

# VI BIEG NA MOUNT EVEREST 8850M - PIĘKNO NATURY

B4SPORT

**Organizator:** Klub Biegacza „GOCH ” Bytów  
**Data:** 2017-04-23  
**Miejsce:** Bytów  
**Dystans:** 8.85 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 8.85km	Czas brutto 8.85km	Różn	Tempo min/km	Tempo km/h
1	<b>MOTOCZYŃSKI Wojciech</b>	<b>99</b>	TKKF KOLEJARZ BYDGOSZCZ	M30	1	00:00:03	<b>00:35:05.00</b>	<b>00:35:08.45</b>		3:57	15.1 (100%)
2	<b>ZIEMAN Michał</b>	<b>175</b>	KB „GOCH ” BYTÓW	M25	1	00:00:03	<b>00:35:09.70</b>	<b>00:35:13.50</b>	+00:00:04 (0.2%)	3:58	15.1 (100%)
3	<b>KAMIENIECKI Rafał</b>	<b>64</b>	TUPOT-USTKA	M35	1	00:00:04	<b>00:35:39.65</b>	<b>00:35:43.85</b>	+00:00:34 (1.6%)	4:01	14.9 (98.7%)
4	<b>GARSKI Kryspin</b>	<b>34</b>	ŚWIAT PŁYTEK/SEXYRUNNERS	M40	1	00:00:05	<b>00:35:52.65</b>	<b>00:35:58.45</b>	+00:00:47 (2.2%)	4:03	14.8 (98.0%)
5	<b>ZIELIŃSKI Bartosz</b>	<b>174</b>	ECOFORLIFE24	M25	2	00:00:04	<b>00:36:16.30</b>	<b>00:36:20.50</b>	+00:01:11 (3.3%)	4:05	14.6 (96.7%)
6	<b>GOSTKOWSKI Łukasz</b>	<b>40</b>	KB „GOCH ” BYTÓW	M30	2	00:00:04	<b>00:36:28.30</b>	<b>00:36:32.80</b>	+00:01:23 (3.8%)	4:07	14.6 (96.7%)
7	<b>JAKUBEK Patryk</b>	<b>51</b>	ULKS TALEX BORZYTUCHOM	M18	1	00:00:03	<b>00:36:52.75</b>	<b>00:36:56.30</b>	+00:01:47 (4.9%)	4:10	14.4 (95.4%)
8	<b>JANISZEWSKI Marek</b>	<b>53</b>		M35	2	00:00:06	<b>00:37:02.30</b>	<b>00:37:08.80</b>	+00:01:57 (5.3%)	4:11	14.3 (94.7%)
9	<b>WENDT Patryk</b>	<b>163</b>	WENCIK TEAM	M30	3	00:00:05	<b>00:37:30.85</b>	<b>00:37:36.75</b>	+00:02:25 (6.5%)	4:14	14.2 (94.0%)
10	<b>STOLTMAN Marcin</b>	<b>144</b>	ŚCIGAŁ TEAM	M25	3	00:00:04	<b>00:38:03.10</b>	<b>00:38:07.25</b>	+00:02:58 (7.8%)	4:17	14 (92.7%)
11	<b>MILACHOWSKI Sebastian</b>	<b>98</b>		M30	4	00:00:04	<b>00:38:14.95</b>	<b>00:38:19.70</b>	+00:03:09 (8.3%)	4:19	13.9 (92.1%)
12	<b>GLAZIK Dariusz</b>	<b>36</b>	ŚCIGAŁ TEAM	M40	2	00:00:01	<b>00:38:23.05</b>	<b>00:38:24.70</b>	+00:03:18 (8.6%)	4:20	13.8 (91.4%)
13	<b>BONISŁAWSKI Jarosław</b>	<b>6</b>	WWW.FADOMODA.PLTEAM	M35	3	00:00:11	<b>00:38:58.85</b>	<b>00:39:10.55</b>	+00:03:53 (10.0%)	4:24	13.6 (90.1%)
14	<b>GRACHEL Darek</b>	<b>44</b>	BIEGOHOLIZM - BLOG	M25	4	00:00:06	<b>00:39:07.85</b>	<b>00:39:13.85</b>	+00:04:02 (10.3%)	4:25	13.6 (90.1%)
15	<b>STENCEL Arkadiusz</b>	<b>143</b>		M25	5	00:00:04	<b>00:39:10.15</b>	<b>00:39:15.05</b>	+00:04:05 (10.4%)	4:25	13.6 (90.1%)
16	<b>KOBUS Tomasz</b>	<b>74</b>		M35	4	00:00:06	<b>00:39:51.05</b>	<b>00:39:57.90</b>	+00:04:46 (12.0%)	4:30	13.3 (88.1%)
17	<b>WESOŁOWSKI Zbigniew</b>	<b>164</b>	STWARZYSZENIE AKTYWNI KOCIEWIACY	M50	1	00:00:06	<b>00:40:11.95</b>	<b>00:40:18.35</b>	+00:05:06 (12.7%)	4:32	13.2 (87.4%)
18	<b>BURNICKI Rafał</b>	<b>11</b>		M45	1	00:00:00	<b>00:40:13.00</b>	<b>00:40:13.00</b>	+00:05:08 (12.8%)	4:32	13.2 (87.4%)
19	<b>GRABOWSKI Andrzej</b>	<b>43</b>	ŚWIAT PŁYTEK U KRYPINA	M40	3	00:00:06	<b>00:40:35.25</b>	<b>00:40:41.80</b>	+00:05:30 (13.6%)	4:35	13.1 (86.8%)
20	<b>ANDRYSKOWSKI Zdzisław</b>	<b>1</b>	KOLARZ-POL	M45	2	00:00:06	<b>00:40:42.35</b>	<b>00:40:49.05</b>	+00:05:37 (13.8%)	4:36	13 (86.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 8.85km	brutto 8.85km			
21	<b>CHAŁUPA Daniel</b>	<b>14</b>	KB „GOCH " BYTÓW	M18	2	00:00:04	<b>00:40:55.75</b>	<b>00:41:00.30</b>	+00:05:50 (14.3%)	4:37	13 (86.1%)
22	<b>KASPERSKI Dariusz</b>	<b>66</b>		M45	3	00:00:06	<b>00:40:57.50</b>	<b>00:41:04.30</b>	+00:05:52 (14.3%)	4:37	13 (86.1%)
23	<b>OLESZEK Jerzy</b>	<b>111</b>	SZKOŁA PODOFICERSKA MW	M45	4	00:00:05	<b>00:41:09.55</b>	<b>00:41:14.70</b>	+00:06:04 (14.8%)	4:38	12.9 (85.4%)
24	<b>CZERWIONKA Dariusz</b>	<b>21</b>		M35	5	00:00:06	<b>00:41:12.05</b>	<b>00:41:18.15</b>	+00:06:07 (14.8%)	4:39	12.9 (85.4%)
25	<b>JAŹDŹEWSKI Sebastian</b>	<b>59</b>	KB „GOCH " BYTÓW	M35	6	00:00:04	<b>00:41:14.40</b>	<b>00:41:18.80</b>	+00:06:09 (14.9%)	4:39	12.9 (85.4%)
26	<b>KOBIEROWSKI Sławomir</b>	<b>72</b>	KB „GOCH " BYTÓW	M35	7	00:00:13	<b>00:41:19.40</b>	<b>00:41:32.85</b>	+00:06:14 (15.1%)	4:40	12.9 (85.4%)
27	<b>TOKARSKI Krzysztof</b>	<b>157</b>		M55	1	00:00:06	<b>00:41:32.35</b>	<b>00:41:38.45</b>	+00:06:27 (15.5%)	4:41	12.8 (84.8%)
28	<b>KONKEL Agnieszka</b>	<b>77</b>		K30	1	00:00:06	<b>00:41:37.05</b>	<b>00:41:43.05</b>	+00:06:32 (15.7%)	4:42	12.8 (84.8%)
29	<b>JANKOWSKI Sławomir</b>	<b>54</b>	ŚWIAT PŁYTEK U KRYPINA	M18	3	00:00:09	<b>00:41:59.20</b>	<b>00:42:08.50</b>	+00:06:54 (16.4%)	4:44	12.6 (83.4%)
30	<b>MANIKOWSKI Przemysław</b>	<b>70</b>	DRUTEX	M35	8	00:00:04	<b>00:42:08.60</b>	<b>00:42:13.00</b>	+00:07:03 (16.8%)	4:45	12.6 (83.4%)
31	<b>DĘGA Ryszard</b>	<b>22</b>	TUPOT-USTKA	M60	1	00:00:05	<b>00:42:15.40</b>	<b>00:42:20.40</b>	+00:07:10 (17.0%)	4:46	12.6 (83.4%)
32	<b>BROVCHENKO Jurii</b>	<b>8</b>	ŚWIAT PŁYTEK U KRYPINA	M25	6	00:00:07	<b>00:42:23.65</b>	<b>00:42:31.15</b>	+00:07:18 (17.2%)	4:47	12.5 (82.8%)
33	<b>REGLIŃSKA Joanna</b>	<b>128</b>	KB „GOCH " BYTÓW	K25	1	00:00:05	<b>00:42:24.20</b>	<b>00:42:29.50</b>	+00:07:19 (17.3%)	4:47	12.5 (82.8%)
34	<b>RUDŹKO Wojciech</b>	<b>135</b>	1968.	M45	5	00:00:06	<b>00:42:42.05</b>	<b>00:42:48.30</b>	+00:07:37 (17.8%)	4:49	12.4 (82.1%)
35	<b>KARPIŃSKI Marcin</b>	<b>65</b>	CARPE DIEM TEAM	M35	9	00:00:04	<b>00:42:48.95</b>	<b>00:42:53.35</b>	+00:07:43 (18.1%)	4:50	12.4 (82.1%)
36	<b>KORAB Szymon</b>	<b>79</b>	KORZYBSKIE REKINY	M30	5	00:00:09	<b>00:43:10.25</b>	<b>00:43:19.85</b>	+00:08:05 (18.7%)	4:52	12.3 (81.5%)
37	<b>GORCZYCA Grzegorz</b>	<b>39</b>		M40	4	00:00:05	<b>00:43:13.85</b>	<b>00:43:19.35</b>	+00:08:08 (18.8%)	4:53	12.3 (81.5%)
38	<b>JASZEWSKI Tomasz</b>	<b>57</b>	KB „GOCH " BYTÓW	M35	10	00:00:05	<b>00:43:15.95</b>	<b>00:43:21.00</b>	+00:08:10 (18.9%)	4:53	12.3 (81.5%)
39	<b>KLEINSZMIDT Ryszard</b>	<b>71</b>		M50	2	00:00:06	<b>00:43:29.90</b>	<b>00:43:36.50</b>	+00:08:24 (19.3%)	4:54	12.2 (80.8%)
40	<b>PYREK Krzysztof</b>	<b>124</b>	1 RBLOG	M35	11	00:00:05	<b>00:43:40.15</b>	<b>00:43:46.05</b>	+00:08:35 (19.7%)	4:56	12.2 (80.8%)
41	<b>ZIÓŁKOWSKI Wojciech</b>	<b>176</b>	KB „GOCH " BYTÓW	M40	5	00:00:05	<b>00:43:40.30</b>	<b>00:43:45.35</b>	+00:08:35 (19.7%)	4:56	12.2 (80.8%)
42	<b>STRZELECKI Zbigniew</b>	<b>147</b>	KORZYBSKIE REKINY	M60	2	00:00:09	<b>00:43:45.60</b>	<b>00:43:55.20</b>	+00:08:40 (19.8%)	4:56	12.1 (80.1%)
43	<b>MATUSZYŃSKI Mirosław</b>	<b>92</b>	KB „GOCH " BYTÓW	M40	6	00:00:10	<b>00:43:45.95</b>	<b>00:43:56.20</b>	+00:08:40 (19.8%)	4:56	12.1 (80.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 8.85km	Czas brutto 8.85km	Różn	Tempo min/km	Tempo km/h
44	<b>JANTA-LIPIŃSKA Justyna</b>	<b>56</b>	ŚCIGAŁ TEAM	K30	2	00:00:11	<b>00:43:50.80</b>	<b>00:44:01.95</b>	+00:08:45 (20.0%)	4:57	12.1 (80.1%)
45	<b>JANKOWSKI Grzegorz</b>	<b>55</b>	ŚWIAT PŁYTEK U KRYSPIŃ	M40	7	00:00:06	<b>00:43:54.15</b>	<b>00:44:00.50</b>	+00:08:49 (20.1%)	4:57	12.1 (80.1%)
46	<b>GONTARZ Rafał</b>	<b>38</b>	POZYTYWNA ENDORFINA	M40	8	00:00:07	<b>00:43:56.10</b>	<b>00:44:03.15</b>	+00:08:51 (20.1%)	4:57	12.1 (80.1%)
47	<b>KRYSTIAN Węsierski</b>	<b>82</b>	DRUTEX	M30	6	00:00:10	<b>00:43:58.60</b>	<b>00:44:08.70</b>	+00:08:53 (20.2%)	4:58	12.1 (80.1%)
48	<b>HOPPE Wiesław</b>	<b>210</b>		M30	7	00:00:07	<b>00:44:07.75</b>	<b>00:44:15.40</b>	+00:09:02 (20.5%)	4:59	12 (79.5%)
49	<b>HEJMOWSKI Sylwester</b>	<b>47</b>	MAMY TO!	M40	9	00:00:06	<b>00:44:12.25</b>	<b>00:44:19.20</b>	+00:09:07 (20.6%)	4:59	12 (79.5%)
50	<b>KAMELSKI Piotr</b>	<b>63</b>		M40	10	00:00:14	<b>00:44:17.95</b>	<b>00:44:32.20</b>	+00:09:12 (20.8%)	5:00	12 (79.5%)
51	<b>GRALAK Jacek</b>	<b>45</b>		M40	11	00:00:08	<b>00:44:28.15</b>	<b>00:44:36.80</b>	+00:09:23 (21.1%)	5:01	11.9 (78.8%)
52	<b>ROCHOWSKI Piotr</b>	<b>130</b>	STALOWOWOLSKI KLUB BIEGACZA	M55	2	00:00:04	<b>00:44:36.95</b>	<b>00:44:41.15</b>	+00:09:31 (21.4%)	5:02	11.9 (78.8%)
53	<b>HOPPE Leszek</b>	<b>48</b>		M30	8	00:00:07	<b>00:44:37.95</b>	<b>00:44:45.10</b>	+00:09:32 (21.4%)	5:02	11.9 (78.8%)
54	<b>TOCHA Zbigniew</b>	<b>156</b>	AKTYWNIKOCIEWIACY	M60	3	00:00:16	<b>00:44:49.30</b>	<b>00:45:05.50</b>	+00:09:44 (21.7%)	5:03	11.8 (78.1%)
55	<b>NADOLSKI Tomasz</b>	<b>107</b>	DRUŻYNA OLBRZYMA	M40	12	00:00:13	<b>00:44:50.70</b>	<b>00:45:04.05</b>	+00:09:45 (21.8%)	5:04	11.8 (78.1%)
56	<b>JĘDRASZKO Magda</b>	<b>61</b>	MTS HAMER MIASTKO	K30	3	00:00:07	<b>00:45:11.90</b>	<b>00:45:19.85</b>	+00:10:06 (22.4%)	5:06	11.7 (77.5%)
57	<b>MUERAU-NOWICKA Hanna</b>	<b>102</b>	KB „GOCH " BYTÓW	K50	1	00:00:05	<b>00:45:41.40</b>	<b>00:45:47.05</b>	+00:10:36 (23.2%)	5:09	11.6 (76.8%)
58	<b>SŁAWSKI Krzysztof</b>	<b>139</b>		M45	6	00:00:05	<b>00:45:42.20</b>	<b>00:45:47.80</b>	+00:10:37 (23.2%)	5:09	11.6 (76.8%)
59	<b>KOŻYCZKOWSKA Emilia</b>	<b>81</b>		K30	4	00:00:12	<b>00:45:46.95</b>	<b>00:45:59.65</b>	+00:10:41 (23.4%)	5:10	11.6 (76.8%)
60	<b>STEFANIAK Piotr</b>	<b>142</b>	ŁEBA MORS POLAND	M55	3	00:00:09	<b>00:45:55.75</b>	<b>00:46:05.65</b>	+00:10:50 (23.6%)	5:11	11.6 (76.8%)
61	<b>GAJEK Artur</b>	<b>32</b>	KORZYBSKIE REKINY	M40	13	00:00:09	<b>00:45:58.15</b>	<b>00:46:08.10</b>	+00:10:53 (23.7%)	5:11	11.5 (76.2%)
62	<b>DOMASZK Zbigniew</b>	<b>23</b>		M40	14	00:00:11	<b>00:46:01.90</b>	<b>00:46:13.70</b>	+00:10:56 (23.8%)	5:12	11.5 (76.2%)
63	<b>PODKÓWKA Zbigniew</b>	<b>121</b>		M55	4	00:00:07	<b>00:46:03.60</b>	<b>00:46:10.75</b>	+00:10:58 (23.8%)	5:12	11.5 (76.2%)
64	<b>CICHOSZ-MIELEWCZYK Mateusz</b>	<b>16</b>		M30	9	00:00:14	<b>00:46:05.60</b>	<b>00:46:20.50</b>	+00:11:00 (23.9%)	5:12	11.5 (76.2%)
65	<b>GŁOWACKA Marta</b>	<b>37</b>	ECOFORLIFE24	K30	5	00:00:04	<b>00:46:22.20</b>	<b>00:46:26.45</b>	+00:11:17 (24.3%)	5:14	11.5 (76.2%)
66	<b>PEŁECHATA Julita</b>	<b>115</b>	KOŁOBRZEG BIEGA	K25	2	00:00:05	<b>00:46:24.70</b>	<b>00:46:30.30</b>	+00:11:19 (24.4%)	5:14	11.4 (75.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 8.85km	Czas brutto 8.85km	Różn	Tempo min/km	Tempo km/h
67	<b>JERECZEK Sławomir</b>	<b>60</b>	WWW.KAJAKIMLYN.PL	M45	7	00:00:11	<b>00:46:35.95</b>	<b>00:46:47.75</b>	+00:11:30 (24.7%)	5:15	11.4 (75.5%)
68	<b>FRAŃCZEK Rafał</b>	<b>29</b>	KB „GOCH " BYTÓW	M40	15	00:00:05	<b>00:46:38.70</b>	<b>00:46:44.20</b>	+00:11:33 (24.8%)	5:16	11.4 (75.5%)
69	<b>MIĄSKOWSKI Łukasz</b>	<b>95</b>	OSP BORZYTUCHOM	M35	12	00:00:13	<b>00:46:43.25</b>	<b>00:46:56.30</b>	+00:11:38 (24.9%)	5:16	11.4 (75.5%)
70	<b>KIK Andrzej</b>	<b>69</b>	NIE MARNUJ TLENU	M70+	1	00:00:10	<b>00:46:47.30</b>	<b>00:46:57.95</b>	+00:11:42 (25.0%)	5:17	11.4 (75.5%)
71	<b>RUDNIK Jerzy</b>	<b>134</b>	FLORIAN	M65	1	00:00:08	<b>00:46:55.45</b>	<b>00:47:03.95</b>	+00:11:50 (25.2%)	5:18	11.3 (74.8%)
72	<b>SZCZEPANIAK Jacek</b>	<b>149</b>	KORZYBSKIE REKINY	M50	3	00:00:06	<b>00:46:59.60</b>	<b>00:47:05.90</b>	+00:11:54 (25.3%)	5:18	11.3 (74.8%)
73	<b>WALIŃSKA Agnieszka</b>	<b>161</b>	BBL	K40	1	00:00:06	<b>00:47:12.65</b>	<b>00:47:18.75</b>	+00:12:07 (25.7%)	5:20	11.3 (74.8%)
74	<b>WOJCIECHOWSKA Małgorzata</b>	<b>168</b>	ŚWIAT PŁYTEK U KRYSPIŃ	K45	1	00:00:09	<b>00:47:16.10</b>	<b>00:47:25.20</b>	+00:12:11 (25.8%)	5:20	11.2 (74.2%)
75	<b>ROLBIECKI Michał</b>	<b>132</b>		M30	10	00:00:14	<b>00:47:20.70</b>	<b>00:47:34.70</b>	+00:12:15 (25.9%)	5:20	11.2 (74.2%)
76	<b>AUGUSTYŃIAK Mirosława</b>	<b>2</b>	MAMY TO !	K40	2	00:00:07	<b>00:47:28.45</b>	<b>00:47:35.95</b>	+00:12:23 (26.1%)	5:21	11.2 (74.2%)
77	<b>GARSKA Joanna</b>	<b>33</b>	ŚWIAT PŁYTEK U KRYSPIŃ	K40	3	00:00:07	<b>00:47:43.40</b>	<b>00:47:50.85</b>	+00:12:38 (26.5%)	5:23	11.1 (73.5%)
78	<b>CAŁA Bartosz</b>	<b>12</b>	KARATE KLUB BYTÓW	M35	13	00:00:09	<b>00:47:55.60</b>	<b>00:48:04.70</b>	+00:12:50 (26.8%)	5:24	11.1 (73.5%)
79	<b>SZMIGIERO Sebastian</b>	<b>152</b>	W.P.K SŁOŃ TEAM	M40	16	00:00:09	<b>00:47:56.70</b>	<b>00:48:05.85</b>	+00:12:51 (26.8%)	5:24	11.1 (73.5%)
80	<b>ZABOROWSKA Urszula</b>	<b>172</b>	KB „GOCH " BYTÓW	K55	1	00:00:05	<b>00:47:57.35</b>	<b>00:48:03.30</b>	+00:12:52 (26.8%)	5:25	11.1 (73.5%)
81	<b>DORSZ Beata</b>	<b>24</b>	MAMY TO !	K45	2	00:00:07	<b>00:48:01.15</b>	<b>00:48:08.80</b>	+00:12:56 (26.9%)	5:25	11.1 (73.5%)
82	<b>SZRAMA Marian</b>	<b>154</b>	BAZA 44	M50	4	00:00:12	<b>00:48:04.85</b>	<b>00:48:17.20</b>	+00:12:59 (27.0%)	5:25	11 (72.8%)
83	<b>ORŁOWSKI Bogusław</b>	<b>112</b>	OSP BORZYTUCHOM	M50	5	00:00:09	<b>00:48:05.50</b>	<b>00:48:15.40</b>	+00:13:00 (27.0%)	5:26	11 (72.8%)
84	<b>KUBIŃSKI Rafał</b>	<b>84</b>	ALLIANZ RUNNING TEAM	M50	6	00:00:07	<b>00:48:18.55</b>	<b>00:48:26.10</b>	+00:13:13 (27.4%)	5:27	11 (72.8%)
85	<b>RECA Elżbieta</b>	<b>127</b>	BASZTA BYTÓW MASTERS	K45	3	00:00:09	<b>00:48:24.35</b>	<b>00:48:34.10</b>	+00:13:19 (27.5%)	5:28	11 (72.8%)
86	<b>KOWALSKI Robert Sebastian</b>	<b>80</b>	NIE MARNUJ TLENU	M40	17	00:00:54	<b>00:48:34.65</b>	<b>00:49:28.90</b>	+00:13:29 (27.8%)	5:29	10.9 (72.2%)
87	<b>PRANCZK Marek</b>	<b>122</b>	KB „GOCH " BYTÓW	M50	7	00:00:03	<b>00:48:48.10</b>	<b>00:48:51.70</b>	+00:13:43 (28.1%)	5:30	10.9 (72.2%)
88	<b>WITKA Piotr</b>	<b>166</b>	ŁEBA MORS POLAND	M50	8	00:00:09	<b>00:49:23.05</b>	<b>00:49:32.50</b>	+00:14:18 (29.0%)	5:34	10.8 (71.5%)
89	<b>JURA Kazimierz</b>	<b>62</b>	MTS HAMER MIASTKO	M65	2	00:00:06	<b>00:49:35.75</b>	<b>00:49:42.00</b>	+00:14:30 (29.3%)	5:36	10.7 (70.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 8.85km	Czas brutto 8.85km	Różn	Tempo min/km	Tempo km/h
90	<b>RUTECKA Sylwia</b>	<b>136</b>	TUPOT-USTKA	K35	1	00:00:05	<b>00:49:38.70</b>	<b>00:49:44.00</b>	+00:14:33 (29.3%)	5:36	10.7 (70.9%)
91	<b>NOWICKA Anna</b>	<b>109</b>	INKA TEAM	K25	3	00:00:11	<b>00:49:44.55</b>	<b>00:49:55.65</b>	+00:14:39 (29.5%)	5:37	10.7 (70.9%)
92	<b>MRAS Rafał</b>	<b>100</b>	POGOŃ LĘBORK	M30	11	00:00:08	<b>00:50:01.80</b>	<b>00:50:10.75</b>	+00:14:56 (29.9%)	5:39	10.6 (70.2%)
93	<b>CERANOWSKA Aga</b>	<b>13</b>	PSEUDOBIEGACZKI	K40	4	00:00:08	<b>00:50:07.90</b>	<b>00:50:16.40</b>	+00:15:02 (30.0%)	5:39	10.6 (70.2%)
94	<b>GAFFKE Krzysztof</b>	<b>31</b>	SZKOŁA PODOFICERSKA MARYNARKI WOJENNEJ	M35	14	00:00:07	<b>00:50:09.75</b>	<b>00:50:17.50</b>	+00:15:04 (30.1%)	5:40	10.6 (70.2%)
95	<b>MASZKA Emilia</b>	<b>91</b>		K30	6	00:00:11	<b>00:50:35.45</b>	<b>00:50:47.15</b>	+00:15:30 (30.7%)	5:43	10.5 (69.5%)
96	<b>CZEPIEL Łukasz</b>	<b>19</b>	KORZYBSKIE REKINY	M35	15	00:00:10	<b>00:50:45.10</b>	<b>00:50:55.60</b>	+00:15:40 (30.9%)	5:44	10.5 (69.5%)
97	<b>DWULIT Dominik</b>	<b>25</b>	KORZYBSKIE REKINY	M18	4	00:00:10	<b>00:50:45.85</b>	<b>00:50:56.05</b>	+00:15:40 (30.9%)	5:44	10.5 (69.5%)
98	<b>KOMAJDA Jarosław</b>	<b>76</b>	GOSIR OSIELSKO	M50	9	00:00:12	<b>00:51:09.75</b>	<b>00:51:22.20</b>	+00:16:04 (31.4%)	5:46	10.4 (68.9%)
99	<b>PASTWA Daniel</b>	<b>114</b>	KOŚCIERSKI KLUB MORSÓW 'FOREST GUMP'	M40	18	00:00:08	<b>00:51:25.45</b>	<b>00:51:34.40</b>	+00:16:20 (31.8%)	5:48	10.3 (68.2%)
100	<b>PRZYBYSZ Szymon</b>	<b>123</b>	AKTYWNI POSTOMINO	M18	5	00:00:06	<b>00:51:38.90</b>	<b>00:51:45.55</b>	+00:16:33 (32.1%)	5:50	10.3 (68.2%)
101	<b>MATYSIUK Grzegorz</b>	<b>93</b>	7BOW SŁUPSK	M45	8	00:00:07	<b>00:51:45.35</b>	<b>00:51:52.70</b>	+00:16:40 (32.2%)	5:50	10.3 (68.2%)
102	<b>WITKA Grażyna</b>	<b>165</b>	ŁEBA MORS POLAND	K50	2	00:00:09	<b>00:51:46.95</b>	<b>00:51:56.70</b>	+00:16:41 (32.2%)	5:51	10.3 (68.2%)
103	<b>GÓRA Roman</b>	<b>41</b>	TENIS KLUB BYTÓW	M55	5	00:00:11	<b>00:51:54.35</b>	<b>00:52:05.55</b>	+00:16:49 (32.4%)	5:51	10.2 (67.5%)
104	<b>PIEKARSKI Tomasz</b>	<b>118</b>	TENIS KLUB BYTÓW	M25	7	00:00:10	<b>00:51:55.65</b>	<b>00:52:06.20</b>	+00:16:50 (32.4%)	5:52	10.2 (67.5%)
105	<b>GUCHAŁA Rafał</b>	<b>46</b>		M45	9	00:00:07	<b>00:51:56.40</b>	<b>00:52:04.20</b>	+00:16:51 (32.5%)	5:52	10.2 (67.5%)
106	<b>PLUTA Katarzyna</b>	<b>120</b>	ZABIEGANINOCA OKONEK	K25	4	00:00:11	<b>00:51:59.80</b>	<b>00:52:11.65</b>	+00:16:54 (32.5%)	5:52	10.2 (67.5%)
107	<b>MALEK Andrzej</b>	<b>87</b>	POZYTYWNA ENDORFINA	M65	3	00:00:15	<b>00:52:01.75</b>	<b>00:52:16.85</b>	+00:16:56 (32.6%)	5:52	10.2 (67.5%)
108	<b>CZECH Roman</b>	<b>18</b>	KB „GOCH " BYTÓW	M65	4	00:00:10	<b>00:52:30.65</b>	<b>00:52:41.45</b>	+00:17:25 (33.2%)	5:56	10.1 (66.9%)
109	<b>KUBIŃSKA Beata</b>	<b>83</b>	NIGHT RUNNERS SŁUPSK	K50	3	00:00:07	<b>00:52:38.05</b>	<b>00:52:45.30</b>	+00:17:33 (33.3%)	5:56	10.1 (66.9%)
110	<b>PYREK Iwona</b>	<b>125</b>		K35	2	00:00:11	<b>00:53:07.90</b>	<b>00:53:19.30</b>	+00:18:02 (34.0%)	6:00	10 (66.2%)
111	<b>STYP-REKOWSKI Piotr</b>	<b>148</b>		M30	12	00:00:13	<b>00:53:08.00</b>	<b>00:53:21.35</b>	+00:18:03 (34.0%)	6:00	10 (66.2%)
112	<b>KOBIEROWSKI Edward</b>	<b>73</b>	KB „GOCH " BYTÓW	M35	16	00:00:14	<b>00:53:08.30</b>	<b>00:53:22.80</b>	+00:18:03 (34.0%)	6:00	10 (66.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 8.85km	Czas brutto 8.85km	Różn	Tempo min/km	Tempo km/h
113	<b>KONKEL Łukasz</b>	<b>78</b>		M35	17	00:00:00	<b>00:53:12.60</b>	<b>00:53:12.60</b>	+00:18:07 (34.1%)	6:00	10 (66.2%)
114	<b>NOWAKOWSKI Czesław</b>	<b>108</b>	KB „GOCH " BYTÓW	M70+	2	00:00:12	<b>00:53:24.25</b>	<b>00:53:37.10</b>	+00:18:19 (34.3%)	6:02	9.9 (65.6%)
115	<b>SZCZERBA Jolanta</b>	<b>150</b>		K40	5	00:00:09	<b>00:53:41.85</b>	<b>00:53:51.15</b>	+00:18:36 (34.7%)	6:04	9.9 (65.6%)
116	<b>REMBALSKI Piotr</b>	<b>129</b>	ŚWIAT PŁYTEK U KRYPINA	M40	19	00:00:12	<b>00:53:42.15</b>	<b>00:53:54.80</b>	+00:18:37 (34.7%)	6:04	9.9 (65.6%)
117	<b>STRUGALSKI Mariusz</b>	<b>145</b>		M40	20	00:00:10	<b>00:53:53.85</b>	<b>00:54:04.80</b>	+00:18:48 (34.9%)	6:05	9.9 (65.6%)
118	<b>MUSZYŃSKI Jacek</b>	<b>104</b>	STOPA SŁUPSK	M65	5	00:00:14	<b>00:54:08.05</b>	<b>00:54:22.10</b>	+00:19:03 (35.2%)	6:07	9.8 (64.9%)
119	<b>TURZYŃSKA Magdalena</b>	<b>159</b>	RUNFORFUN	K35	3	00:00:12	<b>00:54:20.95</b>	<b>00:54:33.70</b>	+00:19:15 (35.4%)	6:08	9.8 (64.9%)
120	<b>BROVCHENKO Sylwia</b>	<b>7</b>	ŚWIAT PŁYTEK U KRYPINA	K25	5	00:00:12	<b>00:54:35.25</b>	<b>00:54:47.70</b>	+00:19:30 (35.7%)	6:10	9.7 (64.2%)
121	<b>JABŁOŃSKI Tomasz</b>	<b>50</b>	AR SPOKO SŁAWNO	M35	18	00:00:13	<b>00:54:42.95</b>	<b>00:54:56.80</b>	+00:19:37 (35.9%)	6:10	9.7 (64.2%)
122	<b>CZEPIEL Iwona</b>	<b>20</b>	KORZYBSKIE REKINY	K35	4	00:00:10	<b>00:54:47.15</b>	<b>00:54:58.00</b>	+00:19:42 (36.0%)	6:11	9.7 (64.2%)
123	<b>PACAN Bartosz</b>	<b>113</b>	ŚWIAT PŁYTEK U KRYPINA	M35	19	00:00:14	<b>00:54:51.45</b>	<b>00:55:05.95</b>	+00:19:46 (36.0%)	6:11	9.7 (64.2%)
124	<b>MRUGALSKI Stanisław</b>	<b>101</b>		M50	10	00:00:15	<b>00:54:54.15</b>	<b>00:55:10.00</b>	+00:19:49 (36.1%)	6:12	9.7 (64.2%)
125	<b>MARCZAK Małgorzata</b>	<b>90</b>	AMATOR	K55	2	00:00:08	<b>00:55:01.15</b>	<b>00:55:09.40</b>	+00:19:56 (36.2%)	6:12	9.7 (64.2%)
126	<b>GIERSZEWSKA Magdalena</b>	<b>35</b>		K40	6	00:00:13	<b>00:55:40.90</b>	<b>00:55:54.55</b>	+00:20:35 (37.0%)	6:17	9.5 (62.9%)
127	<b>ZALEWSKI Grzegorz</b>	<b>173</b>	GRZESŁAW USTKA IGMAR TEAM	M35	20	00:00:09	<b>00:55:55.65</b>	<b>00:56:05.25</b>	+00:20:50 (37.3%)	6:19	9.5 (62.9%)
128	<b>SIWIEC Piotr</b>	<b>138</b>		M30	13	00:00:05	<b>00:56:09.90</b>	<b>00:56:14.90</b>	+00:21:04 (37.5%)	6:20	9.5 (62.9%)
129	<b>DWULIT Jakub</b>	<b>26</b>	KORZYBSKIE REKINY	M18	6	00:00:11	<b>00:56:11.30</b>	<b>00:56:22.40</b>	+00:21:06 (37.6%)	6:20	9.5 (62.9%)
130	<b>WÓJCIK Piotr</b>	<b>170</b>	MORSIK WETERAN	M55	6	00:00:08	<b>00:56:17.30</b>	<b>00:56:25.75</b>	+00:21:12 (37.7%)	6:21	9.4 (62.3%)
131	<b>DYRCZ Marika</b>	<b>27</b>	VEGE RUNNERS	K35	5	00:00:13	<b>00:56:18.30</b>	<b>00:56:31.85</b>	+00:21:13 (37.7%)	6:21	9.4 (62.3%)
132	<b>NACZK Michał</b>	<b>106</b>		M30	14	00:00:08	<b>00:56:19.50</b>	<b>00:56:28.15</b>	+00:21:14 (37.7%)	6:21	9.4 (62.3%)
133	<b>NACZK Karolina</b>	<b>105</b>		K30	7	00:00:08	<b>00:56:19.75</b>	<b>00:56:28.00</b>	+00:21:14 (37.7%)	6:21	9.4 (62.3%)
134	<b>STRZELECKA-DRAGUN Halina</b>	<b>146</b>		K60	1	00:00:15	<b>00:56:29.65</b>	<b>00:56:44.75</b>	+00:21:24 (37.9%)	6:22	9.4 (62.3%)
135	<b>SŁOMSKI Zenon</b>	<b>140</b>	KORZYBSKIE REKINY	M70+	3	00:00:13	<b>00:56:31.40</b>	<b>00:56:44.75</b>	+00:21:26 (37.9%)	6:23	9.4 (62.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 8.85km	Czas brutto 8.85km	Różn	Tempo min/km	Tempo km/h
136	<b>ROLBIECKA Anna</b>	<b>131</b>		K30	8	00:00:13	<b>00:58:33.90</b>	<b>00:58:47.60</b>	+00:23:28 (40.1%)	6:37	9.1 (60.3%)
137	<b>CIERZAN Marta</b>	<b>17</b>		K25	6	00:00:14	<b>00:59:38.30</b>	<b>00:59:52.55</b>	+00:24:33 (41.2%)	6:44	8.9 (58.9%)
138	<b>WOLSKA Anna</b>	<b>169</b>	ŚWIAT PŁYTEK U KRYSPINA	K35	6	00:00:13	<b>00:59:41.85</b>	<b>00:59:54.90</b>	+00:24:36 (41.2%)	6:44	8.9 (58.9%)
139	<b>PEPLIŃSKA Iwona</b>	<b>116</b>	ŁEBA MORS POLAND	K50	4	00:00:10	<b>01:00:16.80</b>	<b>01:00:27.45</b>	+00:25:11 (41.8%)	6:48	8.8 (58.3%)
140	<b>FINSTER-DZIADEK Dorota</b>	<b>28</b>		K45	4	00:00:09	<b>01:00:50.25</b>	<b>01:00:59.70</b>	+00:25:45 (42.3%)	6:52	8.7 (57.6%)
141	<b>BONISŁAWSKA Małgosia</b>	<b>5</b>	ZUZA&ZOSIA	K30	9	00:00:15	<b>01:02:45.85</b>	<b>01:03:01.75</b>	+00:27:40 (44.1%)	7:05	8.5 (56.3%)
142	<b>JAWORSKI Marcin</b>	<b>58</b>	FORM ON KLUB	M35	21	00:00:14	<b>01:02:47.70</b>	<b>01:03:02.60</b>	+00:27:42 (44.1%)	7:05	8.5 (56.3%)
143	<b>PEPLIŃSKI Piotr</b>	<b>117</b>	ŁEBA MORS POLAND	M50	11	00:00:11	<b>01:03:30.85</b>	<b>01:03:42.65</b>	+00:28:25 (44.8%)	7:10	8.4 (55.6%)
144	<b>BUDZYŃSKA Elżbieta</b>	<b>10</b>		K50	5	00:00:14	<b>01:07:48.95</b>	<b>01:08:03.45</b>	+00:32:43 (48.3%)	7:39	7.8 (51.7%)
145	<b>MIKLASIŃSKA Monika</b>	<b>97</b>		K35	7	00:00:15	<b>01:09:21.35</b>	<b>01:09:36.90</b>	+00:34:16 (49.4%)	7:50	7.7 (51.0%)
146	<b>FURMAŃCZYK Krzysztof</b>	<b>30</b>	NIE MARNUJ TLENU	M40	21	00:00:12	<b>01:11:44.00</b>	<b>01:11:56.40</b>	+00:36:39 (51.1%)	8:06	7.4 (49.0%)
147	<b>MACIEJEWSKI Irek</b>	<b>86</b>		M45	10	00:00:12	<b>01:11:44.45</b>	<b>01:11:56.60</b>	+00:36:39 (51.1%)	8:06	7.4 (49.0%)
148	<b>SOLAK Halina</b>	<b>141</b>	ŚWIAT PŁYTEK U KRYSPINA	K65	1	00:00:15	<b>01:14:02.25</b>	<b>01:14:17.55</b>	+00:38:57 (52.6%)	8:21	7.2 (47.7%)
149	<b>ZWOLSKI Andrzej</b>	<b>177</b>	ŚCIGAŁ TEAM	M45	11	00:00:01					(0.0%)

Znaleziono 149 wynik(ów)