

V ZIMOWY MARATON BIESZCZADZKI 2019 - 23KM

B4SPORT

Wydarzenie: Zimowy Maraton Bieszczadzki 2019
Organizator: Fundacja Bieg Rzeźnika
Data: 2019-01-26
Miejsce: Cisna
Dystans: 23 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Punkt pomiarowy: 18,5 km

Msc	Zawodnik	Numer	Klub	Kategoria	Start_2k 2km	Split_Mateusz 6.5km	Split_Kamyk 13km	Split_Mateusz 18.5km
1	BODURKA Krzysztof	1001	ALPIN SPORT	M20	00:00:23	00:24:23	00:55:19	01:23:20
2	DOMISZEWSKI Ignacy	1003	MKS HALICZ	M20	00:00:26	00:26:31	01:01:38	01:31:49
3	KANIA Michał	1273	ADIDAS RUNNERS WARSAW	M20	00:00:29	00:28:26	01:04:23	01:36:33
4	GAWLIK Sławek	1059	MARCINŚWIERCTEAM	M30	00:00:26	00:28:55	01:05:15	01:37:30
5	WYWŁOKA Paulina	1385	SALCO GARMIN TEAM	K20	00:00:33	00:29:27	01:06:46	01:38:08
6	SOLIŃSKA Katarzyna	1438		K20	00:00:33	00:29:34	01:06:54	01:39:11
7	BRZAŃKALSKI Krzysiek	1370		M20	00:00:28	00:29:00	01:05:33	01:39:14
8	DUDZIK Łukasz	1002	GÓRAL BIEGA	M30	00:00:34	00:29:52	01:07:12	01:40:42
9	TRACZ Łukasz	1384	WWW.TRENINGFIZJOTERAPIA.PL	M30	00:00:33	00:29:50	01:07:17	01:41:35
10	KOZA Kamil	1253	STALOWOLSKI KLUB BIEGACZA	M20	00:01:09	00:30:59	01:09:35	01:43:08
11	BYRCZEK Jan	1428	OTK RZEŹNIK/UKS KOMETA GLIWICE	M20	00:00:51	00:31:08	01:08:53	01:43:08
12	PRĘTNIK Sławomir	1297		M30	00:02:03	00:32:47	01:10:42	01:44:12
13	GŁUSZKO Przemysław	1250	SOLINA TEAM	M30	00:00:33	00:30:08	01:09:39	01:44:59
14	WINIARSKA Katarzyna	1396	PRZEMYSKI KLUB BIEGACZA	K30	00:00:34	00:31:02	01:11:00	01:45:30
15	MARZEC Krzysztof	1234		M40	00:00:32	00:31:07	01:10:07	01:45:32
16	ŠTRAUB Daniel	1105		M20	00:01:10	00:32:12	01:12:13	01:45:52
17	JARMOLIŃSKI Piotr	1164	WIECZORNE BIEGANIE W SZCZECINIE	M40	00:00:34	00:31:11	01:11:01	01:46:04
18	ADAMCZYK Przemysław	1099	ADIDAS RUNNERS WARSAW	M40	00:00:27	00:31:13	01:12:22	01:47:31
19	BORDUN Maciej	1236	SIARKA TARNOBRZEG	M30	00:00:32	00:31:06	01:10:54	01:48:33
20	MILER Marcin	1461		M40	00:01:03	00:32:37	01:13:02	01:48:33
21	JURA Maciej	1022	ITMBW KRAKÓW	M20	00:00:57	00:32:33	01:13:41	01:49:12
22	KOWALCZYK Adam	1375	ADIDAS RUNNERS WARSAW	M30	00:00:32	00:32:00	01:13:25	01:49:53
23	WIĘCH Piotr	1444		M30	00:01:29	00:33:33	01:15:01	01:51:21
24	SKOTNICZNY Michał	1128	EUROCLEAR RUNNING TEAM	M20	00:00:35	00:32:06	01:13:57	01:51:58
25	DYMON Bartłomiej	1296		M40	00:00:58	00:33:14	01:14:23	01:52:38
26	ZAWADA Michał	1228	MARYSIN WAWERSKI	M30	00:00:35	00:31:46	01:13:48	01:52:43
27	RATYŃSKI Marek	1063	OTWOCKI TUPTACZ	M40	00:00:53	00:32:15	01:15:06	01:52:53
28	NOWICKI Kamil	1058		M30	00:00:35	00:33:40	01:17:30	01:55:43
29	SZCZOT Andrzej	1452	KB SOBÓTKA	M40	00:00:41	00:32:57	01:17:16	01:56:24
30	MAŚLANY Daniel	1123		M40	00:00:59	00:33:08	01:17:13	01:56:43

Msc	Zawodnik	Numer	Klub	Kategoria	Start_2k 2km	Split_Mateusz 6.5km	Split_Kamyk 13km	Split_Mateusz 18.5km
31	NEUFELD Marcin	1237	INTEL RUNNERS / RUNPASSION.PL TEAM	M40	00:00:39	00:32:23	01:17:54	01:57:13
32	JAGIELKA Mateusz	1311	LINKLATERS RUNNING TEAM	M20	00:00:53	00:34:07	01:18:09	01:57:35
33	STEPANIUK Adam	1354	CHEŁM BIEGA	M40	00:01:53	00:36:13	01:21:18	01:58:22
34	MARCZAK Paweł	1142	ADIDAS RUNNERS WARSAW	M40	00:00:52	00:34:47	01:18:45	01:58:44
35	BUDNIAK Tomasz	1231	KB TKKF PROMYK CIECHANÓW	M30		00:35:18	01:20:49	02:00:20
36	KORZEP-CZEKALSKA Dorota	1220	BIEGAM BO LUBIĘ OSTROŁĘKA	K40	00:01:08	00:35:33	01:21:34	02:00:40
37	JACHIMOWSKI Jarosław	1324	POZYTYWNE ZABIEGANI SANOK	M30	00:02:43	00:37:53	01:21:31	02:00:45
38	HORODEJCZUK Antoni	1406	HORODEJCZUK TEAM	M40	00:00:32	00:34:29	01:19:49	02:00:50
39	NOWOMIEJSKI Marcin	1194	BIEGACZ CEGŁÓW	M40	00:00:57	00:33:56	01:19:09	02:00:53
40	MIKOŁAJCZYK Tomasz	1147		M30	00:01:12	00:35:11	01:20:41	02:01:16
41	WALEWSKI Lukasz	1166	DENTISTOO	M40	00:00:44	00:35:52	01:22:01	02:02:16
42	KACPERSKI Olaf	1458		M40	00:01:11	00:37:33	01:24:10	02:03:20
43	CHAJDAŚ Mateusz	1315		M20	00:01:16	00:37:55	01:24:02	02:03:21
43	WOŁOCH Michał	1320	DIAITA SPARTA	M30	00:01:16	00:37:56	01:24:00	02:03:22
45	BAŁON Konrad	1272		M20	00:02:28	00:37:39	01:24:04	02:03:23
46	STRZAŁKOWSKI Artur	1095	ADIDAS RUNNERS	M20	00:01:43	00:37:54	01:24:36	02:03:24
47	TUCZAPSKI Piotr	1358	XRUNNERS	M20	00:00:35	00:34:02	01:19:52	02:03:33
48	KRUPA Grzegorz	1451		M40	00:00:56	00:36:37	01:23:52	02:03:49
49	WĘGRZYN Emil	1359	WARBUD RUNNIK TEAM	M30	00:00:44	00:34:54	01:22:19	02:04:25
50	GÓRKA Łukasz	1393	PODRÓŻE Z MARATONEM	M30	00:01:06	00:37:34	01:24:59	02:05:18
51	DWORAKOWSKI Andrzej	1235		M40	00:03:17	00:41:55	01:27:06	02:05:19
52	WARĘCKA Kasia	1230		K20	00:00:39	00:35:57	01:24:09	02:05:30
53	MICAŁ Łukasz	1413	ITMBW KRAKÓW	M20	00:01:25	00:35:50	01:24:43	02:06:06
54	SIWAK Ryszard	1233	TEAM RYŚ SKI	M40	00:01:54	00:38:15	01:25:35	02:06:10
55	KOŁODZIEJ Łukasz	1202		M30	00:01:31	00:36:33	01:25:24	02:06:23
56	WOŹNIAK Grzegorz	1156		M30	00:00:47	00:35:11	01:24:55	02:06:50
57	WOJTASIK Grzegorz	1270		M40	00:01:28	00:37:42	01:24:02	02:06:52
58	TOKARZ Adrian	1048	DZIKIE MUSTANGI	M30	00:01:37	00:39:15	01:26:45	02:07:22
59	BALON Piotr	1409	BAKOMAT TEAM	M30	00:02:16	00:39:24	01:25:24	02:08:02
60	SUŁKOWSKI Maciej	655	TRIATHLON JAROSŁAW	M40	00:02:49	00:42:31	01:28:58	02:08:49
61	KONKEL Katarzyna	1407	MAJA TEAM	K20	00:00:52	00:34:19	01:31:43	02:09:11
62	GRZENIA Małgorzata	1144	CENTRUM MEDYCZNE ORTO-OPTYMIST	K50	00:01:11	00:36:25	01:25:31	02:09:49
63	SKORUPKA Leszek	1249	M3 SIEDLCE	M30	00:02:21	00:40:03	01:29:05	02:10:03
64	SZYMEL Jacek	1411	HUSARIA RACE TEAM	M30	00:01:45	00:40:01	01:27:36	02:10:16
65	DRAŻEK Sławomir	1106	1971	M40	00:00:52	00:36:13	01:25:45	02:10:48
66	GRACZYK Karolina	1437		K30	00:00:41	00:38:26	01:29:41	02:10:48
67	KONIECZNY Mariusz	1419		M50	00:01:50	00:39:13	01:28:29	02:10:59
68	SZYBIAK Waldemar	1420		M50	00:01:49	00:39:46	01:29:26	02:10:59
69	WEREMKO Grzegorz	1145	MULTIMEDIA RUNNERS PUŁAWY	M40	00:01:37	00:38:35	01:29:38	02:11:00
70	PLUTA Sebastian	1140	DZIKIE MUSTANGI	M40	00:01:59	00:39:16	01:28:00	02:11:43
71	ISKRA Grzegorz	1023	KP PSP STRZYŻÓW	M30	00:01:41	00:39:37	01:29:25	02:11:54
72	ZYGMUNT Marcin	1321	SAPERZY	M20	00:01:15	00:38:05	01:25:36	02:11:57
73	HYDZIK Łukasz	1071	LIDER SANOK	M40	00:01:06	00:37:51	01:27:49	02:12:08
74	MACH Tomasz	1159	LUBELSKA GRUPA TRIATHLONU	M40	00:00:48	00:34:01	01:32:24	02:12:32
75	PIŁAT Jakub	1152	MULTIMEDIA RUNNERS PUŁAWY	M30	00:01:36	00:39:05	01:29:40	02:13:07

Msc	Zawodnik	Numer	Klub	Kategoria	Start_2k 2km	Split_Mateusz 6.5km	Split_Kamyk 13km	Split_Mateusz 18.5km
76	ZAWROTNIAK Paweł	1304		M20	00:02:47	00:39:20		02:13:15
77	KANIA Przemysław	269		M30	00:02:26	00:38:49	01:28:06	02:13:27
78	WOŹNICKA Ewa	1134		K20	00:01:24	00:40:53	01:31:22	02:13:31
79	CHMIEL Damian	1267		M20	00:00:37	00:41:28	01:31:30	02:13:32
80	MATYSIAK Tomasz	1328		M40	00:00:49	00:34:05	01:31:45	02:13:33
81	TOMAS Dariusz	80		M50	00:02:47	00:42:31	01:31:41	02:14:04
82	KLABISZ Dawid	1462		M30	00:01:03	00:33:12	01:32:30	02:14:20
83	MAZANEK Michał	1190		M20	00:03:01	00:41:15	01:33:55	02:15:10
84	ZIĘBA Emil	1143	CENTRUM MEDYCZNE ORTO-OPTYMIST	M40	00:01:33	00:39:44	01:32:03	02:15:19
85	NAWROT Bartłomiej	1031	KAMIENIOŁOM	M30	00:01:45	00:39:06	01:30:11	02:15:43
86	KANDEFER Beata	1342	KB „ATHLETIC”ZRĘCIN	K40	00:00:51	00:37:29	01:32:20	02:15:55
87	SZYBIAK Joanna	1421		K40	00:01:50	00:39:44	01:32:04	02:16:35
88	ŻEBRAKOWSKA Katarzyna	1446		K40	00:02:30	00:41:13	01:33:17	02:16:39
89	SZUMNY Nina	1356		K30	00:00:33	00:39:00	01:33:35	02:16:58
90	BOGDAŃSKA Katarzyna	1443		K20	00:01:02	00:39:32	01:32:25	02:16:59
91	KONOPKA Henryk	1440		M60	00:00:58	00:39:11	01:32:02	02:17:33
92	OBROŚLAK Grzegorz	341	TRAPER-BIEGOMANIA LUBACZÓW	M40	00:01:31	00:39:38	01:33:22	02:17:33
93	WOŹNIAK Janusz	1327	PORMAT JEDLICZE BIEGA	M50	00:01:02	00:38:39	01:31:33	02:17:36
94	JUROSZEK Józef	1269		M30	00:02:31	00:43:04	01:36:48	02:17:47
95	LIPA Piotr	1352	OCR TEAM DĘBICA	M30	00:02:04	00:34:45	01:34:00	02:17:52
96	PITURA Eliza	1155	LUBELSKA GRUPA TRIATHLONU	K40	00:00:49	00:37:31	01:31:25	02:18:04
97	BARANEK Piotr	1137		M50	00:02:49	00:43:22	01:35:31	02:18:05
98	OSZYWA Damian	1460		M30	00:01:42	00:41:00	01:36:10	02:18:48
99	SOBIERAJ Kamil	1191	WKURW_TEAM	M20	00:01:41	00:37:17	01:32:22	02:19:32
100	HERMANIUK Tomasz	1135	TAURUS TEAM	M40	00:03:11	00:43:30	01:35:41	02:19:44
101	BAJSAROWICZ Marlena	1193	WKURW_TEAM	K20	00:02:26	00:41:27	01:33:55	02:20:18
102	WAŚNIEWSKI Krzysztof	1037		M30	00:02:22	00:39:37	01:33:56	02:20:19
103	DOMIN Bartosz	1349	COLLEGIUM MEDICUM UJ	M30	00:00:53	00:38:14	01:32:42	02:20:27
104	BEDNARZ Anna	1289		K20	00:03:29	00:44:41	01:36:34	02:21:29
105	ŁUSZCZYC Anna	1256		K30	00:01:28	00:42:52	01:36:39	02:21:38
106	KRYSIAK Jakub	1172	TRIWAWA	M20	00:02:06	00:40:38	01:34:49	02:22:30
107	OLESIŃSKA Agnieszka	359	BOCHNIA BIEGA	K40		00:44:02	01:38:05	02:22:43
108	HONKISZ Maciej	1203		M60	00:02:03	00:42:13	01:36:47	02:22:47
109	FLOREK Tomasz	1241	BIEGANIE SZYDERCÓW	M40	00:03:28	00:46:42	01:38:18	02:22:51
110	CZEKAŁSKI Mariusz	1366	BBL OSTROŁĘKA	M40	00:02:18	00:42:23	01:38:13	02:22:53
111	BIEL Sebastian	1240	BIEGANIESZYDERCÓW	M30	00:03:31	00:46:40	01:40:28	02:23:44
112	SOWA Dariusz	1165	RZESZOWSKIE GAZELE I GEPARDY	M50	00:01:55	00:43:10	01:36:38	02:24:06
113	OSTROWSKI Łukasz	1448		M30	00:03:12	00:42:11	01:38:05	02:25:06
114	SKUBISZ Aleksandra	1345		K20	00:01:02	00:41:41	01:39:07	02:25:19
115	PIOTROWSKI Tomasz	1238	GREMSKI TRIATHLON	M30	00:01:52	00:40:50	01:37:18	02:25:20
116	CZARNECKI Konrad	1257	KIEDYŚ TO BYŁO	M30		00:43:48	01:39:19	02:25:25
117	RECZKOWSKI Andrzej	1456		M60	00:00:54	00:39:12	01:34:38	02:25:32
118	RAPACZ Marcin	1004	FUNDACJA TYLKO BIESZCZADY	M50	00:01:53	00:42:20	01:38:06	02:26:04
119	FRANCZYK Piotr	1424		M30	00:03:00	00:42:33	01:36:22	02:26:05
120	MICHAŁIK Michał	1055	NOWA HUTA TEAM	M20	00:01:48	00:40:52	01:40:00	02:26:30

Msc	Zawodnik	Numer	Klub	Kategoria	Start_2k 2km	Split_Mateusz 6.5km	Split_Kamyk 13km	Split_Mateusz 18.5km
121	NYCZ Arkadiusz	1276	CROSSFITTER BOX CHEŁM	M50	00:03:22	00:43:57	01:38:24	02:26:33
122	CHMIEL Michał	1399	RZESZOWSKIE GAZELE I GEPARDY	M30	00:02:33	00:45:32	01:38:54	02:26:39
123	PARTYKA Andrzej	1435	RZESZOWSKIE GAZELE I GEPARDY	M40	00:02:32	00:45:31	01:39:08	02:26:40
124	MOLASY Dorota	1348	AKTYWNIE Z MOLKAMI	K30	00:02:51	00:43:55	01:40:05	02:26:41
125	KAWA Rafał	1404		M30	00:02:15	00:43:26	01:38:51	02:26:49
126	KUSY Rajmund	1133		M20	00:01:25	00:42:10	01:40:03	02:26:53
127	KSYCINSKI Michal	1098		M20	00:03:20	00:47:29	01:41:18	02:27:01
128	KAMYSZ Robert	1187		M40	00:01:37	00:43:23	01:39:38	02:27:34
129	SALA Kamil Adam	1087	POTRENUJEMY?	M30	00:00:47	00:38:45	01:38:19	02:27:35
130	WIDZ Łukasz	1072	POTRENUJEMY?	M30	00:00:47	00:38:47	01:38:19	02:27:36
131	GRABOWSKA Aleksandra	1261	LOTNICZA AKADEMIA WOJSKOWA	K20	00:00:56	00:43:50	01:40:19	02:28:01
132	ROCH Kamil	1381		M20	00:03:36	00:42:34	01:34:53	02:28:11
133	SOBURA-DURMA Magdalena	1450		K40	00:02:54	00:44:23	01:41:53	02:28:21
134	ŻUROWSKI Jacek	1214	CENTRUM MEDYCZNE ORTO-OPTYMIST	M50	00:02:54	00:44:31	01:42:34	02:28:33
135	ZAKRZEWSKI Szymon	1161		M30	00:03:17	00:46:34	01:41:19	02:28:39
136	FRAŃCZEK Dariusz	1265		M30	00:02:52	00:45:24	01:42:31	02:28:41
137	BOBUSIA Michał	1416	AZS PWSZ KROSNO	M30	00:01:30	00:40:51	01:39:21	02:28:48
138	MOLASY Tomasz	1350	AKTYWNIE Z MOLKAMI	M30	00:02:51	00:43:57	01:40:06	02:28:58
139	STACHNIUK Marcin	1244	CROSSFITTER CHEŁ,	M30	00:03:30	00:45:29	01:40:29	02:29:15
140	OWOC Krystian	1457		M30	00:03:09	00:44:24	01:37:25	02:29:18
141	BODZIOCH Agnieszka	1077	ITMBW KRAKÓW	K20	00:01:25	00:41:54	01:39:37	02:29:46
142	HABRAT Dorota	1181	HABRAT TEAM	K40	00:02:15	00:43:24	01:40:33	02:29:47
143	KRASOWSKI Łukasz	1200	PROSWIM	M30	00:01:32	00:42:30	01:40:18	02:29:52
144	KRASOWSKI Mateusz	1201		M30	00:01:32	00:42:24	01:40:16	02:29:53
145	TKACZYK Wojciech	1266		M40	00:02:46	00:44:28	01:44:50	02:29:59
146	OŻÓG Paweł	1410		M30	00:02:46	00:46:07	01:40:09	02:30:02
147	PARYS Michał	1445		M30	00:01:24	00:39:31	01:38:55	02:30:34
148	PLUTA Marta	2056	DZIKIEMUSTANGI	K40	00:02:10	00:46:25	01:45:01	02:30:56
149	PYSKATY Marta	1454		K40	00:02:09	00:46:26	01:45:00	02:30:57
150	KANCLERZ-MAZURCZUK Monika	1243	CROSSFITTER BOX CHEŁM	K40	00:03:29	00:46:05	01:41:41	02:31:35
151	RACZEK Natalia	1285	EXTREME TRAUMA TEAM	K20	00:02:55	00:45:39	01:44:44	02:31:43
152	MAKA Wojciech	1329	TRIWAWA	M40	00:02:17	00:43:56	01:44:12	02:31:46
153	PRUSZKOWSKI Mariusz	1277	CROSSFITTER BOX CHEŁM/CHEŁM BIEGA/24 BLP	M40	00:01:52	00:42:14	01:43:40	02:31:50
154	RZEMIŃSKI Jacek	1132		M40	00:02:46	00:45:07	01:44:14	02:32:07
155	MUCHA Łukasz	1430		M20	00:02:37	00:50:19	01:46:21	02:32:24
156	KUBACKA Marta	1334	DRUŻYNA TVN	K30	00:01:34	00:43:21	01:44:14	02:33:19
157	PISKADŁO Jacek	1232	NOWY STYL GROUP RUNNING TEAM	M30	00:02:23	00:44:40	01:43:27	02:33:24
158	CZAJKOWSKI Michal	1372	LAGIEWNICKA 35	M40	00:02:57	00:47:13	01:44:44	02:33:33
159	PACZYŃSKI Kamil	1222		M30	00:01:56	00:43:21	01:40:24	02:34:35
160	ŁOKIETEK Michał	1290	NOWOSOLSCY BIMBROWNICY	M30	00:02:11	00:50:02	01:48:52	02:34:35
161	KUBACKI Maciej	1333	ŁAGIEWNICKA TEAM	M40	00:02:54	00:44:08	01:44:47	02:34:35
162	SOKÓŁ Sylwia	1043		K30	00:03:39	00:48:40	01:45:38	02:34:36
163	MAĆZKA Krystyna	1441		K60	00:02:57	00:44:38	01:46:07	02:34:48
164	NADOLSKI Stanisław	1278	CROSSFITTER BOX CHEŁM	M40	00:03:31	00:46:57	01:46:34	02:35:51
165	GWOZDZIOWSKI Marcin	1141		M40	00:01:35	00:43:09	01:43:04	02:36:12

Msc	Zawodnik	Numer	Klub	Kategoria	Start_2k 2km	Split_Mateusz 6.5km	Split_Kamyk 13km	Split_Mateusz 18.5km
166	MACIĄG Andrzej	1212	DZIKIE MUSTANGI	M40	00:03:28	00:47:12	01:45:09	02:36:21
167	KISZA-GRYNIENKO Anna	2153		K30	00:03:21	00:47:26	01:46:27	02:36:47
168	GRYNIENKO Pawel	2154		M30	00:03:22	00:47:20	01:46:23	02:36:48
169	KITOWSKA Anna	1434	HUSARIA RACE TEAM	K40	00:01:19	00:46:09	01:47:59	02:36:49
170	MAŁEK Wojciech	1423		M40	00:02:24	00:46:09	01:47:10	02:36:56
171	NIEMIEC Grzegorz	1432		M40	00:02:24	00:46:09	01:47:12	02:36:58
172	BILSKI Marek	1080	VEGEDOG	M40	00:01:53	00:44:56	01:49:16	02:37:00
173	KOMAŃSKI Rafał	1343	DRUŻYNA SZPIKU	M40	00:02:24	00:46:44	01:47:11	02:37:21
174	HABRAT Maciej	1186	HABRAT TEAM	M40	00:02:15	00:43:25	01:47:23	02:37:46
175	BAŁABAN Waldemar	1192	WALBA	M50	00:02:34	00:48:25	01:48:17	02:37:50
176	IWANIEC Piotr	1292	BIEGANIE SZYDERCÓW	M30	00:03:32	00:46:50	01:45:38	02:37:57
177	LUBAŃSKA Alicja	1339		K50	00:01:36	00:44:02	01:45:30	02:38:12
178	CIEŚLA Magda	1283		K30	00:02:23	00:46:30	01:48:28	02:38:37
179	KURKOWIAK Krzysztof	1097	WKURW_TEAM	M30	00:01:51	00:44:14	01:45:26	02:38:38
180	CZENCZEK Krystian	1395	CUTLINE	M30		00:51:31	01:47:17	02:38:39
181	SKRZYPEK Krzysztof	611	KLINCZU TEAM	M30	00:02:41	00:47:54	01:47:40	02:39:12
182	DROZD Piotr	1336	SOLINA TEAM	M30	00:01:53	00:47:31	01:48:29	02:39:23
183	CHŁAP Elżbieta	1163	DOLINIARZ	K40	00:03:03	00:47:29	01:50:29	02:39:31
184	ŚWIĘCICKI Samuel	1309	TEAM REMMERS	M30	00:01:02	00:44:45	01:46:54	02:39:55
185	BODNIAK Tomasz	1112		M30	00:01:49	00:47:32	01:49:12	02:39:58
186	DUDEK Arkadiusz	1171		M50	00:02:48	00:49:05	01:51:58	02:39:58
187	WOJCIECHOWSKA Andżelika	1248		K20	00:02:45	00:50:07	01:51:31	02:40:11
188	SUSZEK Damian	1176	LALUS SQUAD	M30	00:02:45	00:50:06	01:51:31	02:40:23
189	GRZESIK Michał	1062		M30	00:02:57	00:47:13	01:51:19	02:40:26
190	ORZECH Artur	1387	KROKODYLE KOLBUSZOWA	M40	00:03:20	00:48:23	01:47:36	02:40:55
191	KRÓLIKOWSKA Anna	1271	HUSARIA RACE TEAM	K20	00:01:09	00:43:43	01:51:00	02:41:28
192	WRÓBLESKA Weronika	1150	BIEGUSIEM.PL	K30	00:02:41	00:50:25	01:51:56	02:41:40
193	WITCZAK Paweł	1199	WIELUŃ BIEGA	M40	00:02:04	00:44:26	01:47:20	02:41:46
194	BULWAN Radosław	1402		M40		00:51:34	01:47:16	02:41:57
195	BAR Aleksandra	1308	GMINA STRZELCE OPOLSKIE	K40	00:02:50	00:48:21	01:53:45	02:41:59
196	ZAWADZKI Grzegorz	1065	KLUB SPORTOWY PRESTIGE RZESZÓW	M30	00:03:31	00:50:18	01:53:00	02:42:12
197	GRABOWSKI Damian	1433	WKURW_TEAM	M40	00:01:39	00:45:08	01:45:41	02:42:48
198	OKRÓJ Dawid	1110	DEAF RUNNING	M30	00:00:36	00:42:04	01:47:52	02:43:05
199	KĄŁOWSKI Irek	1153	WWW.POMOCDLAKAROLINY.PL	M40	00:02:35	00:48:11	01:49:33	02:43:14
200	SMOLUCH Ryszard	111		M40	00:03:03	00:47:30	01:46:52	02:43:16
201	JOB Weronika	1075		K30	00:02:43	00:45:38	01:48:30	02:44:00
202	MINKINA Tomasz	1076		M40	00:02:47	00:45:28	01:48:35	02:44:01
203	MATERNIA Karolina	1263		K30	00:03:31	00:51:30	01:56:48	02:44:26
204	SMURA Rafal	1109		M30	00:03:25	00:55:44	01:56:48	02:44:27
205	GRUSZECKI Tomasz	1169		M40	00:00:47	00:46:32	01:50:34	02:44:28
206	HERMAN Ireneusz	1323	LECA Z SIEMIANOWIC	M30	00:01:29	00:45:19	01:54:02	02:44:30
207	MAGER Bartosz	1027		M40	00:03:03	00:49:26	01:53:23	02:45:00
208	MAGER Olga	1028		K40	00:03:03	00:49:30	01:53:23	02:45:00
209	KONDRACIUK Katarzyna	1335	PROJEKT 'K JAK KAJAKI'	K40	00:01:50	00:46:22	01:52:25	02:45:03
210	SZMUC Anna	1093	MYSZKÓW BIEGA	K40	00:01:26	00:47:00	01:52:45	02:45:32

Msc	Zawodnik	Numer	Klub	Kategoria	Start_2k 2km	Split_Mateusz 6.5km	Split_Kamyk 13km	Split_Mateusz 18.5km
211	POSIM Tomasz	1319	MIWIDO	M30	00:02:42	00:50:28	01:51:57	02:45:34
212	SOSZYŃSKA - PSTROKOŃSKA Joanna	1119	GAZELE NA STARCIE	K30	00:02:59	00:56:34	01:56:16	02:45:35
213	SEBZDA Malgorzata	1390	HUSARIA RACE TEAM	K40	00:01:19	00:46:08	01:49:28	02:45:41
214	JASZCZAK Marzena	1173	ZAKRZOWIEC TEAM CHALLENGE	K30	00:01:08	00:46:10	01:55:58	02:45:53
215	KAIM Mariusz	1174	ZAKRZOWIEC TEAM CHALLENGE	M30	00:01:08	00:46:11	01:56:01	02:45:53
216	JANIK Łukasz	1377		M30	00:02:14	00:46:23	01:54:47	02:46:22
217	BŁASZCZAK Błażej	1299		M30	00:01:36	00:47:09	01:52:04	02:46:23
218	DĄBRÓWKA Radosław	1361	FUNDACJA LATARNIA	M30	00:02:14	00:44:27	01:54:45	02:46:23
219	MATUŁA Przemysław	1034	UMCS BIEGA	M50	00:02:59	00:49:33	01:56:23	02:46:24
220	WAWRZYNEK Michał	1455		M20	00:01:36	00:47:09	01:51:36	02:46:28
221	KLAUS Dominik	1114	KS PIASECZNO	M40	00:03:43	00:50:57	01:51:22	02:46:38
222	HEBANOWSKI Łukasz	1330		M40	00:02:08	00:46:56	01:53:22	02:46:42
223	KOŃKA Mariusz	1092		M40	00:01:19	00:45:15	01:48:07	02:47:26
224	STRZĘPKA Krzysztof	1389	KROKODYLE KOLBUSZOWA	M50	00:03:20	00:48:24	01:49:14	02:47:36
225	SOBCZAK Maciej	1129	RAZEM TRENUJEMY SPORT	M30	00:01:28	00:47:08	01:52:08	02:48:18
226	KOTERBICKA-PAŚKO Agnieszka	1085	ELEKTRONIK PRZEMYSŁ	K40	00:01:23	00:45:34	01:56:13	02:48:35
227	PAŚKO Rafał	1086	TEATR S.A.N. I PRZEMYSKI KLUB BIEGACZA	M40	00:01:24	00:45:27	01:56:12	02:48:39
228	SASAL Monika	1005	FUNDACJA TYLKO BIESZCZADY	K40	00:02:04	00:46:13	01:53:47	02:48:43
229	CEGLARSKI Jacek	1398	WKURW_TEAM	M40	00:03:27	00:50:41	01:58:19	02:49:44
230	LEGIERSKI Piotr	1417		M40	00:02:55	00:46:52	01:52:58	02:49:58
231	PLISZCZYŃSKA Justyna	1044		K40	00:02:20	00:50:50	01:55:43	02:50:00
232	PĘKALA Jarosław	1226		M50	00:02:43	00:49:57	01:56:00	02:50:08
233	FUS Jacek	1046		M60	00:01:30	00:45:10	01:53:24	02:50:18
234	PĘKALA Anna	1225	NIGHT RUNNERS ZABRZE	K40	00:02:44	00:50:24	01:56:02	02:50:23
235	KRAKOWSKI Maciej	1459		M20	00:03:34	00:50:13	01:53:52	02:50:39
236	KIERSNOWSKA Agnieszka	1223	CYBER ŁANIA	K40	00:01:38	00:46:28	01:54:50	02:50:47
237	KALWARA Maciej	1353		M30	00:03:31	00:51:32	01:55:19	02:50:51
238	BALWIERCZAK Piotr	1383	HERCOG RUNNING TEAM	M20	00:03:39	00:50:49	02:00:03	02:51:33
239	ŁAMPIKA Kinga	1388		K30	00:03:39	00:50:49	02:00:02	02:51:33
240	GAJEWSKA Anna	1041		K40	00:03:39	00:51:35	01:56:19	02:51:34
241	STEC Sebastian	1307	SIEMUSZOWA	M40	00:01:53	00:50:26	01:56:13	02:51:37
242	GREGIER Krzysztof	1429		M40	00:02:43	00:49:27	01:56:56	02:51:42
243	MOTYKA Adam	1403		M30		00:57:06	01:57:13	02:51:49
244	SOSZYŃSKA Gosia	168	CZŁAPACZE	K50	00:03:32	00:52:50	01:56:51	02:52:05
245	WÓJCIK Justyna	1397	WKURW_TEAM	K30	00:03:26	00:50:42	01:59:28	02:52:08
246	GAWRON Piotr	1380	KB MCKIS JAWORZNO	M30	00:03:38	00:47:08	02:03:36	02:52:21
247	KRAL Sebastian	1379		M30	00:03:38	00:45:40	02:02:18	02:52:23
248	STASZCZUK Jarosław	1217	WATAHA-ŁĄCZY NAS BIEGANIE	M40	00:01:21	00:47:27	01:56:29	02:52:24
249	KARWACKA Aneta	1074	WKURW_TEAM	K40	00:01:20	00:47:19	01:56:24	02:52:41
250	KWIATKOWSKA Iska	1305	WKURW_TEAM	K30		00:47:27	01:56:24	02:52:42
251	GAŁĄZKA Marcin	1314	ESK EKO SERWIS KOTŁY TEAM	M40	00:03:21	00:51:28	01:56:03	02:53:06
252	NIEMIEC Tomasz	1298	NH TEAM	M30	00:00:53	00:44:21	01:53:10	02:53:20
253	KOZIOŁ Łukasz	1036		M30	00:02:23	00:48:12	01:57:28	02:53:23
254	DANIEL Maria	1414		K30	00:03:21	00:53:31	02:00:02	02:53:59
255	TABACZYŃSKA Martyna	1215	NIGHT RUNNERS	K20	00:03:00	00:52:05	01:57:05	02:54:04

Msc	Zawodnik	Numer	Klub	Kategoria	Start_2k 2km	Split_Mateusz 6.5km	Split_Kamyk 13km	Split_Mateusz 18.5km
256	BOBALA Krystian	1363		M20	00:02:50	00:50:43	01:57:38	02:54:05
257	HERMANIUK Iwona	1136	TAURUS TEAM	K40	00:03:03	00:52:33	02:00:53	02:55:07
258	ZIÓLKOWSKA Bożena	1213	WALBA	K40	00:02:33	00:49:25	01:56:49	02:55:09
259	KIN Rafał	1211	AZS PWSZ KROSNO	M30	00:02:31	00:52:24	01:57:46	02:55:10
260	WYSZYŃSKA Kinga	1218		K30	00:03:03	00:52:33	02:00:54	02:55:11
261	CZERWIŃSKA Julia	1264		K20	00:03:33	00:51:51	01:59:07	02:55:12
262	WĘGRZYN Radosław	1280		M20	00:03:33	00:51:52	01:59:07	02:55:12
263	ZABIELSKI Grzegorz	1073	WKURW_TEAM	M40	00:01:21	00:48:39	02:01:19	02:55:13
264	BACZEWSKA Klaudia	1207	BIEGAM BO LUBIĘ OSTROŁĘKA	K20	00:03:13	00:58:17	02:03:33	02:55:45
265	WRONA Sylwester	1405		M40	00:02:41	00:49:42	01:57:00	02:56:20
266	PIASEK Pawel	1138	TRIUNLIMITED	M20	00:03:05	00:54:07	02:01:54	02:56:21
267	BUBICZ Krzysztof	1045	WKURW_TEAM	M30	00:02:44	00:50:08	02:02:15	02:56:23
268	PIASEK Piotr	1139	TRIUNLIMITED	M50	00:03:06	00:54:07	02:04:15	02:56:25
269	SIERADZKA Agnieszka	1154	BIEGAJ Z TRENERAMI	K30	00:03:09	00:48:15	02:03:36	02:56:49
270	SIERADZKI Dariusz	1024		M30	00:03:09	00:48:11	02:07:44	02:56:50
271	SCHILLER Fryderyk	1167	SCHODY HISZPAŃSKIE	M40	00:02:27	00:53:04	02:00:13	02:57:00
272	SOSZYŃSKI Piotr	1117	GAZELE NA STARCIE	M40	00:02:58	00:56:53	01:59:58	02:57:16
273	WILK Rafał	1364	SEKCJA PIASKI	M40	00:02:16	00:51:50	01:58:10	02:57:28
274	MOCIO Michał	1362	PRZEMYSKIE SERCA	M30	00:02:50	00:50:53	01:57:40	02:58:04
275	SZEPIELAK Dawid	1246	BIEGANIE SZYDERCÓW	M30	00:03:28	00:52:54	01:59:14	02:58:19
276	DOMANSKI Jarek	1168	GAZELE NA STARCIE	M30	00:02:59	00:54:49	01:59:55	02:58:45
277	DZIANO Łukasz	1014		M30	00:02:00	00:51:30	02:14:01	02:58:49
278	GROMADZKA-JĘDRUSZCZAK Renata	1035	CZTERDZIEŚCI LAT MINĘŁO JAK JEDEN DZIEŃ	K40	00:02:17	00:51:20	01:57:46	02:58:53
279	WYWRÓT Klaudia	1078		K30	00:02:43	00:50:17	02:03:45	02:59:01
280	FEDAN Łukasz	1079		M30	00:02:44	00:50:16	02:03:45	02:59:02
281	PANCZENKO Kamil	1412	WKURW_TEAM	M20	00:02:54	00:52:19	02:04:29	03:00:03
282	WOŻNY Łukasz	1216		M30	00:03:16	00:51:37	02:06:23	03:00:04
283	MATUSZAK Jakub	1061	NOWOCZESNYSPORT.PL	M30	00:03:16	00:51:38	02:06:29	03:00:05
284	KĘDZIOR Michał	1052	DRUŻYNA SZPIKU	M30	00:03:16	00:51:39	02:06:23	03:00:05
285	JANOWICZ Agnieszka	1453		K40	00:02:57	00:51:43	02:01:52	03:00:15
286	WOCH Sławomir	1422		M30	00:03:29	00:55:50	02:02:12	03:00:31
287	GOŁOŚ Michał	1347	CORPORA EX ARMARIO	M30	00:02:15	00:52:32	02:01:48	03:00:41
288	JASIURSKI Grzegorz	1340	CORPORA EX ARMARIO	M40	00:02:15	00:52:31	02:01:49	03:00:41
289	KORDOWSKA-WOCH Katarzyna	1197		K30	00:03:29	00:55:57	02:02:09	03:00:51
290	STACHOWIAK Aneta	1376		K40	00:03:24	00:55:48	02:06:39	03:00:52
291	PISZCZYGŁOWA Bernadeta	1160		K40	00:02:45	00:53:37	02:01:55	03:00:57
292	LASZCZYK Anna	1287	LINKLATERS RUNNING TEAM	K30	00:01:25	00:47:14	02:11:48	03:01:08
293	SOBOTKA Monika	1288	DZIKIE SKRZYDŁO/WYBIEGANIE MPK	K40	00:01:24	00:47:25	02:11:49	03:01:09
294	WIŚNIEWSKI Piotr	1427	PIOTR WIŚNIEWSKI DOUBLE DIGIT	M30	00:03:42	00:52:35	02:02:29	03:01:20
295	BACZA Piotr	1426		M40	00:02:42	00:49:24	01:56:09	03:01:42
296	GAWCZYŃSKA BACZA Izabela	1425		K40	00:02:42	00:49:20	01:56:10	03:01:43
297	STAWSKA Joanna	1006	BIEGAJ Z TRENERAMI	K50	00:03:06	00:53:27	02:04:49	03:02:08
298	BŁOCH Szymon	1303		M20	00:02:11	00:50:55	02:01:18	03:02:18
299	PELCZAR Jakub	1337		M30	00:02:06	00:52:16	02:03:22	03:02:25
300	BŁOCH Beata	1057	EPOKA NORDICA	K50	00:02:10	00:50:59	02:01:17	03:02:26

Msc	Zawodnik	Numer	Klub	Kategoria	Start_2k 2km	Split_Mateusz 6.5km	Split_Kamyk 13km	Split_Mateusz 18.5km
301	CHORBIŃSKI Krystian	1338		M30	00:02:06	00:52:17	02:03:22	03:02:27
302	WAŁĘGA Monika	1313		K30	00:03:08	00:52:56	02:07:46	03:02:46
303	KOBIAŁKA Irek	1316		M40	00:03:09	00:52:57	02:07:47	03:02:47
304	PABIAŃCZYK Małgorzata	1118		K40	00:03:27	00:51:25	02:04:15	03:02:51
305	PAWEŁAS Marta	1382		K30	00:02:02	00:48:28	02:04:21	03:02:51
306	BUTKIEWICZ Mateusz	1295	NOWOSOLSCY BIMBROWNICY	M20	00:02:11	00:50:05	02:03:00	03:03:43
307	POLAK Robert	1368		M50	00:01:23	00:50:23	02:06:05	03:04:08
308	CHYLAK Paweł	1054		M30	00:01:46	00:47:15	02:00:19	03:04:17
309	SZLICHTYNG Łukasz	1279	CROSSFITTER BOX CHEŁM	M30	00:03:34	00:51:26	01:58:46	03:04:28
310	GARBOWSKA Monika	1017		K40	00:03:26	00:53:16	02:09:39	03:04:37
311	POSTÓŁ Karolina	1013		K30	00:03:26	00:53:38		03:04:53
312	MAGOŃ Łukasz	1415	HUSARIA RACE TEAM	M30	00:02:00	00:55:22	02:10:27	03:05:47
313	KOWALCZYK Ewa	1178	HUSARIA RACE TEAM	K30	00:02:39	00:55:05	02:10:27	03:06:13
314	ZUBA Rafał	1442		M20	00:01:30	00:42:31	01:58:51	03:06:23
315	MIERZEJEWSKA Malgorzata	1229	MORSY OSTROLEKA	K30	00:03:14	00:58:22	02:08:45	03:06:39
316	ZAWADZKA Agnieszka	1064	KLUB SPORTOWY PRESTIGE RZESZÓW	K30	00:03:32	00:53:42	02:04:36	03:06:40
317	KROCZEK Liliana	1007	NIGH RUNNERS	K40	00:03:07	00:53:12	02:10:38	03:06:41
318	KASPROWICZ Piotr	1439	FUN&RUN	M30	00:03:22	00:48:18	02:00:29	03:06:48
319	BIDNIK Jakub	1374		M40	00:02:28	00:52:53	02:05:32	03:07:21
320	BALON Marcin	1371	VOLUME TRADING	M40	00:02:28	00:52:52	02:05:32	03:07:23
321	CYPARSKI Atrur	1182	-	M40	00:02:49	00:51:29	02:05:00	03:07:27
322	CYPARSKA Anna	1188	-	K40	00:02:48	00:51:37	02:05:02	03:07:33
323	NOWOSADZKI Wojciech	1208		M30	00:02:33	00:55:54	02:04:35	03:08:03
324	MYŚLIŃSKI Tomasz	1040	BIEGUSIEM.PL	M40	00:02:37	00:50:52	02:03:42	03:08:05
325	KUTKOWSKI Jan	1401	HYUNDAI RADOM	M30	00:02:38	00:50:52	02:03:42	03:08:06
326	CHOMIUK Adrian	1325	BIAŁA PODLASKA	M30	00:01:51	00:52:55	02:11:11	03:08:40
327	KUCHARZAK Norbert	1326	JAZZANOVA PUB BIAŁA PODLASKA	M20	00:01:50	00:52:57	02:11:11	03:08:41
328	OZIMKOWSKA Judyta	1183		K20	00:03:27	00:54:30	02:04:59	03:09:39
329	PAPROCKA Kamila	1400		K20		01:00:31	02:16:52	03:10:50
330	WAŻNY Andrzej	1394	TYNEXPOL	M40		01:00:31	02:16:51	03:10:51
331	LASKA Anna	1015	OCR TEAM DĘBICA	K30	00:02:18	00:54:57	02:14:46	03:10:54
332	NALEPA Tomasz	1291		M30	00:01:17	00:48:07	02:03:19	03:10:56
333	DRZAŁ Damian	1258		M30	00:01:18	00:48:05	02:03:20	03:11:20
334	GRUCHAŁA Anna	1012	MK TEAM	K30	00:01:59	00:51:54	02:14:00	03:11:28
335	PRZYBYŁ Sławomir	1210		M40	00:01:41	00:52:34	02:12:42	03:11:38
336	LEJA Marek	1026	TAK LUBIĘ SANDOMIERZ	M40	00:02:47	00:45:41	02:02:59	03:11:49
337	NAKONIECZNY Jacek	1367	SII POWER PEOPLE	M30	00:03:19	00:55:06	02:14:36	03:11:57
338	SZTUREMSKA-PRZYBYŁ Agata	1209		K40	00:01:42	00:52:41	02:12:40	03:12:21
339	BEDNARSKA Joanna	2151	BIEGNĘ ŻEBY BARTEK MÓGL BIEGAĆ	K30	00:02:56	00:56:30	02:14:07	03:12:22
340	CZOCHARA Robert	1083	AMATOR	M40	00:03:42	00:52:15	02:21:31	03:12:59
341	KOWALEWSKA Dorota	700	SPARTANIE DZIECIOM	K50	00:02:33	00:56:30	02:12:02	03:13:06
342	KALBARCZYK Izabella	1047	ADIDAS RUNNERS WARSAW	K30	00:01:34	00:51:38	02:12:35	03:14:17
343	WYDRO Agata	1242	FUN & RUN	K40	00:02:19	00:55:30	02:24:13	03:14:56
344	RADYMSKA Małgorzata	1051		K30	00:01:51	00:54:54	02:13:17	03:15:34
345	MACHNIK Marta	1317	BABY W GÓRACH	K20	00:03:46	01:06:01	02:19:15	03:16:17

Msc	Zawodnik	Numer	Klub	Kategoria	Start_2k 2km	Split_Mateusz 6.5km	Split_Kamyk 13km	Split_Mateusz 18.5km
346	WIEDRO Małgorzata	651	BIEGNĘ, ŻEBY BARTEK MÓGL BIEGAĆ/WOŹNIAK RUNNING /WKURW_TEAM	K40	00:02:56	00:56:29	02:14:09	03:16:19
347	KAJCA Jakub	1318	ESKIE STARS	M30	00:03:47	01:06:00	02:19:16	03:16:20
348	IWANIEK Sebastian	1069	BIEGUSIEM.PL	M30	00:02:41	00:52:23	02:13:49	03:16:34
349	GAJDA Piotr	1301	#YOLOTEAMKRK	M50	00:03:44	00:58:42	02:24:25	03:16:36
350	LESZCZYŃSKI Aleksander	1189	WKURW_TEAM	M30	00:03:02	00:58:48	02:13:34	03:17:12
351	BRZOZOWSKA Paulina	1102	STEFAN TEAM	K30	00:01:59	00:58:38	02:18:04	03:17:44
352	WOŹNIAK Aleksandra	1103		K30	00:02:40	00:58:14	02:18:08	03:17:45
353	KRZEMIŃSKA Agata	1126	STEFAN TEAM	K50	00:02:00	00:58:39	02:18:04	03:17:45
354	CZOCHARA Marta	1082	AMATOR	K40	00:03:41	00:57:19	02:21:32	03:17:57
355	SZPAKOWSKI Andrzej	155	FUN&RUN	M40	00:02:20	00:55:41	02:24:14	03:18:45
356	WYDRO Rafał	154	FUN&RUN	M40	00:02:19	00:55:43	02:24:14	03:18:46
357	ROMANOWICZ Karolina	1070	NIGHT RUNNERS POZNAŃ	K30	00:02:53	01:00:09	02:21:52	03:20:10
358	MAKOSA Konrad	1029	WKURW_TEAM	M40	00:03:28	00:59:35	02:14:51	03:20:13
359	KRASOŃ Justyna	1094	TSA SANDOMIERZ	K30	00:02:01	00:57:59	02:25:04	03:20:56
360	PIĄSTKA Daniel	1130		M40	00:03:27	00:56:17	02:25:09	03:21:10
361	OLEKSY Przemysław	1205		M40	00:03:27	00:56:17	02:25:09	03:21:10
361	OLEKSY Barbara	1206		K30	00:03:27	00:56:17	02:25:09	03:21:10
363	SZYMANOWSKA Monika	1151		K40	00:03:24	00:56:09	02:25:01	03:21:11
364	SZKAMRUK Małgorzata	1227		K30	00:02:50	00:58:15	02:22:32	03:22:15
365	STRASSBERGER Katarzyna	1198		K50	00:02:50	00:58:16	02:22:32	03:22:17
366	WÓJCIK Łukasz	1355	CYTRYNOWE CURRY???	M30	00:03:45	00:59:58	02:14:37	03:22:26
367	GAJDA Beata	1300	#YOLOTEAMKRK	K40	00:03:44	00:59:00	02:24:22	03:23:32
368	GAŚIOREK Kamila	1021		K30	00:01:21	00:56:18	02:20:57	03:23:37
369	KRYSPIŃ Marta	1149	JA I ON	K30	00:03:28	00:58:32	02:21:55	03:24:06
370	SOT Lucjan	1116	A NIECH TO SZLAK BIEGIEM NA SZLAK	M50	00:01:59	00:59:54	02:17:11	03:24:17
371	MARCINIAK Julia	549	NATURAL BORN RUNNERS	K30	00:02:42	00:59:26	02:18:27	03:24:33
372	WRZOSEK Justyna	1124	TSA SANDOMIERZ	K30	00:03:18	00:59:23	02:24:19	03:24:44
373	PAWELEC Justyna	1125	TSA SANDOMIERZ	K30	00:03:18	00:59:24	02:24:19	03:24:47
374	CHOLEWA Łukasz	1053		M30	00:02:16	00:55:16	02:23:20	03:25:21
375	DOJS Aleksandra	1088	NIGHT RUNNERS	K30	00:02:53	00:54:00	02:30:09	03:26:36
376	SKOWROŃ Jakub	1009		M30	00:02:44	00:59:02	02:20:23	03:28:11
377	SAMEK Artur	1449		M40	00:03:10	01:00:34	02:26:01	03:28:47
378	JAWORSKA Agnieszka	1286		K30	00:01:29	00:57:30	02:24:37	03:29:40
379	OSZCZĘDA Marzena	1177	ZARAZIC PASJA	K40	00:01:34	00:57:31	02:24:37	03:29:42
380	OKOŃSKI Krzysztof	1224		M20	00:02:12	01:00:25	02:30:04	03:29:44
381	FORDOŃSKA Katarzyna	1255	RUNFORFUN	K40	00:03:20	01:00:46	02:27:46	03:30:38
382	KRZYCH Marcin	1038	POLSOURCE	M30	00:02:24	01:00:57	02:19:47	03:31:29
383	RYSIAWA Joanna	1252	BEZ	K40	00:03:20	01:00:45	02:27:43	03:32:44
384	CZECHOWSKA Izabela	1392	WW TEAM	K40	00:03:01	01:06:56	02:30:15	03:33:08
385	JAKUBIEC Justyna	1408	LUBELSKA GRUPA TRIATHLONU	K40	00:03:10	01:06:17	02:30:16	03:33:10
386	JEZIOREK Józef	1115		M40	00:03:07	01:00:13	02:24:00	03:34:46
387	PRZYBYŁA Krzysztof	1090		M40	00:02:53	01:06:30	02:31:09	03:36:56
388	GŁOWACKA Aleksandra	1195	MŁODY VS. STARY	K40	00:01:09	00:59:52	02:29:27	03:36:58
389	GRĘBOWIEC Dominika	1049	TSA SANDOMIERZ	K30	00:02:01	00:58:21	02:25:04	03:38:02
390	PRZYBYŁA Aleksandra	1091		K30	00:02:53	01:06:31	02:30:11	03:38:29

Msc	Zawodnik	Numer	Klub	Kategoria	Start_2k 2km	Split_Mateusz 6.5km	Split_Kamyk 13km	Split_Mateusz 18.5km
391	JASIK Joanna	1050	TSA SANDOMIERZ	K40	00:02:01	00:59:39	02:25:08	03:38:37
392	ZIENKOWSKA Izabela	166		K30	00:02:56	01:03:06	02:31:33	03:39:00
393	WASILEWSKI Marcin	211	WW TEAM	M40	00:02:56	01:03:07	02:31:33	03:39:01
394	BADZIUL Dorota	1011		K30	00:01:17	01:05:24	02:31:20	03:46:49
395	ŁAGOWSKA Katarzyna	1447		K40	00:03:12	01:05:22	02:30:39	03:47:34
396	BORKOWSKA Ewa	1030	WKURW-TEAM	K60	00:03:23	01:08:11	02:36:08	03:53:17
397	MIRECKI Jan	1120		M40	00:03:06	01:14:41	02:50:06	04:12:52
398	REY Andrzej	1184		M40	00:03:35	01:00:55	02:38:19	
399	SOBCZAK Zbigniew	1221	MAZURSKI WILK	M30				
400	BARAŃSKI Jarek	1259	KIEDYŚ TO BYŁO	M30		02:25:29		
401	SIONKOWSKI Maciej	1275	CROSSFITTER CHEŁM	M40		02:51:40		
402	ODOWSKI Michał	1341		M20		01:48:32		
		1495			DNF	03:50:54 DNF	DNF	DNF
	GÓRYŃSKI Rafał	1239		M20	DNF	03:50:46 DNF	DNF	DNF

Znaleziono 404 wynik(ów)