

# V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM

B4SPORT

**Wydarzenie:** Zimowy Maraton Bieszczadzki 2019  
**Organizator:** Fundacja Bieg Rzeźnika  
**Data:** 2019-01-26  
**Miejsce:** Cisna  
**Dystans:** 44,6 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M30

Punkt pomiarowy: 40,7 km

Msc	Zawodnik	Numer	Klub	Kategoria	Start_2k 0.1km	Roztoki 18km	Split_Mateusz 26.5km	Split_Kamyk 34.2km	Split_Mateusz 40.7km
1	<b>KRUBA Marcin</b>	<b>614</b>	JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ	M30	00:00:34	01:21:08	02:02:35	02:36:47	03:12:03
2	<b>ŻUCHOWSKI Daniel</b>	<b>770</b>	MUAY RUNNING TEAM	M30	00:00:25	01:21:07	02:03:48	02:40:21	03:15:13
3	<b>TOMASIK Stanisław</b>	<b>641</b>	GORLICKA GRUPA BIEGOWA	M30	00:01:08	01:22:36	02:06:04	02:42:02	03:15:23
4	<b>PAWŁOWSKI Arkadiusz</b>	<b>526</b>	ROCK&RUN	M30	00:00:36	01:23:12	02:06:59	02:43:43	03:20:13
5	<b>BAŁATKA Krzysztof</b>	<b>389</b>	AZS WSGK KUTNO	M30	00:00:29	01:26:09	02:10:55	02:46:15	03:22:59
6	<b>BARAN Wojtek</b>	<b>215</b>	OKNOPLAST RUNNING TEAM	M30	00:00:30	01:22:13	02:07:30	02:45:56	03:24:13
7	<b>BIAŁOWĄS Tomasz</b>	<b>520</b>	STAJNIA BALONA	M30	00:01:10	01:27:07	02:13:25	02:51:00	03:26:47
8	<b>KWIATKOWSKI Michael</b>	<b>56</b>		M30	00:00:32	01:24:45	02:09:47	02:48:06	03:27:16
9	<b>KUDŁAK Paweł</b>	<b>567</b>	PORANNY PATROL	M30	00:00:47	01:30:52	02:17:40	02:57:58	03:35:27
10	<b>PABIAN Paweł</b>	<b>755</b>	WALKABOUT TEAM	M30	00:01:23	01:28:39	02:17:33	02:59:17	03:37:21
11	<b>SZAPORÓW Łukasz</b>	<b>100</b>	INFINITY-GYM	M30	00:00:34	01:26:28	02:15:53	02:58:10	03:38:32
12	<b>KIMMER Jakub</b>	<b>238</b>	BIEGING TEAM ZELÓW	M30	00:00:59	01:35:28	02:24:37	03:05:32	03:44:57
13	<b>PIĘKOŚ Marek</b>	<b>736</b>		M30	00:01:19	01:32:32	02:21:37	03:04:21	03:45:35
14	<b>BRENDZOWSKI Adam</b>	<b>69</b>	SOLINATEAM / RUNONLINETEAM	M30	00:00:58	01:33:10	02:22:57	03:06:28	03:48:41
15	<b>DYREK Michał</b>	<b>653</b>	MOK MSZANA DOLNA	M30	00:00:51	01:31:10	02:22:55	03:06:43	03:48:42
16	<b>GOŁĄB Marek</b>	<b>216</b>	STAY INSANE	M30	00:00:42	01:34:10	02:25:56	03:09:48	03:48:47
17	<b>ŚLĘCZKA Damian</b>	<b>193</b>	BIOMEDYCYNĄ SP. Z O.O. RZESZÓW	M30	00:01:16	01:34:42	02:26:00	03:09:17	03:49:45
18	<b>KALINOWSKI Łukasz</b>	<b>16</b>		M30	00:00:49	01:36:49	02:28:08	03:10:43	03:50:20
19	<b>TAJCHMAN Jarosław</b>	<b>686</b>		M30	00:01:16	01:38:55	02:31:19	03:11:45	03:50:21
20	<b>ROHAN Łukasz</b>	<b>44</b>	PRZEMYSKI KLUB BIEGACZA	M30	00:00:48	01:27:52	02:19:39	03:06:06	03:51:25
21	<b>FUS Maciej</b>	<b>148</b>		M30	00:00:45	01:34:11	02:24:02	03:10:32	03:53:16
22	<b>DYREK Mateusz</b>	<b>566</b>		M30	00:00:51	01:33:58	02:25:54	03:10:51	03:54:08
23	<b>ZUREK Paweł</b>	<b>15</b>		M30	00:00:34	01:31:20	02:26:17	03:12:18	03:56:07
24	<b>WOLSKI Marcin</b>	<b>465</b>	WOLSCY BROTHERS TRIATHLON TEAM	M30	00:00:45	01:37:29	02:28:08	03:12:26	03:56:27
25	<b>BEREŚ Arkadiusz</b>	<b>741</b>	STUDIO REBELL	M30	00:00:33	01:35:02	02:32:18	03:16:17	03:57:11
26	<b>KLIMEK Mateusz</b>	<b>199</b>		M30	00:00:48	01:36:01	02:30:20	03:19:01	04:03:20
27	<b>BIESZCZAD Mateusz</b>	<b>295</b>	NOWY STYL GROUP RUNNING TEAM	M30	00:02:23	01:41:29	02:34:30	03:19:45	04:04:59
28	<b>DĄBROWICZ Jakub</b>	<b>548</b>		M30	00:00:44	01:40:49	02:37:16	03:23:49	04:07:52
29	<b>REJ Mirosław</b>	<b>445</b>	M&T WYJADACZE PARÓWKÓW	M30	00:00:41	01:36:22	02:27:30	03:18:22	04:08:39
30	<b>GRABIEC Marcin</b>	<b>627</b>		M30	00:02:11	01:36:52	02:31:30	03:20:12	04:09:42

Msc	Zawodnik	Numer	Klub	Kategoria	Start_2k 0.1km	Roztoki 18km	Split_Mateusz 26.5km	Split_Kamyk 34.2km	Split_Mateusz 40.7km
31	STACHURSKI Piotr	673		M30	00:00:37	01:33:06	02:29:51	03:22:18	04:11:44
32	SARKA Bartłomiej	86		M30	00:01:39	01:44:40	02:43:27	03:31:11	04:13:44
33	AGRES Paweł	217	KW KOTŁOWNIA	M30	00:01:03	01:41:21	02:36:59	03:30:27	04:15:01
34	NALAZEK Marcin	67	PIASECZNO RUNING	M30	00:02:00	01:42:01	02:39:00	03:29:14	04:15:24
35	GUDOWSKI Krystian	623		M30	00:01:48	01:50:46	02:45:16	03:32:20	04:15:28
36	GRĘBOWIEC Mateusz	282	TSA SANDOMIERZ	M30	00:01:45	01:41:11	02:36:40	03:29:27	04:15:29
37	MYŚLIWIEC Robert	522	WILD & FREE	M30	00:02:16	01:44:23	02:43:22	03:32:44	04:18:57
38	BARAN Mateusz	283	GORLICKA GRUPA BIEGOWA	M30	00:01:55	01:49:04	02:48:40	03:37:19	04:20:50
39	POTONIEC Grzegorz	117	RODZEŃSTWO	M30	00:01:14	01:40:06	02:42:42	03:38:13	04:21:04
40	JÓZWIAK Rafał	68		M30	00:02:04	01:47:05	02:43:53	03:37:44	04:22:05
41	MENDYKA Łukasz	171	KB AKTYWNI ŚRODA WLKP.	M30	00:03:00	01:44:46	02:41:44	03:34:03	04:22:13
42	MACHNICKI Rafał	285		M30	00:00:45	01:44:45	02:42:32	03:35:50	04:22:39
43	WNUK Norbert	174	PRZEMYSKI KLUB BIEGACZA	M30	00:02:25	01:44:43	02:46:03	03:38:43	04:23:01
44	CHRUŚCIEL Michał	354	FARTLEK GO	M30	00:01:34	01:43:25	02:43:54	03:36:15	04:23:15
45	GAWORECKI Tomasz	47	POZYTYWNIIE ZABIEGANI SANOK	M30	00:02:49	01:53:18	02:51:10	03:40:33	04:23:16
46	DZIRBA Tomasz	332		M30	00:01:21	01:52:35	02:49:26	03:38:56	04:23:47
47	KOSIN Paweł	75	KLUB BIEGAJĄCYCH LEŚNIKÓW	M30	00:01:11	01:49:03	02:46:51	03:37:15	04:24:20
48	TROJNAR Damian	661	KS JANUSZE	M30	00:01:32	01:45:37	02:44:42	03:38:58	04:24:33
49	JASNOWSKI Michał	675		M30	00:01:02	01:44:38	02:43:24	03:37:42	04:24:39
50	WETHACZ Dariusz	763		M30	00:01:43	01:49:45	02:51:34	03:42:19	04:24:50
51	KOWALCZYK Aleksander	559		M30	00:03:02	01:47:44	02:47:20	03:41:28	04:26:05
52	JĘDZURA Daniel	22	NIGHT RUNNERS GLIWICE	M30	00:02:53	01:47:48	02:48:37	03:40:58	04:27:27
53	MIKOLAJCZYK Lukasz	557		M30	00:01:01	01:48:40	02:47:13	03:40:51	04:27:36
54	BARAN Zbigniew	208	(OB)LEŚNI BIEGACZE	M30	00:02:27	01:54:29	02:56:56	03:45:44	04:31:34
55	ROGAŁA Krystian	663	MTS HAMER	M30	00:01:04	01:48:55	02:50:15	03:44:48	04:32:14
56	KALBARCZYK Wojciech	602	ADIDAS RUNNERS WARSAW	M30	00:01:43	01:49:31	02:52:14	03:46:04	04:32:28
57	DUCKI Piotr	762		M30	00:02:08	01:53:37	02:58:11	03:46:23	04:32:39
58	MARUKIEWICZ Marek	628	BIEGAMDLAZDROWIA.PL	M30	00:02:44	01:48:34	02:51:41	03:48:53	04:33:38
59	KULIGA Sławomir	650	POZMAKUJ RUN TEAM	M30	00:00:55	01:39:13	02:46:21	03:44:05	04:34:23
60	CZARNECKI Piotr	335	TARCHOŚFIRY	M30	00:01:26	01:50:35	02:53:08	03:47:00	04:34:24
61	NIERADA Marcin	43		M30	00:01:04	01:44:13	02:46:06	03:42:50	04:34:33
62	RECZEK Sebastian	724	KS ZIELONO-CZARNI	M30	00:02:05	01:49:21	02:48:08	03:43:44	04:35:03
63	KRÓLAK Sebastian	594		M30	00:02:58	01:49:13	02:51:03	03:46:27	04:35:44
64	JAKUBOWSKI Jakub	505	NASTUKOŁKI	M30	00:01:40	01:55:37	02:59:10	03:51:14	04:36:44
65	KONDZIOŁA Krzysztof	544	STAY INSANE / PERFECT RUNNER LUBLIN	M30	00:01:25	01:53:48	03:00:02	03:51:17	04:36:47
66	SZYSZŁO Tomasz	53	POZYTYWNIIE ZABIEGANI SANOK / RUN ENERGY CLUB	M30	00:01:47	01:52:08	02:51:13	03:48:24	04:37:09
67	MĘDRYGAŁ Piotr	401	GJ GOPR	M30	00:03:22	01:52:43	02:50:04	03:47:13	04:39:12
68	WŁODEK Mateusz	184		M30	00:02:49	01:56:56	02:57:19	03:51:08	04:39:26
69	DZIERŁĘGA Piotr	255	PILZNO	M30	00:02:40	01:46:52	02:51:15	03:48:48	04:40:06
70	PELA Dariusz	535	TMT TORUŃ	M30	00:01:04	01:49:41	02:50:19	03:51:03	04:40:36
71	BURBLIS Łukasz	539	BIEGING TEAM ZELÓW	M30	00:02:13	01:50:46	02:54:11	03:50:23	04:40:39
72	BRZOZOWSKI Łukasz	315	STEFAN TEAM	M30	00:01:48	01:51:47	02:55:16	03:53:09	04:40:44
73	ADAMCZAK Michał	454	BIEGAJ BEZ KOŃCA	M30	00:02:29	01:52:25	02:53:29	03:49:07	04:40:47
74	ŁĘCKI Piotr	32	NIGHT RUNNERS GLIWICE	M30	00:02:54	01:54:20	02:55:41	03:53:21	04:41:44
75	PASTUŁA Łukasz	10		M30	00:00:55	01:44:27	02:47:15	03:45:50	04:42:04

Msc	Zawodnik	Numer	Klub	Kategoria	Start_2k 0.1km	Roztoki 18km	Split_Mateusz 26.5km	Split_Kamyk 34.2km	Split_Mateusz 40.7km
76	PIWOŃSKI Adam	405		M30	00:02:29	01:54:26	02:56:58	03:53:10	04:42:21
77	MIŚKÓW Marcin	308		M30	00:01:29	01:54:52	02:59:06	03:57:14	04:43:30
78	BUSZ Jacek	146		M30	00:01:14	01:51:46	02:53:22	03:50:43	04:45:46
79	STEFANIAK Maciej	690	GRUNWALD TEAM POZNAŃ	M30	00:01:14	02:01:40	03:11:57	04:04:57	04:49:20
80	FORJASZ Przemysław	97		M30	00:01:10	01:52:54	03:11:12	04:03:55	04:49:29
81	GIERULA Piotr	137	GREINPLAST RZESZÓW	M30	00:01:12	01:54:54	03:11:21	04:03:54	04:50:29
82	JAROSZ JARSZEWSKI Mateusz	320		M30	00:02:05	01:52:27	02:58:14	03:55:08	04:50:40
83	PARWA Michał	83	@BIEGIEMNAROWER	M30	00:00:50	01:51:05	03:00:57	04:02:07	04:50:58
84	DRAUS Borys	398		M30	00:01:42	01:59:21	03:09:45	04:02:30	04:51:32
85	ZIMAK Sebastian	124	SANOK RUBBER RUNNING	M30	00:01:39	01:53:06	03:00:43	04:02:09	04:52:24
86	KIERNICKI Łukasz	140	FUN&RUN	M30	00:03:22	01:58:20	03:03:12	04:03:20	04:52:36
87	DUDEK Łukasz	392		M30	00:02:07	01:55:01	03:02:48	04:03:59	04:52:42
88	SOBIECH Marcin	373	GO GARWOLIN:D	M30	00:02:49	01:54:36	03:02:49	04:03:29	04:53:09
89	BAŁCHAN Krzysztof	77	CPR RZESZÓW	M30	00:01:40	01:47:47	02:53:43	03:55:30	04:54:05
90	KOCZUR Jakub	429	NOWA HUTA TEAM	M30	00:02:29	01:54:39	03:00:32	04:04:19	04:55:01
91	ŁUKASIAK Adam	152	ADAM ŁUKASIAK	M30	00:01:31	01:52:36	03:05:31	04:08:31	04:55:15
92	KARAŚ Łukasz	725	EKIPA Z TARNOWA	M30	00:03:07	01:55:02	03:04:11	04:02:26	04:56:06
93	STRZAŁKA Dominik	608		M30	00:01:44	01:55:45	03:06:09	04:04:40	04:56:07
94	WOŹNIAK Łukasz	379	PORANNY PATROL	M30	00:03:14	01:58:04	03:09:38	04:07:04	04:56:36
95	GRANDA Paweł	412	12 DAPLOT JAROSŁAW	M30	00:01:49	01:55:54	03:05:42	04:05:42	04:57:28
96	LUTEREK Michał	688		M30	00:03:38	02:00:06	03:12:34	04:07:45	04:58:57
97	GOŹDZIENIAK Sobiesław	229	KW KOTŁOWNIA	M30	00:01:03	01:53:12	03:03:19	04:07:11	04:59:14
98	ANDRZEJEWSKI Piotr	624	RRT	M30	00:03:25	01:59:55	03:06:06	04:04:29	05:00:11
99	ZIÓŁKOWSKI Krzysztof	402	JA I ONA	M30	00:03:29	02:04:19	03:12:15	04:10:08	05:01:56
100	ROJEK Maciej	693		M30	00:01:08	01:55:00	03:05:58	04:11:31	05:02:01
101	CICHORACKI Patryk	230	NIGHT RUNNERS	M30	00:02:41	01:56:01	03:03:03	04:08:44	05:02:08
102	BERNAŚ Dariusz	82	BSCZADY	M30	00:01:32	02:02:16	03:12:04	04:11:49	05:04:13
103	KUŚ Sławomir	369		M30	00:01:13	01:52:06	03:08:40	04:13:56	05:06:15
104	JAKUSZEWSKI Paweł	323		M30	00:02:39	02:04:55	03:11:54	04:13:42	05:06:36
105	ZAJĄC Wojciech	617	DŁUGOUCHY	M30	00:02:22	02:03:09	03:19:11	04:17:27	05:07:40
106	GWIZDAK Bartosz	652	PIJEBIMBERNONSTOP	M30	00:01:15	01:56:32	03:08:39	04:13:55	05:07:43
107	BLACHA Jarosław	517		M30	00:01:27	02:00:21	03:09:58	04:12:14	05:08:07
108	BARADZIEJ Bartłomiej	515	TERMINAL LOGISTYCZNY PROMONT	M30	00:01:06	01:57:44	03:07:30	04:13:00	05:08:41
109	ZWOLAK Grzegorz	328		M30	00:02:39	02:04:40	03:16:36	04:20:10	05:10:31
110	DUDZIŃSKI Piotr	355		M30	00:01:12	01:54:54	03:11:42	04:21:08	05:11:17
111	KARKUT Michał	162	FUN&RUN	M30	00:02:38	01:58:55	03:11:38	04:21:07	05:11:20
112	BOROWSKI Igor	431	MAKONDO TEAM	M30	00:01:13	01:57:29	03:10:24	04:16:52	05:12:06
113	MISZOGRAJ Tomasz	480		M30	00:03:01	02:00:33	03:11:24	04:20:55	05:12:53
114	ŻMUDZIEJEWSKI Jakub	587	WM TRISELF	M30	00:03:01	02:00:34	03:11:23	04:20:57	05:12:54
115	PARTYKA Michał	30		M30	00:03:01	02:00:34	03:11:25	04:20:57	05:12:55
116	BIEL Łukasz	376		M30	00:02:46	02:07:18	03:27:21	04:24:12	05:13:09
117	GWIŹDŹ Grzegorz	590		M30	00:01:10	01:52:54	03:11:20	04:21:08	05:14:32
118	DYSZKIEWICZ Tomasz	436	KUTNO BIEGA	M30	00:01:41	02:03:23	03:17:47	04:24:06	05:15:50
119	AMBICKI Miłosz	635	WKURW_TEAM	M30	00:02:31	02:04:22	03:21:07	04:25:54	05:16:41

Msc	Zawodnik	Numer	Klub	Kategoria	Start_2k 0.1km	Roztoki 18km	Split_Mateusz 26.5km	Split_Kamyk 34.2km	Split_Mateusz 40.7km
120	<b>RYCERSKI Rafał</b>	<b>678</b>		M30	00:01:36	02:04:29	03:20:56	04:28:03	05:17:32
121	<b>RYGLEWICZ Tomasz</b>	<b>427</b>	NIGHT RUNNERS	M30	00:01:57	02:02:46	03:15:44	04:23:39	05:18:11
122	<b>JANICKI Tomasz</b>	<b>222</b>	21DAPLOT	M30	00:02:31	02:06:34	03:19:22	04:25:03	05:18:15
123	<b>SADEJ Marcin</b>	<b>89</b>	STALOWE DZIKI	M30	00:01:39	01:59:51	03:12:42	04:25:02	05:18:17
124	<b>KOBYLIŃSKI Mariusz</b>	<b>79</b>	SST LUBCZA	M30	00:01:39	01:59:59	03:12:54	04:25:01	05:21:30
125	<b>SOBCZAK Henryk</b>	<b>523</b>	S.H.T I UKS GIMPEL NOWY TARG	M30	00:00:30	02:04:36	03:25:37	04:31:22	05:21:54
126	<b>MŁODZIK Dariusz</b>	<b>592</b>	HUSARIA RACE TEAM	M30	00:03:08	01:58:27	03:08:13	04:25:14	05:22:41
127	<b>POLAŃSKI Paweł</b>	<b>749</b>	#KASZANIENAMOKA	M30	00:03:07	02:12:23	03:27:54	04:31:32	05:25:16
128	<b>FLOREK Michał</b>	<b>735</b>	JW 6968	M30	00:02:42	02:20:47	03:35:09	04:35:28	05:26:44
129	<b>PIĄTEK Rafał</b>	<b>123</b>	BEFIT24TEAM	M30	00:02:36	02:01:27	03:17:30	04:27:02	05:26:46
130	<b>MYGA Michał</b>	<b>310</b>	HEARTLESS	M30	00:03:22	02:11:51	03:22:34	04:36:18	05:28:49
131	<b>CHLEBIŃSKI Maciej</b>	<b>615</b>	RZESZOWSKIE GAZELE I GEPARDY	M30	00:02:55	02:02:48	03:17:45	04:31:06	05:29:32
132	<b>WIŚNIEWSKI Dominik</b>	<b>647</b>		M30	00:01:19	01:59:25	03:15:13	04:30:47	05:30:43
133	<b>OLEKSAK Grzegorz</b>	<b>630</b>		M30	00:03:12	02:14:55	03:30:08	04:34:33	05:31:21
134	<b>BUKAŁA Tomasz</b>	<b>254</b>		M30	00:02:12	01:57:15	03:13:08	04:35:39	05:31:44
135	<b>MIERZYŃSKI Rafał</b>	<b>172</b>	BIEGING TEAM ZELÓW	M30	00:02:12	02:06:36	03:28:48	04:40:51	05:33:04
136	<b>CZUBA Michał</b>	<b>251</b>		M30	00:01:06	02:08:08	03:26:32	04:35:50	05:33:25
137	<b>BOCHENEK Michał</b>	<b>101</b>	INFINITY GYM	M30	00:01:48	02:07:12	03:28:20	04:35:50	05:34:09
138	<b>CIESZKO Marek</b>	<b>317</b>	KW WARSZAWA	M30	00:04:48	02:18:18	03:38:07	04:38:50	05:34:30
139	<b>KOWALCZYK Daniel</b>	<b>500</b>	EXTREME TRAUMA TEAM	M30	00:02:54	02:04:42	03:28:33	04:38:51	05:35:31
140	<b>ADAMCZEWSKI Jakub</b>	<b>231</b>	NIGHT RUNNERS / NBR TEAM	M30	00:02:52	02:09:22	03:28:20	04:41:11	05:35:58
141	<b>RUSINEK Witosław</b>	<b>696</b>	SHOOTIT	M30	00:02:25	02:05:18	03:28:01	04:35:43	05:36:24
142	<b>IRZYK Robert</b>	<b>676</b>		M30	00:01:58	02:05:32	03:26:34	04:36:27	05:36:34
143	<b>ZIAJA Adam</b>	<b>672</b>		M30	00:01:58		03:26:02	04:36:26	05:36:39
144	<b>MILEWICZ Marek</b>	<b>704</b>	KUCE Z BRONKSU	M30	00:02:52	02:10:39	03:32:11	04:46:26	05:38:33
144	<b>KWIATKOWSKI Kajetan</b>	<b>684</b>	KUCE Z BRONKSU	M30	00:02:51	02:10:39	03:32:12	04:46:26	05:38:35
146	<b>BEDNARCZYK Jakub</b>	<b>249</b>	MATE MOUNTAINS	M30	00:02:21	02:04:35	03:27:42	04:49:34	05:39:49
147	<b>STACH Dariusz</b>	<b>709</b>	KOSMOLÓW TEAM	M30	00:02:21	02:09:14	03:35:31	04:45:56	05:40:21
148	<b>LITWINEK Marek</b>	<b>209</b>	WKURW_TEAM	M30	00:02:47	02:10:37	03:31:43	04:48:28	05:42:48
149	<b>CHODOROWSKI Arkadiusz</b>	<b>519</b>	IPA PAŁAC MOSTOSKICH KOMENDA STOLECZNA POLICJI	M30	00:03:39	02:20:07	03:42:38	04:46:32	05:43:24
150	<b>KRÓL Michał</b>	<b>648</b>		M30	00:03:38	02:20:10	03:42:40	04:46:35	05:43:25
151	<b>PABIJAŃCZYK Damian</b>	<b>478</b>		M30	00:02:59	02:13:47	03:35:21	04:48:17	05:43:45
152	<b>STAŃCZYK Łukasz</b>	<b>532</b>	WKURW_TEAM	M30	00:03:19	02:10:09	03:37:22	04:49:34	05:44:52
153	<b>SŁOWIKOWSKI Dariusz</b>	<b>529</b>	WKURW_TEAM	M30	00:03:19	02:10:08	03:37:22	04:49:34	05:44:53
154	<b>SZADKOWSKI Paweł</b>	<b>26</b>	NIGHT RUNNERS GLIWICE	M30	00:03:11	02:09:33	03:33:59	04:47:42	05:45:42
155	<b>RADYK Jakub</b>	<b>410</b>	PRZEMYSKI KLUB BIEGACZA	M30	00:03:10	02:05:45	03:29:37	04:47:34	05:46:20
156	<b>SIKORA Tomasz</b>	<b>453</b>	RACE BROTHERS	M30	00:01:33	02:07:48	03:32:16	04:51:36	05:48:25
157	<b>SZCZYRBA Robert</b>	<b>631</b>	LECYMY DURŚ	M30	00:03:07	02:12:07	03:37:02	04:48:49	05:48:30
158	<b>ZAWADZKI Bartłomiej</b>	<b>643</b>		M30		02:12:09	03:37:04		05:48:30
159	<b>STEPANCZENKO Rafał</b>	<b>112</b>	BIAŁYSTOK BIEGA TEAM	M30	00:01:46	02:14:42	03:37:06	04:47:00	05:50:57
160	<b>ŁANIEWSKI Łukasz</b>	<b>509</b>	PSZCZÓŁKOWSKI TEAM	M30	00:02:06	02:11:58	03:40:54	04:46:17	05:51:19
161	<b>KRAWCZAK Kamil</b>	<b>120</b>	BIEGUSIEM.PL	M30	00:02:35	02:17:38	03:39:00	04:53:36	05:52:36
162	<b>ZIELIŃSKI Damian</b>	<b>378</b>	NOVA	M30	00:02:49	02:06:51	03:35:45	04:55:19	05:53:09
163	<b>KUREK Michał</b>	<b>507</b>		M30	00:01:45	02:12:34	03:37:19	04:52:10	05:53:20
164	<b>KRZYŻEWSKI Roger</b>	<b>61</b>		M30	00:03:30	02:18:16	03:41:38	04:50:44	05:57:09

Msc	Zawodnik	Numer	Klub	Kategoria	Start_2k 0.1km	Roztoki 18km	Split_Mateusz 26.5km	Split_Kamyk 34.2km	Split_Mateusz 40.7km
165	<b>SŁONIEWSKI Rafał</b>	<b>669</b>	RMF4RT OCR	M30	00:01:26	02:16:04	03:44:34	05:01:29	06:00:07
166	<b>JARZEMBOWSKI Tomasz</b>	<b>419</b>	WYBIEGANI TEAM	M30	00:01:14	02:30:37	03:57:13	05:00:18	06:00:30
167	<b>CYGAN Lukasz</b>	<b>202</b>	KLUB SPORTOWY HAJIME	M30	00:01:11	02:15:45	03:44:23	04:57:12	06:05:36
168	<b>WILECZEK Antoni</b>	<b>618</b>		M30	00:02:22	02:20:11	03:52:56	05:04:53	06:05:40
169	<b>PECIO Kamil</b>	<b>748</b>	PIASECZNO RUNNING	M30	00:02:22	02:25:46	03:53:21	05:10:04	06:08:36
170	<b>LEWANDOWSKI Paweł</b>	<b>538</b>	SANDOMINGOTEAM	M30	00:02:55	02:21:31	03:49:07	05:08:43	06:09:10
171	<b>ZABŁOTNY Karol</b>	<b>304</b>	TARCHOŚFIRY	M30	00:01:26	02:12:30	03:41:17	05:01:27	06:13:09
172	<b>GALIŃSKI Kamil</b>	<b>578</b>	ABY DO METY	M30	00:02:59	02:08:36	03:41:52	05:08:42	06:13:26
173	<b>CEBULA Paweł</b>	<b>418</b>	CREADIS	M30	00:01:33	02:19:45	03:53:24	05:11:47	06:14:22
174	<b>JANOTA Marcin</b>	<b>413</b>	CREADIS	M30	00:01:33	02:19:50	03:53:38	05:11:48	06:14:22
175	<b>BILSKI Piotr</b>	<b>561</b>	TĘCZA	M30	00:02:16	02:21:15	03:50:40	05:12:21	06:15:48
176	<b>BARWINEK Robert</b>	<b>503</b>	BIEGNĘ ŻEBY BARTEK MÓGŁ BIEGAĆ	M30	00:01:45	02:18:54	03:48:38	05:12:52	06:17:44
177	<b>DYSZKIEWICZ Grzegorz</b>	<b>390</b>	KUTNO BIEGA	M30	00:01:40	02:18:25	03:50:48	05:23:08	06:19:08
178	<b>SOLICH Patryk</b>	<b>35</b>	NIGHT RUNNERS GLIWICE	M30	00:03:16	02:29:00	03:53:26	05:21:35	06:19:18
179	<b>FREJ Marcin</b>	<b>90</b>	ZABIEGANI.TV	M30	00:01:21	02:37:20	04:05:09	05:17:28	06:23:43
180	<b>SUBIRATS Cristian</b>	<b>508</b>		M30	00:02:34	02:34:27	04:10:23	05:23:45	06:32:32
181	<b>POPIOŁEK Jacek</b>	<b>95</b>	BIEGYSIEM.PL/LOSTINSPORT	M30	00:03:04	02:33:39	04:03:15	05:21:39	06:33:33
182	<b>PAWŁOWSKI Piotr</b>	<b>491</b>	PRZEMYŚL BEARS	M30	00:02:29	02:26:40	03:53:50	05:31:23	06:34:05
183	<b>URBAŃCZYK Marcin</b>	<b>28</b>	PERSONALTRIATHLON/TRINERGY	M30	00:02:55	02:34:52	04:07:40	05:32:29	06:40:25
184	<b>CZYRNIA Andrzej</b>	<b>681</b>	RAJSPOORT ACTIVE (TURAWA)	M30	00:01:44	02:31:50	04:03:59	05:26:34	06:42:34
185	<b>STASZEL ŁATAS Tomasz</b>	<b>477</b>	HUSARIA RECE TEAM	M30	00:02:34	02:31:33	04:10:12	05:41:17	06:43:17
186	<b>OKARMA Wojtek</b>	<b>279</b>	WWW.VIRTUTIMILITARI.PL	M30	00:02:51	02:32:41	04:03:46	05:29:07	06:46:51
187	<b>MAZIEC Dariusz</b>	<b>188</b>	NKB CHYŻY NOWY TOMYŚL /WRESTLING CROSS GYM NOWY TOMYŚL	M30	00:03:16	02:53:12	04:23:32	05:41:14	06:55:03
188	<b>JANICKI Patryk</b>	<b>288</b>	PORANNY PATROL	M30	00:03:15	02:49:40	04:35:23	06:06:02	07:07:19
189	<b>ŁAKOMY Tomasz</b>	<b>45</b>	DACZA TURYSTY I BIEGACZA ZAKOPANE	M30	00:00:57	01:37:24	02:29:26	03:15:25	
190	<b>JANECKA Artur</b>	<b>239</b>	BIEGING TEAM ZELÓW	M30	00:02:07	01:37:01	02:29:05	03:15:20	
191	<b>DELEKTA Dariusz</b>	<b>235</b>	DELNOVA	M30	00:01:40	01:39:16	02:33:08	03:17:25	
192	<b>ŁUKASIK Michał</b>	<b>286</b>	VELOBIKE SKLEP I SERWIS	M30	00:00:47	01:37:17	02:30:38	03:16:34	
193	<b>FIGLEWICZ Piotr</b>	<b>572</b>		M30	00:03:26	01:45:35	02:40:48	03:20:26	
194	<b>POPIEL Andrzej</b>	<b>705</b>	POPSMART.PL	M30	00:00:33	01:31:26	02:23:04	03:16:43	
195	<b>MAJONEK Artur</b>	<b>714</b>	FITMAJON	M30	00:01:47	02:25:00	06:26:11		
196	<b>GAWRON Marcin</b>	<b>521</b>	ROOKS TEAM / IDEO ACTIVE TEAM	M30	00:00:47	01:36:51	02:28:43	03:17:46	
197	<b>GUZIK Łukasz</b>	<b>771</b>		M30	00:01:25	01:41:45	02:35:49	03:19:06	
	<b>DUDA Paweł</b>	<b>106</b>		M30	DNF	DNF	03:50:46 DNF	DNF	DNF
	<b>PACANOWSKI Łukasz</b>	<b>247</b>	PARA-NIE-DO-PARY	M30	00:02:17 DNF	02:25:14 DNF	DNF	DNF	DNF

Znaleziono 199 wynik(ów)