

V ZIMOWY MARATON BIESZCZADZKI 2019 - 23KM

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Zimowy Maraton Bieszczadzki 2019
Fundacja Bieg Rzeźnika
2019-01-26
Cisna
23 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_2k 2km	Split_Mateusz 6.5km	Split_Kamyk 13km	Split_Mateusz 18.5km	Kara/ bonifikata	Czas netto 23km	Czas brutto 23km	Różn	Tempo min/km	Tempo km/h
1	KORZEP-CZEKAŁSKA Dorota	1220	BIEGAM BO LUBIĘ OSTROŁĘKA	K40	1	00:01:08	00:35:33	01:21:34	02:00:40		02:21:31.95	02:21:31.95		6:09	9.8 (100%)
2	ŻEBRAKOWSKA Katarzyna	1446		K40	2	00:02:30	00:41:13	01:33:17	02:16:39		02:39:30.35	02:39:30.35	+00:17:58 (11.3%)	6:56	8.7 (88.8%)
3	KANDEFER Beata	1342	KB „ATHLETIC”ZRĘCIN	K40	3	00:00:51	00:37:29	01:32:20	02:15:55		02:40:12.10	02:40:12.10	+00:18:40 (11.7%)	6:57	8.6 (87.8%)
4	SZYBIAK Joanna	1421		K40	4	00:01:50	00:39:44	01:32:04	02:16:35		02:40:41.15	02:40:41.15	+00:19:09 (11.9%)	6:59	8.6 (87.8%)
5	PITURA Eliza	1155	LUBELSKA GRUPA TRIATHLONU	K40	5	00:00:49	00:37:31	01:31:25	02:18:04		02:43:50.30	02:43:50.30	+00:22:18 (13.6%)	7:07	8.4 (85.7%)
6	OLEŚINSKA Agnieszka	359	BOCHNIA BIEGA	K40	6		00:44:02	01:38:05	02:22:43		02:45:29.80	02:45:29.80	+00:23:57 (14.5%)	7:11	8.3 (84.7%)
7	SOBURA-DURMA Magdalena	1450		K40	7	00:02:54	00:44:23	01:41:53	02:28:21		02:54:35.25	02:54:35.25	+00:33:03 (18.9%)	7:35	7.9 (80.6%)
8	PYSKATY Marta	1454		K40	8	00:02:09	00:46:26	01:45:00	02:30:57		02:57:59.05	02:57:59.05	+00:36:27 (20.5%)	7:44	7.8 (79.6%)
9	PLUTA Marta	2056	DZIKIEMUSTANGI	K40	9	00:02:10	00:46:25	01:45:01	02:30:56		02:58:04.95	02:58:04.95	+00:36:33 (20.5%)	7:44	7.7 (78.6%)
10	HABRAT Dorota	1181	HABRAT TEAM	K40	10	00:02:15	00:43:24	01:40:33	02:29:47		02:58:24.30	02:58:24.30	+00:36:52 (20.7%)	7:45	7.7 (78.6%)
11	KANCLERZ-MAZURCZUK Monika	1243	CROSSFITTER BOX CHEŁM	K40	11	00:03:29	00:46:05	01:41:41	02:31:35		02:58:30.35	02:58:30.35	+00:36:58 (20.7%)	7:45	7.7 (78.6%)
12	KITOWSKA Anna	1434	HUSARIA RACE TEAM	K40	12	00:01:19	00:46:09	01:47:59	02:36:49		03:04:51.90	03:04:51.90	+00:43:19 (23.4%)	8:02	7.5 (76.5%)
13	CHŁAP Elżbieta	1163	DOLINIARZ	K40	13	00:03:03	00:47:29	01:50:29	02:39:31	00:01:00	03:06:20.35	03:06:20.35	+00:44:48 (24.0%)	8:03	7.4 (75.5%)
14	BAR Aleksandra	1308	GMINA STRZELCE OPOLSKIE	K40	14	00:02:50	00:48:21	01:53:45	02:41:59		03:08:59.95	03:08:59.95	+00:47:28 (25.1%)	8:13	7.3 (74.5%)
15	MAGER Olga	1028		K40	15	00:03:03	00:49:30	01:53:23	02:45:00		03:15:17.35	03:15:17.35	+00:53:45 (27.5%)	8:29	7.1 (72.4%)
16	KONDRACIUK Katarzyna	1335	PROJEKT 'K JAK KAJAKI'	K40	16	00:01:50	00:46:22	01:52:25	02:45:03		03:15:34.45	03:15:34.45	+00:54:02 (27.6%)	8:30	7.1 (72.4%)
17	SZMUC Anna	1093	MYSZKÓW BIEGA	K40	17	00:01:26	00:47:00	01:52:45	02:45:32		03:16:09.40	03:16:09.40	+00:54:37 (27.8%)	8:31	7 (71.4%)
18	KOTERBICKA-PAŚKO Agnieszka	1085	ELEKTRONIK PRZEMYSŁ	K40	18	00:01:23	00:45:34	01:56:13	02:48:35		03:19:09.50	03:19:09.50	+00:57:37 (28.9%)	8:39	6.9 (70.4%)
19	SASAL Monika	1005	FUNDACJA TYLKO BIESZCZADY	K40	19	00:02:04	00:46:13	01:53:47	02:48:43		03:19:13.50	03:19:13.50	+00:57:41 (29.0%)	8:39	6.9 (70.4%)

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						2km	6.5km	13km	18.5km		23km	23km			
20	SEBZDA Małgorzata	1390	HUSARIA RACE TEAM	K40	20	00:01:19	00:46:08	01:49:28	02:45:41	00:01:00	03:20:06.25	03:20:06.25	+00:58:34 (29.3%)	8:39	6.9 (70.4%)
21	PLISZCZYŃSKA Justyna	1044		K40	21	00:02:20	00:50:50	01:55:43	02:50:00		03:20:56.40	03:20:56.40	+00:59:24 (29.6%)	8:44	6.9 (70.4%)
22	PEKALA Anna	1225	NIGHT RUNNERS ZABRZE	K40	22	00:02:44	00:50:24	01:56:02	02:50:23		03:23:13.25	03:23:13.25	+01:01:41 (30.4%)	8:50	6.8 (69.4%)
23	GAJEWSKA Anna	1041		K40	23	00:03:39	00:51:35	01:56:19	02:51:34		03:23:17.75	03:23:17.75	+01:01:45 (30.4%)	8:50	6.8 (69.4%)
24	KIERSNOWSKA Agnieszka	1223	CYBER ŁANIA	K40	24	00:01:38	00:46:28	01:54:50	02:50:47		03:24:51.45	03:24:51.45	+01:03:19 (30.9%)	8:54	6.7 (68.4%)
25	KARWACKA Aneta	1074	WKURW_TEAM	K40	25	00:01:20	00:47:19	01:56:24	02:52:41		03:25:53.90	03:25:53.90	+01:04:21 (31.3%)	8:57	6.7 (68.4%)
26	HERMANIUK Iwona	1136	TAURUS TEAM	K40	26	00:03:03	00:52:33	02:00:53	02:55:07		03:25:54.75	03:25:54.75	+01:04:22 (31.3%)	8:57	6.7 (68.4%)
27	ZIÓŁKOWSKA Bożena	1213	WALBA	K40	27	00:02:33	00:49:25	01:56:49	02:55:09		03:29:30.45	03:29:30.45	+01:07:58 (32.4%)	9:06	6.6 (67.3%)
28	GROMADZKA-JĘDRUSZCZAK Renata	1035	CZTERDZIEŚCI LAT MINĘŁO JAK JEDEN DZIEŃ	K40	28	00:02:17	00:51:20	01:57:46	02:58:53		03:32:19.60	03:32:19.60	+01:10:47 (33.3%)	9:13	6.5 (66.3%)
29	STACHOWIAK Aneta	1376		K40	29	00:03:24	00:55:48	02:06:39	03:00:52		03:32:47.10	03:32:47.10	+01:11:15 (33.5%)	9:15	6.5 (66.3%)
30	JANOWICZ Agnieszka	1453		K40	30	00:02:57	00:51:43	02:01:52	03:00:15		03:32:48.25	03:32:48.25	+01:11:16 (33.5%)	9:15	6.5 (66.3%)
31	GARBOWSKA Monika	1017		K40	31	00:03:26	00:53:16	02:09:39	03:04:37		03:32:51.95	03:32:51.95	+01:11:20 (33.5%)	9:15	6.5 (66.3%)
32	PISZCZYGŁOWA Bernadeta	1160		K40	32	00:02:45	00:53:37	02:01:55	03:00:57		03:36:43.50	03:36:43.50	+01:15:11 (34.7%)	9:25	6.4 (65.3%)
33	PABIAŃCZYK Małgorzata	1118		K40	33	00:03:27	00:51:25	02:04:15	03:02:51		03:36:45.65	03:36:45.65	+01:15:13 (34.7%)	9:25	6.4 (65.3%)
34	GAWCZYŃSKA BACZA Izabela	1425		K40	34	00:02:42	00:49:20	01:56:10	03:01:43		03:37:02.45	03:37:02.45	+01:15:30 (34.8%)	9:26	6.4 (65.3%)
35	SOBOTKA Monika	1288	DZIKIE SKRZYDŁO/WYBIEGANIE MPK	K40	35	00:01:24	00:47:25	02:11:49	03:01:09		03:37:09.70	03:37:09.70	+01:15:37 (34.8%)	9:26	6.4 (65.3%)
36	WYDRO Agata	1242	FUN & RUN	K40	36	00:02:19	00:55:30	02:24:13	03:14:56		03:40:56.90	03:40:56.90	+01:19:24 (35.9%)	9:36	6.2 (63.3%)
37	CYPARSKA Anna	1188	-	K40	37	00:02:48	00:51:37	02:05:02	03:07:33		03:42:53.00	03:42:53.00	+01:21:21 (36.5%)	9:41	6.2 (63.3%)
38	KROCZEK Liliana	1007	NIGH RUNNERS	K40	38	00:03:07	00:53:12	02:10:38	03:06:41		03:43:55.05	03:43:55.05	+01:22:23 (36.8%)	9:44	6.2 (63.3%)
39	SZTUREMSKA-PRZYBYŁ Agata	1209		K40	39	00:01:42	00:52:41	02:12:40	03:12:21		03:49:04.15	03:49:04.15	+01:27:32 (38.2%)	9:57	6 (61.2%)
40	CZOCHARA Marta	1082	AMATOR	K40	40	00:03:41	00:57:19	02:21:32	03:17:57		03:51:14.40	03:51:14.40	+01:29:42 (38.8%)	10:03	6 (61.2%)
41	WIEDRO Małgorzata	651	BIEGNĘ,ŻEBY BARTEK MÓGŁ BIEGAĆ/WOŹNIAK RUNNING /WKURW_TEAM	K40	41	00:02:56	00:56:29	02:14:09	03:16:19		03:52:10.05	03:52:10.05	+01:30:38 (39.0%)	10:05	5.9 (60.2%)
42	SZYMANOWSKA Monika	1151		K40	42	00:03:24	00:56:09	02:25:01	03:21:11		03:57:53.85	03:57:53.85	+01:36:21 (40.5%)	10:20	5.8 (59.2%)
43	GAJDA Beata	1300	#YOLOTEAMKRK	K40	43	00:03:44	00:59:00	02:24:22	03:23:32		03:58:08.50	03:58:08.50	+01:36:36 (40.6%)	10:21	5.8 (59.2%)
44	FORDOŃSKA Katarzyna	1255	RUNFORFUN	K40	44	00:03:20	01:00:46	02:27:46	03:30:38		04:08:59.25	04:08:59.25	+01:47:27 (43.2%)	10:49	5.5 (56.1%)
45	OSZCZĘDA Marzena	1177	ZARAZIC PASJA	K40	45	00:01:34	00:57:31	02:24:37	03:29:42		04:09:01.95	04:09:01.95	+01:47:30 (43.2%)	10:49	5.5 (56.1%)
46	CZECHOWSKA Izabela	1392	WW TEAM	K40	46	00:03:01	01:06:56	02:30:15	03:33:08		04:09:09.60	04:09:09.60	+01:47:37 (43.2%)	10:49	5.5 (56.1%)
47	JAKUBIEC Justyna	1408	LUBELSKA GRUPA TRIATHLONU	K40	47	00:03:10	01:06:17	02:30:16	03:33:10		04:09:09.65	04:09:09.65	+01:47:37 (43.2%)	10:49	5.5 (56.1%)
48	RYSIAWA Joanna	1252	BEZ	K40	48	00:03:20	01:00:45	02:27:43	03:32:44		04:13:27.70	04:13:27.70	+01:51:55 (44.2%)	11:01	5.4 (55.1%)

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49	GŁOWACKA Aleksandra	1195	MŁODY VS. STARY	K40	49	00:01:09	00:59:52	02:29:27	03:36:58		04:16:41.20	04:16:41.20	+01:55:09 (44.9%)	11:09	5.4 (55.1%)
50	JASIK Joanna	1050	TSA SANDOMIERZ	K40	50	00:02:01	00:59:39	02:25:08	03:38:37		04:19:21.40	04:19:21.40	+01:57:49 (45.4%)	11:16	5.3 (54.1%)
51	ŁAGOWSKA Katarzyna	1447		K40	51	00:03:12	01:05:22	02:30:39	03:47:34		04:27:56.85	04:27:56.85	+02:06:24 (47.2%)	11:38	5.2 (53.1%)

Znaleziono 51 wynik(ów)