

V ZIMOWA BIESZCZADZKA DYCHA 2019

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Zimowy Maraton Bieszczadzki 2019
Fundacja Bieg Rzeźnika
2019-01-26
Cisna
10 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_2k 0.1km	Split_Mateusz 5.5km	Kara/ bonifikata	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	GĄSZCZYK Grzegorz	2017	NOWA HUTA TEAM	M40	1	00:00:54	00:35:08		00:54:40.00	00:54:40.00		5:28	11 (100%)
2	WILCZAK Janusz	2005		M40	2	00:00:36	00:34:33		00:54:47.20	00:54:47.20	+00:00:07 (0.2%)	5:28	11 (100%)
3	PŁESZKA Marek	2221	OTRYT LUTOWISKA	M40	3	00:00:38	00:35:16		00:55:20.75	00:55:20.75	+00:00:40 (1.2%)	5:32	10.8 (98.2%)
4	BODZIOCH Grzegorz	2078	GORLICKA GRUPA BIEGOWA	M40	4	00:01:04	00:35:21		00:56:10.10	00:56:10.10	+00:01:30 (2.7%)	5:37	10.7 (97.3%)
5	SZNAJDER Rafał	2226	G.O.A.T. TEAM MICHAŁOWICE	M40	5	00:00:53	00:36:59		00:57:30.50	00:57:30.50	+00:02:50 (4.9%)	5:45	10.4 (94.5%)
6	FURS Teodor	2222	PIERDZĄCE ZAJĄCE	M40	6	00:00:55	00:37:16		00:57:37.75	00:57:37.75	+00:02:57 (5.1%)	5:45	10.4 (94.5%)
7	ROMEJKO Michał	2179		M40	7	00:00:56	00:37:32		00:59:01.85	00:59:01.85	+00:04:21 (7.4%)	5:54	10.2 (92.7%)
8	JANKOWSKI Michał	2065		M40	8	00:00:54	00:36:53		00:59:34.55	00:59:34.55	+00:04:54 (8.2%)	5:57	10.1 (91.8%)
9	WRÓBEL Bartłomiej	2241		M40	9	00:00:48	00:38:25		01:01:26.90	01:01:26.90	+00:06:46 (11.0%)	6:08	9.8 (89.1%)
10	POLEWKA Tomasz	2216	BIEG RZEŹNIKA/UKS KOMETA GLIWICE	M40	10		00:39:09		01:01:34.40	01:01:34.40	+00:06:54 (11.2%)	6:09	9.7 (88.2%)
11	LORENC Wiktor	2026		M40	11	00:00:51	00:39:05		01:01:58.45	01:01:58.45	+00:07:18 (11.8%)	6:11	9.7 (88.2%)
12	FEDAK Bohdan	2093		M40	12	00:02:38	00:43:23		01:04:48.00	01:04:48.00	+00:10:08 (15.6%)	6:28	9.3 (84.5%)
13	PANEK Piotr	2033	DZIKI MUSTANG	M40	13	00:01:48	00:43:03		01:06:19.55	01:06:19.55	+00:11:39 (17.6%)	6:37	9 (81.8%)
14	JURYŚ Sławomir	2182	AUDYTOR ENERGETYCZNY	M40	14	00:02:55	00:44:58		01:08:03.15	01:08:03.15	+00:13:23 (19.7%)	6:48	8.8 (80.0%)
15	KOWALCZYK Piotr	2043	G.O.A.T. TEAM MICHAŁOWICE	M40	15	00:00:58	00:43:20		01:09:10.15	01:09:10.15	+00:14:30 (21.0%)	6:55	8.7 (79.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_2k 0.1km	Split_Mateusz 5.5km	Kara/ bonifikata	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
16	BIEDROŃ Artur	2180		M40	16	00:03:17	00:46:51		01:10:37.70	01:10:37.70	+00:15:57 (22.6%)	7:03	8.5 (77.3%)
17	KOGUT Leszek	2119		M40	17	00:02:25	00:44:30		01:10:59.30	01:10:59.30	+00:16:19 (23.0%)	7:05	8.5 (77.3%)
18	MARZEC Marek	2091		M40	18	00:01:29	00:44:16		01:11:00.20	01:11:00.20	+00:16:20 (23.0%)	7:06	8.5 (77.3%)
19	BRZEZIŃSKI Sergiusz	2123	DUSZA DRZEWA	M40	19	00:02:47	00:44:20		01:11:03.50	01:11:03.50	+00:16:23 (23.1%)	7:06	8.4 (76.4%)
20	KITOWSKI Bartosz	2223		M40	20	00:01:18	00:45:47	00:00:30	01:13:41.50	01:13:41.50	+00:19:01 (25.8%)	7:19	8.2 (74.5%)
21	KŁODZIŃSKI Klaudiusz	2110	ULTRAMĘKI	M40	21	00:03:33	00:51:49		01:15:52.60	01:15:52.60	+00:21:12 (28.0%)	7:35	7.9 (71.8%)
22	WITKO Jerzy	2113	BRAK	M40	22	00:02:25	00:49:06		01:17:43.70	01:17:43.70	+00:23:03 (29.7%)	7:46	7.7 (70.0%)
23	HUDZIK Robert	2003	#ADAMCZERWIŃSKITEAM	M40	23	00:03:10	00:49:22		01:18:31.40	01:18:31.40	+00:23:51 (30.4%)	7:51	7.6 (69.1%)
24	GUMNY Grzegorz	2028		M40	24	00:02:47	00:48:34		01:19:55.50	01:19:55.50	+00:25:15 (31.6%)	7:59	7.5 (68.2%)
25	CZERSKI Krzysztof	2142	GREIF TEAM WŁADYSŁAWOWO	M40	25	00:02:50	00:50:46		01:20:03.05	01:20:03.05	+00:25:23 (31.7%)	8:00	7.5 (68.2%)
26	TOMASZEWSKI Wojtek	2014	BRACIAT	M40	26	00:02:43	00:52:04		01:20:09.90	01:20:09.90	+00:25:29 (31.8%)	8:00	7.5 (68.2%)
27	TOMASZEWSKI Robert	2062	BRACIAT	M40	27	00:02:44	00:52:03	00:00:30	01:20:39.45	01:20:39.45	+00:25:59 (32.2%)	8:00	7.5 (68.2%)
28	GŁUCHOWSKI Wojciech	2188	RYKI	M40	28	00:01:23	00:52:30		01:27:00.30	01:27:00.30	+00:32:20 (37.2%)	8:42	6.9 (62.7%)
29	BOCEK Sławomir	2027		M40	29	00:03:37	00:55:09		01:27:05.15	01:27:05.15	+00:32:25 (37.2%)	8:42	6.9 (62.7%)
30	WYBRANIEC Wojciech	2211	OFIARY JEDZIENIA KOTLETÓW	M40	30	00:03:15	00:55:08		01:27:07.40	01:27:07.40	+00:32:27 (37.3%)	8:42	6.9 (62.7%)
31	KRYCZOWSKI Zbigniew	2240		M40	31	00:02:46	00:53:20		01:27:49.60	01:27:49.60	+00:33:09 (37.8%)	8:46	6.8 (61.8%)
32	SALUGA Bartłomiej	2172		M40	32	00:02:19	00:56:32		01:29:25.20	01:29:25.20	+00:34:45 (38.9%)	8:56	6.7 (60.9%)
33	NAZIMEK Mariusz	2237		M40	33	00:01:35	00:57:41		01:31:45.05	01:31:45.05	+00:37:05 (40.4%)	9:10	6.5 (59.1%)
34	TOMASZEWSKI Mikołaj	2024		M40	34	00:01:24	00:56:14		01:31:45.85	01:31:45.85	+00:37:05 (40.4%)	9:10	6.5 (59.1%)
35	CZAJA Wacław	2020		M40	35	00:03:37	00:58:33		01:35:08.40	01:35:08.40	+00:40:28 (42.5%)	9:30	6.3 (57.3%)
36	OPALSKI Wojciech	2107		M40	36	00:02:49	00:44:27		01:38:32.25	01:38:32.25	+00:43:52 (44.5%)	9:51	6.1 (55.5%)
37	LODWICH Marek	2238		M40	37	00:03:06	01:06:11		01:46:36.35	01:46:36.35	+00:51:56 (48.7%)	10:39	5.6 (50.9%)