



VI BIEG ŁĄDUJ NA OSOWEJ

B4SPORT

Organizator: Stowarzyszenie Klub Sportowy Olimpia Osowa
Data: 2019-09-22
Miejsce: Gdańsk
Dystans: 10 km



Klasyfikacja: M-30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	KLONOWSKI Marcin	49	LKS ZANTYR SZTUM	M-30	1	00:36:39.01		3:39	16.4 (100%)
2	MAKOWSKI Paweł	76	BIKE U UP, AWET PLUS	M-30	2	00:38:07.07	+00:01:28 (3.9%)	3:48	15.7 (95.7%)
3	MAZUREK Michał	79		M-30	3	00:39:20.02	+00:02:41 (6.8%)	3:56	15.3 (93.3%)
4	PIKUL Grzegorz	96	O-SOWA BIEGA	M-30	4	00:39:59.00	+00:03:19 (8.3%)	3:59	15 (91.5%)
5	MUZA Marcin	87	MGS LAW RUN TEAM / OIRP GDAŃSK	M-30	5	00:40:17.76	+00:03:38 (9.0%)	4:01	14.9 (90.9%)
6	WALDOWSKI Roman	131		M-30	6	00:41:46.26	+00:05:07 (12.3%)	4:10	14.4 (87.8%)
7	MIKLUKHIN Denis	153	VERTIKAL	M-30	7	00:42:04.59	+00:05:25 (12.9%)	4:12	14.3 (87.2%)
8	WERNER Irek	135	OSOWA BIEGA	M-30	8	00:42:21.82	+00:05:42 (13.5%)	4:14	14.2 (86.6%)
9	JACHIMOWICZ Bartosz	39		M-30	9	00:43:01.13	+00:06:22 (14.8%)	4:18	13.9 (84.8%)
10	LIDZBARSKI Marcin	68	W LIDZBARSKICH SIŁA	M-30	10	00:43:01.61	+00:06:22 (14.8%)	4:18	13.9 (84.8%)
11	MARCHEWKA Emil	77	LKS ZANTYR SZTUM	M-30	11	00:44:28.65	+00:07:49 (17.6%)	4:26	13.5 (82.3%)
12	GARSZTKA Mateusz	28		M-30	12	00:45:45.39	+00:09:06 (19.9%)	4:34	13.1 (79.9%)
13	HERZBERG Przemysław	36		M-30	13	00:45:55.13	+00:09:16 (20.2%)	4:35	13.1 (79.9%)
14	GRZESIK Wojciech	35		M-30	14	00:46:21.58	+00:09:42 (20.9%)	4:38	12.9 (78.7%)
15	CHRUSTOWSKI Krzysztof	16		M-30	15	00:46:51.33	+00:10:12 (21.8%)	4:41	12.8 (78.0%)
16	WYSOCKI Dariusz	140	7 POMORSKA BRYGADA OBRONY TERYTORIALNEJ	M-30	16	00:47:37.67	+00:10:58 (23.0%)	4:45	12.6 (76.8%)
17	ZAJĄC Piotr	142	PARKRUN /RUMIA	M-30	17	00:49:03.21	+00:12:24 (25.3%)	4:54	12.2 (74.4%)
18	MICHALAK Konrad	81	GRACJA&ALICJA 3MIASTO	M-30	18	00:49:09.27	+00:12:30 (25.4%)	4:54	12.2 (74.4%)
19	SZUBARTOWICZ Marek	120		M-30	19	00:49:30.24	+00:12:51 (26.0%)	4:57	12.1 (73.8%)
20	KOSAŁKA Łukasz	52	OSOWA BIEGA	M-30	20	00:49:44.89	+00:13:05 (26.3%)	4:58	12.1 (73.8%)
21	WAŚKIEWICZ Łukasz	167		M-30	21	00:49:57.85	+00:13:18 (26.6%)	4:59	12 (73.2%)
22	SZUFARSKI Przemysław	156	SZUFARY	M-30	22	00:50:10.65	+00:13:31 (27.0%)	5:01	12 (73.2%)
23	KNITTER Bartosz	50		M-30	23	00:50:13.27	+00:13:34 (27.0%)	5:01	11.9 (72.6%)
24	LATOSIŃSKI Jacek	66	O-SOWA BIEGA	M-30	24	00:50:14.65	+00:13:35 (27.1%)	5:01	11.9 (72.6%)
25	PIERZGALSKI Tomasz	95	OSOWA BIEGA	M-30	25	00:50:57.14	+00:14:18 (28.1%)	5:05	11.8 (72.0%)
26	MYŚLIWIEC Kamil	88		M-30	26	00:51:26.05	+00:14:47 (28.7%)	5:08	11.7 (71.3%)
27	PODJASKI Andrzej	99		M-30	27	00:51:34.52	+00:14:55 (28.9%)	5:09	11.6 (70.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
28	WAŻNY Karol	134	RADA MIASTA GDAŃSKA	M-30	28	00:51:36.18	+00:14:57 (29.0%)	5:09	11.6 (70.7%)
29	HIPNER Marcin	38	SPOT PSZCZYNA	M-30	29	00:51:36.41	+00:14:57 (29.0%)	5:09	11.6 (70.7%)
30	SZAMOCKI Kacper	117		M-30	30	00:52:02.23	+00:15:23 (29.6%)	5:12	11.5 (70.1%)
31	ZABOROWSKI Mariusz	141		M-30	31	00:52:53.80	+00:16:14 (30.7%)	5:17	11.3 (68.9%)
32	KIRYLUK Bartłomiej	47		M-30	32	00:53:18.31	+00:16:39 (31.2%)	5:19	11.3 (68.9%)
33	GRAD Rafał	33		M-30	33	00:53:31.89	+00:16:52 (31.5%)	5:21	11.2 (68.3%)
34	OLESZCZUK Paweł	90		M-30	34	00:53:39.67	+00:17:00 (31.7%)	5:22	11.2 (68.3%)
35	GOSTOMCZYK Dariusz	31		M-30	35	00:53:48.61	+00:17:09 (31.9%)	5:22	11.2 (68.3%)
36	CZECHOLIŃSKI Michał	19		M-30	36	00:54:28.09	+00:17:49 (32.7%)	5:26	11 (67.1%)
37	LESZKOWICZ Krzysztof	67	PBC BUDOWNICTWO	M-30	37	00:56:27.92	+00:19:48 (35.1%)	5:38	10.6 (64.6%)
38	KURZAWSKI Andrzej	63		M-30	38	00:56:45.83	+00:20:06 (35.4%)	5:40	10.6 (64.6%)
39	CZERWIŃSKI Michał	20		M-30	39	00:57:35.95	+00:20:56 (36.4%)	5:45	10.4 (63.4%)
40	KRYGIER Łukasz	58		M-30	40	01:00:05.12	+00:23:26 (39.0%)	6:00	10 (61.0%)
41	SZATYBĘŁKO Karol	118		M-30	41	01:00:44.54	+00:24:05 (39.7%)	6:04	9.9 (60.4%)
42	TARKOWSKI Dawid	165	CROSSELITE	M-30	42	01:08:03.86	+00:31:24 (46.2%)	6:48	8.8 (53.7%)
43	PRELIŃSKI Wojciech	102		M-30	43	01:13:47.89	+00:37:08 (50.3%)	7:22	8.1 (49.4%)

Znaleziono 43 wynik(ów)