

Event: V TRIATHLON GDAŃSK O PUCHAR REKTORA AWFIS 2019
Organiser: Fundacja Silni Ciałem Niezlomni Duchem; AWFIS w Gdańsku; Sportevo Triathlon Team
Date: 2019-05-05
Place: Gdańsk
Distance: 18.6 km

Classification: Mężczyźni

Split point: 17,8 km

Place	Participant	Number	Club	Category	Swimming			Cycling			Race					
					Split_06K 0.6km	Poz	T1	Split_Bike 14.8km	Split_Bike 14.9km	Poz	T2	Finish_All 0.4km	Finish_All 0.8km	Finish_All 1.2km	Finish_All 1.6km	Finish_All 2km
1	WYSŁOUCH Michał	160	F3TEAM	M30	00:09:42	8	00:01:46	00:38:20	00:39:40	3	00:00:31	00:01:25	00:02:51	00:04:17	00:05:43	00:07:09
2	CZAJKOWSKI Paweł	68	BCT TEAM GDYNIA	M30	00:10:10	10	00:01:38	00:37:33	00:39:20	2	00:00:22	00:01:42	00:03:20	00:04:58	00:06:31	00:08:07
3	KRZEMIŃSKI Jakub	98	BIKE U UP - EUROPELL	M18	00:09:22	6	00:01:34	00:38:09	00:40:12	4	00:00:41	00:01:38	00:03:09	00:04:40	00:06:11	00:07:48
4	PEEK Marcin (Peku)	121	SZKOŁA PŁYWANIA AQUATIC	M30	00:09:39	7	00:02:02	00:39:06	00:40:36	5	00:00:30	00:01:25	00:02:59	00:04:36	00:06:12	00:07:38
5	DOBOSIK Damian	71	3ATHLETE	M30	00:10:19	13	00:01:46	00:39:11	00:40:42	6	00:00:32	00:01:27	00:02:54	00:04:23	00:05:54	00:07:25
6	FELON Michał	75	ZDROWYROWER	M40	00:12:02	48	00:02:01	00:37:00	00:38:49	1	00:00:35	00:01:35	00:03:11	00:04:44	00:06:17	00:07:51
7	BLUJ Mikołaj	57		M18	00:10:13	11	00:01:57	00:40:18	00:42:18	8	00:00:28	00:01:41	00:03:21	00:05:01	00:06:41	00:08:21
8	KUKULSKI Karol	100	AMW GDYNIA	M18	00:07:50	1	00:02:59	00:42:29	00:43:59	12	00:00:29	00:01:34	00:03:08	00:04:46	00:06:24	00:08:01
9	RUCIŃSKI Marcin	135	TRIBA BOSIR BARCIN	M40	00:10:39	20	00:02:33	00:40:07	00:42:08	7	00:00:34	00:01:34	00:03:07	00:04:39	00:06:12	00:07:45
10	GRZYWACZ Maciej	80	AZS POLITECHNIKA GDAŃSKA	M18	00:10:57	29	00:03:12	00:40:15	00:42:27	9	00:00:38	00:01:52	00:03:41	00:05:25	00:07:11	00:09:02
11	SUSKA Arkadiusz	146	4YOURBIKE / ASTRAINER - MASAŻ MOBILNY	M40	00:11:42	37	00:02:29	00:41:24	00:43:24	10	00:00:36	00:01:35	00:03:11	00:04:49	00:06:30	00:08:09
12	GNIOT Jacek	78	WOJSKOWE ZAKŁADY UZBROJENIA S.A.	M40	00:11:50	43	00:01:53	00:42:04	00:44:05	13	00:00:38	00:01:21	00:03:23	00:05:02	00:06:40	00:08:19
13	HORSTEN Bastian	82	TRI TALENT TEAM GDAŃSK	M16	00:08:19	3	00:02:36	00:45:21	00:46:51	23	00:00:33	00:01:42	00:03:25	00:05:07	00:06:48	00:08:30
14	MARZEC Mieszko	111		M40	00:10:28	16	00:03:33	00:42:28	00:44:17	15	00:00:37	00:01:43	00:03:25	00:05:06	00:06:47	00:08:26
15	RETERSKI Damian	132		M16	00:08:18	2	00:02:38	00:45:23	00:46:50	22	00:00:35	00:01:47	00:03:35	00:05:29	00:07:18	00:09:06
16	PARACKI Tomasz	120	F3TEAM	M18	00:10:52	24	00:02:01	00:43:41	00:45:33	16	00:00:38	00:01:41	00:03:20	00:05:00	00:06:42	00:08:25
17	JĘDRKOWIAK Piotr	86		M30	00:11:47	40	00:02:00	00:44:16	00:45:53	19	00:00:34	00:01:32	00:03:03	00:04:32	00:05:59	00:07:27
18	PODHORODECKI Arkadiusz	125	ETT - ELBLĄG TRIATHLON TEAM	M50	00:10:56	28	00:02:16	00:43:51	00:45:35	17	00:00:26	00:01:48	00:03:35	00:05:21	00:07:07	00:08:55

Personal Information				Swimming			Cycling			Race					Total	
ID	Name	Age	Team	Time	Rank	Time	Time	Rank	Time	Time	Time	Time	Time	Time	Time	
19	BAUMGART Michał	53		M30	00:11:49	42	00:01:58	00:44:05	00:45:55	20	00:00:33	00:01:36	00:03:12	00:04:49	00:06:26	00:08:04
20	DRAPELLA Dariusz	72	CZAJA TRAINING SYSTEM	M60+	00:11:43	38	00:02:27	00:43:44	00:45:48	18	00:00:42	00:01:52	00:03:44	00:05:33	00:07:23	00:09:12
21	SADOWSKI Andrzej	137	BURSZTYNOWE SMOKI JUBINALE	M40	00:10:14	12	00:01:42	00:46:38	00:48:44	33	00:00:41	00:01:48	00:03:37	00:05:24	00:07:11	00:08:57
22	SPRENGEL Grzegorz	139	LUFTHANSA SYSTEMS POLAND ACTIVE!	M30	00:12:03	49	00:02:00	00:42:14	00:44:14	14	00:00:30	00:01:40	00:03:20	00:05:00	00:06:39	00:11:47
23	BORYNA Bartek	62	TRI TALENT TEAM GDAŃSK	M14	00:10:52	25	00:02:25	00:45:40	00:47:35	25	00:00:37	00:01:49	00:03:41	00:05:34	00:07:27	00:09:23
24	RAGUZA Grzegorz	131		M40	00:10:55	27	00:04:41	00:40:41	00:43:52	11	00:00:47	00:02:09	00:04:20	00:06:29	00:08:44	00:10:54
25	KARPOWICZ Grzegorz	92	KAREPLAND	M30	00:13:50	73	00:02:23	00:44:53	00:46:34	21	00:00:44	00:01:40	00:03:19	00:05:00	00:06:40	00:08:23
26	AMBROZIAK Krzysztof	51	AUTOPAY SPORTS TEAM	M40	00:11:18	33	00:02:57	00:46:11	00:48:16	29	00:00:38	00:01:45	00:03:33	00:05:21	00:07:09	00:08:55
27	SZYMKOW Sławek	150	BANACH SPORT TEAM	M40	00:11:56	45	00:03:08	00:44:31	00:47:05	24	00:00:41	00:01:52	00:03:41	00:05:32	00:07:24	00:09:14
28	ZIÓŁKOWSKI Julian	163	STOWARZYSZENIE WROTKARSKIE GDAŃSKIE LWY	M50	00:11:13	32	00:02:54	00:45:53	00:48:40	32	00:00:39	00:01:47	00:03:36	00:05:30	00:07:22	00:09:12
29	PACZKOWSKI Maciej	118		M30	00:10:24	14	00:03:07	00:47:25	00:49:46	35	00:00:34	00:01:50	00:03:38	00:05:29	00:07:23	00:09:18
30	OZOROWSKI Lukasz	117	SIMPLY MADE	M30	00:12:31	55	00:02:52	00:45:48	00:48:24	30	00:00:30	00:01:53	00:03:43	00:05:31	00:07:19	00:09:05
31	STENKA Tomasz	145		M18	00:12:36	56	00:02:11	00:46:11	00:48:38	31	00:00:41	00:01:49	00:03:43	00:05:35	00:07:31	00:09:21
32	PACZKOWSKI Maciej	119	SP 4 REDA/MOSIR REDA	M18	00:14:17	86	00:02:21	00:46:10	00:48:10	28	00:00:38	00:01:41	00:03:19	00:05:00	00:06:42	00:08:23
33	KUDREWICZ Mirek	99	SILCO	M50	00:13:47	72	00:03:03	00:46:00	00:48:03	26	00:00:47	00:00:37	00:02:07	00:04:10	00:06:11	00:08:14
34	KITA Maciej	94		M30	00:11:09	31	00:02:35	00:47:53	00:49:59	38	00:00:33	00:02:00	00:03:57	00:05:52	00:07:48	00:09:44
35	BORYNA Jarek	61		M50	00:12:21	53	00:04:03	00:46:13	00:48:07	27	00:00:41	00:01:54	00:03:49	00:05:42	00:07:38	00:09:06
36	DZIOBA Michał	74	TRI DZIOBA	M40	00:11:08	30	00:03:32	00:47:52	00:50:16	40	00:00:40	00:01:46	00:03:35	00:05:22	00:07:08	00:08:55
37	WASIEWICZ Paweł	168	OMIDA RUN TEAM	M30	00:10:52	23	00:03:47	00:48:12	00:50:26	43	00:00:40	00:01:49	00:03:38	00:05:28	00:07:17	00:09:07
38	RÓŻYCKI Paweł	134		M30	00:14:44	92	00:03:59	00:47:46	00:49:44	34	00:00:35	00:01:32	00:03:00	00:05:05	00:06:18	00:06:45
39	PROSZOWSKI Piotr	130		M18	00:13:11	66	00:02:37	00:50:10	00:51:29	48	00:00:29	00:01:31	00:03:08	00:04:49	00:06:31	00:08:14
40	MAGRAN Krzysztof	109		M40	00:11:46	39	00:03:58	00:48:34	00:50:18	42	00:00:43	00:01:51	00:03:41	00:05:32	00:07:25	00:09:17
41	BYZDRA Krzysztof	66	BBL GDAŃSK	M40	00:13:14	67	00:02:11	00:50:30	00:51:56	52	00:00:36	00:01:44	00:03:29	00:05:15	00:07:00	00:08:43
42	ŁOPACIŃSKI Tomasz	108	SPORTEVO	M40	00:11:56	46	00:02:59	00:48:33	00:50:52	44	00:00:26	00:02:08	00:04:15	00:06:19	00:08:27	00:10:31
43	HORSTEN Peter	81	ASPIRE POWER CLUB	M50	00:11:38	36	00:04:58	00:47:34	00:49:56	36	00:00:42	00:01:57	00:03:53	00:05:48	00:07:43	00:09:39
44	SZYMANIEWSKI Paweł	149		M40	00:13:25	68	00:03:43	00:47:17	00:50:09	39	00:00:39	00:01:51	00:03:44	00:05:38	00:07:34	00:09:24
45	BEDNAREK Krzysztof	54	SPORTEVO	M50	00:14:17	85	00:02:10	00:48:47	00:51:23	47	00:00:40	00:01:47	00:03:33	00:05:19	00:07:05	00:08:52
46	BOROWIECKI Adrian	60		M18	00:11:20	34	00:03:41	00:52:12	00:53:54	62	00:00:36	00:01:39	00:03:20	00:05:01	00:06:46	00:08:27
47	PORZEŻYŃSKI Maciej	129	RUN BEACH MORNING	M18	00:10:36	19	00:02:12	00:52:50	00:54:31	68	00:00:41	00:01:59	00:03:55	00:05:51	00:07:48	00:09:59
48	OKRÓJ Maksymilian	115		M14	00:09:22	5	00:03:46	00:53:08	00:54:59	70	00:00:40	00:01:54	00:03:45	00:05:34	00:07:23	00:09:15

Participant Information				Swimming			Cycling			Race						
ID	Name	Age	Team	Time	Rank	Split	Time	Rank	Split	Stage 1	Stage 2	Stage 3	Stage 4	Stage 5	Total	
49	JANICKI Sebastian	83	INDASA	M40	00:12:17	52	00:04:13	00:48:49	00:51:51	51	00:04:36	00:00:20	00:01:40	00:02:50	00:03:50	00:05:20
50	BUDA Łukasz	65		M18	00:13:10	65	00:03:36	00:50:32	00:52:47	56	00:00:34	00:01:37	00:03:15	00:04:53	00:06:33	00:08:11
51	SAWIŃSKI Jarosław	138		M30	00:11:55	44	00:05:03	00:49:48	00:51:47	50	00:00:46	00:01:46	00:03:48	00:06:36	00:07:56	00:09:23
52	KWIATKOWSKI Tomasz	102		M40	00:13:06	64	00:03:40	00:47:45	00:51:00	45	00:00:48	00:02:08	00:04:12	00:06:19	00:08:29	00:10:36
53	BARANOWSKI Michał	52	ZHR	M18	00:12:41	59	00:04:04	00:52:03	00:53:35	57	00:00:38	00:01:50	00:03:33	00:05:18	00:07:07	00:08:56
54	KULPIŃSKI Dariusz	101		M18	00:14:14	83	00:03:12	00:47:51	00:49:57	37	00:00:50	00:02:34	00:05:01	00:07:11	00:09:30	00:11:51
55	MIOTK Michał	113		M30	00:12:08	50	00:02:39	00:52:54	00:54:49	69	00:00:37	00:01:53	00:03:51	00:05:51	00:07:54	00:09:57
56	SZUFARSKI Przemek	148		M30	00:10:48	22	00:03:02	00:50:57	00:52:45	55	00:04:12	00:01:55	00:03:50	00:05:47	00:07:50	00:09:40
57	KALINOWSKI Karol	88	KALIN TEAM	M18	00:14:12	81	00:02:26	00:52:12	00:53:53	61	00:00:42	00:01:54	00:03:46	00:05:40	00:07:32	00:09:23
58	DĘBICKI Artur	70		M50	00:10:33	17	00:03:35	00:53:19	00:56:10	76	00:00:44	00:01:59	00:04:00	00:05:54	00:07:49	00:09:48
59	STASIEWICZ Daniel	143		M30	00:09:56	9	00:03:32	00:53:08	00:55:36	72	00:00:49	00:02:12	00:04:26	00:06:41	00:08:58	00:11:14
60	ZADROGA Piotr	161	DRINK TEAM	M40	00:14:13	82	00:05:40	00:47:59	00:50:18	41	00:00:43	00:02:06	00:04:11	00:06:17	00:08:24	00:10:29
61	STAWICKI Andrzej	144	ASPIRE POWER CLUB	M30	00:12:56	60	00:05:00	00:50:36	00:53:40	58	00:01:10	00:01:47	00:03:39	00:05:28	00:07:17	00:08:50
62	LIS Tomasz	106		M40	00:14:46	93	00:03:41	00:49:46	00:52:00	53	00:00:47	00:02:08	00:04:16	00:06:27	00:08:39	00:10:51
63	SZAFRAŃSKI Marek	147	BBL AWF GDAŃSK	M50	00:12:11	51	00:04:05	00:51:17	00:54:28	66	00:00:45	00:01:54	00:03:43	00:05:38	00:09:19	00:11:03
64	KĘSICKI Sebastian	93		M40	00:12:58	63	00:03:42	00:55:07	00:57:19	77	00:00:37	00:01:11	00:03:16	00:05:11	00:06:32	00:08:10
65	CZUCHA Maciek	69	ASPIRE POWER CLUB	M30	00:14:03	79	00:03:45	00:52:31	00:54:14	64	00:00:43	00:01:55	00:04:04	00:06:02	00:08:04	00:10:18
66	KONEFAŁ Krzysztof	96		M30	00:14:18	87	00:01:29	00:54:19	00:57:26	78	00:00:41	00:01:55	00:03:56	00:05:51	00:07:44	00:09:37
67	GLESZCZYŃSKI Michał	77		M30	00:14:29	89	00:01:18	00:55:46	00:57:26	79	00:00:44	00:02:01	00:03:59	00:05:52	00:07:45	00:09:39
68	LIPKOWSKI Paweł	105	3ATHLETE	M30	00:16:20	99	00:01:50	00:53:11	00:55:08	71	00:00:40	00:02:03	00:04:03	00:05:59	00:07:56	00:09:56
69	ULASIŃSKI Maciej	153		M40	00:10:35	18	00:03:30	00:56:29	00:58:31	81	00:00:50	00:02:15	00:04:28	00:06:43	00:09:00	00:11:16
70	MAZIARCZYK Maksymilian	112	SPORTEVO	M14	00:12:37	57	00:04:55	00:57:27	00:59:28	84	00:00:39	00:01:54	00:03:53	00:05:46	00:07:39	00:09:30
71	WIERZGAŁA Piotr	156	ASPIRE POWER CLUB	M30	00:12:58	61	00:04:57	00:58:41	01:01:40	87	00:00:43	00:01:58	00:03:57	00:05:56	00:07:57	00:09:59
72	RUDNICKI Maciej	136	ASPIRE POWER CLUB	M30	00:13:55	76	00:05:20	00:57:37	00:59:47	85	00:00:43	00:02:00	00:04:06	00:06:15	00:08:29	00:10:42
73	PIETRZAK Tomasz	122		M50	00:14:29	90	00:04:15	00:55:15	00:58:35	82	00:01:28	00:03:48	00:06:02	00:08:16	00:10:32	00:12:47
74	PORAJ-GÓRECKI Rafał	127	SPORTEVO	M18	00:14:54	95	00:03:44	01:00:53	01:02:44	89	00:00:41	00:01:57	00:04:00	00:06:06	00:08:17	00:10:22
75	BOGALECKI Marek	58	SAFE SPORT TEAM	M60+	00:15:06	96	00:05:20	01:00:41	01:02:50	90	00:01:01	00:01:56	00:03:54	00:05:53	00:07:55	00:09:58
76	KAMAĆ Kamil	89		M30	00:12:22	54	00:04:51	01:01:06	01:03:58	92	00:00:47	00:02:24	00:04:49	00:07:17	00:09:51	00:12:21
77	ZŁOTOWSKI Piotr	164	SPORTEVO	M60+	00:17:32	102	00:04:48	00:58:49	01:01:09	86	00:00:48	00:02:01	00:04:04	00:06:12	00:08:21	00:10:31
78	KOSTECKI Mariusz	97	ASPIRE POWER CLUB	M30	00:14:16	84	00:05:45	00:59:48	01:02:00	88	00:00:41	00:02:41	00:05:35	00:08:38	00:11:45	00:14:45
79	KANIECKI Jan	90		M18	00:15:35	97	00:02:13	01:06:21	01:08:03	95	00:00:41	00:02:01	00:04:09	00:06:22	00:08:41	00:11:03

				Swimming		Cycling			Race							
					T1				T2							
80	WACHUŁKA Paweł	155	SPORTEVO	M40	00:13:45	70	00:06:38	01:04:58	01:05:24	93	00:00:27	00:02:25	00:04:53	00:07:14	00:09:37	00:11:56
81	KOPCZYŃSKI Waldemar	166		M60+	00:14:27	88	00:03:42	01:06:15	01:09:21	98	00:00:50	00:02:15	00:04:29	00:06:45	00:08:58	00:11:10
82	GRZONKA Adam	79		M40	00:13:45	71	00:06:20	01:10:07	01:13:34	100	00:00:53	00:02:21	00:04:39	00:06:57	00:09:16	00:11:34
83	BOROWA Patryk	59	ASPIRE POWER CLUB	M30	00:25:48	105	00:07:10	01:18:24	01:22:27	103	00:01:15	00:02:55	00:05:55	00:08:57	00:12:01	00:15:18
84	LELONTKO Maciej	103	ASPIRE POWER CLUB	M40	00:16:59	100	00:05:17									
85	STASIAK Krzysztof	142	HELLMANN	M40	00:10:54	26	00:03:42	00:50:08	00:55:42	73						

Total 85 results.