



VI BIEG POLITECHNIKI KOSZALIŃSKIEJ - 10 KM

B4SPORT

Wydarzenie: VI Bieg Politechniki Koszalińskiej
Organizator: Politechnika Koszalińska
Data: 2019-06-08
Miejsce: Koszalin
Dystans: 8.4 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Finish_All 2.1km	Finish_All 4.2km	Finish_All 6.3km	Czas netto 8.4km	Różn	Tempo min/km	Tempo km/h
1	ZABORSKI Ryszard	290	TKKF KOSZALIN/ORKIESTRA WOJSKOWA	M-40	1	00:07:16	00:14:34	00:22:00	00:29:33.00		3:31	17.1 (100%)
2	JAROSZ Wiesław	183	JW. 1223/POLITECHNIKA KOSZALIŃSKA	M-40	2	00:07:16	00:14:39	00:22:18	00:29:56.95	+00:00:23 (1.3%)	3:33	16.8 (98.2%)
3	OLECH Adam	231		M-18	1	00:07:15	00:14:37	00:22:34	00:30:20.85	+00:00:47 (2.6%)	3:36	16.6 (97.1%)
4	WIKTOROWICZ Sławomir	282	JW 1223/BLOG	M-40	3	00:07:49	00:15:49	00:23:52	00:31:53.70	+00:02:20 (7.4%)	3:47	15.8 (92.4%)
5	SITOWSKI Marcin	258	FC RYSIEK	M-18	2	00:07:45	00:15:57	00:24:20	00:32:25.65	+00:02:52 (8.9%)	3:51	15.5 (90.6%)
5	PICK Tomasz	236	DEAF KOSZALIN	M-40	4	00:08:02	00:16:17	00:24:30	00:32:25.65	+00:02:52 (8.9%)	3:51	15.5 (90.6%)
7	SOMINKA Paweł	261	BAŁTYK-TRANS-SPEDITION	M-30	1	00:07:55	00:16:11	00:24:32	00:32:33.05	+00:03:00 (9.2%)	3:52	15.5 (90.6%)
8	MAZUR Emilusz	217	ŻYJ Z ENERGIA	M-40	5	00:07:57	00:16:16	00:24:53	00:33:12.00	+00:03:39 (11.0%)	3:57	15.2 (88.9%)
9	BIERSKI Łukasz	140		M-40	6	00:07:58	00:16:11	00:24:33	00:33:15.85	+00:03:42 (11.2%)	3:57	15.2 (88.9%)
10	PIŃSKI Paweł	240	JW 1223	M-30	2	00:07:51	00:16:19	00:24:58	00:33:38.25	+00:04:05 (12.2%)	4:00	15 (87.7%)
11	KUKLINSKI Maciej	207	METROŻERCY	M-40	7	00:08:12	00:16:50	00:25:34	00:34:19.45	+00:04:46 (13.9%)	4:05	14.7 (86.0%)
12	HEŁAK Krzysztof	178		M-18	3	00:07:57	00:16:37	00:25:34	00:34:24.70	+00:04:51 (14.1%)	4:05	14.6 (85.4%)
13	WIŚNIEWSKI Mieczysław	283	STOPA SŁUPSK	M-60	1	00:08:13	00:16:54	00:25:48	00:34:33.85	+00:05:00 (14.5%)	4:06	14.6 (85.4%)
14	NOWAK Jacek	229		M-50	1	00:08:22	00:17:05	00:26:03	00:34:36.20	+00:05:03 (14.6%)	4:07	14.6 (85.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Finish_All 2.1km	Finish_All 4.2km	Finish_All 6.3km	Czas		Tempo min/km	Tempo km/h
									netto 8.4km	Różn		
15	TARNOWSKI Mariusz	274		M-30	3	00:08:03	00:16:48	00:25:45	00:34:40.05	+00:05:07 (14.8%)	4:07	14.5 (84.8%)
16	ADAMCZYK Karol	131		M-30	4	00:08:15	00:16:58	00:25:53	00:34:44.70	+00:05:11 (15.0%)	4:08	14.5 (84.8%)
17	BIEDRZYCKI Adam	139	CW FANZA KOŁOBRZEG	M-30	5	00:08:17	00:16:44	00:25:39	00:34:50.50	+00:05:17 (15.2%)	4:08	14.5 (84.8%)
18	CHUPTYŚ Adrian	150	RUNDORFINA	M-30	6	00:08:12	00:17:04	00:26:07	00:35:20.80	+00:05:47 (16.4%)	4:12	14.3 (83.6%)
19	KUJAWSKI Jarosław	206		M-18	4	00:07:54	00:16:45	00:26:04	00:35:32.15	+00:05:59 (16.8%)	4:13	14.2 (83.0%)
20	RYBICKI Andrzej	252	KB SPOKO SŁAWNO	M-30	7	00:08:18	00:17:08	00:26:19	00:35:35.10	+00:06:02 (17.0%)	4:14	14.2 (83.0%)
21	CYGAN Małgorzata	155	BORNE BIEGA	K-30	1	00:08:36	00:17:36	00:26:42	00:35:46.20	+00:06:13 (17.4%)	4:15	14.1 (82.5%)
22	WOŁYNYEC Szymon	287	WIECZORNE BIEGANIE W SZCZECINIE	M-18	5	00:08:17	00:17:32	00:27:31	00:36:22.55	+00:06:49 (18.8%)	4:19	13.9 (81.3%)
23	DZIĘBOWSKI Mariusz	163		M-30	8	00:08:53	00:18:02	00:27:25	00:36:24.10	+00:06:51 (18.8%)	4:20	13.8 (80.7%)
24	CHUTYRKO Paweł	151		M-18	6	00:08:51	00:18:32	00:27:37	00:36:37.65	+00:07:04 (19.3%)	4:21	13.8 (80.7%)
25	KONKEL Agnieszka	195		K-30	2	00:09:02	00:18:09	00:27:33	00:36:45.30	+00:07:12 (19.6%)	4:22	13.7 (80.1%)
26	CHOŁUJ Jarek	148		M-40	8	00:09:19	00:18:39	00:28:03	00:37:18.75	+00:07:45 (20.8%)	4:26	13.5 (78.9%)
27	SEEWALD Jan	255	ZAKWAS	M-40	9	00:08:57	00:18:05	00:27:29	00:37:24.00	+00:07:51 (21.0%)	4:27	13.5 (78.9%)
28	JÓZEFIAK Adrian	186		M-30	9	00:09:17	00:18:40	00:28:04	00:37:27.95	+00:07:54 (21.1%)	4:27	13.5 (78.9%)
29	KRUPIŃSKI Krzysztof	203	WWW.E-UROLOG.EU	M-50	2	00:09:00	00:18:18	00:27:54	00:37:30.70	+00:07:57 (21.2%)	4:27	13.4 (78.4%)
30	KAZIMIERCZAK Leszek	190	CSSP KOSZALIN	M-30	10	00:09:10	00:18:42	00:28:18	00:37:43.75	+00:08:10 (21.7%)	4:29	13.4 (78.4%)
31	MALINOWSKI Mariusz	213		M-30	11	00:09:06	00:18:40	00:28:21	00:37:43.80	+00:08:10 (21.7%)	4:29	13.4 (78.4%)
32	BASSEL Marcin	137		M-30	12	00:09:53	00:19:11	00:28:47	00:38:04.80	+00:08:31 (22.4%)	4:32	13.2 (77.2%)
33	JOCHYM Mariusz	185	WKURW_TEAM	M-30	13	00:09:29	00:19:06	00:28:44	00:38:14.65	+00:08:41 (22.7%)	4:33	13.2 (77.2%)
34	SPOLSKA Weronika	262		K-18	1	00:09:20	00:18:57	00:28:51	00:38:15.65	+00:08:42 (22.8%)	4:33	13.2 (77.2%)
35	ANTKOWIAK Sebastian	132	DB -ACTIVE	M-40	10	00:08:52	00:18:24	00:28:27	00:38:35.40	+00:09:02 (23.4%)	4:35	13.1 (76.6%)
36	KILAR Tomasz	192	KILAR TEAM	M-40	11	00:09:19	00:19:08	00:29:06	00:38:57.65	+00:09:24 (24.2%)	4:38	12.9 (75.4%)
37	MARCINIAK Michał	214		M-18	7	00:08:59	00:18:43	00:29:16	00:39:02.85	+00:09:29 (24.3%)	4:38	12.9 (75.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Finish_All 2.1km	Finish_All 4.2km	Finish_All 6.3km	Czas		Tempo min/km	Tempo km/h
									netto 8.4km	Różn		
38	GOSTOMCZYK Krzysztof	170	KB SPOKO SŁAWNO	M-40	12	00:09:15	00:19:22	00:29:37	00:39:10.10	+00:09:37 (24.6%)	4:39	12.9 (75.4%)
39	GDANIEC Konrad	169		M-18	8	00:09:19	00:19:14	00:29:17	00:39:12.10	+00:09:39 (24.6%)	4:40	12.9 (75.4%)
40	WOJCIECHOWSKI Andrzej	284		M-40	13	00:09:55	00:19:23	00:29:18	00:39:15.80	+00:09:42 (24.7%)	4:40	12.8 (74.9%)
41	KONKEL Łukasz	196		M-40	14	00:09:36	00:19:37	00:29:33	00:39:17.55	+00:09:44 (24.8%)	4:40	12.8 (74.9%)
42	BROCA Jarosław	143		M-40	15	00:10:05	00:19:57	00:29:49	00:39:19.80	+00:09:46 (24.9%)	4:40	12.8 (74.9%)
43	BURKIET Marek	146	JW 1223	M-40	16	00:09:39	00:19:19	00:29:21	00:39:23.45	+00:09:50 (25.0%)	4:41	12.8 (74.9%)
44	ZIÓŁKOWSKA Gosia	294		K-30	3	00:09:23	00:19:16	00:29:29	00:39:23.65	+00:09:50 (25.0%)	4:41	12.8 (74.9%)
45	FORST Filip	164		M-18	9	00:09:16	00:19:15	00:29:35	00:39:33.60	+00:10:00 (25.3%)	4:42	12.7 (74.3%)
46	PUŚCIAN Krzysztof	247	SZKOŁA PODSTAWOWA W MANOWIE	M-40	17	00:10:21	00:20:26	00:30:23	00:39:46.55	+00:10:13 (25.7%)	4:44	12.7 (74.3%)
47	CHORAŻY Karolina	149	LEO-TEAM	K-30	4	00:10:09	00:20:05	00:29:57	00:39:55.75	+00:10:22 (26.0%)	4:45	12.6 (73.7%)
48	SZCZUBLEWSKI Martin	268	KAMIEŃ RYMANSKI	M-18	10	00:08:56	00:18:52	00:29:17	00:40:04.30	+00:10:31 (26.3%)	4:46	12.6 (73.7%)
49	DRULIK-HOŁUB Marta	160	TORNADO KOSZALIN	K-40	1	00:09:42	00:19:38	00:29:53	00:40:16.25	+00:10:43 (26.6%)	4:47	12.5 (73.1%)
50	KLOSKOWSKI Dariusz	1	MKP SZCZECINEK	M-40	18	00:09:41	00:19:43	00:30:07	00:40:20.65	+00:10:47 (26.8%)	4:48	12.5 (73.1%)
51	OSOBNIAK Ryszard	233		M-60	2	00:10:05	00:20:13	00:30:31	00:40:29.55	+00:10:56 (27.0%)	4:49	12.4 (72.5%)
52	NOREK Tomek	228		M-50	3	00:10:00	00:20:10	00:30:22	00:40:32.75	+00:10:59 (27.1%)	4:49	12.4 (72.5%)
53	RUTKOWSKI Artur	93	RUNKING	M-18	11	00:09:22	00:19:28	00:29:57	00:40:35.85	+00:11:02 (27.2%)	4:50	12.4 (72.5%)
54	BEDNARZ Sebastian	138		M-40	19	00:09:56	00:19:44	00:30:09	00:40:37.00	+00:11:04 (27.2%)	4:50	12.4 (72.5%)
55	KRASIŃSKI Witold	201		M-40	20	00:09:30	00:19:40	00:30:16	00:40:45.00	+00:11:12 (27.5%)	4:51	12.4 (72.5%)
56	HAŁKA Ola	175		K-30	5	00:10:53	00:21:02	00:31:10	00:41:00.35	+00:11:27 (27.9%)	4:52	12.3 (71.9%)
57	REMLAKOWSKI Krzysztof	251	WE RUN	M-40	21	00:10:10	00:20:29	00:30:52	00:41:01.25	+00:11:28 (28.0%)	4:52	12.3 (71.9%)
58	PIĘTKO Joanna	238	FORRESTRUN	K-50	1	00:10:05	00:20:16	00:30:43	00:41:04.50	+00:11:31 (28.1%)	4:53	12.3 (71.9%)
59	RZESZUTEK Michał	253		M-30	14	00:09:48	00:20:12	00:31:02	00:41:26.65	+00:11:53 (28.7%)	4:55	12.2 (71.3%)
60	POCZĄTEK Mikołaj	244		M-30	15	00:10:03	00:20:26	00:31:00	00:41:27.45	+00:11:54 (28.7%)	4:56	12.2 (71.3%)

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									netto 8.4km	Różn		
61	WIERZBIŃSKI Rafał	280	JW 2117	M-30	16	00:10:12	00:20:28	00:31:03	00:41:28.15	+00:11:55 (28.7%)	4:56	12.2 (71.3%)
62	MONGIAŁO Marcin	224	FAST FEET K-LIN	M-40	22	00:10:02	00:20:19	00:30:52	00:41:33.85	+00:12:00 (28.9%)	4:56	12.1 (70.8%)
63	KOWALCZYK Piotr	199	FOR-REST-RUN	M-30	17	00:09:54	00:20:23	00:31:03	00:41:43.05	+00:12:10 (29.2%)	4:57	12.1 (70.8%)
64	WOJTOWICZ Sylwia	285	SG	K-18	2	00:10:06	00:20:38	00:31:16	00:41:48.75	+00:12:15 (29.3%)	4:58	12.1 (70.8%)
65	PODSIADŁO Marcin	245		M-40	23	00:10:28	00:20:57	00:31:45	00:41:57.25	+00:12:24 (29.6%)	4:59	12 (70.2%)
66	JUSZCZAK Krzysztof	187		M-60	3	00:10:00	00:20:27	00:31:18	00:42:04.40	+00:12:31 (29.8%)	5:00	12 (70.2%)
67	ZANDER Jakub	292		M-18	12	00:09:55	00:20:58	00:31:45	00:42:23.30	+00:12:50 (30.3%)	5:02	11.9 (69.6%)
68	WALCZAK Ryszard	278	BRACTWO BIEGACZY	M-60	4	00:10:09	00:20:55	00:31:47	00:42:29.25	+00:12:56 (30.5%)	5:03	11.9 (69.6%)
69	OLSZEWSKA Nina	232		K-18	3	00:09:49	00:20:14	00:31:47	00:42:32.85	+00:12:59 (30.5%)	5:03	11.8 (69.0%)
70	GARNCAREK Paweł	166		M-30	18	00:10:07	00:20:50	00:31:45	00:42:39.10	+00:13:06 (30.7%)	5:04	11.8 (69.0%)
71	SZALKOWSKI Dariusz	267	ADS-SERWIS	M-50	4	00:09:57	00:20:38	00:31:38	00:42:40.85	+00:13:07 (30.8%)	5:04	11.8 (69.0%)
72	PIECHOTA Robert	237	ROZBIEGANY KOSZALIN	M-40	24	00:10:05	00:20:56	00:32:04	00:42:43.70	+00:13:10 (30.8%)	5:05	11.8 (69.0%)
73	DĘBSKI Damian	158		M-30	19	00:10:06	00:20:29	00:31:42	00:42:58.15	+00:13:25 (31.2%)	5:06	11.7 (68.4%)
74	GÓRECKI Patryk	171	WNE	M-18	13	00:10:12	00:21:09	00:32:15	00:43:02.05	+00:13:29 (31.3%)	5:07	11.7 (68.4%)
75	KAZIMIEROWICZ Radosław	191	VTT KOSZALIN	M-30	20	00:10:29	00:21:05	00:32:12	00:43:39.10	+00:14:06 (32.3%)	5:11	11.5 (67.3%)
76	BARTON Krystyna	134	TRIPAKA PRZECHLEWO	K-50	2	00:10:00	00:20:48	00:32:08	00:43:40.30	+00:14:07 (32.3%)	5:11	11.5 (67.3%)
77	MALESZA-HOUSIN Joanna	211	FORRESTRUN	K-40	2	00:10:25	00:21:25	00:32:38	00:43:43.20	+00:14:10 (32.4%)	5:12	11.5 (67.3%)
78	HRYCIÓW Paweł	181	JW1223	M-30	21	00:10:11	00:21:15	00:32:36	00:43:45.70	+00:14:12 (32.5%)	5:12	11.5 (67.3%)
79	CHWISTEK Damian	153		M-30	22	00:10:41	00:21:41	00:32:53	00:44:04.50	+00:14:31 (33.0%)	5:14	11.4 (66.7%)
80	CHWISTEK Marta	152		K-30	6	00:10:43	00:21:42	00:32:54	00:44:05.00	+00:14:32 (33.0%)	5:14	11.4 (66.7%)
81	MURAWSKI Rafał	227		M-30	23	00:10:40	00:21:46	00:33:03	00:44:05.45	+00:14:32 (33.0%)	5:14	11.4 (66.7%)
82	WRÓBLEWSKA Marta	289		K-40	3	00:10:46	00:21:58	00:33:12	00:44:09.75	+00:14:36 (33.1%)	5:15	11.4 (66.7%)
83	SZYSZKOWSKI Tomasz	272		M-30	24	00:10:54	00:22:11	00:33:36	00:44:11.80	+00:14:38 (33.1%)	5:15	11.4 (66.7%)

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									netto 8.4km	Różn		
84	PACAN Mira	234	ŚWIAT PŁYTEK U KRYSPIŃ	K-30	7	00:10:53	00:22:15	00:33:39	00:44:22.10	+00:14:49 (33.4%)	5:16	11.4 (66.7%)
85	PISKORZ-WILCZAK Iwona	241		K-40	4	00:10:52	00:21:42	00:33:14	00:44:35.95	+00:15:02 (33.7%)	5:18	11.3 (66.1%)
86	DZIESZUK Dariusz	162	TKKF KOSZALIN	M-50	5	00:11:01	00:22:13	00:33:47	00:44:58.75	+00:15:25 (34.3%)	5:21	11.2 (65.5%)
87	PŁATOSZ Magda	243		K-18	4	00:09:57	00:21:33	00:33:33	00:45:04.85	+00:15:31 (34.5%)	5:22	11.2 (65.5%)
88	MONGIAŁO Aleksandra	223	FAST FEET K-LIN	K-30	8	00:11:05	00:22:31	00:33:56	00:45:06.40	+00:15:33 (34.5%)	5:22	11.2 (65.5%)
89	MAJSIUK Agnieszka	210		K-40	5	00:11:02	00:22:42	00:34:42	00:46:48.60	+00:17:15 (36.9%)	5:34	10.8 (63.2%)
90	MICHALAK Michał	219		M-18	14	00:11:16	00:23:37	00:36:16	00:46:50.50	+00:17:17 (36.9%)	5:34	10.8 (63.2%)
91	STEC Jakub	265		M-18	15	00:11:16	00:23:38	00:36:16	00:48:13.95	+00:18:40 (38.7%)	5:44	10.4 (60.8%)
92	HNATOWSKI Artur	180		M-50	6	00:10:48	00:22:47	00:35:51	00:48:47.55	+00:19:14 (39.4%)	5:48	10.3 (60.2%)
93	RADOSZ Katarzyna	248		K-40	6	00:11:20	00:23:55	00:36:55	00:49:03.85	+00:19:30 (39.8%)	5:50	10.3 (60.2%)
94	BORYSIEWICZ Joanna	141		K-30	9	00:11:42	00:24:10	00:36:53	00:49:35.10	+00:20:02 (40.4%)	5:54	10.2 (59.6%)
95	WACHHOLZ Beata	277	KB BRYZA	K-40	7	00:11:42	00:24:05	00:36:47	00:49:41.25	+00:20:08 (40.5%)	5:54	10.1 (59.1%)
96	KISIEL Radek	193		M-30	25	00:11:42	00:24:10	00:36:56	00:50:15.40	+00:20:42 (41.2%)	5:59	10 (58.5%)
97	DĘBOWSKA-SZCZYTKOWSKA Izabella	157	KB SPRINT ŚWIDWIN	K-40	8	00:12:22	00:24:49	00:37:42	00:50:37.30	+00:21:04 (41.6%)	6:01	10 (58.5%)
98	SZCZYTKOWSKI Jakub	269		M-18	16	00:12:21	00:24:47	00:37:11	00:50:38.20	+00:21:05 (41.6%)	6:01	10 (58.5%)
99	GADEK Michał	165		M-30	26	00:11:18	00:24:15	00:37:28	00:51:21.10	+00:21:48 (42.5%)	6:06	9.8 (57.3%)
100	DUDA Jarosław	161		M-30	27	00:11:55	00:25:25	00:39:11	00:52:40.40	+00:23:07 (43.9%)	6:16	9.6 (56.1%)
101	MURAWSKA Katarzyna	226		K-30	10	00:12:07	00:25:14	00:38:55	00:52:55.15	+00:23:22 (44.2%)	6:17	9.5 (55.6%)
102	HELLER Zdzisław	179	NIEZRZESZONY	M-60	5	00:13:04	00:26:51	00:40:19	00:53:25.00	+00:23:52 (44.7%)	6:21	9.4 (55.0%)
103	PEŁKA Iwona	235		K-50	3	00:13:20	00:26:56	00:40:31	00:53:30.80	+00:23:57 (44.8%)	6:22	9.4 (55.0%)
104	JĘDRZEJEWSKI Krzysztof	184		M-30	28	00:11:16	00:23:53	00:38:13	00:54:18.20	+00:24:45 (45.6%)	6:27	9.3 (54.4%)
	MONDRON Paweł	222		M-40		00:16:24 DNF	00:32:52 DNF	24:00:00 DNF	DNF		-	- (0.0%)