

V ZIMOWA BIESZCZADZKA DYCHA 2019

B4SPORT

Event: Zimowy Maraton Bieszczadzki 2019
Organiser: Fundacja Bieg Rzeźnika
Date: 2019-01-26
Place: Cisna
Distance: 10 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Classification: M50

Place	Participant	Number	Club	Category	MCat	Start_2k 0.1km	Split_Mateusz 5.5km	Penalty/ bonus	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
1	DOMIN Wiesław	2168		M50	1	00:00:53	00:37:52	00:00:30	01:01:23.95	01:01:23.95		6:05	9.9 (100%)
2	ŻACZKIEWICZ Jacek	2229		M50	2	00:02:29	00:41:16	00:00:30	01:02:29.50	01:02:29.50	+00:01:05 (1.7%)	6:11	9.7 (98.0%)
3	BERA Adam	2118	PAN	M50	3	00:01:19	00:42:08		01:07:08.35	01:07:08.35	+00:05:44 (8.5%)	6:42	8.9 (89.9%)
4	MARAS Ladislav	2148	MARAS TEAM	M50	4	00:02:51	00:45:10		01:09:13.65	01:09:13.65	+00:07:49 (11.3%)	6:55	8.7 (87.9%)
5	STEC Andrzej	2219	SZLACHETNA PACZKA	M50	5	00:01:24	00:45:21		01:11:36.50	01:11:36.50	+00:10:12 (14.3%)	7:09	8.4 (84.8%)
6	BALICKI Jacek	2025	BIEGACZ NOWOSOLNA	M50	6	00:02:09	00:48:10		01:15:27.55	01:15:27.55	+00:14:03 (18.6%)	7:32	8 (80.8%)
7	DVORŠČAK Milan	2186	MARAS TEAM	M50	7	00:02:48	00:47:28		01:15:45.55	01:15:45.55	+00:14:21 (19.0%)	7:34	7.9 (79.8%)
8	MIKSZA Karol	2135	CROSSFITTERCHEŁM	M50	8	00:03:04	00:48:57		01:17:32.15	01:17:32.15	+00:16:08 (20.8%)	7:45	7.7 (77.8%)
9	ADAMCZAK Wiesław	2130	BIEGAJ BEZ KOŃCA	M50	9	00:02:32	00:54:33		01:27:13.00	01:27:13.00	+00:25:49 (29.6%)	8:43	6.9 (69.7%)
10	PODOLAK Zbigniew	2183		M50	10	00:00:53	00:39:38		01:43:35.25	01:43:35.25	+00:42:11 (40.7%)	10:21	5.8 (58.6%)
11	PARADOWSKI Paweł	2083		M50	11	00:03:51	01:02:40		01:43:49.80	01:43:49.80	+00:42:25 (40.9%)	10:22	5.8 (58.6%)

Total 11 results.