VI BIEG NAJEŻONY PRZESZKODAMI „JEŻYK”

Organizator: MUKS „Start” Solec Kujawski
Data: 2022-09-24
Miejsce: Solec Kujawski
Dystans: 5 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	**STOMSKI Krzysztof**	**185**	SOLECCY BIEGACZE	Seria Diamentowa - M	1	**00:33:17.75**		6:39	9 (100%)
2	**SKIBSKI Maciej**	**178**		Seria Diamentowa - M	2	**00:33:25.25**	+00:00:07 (0.4%)	6:41	9 (100%)
3	**NOWICKI Jarosław**	**137**	GKS FABIANKI	Seria Diamentowa - M	3	**00:33:25.75**	+00:00:08 (0.4%)	6:41	9 (100%)
4	**NAGORZYSKI Arek**	**130**	MUDFOXES	Seria Diamentowa - M	4	**00:34:02.30**	+00:00:44 (2.2%)	6:48	8.8 (97.8%)
5	**LECIAK Michał**	**249**		Seria Diamentowa - M	5	**00:34:28.00**	+00:01:10 (3.4%)	6:53	8.7 (96.7%)
6	**ZABOROWSKI Rafał**	**236**	PROTERM WŁOCŁAWEK	Seria Diamentowa - M	6	**00:34:36.35**	+00:01:18 (3.8%)	6:55	8.7 (96.7%)
7	**RZĘTKOWSKI Artur**	**170**		Seria Diamentowa - M	7	**00:35:03.00**	+00:01:45 (5.0%)	7:00	8.6 (95.6%)
8	**SKIBSKA Dorota**	**177**		Seria Diamentowa - K	1	**00:35:19.65**	+00:02:01 (5.8%)	7:03	8.5 (94.4%)
9	**MODLIŃSKI Łukasz**	**122**	EXTREMALNI MOGILNO	Seria Diamentowa - M	8	**00:36:42.80**	+00:03:25 (9.3%)	7:20	8.2 (91.1%)
10	**PIOTROWSKA Katarzyna**	**149**		Seria Diamentowa - K	2	**00:36:56.00**	+00:03:38 (9.8%)	7:23	8.1 (90.0%)
11	**ANDRZEJEWSKA Sylwia**	**1**		Seria Diamentowa - K	3	**00:37:52.70**	+00:04:34 (12.1%)	7:34	7.9 (87.8%)
12	**KRAWIEC Mateusz**	**251**		Seria Diamentowa - M	9	**00:37:58.95**	+00:04:41 (12.3%)	7:35	7.9 (87.8%)
13	**STUCKI Marek**	**187**		Seria Diamentowa - M	10	**00:39:20.45**	+00:06:02 (15.4%)	7:52	7.6 (84.4%)
14	**PODBIELSKA Alina**	**153**	KM UMK TORUŃ	Seria Diamentowa - K	4	**00:41:54.50**	+00:08:36 (20.6%)	8:22	7.2 (80.0%)
15	**WIŚNIEWSKI Krzysztof**	**224**		Seria Diamentowa - M	11	**00:42:01.65**	+00:08:43 (20.8%)	8:24	7.1 (78.9%)
16	**USS Mariusz**	**214**		Seria Złota - M	1	**00:42:21.70**	+00:09:03 (21.4%)	8:28	7.1 (78.9%)
17	**BARWIŃSKI Leszek**	**5**	RUNCROSS ROZGARTY	Seria Diamentowa - M	12	**00:43:15.20**	+00:09:57 (23.0%)	8:39	6.9 (76.7%)
18	**KOWALSKI Krzysztof**	**76**	OCELOTY KRUSZYN KRAJEŃSKI	Seria Diamentowa - M	13	**00:43:21.75**	+00:10:04 (23.2%)	8:40	6.9 (76.7%)
19	**ZIÓŁKOWSKI Mieczysław**	**244**		Seria Diamentowa - M	14	**00:43:34.30**	+00:10:16 (23.6%)	8:42	6.9 (76.7%)
20	**ZDANOWICZ Joanna**	**238**		Seria Diamentowa - K	5	**00:43:38.20**	+00:10:20 (23.7%)	8:43	6.9 (76.7%)
21	**HERTSOH Anton**	**54**	ESPRO-TEAM	Seria Złota - M	2	**00:44:12.50**	+00:10:54 (24.7%)	8:50	6.8 (75.6%)
22	**FOJUT Marcin**	**37**	Z LODU URWANY	Seria Diamentowa - M	15	**00:44:12.75**	+00:10:55 (24.7%)	8:50	6.8 (75.6%)
23	**BIEGAŁA Agnieszka**	**10**		Seria Diamentowa - K	6	**00:44:13.40**	+00:10:55 (24.7%)	8:50	6.8 (75.6%)
24	**OSIŃSKI Piotr**	**144**	TĘCZOWA KRAINA	Seria Diamentowa - M	16	**00:45:27.60**	+00:12:09 (26.8%)	9:05	6.6 (73.3%)
25	**SEBBAR Younes**	**171**	WKB	Seria Diamentowa - M	17	**00:45:49.50**	+00:12:31 (27.3%)	9:09	6.5 (72.2%)
26	**GOŚCIAK Łukasz**	**44**		Seria Diamentowa - M	18	**00:45:55.40**	+00:12:37 (27.5%)	9:11	6.5 (72.2%)
27	**BIERNAT Magdalena**	**11**	SOLANKOWI BIEGACZE	Seria Diamentowa - K	7	**00:46:29.65**	+00:13:11 (28.4%)	9:17	6.5 (72.2%)
28	**WAJCHERT Łukasz**	**216**	TURBOGROSZKI.RUN	Seria Diamentowa - M	19	**00:46:30.30**	+00:13:12 (28.4%)	9:18	6.5 (72.2%)
29	**GÓRSKI Marian**	**46**		Seria Diamentowa - M	20	**00:46:38.55**	+00:13:20 (28.6%)	9:19	6.4 (71.1%)
30	**CZAJA Jarosław**	**24**		Seria Złota - M	3	**00:47:10.45**	+00:13:52 (29.4%)	9:26	6.4 (71.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
31	**STACHOWIAK Dawid**	**182**		Seria Diamentowa - M	21	**00:47:45.50**	+00:14:27 (30.3%)	9:33	6.3 (70.0%)
32	**ŻUCHOWSKI Paweł**	**246**		Seria Diamentowa - M	22	**00:48:39.40**	+00:15:21 (31.6%)	9:43	6.2 (68.9%)
33	**KUNICKI Kamil**	**86**		Seria Srebrna - M	1	**00:49:36.60**	+00:16:18 (32.9%)	9:55	6 (66.7%)
34	**GRACZ Adam**	**47**		Seria Srebrna - M	2	**00:50:01.20**	+00:16:43 (33.4%)	10:00	6 (66.7%)
35	**LACH Paweł**	**93**		Seria Diamentowa - M	23	**00:50:01.75**	+00:16:44 (33.4%)	10:00	6 (66.7%)
36	**KUBAŃSKI Mateusz**	**81**		Seria Diamentowa - M	24	**00:50:33.50**	+00:17:15 (34.1%)	10:06	5.9 (65.6%)
37	**WALICHNIEWICZ Krzysztof**	**217**	RUN PIEKUŚ	Seria Diamentowa - M	25	**00:50:44.10**	+00:17:26 (34.4%)	10:08	5.9 (65.6%)
38	**PIWOŃSKI Robert**	**151**	PARAFIALNY KLUB BIEGACZA TORUŃ - KASZCZOREK	Seria Złota - M	4	**00:50:45.80**	+00:17:28 (34.4%)	10:09	5.9 (65.6%)
39	**SZYNAL Aleksander**	**204**	TARPAN MROCZA	Seria Złota - M	5	**00:50:56.45**	+00:17:38 (34.6%)	10:11	5.9 (65.6%)
40	**MRUGAŁA Bartosz**	**126**		Seria Diamentowa - M	26	**00:51:04.90**	+00:17:47 (34.8%)	10:12	5.9 (65.6%)
41	**KOTYRBA Wojciech**	**74**		Seria Brązowa - M	1	**00:51:12.55**	+00:17:54 (35.0%)	10:14	5.9 (65.6%)
42	**JAKUBOWSKA Lucyna**	**55**		Seria Złota - K	1	**00:51:21.85**	+00:18:04 (35.2%)	10:16	5.8 (64.4%)
43	**PECZKOWSKI Arkadiusz**	**147**		Seria Złota - M	6	**00:51:24.30**	+00:18:06 (35.2%)	10:16	5.8 (64.4%)
44	**KWASIK Wojciech**	**89**		Seria Złota - M	7	**00:51:51.40**	+00:18:33 (35.8%)	10:22	5.8 (64.4%)
45	**MACHOWSKA Magdalena**	**109**	PROTERM WŁOCŁAWEK	Seria Diamentowa - K	8	**00:52:41.80**	+00:19:24 (36.8%)	10:32	5.7 (63.3%)
46	**MALINOWSKI Tomasz**	**113**		Seria Złota - M	8	**00:52:50.70**	+00:19:32 (37.0%)	10:34	5.7 (63.3%)
47	**SZULAKOWSKI Bartosz**	**201**		Seria Brązowa - M	2	**00:52:51.60**	+00:19:33 (37.0%)	10:34	5.7 (63.3%)
48	**TOMASZEWSKA Emilia**	**209**	OCELOTY	Seria Złota - K	2	**00:53:15.10**	+00:19:57 (37.5%)	10:39	5.6 (62.2%)
49	**BUTRYM Adam**	**16**	TS OPATRUNKI	Seria Srebrna - M	3	**00:53:28.40**	+00:20:10 (37.7%)	10:41	5.6 (62.2%)
50	**ŁONIEWSKI Michał**	**104**		Seria Złota - M	9	**00:53:30.15**	+00:20:12 (37.8%)	10:42	5.6 (62.2%)
51	**VASYLIUK Svitlana**	**215**	SOLANKOWE BIEGACZY	Seria Złota - K	3	**00:53:59.65**	+00:20:41 (38.3%)	10:47	5.6 (62.2%)
52	**MICHALAK Marcin**	**118**	SOLANKOWI BIEGACZE	Seria Złota - M	10	**00:54:00.30**	+00:20:42 (38.3%)	10:48	5.6 (62.2%)
53	**NOWACKA Aneta**	**134**		Seria Diamentowa - K	9	**00:54:06.95**	+00:20:49 (38.5%)	10:49	5.5 (61.1%)
54	**POTRZEBOWSKA Agata**	**155**	DEAF, LIFE BALANCE PLACE	Seria Diamentowa - K	10	**00:54:27.20**	+00:21:09 (38.9%)	10:53	5.5 (61.1%)
55	**ŁUKAWSKI Damian**	**107**	TURBOGROSZKI.RUN	Seria Diamentowa - M	27	**00:54:46.05**	+00:21:28 (39.2%)	10:57	5.5 (61.1%)
56	**RAKOWSKA Natalia**	**255**		Seria Diamentowa - K	11	**00:55:48.40**	+00:22:30 (40.3%)	11:09	5.4 (60.0%)
57	**HAN Sławomir**	**52**		Seria Diamentowa - M	28	**00:55:48.55**	+00:22:30 (40.3%)	11:09	5.4 (60.0%)
58	**HAN Agnieszka**	**53**		Seria Diamentowa - K	12	**00:55:49.05**	+00:22:31 (40.3%)	11:09	5.4 (60.0%)
59	**PALUSZAK Łukasz**	**145**		Seria Brązowa - M	3	**00:55:50.85**	+00:22:33 (40.4%)	11:10	5.4 (60.0%)
60	**BOGACZ Szymon**	**14**		Seria Brązowa - M	4	**00:55:51.10**	+00:22:33 (40.4%)	11:10	5.4 (60.0%)
61	**SZULC - TRAWIŃSKA Katarzyna**	**202**		Seria Diamentowa - K	13	**00:56:08.90**	+00:22:51 (40.7%)	11:13	5.3 (58.9%)
62	**PISKORSKA Marta**	**150**		Seria Złota - K	4	**00:57:14.55**	+00:23:56 (41.8%)	11:26	5.2 (57.8%)
63	**CZYŻEWSKA Honorata**	**25**		Seria Złota - K	5	**00:57:18.95**	+00:24:01 (41.9%)	11:27	5.2 (57.8%)
64	**GODZIUK Roman**	**41**		Seria Srebrna - M	4	**00:58:10.15**	+00:24:52 (42.8%)	11:38	5.2 (57.8%)
65	**GODZIUK Marta**	**42**		Seria Srebrna - K	1	**00:58:10.30**	+00:24:52 (42.8%)	11:38	5.2 (57.8%)
66	**CZYŻEWSKI Robert**	**26**		Seria Złota - M	11	**00:58:20.55**	+00:25:02 (42.9%)	11:40	5.1 (56.7%)
67	**ŁAWNICZAK Patrycja**	**101**		Seria Brązowa - K	1	**00:58:37.45**	+00:25:19 (43.2%)	11:43	5.1 (56.7%)
68	**ŁAWNICZAK Łukasz**	**102**		Seria Brązowa - M	5	**00:58:38.00**	+00:25:20 (43.2%)	11:43	5.1 (56.7%)
69	**WOŹNIACKA Beata**	**230**	AZYL DLA JEŻY	Seria Złota - K	6	**00:58:47.75**	+00:25:30 (43.4%)	11:45	5.1 (56.7%)
70	**KRZEWINA Paweł**	**79**	ORLEN RUNNING TEAM	Seria Złota - M	12	**00:58:54.85**	+00:25:37 (43.5%)	11:46	5.1 (56.7%)
71	**CHEŁMINIAK Mariusz**	**248**		Seria Złota - M	13	**00:59:21.85**	+00:26:04 (43.9%)	11:52	5.1 (56.7%)
72	**RAK Magdalena**	**161**	ROZBIEGANE TUCZNO	Seria Srebrna - K	2	**00:59:22.15**	+00:26:04 (43.9%)	11:52	5.1 (56.7%)
73	**JELIŃSKA Natalia**	**60**		Seria Złota - K	7	**00:59:22.20**	+00:26:04 (43.9%)	11:52	5.1 (56.7%)
74	**POLAKOWSKA Aleksandra**	**247**		Seria Srebrna - K	3	**00:59:43.90**	+00:26:26 (44.3%)	11:56	5 (55.6%)

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75	**POWŁOKA Weronika**	**157**		Seria Srebrna - K	4	**01:00:12.05**	+00:26:54 (44.7%)	12:02	5 (55.6%)
76	**KUZIOŁA Michał**	**87**		Seria Srebrna - M	5	**01:00:12.10**	+00:26:54 (44.7%)	12:02	5 (55.6%)
77	**SIEMIANOWSKI Kacper**	**175**		Seria Srebrna - M	6	**01:00:18.10**	+00:27:00 (44.8%)	12:03	5 (55.6%)
78	**BEDNAREK Bartłomiej**	**8**	RENEGAT	Seria Złota - M	14	**01:00:25.05**	+00:27:07 (44.9%)	12:05	5 (55.6%)
79	**KUCZORA Kamil**	**85**		Seria Złota - M	15	**01:00:30.05**	+00:27:12 (45.0%)	12:06	5 (55.6%)
80	**PUZIO Justyna**	**160**		Seria Złota - K	8	**01:00:31.95**	+00:27:14 (45.0%)	12:06	5 (55.6%)
81	**MUCHA Marcin**	**127**		Seria Złota - M	16	**01:00:33.60**	+00:27:15 (45.0%)	12:06	5 (55.6%)
82	**SZABLEWSKA Aleksandra**	**189**		Seria Srebrna - K	5	**01:00:36.45**	+00:27:18 (45.1%)	12:07	5 (55.6%)
83	**SZABLEWSKI Michał**	**190**		Seria Srebrna - M	7	**01:00:36.65**	+00:27:18 (45.1%)	12:07	5 (55.6%)
84	**DUDEK Katarzyna**	**32**		Seria Złota - K	9	**01:01:05.65**	+00:27:47 (45.5%)	12:13	4.9 (54.4%)
85	**TOCZKO Anita**	**208**		Seria Srebrna - K	6	**01:01:23.75**	+00:28:06 (45.8%)	12:16	4.9 (54.4%)
86	**GUZOWSKI Waldemar**	**51**	RENEGAT	Seria Złota - M	17	**01:01:43.85**	+00:28:26 (46.1%)	12:20	4.9 (54.4%)
87	**KARPINSKI Paweł**	**66**		Seria Złota - M	18	**01:01:52.90**	+00:28:35 (46.2%)	12:22	4.8 (53.3%)
88	**GUZOWSKA Magdalena**	**50**	RENEGAT	Seria Złota - K	10	**01:01:53.45**	+00:28:35 (46.2%)	12:22	4.8 (53.3%)
89	**RUMIŃSKA Milena**	**165**	SPACEROWICZKI	Seria Złota - K	11	**01:01:53.85**	+00:28:36 (46.2%)	12:22	4.8 (53.3%)
90	**WRONISZEWSKA Marta**	**232**		Seria Złota - K	12	**01:02:03.90**	+00:28:46 (46.4%)	12:24	4.8 (53.3%)
90	**RUMIŃSKA Aleksandra**	**166**		Seria Złota - K	12	**01:02:03.90**	+00:28:46 (46.4%)	12:24	4.8 (53.3%)
92	**KRZYWDZINSKA Magdalena**	**80**		Seria Złota - K	14	**01:02:07.30**	+00:28:49 (46.4%)	12:25	4.8 (53.3%)
93	**OLSZEWSKA Beata**	**141**	SOLANKOWI BIEGACZE	Seria Diamentowa - K	14	**01:02:07.55**	+00:28:49 (46.4%)	12:25	4.8 (53.3%)
94	**ZIELIŃSKI Robert**	**243**		Seria Złota - M	19	**01:02:10.25**	+00:28:52 (46.4%)	12:26	4.8 (53.3%)
95	**ZIELIŃSKA Justyna**	**242**	KOLOROWE GACIE	Seria Złota - K	15	**01:02:10.45**	+00:28:52 (46.4%)	12:26	4.8 (53.3%)
96	**SPYCHALSKA Kinga**	**181**	KOLOROWE GACIE	Seria Złota - K	16	**01:02:11.05**	+00:28:53 (46.5%)	12:26	4.8 (53.3%)
97	**KŁOSOWSKI Robert**	**69**		Seria Złota - M	20	**01:02:13.10**	+00:28:55 (46.5%)	12:26	4.8 (53.3%)
98	**POTRZEBOWSKI Marek**	**156**	DEAF, LIFE BALANCE PLACE	Seria Srebrna - M	8	**01:02:21.90**	+00:29:04 (46.6%)	12:28	4.8 (53.3%)
99	**BEDNAREK Angelika**	**9**	RENEGAT	Seria Złota - K	17	**01:02:29.15**	+00:29:11 (46.7%)	12:29	4.8 (53.3%)
100	**LACH Bogusia**	**94**		Seria Złota - K	18	**01:02:58.30**	+00:29:40 (47.1%)	12:35	4.8 (53.3%)
101	**SZYMCZYK Radosław**	**203**	SOLANKOWI BIEGACZE	Seria Srebrna - M	9	**01:04:22.05**	+00:31:04 (48.3%)	12:52	4.7 (52.2%)
102	**BRUKWICKA Martyna**	**15**	REBEL CROSS SPORT	Seria Srebrna - K	7	**01:04:27.05**	+00:31:09 (48.3%)	12:53	4.7 (52.2%)
103	**ŁUKASZEWICZ Arkadiusz**	**106**	REBEL CROSS SPORT	Seria Srebrna - M	10	**01:04:27.30**	+00:31:09 (48.3%)	12:53	4.7 (52.2%)
104	**SIEJNA Michał**	**173**	REBEL CROSS SPORT	Seria Diamentowa - M	29	**01:04:30.45**	+00:31:12 (48.4%)	12:54	4.7 (52.2%)
105	**KARPINSKA Anna**	**65**		Seria Złota - K	19	**01:04:44.55**	+00:31:26 (48.6%)	12:56	4.6 (51.1%)
106	**MIKOŁAJCZAK-WODEJKO Anna**	**119**		Seria Srebrna - K	8	**01:05:23.45**	+00:32:05 (49.1%)	13:04	4.6 (51.1%)
107	**WIERZBICKI Maciej**	**223**		Seria Srebrna - M	11	**01:05:23.60**	+00:32:05 (49.1%)	13:04	4.6 (51.1%)
108	**ZDRENKA Dennis**	**239**		Seria Brązowa - M	6	**01:05:46.65**	+00:32:28 (49.4%)	13:09	4.6 (51.1%)
109	**SIEMIANOWSKI Jan**	**174**		Seria Brązowa - M	7	**01:05:47.35**	+00:32:29 (49.4%)	13:09	4.6 (51.1%)
110	**XRT Maciej**	**235**		Seria Srebrna - M	12	**01:05:54.15**	+00:32:36 (49.5%)	13:10	4.6 (51.1%)
111	**GUŚCIORA Anita**	**49**		Seria Srebrna - K	9	**01:05:54.45**	+00:32:36 (49.5%)	13:10	4.6 (51.1%)
112	**WRONISZEWSKI Karol**	**233**		Seria Złota - M	21	**01:06:54.50**	+00:33:36 (50.2%)	13:22	4.5 (50.0%)
113	**ZIELIŃSKA Wioletta**	**241**		Seria Srebrna - K	10	**01:07:37.65**	+00:34:19 (50.8%)	13:31	4.4 (48.9%)
114	**KOŁODZIEJ Martyna**	**70**		Seria z Psem - K	1	**01:07:39.35**	+00:34:21 (50.8%)	13:31	4.4 (48.9%)
115	**NAWROCKA Beata**	**131**		Seria Srebrna - K	11	**01:07:44.25**	+00:34:26 (50.8%)	13:32	4.4 (48.9%)
116	**WOJCIECHOWSKI Paweł**	**254**		Seria Złota - M	22	**01:07:45.35**	+00:34:27 (50.9%)	13:33	4.4 (48.9%)
117	**MARCZYŃSKA Iwona**	**114**		Seria Srebrna - K	12	**01:07:46.45**	+00:34:28 (50.9%)	13:33	4.4 (48.9%)
118	**MUSIALIK-GADKOWSKA Joanna**	**128**		Seria Srebrna - K	13	**01:07:46.50**	+00:34:28 (50.9%)	13:33	4.4 (48.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
119	**DABROWSKA-SZWAJA Aleksandra**	**27**		Seria Złota - K	20	**01:08:09.25**	+00:34:51 (51.1%)	13:37	4.4 (48.9%)
120	**JASKOWSKA-PAWSKA Danuta**	**59**	JEŻE NA WYPASIE	Seria Złota - K	21	**01:08:09.45**	+00:34:51 (51.1%)	13:37	4.4 (48.9%)
121	**KUCHARSKA Dorota**	**83**	JEŻE NA WYPASIE	Seria Złota - K	22	**01:08:09.75**	+00:34:52 (51.2%)	13:37	4.4 (48.9%)
122	**KAMPER Małgorzata**	**63**		Seria Brązowa - K	2	**01:08:16.60**	+00:34:58 (51.2%)	13:39	4.4 (48.9%)
123	**SIMINSKA Monika**	**176**		Seria Złota - K	23	**01:08:20.45**	+00:35:02 (51.3%)	13:40	4.4 (48.9%)
124	**MARNOCHA Wiktoria**	**250**		Seria Złota - K	24	**01:08:20.85**	+00:35:03 (51.3%)	13:40	4.4 (48.9%)
125	**SUSZEK Kasia**	**188**	JEŻE NA WYPASIE	Seria Złota - K	25	**01:08:39.00**	+00:35:21 (51.5%)	13:43	4.4 (48.9%)
126	**TUZIAK Barbara**	**213**		Seria Srebrna - K	14	**01:09:25.50**	+00:36:07 (52.0%)	13:53	4.3 (47.8%)
127	**TAFELSKI Piotr**	**206**		Seria Srebrna - M	13	**01:09:42.50**	+00:36:24 (52.2%)	13:56	4.3 (47.8%)
128	**RYDZYŃSKA Kaja**	**167**		Seria Srebrna - K	15	**01:09:42.75**	+00:36:25 (52.2%)	13:56	4.3 (47.8%)
129	**ROSIŃSKA Oliwia**	**163**		Seria Srebrna - K	16	**01:09:43.30**	+00:36:25 (52.2%)	13:56	4.3 (47.8%)
130	**RYDZYŃSKI Emil**	**168**		Seria Srebrna - M	14	**01:09:43.40**	+00:36:25 (52.2%)	13:56	4.3 (47.8%)
131	**ROSIŃSKA Inga**	**164**		Seria Brązowa - K	3	**01:09:43.55**	+00:36:25 (52.2%)	13:56	4.3 (47.8%)
132	**WRZESIŃSKI Krzysztof**	**234**		Seria z Psem - M	1	**01:12:00.30**	+00:38:42 (53.8%)	14:24	4.2 (46.7%)
133	**WĄSIK Dorota**	**221**		Seria Srebrna - K	17	**01:12:38.95**	+00:39:21 (54.2%)	14:31	4.1 (45.6%)
134	**TOCZKO Jarosław**	**207**		Seria Srebrna - M	15	**01:13:03.95**	+00:39:46 (54.4%)	14:36	4.1 (45.6%)
135	**DZIERŻAWSKI Łukasz**	**35**		Seria Srebrna - M	16	**01:14:21.35**	+00:41:03 (55.2%)	14:52	4 (44.4%)
136	**WĄSIK Robert**	**220**		Seria Srebrna - M	17	**01:14:32.05**	+00:41:14 (55.3%)	14:54	4 (44.4%)
137	**WIŚNIEWSKI Bartosz**	**225**		Seria Srebrna - M	18	**01:15:07.40**	+00:41:49 (55.7%)	15:01	4 (44.4%)
138	**OLEJNICZAK Julia**	**139**		Seria Brązowa - K	4	**01:15:43.35**	+00:42:25 (56.0%)	15:08	4 (44.4%)
139	**MOTYLEWSKI Marcin**	**125**		Seria Brązowa - M	8	**01:16:32.80**	+00:43:15 (56.5%)	15:18	3.9 (43.3%)
140	**ZACNIEWSKI Paweł**	**237**		Seria Brązowa - M	9	**01:16:33.10**	+00:43:15 (56.5%)	15:18	3.9 (43.3%)
140	**MOTYLEWSKA Natalia**	**124**		Seria Brązowa - K	5	**01:16:33.10**	+00:43:15 (56.5%)	15:18	3.9 (43.3%)
142	**LICAU Magdalena**	**99**		Seria Brązowa - K	6	**01:16:33.40**	+00:43:15 (56.5%)	15:18	3.9 (43.3%)
143	**TUCHOLSKI Sławomir**	**212**		Seria Brązowa - M	10	**01:16:34.35**	+00:43:16 (56.5%)	15:18	3.9 (43.3%)
144	**LICAU Krzysztof**	**100**		Seria Brązowa - M	11	**01:16:34.45**	+00:43:16 (56.5%)	15:18	3.9 (43.3%)
145	**WIŚNIEWSKI Włodzimierz**	**226**	SPC	Seria Srebrna - M	19	**01:16:47.35**	+00:43:29 (56.6%)	15:21	3.9 (43.3%)
146	**WŁODARCZYK Teresa**	**228**	SPC	Seria Srebrna - K	18	**01:16:47.90**	+00:43:30 (56.6%)	15:21	3.9 (43.3%)
147	**KRÓLIKOWSKA Monika**	**78**	SPC	Seria Srebrna - K	19	**01:16:48.15**	+00:43:30 (56.6%)	15:21	3.9 (43.3%)
148	**BALEWSKA Iwona**	**2**	SPC	Seria Srebrna - K	20	**01:16:48.20**	+00:43:30 (56.6%)	15:21	3.9 (43.3%)
149	**TOMASZEWSKI Krzysztof**	**210**	SPC	Seria Srebrna - M	20	**01:16:48.35**	+00:43:30 (56.6%)	15:21	3.9 (43.3%)
150	**MODZELEWSKA Karolina**	**123**	SPC	Seria Srebrna - K	21	**01:16:48.40**	+00:43:30 (56.6%)	15:21	3.9 (43.3%)
151	**DOBRZYŃSKA Małgorzata**	**29**	SPC	Seria Srebrna - K	22	**01:16:48.45**	+00:43:30 (56.7%)	15:21	3.9 (43.3%)
152	**NOWAKOWSKA Mariola**	**136**	RUNCROSS ROZGARTY	Seria Brązowa - K	7	**01:17:46.60**	+00:44:28 (57.2%)	15:33	3.9 (43.3%)
153	**PROCHERA Joanna**	**158**		Seria Brązowa - K	8	**01:17:47.20**	+00:44:29 (57.2%)	15:33	3.9 (43.3%)
154	**MAREK Anna**	**116**		Seria Brązowa - K	9	**01:19:18.85**	+00:46:01 (58.0%)	15:51	3.8 (42.2%)
155	**MAREK Lucjan**	**115**		Seria Brązowa - M	12	**01:19:19.25**	+00:46:01 (58.0%)	15:51	3.8 (42.2%)
156	**NAGORZYSKA Sylwia**	**129**	MUDFOXES	Seria Srebrna - K	23	**01:19:52.00**	+00:46:34 (58.3%)	15:58	3.8 (42.2%)
157	**OLEKSIUK Monika**	**140**	MUDFOXES	Seria Srebrna - K	24	**01:19:52.20**	+00:46:34 (58.3%)	15:58	3.8 (42.2%)
158	**OKULICZ Anita**	**138**	MUD FOXES	Seria Srebrna - K	25	**01:19:52.40**	+00:46:34 (58.3%)	15:58	3.8 (42.2%)
159	**LEWANDOWSKI Robert**	**97**	FUNDACJA SZTUKA WYBORU	Seria Brązowa - M	13	**01:20:42.50**	+00:47:24 (58.7%)	16:08	3.7 (41.1%)
160	**ŁUKASZEK Marek**	**105**	ŁUKASZKI TEAM	Seria Złota - M	23	**01:21:00.20**	+00:47:42 (58.9%)	16:12	3.7 (41.1%)
161	**WITKIEWICZ-ŁUKASZEK Sandra**	**227**	ŁUKASZKI TEAM	Seria Złota - K	26	**01:21:00.60**	+00:47:42 (58.9%)	16:12	3.7 (41.1%)
162	**ZDUNIAK Anna**	**240**		Seria Brązowa - K	10	**01:21:01.55**	+00:47:43 (58.9%)	16:12	3.7 (41.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
163	**OSIŃSKI Marcin**	**143**		Seria Brązowa - M	14	**01:21:01.60**	+00:47:43 (58.9%)	16:12	3.7 (41.1%)
164	**KORZEC Mateusz**	**73**		Seria Brązowa - M	15	**01:21:14.55**	+00:47:56 (59.0%)	16:14	3.7 (41.1%)
165	**BAWAJ Weronika**	**6**		Seria z Psem - K	2	**01:21:22.65**	+00:48:04 (59.1%)	16:16	3.7 (41.1%)
166	**KORZEC Patryk**	**72**		Seria Brązowa - M	16	**01:21:25.55**	+00:48:07 (59.1%)	16:17	3.7 (41.1%)
167	**CHEŁCHOWSKA Olga**	**17**		Seria Brązowa - K	11	**01:21:25.70**	+00:48:07 (59.1%)	16:17	3.7 (41.1%)
168	**KARWACKI Dawid**	**67**		Seria Brązowa - M	17	**01:21:26.80**	+00:48:09 (59.1%)	16:17	3.7 (41.1%)
169	**SZOSTEK Jarosław**	**198**		Seria Brązowa - M	18	**01:21:54.95**	+00:48:37 (59.4%)	16:22	3.7 (41.1%)
170	**SZOSTEK Karolina**	**197**		Seria Brązowa - K	12	**01:21:55.10**	+00:48:37 (59.4%)	16:23	3.7 (41.1%)
171	**LEWANDOWSKA Monika**	**96**		Seria Brązowa - K	13	**01:23:30.20**	+00:50:12 (60.1%)	16:42	3.6 (40.0%)
172	**PAWLAK Aleksandra**	**146**		Seria Brązowa - K	14	**01:23:31.05**	+00:50:13 (60.1%)	16:42	3.6 (40.0%)
173	**KONICZYŃSKA Jowita**	**71**		Seria Srebrna - K	26	**01:24:27.05**	+00:51:09 (60.6%)	16:53	3.6 (40.0%)
174	**SZTOLIN Jacek**	**200**		Seria Srebrna - M	21	**01:24:32.45**	+00:51:14 (60.6%)	16:54	3.5 (38.9%)
175	**SZTOLIN Sylwia**	**199**		Seria Srebrna - K	27	**01:24:32.75**	+00:51:15 (60.6%)	16:54	3.5 (38.9%)
176	**GRUGEL Wojciech**	**48**		Seria Srebrna - M	22	**01:24:33.30**	+00:51:15 (60.6%)	16:54	3.5 (38.9%)
177	**MALAK Robert**	**112**		Seria Srebrna - M	23	**01:24:33.80**	+00:51:16 (60.6%)	16:54	3.5 (38.9%)
178	**KWIATKOWSKA Anna**	**91**		Seria Srebrna - K	28	**01:24:35.20**	+00:51:17 (60.6%)	16:55	3.5 (38.9%)
178	**KWIATKOWSKI Maciej**	**92**		Seria Srebrna - M	24	**01:24:35.20**	+00:51:17 (60.6%)	16:55	3.5 (38.9%)
180	**DZIŻA-KONICZYŃSKA Zuzanna**	**36**		Seria Srebrna - K	29	**01:24:36.20**	+00:51:18 (60.6%)	16:55	3.5 (38.9%)
181	**DURMOWICZ Katarzyna**	**33**	BASENÓWKI	Seria Srebrna - K	30	**01:26:28.60**	+00:53:10 (61.5%)	17:17	3.5 (38.9%)
182	**ŁUKOWSKA Elżbieta**	**108**	BASENÓWKI	Seria Srebrna - K	31	**01:26:29.00**	+00:53:11 (61.5%)	17:17	3.5 (38.9%)
183	**WOŹNY Agnieszka**	**231**	BASENÓWKI	Seria Srebrna - K	32	**01:26:29.10**	+00:53:11 (61.5%)	17:17	3.5 (38.9%)
184	**KAROLEWSKA Katarzyna**	**64**		Seria Srebrna - K	33	**01:26:29.25**	+00:53:11 (61.5%)	17:17	3.5 (38.9%)
185	**BILSKA Dorota**	**12**		Seria Srebrna - K	34	**01:26:29.30**	+00:53:11 (61.5%)	17:17	3.5 (38.9%)
186	**MACKIEWICZ Katarzyna**	**110**	BASENOWKI	Seria Srebrna - K	35	**01:26:29.55**	+00:53:11 (61.5%)	17:17	3.5 (38.9%)
187	**REDMER Monika**	**162**	BASENÓWKI	Seria Srebrna - K	36	**01:26:29.60**	+00:53:11 (61.5%)	17:17	3.5 (38.9%)
188	**NITSCHKE Bartosz**	**132**		Seria Brązowa - M	19	**01:26:29.70**	+00:53:11 (61.5%)	17:17	3.5 (38.9%)
188	**ŁĄCZNA Julia**	**103**		Seria Brązowa - K	15	**01:26:29.70**	+00:53:11 (61.5%)	17:17	3.5 (38.9%)
190	**KOWALSKA Marzena**	**75**		Seria Srebrna - K	37	**01:26:29.75**	+00:53:12 (61.5%)	17:17	3.5 (38.9%)
191	**WENDT Grzegorz**	**222**	DRIVERY	Seria Brązowa - M	20	**01:26:50.10**	+00:53:32 (61.7%)	17:22	3.5 (38.9%)
192	**CHLEBOSZ Sylwia**	**18**		Seria Brązowa - K	16	**01:26:51.10**	+00:53:33 (61.7%)	17:22	3.5 (38.9%)
193	**KWASIŃSKI Mariusz**	**90**		Seria Brązowa - M	21	**01:27:03.75**	+00:53:46 (61.8%)	17:24	3.4 (37.8%)
194	**SZOSTEK Joanna**	**196**		Seria Brązowa - K	17	**01:27:03.80**	+00:53:46 (61.8%)	17:24	3.4 (37.8%)
195	**WAWRZYNIAK Anna**	**219**		Seria Srebrna - K	38	**01:27:11.40**	+00:53:53 (61.8%)	17:26	3.4 (37.8%)
196	**SZCZEPANIK Renata**	**193**		Seria Brązowa - K	18	**01:27:20.80**	+00:54:03 (61.9%)	17:28	3.4 (37.8%)
197	**SKOWROŃSKI Bartłomiej**	**180**		Seria Srebrna - M	25	**01:27:35.70**	+00:54:17 (62.0%)	17:31	3.4 (37.8%)
198	**NOWACKA Katarzyna**	**135**		Seria Srebrna - K	39	**01:27:35.85**	+00:54:18 (62.0%)	17:31	3.4 (37.8%)
199	**SZCZUTOWSKA Olga**	**194**		Seria Srebrna - K	40	**01:27:36.25**	+00:54:18 (62.0%)	17:31	3.4 (37.8%)
200	**MAJDA Karolina**	**111**		Seria Brązowa - K	19	**01:27:49.40**	+00:54:31 (62.1%)	17:33	3.4 (37.8%)
201	**PĘCZKOWSKA Elżbieta**	**148**		Seria Brązowa - K	20	**01:27:49.50**	+00:54:31 (62.1%)	17:33	3.4 (37.8%)
202	**JARCZASZEK Krzysztof**	**56**		Seria Brązowa - M	22	**01:38:52.80**	+01:05:35 (66.3%)	19:46	3 (33.3%)
202	**LEWANDOWSKI Arkadiusz**	**98**		Seria Brązowa - M	22	**01:38:52.80**	+01:05:35 (66.3%)	19:46	3 (33.3%)
204	**STASZEWSKA Ilona**	**183**		Seria Brązowa - K	21	**01:38:53.25**	+01:05:35 (66.3%)	19:46	3 (33.3%)
205	**PŁOTALSKA Bernadeta**	**152**		Seria Brązowa - K	22	**01:38:54.20**	+01:05:36 (66.3%)	19:46	3 (33.3%)
206	**IVATIN Patryk**	**252**		Seria Brązowa - M	24	**01:39:13.90**	+01:05:56 (66.4%)	19:50	3 (33.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
207	**STARYTSKA Kateryna**	**253**		Seria Brązowa - K	23	**01:39:14.25**	+01:05:56 (66.4%)	19:50	3 (33.3%)
208	**JARZĘBSKA Gabrysia**	**58**		Seria Brązowa - K	24	**01:39:21.85**	+01:06:04 (66.5%)	19:52	3 (33.3%)
209	**RZESZUTO Rafał**	**169**		Seria Brązowa - M	25	**01:39:41.20**	+01:06:23 (66.6%)	19:56	3 (33.3%)
210	**MŁYNARCZYK Jolanta**	**120**		Seria Brązowa - K	25	**01:39:41.65**	+01:06:23 (66.6%)	19:56	3 (33.3%)
211	**JARZĘBSKA Monika**	**57**		Seria Brązowa - K	26	**01:39:42.60**	+01:06:24 (66.6%)	19:56	3 (33.3%)
212	**MŁYNARCZYK Piotr**	**121**		Seria Brązowa - M	26	**01:40:14.10**	+01:06:56 (66.8%)	20:02	3 (33.3%)

Znaleziono 212 wynik(ów)