00:00:38	00:01:21	00:03:23
14	RETERSKI Damian	132		M16	00:08:18	2	00:02:38	00:45:23	00:46:50	22	00:00:35	00:01:47	00:03:35
15	SPRENGEL Grzegorz	139	LUFTHANSA SYSTEMS POLAND ACTIVE!	M30	00:12:03	49	00:02:00	00:42:14	00:44:14	14	00:00:30	00:01:40	00:03:20
16	MARZEC Mieszko	111		M40	00:10:28	16	00:03:33	00:42:28	00:44:17	15	00:00:37	00:01:43	00:03:25
17	PARACKI Tomasz	120	F3TEAM	M18	00:10:52	24	00:02:01	00:43:41	00:45:33	16	00:00:38	00:01:41	00:03:20
18	PODHORODECKI Arkadiusz	125	ETT - ELBLĄG TRIATHLON TEAM	M50	00:10:56	28	00:02:16	00:43:51	00:45:35	17	00:00:26	00:01:48	00:03:35
19	JĘDRKOWIAK Piotr	86		M30	00:11:47	40	00:02:00	00:44:16	00:45:53	19	00:00:34	00:01:32	00:03:03
20	BAUMGART Michał	53		M30	00:11:49	42	00:01:58	00:44:05	00:45:55	20	00:00:33	00:01:36	00:03:12
21	DRAPPELLA Dariusz	72	CZAJA TRAINING SYSTEM	M60+	00:11:43	38	00:02:27	00:43:44	00:45:48	18	00:00:42	00:01:52	00:03:44
22	RAGUZA Grzegorz	131		M40	00:10:55	27	00:04:41	00:40:41	00:43:52	11	00:00:47	00:02:09	00:04:20
23	SADOWSKI Andrzej	137	BURSZTYNOWE SMOKI JUBINAŁE	M40	00:10:14	12	00:01:42	00:46:38	00:48:44	33	00:00:41	00:01:48	00:03:37
24	BORYNA Bartek	62	TRI TALENT TEAM GDAŃSK	M14	00:10:52	25	00:02:25	00:45:40	00:47:35	25	00:00:37	00:01:49	00:03:41
25	SZYMKOW Sławek	150	BANACH SPORT TEAM	M40	00:11:56	45	00:03:08	00:44:31	00:47:05	24	00:00:41	00:01:52	00:03:41

					Pływanie			Rower			Bieg		
26	AMBROZIAK Krzysztof	51	AUTOPAY SPORTS TEAM	M40	00:11:18	33	00:02:57	00:46:11	00:48:16	29	00:00:38	00:01:45	00:03:33
27	KARPOWICZ Grzegorz	92	KAREPLAND	M30	00:13:50	73	00:02:23	00:44:53	00:46:34	21	00:00:44	00:01:40	00:03:19
28	ZIÓŁKOWSKI Julian	163	STOWARZYSZENIE WROTKARSKIE GDAŃSKIE LWY	M50	00:11:13	32	00:02:54	00:45:53	00:48:40	32	00:00:39	00:01:47	00:03:36
29	PACZKOWSKI Maciej	118		M30	00:10:24	14	00:03:07	00:47:25	00:49:46	35	00:00:34	00:01:50	00:03:38
30	KUDREWICZ Mirek	99	SILCO	M50	00:13:47	72	00:03:03	00:46:00	00:48:03	26	00:00:47	00:00:37	00:02:07
31	STENKA Tomasz	145		M18	00:12:36	56	00:02:11	00:46:11	00:48:38	31	00:00:41	00:01:49	00:03:43
32	LOREK Kinga	107	MKS TRUSO ELBLĄG	K18	00:08:48	4	00:02:17	00:50:38	00:52:30	54	00:00:40	00:01:49	00:03:37
33	OZOROWSKI Lukasz	117	SIMPLY MADE	M30	00:12:31	55	00:02:52	00:45:48	00:48:24	30	00:00:30	00:01:53	00:03:43
34	KITA Maciej	94		M30	00:11:09	31	00:02:35	00:47:53	00:49:59	38	00:00:33	00:02:00	00:03:57
35	PACZKOWSKI Maciej	119	SP 4 REDA/MOSIR REDA	M18	00:14:17	86	00:02:21	00:46:10	00:48:10	28	00:00:38	00:01:41	00:03:19
36	BORYNA Jarek	61		M50	00:12:21	53	00:04:03	00:46:13	00:48:07	27	00:00:41	00:01:54	00:03:49
37	DZIOBA Michał	74	TRI DZIOBA	M40	00:11:08	30	00:03:32	00:47:52	00:50:16	40	00:00:40	00:01:46	00:03:35
38	WASIEWICZ Paweł	168	OMIDA RUN TEAM	M30	00:10:52	23	00:03:47	00:48:12	00:50:26	43	00:00:40	00:01:49	00:03:38
39	STACHAŃCZYK Wiesia	141	ACTIVE-IT KOMPUTERYMARKOWE.PL	K30	00:10:26	15	00:03:08	00:48:40	00:51:02	46	00:00:49	00:02:05	00:04:08
40	MAGRAN Krzysztof	109		M40	00:11:46	39	00:03:58	00:48:34	00:50:18	42	00:00:43	00:01:51	00:03:41
41	ŁOPACIŃSKI Tomasz	108	SPORTEVO	M40	00:11:56	46	00:02:59	00:48:33	00:50:52	44	00:00:26	00:02:08	00:04:15
42	PROSZOWSKI Piotr	130		M18	00:13:11	66	00:02:37	00:50:10	00:51:29	48	00:00:29	00:01:31	00:03:08
43	PIOTROWICZ Ewa	123	SPORTEVO	K30	00:12:00	47	00:02:56	00:49:43	00:51:44	49	00:00:42	00:01:52	00:03:42
44	HORSTEN Peter	81	ASPIRE POWER CLUB	M50	00:11:38	36	00:04:58	00:47:34	00:49:56	36	00:00:42	00:01:57	00:03:53
45	BYZDRA Krzysztof	66	BBL GDAŃSK	M40	00:13:14	67	00:02:11	00:50:30	00:51:56	52	00:00:36	00:01:44	00:03:29
46	SZYMANIEWSKI Paweł	149		M40	00:13:25	68	00:03:43	00:47:17	00:50:09	39	00:00:39	00:01:51	00:03:44
47	PORZEŻYŃSKI Maciej	129	RUN BEACH MORNING	M18	00:10:36	19	00:02:12	00:52:50	00:54:31	68	00:00:41	00:01:59	00:03:55
48	RÓŻYCKI Paweł	134		M30	00:14:44	92	00:03:59	00:47:46	00:49:44	34	00:00:35	00:01:32	00:03:00
49	BEDNAREK Krzysztof	54	SPORTEVO	M50	00:14:17	85	00:02:10	00:48:47	00:51:23	47	00:00:40	00:01:47	00:03:33
50	OKRÓJ Maksymilian	115		M14	00:09:22	5	00:03:46	00:53:08	00:54:59	70	00:00:40	00:01:54	00:03:45
51	CZAJKOWSKA Magdalena	169	BCT TEAM GDYNIA	K30	00:11:48	41	00:02:10	00:51:56	00:54:01	63	00:00:46	00:01:59	00:03:57
52	KWIATKOWSKI Tomasz	102		M40	00:13:06	64	00:03:40	00:47:45	00:51:00	45	00:00:48	00:02:08	00:04:12
53	BOROWIECKI Adrian	60		M18	00:11:20	34	00:03:41	00:52:12	00:53:54	62	00:00:36	00:01:39	00:03:20
54	KULPIŃSKI Dariusz	101		M18	00:14:14	83	00:03:12	00:47:51	00:49:57	37	00:00:50	00:02:34	00:05:01
55	SAWIŃSKI Jarosław	138		M30	00:11:55	44	00:05:03	00:49:48	00:51:47	50	00:00:46	00:01:46	00:03:48
56	BUDA Łukasz	65		M18	00:13:10	65	00:03:36	00:50:32	00:52:47	56	00:00:34	00:01:37	00:03:15
57	MIOTK Michał	113		M30	00:12:08	50	00:02:39	00:52:54	00:54:49	69	00:00:37	00:01:53	00:03:51
58	STASIEWICZ Daniel	143		M30	00:09:56	9	00:03:32	00:53:08	00:55:36	72	00:00:49	00:02:12	00:04:26
59	BARANOWSKI Michał	52	ZHR	M18	00:12:41	59	00:04:04	00:52:03	00:53:35	57	00:00:38	00:01:50	00:03:33
60	JANICKI Sebastian	83	INDASA	M40	00:12:17	52	00:04:13	00:48:49	00:51:51	51	00:04:36	00:00:20	00:01:40
61	SZUFARSKI Przemek	148		M30	00:10:48	22	00:03:02	00:50:57	00:52:45	55	00:04:12	00:01:55	00:03:50
62	JAROSIEWICZ Gosia	84		K40	00:13:27	69	00:02:20	00:51:42	00:54:14	65	00:00:49	00:01:52	00:03:47
63	KALINOWSKI Karol	88	KALIN TEAM	M18	00:14:12	81	00:02:26	00:52:12	00:53:53	61	00:00:42	00:01:54	00:03:46
64	DĘBICKI Artur	70		M50	00:10:33	17	00:03:35	00:53:19	00:56:10	76	00:00:44	00:01:59	00:04:00
65	ZADROGA Piotr	161	DRINK TEAM	M40	00:14:13	82	00:05:40	00:47:59	00:50:18	41	00:00:43	00:02:06	00:04:11
66	SZAFRAŃSKI Marek	147	BBL AWF GDAŃSK	M50	00:12:11	51	00:04:05	00:51:17	00:54:28	66	00:00:45	00:01:54	00:03:43
67	LIS Tomasz	106		M40	00:14:46	93	00:03:41	00:49:46	00:52:00	53	00:00:47	00:02:08	00:04:16
68	DUŻYŃSKA Agata	73	SPORTEVO	K30	00:14:03	78	00:02:43	00:52:19	00:54:28	67	00:00:42	00:01:57	00:03:56
69	MYSZKA Zuzanna	114	MOŻE DOBIEGNĘ	K30	00:13:50	74	00:03:29	00:51:31	00:53:52	60	00:00:46	00:02:08	00:04:12
70	STAWICKI Andrzej	144	ASPIRE POWER CLUB	M30	00:12:56	60	00:05:00	00:50:36	00:53:40	58	00:01:10	00:01:47	00:03:39
71	CZUCHA Maciek	69	ASPIRE POWER CLUB	M30	00:14:03	79	00:03:45	00:52:31	00:54:14	64	00:00:43	00:01:55	00:04:04

				Pływanie		Rower			Bieg				
72	<b>LIANA Jolanta</b>	<b>104</b>		K40	<b>00:12:41</b>	58	00:03:52	00:53:57	<b>00:56:07</b>	<b>75</b>	00:00:46	00:02:02	00:04:02
73	<b>KONEFAŁ Krzysztof</b>	<b>96</b>		M30	<b>00:14:18</b>	87	00:01:29	00:54:19	<b>00:57:26</b>	<b>78</b>	00:00:41	00:01:55	00:03:56
74	<b>KĘSICKI Sebastian</b>	<b>93</b>		M40	<b>00:12:58</b>	63	00:03:42	00:55:07	<b>00:57:19</b>	<b>77</b>	00:00:37	00:01:11	00:03:16
75	<b>ULASIŃSKI Maciej</b>	<b>153</b>		M40	<b>00:10:35</b>	18	00:03:30	00:56:29	<b>00:58:31</b>	<b>81</b>	00:00:50	00:02:15	00:04:28
76	<b>GLESZCZYŃSKI Michał</b>	<b>77</b>		M30	<b>00:14:29</b>	89	00:01:18	00:55:46	<b>00:57:26</b>	<b>79</b>	00:00:44	00:02:01	00:03:59
77	<b>LIPKOWSKI Paweł</b>	<b>105</b>	3ATHLETE	M30	<b>00:16:20</b>	99	00:01:50	00:53:11	<b>00:55:08</b>	<b>71</b>	00:00:40	00:02:03	00:04:03
78	<b>FLIS Monika</b>	<b>76</b>		K30	<b>00:15:50</b>	98	00:04:07	00:52:10	<b>00:53:50</b>	<b>59</b>	00:00:40	00:01:50	00:03:40
79	<b>KOŁARZYK Justyna</b>	<b>95</b>		K30	<b>00:14:09</b>	80	00:03:45	00:55:13	<b>00:57:33</b>	<b>80</b>	00:00:21	00:01:34	00:03:17
80	<b>BRONOWICKA Aleksandra</b>	<b>63</b>		K18	<b>00:13:55</b>	75	00:04:10	00:54:12	<b>00:55:59</b>	<b>74</b>	00:00:46	00:02:09	00:04:22
81	<b>JELNICKA Anna</b>	<b>85</b>	BBL	K40	<b>00:12:58</b>	62	00:03:11	00:56:53	<b>00:59:18</b>	<b>83</b>	00:00:32	00:02:24	00:04:52
82	<b>MAZIARCZYK Maksymilian</b>	<b>112</b>	SPORTEVO	M14	<b>00:12:37</b>	57	00:04:55	00:57:27	<b>00:59:28</b>	<b>84</b>	00:00:39	00:01:54	00:03:53
83	<b>PISAŃSKA Paulina</b>	<b>124</b>		K18	<b>00:10:41</b>	21	00:03:07	01:00:32	<b>01:03:22</b>	<b>91</b>	00:00:51	00:02:20	00:04:37
84	<b>RUDNICKI Maciej</b>	<b>136</b>	ASPIRE POWER CLUB	M30	<b>00:13:55</b>	76	00:05:20	00:57:37	<b>00:59:47</b>	<b>85</b>	00:00:43	00:02:00	00:04:06
85	<b>WIERZGAŁA Piotr</b>	<b>156</b>	ASPIRE POWER CLUB	M30	<b>00:12:58</b>	61	00:04:57	00:58:41	<b>01:01:40</b>	<b>87</b>	00:00:43	00:01:58	00:03:57
86	<b>PIETRZAK Tomasz</b>	<b>122</b>		M50	<b>00:14:29</b>	90	00:04:15	00:55:15	<b>00:58:35</b>	<b>82</b>	00:01:28	00:03:48	00:06:02
87	<b>PORAJ-GÓRECKI Rafał</b>	<b>127</b>	SPORTEVO	M18	<b>00:14:54</b>	95	00:03:44	01:00:53	<b>01:02:44</b>	<b>89</b>	00:00:41	00:01:57	00:04:00
88	<b>KAMAĆ Kamil</b>	<b>89</b>		M30	<b>00:12:22</b>	54	00:04:51	01:01:06	<b>01:03:58</b>	<b>92</b>	00:00:47	00:02:24	00:04:49
89	<b>BOGALECKI Marek</b>	<b>58</b>	SAFE SPORT TEAM	M60+	<b>00:15:06</b>	96	00:05:20	01:00:41	<b>01:02:50</b>	<b>90</b>	00:01:01	00:01:56	00:03:54
90	<b>KOSTECKI Mariusz</b>	<b>97</b>	ASPIRE POWER CLUB	M30	<b>00:14:16</b>	84	00:05:45	00:59:48	<b>01:02:00</b>	<b>88</b>	00:00:41	00:02:41	00:05:35
91	<b>ZŁOTOWSKI Piotr</b>	<b>164</b>	SPORTEVO	M60+	<b>00:17:32</b>	102	00:04:48	00:58:49	<b>01:01:09</b>	<b>86</b>	00:00:48	00:02:01	00:04:04
92	<b>ŚMIGOWSKA Paula</b>	<b>151</b>	KALIN TEAM	K18	<b>00:14:33</b>	91	00:03:25	01:04:47	<b>01:06:39</b>	<b>94</b>	00:00:47	00:02:05	00:04:14
93	<b>KANIECKI Jan</b>	<b>90</b>		M18	<b>00:15:35</b>	97	00:02:13	01:06:21	<b>01:08:03</b>	<b>95</b>	00:00:41	00:02:01	00:04:09
94	<b>WACHUŁKA Paweł</b>	<b>155</b>	SPORTEVO	M40	<b>00:13:45</b>	70	00:06:38	01:04:58	<b>01:05:24</b>	<b>93</b>	00:00:27	00:02:25	00:04:53
95	<b>KOPCZYŃSKI Waldemar</b>	<b>166</b>		M60+	<b>00:14:27</b>	88	00:03:42	01:06:15	<b>01:09:21</b>	<b>98</b>	00:00:50	00:02:15	00:04:29
96	<b>WÓJCIK Natalia Damroka</b>	<b>159</b>	SOPOCKI KLUB ŻEGLARSKI	K18	<b>00:11:32</b>	35	00:03:58	01:09:51	<b>01:12:42</b>	<b>99</b>	00:00:51	00:02:13	00:04:28
97	<b>HERKT Martyna</b>	<b>167</b>	SPORTEVO	K18	<b>00:14:47</b>	94	00:04:50	01:06:46	<b>01:09:12</b>	<b>97</b>	00:00:51	00:02:16	00:04:33
98	<b>POPÓW-SZCZYPIOROWSKA Monika</b>	<b>126</b>	BBL AWFIS, DANFOSS	K40	<b>00:17:26</b>	101	00:04:39	01:06:25	<b>01:08:30</b>	<b>96</b>	00:00:50	00:02:13	00:04:28
99	<b>GRZONKA Adam</b>	<b>79</b>		M40	<b>00:13:45</b>	71	00:06:20	01:10:07	<b>01:13:34</b>	<b>100</b>	00:00:53	00:02:21	00:04:39
100	<b>WŁOCH-WISZNIOWSKA Barbara</b>	<b>157</b>		K60+	<b>00:21:10</b>	104	00:03:59	01:11:55	<b>01:14:31</b>	<b>101</b>	00:00:47	00:02:00	00:04:01
101	<b>JĘDRZEJEWSKA Anna</b>	<b>87</b>		K18	<b>00:14:02</b>	77	00:05:18	01:16:36	<b>01:19:38</b>	<b>102</b>	00:00:54	00:03:02	00:06:02
102	<b>ZADROGA Iwona</b>	<b>162</b>		K40	<b>00:17:45</b>	103	00:05:53	01:21:00	<b>01:25:09</b>	<b>104</b>	00:00:52	00:03:02	00:06:11
103	<b>BOROWA Patryk</b>	<b>59</b>	ASPIRE POWER CLUB	M30	<b>00:25:48</b>	105	00:07:10	01:18:24	<b>01:22:27</b>	<b>103</b>	00:01:15	00:02:55	00:05:55
104	<b>LELONTKO Maciej</b>	<b>103</b>	ASPIRE POWER CLUB	M40	<b>00:16:59</b>	100	00:05:17						
105	<b>STASIAK Krzysztof</b>	<b>142</b>	HELLMANN	M40	<b>00:10:54</b>	26	00:03:42	00:50:08	<b>00:55:42</b>	<b>73</b>			

Znaleziono 105 wynik(ów)