

# V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM

B4SPORT

**Event:** Zimowy Maraton Bieszczadzki 2019  
**Organiser:** Fundacja Bieg Rzeźnika  
**Date:** 2019-01-26  
**Place:** Cisna  
**Distance:** 44,6 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Classification: M60

Place	Participant	Number	Club	Category	MCat	Start_2k 0.1km	Roztoki 18km	Split_Mateusz 26.5km	Split_Kamyk 34.2km	Split_Mateusz 40.7km	Net time 44.6km	Czas brutto 44.6km	Gap	Pace min/km	Pace km/h
1	<b>TUCZAPSKI Artur</b>	<b>721</b>	COMBAT	M60	1	00:01:37	01:47:48	02:46:37	03:38:37	04:24:41	<b>04:51:29.90</b>	<b>04:51:29.90</b>		6:32	9.2 (100%)
2	<b>KLAMUT Ryszard</b>	<b>333</b>	JABŁONICA POLSKA	M60	2	00:00:54	01:49:29	02:47:09	03:39:18	04:26:32	<b>04:54:55.70</b>	<b>04:54:55.70</b>	+00:03:25 (1.2%)	6:36	9.1 (98.9%)
3	<b>ŚLIWIŃSKI Andrzej</b>	<b>421</b>		M60	3	00:01:04	01:55:00	02:55:43	03:47:44	04:31:42	<b>04:55:50.45</b>	<b>04:55:50.45</b>	+00:04:20 (1.5%)	6:37	9 (97.8%)
4	<b>JURCZAK Roman</b>	<b>200</b>		M60	4	00:00:31	01:46:02	02:47:12	03:45:47	04:31:45	<b>04:56:47.60</b>	<b>04:56:47.60</b>	+00:05:17 (1.8%)	6:39	9 (97.8%)
5	<b>TUROSZ Zbigniew</b>	<b>147</b>		M60	5	00:01:22	01:55:22	03:02:51	04:01:18	04:54:30	<b>05:26:40.40</b>	<b>05:26:40.40</b>	+00:35:10 (10.8%)	7:19	8.2 (89.1%)
6	<b>ADAMCZYK Jan</b>	<b>692</b>	GORLICKA GRUPA BIEGOWA	M60	6	00:02:00	01:55:06	03:01:56	04:03:46	04:57:23	<b>05:28:37.00</b>	<b>05:28:37.00</b>	+00:37:07 (11.3%)	7:22	8.1 (88.0%)
7	<b>KOZŁOWSKI Tomasz</b>	<b>197</b>	PIASECZNO RUNNING	M60	7	00:02:33	02:04:32	03:13:06	04:11:52	05:01:58	<b>05:31:12.25</b>	<b>05:31:12.25</b>	+00:39:42 (12.0%)	7:25	8.1 (88.0%)
8	<b>NOWAKOWSKI Wiesław</b>	<b>425</b>	-	M60	8	00:02:48	02:01:06	03:10:04	04:12:18	05:06:37	<b>05:38:20.70</b>	<b>05:38:20.70</b>	+00:46:50 (13.8%)	7:35	7.9 (85.9%)
9	<b>RÓŻYCKI Ryszard</b>	<b>772</b>		M60	9	00:02:35	02:06:32	03:15:36	04:22:15	05:15:37	<b>05:44:43.15</b>	<b>05:44:43.15</b>	+00:53:13 (15.4%)	7:43	7.8 (84.8%)
10	<b>MĄCZKA Bronisław</b>	<b>767</b>		M60	10	00:02:43	02:06:06	03:21:10	04:30:21	05:24:45	<b>05:56:17.65</b>	<b>05:56:17.65</b>	+01:04:47 (18.2%)	7:59	7.5 (81.5%)
11	<b>WÓJCIK Julian</b>	<b>233</b>	SZWLA STARGARD	M60	11	00:01:50	02:13:36	03:28:05	04:31:10	05:27:28	<b>05:57:28.30</b>	<b>05:57:28.30</b>	+01:05:58 (18.5%)	8:00	7.5 (81.5%)
12	<b>KUŁAKOWSKI Piotr</b>	<b>169</b>	CZŁAPACZE	M60	12	00:03:32	02:21:57	03:43:18	04:55:47	05:52:34	<b>06:25:02.95</b>	<b>06:25:02.95</b>	+01:33:33 (24.3%)	8:37	7 (76.1%)
13	<b>SIEDLACZEK Zbigniew</b>	<b>104</b>		M60	13	00:02:47	02:13:49	03:38:20	04:53:40	05:52:31	<b>06:28:45.25</b>	<b>06:28:45.25</b>	+01:37:15 (25.0%)	8:42	6.9 (75.0%)
14	<b>NAMIOTA Marek</b>	<b>73</b>		M60	14	00:00:59	02:14:15	03:41:09	05:01:59	06:01:12	<b>06:37:32.95</b>	<b>06:37:32.95</b>	+01:46:03 (26.7%)	8:54	6.7 (72.8%)
15	<b>MATYSEK Ireneusz</b>	<b>761</b>		M60	15	00:02:45	02:28:46	03:56:24	05:12:07	06:13:41	<b>06:51:45.50</b>	<b>06:51:45.50</b>	+02:00:15 (29.2%)	9:13	6.5 (70.7%)
16	<b>KRĘCISZ Zbigniew</b>	<b>139</b>	AMATOR	M60	16	00:01:20	02:24:16	03:55:18	05:19:58	06:24:44	<b>07:02:59.30</b>	<b>07:02:59.30</b>	+02:11:29 (31.1%)	9:29	6.3 (68.5%)

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17	<b>JABŁOŃSKI Kazimierz</b>	<b>657</b>		M60	17	00:02:11	02:36:27	04:02:43	05:23:09	06:35:11	<b>07:16:22.85</b>	<b>07:16:22.85</b>	+02:24:52 (33.2%)	9:47	6.1 (66.3%)
18	<b>SZEWIC Marian</b>	<b>240</b>		M60	18	00:01:27	02:31:09	03:56:28	05:22:12	06:33:18	<b>07:17:19.45</b>	<b>07:17:19.45</b>	+02:25:49 (33.3%)	9:48	6.1 (66.3%)
19	<b>GŁUSZCZAK Jerzy</b>	<b>194</b>		M60	19	00:04:18	02:32:19	04:08:20	05:35:41	06:48:46	<b>07:34:00.60</b>	<b>07:34:00.60</b>	+02:42:30 (35.8%)	10:10	5.9 (64.1%)

Total 19 results.