



VI BIEG OLIWSKI 10 KM

B4SPORT

Event: VI BIEG OLIWSKI
Organiser: Rada Dzielnicy Oliwa; Fundacja Silni Ciałem
Niezlomni Duchem Sportevo Triathlon Team
Date: 2018-10-14
Place: Gdańsk
Distance: 10 km



Classification: M30-39

Place	Participant	Number	Club	Category	MCat	Start_All 5km	Net time 10km	Gap	Pace min/km	Pace km/h
1	SUCHENIA Piotr	190	INOV-8 TEAM / FJORD NANSEN TEST TEAM / RUNPASSION.PL	M30-39	1	00:19:01	00:38:07.35		3:48	15.7 (100%)
2	MODERHAK Mateusz	119		M30-39	2	00:19:00	00:38:33.75	+00:00:26 (1.1%)	3:51	15.6 (99.4%)
3	SAMSONOV Sergey	259		M30-39	3	00:19:14	00:39:19.00	+00:01:11 (3.0%)	3:55	15.3 (97.5%)
4	LACHOWICZ Adrian	99		M30-39	4	00:21:29	00:43:43.10	+00:05:35 (12.8%)	4:22	13.7 (87.3%)
5	SUŁEK Grzegorz	192	JEPPESEN POLAND	M30-39	5	00:21:42	00:43:58.25	+00:05:50 (13.3%)	4:23	13.6 (86.6%)
6	ZACHARIASZ Maciej	246		M30-39	6	00:22:04	00:44:09.10	+00:06:01 (13.7%)	4:24	13.6 (86.6%)
7	KOŁTUNIAK Zbigniew	74	EPAM TEAM	M30-39	7	00:22:16	00:44:33.20	+00:06:25 (14.4%)	4:27	13.5 (86.0%)
8	OLENDER Tomasz	138		M30-39	8	00:21:42	00:44:47.50	+00:06:40 (14.9%)	4:28	13.4 (85.4%)
9	STYLSKI Michał	189	MIŚKI	M30-39	9	00:22:45	00:45:12.90	+00:07:05 (15.7%)	4:31	13.3 (84.7%)
10	ZNAJMIECKI Piotr	254		M30-39	10	00:22:40	00:45:19.75	+00:07:12 (15.9%)	4:31	13.2 (84.1%)
11	JANCZAK Sławomir	289	DREAM TRI TEAM	M30-39	11	00:23:00	00:45:32.00	+00:07:24 (16.3%)	4:33	13.2 (84.1%)
12	JAKUBOWSKI Maciej	55	PGB SPORTOWA PACZKA	M30-39	12	00:23:44	00:46:15.65	+00:08:08 (17.6%)	4:37	13 (82.8%)
13	PIĘNKOWSKI Tomasz	148	SAKO GDYNIA	M30-39	13	00:22:48	00:46:15.90	+00:08:08 (17.6%)	4:37	13 (82.8%)
14	MILLER Jan	118	ASE	M30-39	14	00:23:39	00:47:02.90	+00:08:55 (19.0%)	4:42	12.8 (81.5%)
15	ŚWIĘCICKI Tomasz	214		M30-39	15	00:23:43	00:47:36.40	+00:09:29 (19.9%)	4:45	12.6 (80.3%)
16	POLAK Mikołaj	156		M30-39	16	00:23:50	00:47:54.10	+00:09:46 (20.4%)	4:47	12.5 (79.6%)
17	KRÓL Michał	82		M30-39	17	00:24:26	00:48:03.70	+00:09:56 (20.7%)	4:48	12.5 (79.6%)
18	LEHMANN Dawid	100		M30-39	18	00:24:15	00:48:11.95	+00:10:04 (20.9%)	4:49	12.4 (79.0%)
19	KUCAL Maciej	86	3ATHLETE	M30-39	19	00:24:13	00:48:33.95	+00:10:26 (21.5%)	4:51	12.4 (79.0%)
20	LIPKOWSKI Paweł	106	3ATHLETE	M30-39	20	00:24:13	00:48:43.60	+00:10:36 (21.8%)	4:52	12.3 (78.3%)
21	MAHIAT Thibault	111		M30-39	21	00:24:20	00:49:50.90	+00:11:43 (23.5%)	4:59	12 (76.4%)
22	GAJDUS Wiktor	37	DCT DRUŻYNA BIEGOWA	M30-39	22	00:25:23	00:50:40.25	+00:12:32 (24.8%)	5:04	11.8 (75.2%)
23	WOJSA Marcin	237		M30-39	23	00:24:45	00:50:40.50	+00:12:33 (24.8%)	5:04	11.8 (75.2%)
24	NAWROT Witold	128		M30-39	24	00:25:12	00:51:08.95	+00:13:01 (25.5%)	5:06	11.7 (74.5%)
25	WRZESIŃSKI Paweł	239		M30-39	25	00:25:26	00:51:45.15	+00:13:37 (26.3%)	5:10	11.6 (73.9%)
26	MAKURAT Michał	113		M30-39	26	00:23:44	00:51:52.35	+00:13:45 (26.5%)	5:11	11.6 (73.9%)
27	SOBIERAJ Grzegorz	176		M30-39	27	00:25:39	00:52:33.50	+00:14:26 (27.5%)	5:15	11.4 (72.6%)

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28	LACH Rafał	98		M30-39	28	00:28:11	00:55:00.85	+00:16:53 (30.7%)	5:30	10.9 (69.4%)
29	SZYMAŃSKI Marek	207		M30-39	29	00:27:20	00:55:15.95	+00:17:08 (31.0%)	5:31	10.9 (69.4%)
30	PŁASKONOS Marek	151	ASE	M30-39	30	00:27:46	00:55:25.65	+00:17:18 (31.2%)	5:32	10.8 (68.8%)
31	URBAŃSKI Dariusz	226		M30-39	31	00:27:01	00:56:25.70	+00:18:18 (32.4%)	5:38	10.6 (67.5%)
32	ORŁOWSKI Piotr	140		M30-39	32	00:29:00	00:59:09.90	+00:21:02 (35.6%)	5:55	10.1 (64.3%)
33	SZMAGLIŃSKI Bartosz	199		M30-39	33	00:26:06	00:59:41.60	+00:21:34 (36.1%)	5:58	10.1 (64.3%)
34	KURAJK Paweł	90		M30-39	34	00:29:20	00:59:55.95	+00:21:48 (36.4%)	5:59	10 (63.7%)
35	STYKUC Dariusz	187		M30-39	35	00:30:37	01:01:24.70	+00:23:17 (37.9%)	6:08	9.8 (62.4%)
36	FILIPOWICZ Wojciech	33		M30-39	36	00:29:03	01:03:29.25	+00:25:21 (40.0%)	6:20	9.5 (60.5%)
37	GĘBSKI Andrzej	39		M30-39	37	00:34:00	01:08:14.25	+00:30:06 (44.1%)	6:49	8.8 (56.1%)

Total 37 results.