

# VI BIEG CENTAURA W BIAŁYM BORZE

B4SPORT

**Organizator:** Gmina Biały Bór  
**Data:** 2018-09-22  
**Miejsce:** Biały Bór  
**Dystans:** 10 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>SIÓDIAK Igor</b>	<b>81</b>	MKP SZCZECINEK	M16-29	1	<b>00:36:45.40</b>		3:40	16.3 (100%)
2	<b>WIRKUS Łukasz</b>	<b>92</b>		M30-44	1	<b>00:36:53.55</b>	+00:00:08 (0.4%)	3:41	16.3 (100%)
3	<b>WITKOWSKI Mateusz</b>	<b>80</b>	JW 1223	M16-29	2	<b>00:37:00.40</b>	+00:00:15 (0.7%)	3:42	16.2 (99.4%)
4	<b>HOFFMAN Aleksander</b>	<b>14</b>	PRECON POLSKA	M45-54	1	<b>00:37:40.85</b>	+00:00:55 (2.5%)	3:46	15.9 (97.5%)
5	<b>SZYMAŃSKI Sylwester</b>	<b>78</b>	ULKS BARWICE	M45-54	2	<b>00:38:16.45</b>	+00:01:31 (4.0%)	3:49	15.7 (96.3%)
6	<b>DZIUBA Piotr</b>	<b>77</b>	100 BATALION ŁĄCZNOŚCI	M30-44	2	<b>00:39:13.30</b>	+00:02:27 (6.3%)	3:55	15.3 (93.9%)
7	<b>GUZOWSKI Dariusz</b>	<b>11</b>	CARRY PETFOOD TRZEBIELINO/ TALEX BORZYTUCHOM	M45-54	3	<b>00:39:45.25</b>	+00:02:59 (7.5%)	3:58	15.1 (92.6%)
8	<b>PERLIK Tomasz</b>	<b>79</b>		M16-29	3	<b>00:40:01.00</b>	+00:03:15 (8.1%)	4:00	15 (92.0%)
9	<b>GUZOWSKI Denis</b>	<b>12</b>	DENIS GUZOWSKI PRAWIE JAK HERMES	M16-29	4	<b>00:40:04.60</b>	+00:03:19 (8.3%)	4:00	15 (92.0%)
10	<b>KOWALSKI Mirosław</b>	<b>23</b>	SZCZECINECKIE BRAC'TWO BIEGOWE	M45-54	4	<b>00:40:40.15</b>	+00:03:54 (9.6%)	4:04	14.8 (90.8%)
11	<b>GAWEŁ Ireneusz</b>	<b>9</b>		M30-44	3	<b>00:41:03.70</b>	+00:04:18 (10.5%)	4:06	14.6 (89.6%)
12	<b>WIRKUS Antonina</b>	<b>91</b>		K30-44	1	<b>00:41:22.95</b>	+00:04:37 (11.2%)	4:08	14.5 (89.0%)
13	<b>WOJTALIK Łukasz</b>	<b>60</b>		M30-44	4	<b>00:41:29.70</b>	+00:04:44 (11.4%)	4:08	14.5 (89.0%)
14	<b>WITKIEWICZ Eryk</b>	<b>59</b>		M30-44	5	<b>00:41:32.85</b>	+00:04:47 (11.5%)	4:09	14.4 (88.3%)
15	<b>WARDĘGA Mateusz</b>	<b>76</b>	ULKS BARWICE	M16-29	5	<b>00:42:23.90</b>	+00:05:38 (13.3%)	4:14	14.2 (87.1%)
16	<b>ŁĄCKA Barbara</b>	<b>107</b>	MKS CHOJNICE	K30-44	2	<b>00:42:34.50</b>	+00:05:49 (13.7%)	4:15	14.1 (86.5%)
17	<b>SZWAJCZEWSKI Bartłomiej</b>	<b>67</b>		M16-29	6	<b>00:43:24.45</b>	+00:06:39 (15.3%)	4:20	13.8 (84.7%)
18	<b>KUŚNIERZ Paweł</b>	<b>69</b>		M16-29	7	<b>00:43:29.75</b>	+00:06:44 (15.5%)	4:20	13.8 (84.7%)
19	<b>WITKIEWICZ Magdalena</b>	<b>85</b>		K30-44	3	<b>00:43:35.80</b>	+00:06:50 (15.7%)	4:21	13.8 (84.7%)
20	<b>KRUKOWSKI Adam</b>	<b>24</b>		M30-44	6	<b>00:43:45.15</b>	+00:06:59 (16.0%)	4:22	13.7 (84.0%)
21	<b>POCHRANOWICZ Aleksandra</b>	<b>70</b>	MKL SZCZECINEK	K16-29	1	<b>00:43:48.30</b>	+00:07:02 (16.1%)	4:22	13.7 (84.0%)
22	<b>OPIELA Paweł</b>	<b>62</b>	7 PRO/SIÓDIAK TRIATHLON TEAM	M16-29	8	<b>00:44:42.75</b>	+00:07:57 (17.8%)	4:28	13.4 (82.2%)
23	<b>KUŚNIERZ Mateusz</b>	<b>64</b>		M16-29	9	<b>00:44:56.90</b>	+00:08:11 (18.2%)	4:29	13.4 (82.2%)
24	<b>CIROCKI Mateusz</b>	<b>5</b>	KREATIVSPORT	M16-29	10	<b>00:45:02.15</b>	+00:08:16 (18.4%)	4:30	13.3 (81.6%)
25	<b>PICK Tomasz</b>	<b>40</b>	DEAF KOSZALIN	M45-54	5	<b>00:45:11.60</b>	+00:08:26 (18.7%)	4:31	13.3 (81.6%)
26	<b>JAKIMIEC Tadeusz</b>	<b>105</b>	HUSARIA RAC TIM	M45-54	6	<b>00:45:34.15</b>	+00:08:48 (19.3%)	4:33	13.2 (81.0%)
27	<b>WERNER Kamila</b>	<b>57</b>		K30-44	4	<b>00:45:44.00</b>	+00:08:58 (19.6%)	4:34	13.1 (80.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
28	<b>ROMANOWSKI Przemysław</b>	<b>46</b>	TEAMBIEGOWYSZCZECINEK	M30-44	7	<b>00:45:44.70</b>	+00:08:59 (19.6%)	4:34	13.1 (80.4%)
29	<b>DOMAŃSKI Andrzej</b>	<b>66</b>		M30-44	8	<b>00:47:06.45</b>	+00:10:21 (22.0%)	4:42	12.7 (77.9%)
30	<b>KONKEL Agnieszka</b>	<b>20</b>		K30-44	5	<b>00:47:46.70</b>	+00:11:01 (23.1%)	4:46	12.6 (77.3%)
31	<b>LEWANDOWSKI Bogdan</b>	<b>25</b>	MKL SZCZECINEK	M16-29	11	<b>00:47:50.80</b>	+00:11:05 (23.2%)	4:47	12.5 (76.7%)
32	<b>PSUJEK Seweryn</b>	<b>65</b>		M30-44	9	<b>00:48:00.40</b>	+00:11:15 (23.4%)	4:48	12.5 (76.7%)
33	<b>WYDRYCH Mateusz</b>	<b>98</b>	TRANSLIDER	M30-44	10	<b>00:48:11.00</b>	+00:11:25 (23.7%)	4:49	12.5 (76.7%)
34	<b>TACZALSKI Tomasz</b>	<b>55</b>	SKI-TEAM SZCZECIN	M45-54	7	<b>00:48:36.25</b>	+00:11:50 (24.4%)	4:51	12.3 (75.5%)
35	<b>RADOMSKI Heronim</b>	<b>44</b>	SOKÓŁ WYCZECHY	M55+	1	<b>00:48:36.40</b>	+00:11:51 (24.4%)	4:51	12.3 (75.5%)
36	<b>RUDNIK Jerzy</b>	<b>100</b>	FLORIAN	M55+	2	<b>00:49:08.70</b>	+00:12:23 (25.2%)	4:54	12.2 (74.8%)
37	<b>KOWALCZYK Seweryn</b>	<b>22</b>	TEAM BIEGOWY SZCZECINEK	M16-29	12	<b>00:49:20.20</b>	+00:12:34 (25.5%)	4:56	12.2 (74.8%)
38	<b>STACHOWIAK Ryszard</b>	<b>49</b>		M55+	3	<b>00:49:34.85</b>	+00:12:49 (25.9%)	4:57	12.1 (74.2%)
39	<b>MAKSELON Anna</b>	<b>99</b>		K30-44	6	<b>00:49:40.90</b>	+00:12:55 (26.0%)	4:58	12.1 (74.2%)
40	<b>WILKOWSKI Krzysztof</b>	<b>58</b>	ROZBIEGANY KOSZALIN	M30-44	11	<b>00:49:53.50</b>	+00:13:08 (26.3%)	4:59	12 (73.6%)
41	<b>PELA Dariusz</b>	<b>37</b>	TORUŃ MULTISPORT TEAM	M30-44	12	<b>00:49:55.90</b>	+00:13:10 (26.4%)	4:59	12 (73.6%)
42	<b>MAKSELON Maciej</b>	<b>101</b>		M30-44	13	<b>00:49:59.85</b>	+00:13:14 (26.5%)	4:59	12 (73.6%)
43	<b>KAŹMIERCZAK Cezary</b>	<b>17</b>	SKI-TEAM-SZCZECIN	M45-54	8	<b>00:50:16.40</b>	+00:13:31 (26.9%)	5:01	11.9 (73.0%)
44	<b>ROKUSZEWSKI Paweł</b>	<b>45</b>	JRG MIASTKO	M16-29	13	<b>00:50:19.00</b>	+00:13:33 (26.9%)	5:01	11.9 (73.0%)
45	<b>WARDEGA Angelika</b>	<b>75</b>	ULKS BARWICE	K16-29	2	<b>00:50:22.95</b>	+00:13:37 (27.0%)	5:02	11.9 (73.0%)
46	<b>PUŚCIAN Krzysztof</b>	<b>43</b>	SZKOŁA PODSTAWOWA W MANOWIE	M30-44	14	<b>00:50:32.70</b>	+00:13:47 (27.3%)	5:03	11.9 (73.0%)
47	<b>NIKIEL Adrian</b>	<b>33</b>		M16-29	14	<b>00:51:01.10</b>	+00:14:15 (28.0%)	5:06	11.8 (72.4%)
48	<b>HALSKI Waldemar</b>	<b>13</b>	SKI-TEAM-SZCZECIN	M45-54	9	<b>00:51:08.65</b>	+00:14:23 (28.1%)	5:06	11.7 (71.8%)
49	<b>POLGUJ Piotr Roman</b>	<b>41</b>	PARKRUN SZCZECINEK	M55+	4	<b>00:51:18.70</b>	+00:14:33 (28.4%)	5:07	11.7 (71.8%)
50	<b>KRUKOWSKA Magdalena</b>	<b>63</b>	DOJLIDY BIAŁYSTOK	K30-44	7	<b>00:51:23.55</b>	+00:14:38 (28.5%)	5:08	11.7 (71.8%)
51	<b>KUCHARSKI Przemysław</b>	<b>95</b>	TRANSLIDER	M30-44	15	<b>00:51:50.30</b>	+00:15:04 (29.1%)	5:11	11.6 (71.2%)
52	<b>DRAŻKOWSKI Tomasz</b>	<b>8</b>	MIEJSKI KLUB PŁYWACKI SZCZECINEK	M16-29	15	<b>00:53:02.45</b>	+00:16:17 (30.7%)	5:18	11.3 (69.3%)
53	<b>JANKOWSKI Mariusz</b>	<b>16</b>		M30-44	16	<b>00:53:21.35</b>	+00:16:35 (31.1%)	5:20	11.2 (68.7%)
54	<b>RUDNIK Tomasz</b>	<b>47</b>		M30-44	17	<b>00:53:39.60</b>	+00:16:54 (31.5%)	5:21	11.2 (68.7%)
55	<b>CYWIŃSKA Agnieszka</b>	<b>6</b>	MTS HAMER	K30-44	8	<b>00:53:56.00</b>	+00:17:10 (31.8%)	5:23	11.1 (68.1%)
56	<b>JURCZYŃSKI Łukasz</b>	<b>97</b>	TRANSLIDER	M16-29	16	<b>00:54:07.45</b>	+00:17:22 (32.1%)	5:24	11.1 (68.1%)
57	<b>NITA Wiesław</b>	<b>34</b>	VILLAGE PUNK RUN	M45-54	10	<b>00:54:39.25</b>	+00:17:53 (32.7%)	5:27	11 (67.5%)
58	<b>MAŁYSZEWICZ Andrzej</b>	<b>28</b>		M45-54	11	<b>00:56:17.20</b>	+00:19:31 (34.7%)	5:37	10.7 (65.6%)
59	<b>KUCHARSKA Ewa</b>	<b>96</b>		K30-44	9	<b>00:56:19.50</b>	+00:19:34 (34.7%)	5:37	10.7 (65.6%)
60	<b>ZWIRDOWSKI Andrzej</b>	<b>61</b>		M30-44	18	<b>00:56:24.65</b>	+00:19:39 (34.8%)	5:38	10.6 (65.0%)
61	<b>KONKEL Łukasz</b>	<b>21</b>		M30-44	19	<b>00:56:27.05</b>	+00:19:41 (34.9%)	5:38	10.6 (65.0%)
62	<b>RUSIELIK Robert</b>	<b>48</b>	AMICUS AR	M55+	5	<b>00:56:55.70</b>	+00:20:10 (35.4%)	5:41	10.5 (64.4%)
63	<b>KULESZYŃSKI Jacek</b>	<b>103</b>	PENTATHLON	M30-44	20	<b>00:57:20.00</b>	+00:20:34 (35.9%)	5:44	10.5 (64.4%)
64	<b>MĄDRZYK Magda</b>	<b>31</b>		K16-29	3	<b>00:57:33.90</b>	+00:20:48 (36.1%)	5:45	10.4 (63.8%)
65	<b>WAJDA Waldemar</b>	<b>56</b>	BORNE NIEGA	M30-44	21	<b>00:57:35.40</b>	+00:20:50 (36.2%)	5:45	10.4 (63.8%)
66	<b>SZYSZKOWSKI Tomasz</b>	<b>54</b>		M30-44	22	<b>00:57:40.50</b>	+00:20:55 (36.3%)	5:46	10.4 (63.8%)
67	<b>ROKITA Emilia</b>	<b>87</b>		K16-29	4	<b>00:57:50.35</b>	+00:21:04 (36.5%)	5:47	10.4 (63.8%)
68	<b>PELA Oliwia</b>	<b>38</b>	MLK TORUŃ	K16-29	5	<b>00:57:54.65</b>	+00:21:09 (36.5%)	5:47	10.4 (63.8%)
69	<b>BAŃKA Marcin</b>	<b>1</b>		M30-44	23	<b>00:58:04.25</b>	+00:21:18 (36.7%)	5:48	10.3 (63.2%)
70	<b>STERCZEWSKA Agata</b>	<b>51</b>		K30-44	10	<b>00:59:12.30</b>	+00:22:26 (37.9%)	5:55	10.1 (62.0%)
71	<b>ORLIKOWSKI Robert</b>	<b>36</b>	POŁCZYN	M30-44	24	<b>00:59:30.15</b>	+00:22:44 (38.2%)	5:57	10.1 (62.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
72	<b>PIASZCZYŃSKA Magdalena</b>	<b>39</b>		K30-44	11	<b>00:59:47.35</b>	+00:23:01 (38.5%)	5:58	10 (61.3%)
73	<b>NITA Katarzyna</b>	<b>35</b>	VILLAGE PUNK RUN	K45+	1	<b>01:00:01.25</b>	+00:23:15 (38.8%)	6:00	10 (61.3%)
74	<b>PRZEDNÓWEK Mariola</b>	<b>42</b>		K16-29	6	<b>01:00:09.65</b>	+00:23:24 (38.9%)	6:00	10 (61.3%)
75	<b>SUPROŃ Izabela</b>	<b>52</b>	BIAŁY BÓR	K30-44	12	<b>01:00:17.75</b>	+00:23:32 (39.0%)	6:01	10 (61.3%)
76	<b>CHYBIŃSKA Agnieszka</b>	<b>4</b>		K30-44	13	<b>01:02:25.10</b>	+00:25:39 (41.1%)	6:14	9.6 (58.9%)
77	<b>SAŁAPATA Andrzej</b>	<b>102</b>		M30-44	25	<b>01:02:49.80</b>	+00:26:04 (41.5%)	6:16	9.6 (58.9%)
78	<b>SZYMAŃSKI Marcin</b>	<b>90</b>		M30-44	26	<b>01:02:59.50</b>	+00:26:14 (41.6%)	6:17	9.5 (58.3%)
79	<b>KAŹMIERCZAK Piotr</b>	<b>18</b>	SKI-TEAM SZCZECIN	M45-54	12	<b>01:03:42.40</b>	+00:26:57 (42.3%)	6:22	9.4 (57.7%)
80	<b>DEPTUŁA-BILL Bożena</b>	<b>7</b>	BORNE BIEGA	K30-44	14	<b>01:06:28.80</b>	+00:29:43 (44.7%)	6:38	9 (55.2%)
81	<b>BILL Łukasz</b>	<b>3</b>	BORNE BIEGA	M30-44	27	<b>01:06:28.95</b>	+00:29:43 (44.7%)	6:38	9 (55.2%)
82	<b>MAŁYSZEWICZ Teresa</b>	<b>27</b>		K45+	2	<b>01:06:41.30</b>	+00:29:55 (44.9%)	6:40	9 (55.2%)
83	<b>RUDNICKA Mariola</b>	<b>89</b>		K30-44	15	<b>01:07:33.45</b>	+00:30:48 (45.6%)	6:45	8.9 (54.6%)
84	<b>KLATT Arnold</b>	<b>19</b>	SKI-TEAM-SZCZECIN	M45-54	13	<b>01:10:50.85</b>	+00:34:05 (48.1%)	7:05	8.5 (52.1%)
85	<b>KORCZAK Robert</b>	<b>73</b>	AMICUS AR	M55+	6	<b>01:15:03.50</b>	+00:38:18 (51.0%)	7:30	8 (49.1%)
86	<b>MAŁYSZEWICZ Tomasz</b>	<b>29</b>	#TEAMDKMS	M16-29	17	<b>01:15:21.45</b>	+00:38:36 (51.2%)	7:32	8 (49.1%)
87	<b>STAŚ Adrianna</b>	<b>50</b>		K16-29	7	<b>01:17:06.45</b>	+00:40:21 (52.3%)	7:42	7.8 (47.9%)
88	<b>KORYBSKA Aleksandra</b>	<b>71</b>		K45+	3	<b>01:31:01.50</b>	+00:54:16 (59.6%)	9:06	6.6 (40.5%)
89	<b>ŻUCHLIŃSKI Bogdan</b>	<b>83</b>		M30-44	28	<b>01:33:55.80</b>	+00:57:10 (60.9%)	9:23	6.4 (39.3%)
90	<b>KAŁUŻA Iwona</b>	<b>86</b>		K45+	4	<b>01:34:40.80</b>	+00:57:55 (61.2%)	9:28	6.3 (38.7%)
91	<b>SMULCZAK Zenobia</b>	<b>72</b>		K45+	5	<b>01:38:06.70</b>	+01:01:21 (62.5%)	9:48	6.1 (37.4%)
92	<b>SZKOŁUDA Marzena</b>	<b>82</b>		K45+	6	<b>01:39:50.55</b>	+01:03:05 (63.2%)	9:59	6 (36.8%)
93	<b>ŻUCHLIŃSKA Magdalena</b>	<b>84</b>		K30-44	16	<b>01:39:50.60</b>	+01:03:05 (63.2%)	9:59	6 (36.8%)
94	<b>RAJMERT Magdalena</b>	<b>68</b>		K30-44	17	<b>01:43:03.45</b>	+01:06:18 (64.3%)	10:18	5.8 (35.6%)
95	<b>DOBRZAŃSKA Anna</b>	<b>108</b>	NORDIC WALKING NA RECEPTĘ	K30-44	18	<b>01:43:03.75</b>	+01:06:18 (64.3%)	10:18	5.8 (35.6%)
96	<b>KRUKOWSKA Anna</b>	<b>74</b>		K45+	7	<b>01:43:04.55</b>	+01:06:19 (64.3%)	10:18	5.8 (35.6%)
97	<b>WALAWKO Eugenia</b>	<b>104</b>		K45+	8	<b>01:48:52.45</b>	+01:12:07 (66.2%)	10:53	5.5 (33.7%)
98	<b>MAJEWSKA Ewa</b>	<b>106</b>		K45+		<b>01:53:38.00</b>	+01:16:52 (67.7%)	11:21	5.3 (32.5%)
99	<b>PANKAU Karolina</b>	<b>93</b>		K16-29		<b>01:59:58.35</b>	+01:23:12 (69.4%)	11:59	5 (30.7%)
100	<b>CZEBOTAR Irena</b>	<b>94</b>		K45+		<b>02:00:00.20</b>	+01:23:14 (69.4%)	12:00	5 (30.7%)
101	<b>PIASZCZYŃSKI Maciej</b>	<b>88</b>		M30-44		<b>02:00:01.50</b>	+01:23:16 (69.4%)	12:00	5 (30.7%)

Znaleziono 101 wynik(ów)